

**Supporting Information for**

**Conformational Interchange of Carbohydrate by Mechanical Compression at the Air-Water  
Interface**

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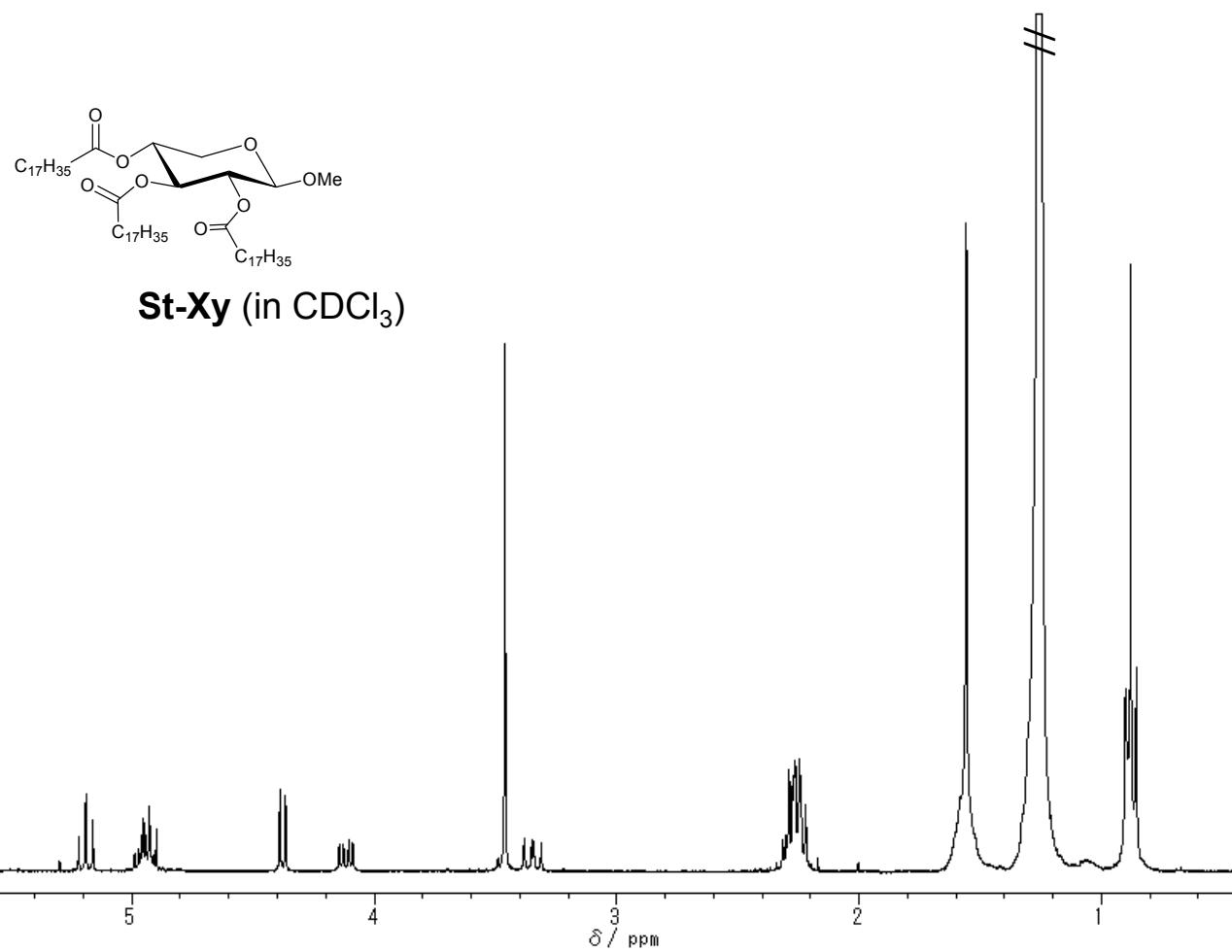
