



Figure S3. Fits of eqn (10) (normal growth) and eqn (11) (spiral growth) to the experimental $G_i(T)$ data. The fits are done with activation energy $E = 28 \text{ kJ mol}^{-1}$ and only one free parameter A_N (or A_S). The squared correlation coefficients of the fits are $r^2 = 0.72$ and $r^2 = 0.76$ for NG and SG, respectively.