## **Supporting Information**

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## Detailed MW program for the synthesis of $\alpha$ -La(IO<sub>3</sub>)<sub>3</sub>, La(IO<sub>3</sub>)<sub>3</sub>(H<sub>2</sub>O) and La(IO<sub>3</sub>)<sub>3</sub>HIO<sub>3</sub>

The MW program used for the synthesis of the different lanthanum iodate polymorphs was composed of 3 steps: a first dwell at 800 W for 3 min, followed by a second dwell at 850 W for 5 min, and finally a last dwell at 600 W whose duration was adjusted to change the maximal synthesis temperature (**Figure S1**). If the temperature and pressure are too close to the limiting conditions of the MW oven ( $T_{limit} = 280^{\circ}$ C and  $P_{limit} = 80$  bar), the MW power are automatically adjusted (**Figure S2**). After the third dwell, the MW program was then stopped, allowing the temperature (and pressure) to decrease down to room temperature (resp. 1 bar) within 20 min.

The temperature and pressure inside the MW oven depend on the quantity of  $HIO_3$  introduced. For the precipitate resulting from a  $[La^{3+}]$ : $[IO_3^{-}]$  molar ratio of 1:20, the temperature (resp. pressure) inside the reactor reaches 180°C (resp. 30 bars) at the beginning of the third dwell (**Figure S1**), whereas for a molar ratio of 1:3 the temperature is already at 230°C at the beginning of the third dwell and the pressure at 78 bars, leading to an automatic MW power adjustment to remain in the operating conditions of the equipment (maximal pressure = 80 bars) (**Figure S2**).



**Figure S1**: A typical MW program (blue) and associated temperature (green) and pressure (red). The program is composed of 3 steps: (1) a 3-min dwell at 800 W, (2) a 5-min dwell at 850 W and (3) a dwell at 600 W with variable durations. The indicated temperature and pressure were obtained when heating the precipitate resulting from mixing  $LaCl_3 \cdot 6H_2O$  and  $HIO_3$  in a molar ratio 1:20.



**Figure S2**: MW program (blue) and associated temperature (green) and pressure (red) obtained when heating the precipitate resulting from mixing  $LaCI_3 \cdot GH_2O$  and  $HIO_3$  in a molar ratio 1:3. Note that the MW power of the second dwell is kept lower than the programmed one so that the pressure remains below the operating limit of the oven (80 bars).



**Figure S3.** Powder XRD pattern of  $La(IO_3)_3(H_2O)$  refined via the LeBail method, in the  $P2_1/n$  space group. The refined cell parameters are a = 7.195(1) Å, b = 13.261(2) Å, c = 9.808(1) Å,  $b = 100.275(6)^\circ$ , V = 920.8(4) Å<sup>3</sup> and the reliability factors are  $R_p = 12.5$ ;  $R_{wp} = 13.7$ ;  $R_{exp} = 8.26$  et chi<sup>2</sup> = 2.76.



**Figure S4**. PXRD patterns of La(IO<sub>3</sub>)<sub>3</sub>(H<sub>2</sub>O), La(IO<sub>3</sub>)<sub>3</sub>(HIO<sub>3</sub>) and  $\alpha$ -La(IO<sub>3</sub>)<sub>3</sub>, in (18-36°) 2 $\theta$  range showing the main peaks of each phases.



**Figure S5**. Low-temperature Transmission Electron Microscopy image of  $\alpha$ -La(IO<sub>3</sub>)<sub>3</sub> nanocrystals with 50 nm mean size.



**Figure S6.** MW program applied to  $La(IO_3)_3(H_2O)$  dispersed in water. At t = 60 min, the temperature reaches 250°C. This temperature is kept constant for different durations, d, leading to  $La(IO_3)_3(H_2O)$  for d = 1 s,  $La(IO_3)_{2.66}(OH)_{0.33}$  for d = 7 min and  $\alpha$ -La(IO<sub>3</sub>)<sub>3</sub> for d = 10 min.



**Figure S7.** *MW* program applied to the mixture  $La(IO_3)_{2.66}(OH)_{0.33} + HIO_3$  in water. At t = 60 min, the temperature reaches 250°C.

	$La(IO_3)_3(H_2O)$	La(IO <sub>3</sub> ) <sub>2.66</sub> (OH) <sub>0.33</sub>	α-La(IO <sub>3</sub> ) <sub>3</sub>	β-La(IO₃)₃	γ-La(IO₃)₃
M (g mol⁻¹)	681.6	609.7	663.6	663.6	663.6
Crystal system	Monoclinic	Trigonal	Monoclinic	Monoclinic	Monoclinic
Space group (n°)	P2 <sub>1</sub> /n (14)	P3c1 (158)	<i>Cc</i> (9)	<i>P</i> 2 <sub>1</sub> (4)	P2₁/c (14)
a (Å)	7.1916(1)	10.2208 (4)	12.492(1)	7.2539(4)	7.3427(9)
b (Å)	13.2584(1)		7.072(1)	8.5360(5)	8.684(1)
<i>c</i> (Å)	9.8098(1)	12.9586 (10)	27.727(3)	13.5018(7)	13.741(2)
β (°)	100.2409(1)		102.1(1)	97.499(2)	99.913(8)
<i>V</i> (ų)	920.369(2)	1172.35 (10)	2396.0(5)	828.9(1)	863.0(4)
Ζ	4	6	12	4	4
<i>D<sub>x</sub></i> (g cm <sup>-3</sup> )	4.92	5.192	5.519	5.32	5.11

**Table S1.** Crystal data for  $La(IO_3)_3(H_2O)$ ,  $La(IO_3)_{2.66}(OH)_{0.33}$ ,  $\alpha$ - $La(IO_3)_3$ ,  $\beta$ - $La(IO_3)_3$ ,  $\gamma$ - $La(IO_3)_3$ ,  $\gamma$ - $La(IO_3)_3$ ,  $\beta$ -



Figure S8. FTIR spectrum of La(IO<sub>3</sub>)<sub>3</sub>(H<sub>2</sub>O).



**Figure S9.** Representation of the  $La(IO_3)_{2.66}(OH)_{0.33}$  structure showing the triangular { $La_3-(\mu_3-OH)$ } trinuclear entities in which lanthanum polyhedra share faces linked together by bridging iodates (a) in projection in the (001) plane and (b) along the [001] direction.



**Figure S10.** Representation of the chains of trinuclear lanthanum entities showing the almost linear arrangement of the polyhedra in the very compact crystal structure of  $\alpha$ -La(IO<sub>3</sub>)<sub>3</sub>. The lanthanum polyhedra share edges and the trinuclear entities are linked together by bridging iodates.