## Supplementary Material

## Detailed NMR Analysis of DppzD $_{2}$

All NMR spectra were carried out on a Bruker DPX400 at 400.13 Hz for ${ }^{1} \mathrm{H}$ and 100.62 Hz for ${ }^{13} \mathrm{C}$ spectra.
The sample of $\mathrm{dppzH}_{2}$ was produced by 4 hours of $\mathrm{UV}(\lambda>330 \mathrm{~nm})$ irradiation of dppz ( $\mathrm{c}=$ $c a .1 .9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}$ ) in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.

Figure 1: $\quad{ }^{1} \mathrm{H}$ NMR of $\mathrm{dppzD}_{2}\left(\mathrm{ca} .1 .9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}\right.$ ) in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.
Figure 2: $\quad{ }^{13} \mathrm{C}^{1}{ }^{1} \mathrm{H} \operatorname{COSY}(\mathrm{HMQC})$ of $\mathrm{dppzD}_{2}\left(\right.$ ca. $\left.1.9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}\right)$ in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.
Figure 3: $\quad{ }^{13} \mathrm{C}$ NMR spectrum (top) and DEPT $135^{\circ}$ spectrum (bottom) of $\mathrm{dppzD}_{2}$ (ca. $1.9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}$ ) in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.


Figure 1: NMR spectrum of a solution of dppzH2 in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$ (ca. $1.9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}$ )
$\delta \mathrm{H}\left(400.13 \mathrm{MHz}, \mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}\right), 8.81\left(1 \mathrm{H}, \mathrm{d}, J=4 \mathrm{~Hz}, \mathrm{H}_{3} \mathrm{H}_{6}\right), 8.41\left(1 \mathrm{H}, \mathrm{d}, J=8.5 \mathrm{~Hz}, \mathrm{H}_{1} \mathrm{H}_{8}\right), 7.59(1 \mathrm{H}, \mathrm{dd}, J=$ $\left.8.5,4 \mathrm{~Hz}, \mathrm{H}_{2} \mathrm{H}_{7}\right), \quad 6.45\left(1 \mathrm{H}, \mathrm{m}, J=9 \mathrm{~Hz}, \mathrm{H}_{10} \mathrm{H}_{13}\right), 6.45\left(1 \mathrm{H}, \mathrm{m}, J=9 \mathrm{~Hz}, \mathrm{H}_{11} \mathrm{H}_{12}\right)$


Figure 2: ${ }^{13} \mathrm{C}^{-1} \mathrm{H}$ COSY (HMQC) of dppzH $2\left(c a .1 .9 \times 10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}\right)$ in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.
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Figure 3: Carbon 13 spectrum (top) and DEPT $135^{\circ}$ spectrum (bottom) of $\mathrm{dppzH}_{2}$ (ca. 1.9 x $10^{-3} \mathrm{~mol} \mathrm{dm}^{-3}$ ) in $\mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$.
( $100.62 \mathrm{MHz}, \mathrm{C}_{2} \mathrm{D}_{5} \mathrm{OD}$ ) 146.4 (C3,C6), 142.6 (q), 135.0 (q), $128.7\left(\mathrm{C}_{1}, \mathrm{C} 8\right), 123.3$ ( $\left.\mathrm{C}_{2}, \mathrm{C}_{7}\right), 123.1$ (q), 122.5 ( $\mathrm{C}_{11}, \mathrm{C}_{12}$ ), 121.0 (q), 114.1 ( $\mathrm{C}_{10}, \mathrm{C}_{13}$ ).

