

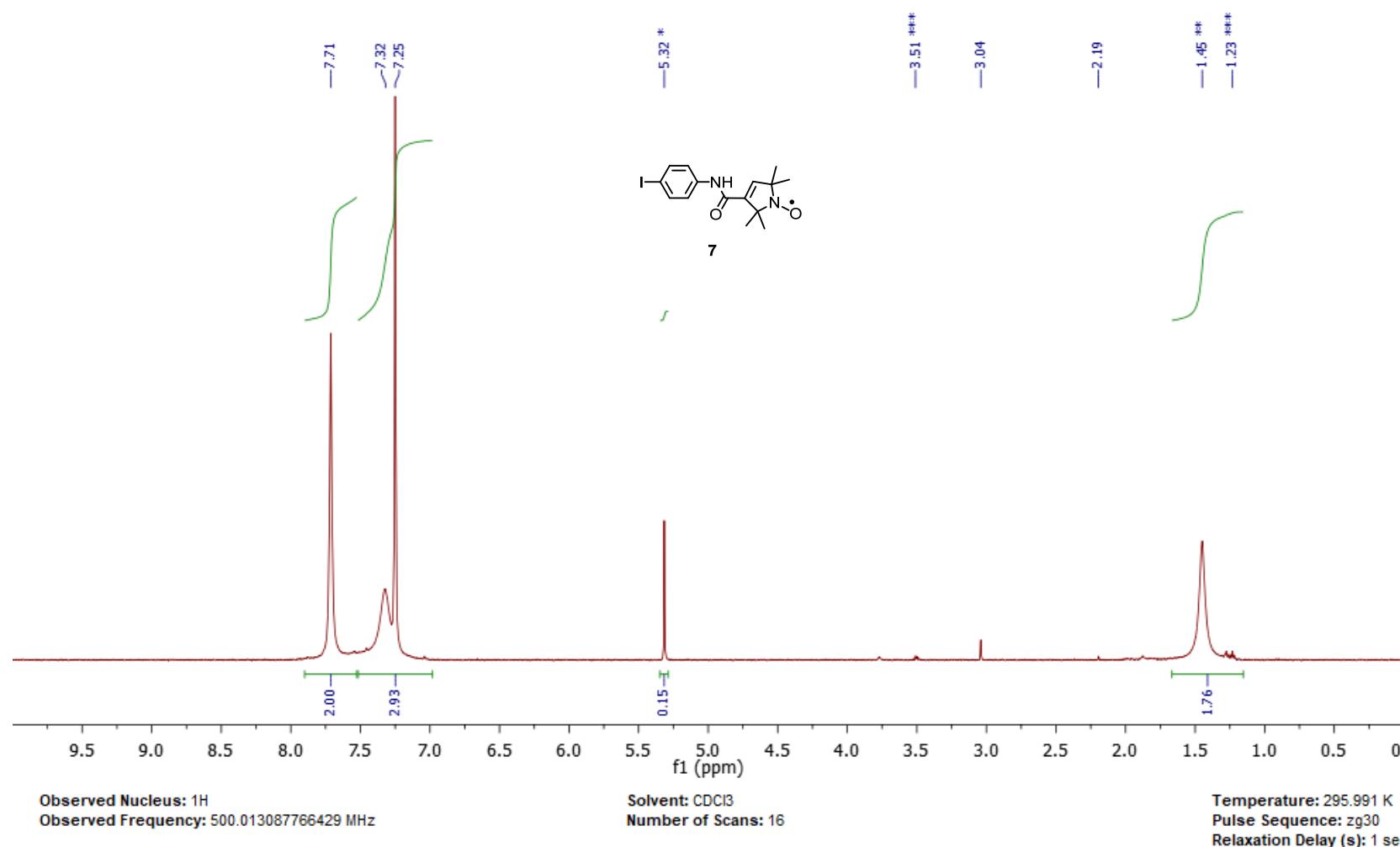
**Supporting Information Part 2/2 (SI2/2) for  
Accessing Distributions of Exchange and Dipolar Couplings  
in Stiff Molecular Rulers with Cu(II) centres**

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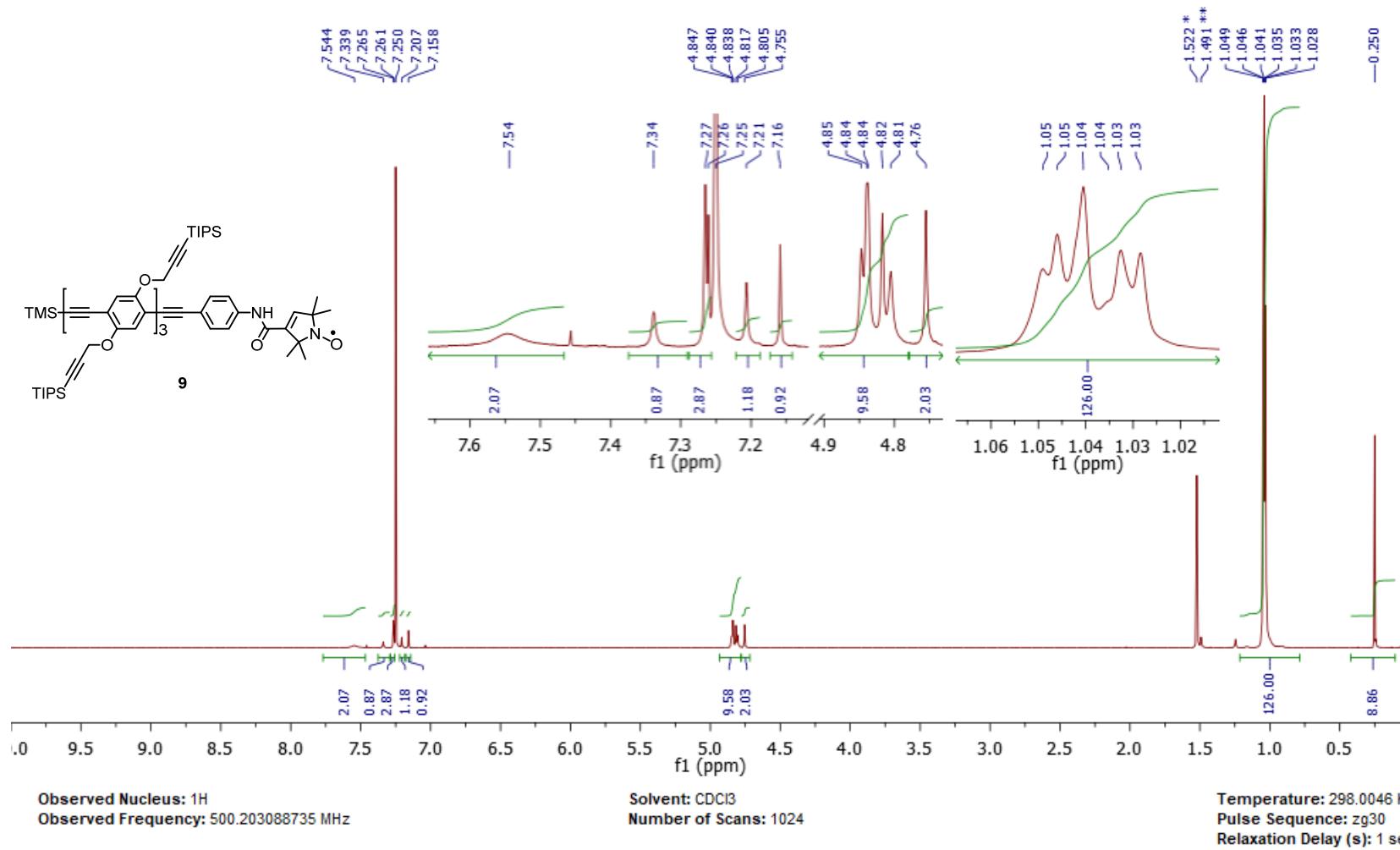
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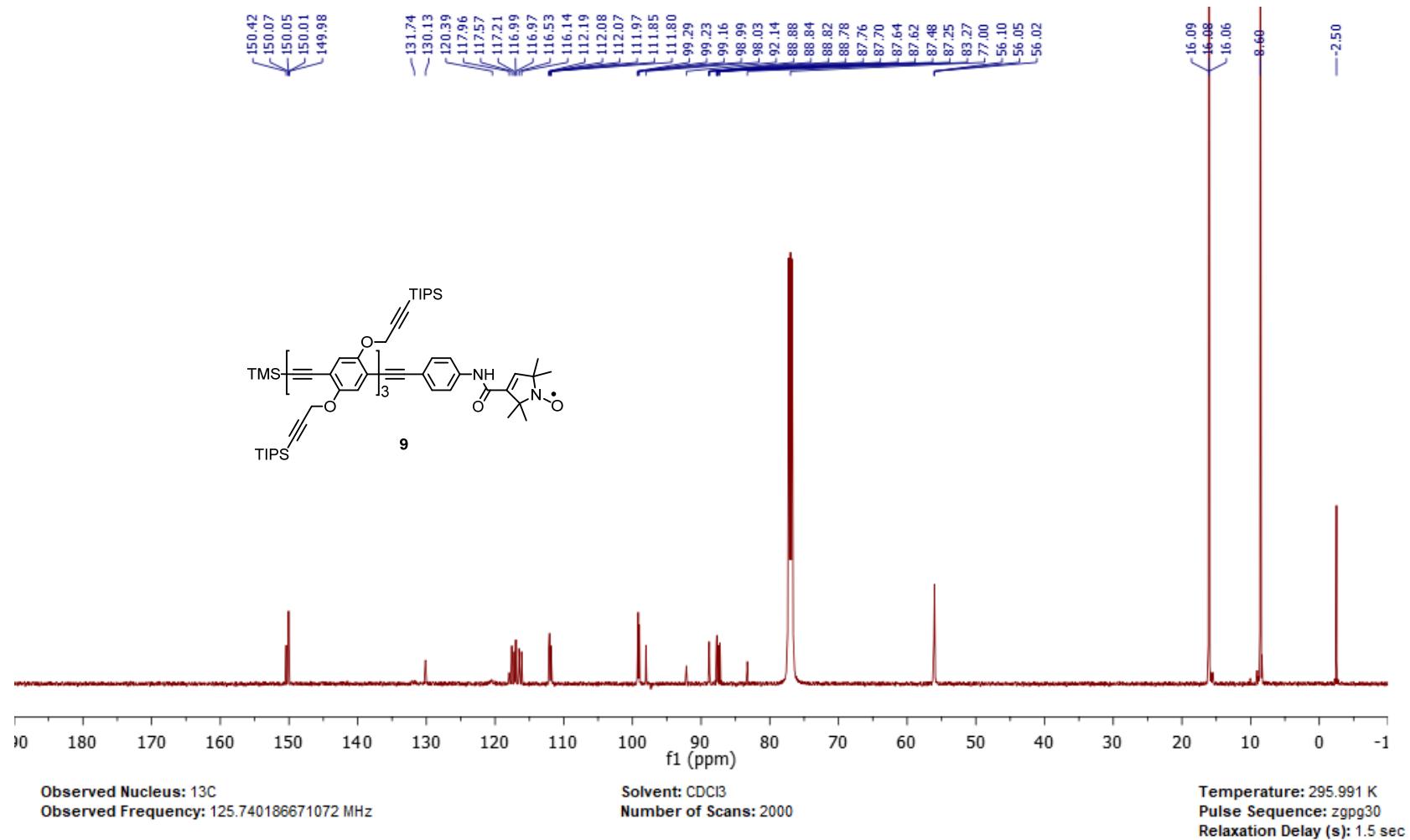
**NMR spectra**



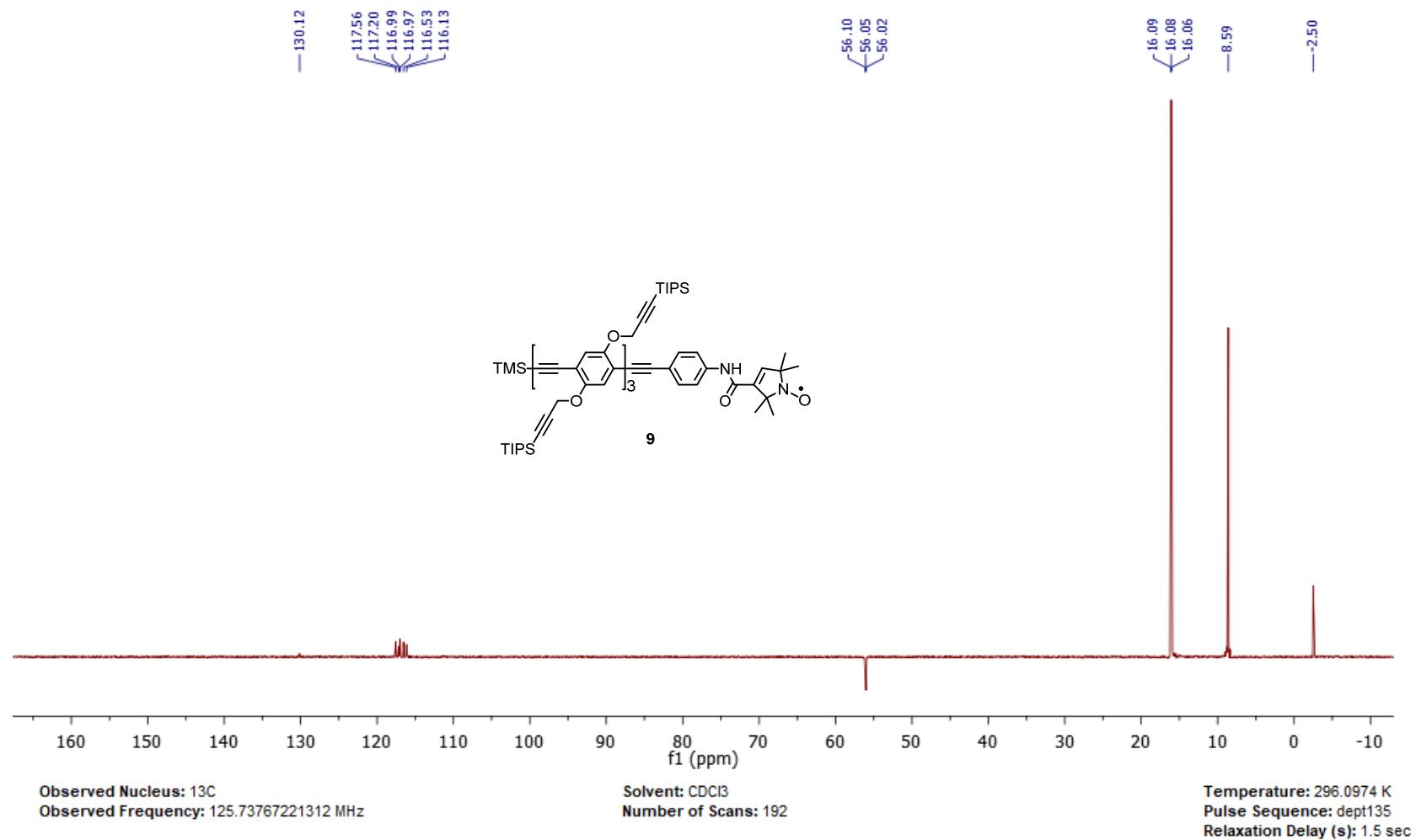
**Figure S5.**  ${}^1\text{H}$  NMR spectrum of I-P-NO $\bullet$  7. \* $\text{CH}_2\text{Cl}_2$ , \*\*water, \*\*\* $\text{Et}_2\text{O}$ .



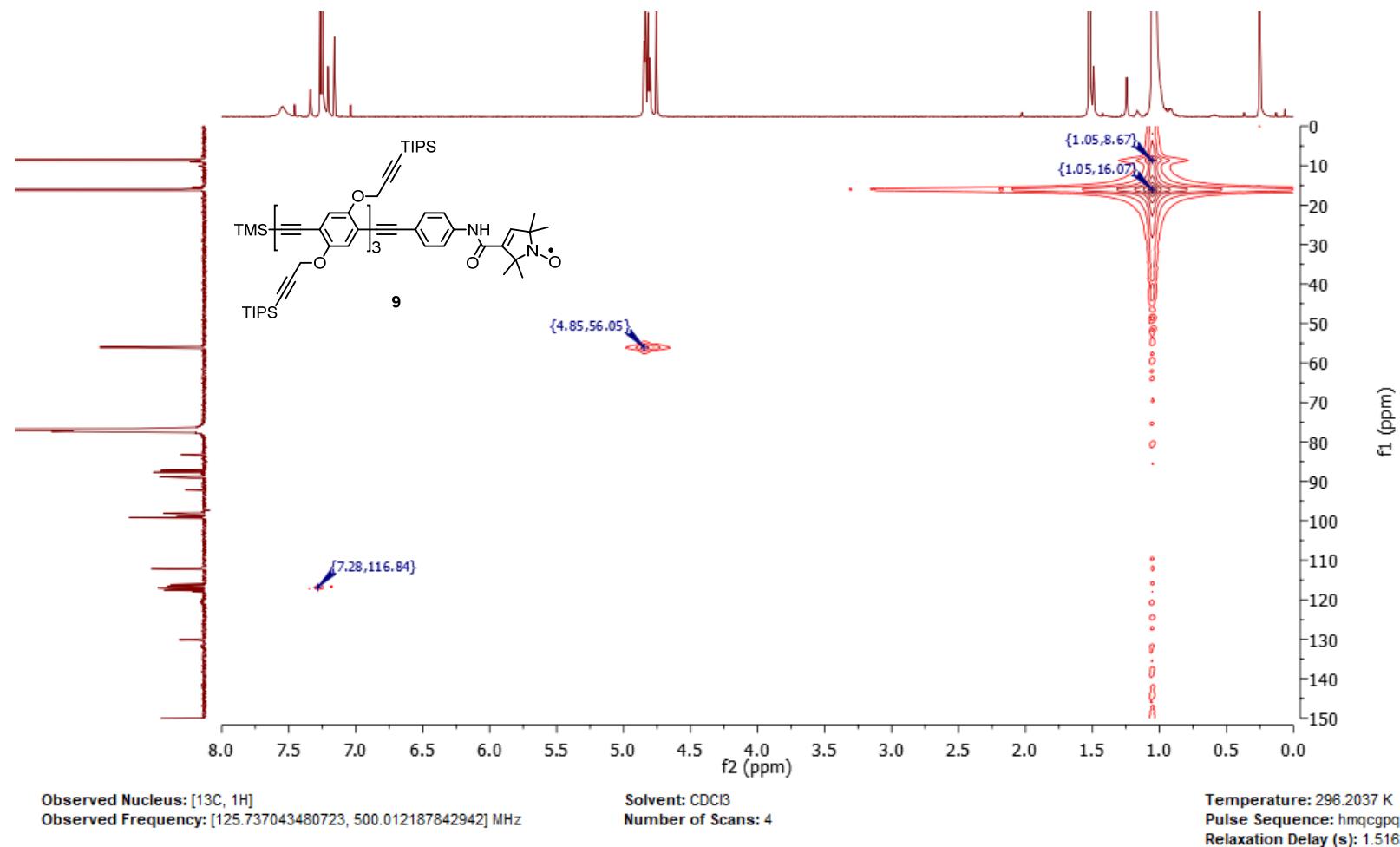
**Figure S6.**  $^1\text{H}$  NMR spectrum of TMS-(EP)<sub>4</sub>-NO $\bullet$  **9**. \* $^1\text{H}_2\text{O}$ , \*\*HDO.



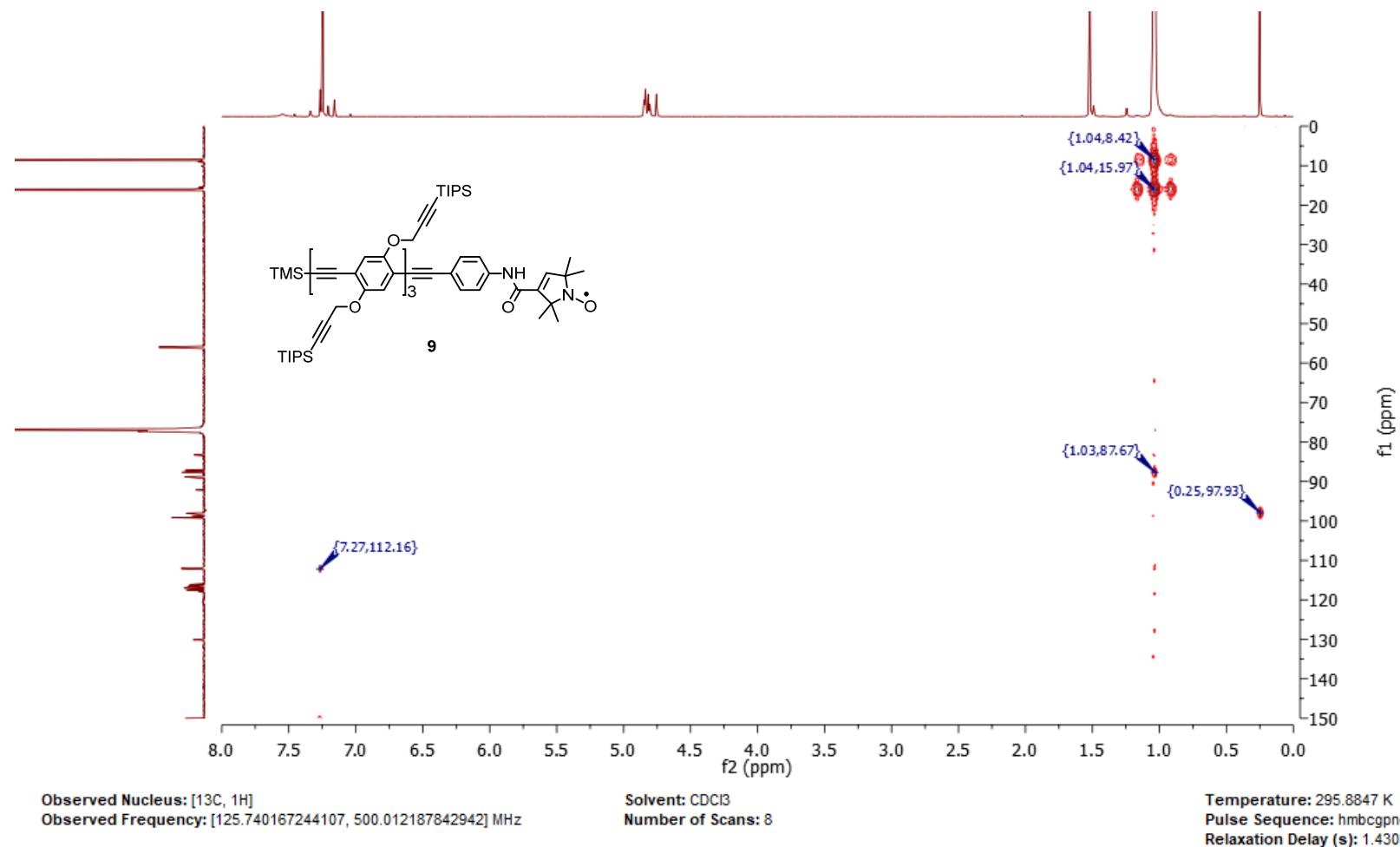
**Figure S7.**  $^{13}\text{C}$  NMR spectrum of TMS-(EP)<sub>4</sub>-NO• **9**.



