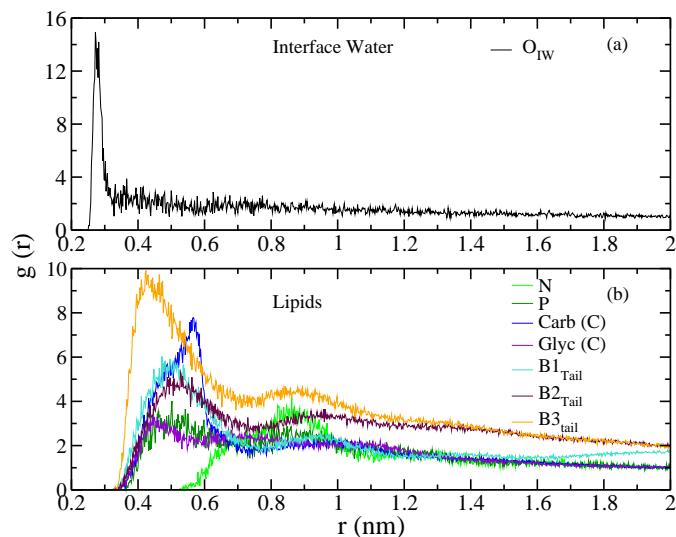


## Dynamic coupling of hydration layer to a fluid phospholipid membrane: Intermittency and multiple time-scale relaxations

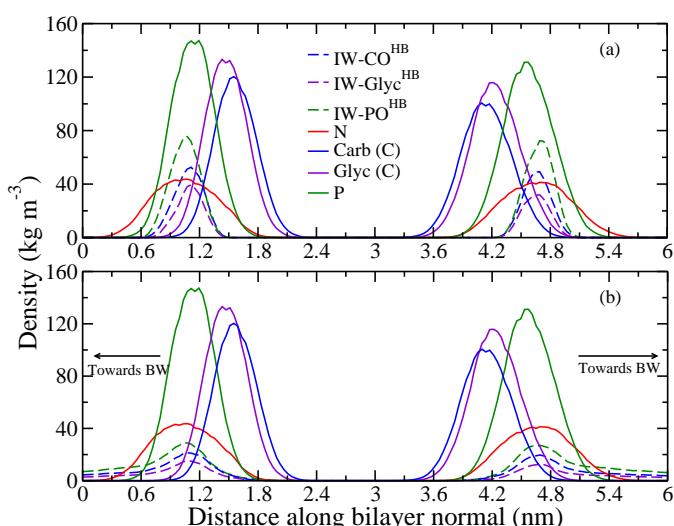
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**Figure S1** RDF of a) oxygen-oxygen of IW, of b) lipid components from head to tail along the chain.



**Figure S2** Density profiles of different lipid head moieties and  $IW^{HB}$  hydrogen bonded to those moieties along the bilayer normal. The profiles are averaged over 10 sets of a) 100 ps and b) 1 ns runlengths. Different classes of  $IW^{HB}$  are confined close to the peak location of N and form hydrogen bonds to oxygens of P, Carb, Glyc. With time, the  $IW^{HB}$  molecules diffuse towards bulk water (BW) region.

**Table S1** Time-scales when IW<sup>HB</sup> molecules enter sub-diffusive regime for 10 independent sets each with 1 ns run length.

| Beads                 | $t_1$<br>(ps) | $t_2$<br>(ps) | $t_3$<br>(ps) | $t_4$<br>(ps) | $t_5$<br>(ps) | $t_6$<br>(ps) | $t_7$<br>(ps) | $t_8$<br>(ps) | $t_9$<br>(ps) | $t_{10}$<br>(ps) |
|-----------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|------------------|
| IW <sup>HB</sup>      | 6.07          | 5.11          | 5.75          | 6.51          | 5.02          | 5.08          | 7.86          | 5.51          | 6.58          | 5.37             |
| IW-CO <sup>HB</sup>   | 6.94          | 5.93          | 6.22          | 7.06          | 5.71          | 5.56          | 8.56          | 5.68          | 6.70          | 6.03             |
| IW-Glyc <sup>HB</sup> | 6.26          | 5.22          | 6.05          | 8.11          | 5.60          | 5.89          | 10.70         | 5.87          | 6.74          | 6.11             |
| IW-PO <sup>HB</sup>   | 6.14          | 5.06          | 5.74          | 6.46          | 3.73          | 5.10          | 7.44          | 5.45          | 6.34          | 5.31             |