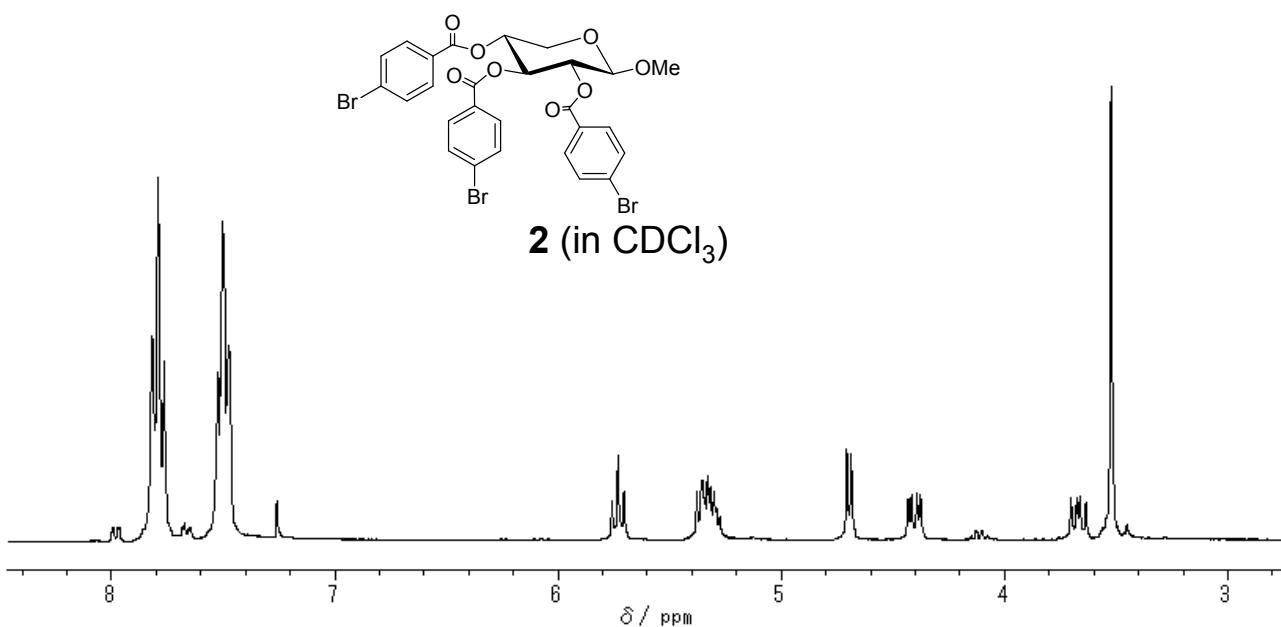
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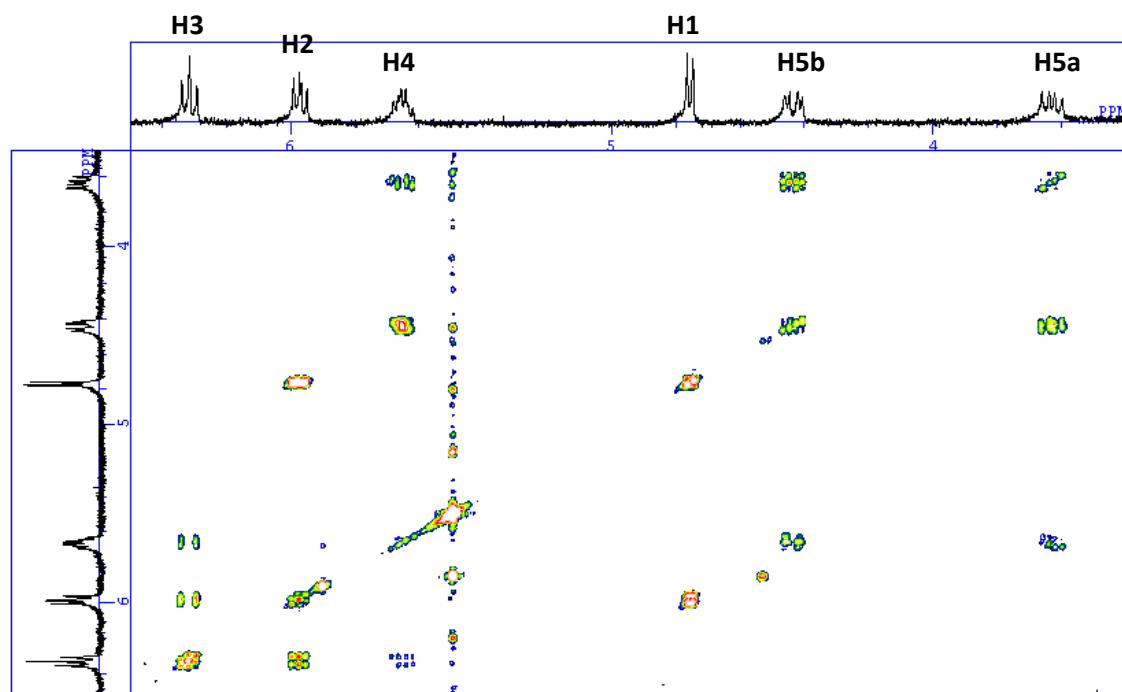
1. 1D and 2D <sup>1</sup>H-NMR spectra
2. Scheme S1 and Figure S1