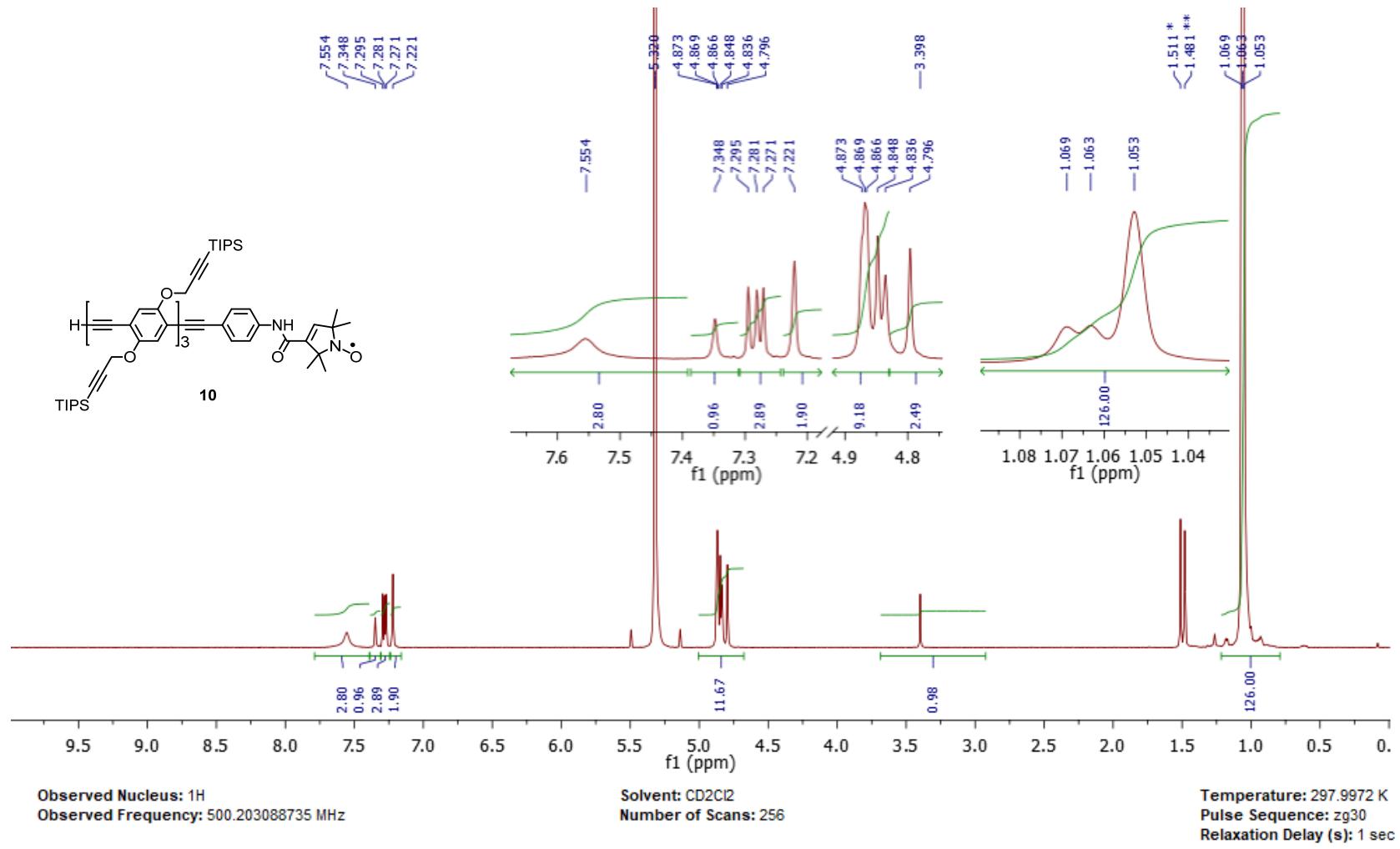
**Figure S8.** DEPT 135 NMR spectrum of TMS-(EP)<sub>4</sub>-NO• **9**.



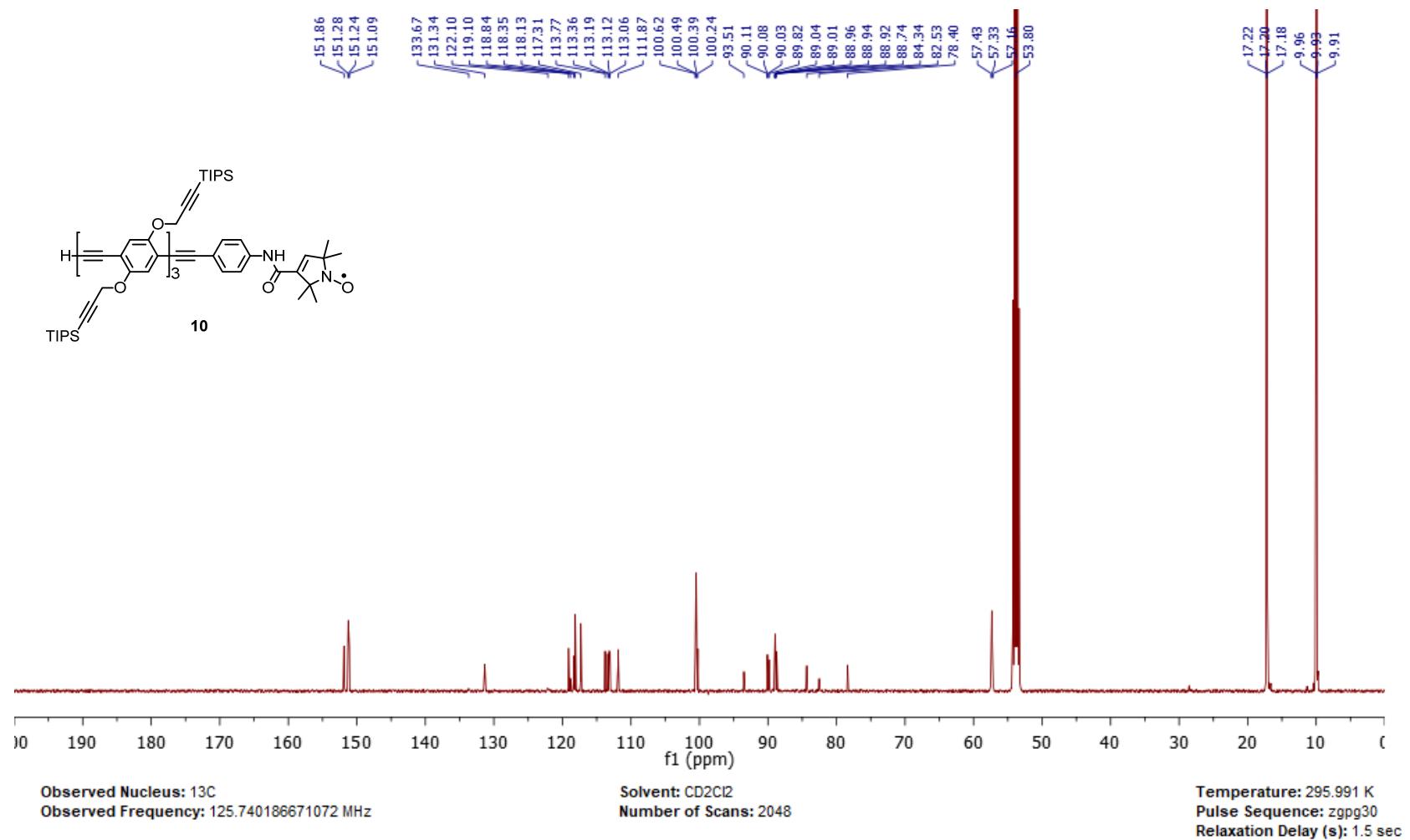
**Figure S9.** HMQC NMR spectrum of TMS-(EP)<sub>4</sub>-NO<sup>•</sup> **9**.



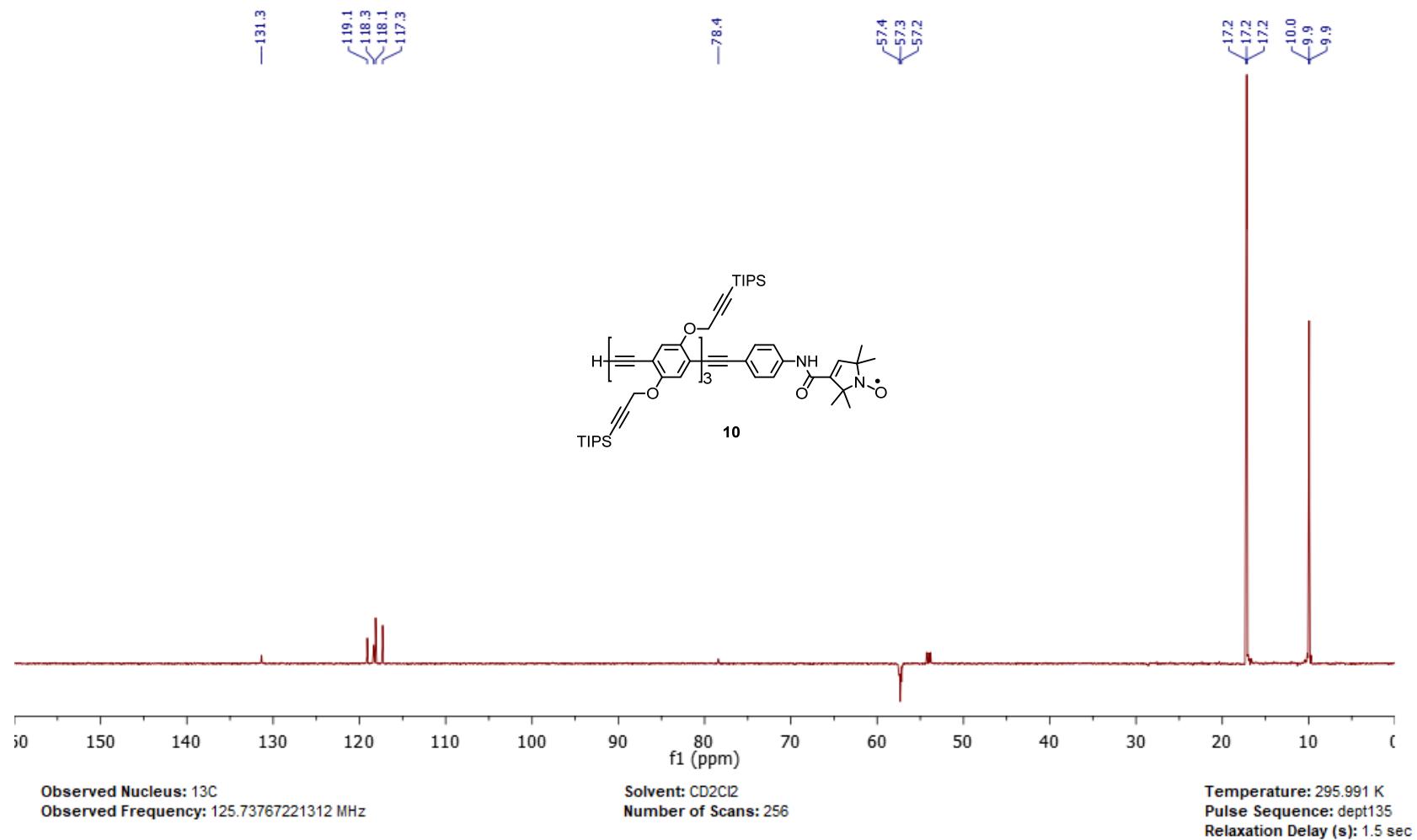
**Figure S10.** HMBC NMR spectrum of TMS-(EP)<sub>4</sub>-NO• **9**.



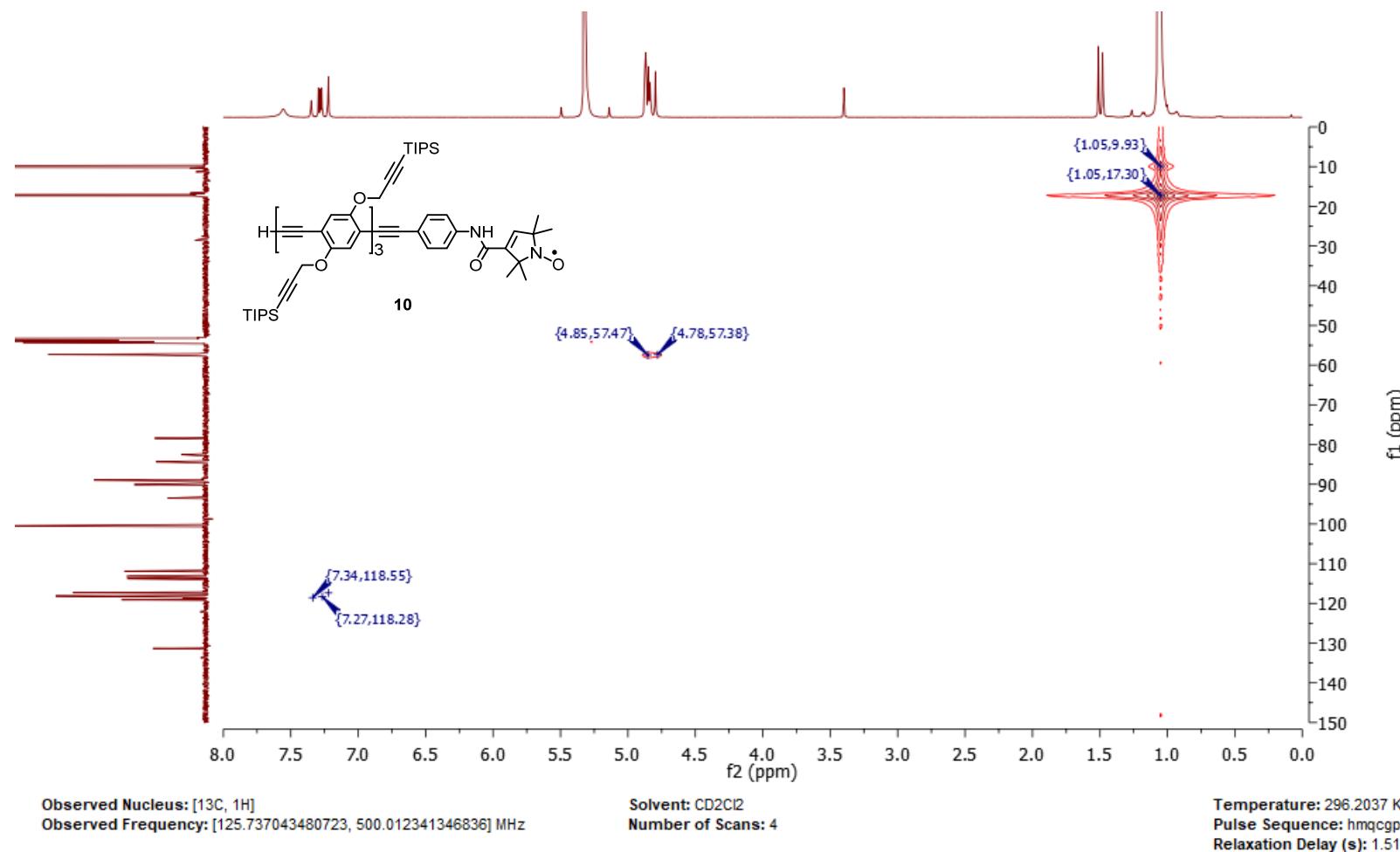
**Figure S11.**  $^1\text{H}$  NMR spectrum of H-(EP)<sub>4</sub>-NO<sup>•</sup> **10**. \* $\text{H}_2\text{O}$ , \*\*HDO.



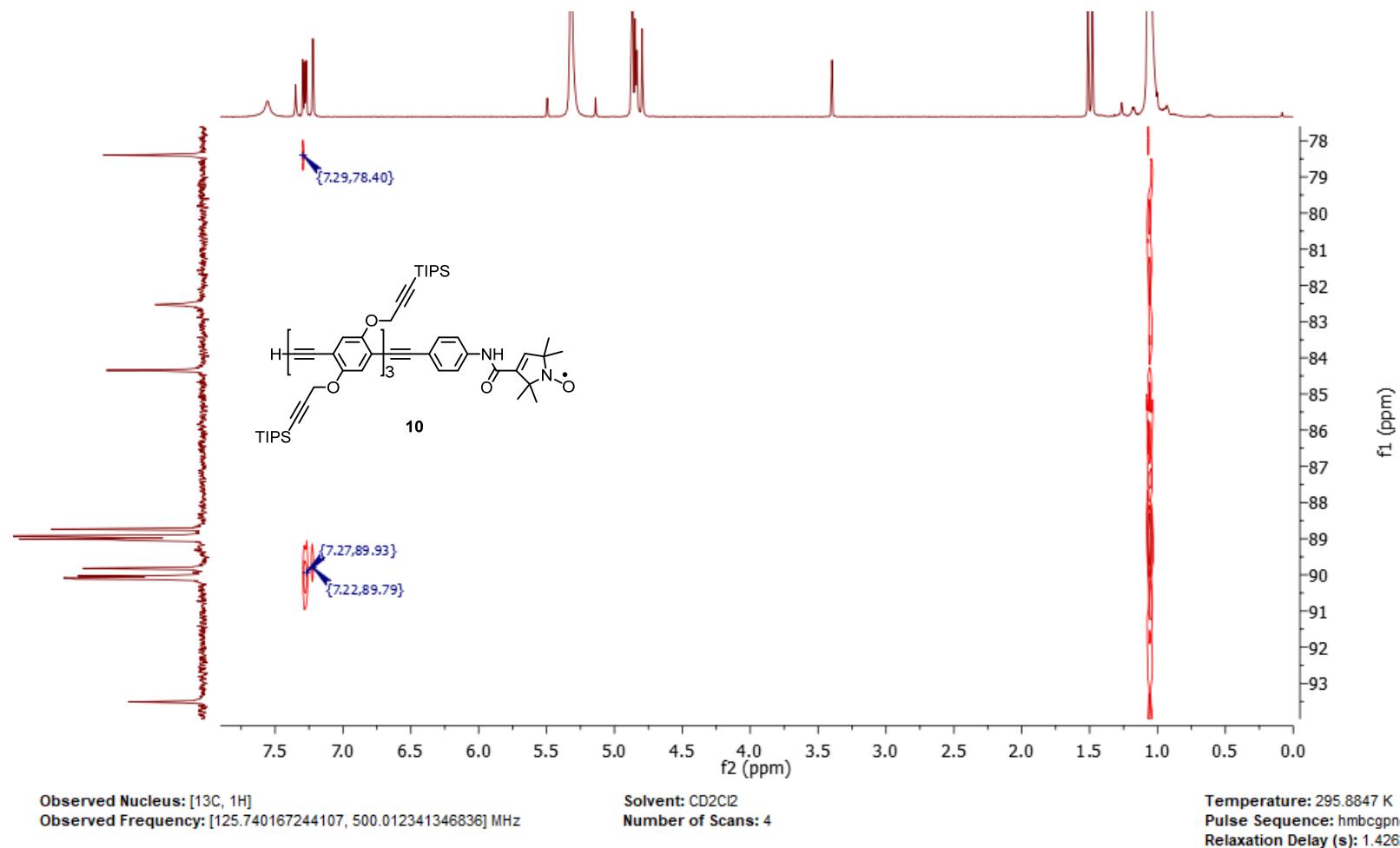
**Figure S12.**  $^{13}\text{C}$  NMR spectrum of H-(EP)<sub>4</sub>-NO• **10**.



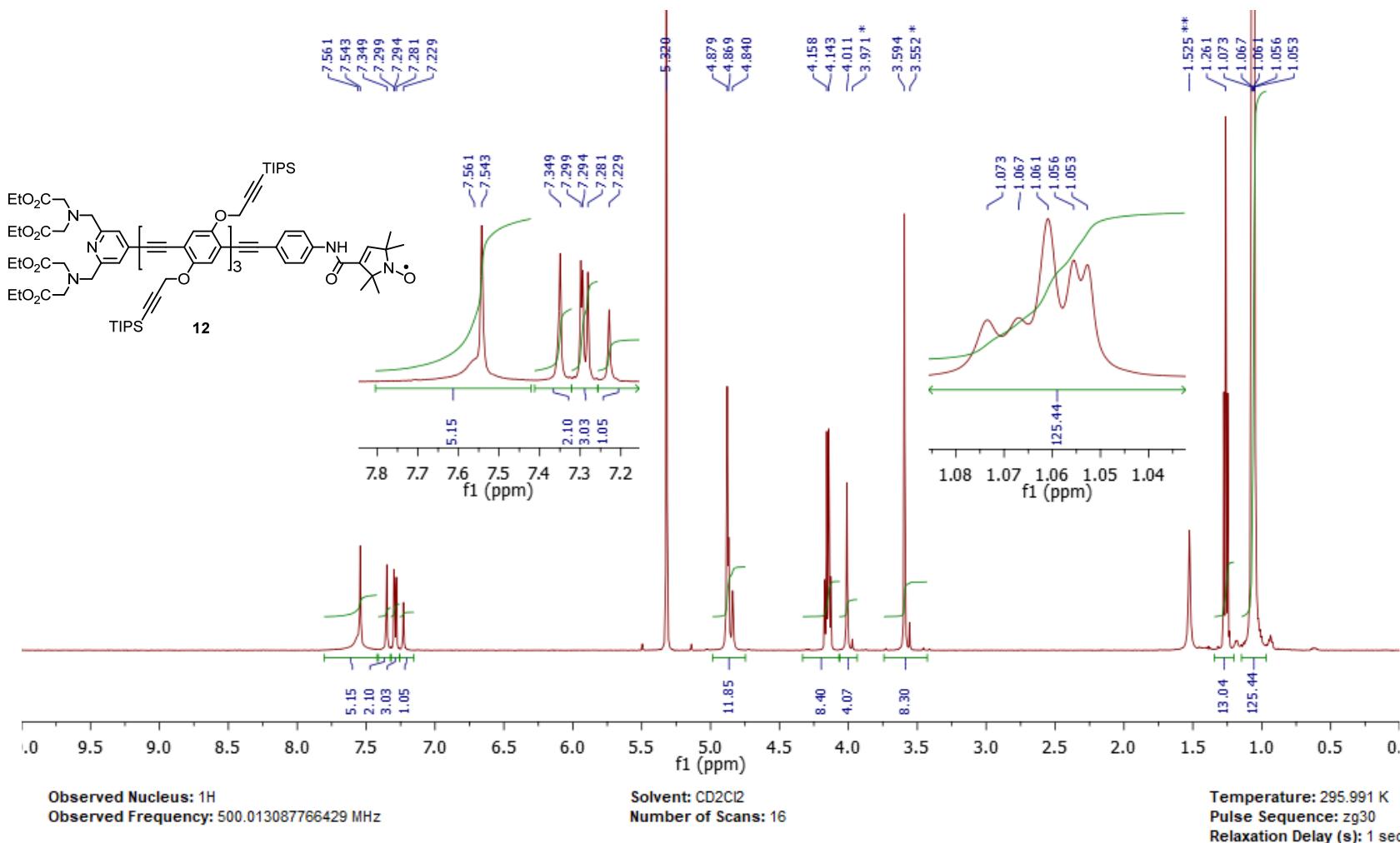
**Figure S13.** DEPT-135 NMR spectrum of H-(EP)<sub>4</sub>-NO<sup>•</sup> **10**.



