

Supporting information:

The lateral diffusion constant (D_L) of the fluorescent probe molecule have been calculated by the following procedure:

By using eq (i) we have calculated τ_m value; $\tau_m = \frac{4\pi\eta r_h^3}{3KT} \dots (i)$, where η =viscosity of the medium (water), r_h = hydrodynamic radius of the SUV, K = Boltzmann constant, T =absolute temperature, τ_1 and τ_2 are fast and slow component of anisotropy decay ;

Again, by using the value of τ_m , we have obtained the τ_D value with the help of eq. (ii);

$\frac{1}{\tau_D} = \frac{1}{\tau_2} + \frac{1}{\tau_m} \dots (ii)$ where (τ_m) =time constant for overall rotation of the vesicles and (τ_D) lateral diffusion of the probe.

Lastly we have obtained the D_L value by using the τ_D and r_h values with the help of eq. (iii);

$$D_L = \frac{r_h^2}{6\tau_D} \dots (iii)$$