**1.  $^1\text{H-NMR}$  spectra (300 MHz, rt)**

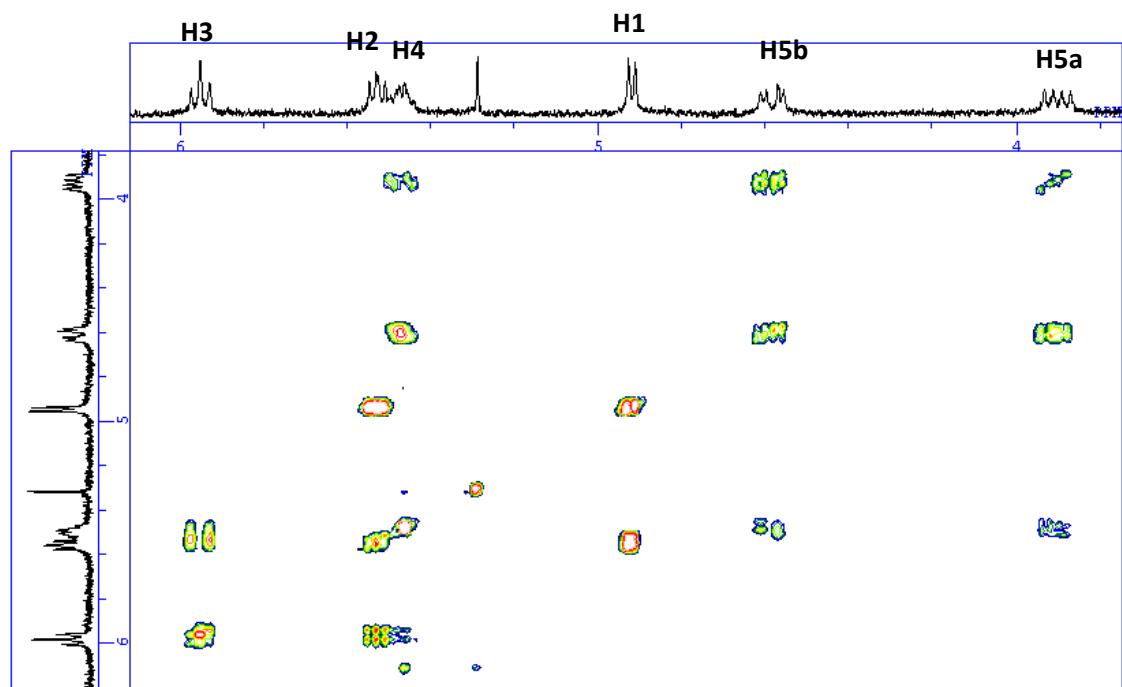


**2D [ $^1\text{H}$ ,  $^1\text{H}$ ] COSY NMR spectra of PyXy.**

In  $\text{C}_6\text{D}_6$ :

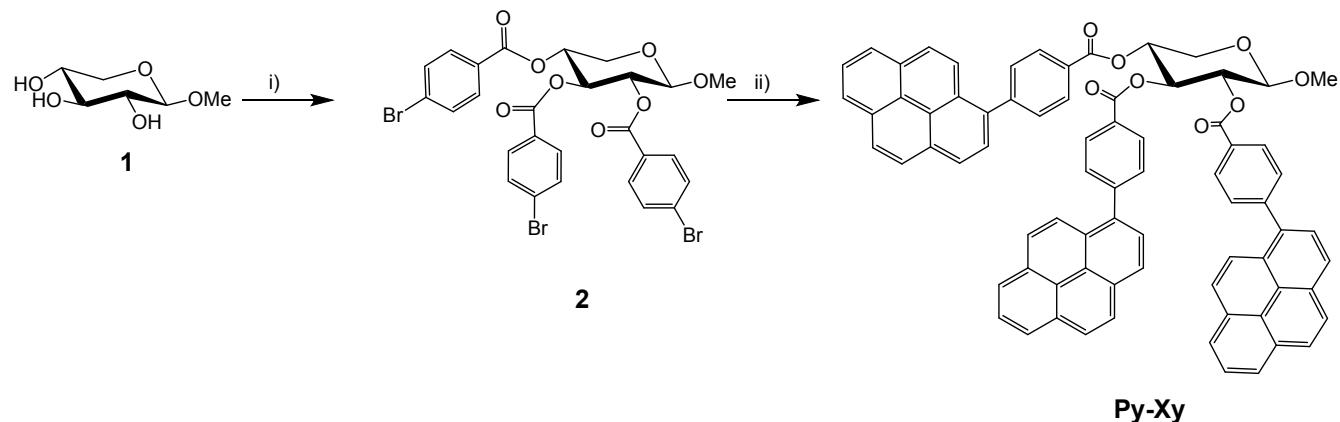


In  $\text{CDCl}_3$ :