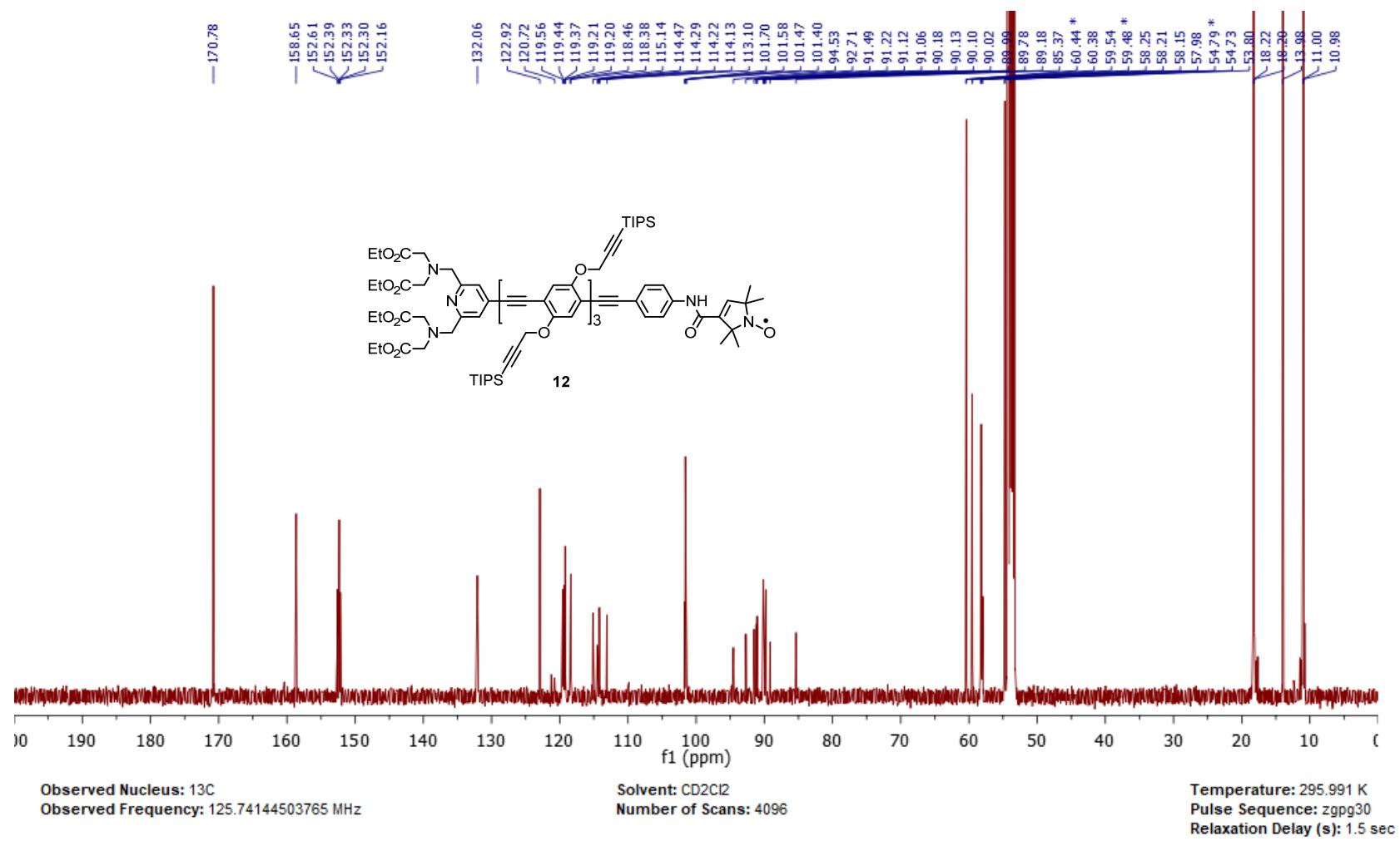
**Figure S14.** HMQC NMR spectrum of H-(EP)<sub>4</sub>-NO<sup>•</sup> **10**.



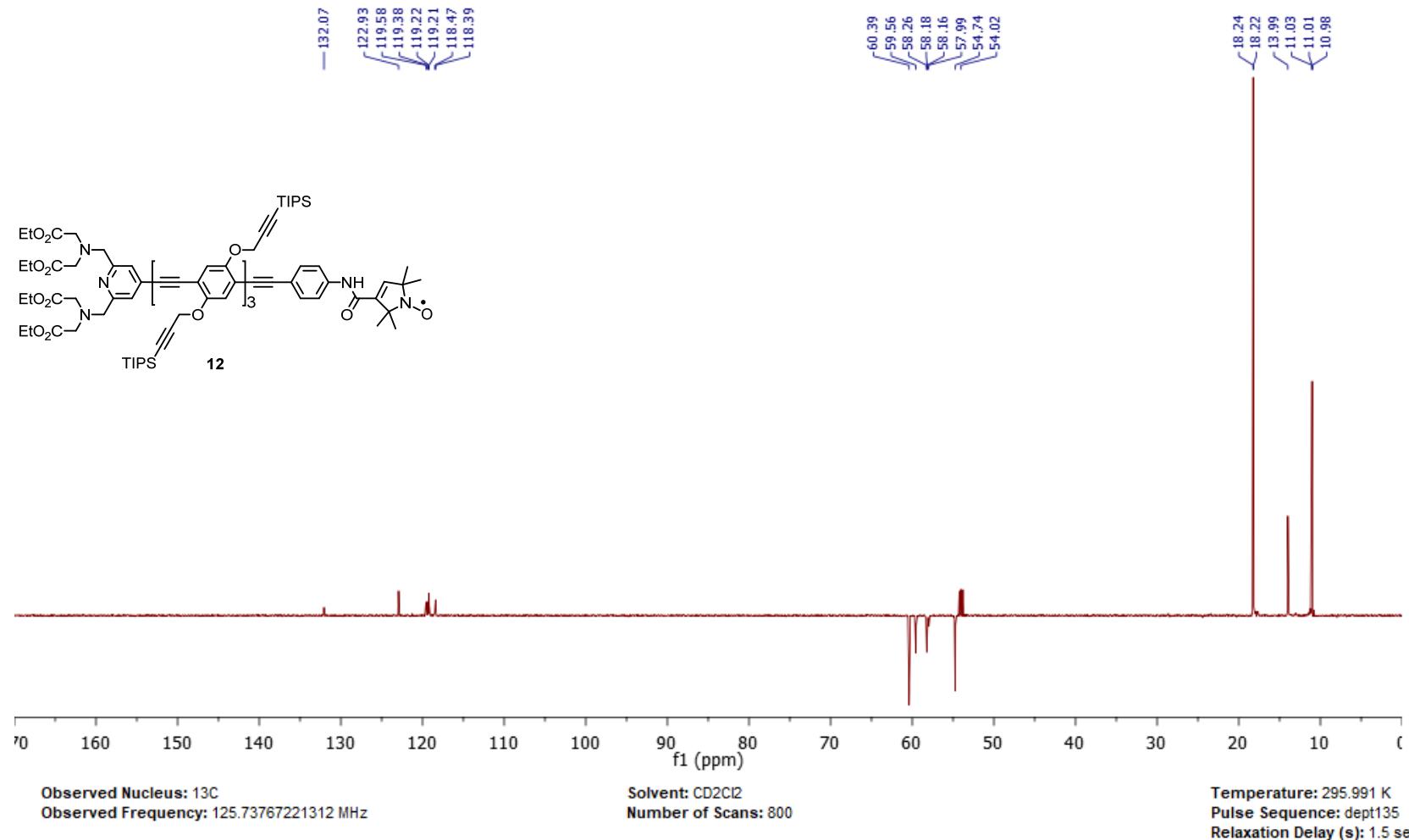
**Figure S15.** HMBC NMR spectrum of H-(EP)<sub>4</sub>-NO• **10**.



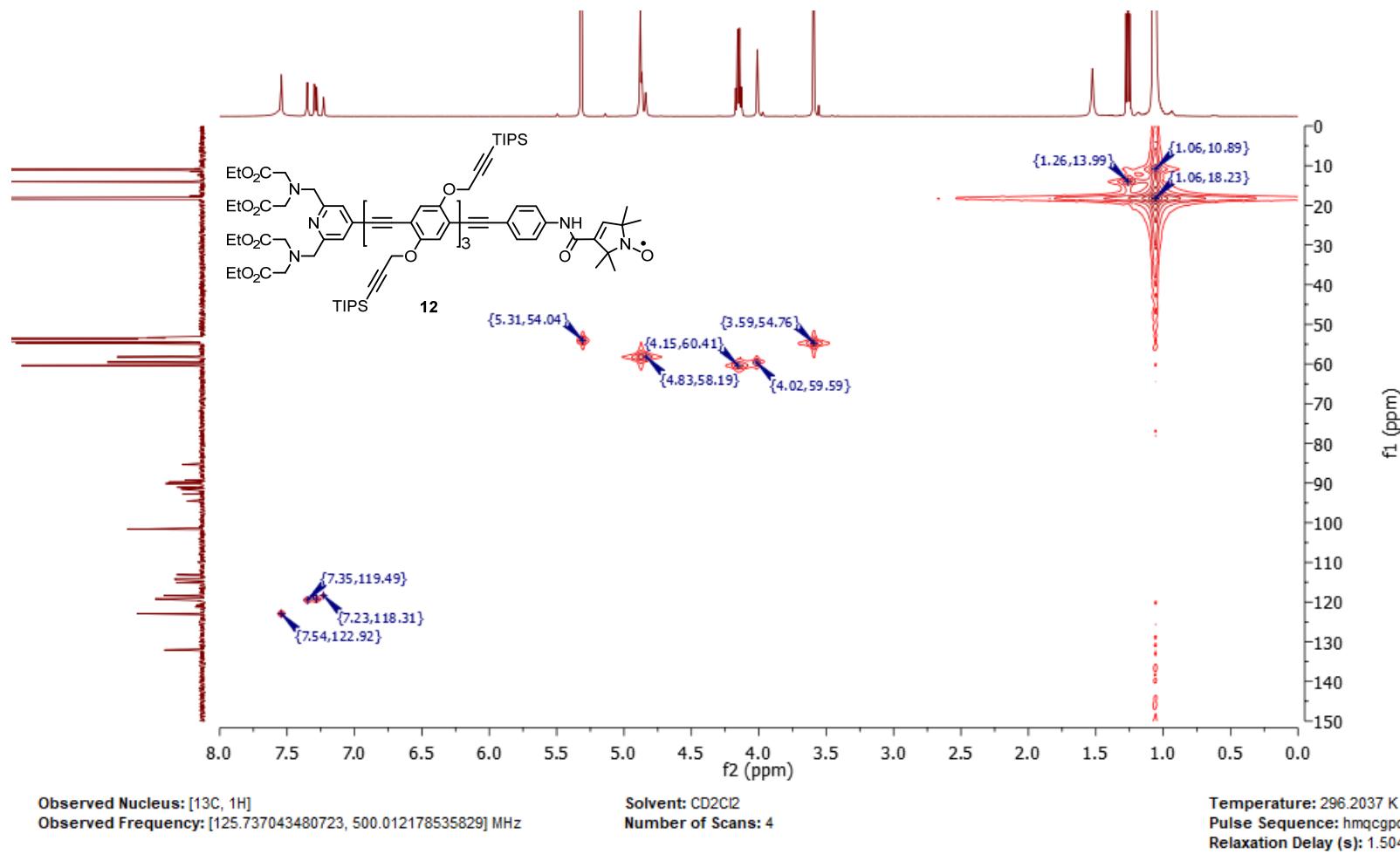
**Figure S16.**  $^1\text{H}$  NMR spectrum of PyMTAester-(EP)<sub>4</sub>-NO• **12**. \*Signals of a compound containing the PyMTA ethyl ester moiety (about 5 mol%), possibly 4-chloro-PyMTA ethyl ester; \*\*water.



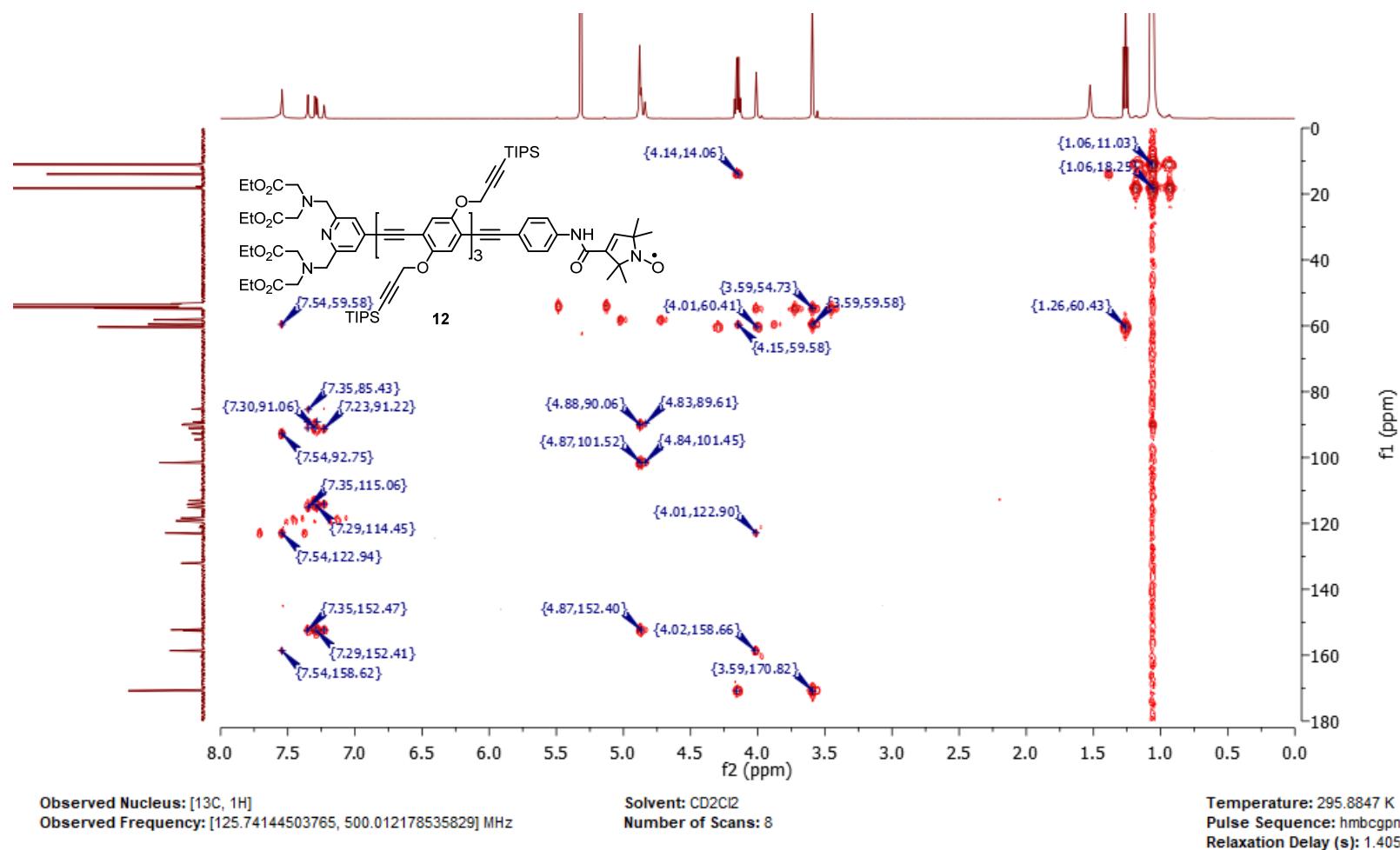
**Figure S17.** <sup>1</sup>H NMR spectrum of PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> **12**. \*Signals of a compound containing the PyMTA ethyl ester moiety, possibly 4-chloro-PyMTA ethyl ester.