**Table S2** Time-scales when IW<sup>d</sup> molecules enter sub-diffusive regime for 10 independent sets each with 1 ns run length.

| Beads                | $t_1$<br>(ps) | $t_2$<br>(ps) | $t_3$<br>(ps) | $t_4$<br>(ps) | $t_5$<br>(ps) | $t_6$<br>(ps) | $t_7$<br>(ps) | $t_8$<br>(ps) | $t_9$<br>(ps) | $t_{10}$<br>(ps) |
|----------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|------------------|
| IW-CO <sup>d</sup>   | 12.61         | 10.90         | 11.62         | 12.98         | 11.78         | 9.69          | 10.63         | 13.36         | 12.42         | 12.83            |
| IW-Glyc <sup>d</sup> | 12.91         | 10.77         | 11.17         | 12.51         | 8.76          | 12.16         | 8.18          | 11.82         | 13.49         | 10.80            |
| IW-PO <sup>d</sup>   | 7.87          | 7.38          | 7.24          | 6.01          | 7.30          | 6.36          | 6.07          | 7.18          | 6.86          | 7.24             |
| IW-N <sup>d</sup>    | 6.51          | 5.78          | 5.45          | 4.96          | 6.37          | 5.71          | 5.32          | 6.00          | 5.48          | 5.91             |

**Table S3** Time-scales when DMPC beads enter sub-diffusive regime for 10 independent sets each with 1 ns run length.

| Beads                | $t_1$<br>(ps) | $t_2$<br>(ps) | $t_3$<br>(ps) | $t_4$<br>(ps) | $t_5$<br>(ps) | $t_6$<br>(ps) | $t_7$<br>(ps) | $t_8$<br>(ps) | $t_9$<br>(ps) | $t_{10}$<br>(ps) |
|----------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|------------------|
| Carb <sub>Head</sub> | 169.29        | 85.70         | 199.22        | 156.31        | 175.01        | 196.71        | 154.36        | 187.35        | 147.32        | 91.92            |
| Glyc <sub>Head</sub> | 180.70        | 97.43         | 218.87        | 165.34        | 289.77        | 217.72        | 177.55        | 199.95        | 164.09        | 302.62           |
| P <sub>Head</sub>    | 118.60        | 73.77         | 162.12        | 127.27        | 134.01        | 147.51        | 131.88        | 126.11        | 107.99        | 189.72           |
| N <sub>Head</sub>    | 73.04         | 89.92         | 83.45         | 83.44         | 77.28         | 88.29         | 81.30         | 80.22         | 69.70         | 86.81            |
| B1 <sub>Tail</sub>   | 73.19         | 87.14         | 77.66         | 77.66         | 71.82         | 83.90         | 71.04         | 84.10         | 73.52         | 93.25            |
| B2 <sub>Tail</sub>   | 18.93         | 19.38         | 18.65         | 18.65         | 19.59         | 19.26         | 18.79         | 19.02         | 19.63         | 18.01            |
| B3 <sub>Tail</sub>   | 2.97          | 3.11          | 2.86          | 2.86          | 2.93          | 2.82          | 2.84          | 2.96          | 2.90          | 3.07             |

**Table S4** Fitting parameters of SISFs of all classes of IW<sup>HB</sup> and BW calculated at  $\lambda = 0.6$  nm. Correlation coefficients were >0.99.

