## **Supporting information**

## Fluffy carbon-coated red phosphorus as a highly stable and high rate anode for lithium ion batteries

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Fig. S1 SEM images of the FC.



**Fig. S2** XRD (a), Raman (b) spectra, nitrogen adsorption-desorption isotherms (c, e, f) and the pore size distribution (d) for FC and NFC sample.



Fig. S3 XPS of P 2p (a) and C 1s (b) for NFC/RP28.



**Fig. S4** The CV curves of NFC (a), FC@RP55 (b) and FC@RP37 (c) at a scan rate of 0.1 mV s<sup>-1</sup>. Voltage profiles of NFC (d) at the current density of 0.1C (1C=372 mAh g<sup>-1</sup>), FC@RP55 (e), and FC@RP37 (f) at 0.05C (1C=2600 mA g<sup>-1</sup>).



Fig. S5 Cycle performance of pure red P and FC@RP19 electrode at 0.05C.



Fig. S6 SEM images of FC@RP19 and FC@RP28 electrodes after 20<sup>th</sup> cycle.



Fig. S7 Rate performance of FC and NFC at different current density (a). Cycle performance of FC and NFC electrode at a current density of 1C ( $372 \text{ mA g}^{-1}$ ).

Sample	P/C ratio	Preparation method	Initial charge	Cycle performance	Ref.
	or	capacity / mAh			
	P wt %		g-1		
Ring-shaped phosphorus/	16	Vapor phase reaction	1206 at 0.5 A g <sup>-1</sup>	58.8 % capacity retention	[1]
MWCNTs				over 10 cycle	
Red phosphorus/graphene	40	Electro-spraying and	~1763 at 0.1 A g <sup>-1</sup>	Capacity of ~1542 mAh g-1	[2]
		far-infrared reduction		is retained after 100	
				cycles	
Red P/ carbon film	21	Vapor phase polymerization	~1511 at 0.1 A g <sup>-1</sup>	Capacity of 903 mAh g <sup>-1</sup>	[3]
				after 640 cycles	
Hollow red-phosphorus	60	Wet solvothermal method	1285.7 at 0.52 A g <sup>-1</sup>	Capacity (based on P) of	[4]
nanospheres				1048.4 mA h g <sup>-1</sup> at 1 C	
				after 600 cycles	
Red phosphorus/RGO	10	Sonication technique	~850 at 50 mA g <sup>-1</sup>	Capacity of 706 mA h g <sup>-1</sup> at	[5]
films				50 mA g <sup>-1</sup> after 200	
				cycles.	
Phosphorus/ carbon	70	Wet ball-milling	1396.6 at 50 mA g <sup>-1</sup>	~90 % capacity retention	[6]
nanotubes				over 50 cycles.	
Phosphorus/carbon	60	Ball-milling	1585.3 mAh g <sup>-1</sup> at	Capacity retention of 68.3%	[7]
composites			0.1 C	over 200 cycles	
Phosphorus/graphene	80	Solution-based method	~1555 mAh $g^{-1}$ at	Capacity of 1286 mA h g <sup>-1</sup>	[8]
composites			$0.2 \text{ Ag}^{-1}$	after 100 cycles at 0.2 A	
				g <sup>-1</sup>	
Phosphorus/active carbon	47	Vaporization-condensation	2130 mAh g <sup>-1</sup> at	Capacity of 1370 mAh g-1	[9]
			0.15A g <sup>-1</sup>	after 85 cycles at 0.3 A	
				g-1	
Phosphorus/ carbon	80	Ball-milling	2133.4 mA h g <sup>-1</sup> at	Capacity of 998.5 mAh g-1	[10]
nanotubes			0.05C	after 50 cycles	
Phosphorus/graphene	70	High-pressure-assisted	1876 mAh g <sup>-1</sup> at 50	Capacity of 990 mAh g-1	[11]
		spraying	mA g <sup>-1</sup>	after 50 cycles	
Amorphous red	80	Ball-milling	1699.5 mAh g <sup>-1</sup> at	$\sim$ 1230 mAh g <sup>-1</sup> at 1C over	This work
phosphorus@ fluffy			0.05C	1000 cycles with 96% of	
hard carbon				capacity retention	
composites					

## Table S1. Electrochemical performance comparison of phosphorus/carbon composites as anode for lithium-ion batteries.

Sample	R <sub>S</sub> /Ohm	R <sub>ct</sub> /Ohm
FC@RP19	4.18	135.9
FC@RP28	4.09	43.13
FC@RP37	4.02	48.67
FC@RP55	3.92	77.58

Table S2. The  $R_{s}$  and  $R_{ct}$  for all the FC@RP electrodes.

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**Fig. S8** The potential response curves of FC@RP during GITT measurements with the inset of the magnified area illustrating the overpotential (a-d). Overpotential values estimated from the GITT results for 5<sup>th</sup> cycle (e-h).

The cell voltage is linearly proportional to  $\sqrt{\tau}$ , as shown in Figure S8b. The diffusion coefficient (D) can be calculated from the GITT potential profiles by Fick's second law, as the following equation:

$$D = \frac{4}{\pi\tau} (\frac{m_B V_M}{M_B S})^2 (\frac{\Delta E_S}{\Delta E_\tau})^2$$
 (equation S1)

The  $\tau$  is the titration time,  $m_B$  is the electrode active material mass, S is the geometric area of the Cu foil electrode,  $\Delta E_s$  is the quasi-thermodynamic equilibrium potential difference before and after the current pulse,  $\Delta E_{\tau}$  is the potential difference during current pulse,  $V_M$  is the molar volume,  $M_B$  is the molar mass.



**Fig. S9** GITT profile of the FC@ RP electrodes in the charge state (a), and linear behavior of the potential  $vs.\sqrt{\tau}$  relationship in GITT at 1.824 V vs. Li<sup>+</sup>/Li of forth lithiation process of FC@RP28 for LIBs.



**Fig. S10** Voltage profiles of all FC@RP electrodes show the voltage hysteresis between the charge and discharge at 1C.

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