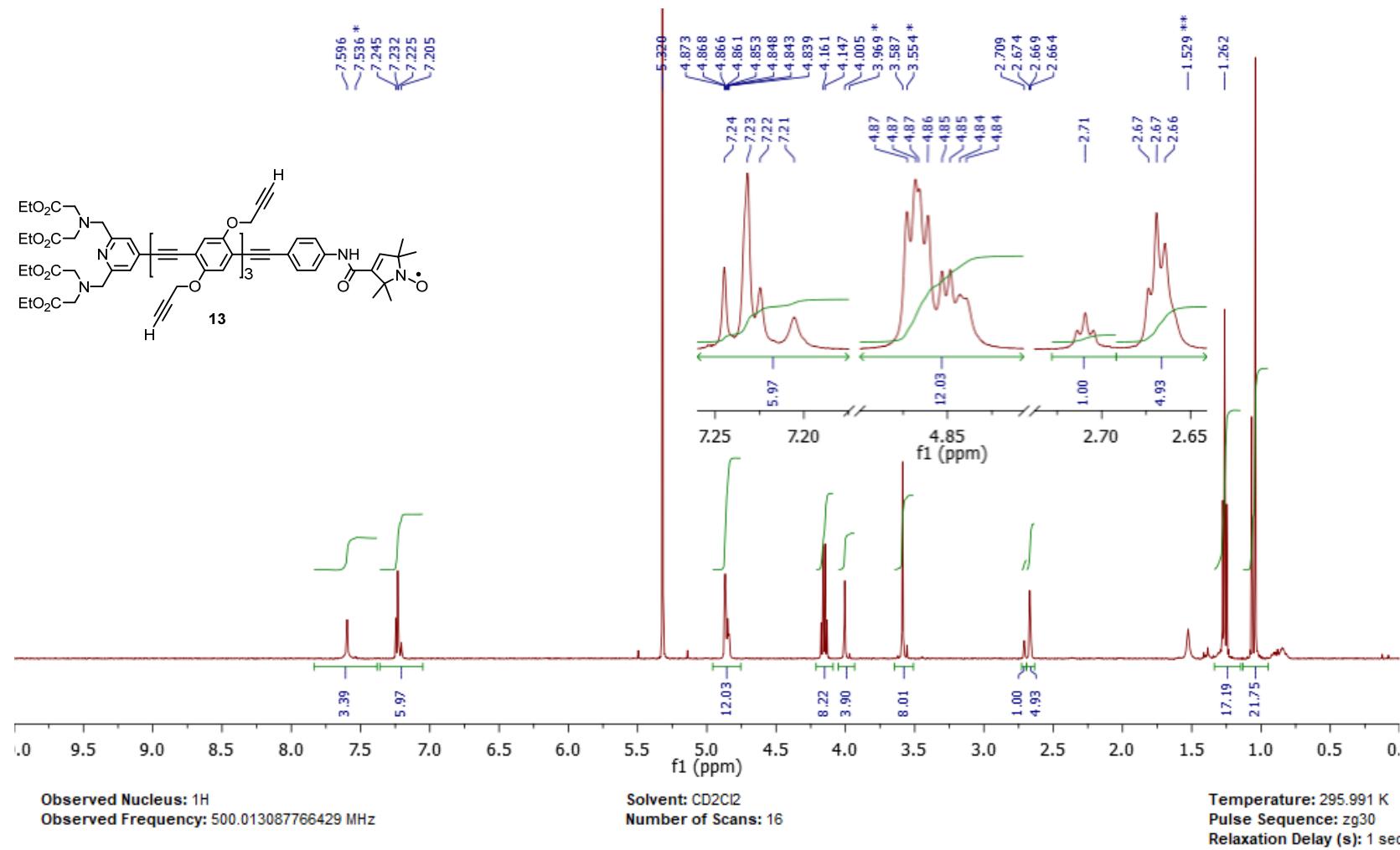


**Figure S18.** DEPT-135 NMR spectrum of PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> **12**.

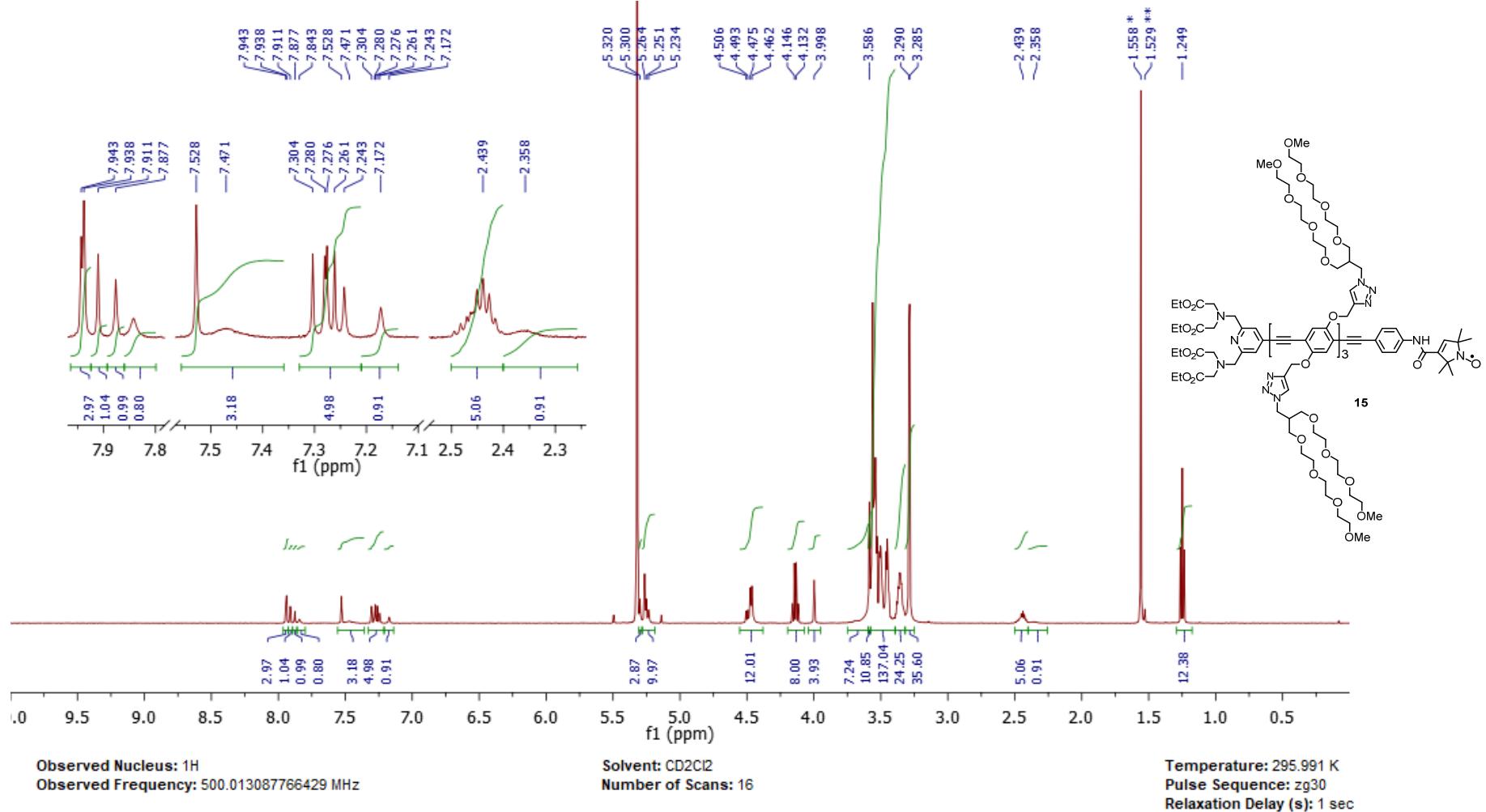


**Figure S19.** HMQC NMR spectrum of PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> **12**.

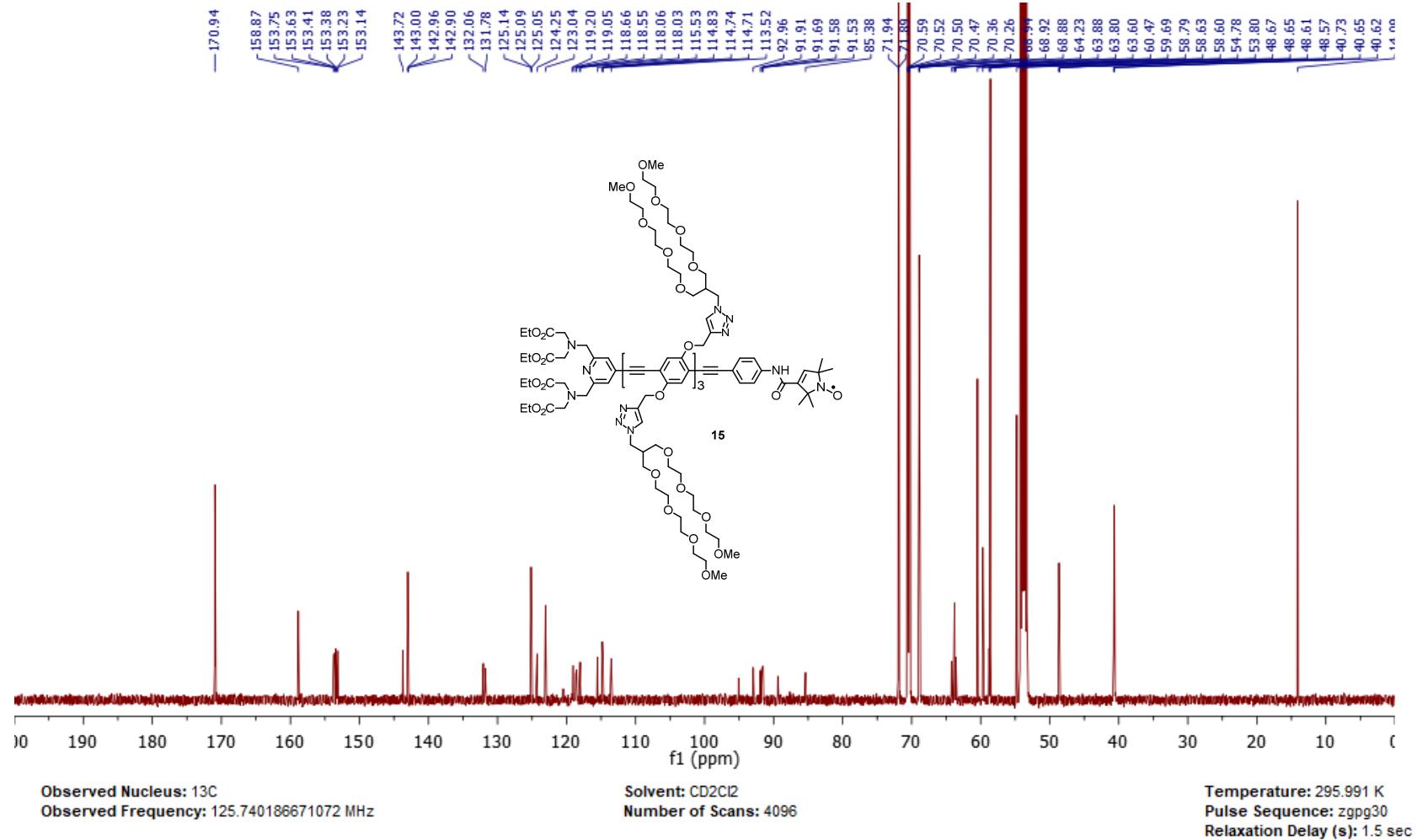




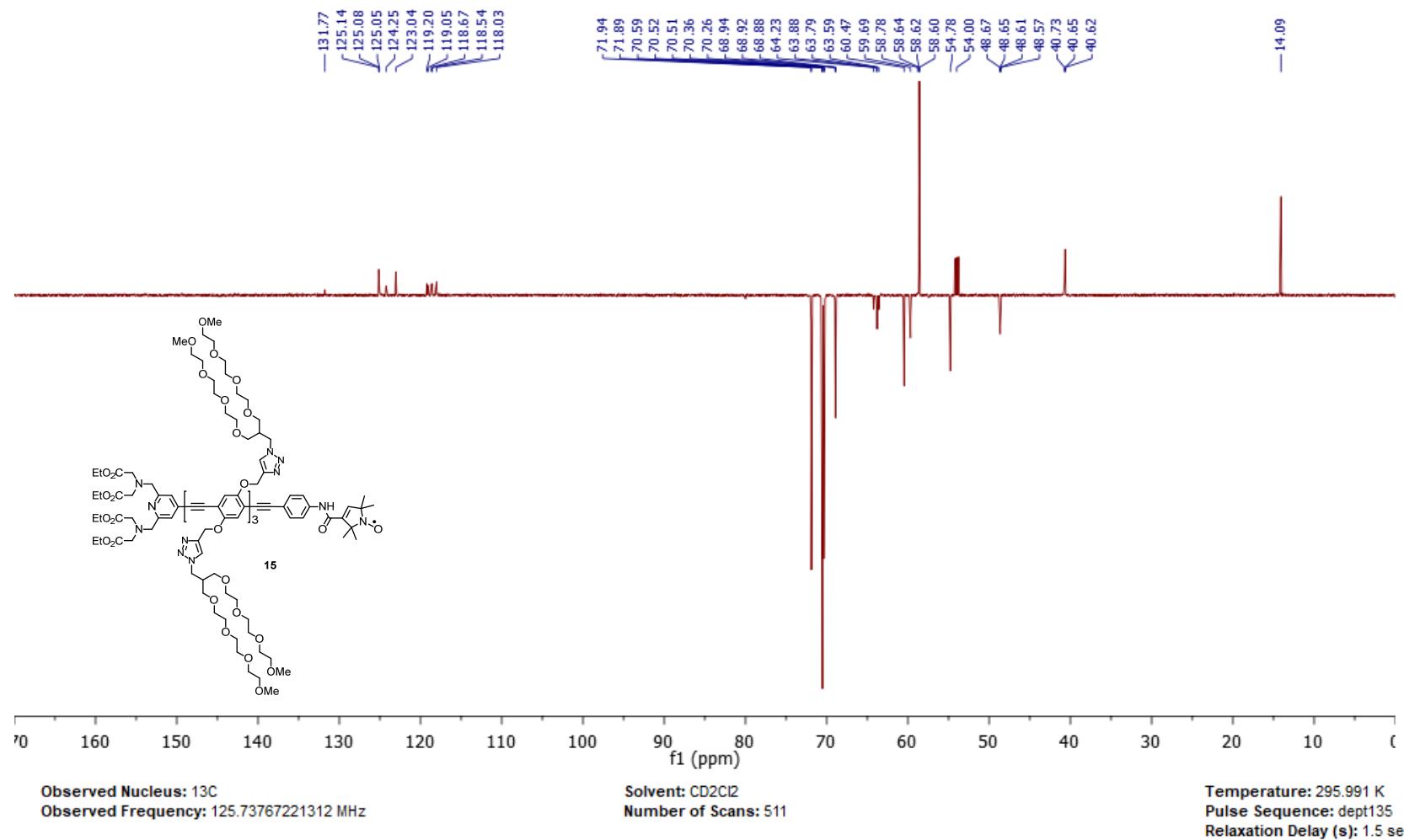
**Figure S21.**  $^1\text{H}$  NMR spectrum of desilylated PyMTAester-(EP)<sub>4</sub>-NO• **13**. \*Signals of a compound containing the PyMTA ethyl ester, possibly 4-chloro-PyMTA ethyl ester. \*\*water



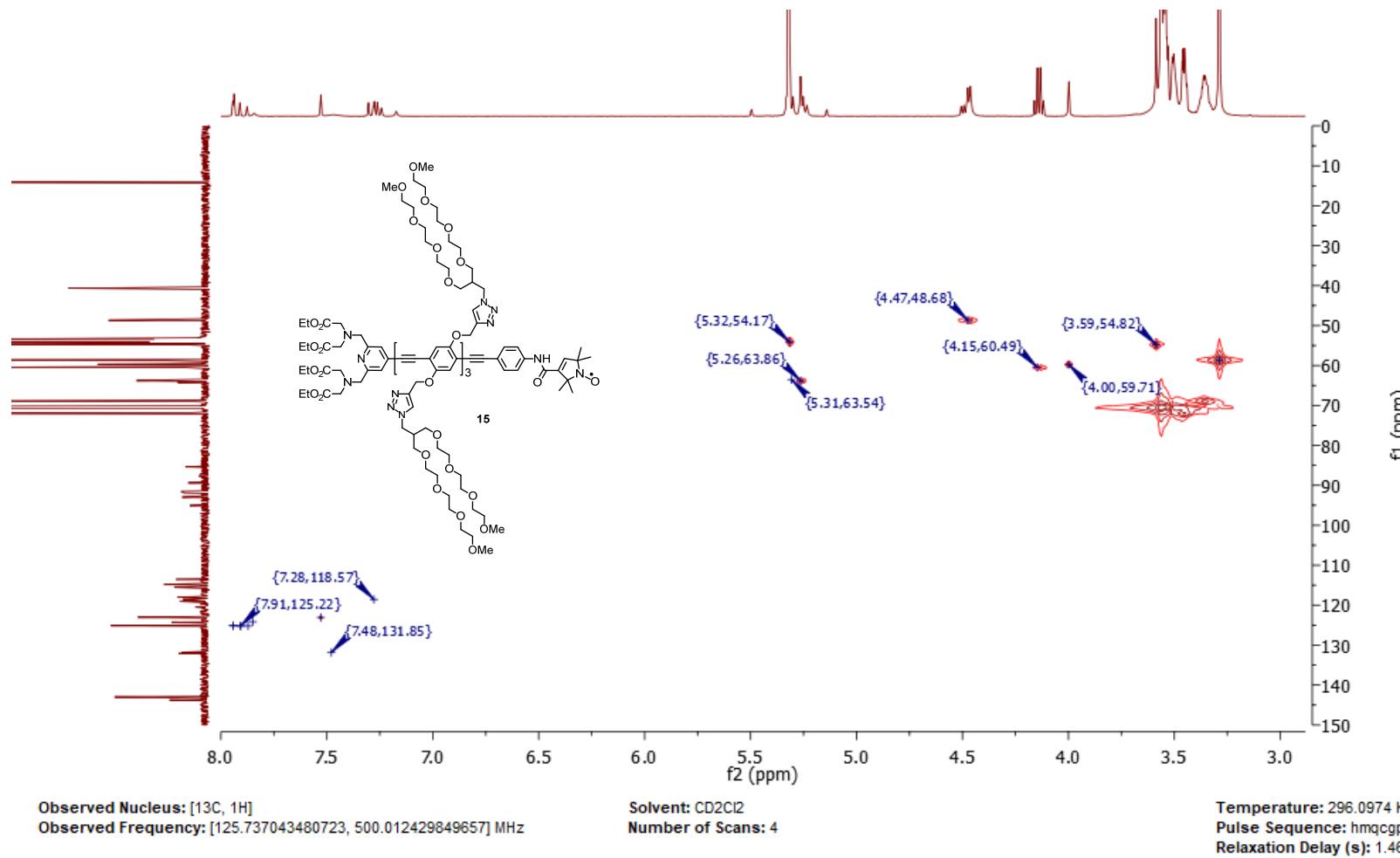
**Figure S22.**  $^1\text{H}$  NMR spectrum of PEGylated PyMTAester-(EP)<sub>4</sub>-NO $\bullet$  **15**. \* $\text{H}_2\text{O}$ , \*\*HDO.



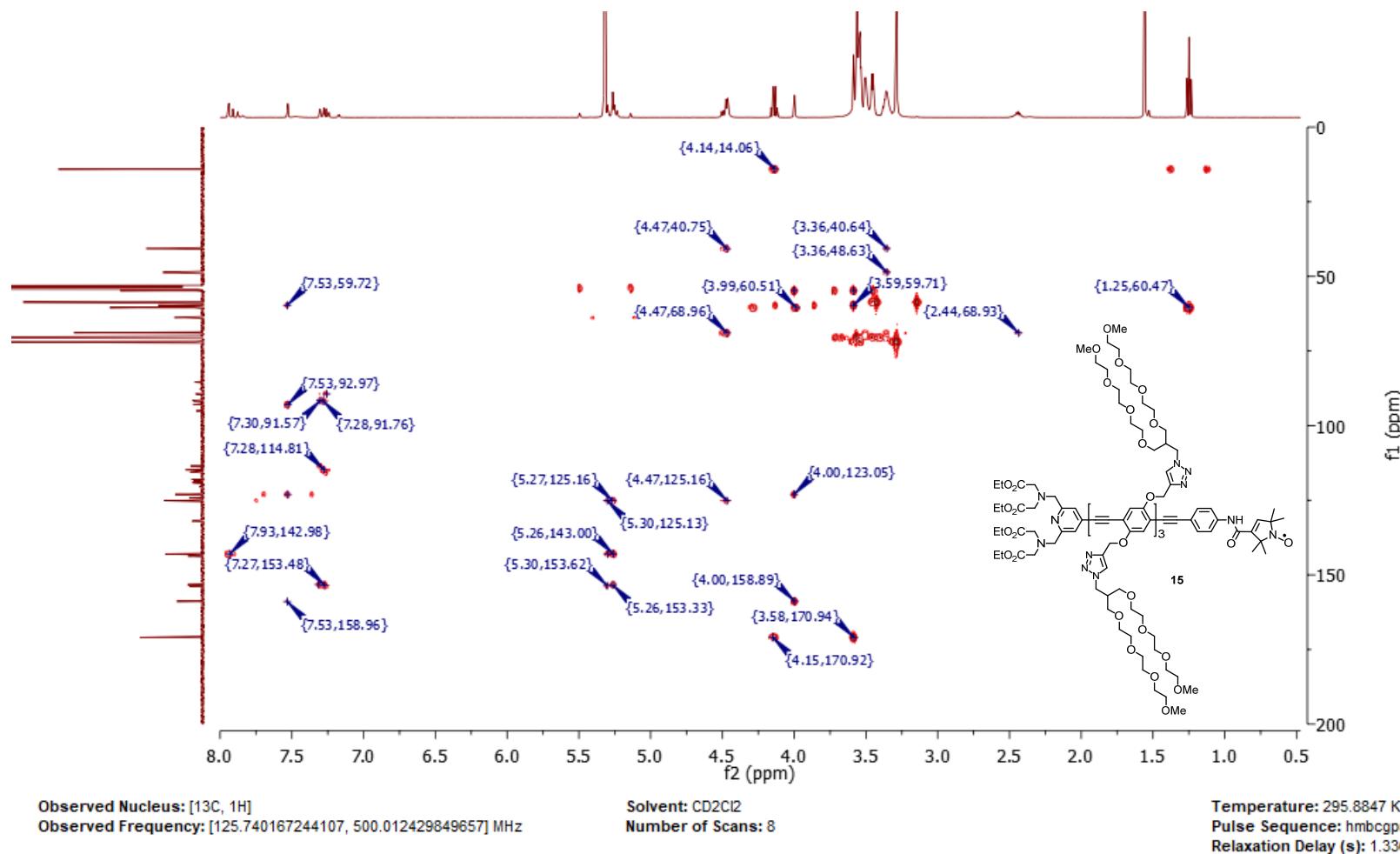
**Figure S23.**  $^{13}\text{C}$  NMR spectrum of PEGylated PyMTAester-(EP)<sub>4</sub>-NO $\bullet$  **15**.



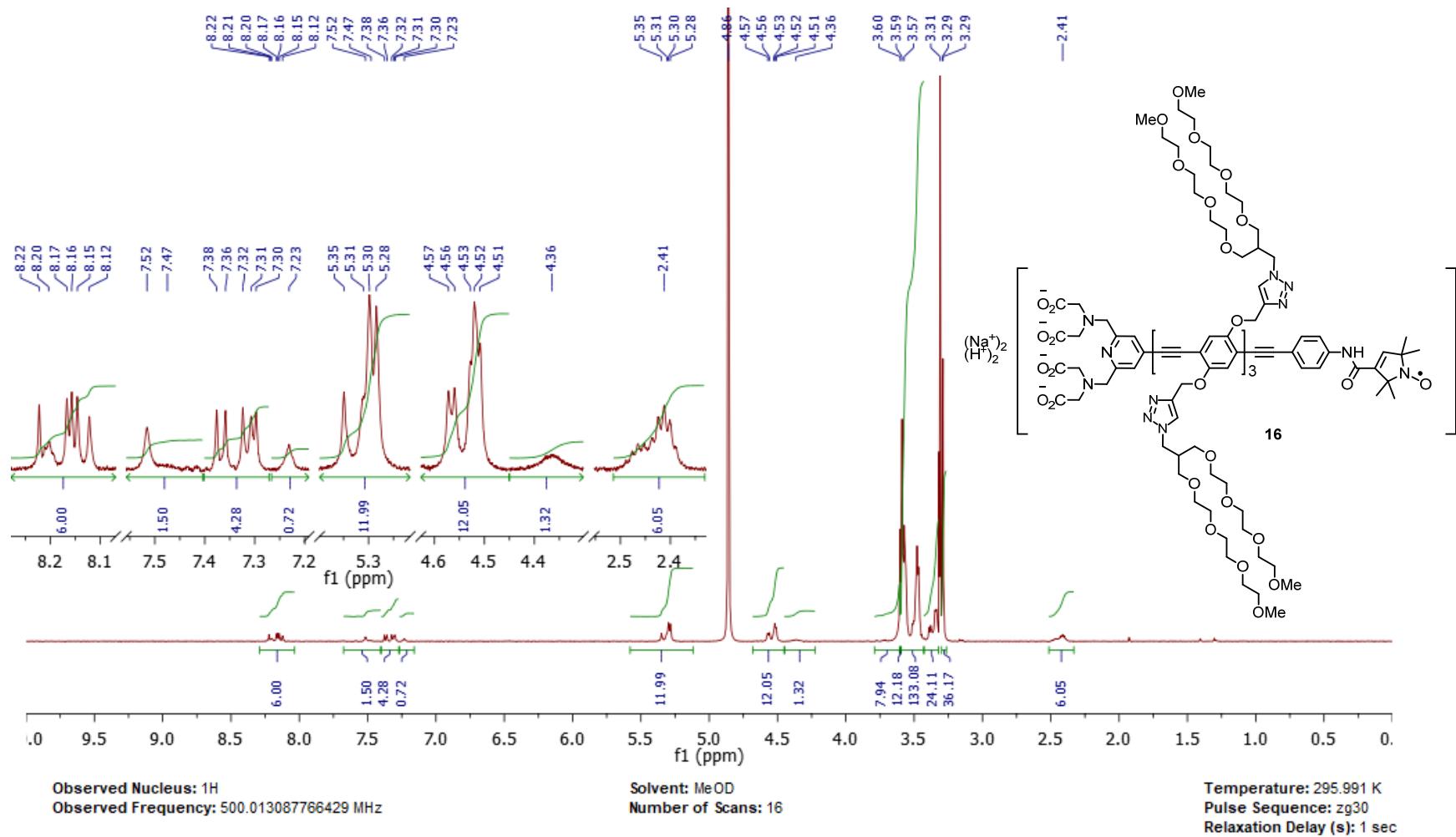
**Figure S24.** DEPT-135 NMR spectrum of PEGylated PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> **15**.



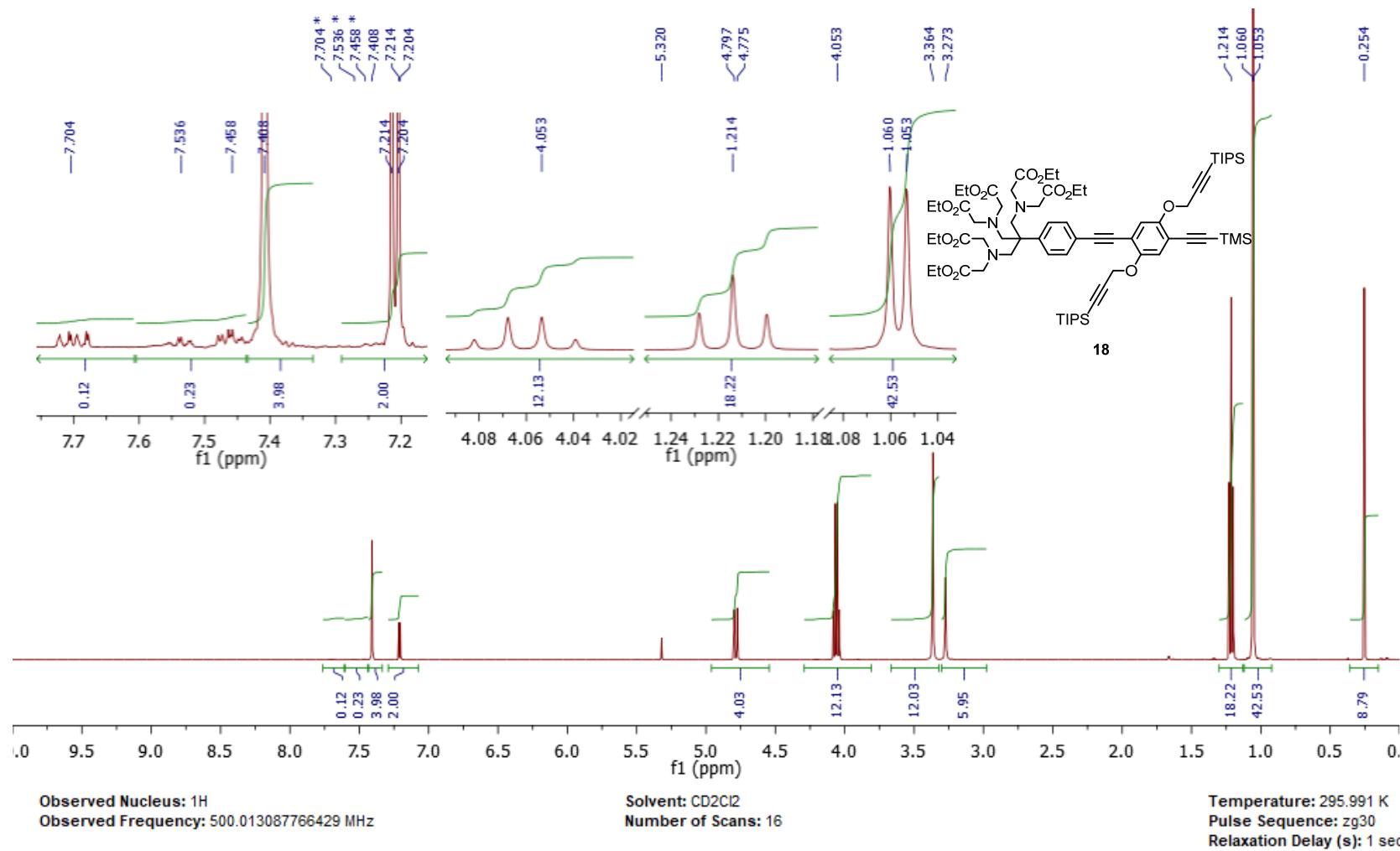
**Figure S25.** HMQC NMR spectrum of PEGylated PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> 15.