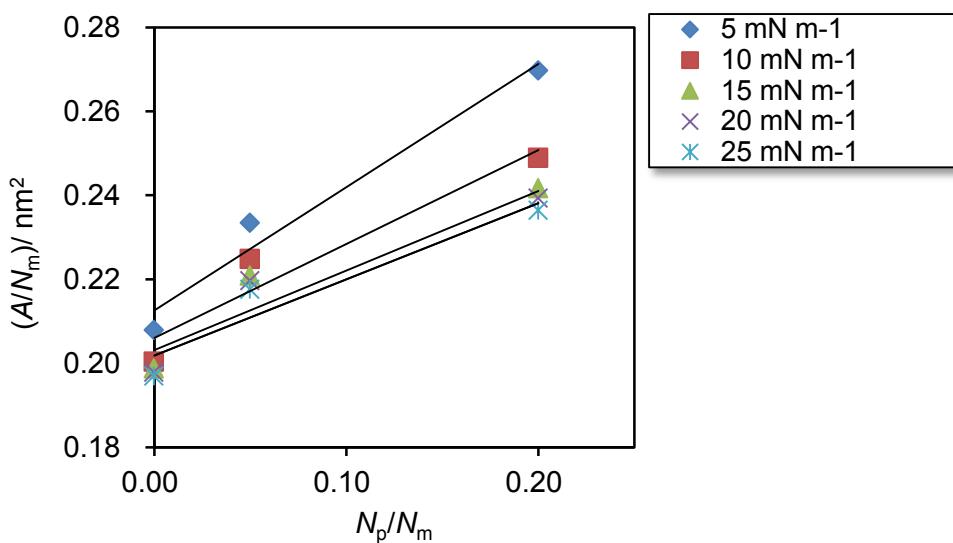
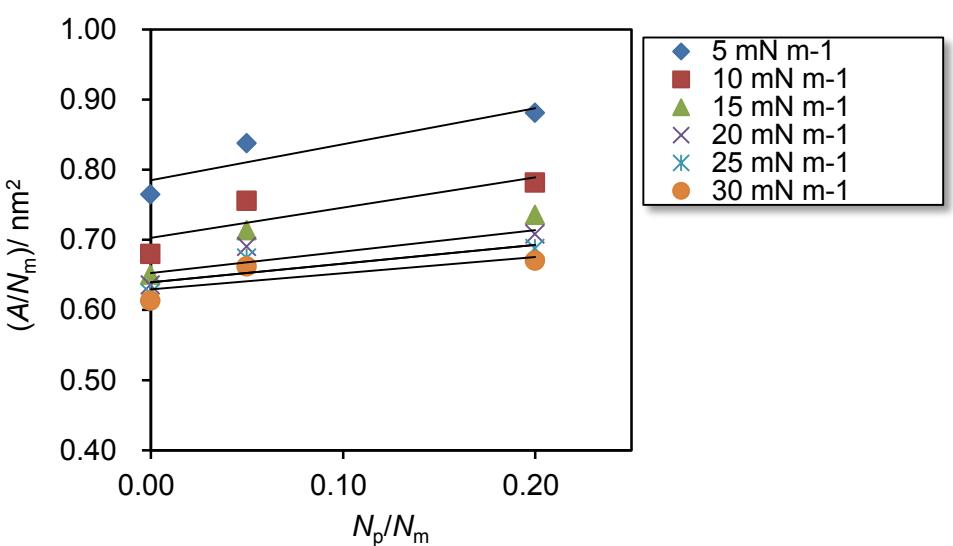


## 2. Supporting Figures.

**Scheme S1.** Synthetic summary. Two-step sequence leading to pyrene-labelled xylose (PyXy).



i) 4-bromobenzyl chloride, Et<sub>3</sub>N, CH<sub>2</sub>Cl<sub>2</sub>, rt, overnight.; ii) 1-pyreneboronic acid, Pd(PPh<sub>3</sub>)<sub>4</sub>, Na<sub>2</sub>CO<sub>3</sub>, THF, reflux, 15 h.

**a****b**

**Figure S1.** Plots of  $A/N_m$  vs.  $N_p/N_m$  obtained from Fig. 5 at 5 mN m<sup>-1</sup> intervals (see eq (4) in the experimental section. a: MS, b: StXy as a matrix lipid).