| Region                | $\tau_s$<br>(ps) | $f_Q$<br>(ps) | $\tau_\alpha$<br>(ps) | $\beta_\alpha$ | $f_{Q'}$<br>(ps) | $\tau_l$<br>(ps) | $\beta_l$ |
|-----------------------|------------------|---------------|-----------------------|----------------|------------------|------------------|-----------|
| IW <sup>N</sup>       | 0.24             | 0.50          | 3.49                  | 0.91           | 0.45             | 43.00            | 0.62      |
| IW-PO <sup>HB</sup>   | 0.21             | 0.41          | 3.40                  | 0.93           | 0.58             | 24.42            | 0.51      |
| IW-CO <sup>HB</sup>   | 0.25             | 0.36          | 4.03                  | 0.94           | 0.59             | 31.54            | 0.53      |
| IW-Glyc <sup>HB</sup> | 0.22             | 0.33          | 3.90                  | 0.99           | 0.64             | 30.64            | 0.54      |
| BW                    | 0.10             | 0.90          | 3.54                  | 0.94           |                  |                  |           |

**Table S5** Fitting parameters of SISFs of all classes of IW<sup>d</sup> calculated at  $\lambda = 0.6$  nm. Correlation coefficients were >0.99.

| Region               | $\tau_s$<br>(ps) | $f_Q$<br>(ps) | $\tau_\alpha$<br>(ps) | $\beta_\alpha$ | $f_{Q'}$<br>(ps) | $\tau_l$<br>(ps) | $\beta_l$ |
|----------------------|------------------|---------------|-----------------------|----------------|------------------|------------------|-----------|
| IW-N <sup>d</sup>    | 0.2              | 0.53          | 3.59                  | 0.89           | 0.42             | 44               | 0.64      |
| IW-PO <sup>d</sup>   | 0.28             | 0.52          | 5.0                   | 0.76           | 0.41             | 62               | 0.64      |
| IW-Glyc <sup>d</sup> | 0.54             | 0.59          | 16.0                  | 0.47           | 0.361            | 100              | 0.64      |
| IW-CO <sup>d</sup>   | 0.84             | 0.63          | 21.14                 | 0.47           | 0.33             | 106.04           | 0.63      |

**Table S6** Fitting parameters of SISFs of all classes of IW<sup>HB</sup> at  $\lambda = 0.3$  nm. Correlation coefficients were  $>0.99$ .

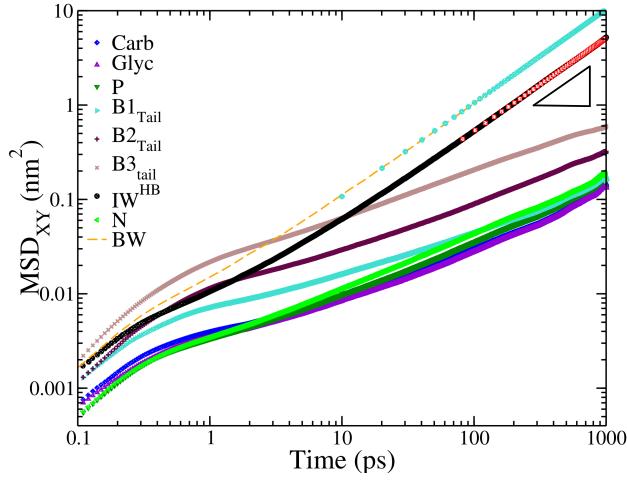
| Region                | $\tau_s$<br>(ps) | $f_Q$ | $\tau_\alpha$<br>(ps) | $\beta_\alpha$ | $f_{Q'}$ | $\tau_l$<br>(ps) | $\beta_l$ |
|-----------------------|------------------|-------|-----------------------|----------------|----------|------------------|-----------|
| IW <sup>HB</sup>      | 0.16             | 0.46  | 1.07                  | 0.90           | 0.31     | 7.92             | 0.55      |
| IW-PO <sup>HB</sup>   | 0.16             | 0.50  | 0.97                  | 0.85           | 0.30     | 8.02             | 0.51      |
| IW-CO <sup>HB</sup>   | 0.19             | 0.42  | 0.90                  | 0.80           | 0.36     | 8.00             | 0.54      |
| IW-Glyc <sup>HB</sup> | 0.18             | 0.42  | 0.91                  | 0.82           | 0.36     | 8.23             | 0.54      |

**Table S7** Fitting parameters of SISFs of all classes of IW<sup>d</sup> calculated at  $\lambda = 0.3$  nm. The fittings of  $\tau_s$  are comparatively poor to the ones at higher  $\lambda$  to obtain physically meaningful parameters. Correlation coefficients were  $>0.99$ .