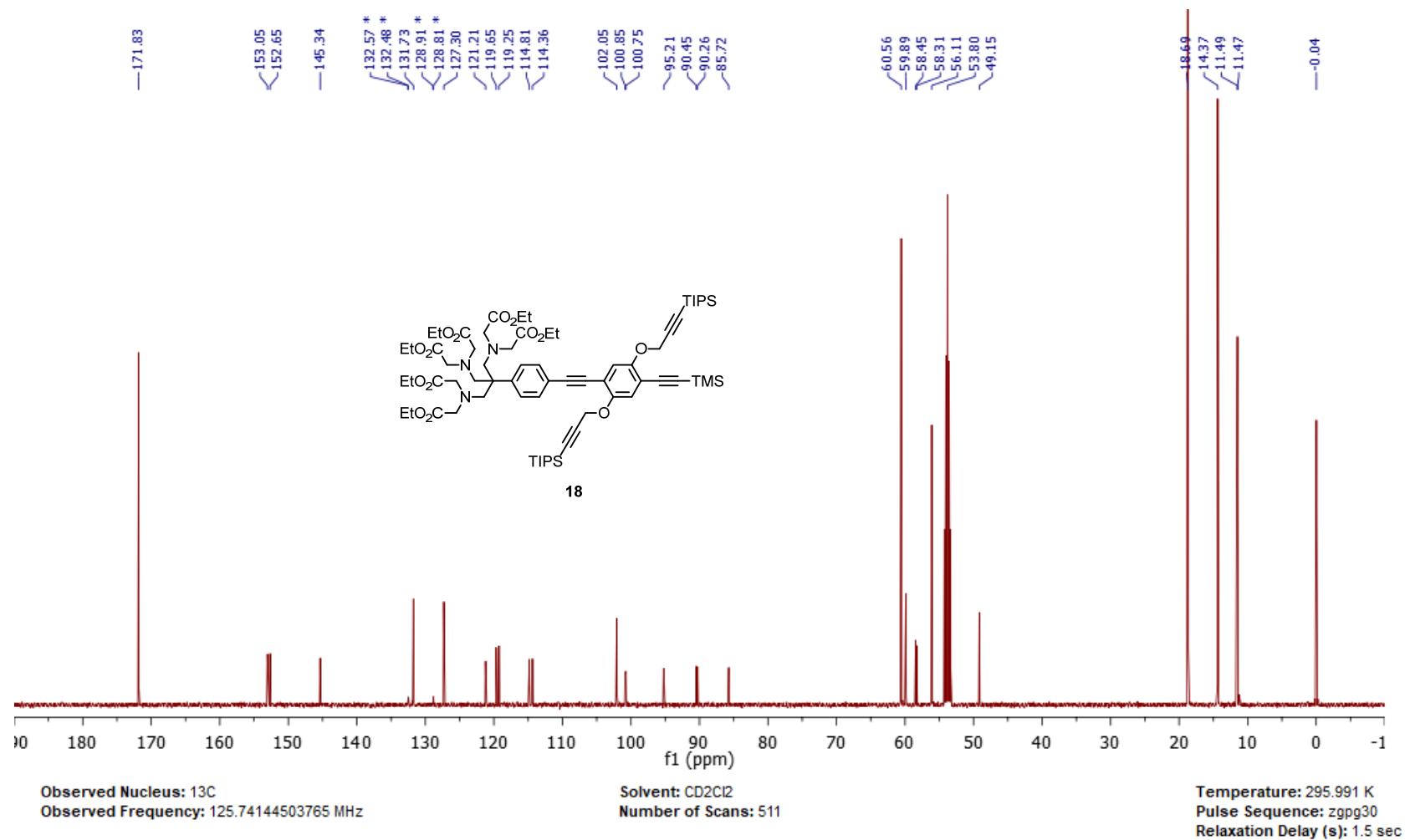
**Figure S26.** HMBC NMR spectrum of PEGylated PyMTAester-(EP)<sub>4</sub>-NO<sup>•</sup> **15**.



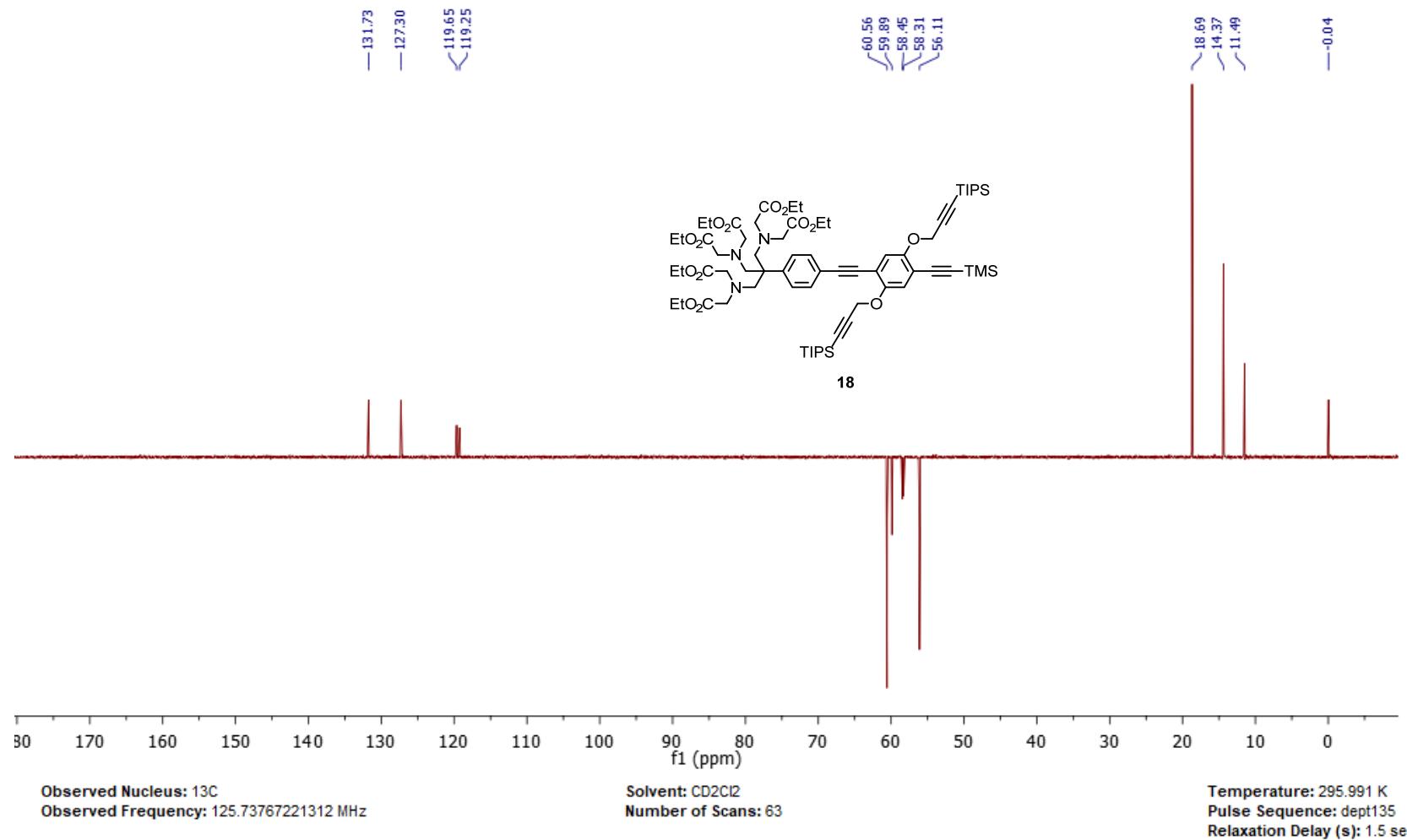
**Figure S27.**  $^1\text{H}$  NMR spectrum of  $\text{H}_2\text{Na}_2[\text{PyMTA-(EP)}_4\text{-NO}_2]$  **16**.



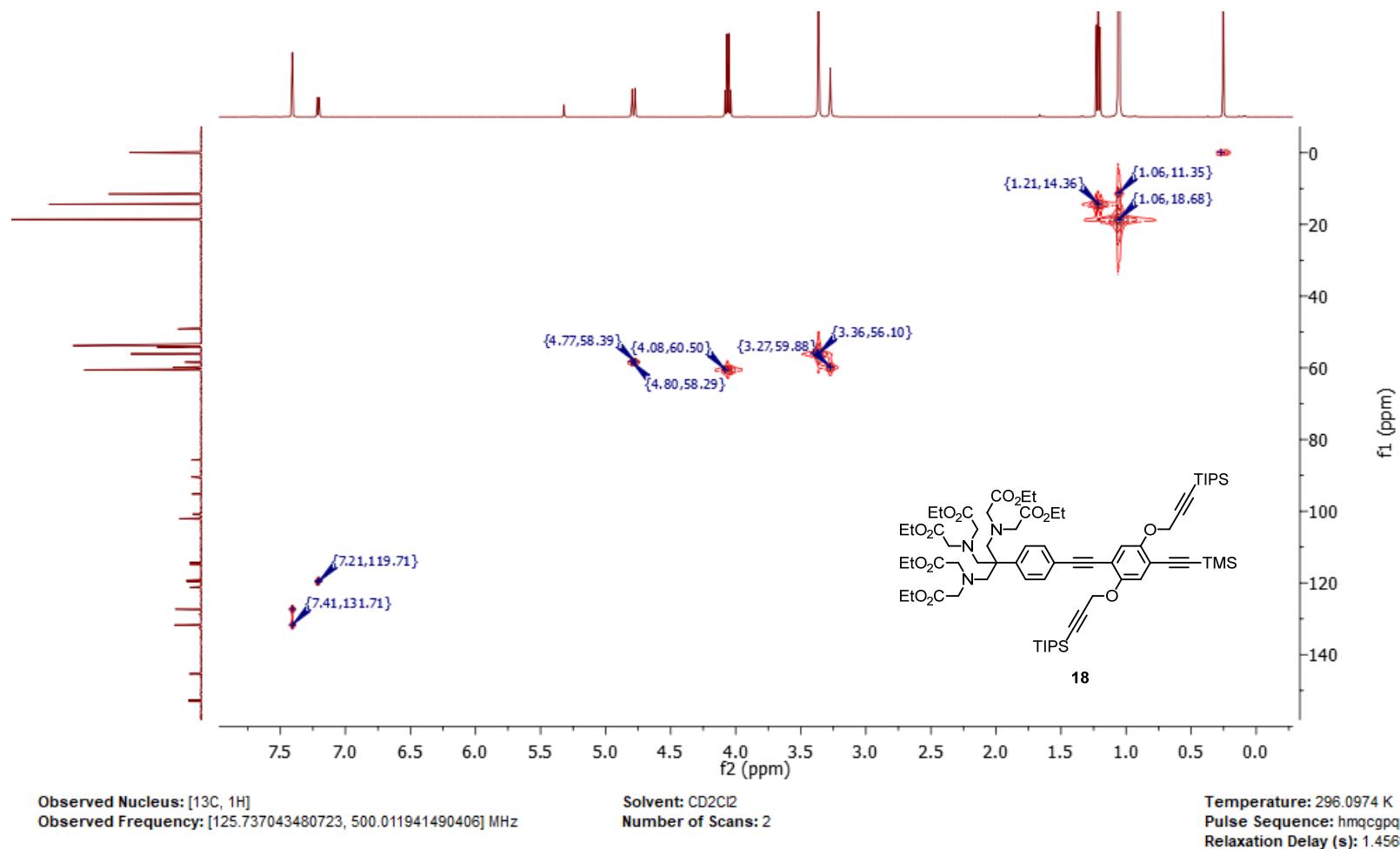
**Figure S28.**  $^1\text{H}$  NMR spectrum of TAHAester-EPE-TMS **18**. \* $\text{Ph}_3\text{P}=\text{O}$



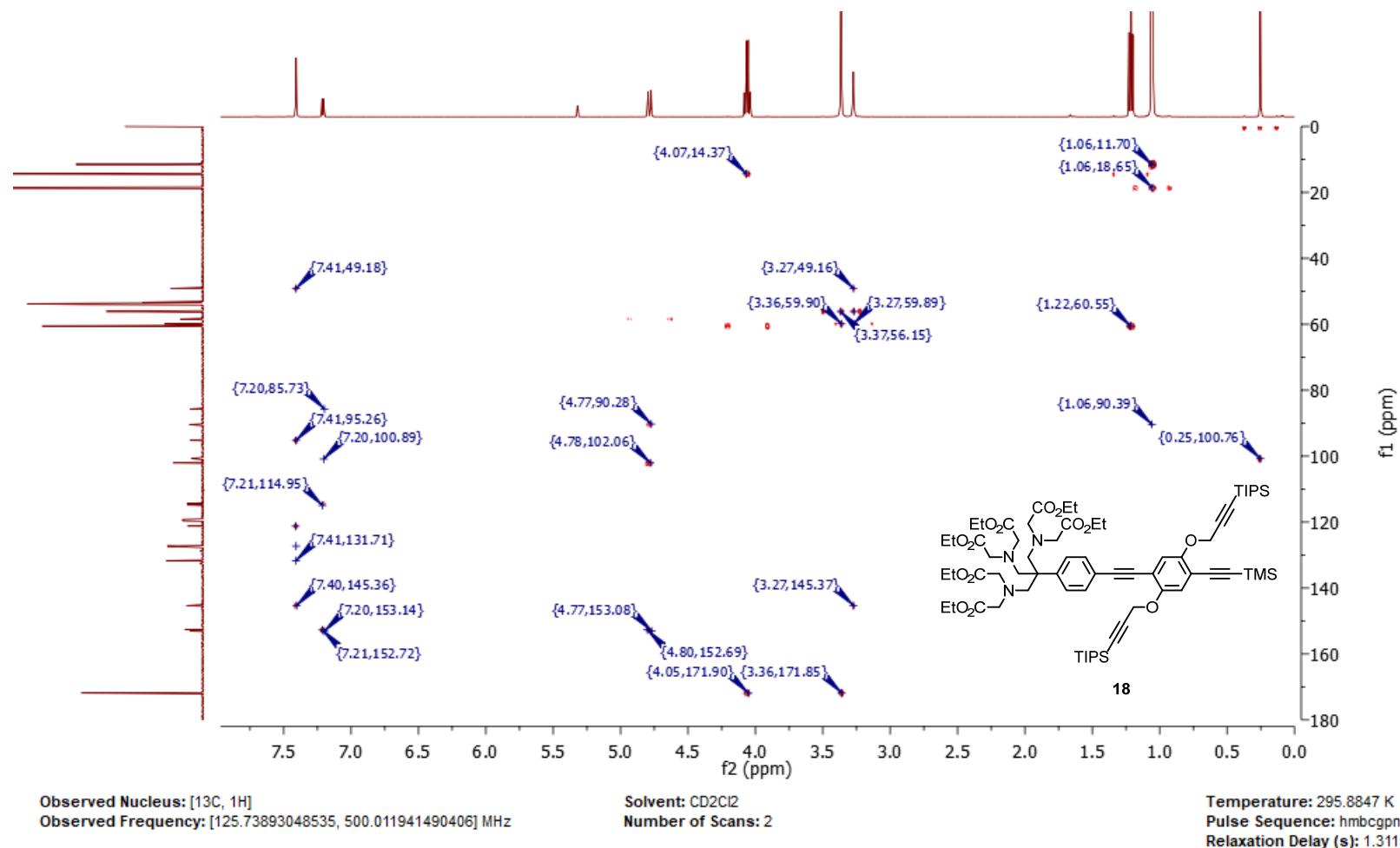
**Figure S29.**  $^{13}\text{C}$  NMR spectrum of TAHAAester-EPE-TMS **18**. \* $\text{Ph}_3\text{P=O}$



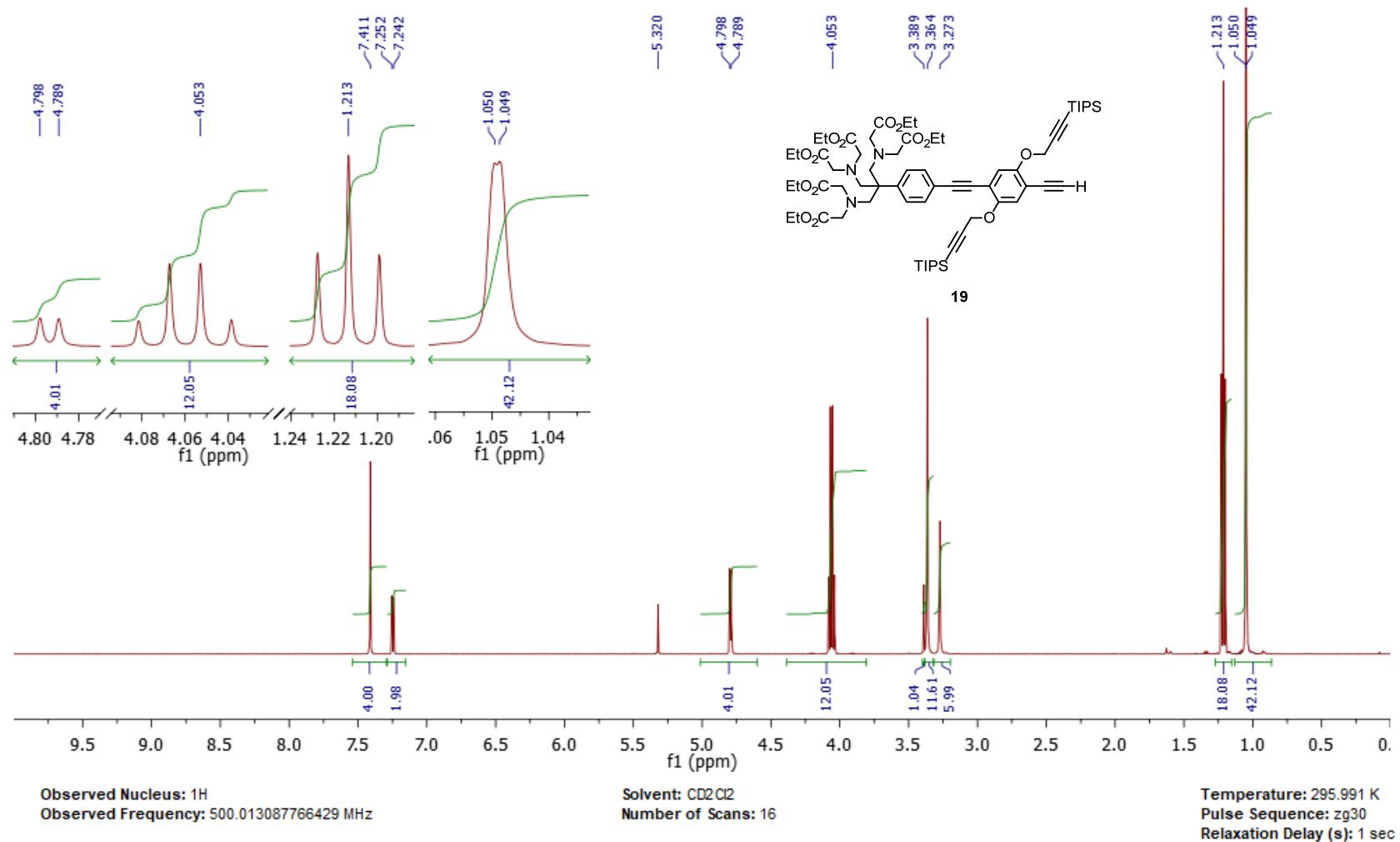
**Figure S30.** DEPT-135 NMR spectrum of TAHAAester-EPE-TMS **18**.



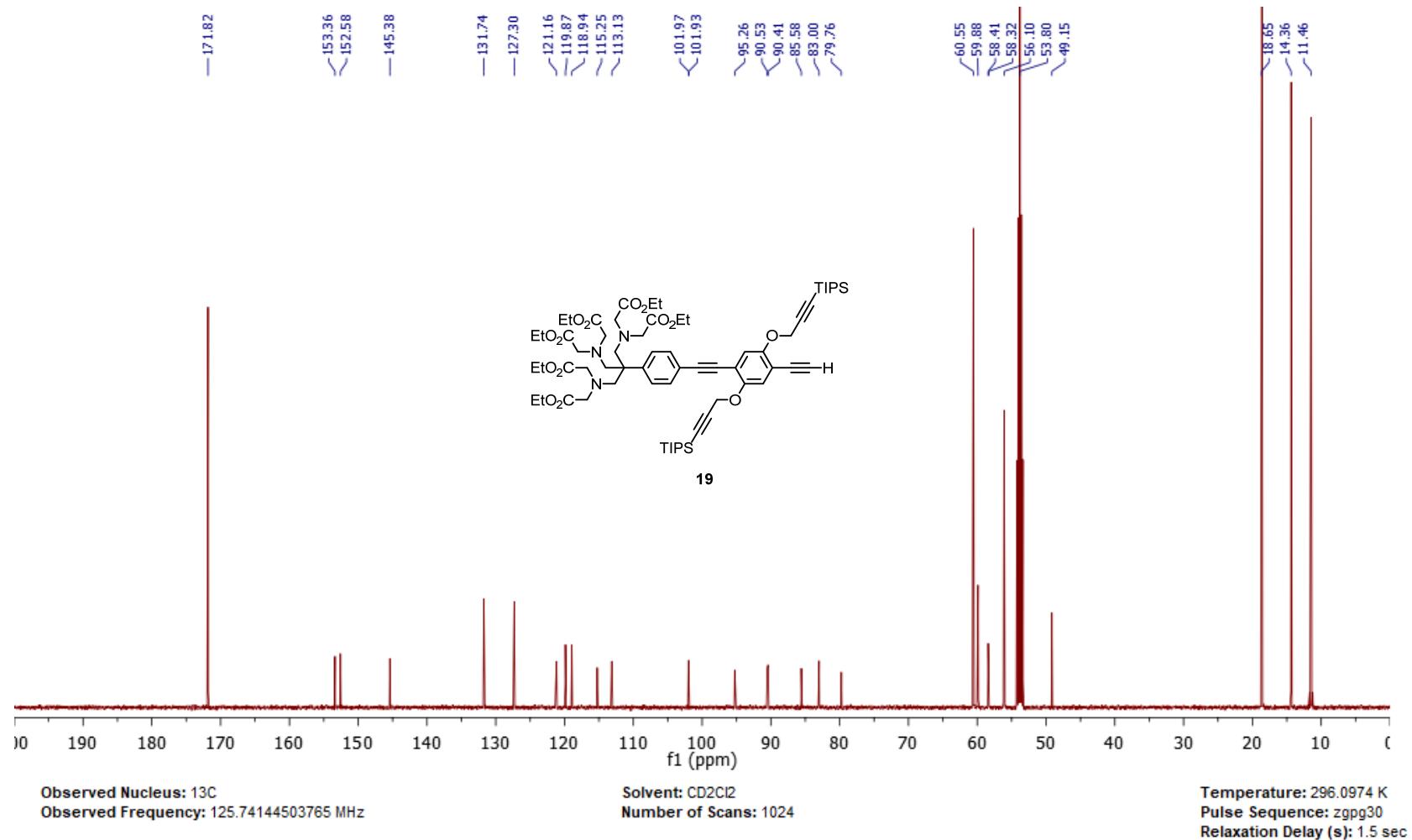
**Figure S31.** HMQC NMR spectrum of TAHester-EPE-TMS **18**.



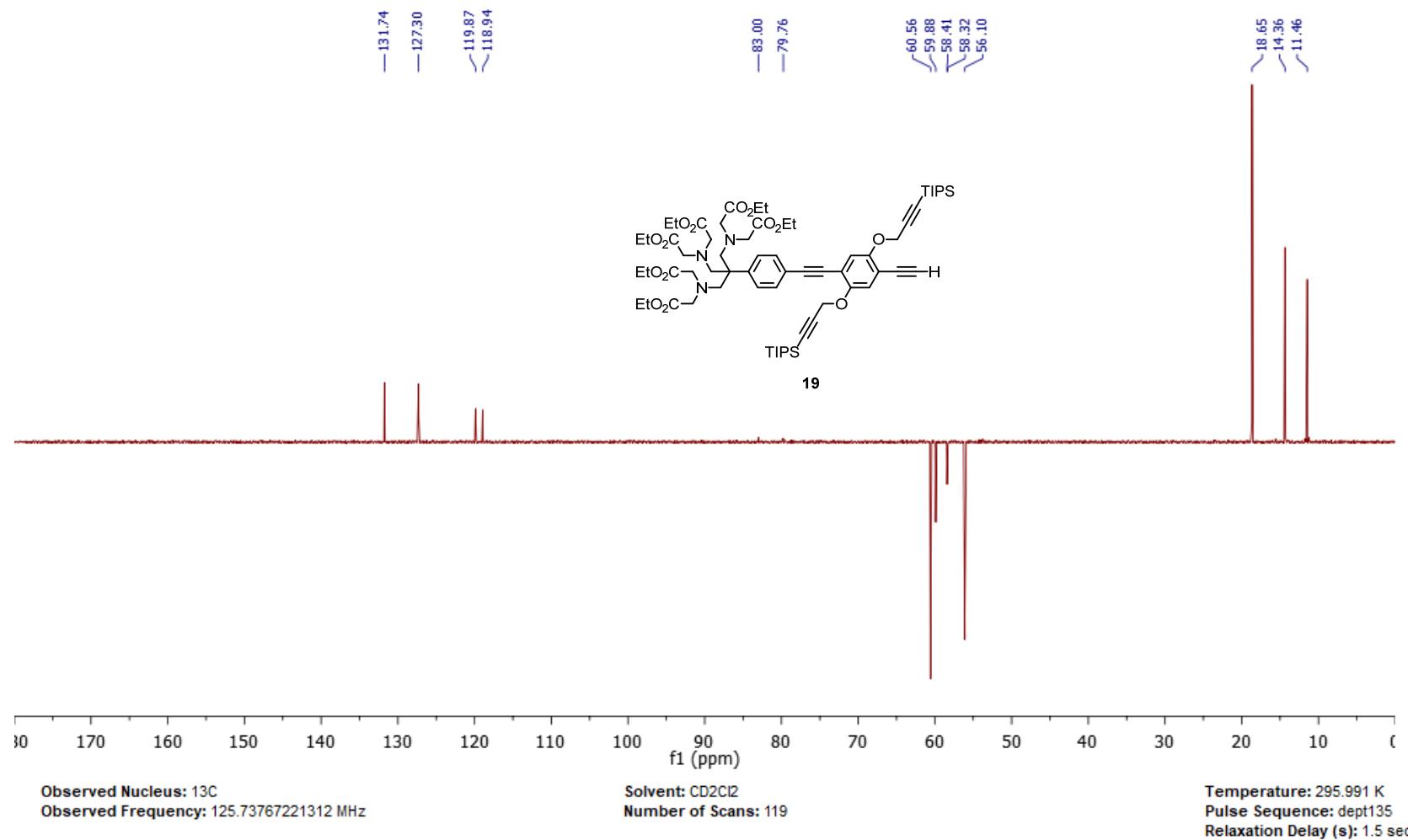
**Figure S32.** HMBC NMR spectrum of TAHAc-EPE-TMS **18**.



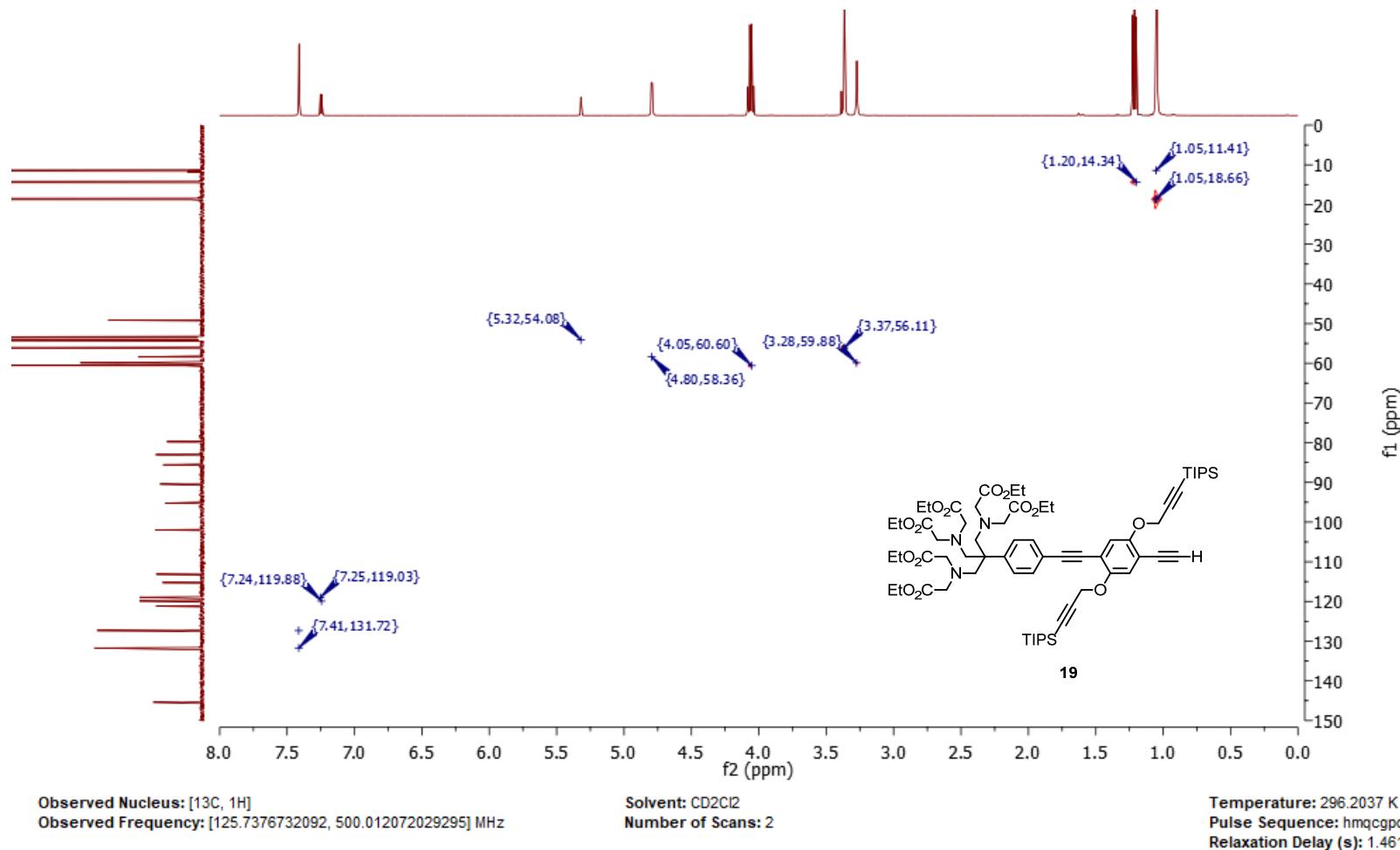
**Figure S33.** <sup>1</sup>H NMR spectrum of TAHAester-EPE-H **19**.



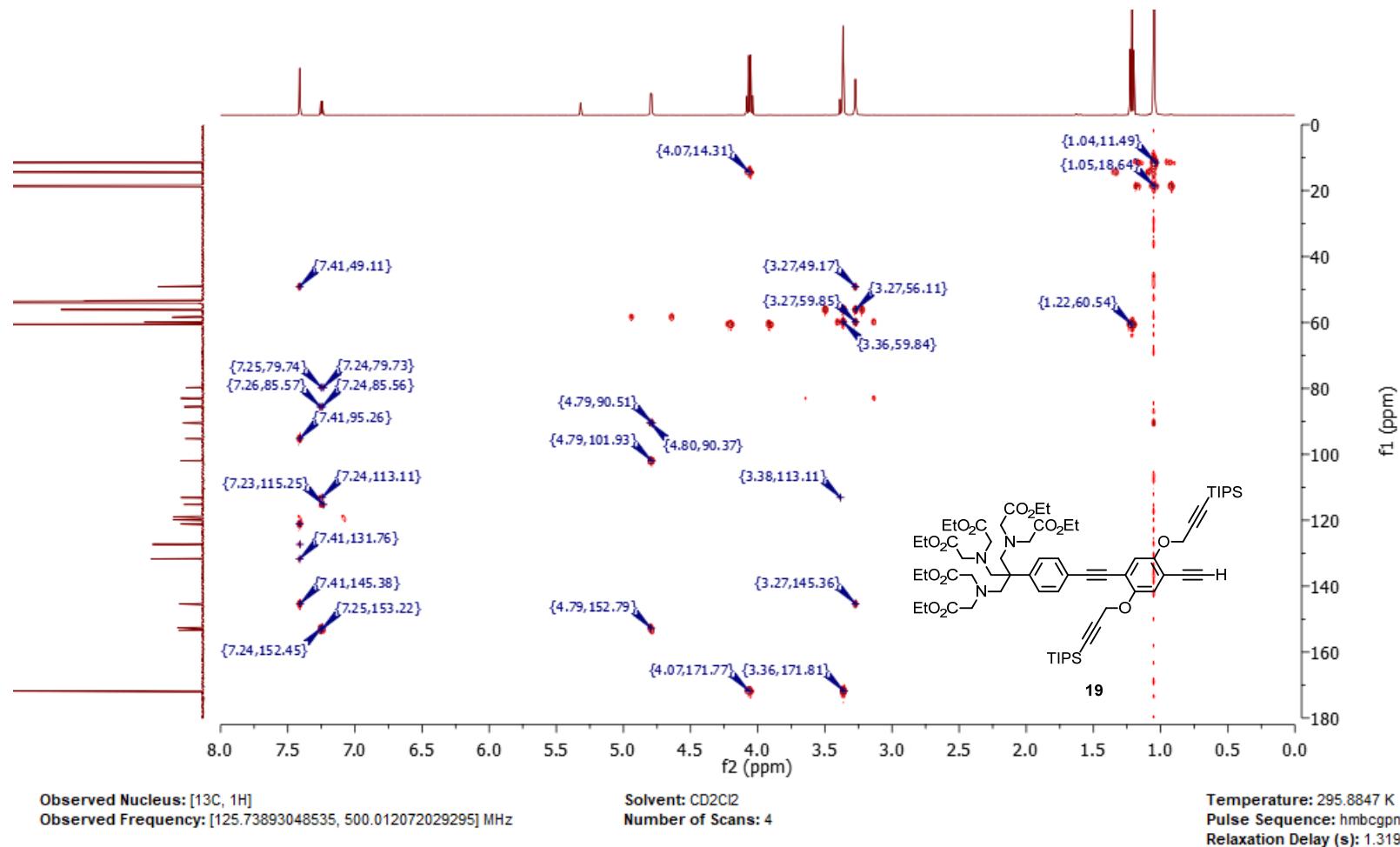
**Figure S34.**  $^{13}\text{C}$  NMR spectrum of TAHAester-EPE-H **19**.



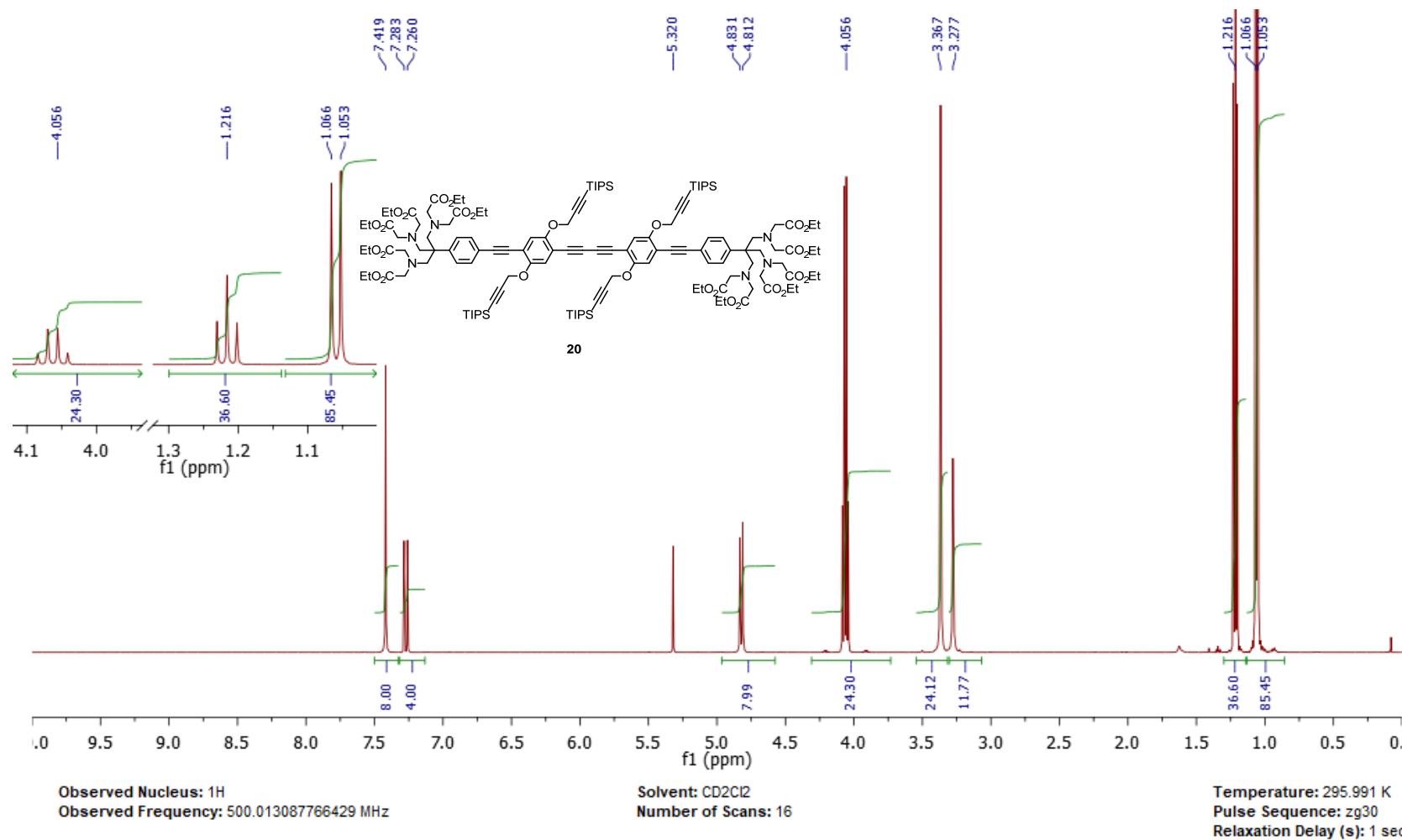
**Figure S35.** DEPT-135 NMR spectrum of TAHAAester-EPE-H **19**.



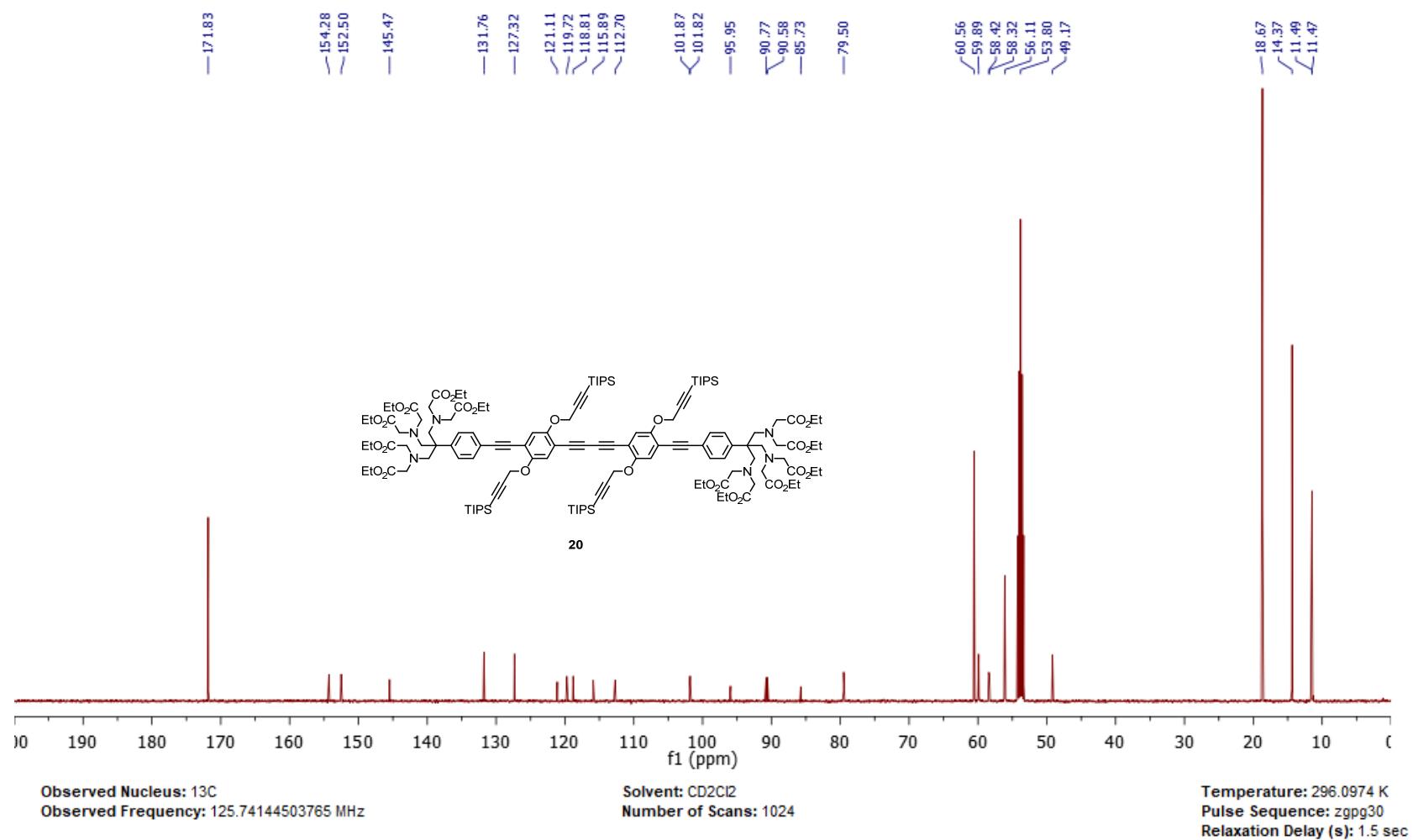
**Figure S36.** HMQC NMR spectrum of TAHester-EPE-H **19**.