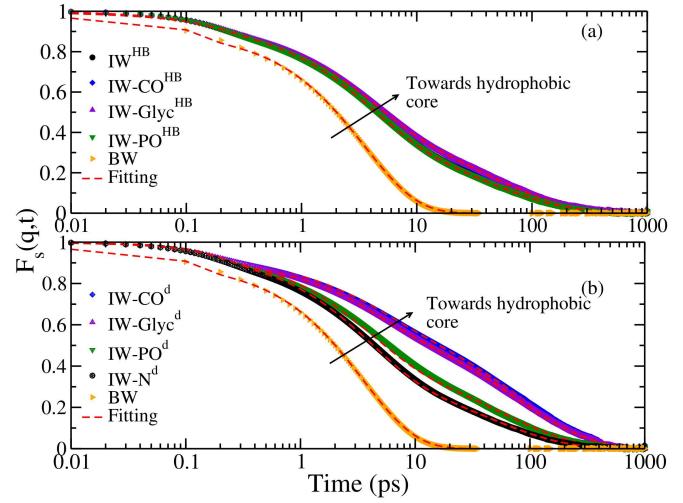
| Region               | $\tau_s$<br>(ps) | $f_Q$ | $\tau_\alpha$<br>(ps) | $\beta_\alpha$ | $f_{Q'}$ | $\tau_l$<br>(ps) | $\beta_l$ |
|----------------------|------------------|-------|-----------------------|----------------|----------|------------------|-----------|
| IW-N <sup>d</sup>    | 0.20             | 0.52  | 1.097                 | 0.74           | 0.23     | 11.47            | 0.62      |
| IW-PO <sup>d</sup>   | 0.22             | 0.51  | 1.50                  | 0.66           | 0.235    | 16.09            | 0.62      |
| IW-Glyc <sup>d</sup> | 0.27             | 0.63  | 2.419                 | 0.456          | 0.18     | 27.82            | 0.62      |
| IW-CO <sup>d</sup>   | 0.30             | 0.80  | 3.90                  | 0.41           | 0.06     | 29.5             | 0.62      |

**Table S8** Scaling factors for fig. 13 (a) -(i)

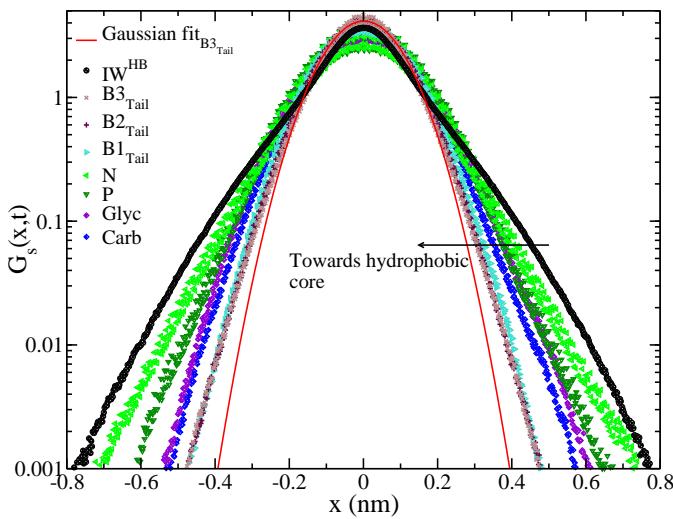
|  | Region | DMPC | $\lambda = 0.80$ nm<br>IW <sup>HB</sup> | $\lambda = 0.60$ nm<br>IW <sup>d</sup> | $\lambda = 0.30$ nm<br>IW <sup>HB</sup> | $\lambda = 0.30$ nm<br>IW <sup>d</sup> |
|--|--------|------|---|--|---|--|
| (a)-(c)<br>$\tau_s$                              | N      | 1.00 | 1.00                                    | 1.00                                   | 1.14                                    | 1.00                                   |
|  | P      | 1.08 | 1.10                                    | 2.21                                   | 1.10                                    | 1.40                                   |
|  | Glyc   | 1.31 | 1.10                                    | 3.04                                   | 1.04                                    | 2.70                                   |
|  | Carb   | 1.36 | 1.02                                    | 5.05                                   | 1.19                                    | 4.20                                   |
| (d)-(f)<br>$\tau_\alpha$                         | N      | 1.00 | 1.00                                    | 1.00                                   | 1.02                                    | 1.00                                   |
|  | P      | 1.33 | 1.41                                    | 1.41                                   | 1.00                                    | 1.39                                   |
|  | Glyc   | 1.93 | 1.33                                    | 3.02                                   | 1.14                                    | 4.45                                   |
|  | Carb   | 2.04 | 1.24                                    | 7.71                                   | 1.18                                    | 5.96                                   |
| (g)-(i)<br>$\tau_\alpha$ (DMPC)<br>$\tau_l$ (IW) | N      | 1.00 | 1.00                                    | 1.00                                   | 1.76                                    | 1.00                                   |
|  | P      | 1.33 | 1.04                                    | 1.40                                   | 1.00                                    | 1.40                                   |
|  | Glyc   | 1.93 | 1.20                                    | 2.40                                   | 1.25                                    | 2.27                                   |
|  | Carb   | 2.04 | 1.07                                    | 2.88                                   | 1.29                                    | 2.40                                   |
|  |        |      |   |  | 1.18                                    | 1.00                                   |
|  |        |      |   |  | 1.01                                    | 1.40                                   |
|  |        |      |   |  | 1.03                                    | 1.42                                   |
|  |        |      |   |  | 1.01                                    | 2.57                                   |



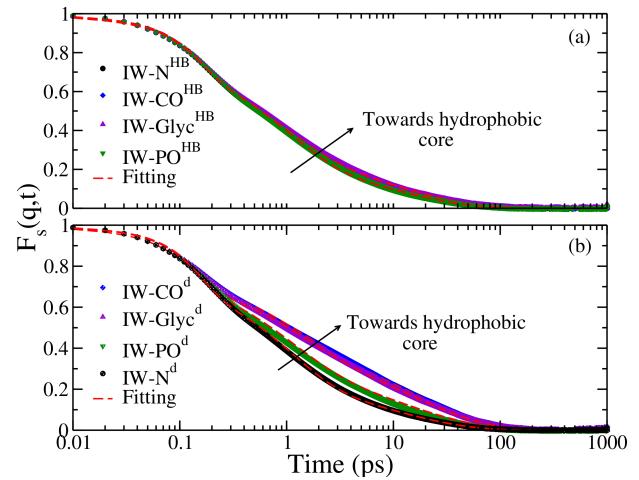
**Figure S3** Two dimensional translational mean square displacement ( $MSD_{XY}$ ) of all beads of DMPC,  $IW^{HB}$  and BW.



**Figure S5** SISF for all classes of a)  $IW^{HB}$ , b)  $IW^d$  at  $\lambda = 0.60$  nm.  $IW\text{-CO}^d$  molecules buried deep in the hydrophobic core relax slowest.



**Figure S4** One dimensional van Hove correlation function of DMPC beads and  $IW^{HB}$ . End beads of lipid tails have minimum deviations from Gaussianity.



**Figure S6** SISF for all classes of a)  $IW^{HB}$ , b)  $IW^d$  at  $\lambda = 0.30$  nm.  $IW\text{-CO}^d$  molecules buried deep in the hydrophobic core relax slowest.