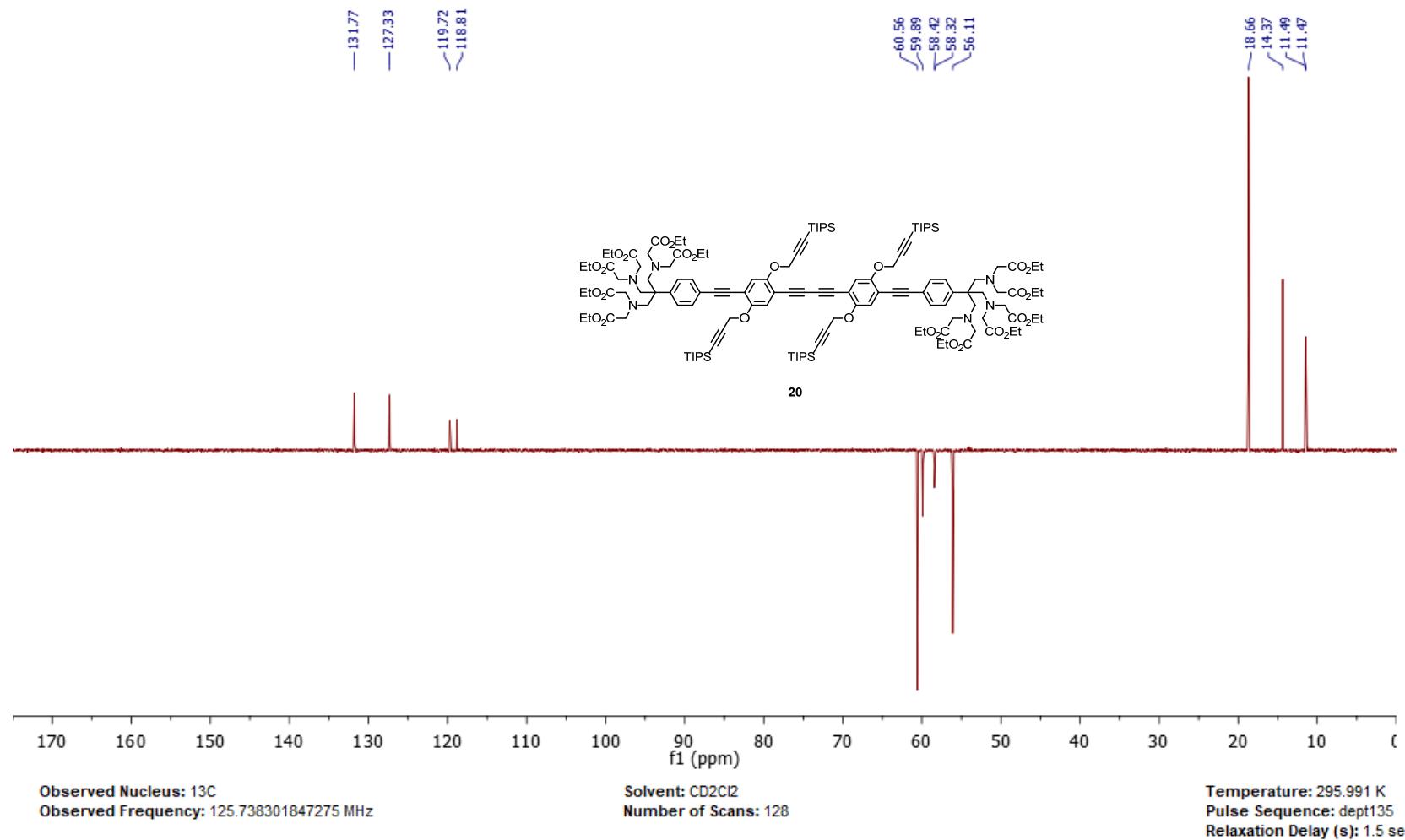
**Figure S37.** HMBC NMR spectrum of TAHAAester-EPE-H **19**.



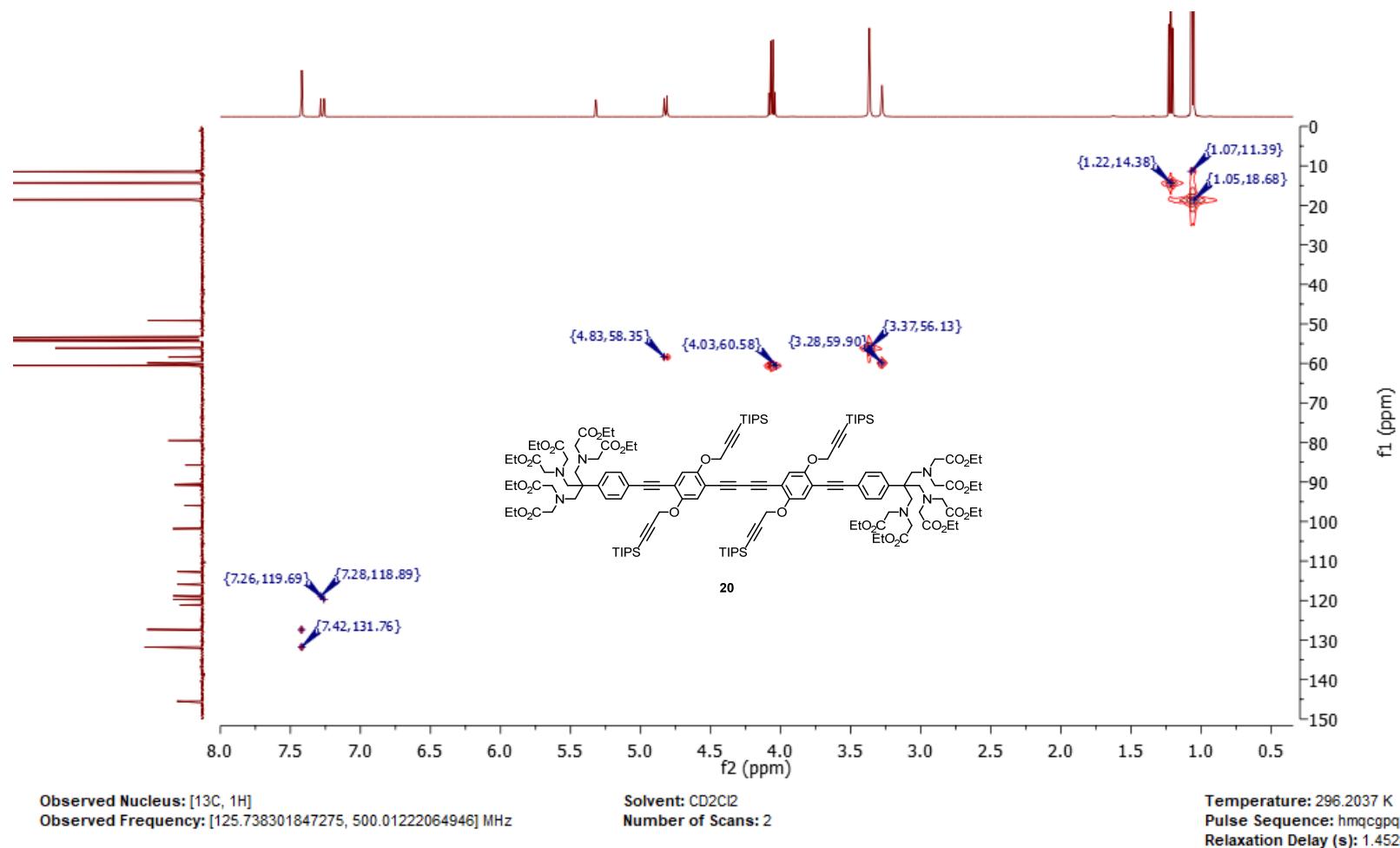
**Figure S38.**  $^1\text{H}$  NMR spectrum of TAHAAester-EPBPE-TAHAAester **20**.



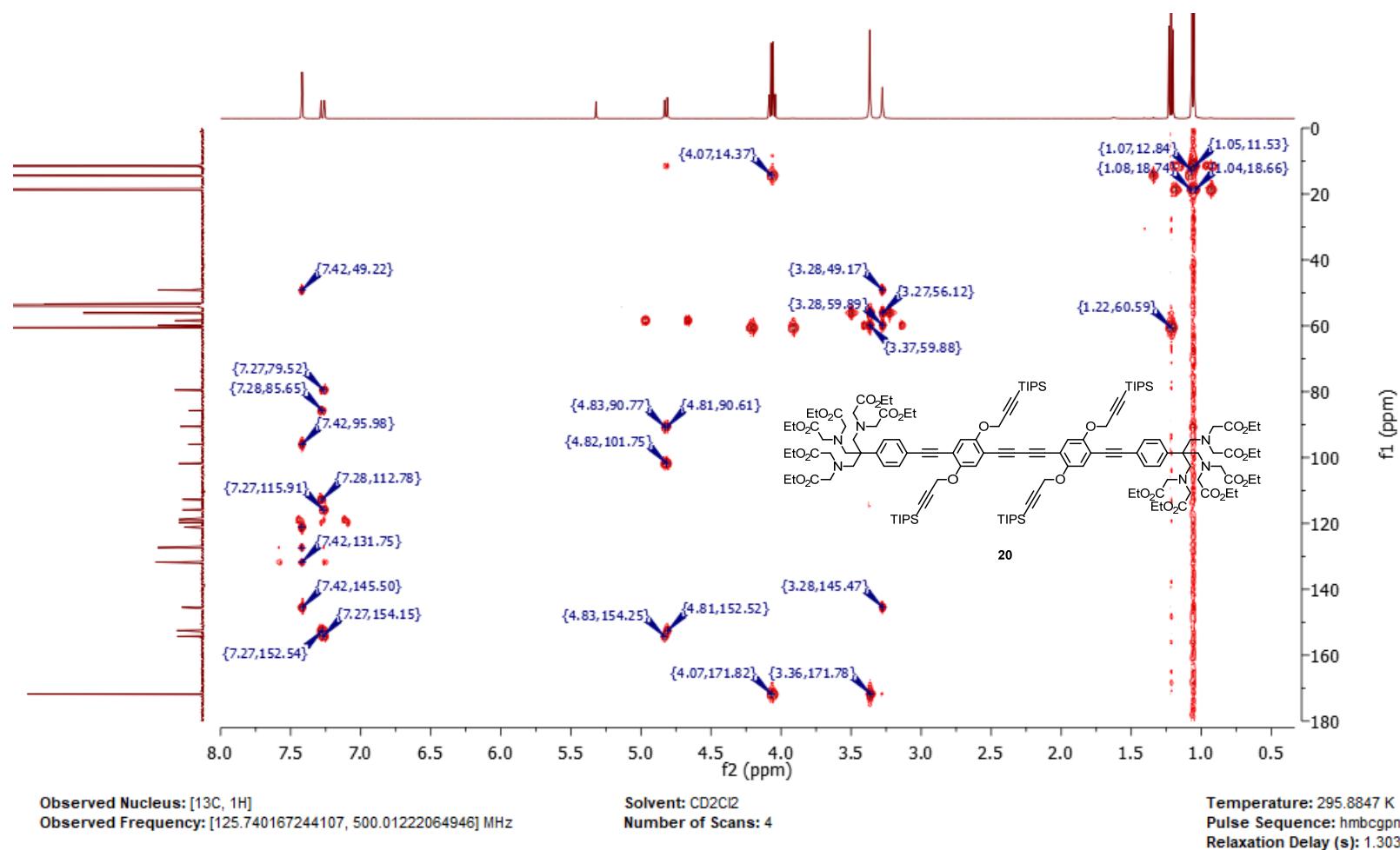
**Figure S39.**  $^{13}\text{C}$  NMR spectrum of TAHAAester-EPBPE-TAHAAester **20**.



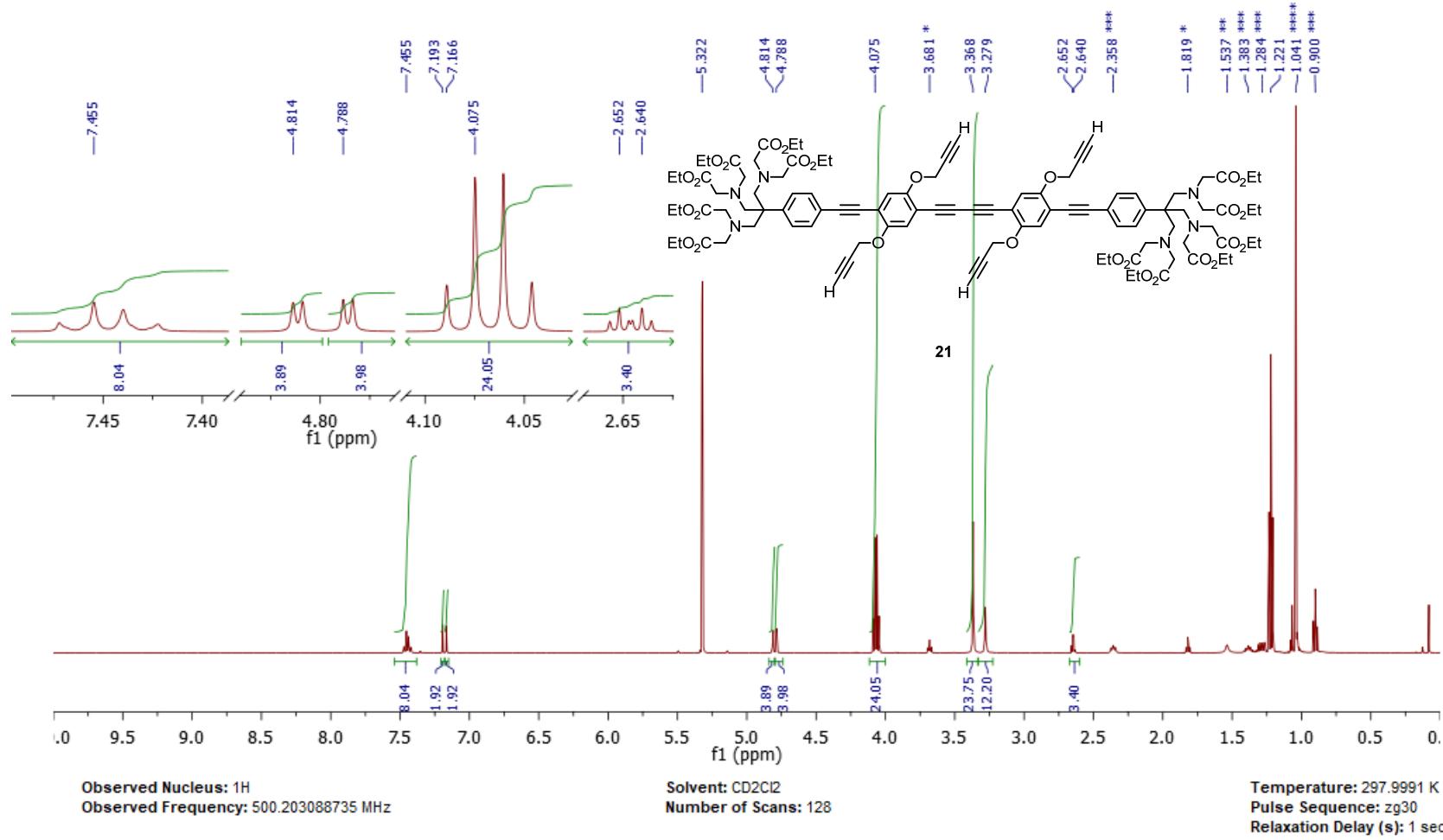
**Figure S40.** DEPT-135 NMR spectrum of TAHAAester-EPBPE-TAHAAester **20**.



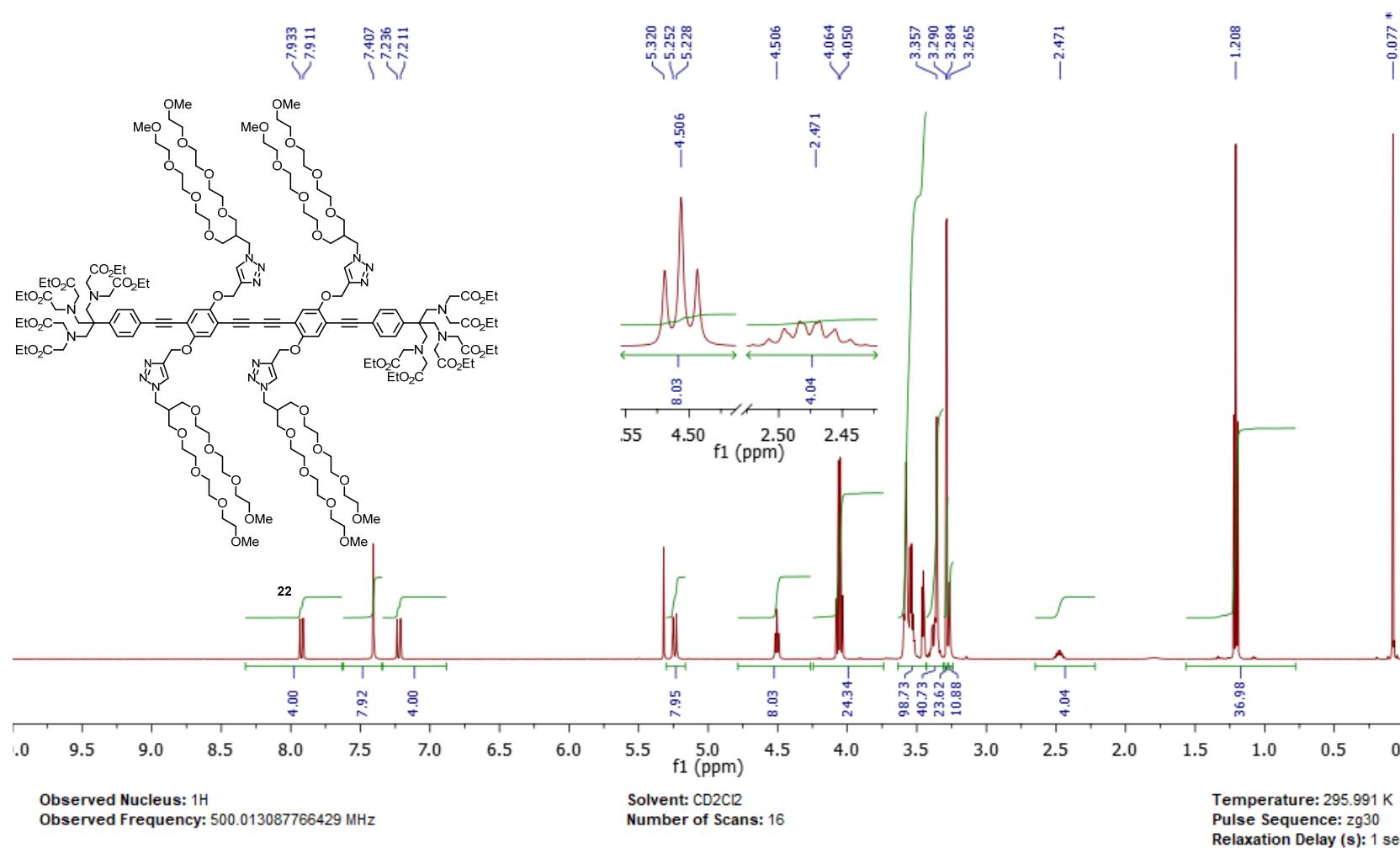
**Figure S41.** HMQC NMR spectrum of TAHAester-EPBPE-TAHAester **20**.



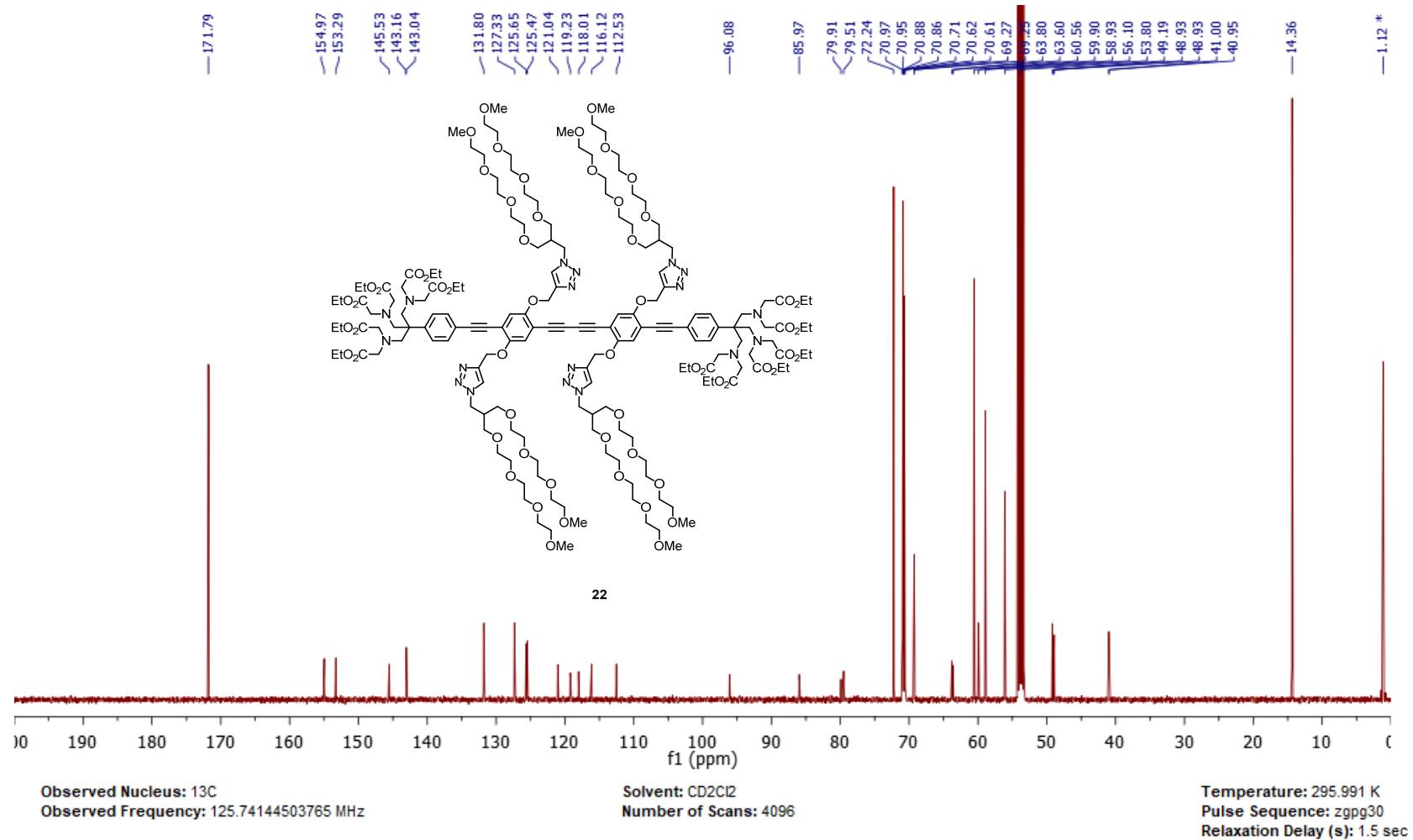
**Figure S42.** HMBC NMR spectrum of TAHAester-EPBPE-TAHAester **20**.



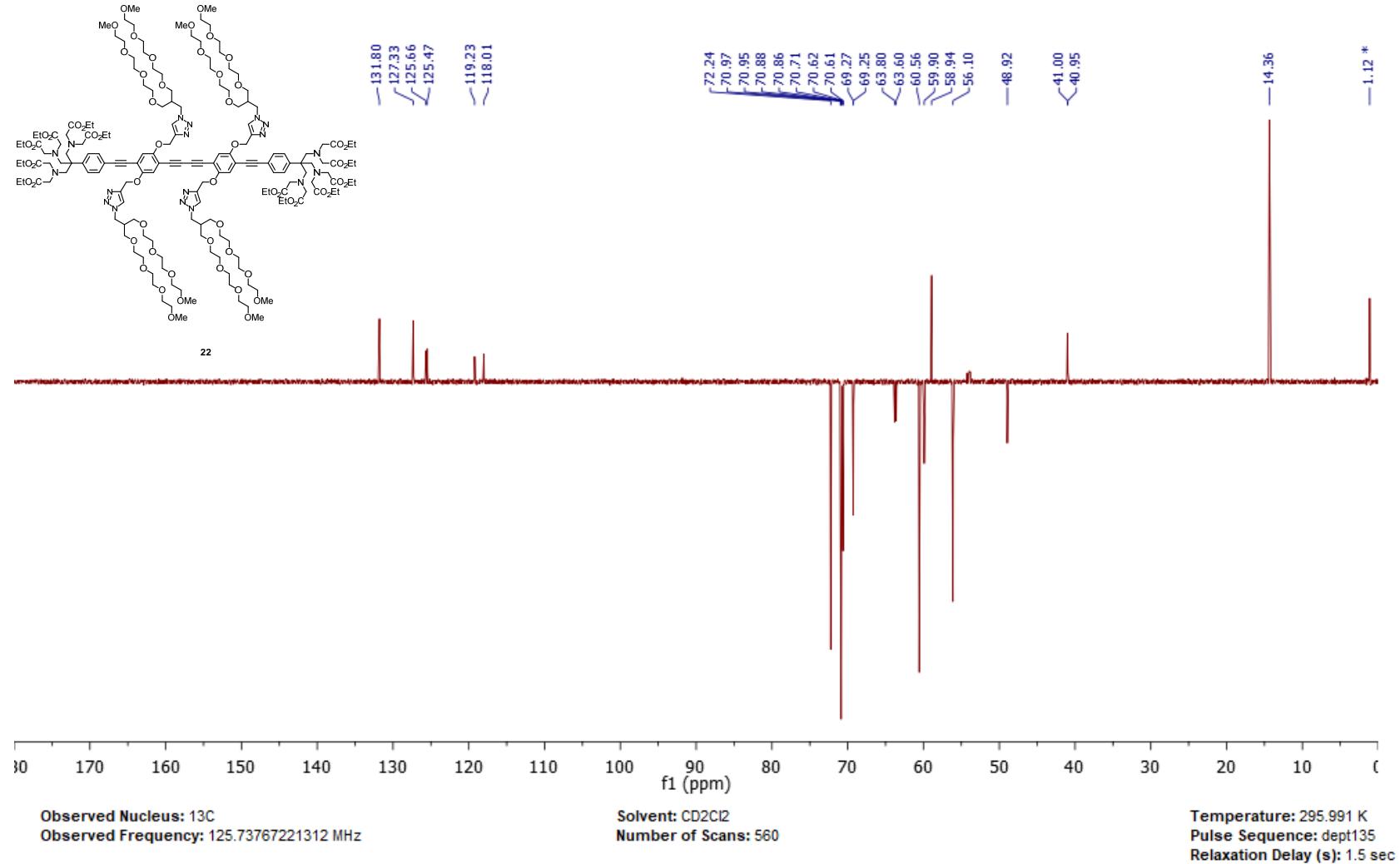
**Figure S43.**  $^1\text{H}$  NMR spectrum of desilylated TAHAester-EPBPE-TAHAester **21**. \*THF, \*\*water, \*\*\*Bu<sub>4</sub>N-salt, \*\*\*\*TIPS-OH and/or TIPS-F.



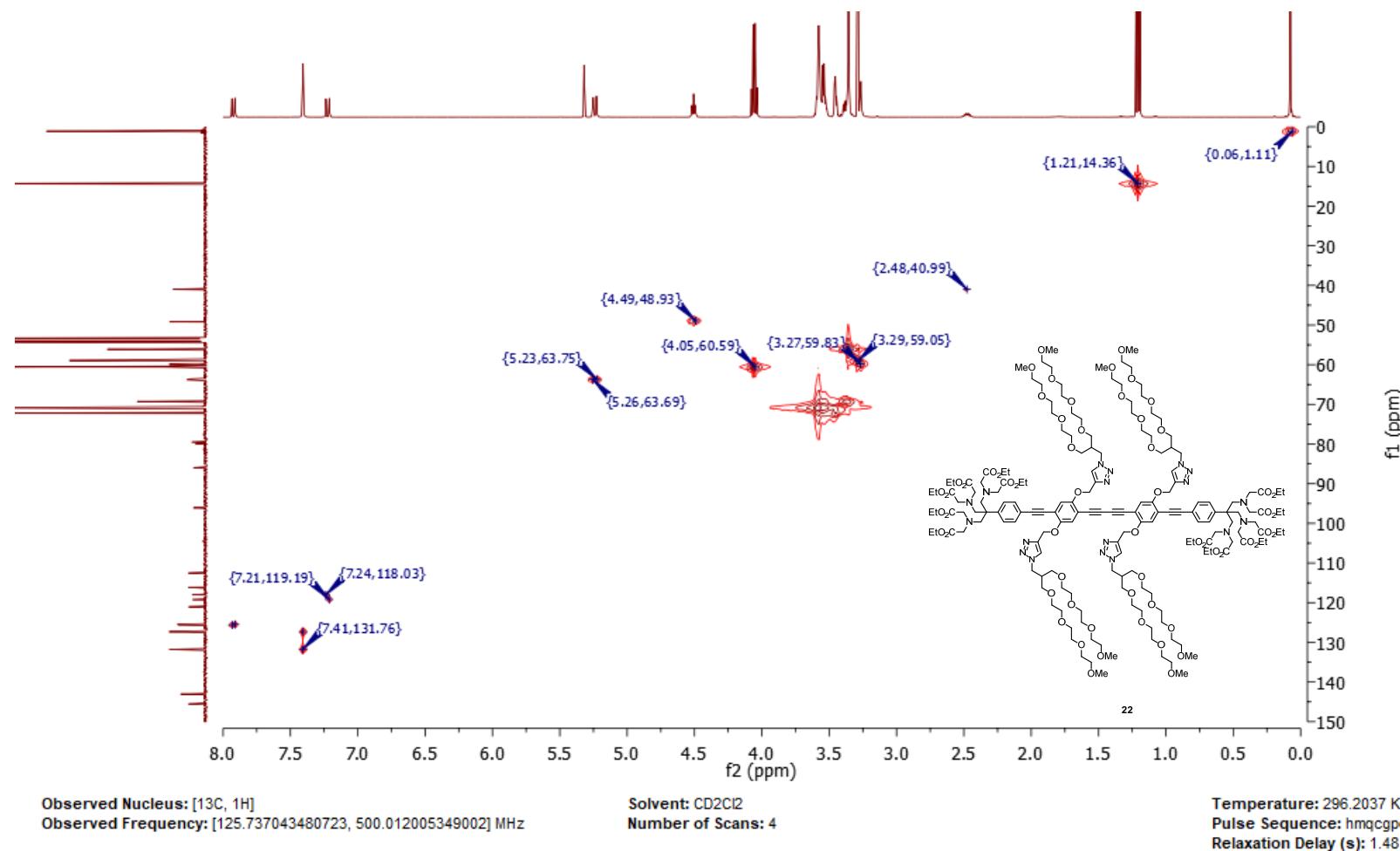
**Figure S44.**  ${}^1\text{H}$  NMR spectrum of PEGylated TAHAEster-EPBPE-TAHAEster **22**. \*grease.



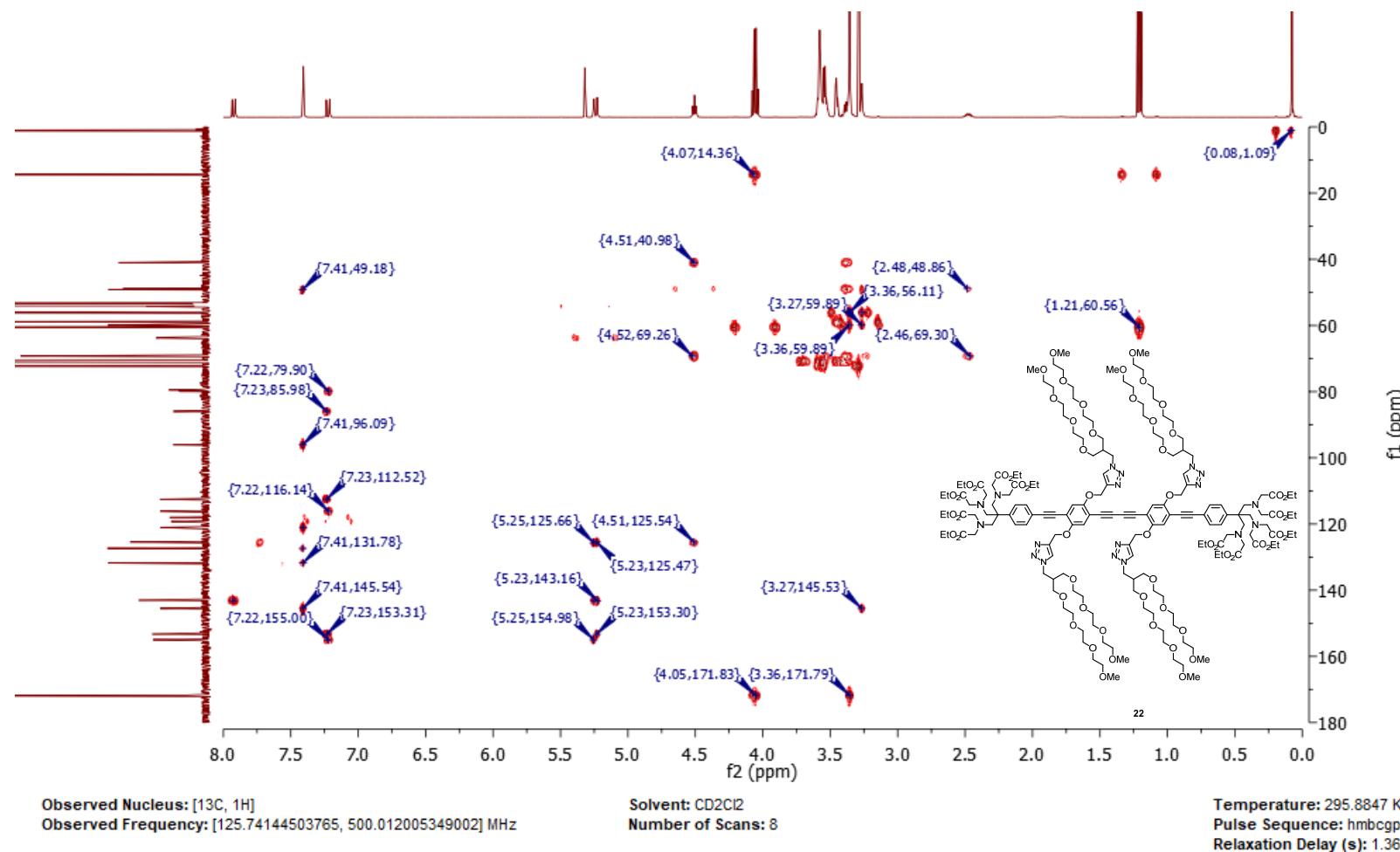
**Figure S45.**  $^{13}\text{C}$  NMR spectrum of PEGylated TAHAester-EPBPE-TAHAester **22**. \*grease.



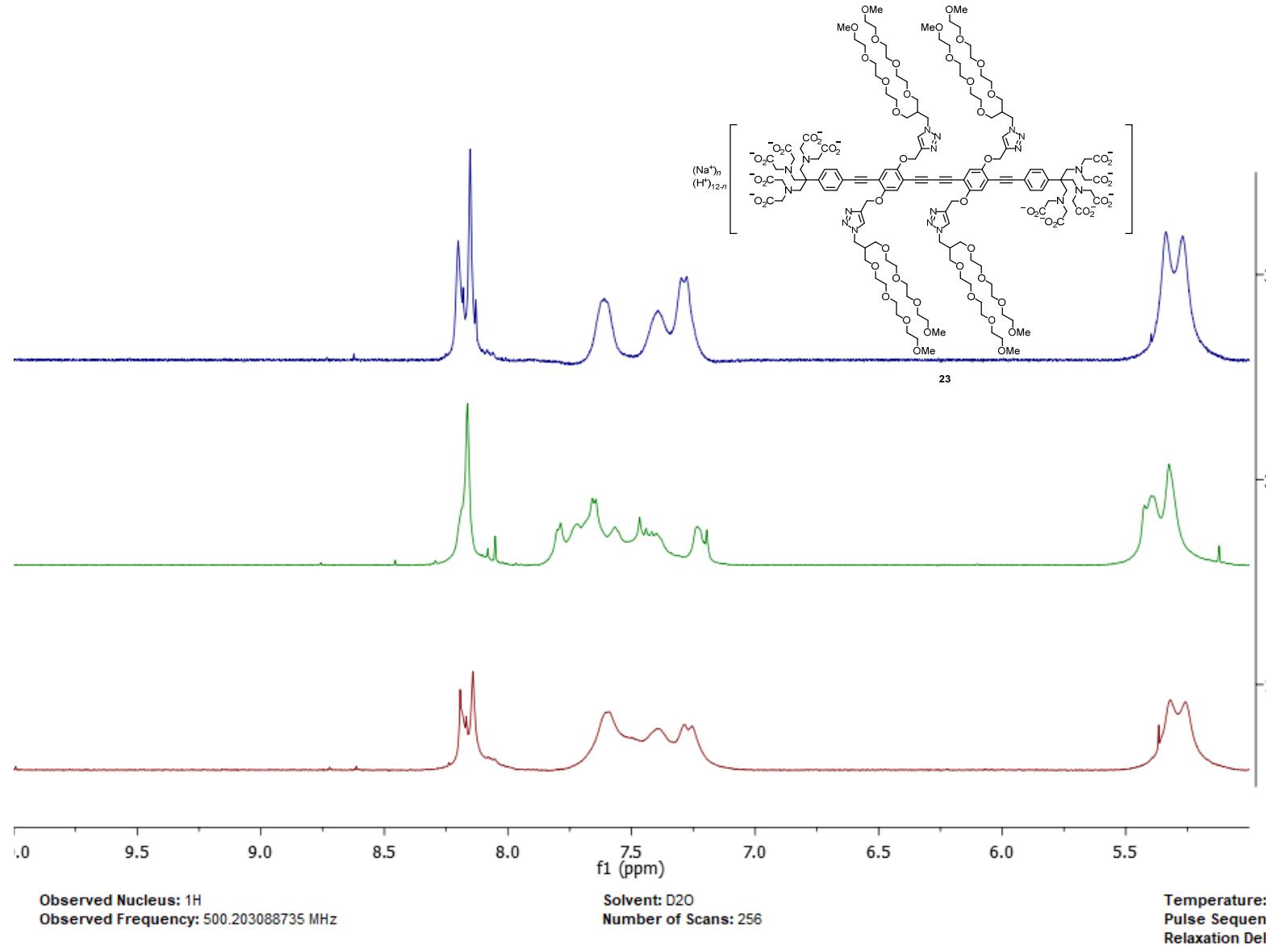
**Figure S46.** DEPT-135 NMR spectrum of PEGylated TAHAEster-EPBPE-TAHAEster **22**. \*grease.



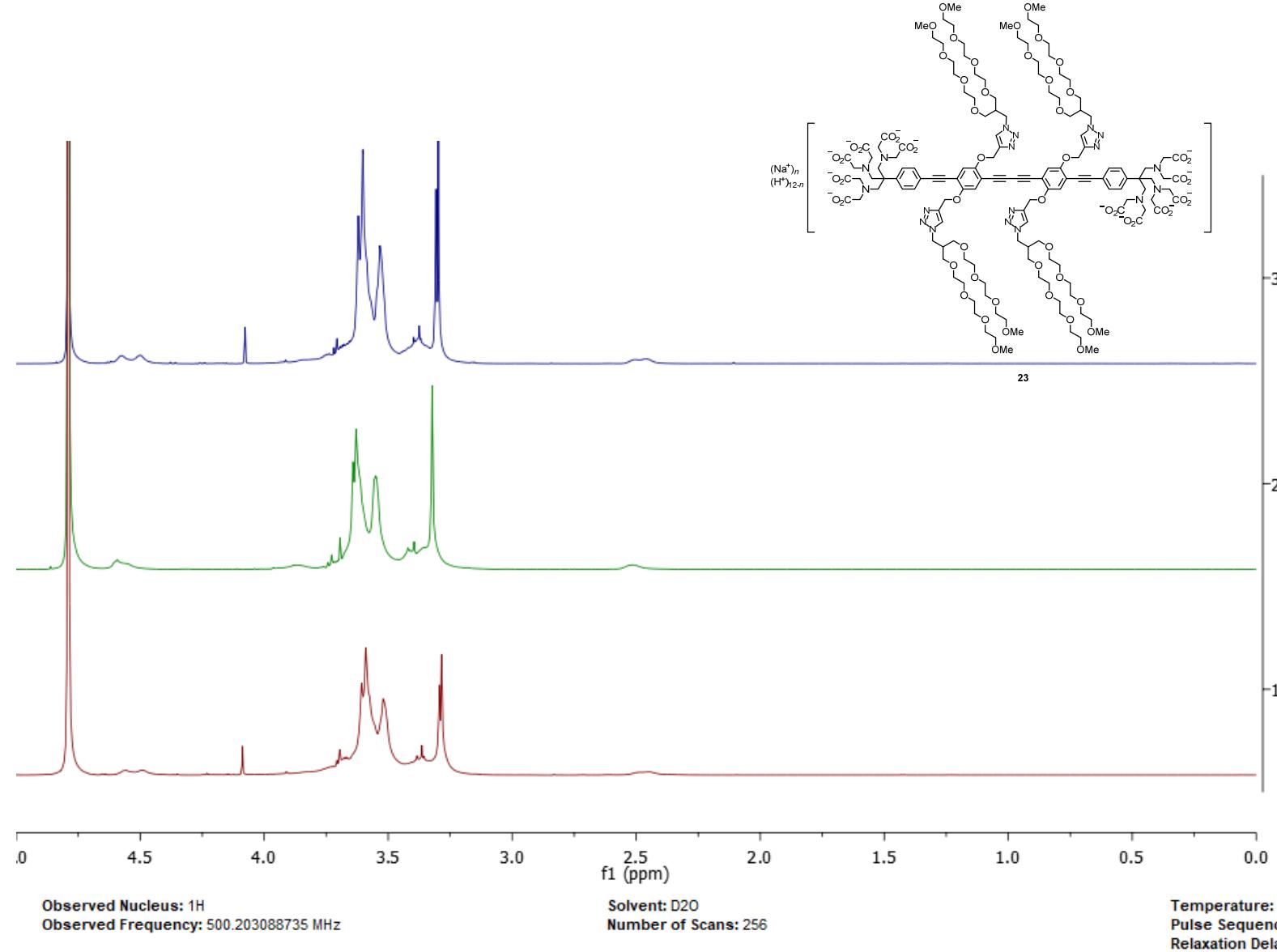
**Figure S47.** HMQC NMR spectrum of PEGylated TAHester-EPBPE-TAHester **22**.



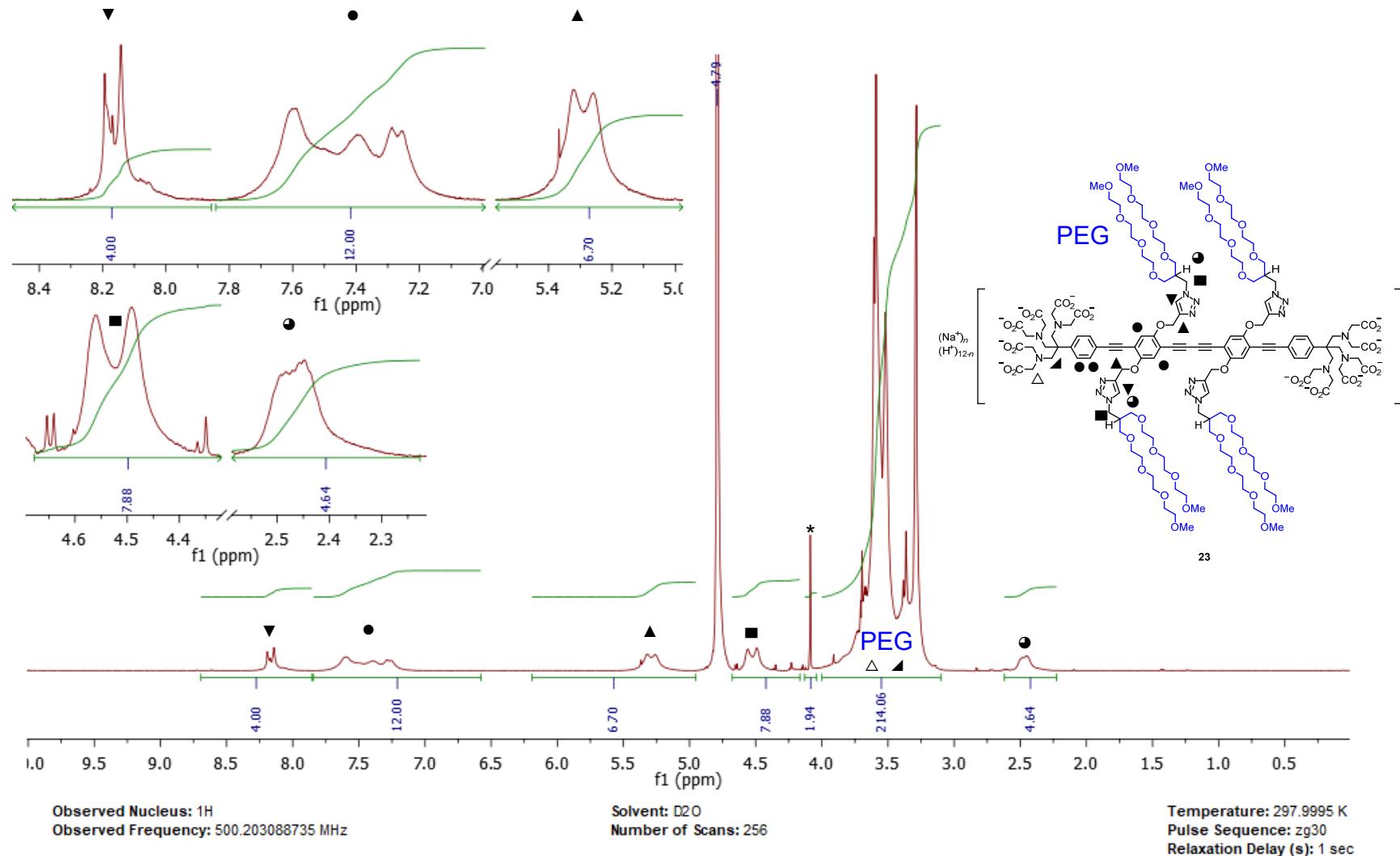
**Figure S48.** HMBC NMR spectrum of PEGylated TAHAAester-EPBPE-TAHAAester **22**.



**Figure S49.** Cutout of <sup>1</sup>H NMR spectrum (10 ppm – 5 ppm) of  $\text{H}_x\text{Na}_{12-x}[\text{TAHA-EPBPE-TAHA}]$  **23** at pD 1.6 (top), pD 5.0 middle, and pD 1.3 (bottom).



**Figure S50.** Cutout of <sup>1</sup>H NMR spectrum (5 ppm – 0 ppm) of H<sub>x</sub>Na<sub>12-x</sub>[TAHA-EPBPE-TAHA] **23** at pD 1.6 (top), pD 5.0 middle, and pD 1.3 (bottom).



**Figure S51.**  $^1\text{H}$  NMR spectrum of  $\text{H}_x\text{Na}_{12-x}[\text{TAHA-EPBPE-TAHA}] \mathbf{23}$  at pD 1.6. \*Signal of unidentified component which was only found in the spectra of solutions with pH 1.3 and 1.6, but not in the spectrum of a solution with pH 5.0.