# Supporting Information Nonlinear Light Absorption in Many-Electron Systems Excited by an Instantaneous Electric Field: A Non-Perturbative Approach

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## S1 Absorption cross section in the dipole approximation

In the interaction between matter and an external transverse electric field, the absorption cross section at each frequency  $\omega$  is defined as the ratio between the energy exchanged with the field during the interaction,  $E_{exc}$ , and the total field energy per unit area,  $I_{in}$ ,

$$\sigma(\omega) = \frac{E_{exc}(\omega)}{I_{in}(\omega)} .$$
(S1.1)

In the dipole approximation, with no magnetic field applied, the light-matter interaction Hamiltonian is  $\hat{H}(t) = \hat{d}_{\mu} \mathscr{E}_{\mu}(t)$ , where  $\hat{d}_{\mu}$  is the dipole operator. The total amount of energy exchanged during the interaction is

$$\Delta E = \int_{-\infty}^{+\infty} \frac{dE(t)}{dt} dt = \int_{-\infty}^{+\infty} \frac{d}{dt} \langle \Psi(t) | \hat{H}(t) | \Psi(t) \rangle dt , \qquad (S1.2)$$

where  $E(t) = \langle \Psi(t) | \hat{H}(t) | \Psi(t) \rangle$  is the total energy at time *t*. By applying the Ehrenfest theorem to the integrand of Eq. (S1.2), we obtain

$$\frac{d}{dt} \langle \Psi(t) | \hat{H}(t) | \Psi(t) \rangle = \left\langle \Psi(t) \left| \frac{\partial \hat{H}(t)}{\partial t} \right| \Psi(t) \right\rangle = -d_{\mu}(t) \frac{d\mathscr{E}_{\mu}(t)}{dt} .$$
(S1.3)

Substituting Eq. (S1.3) into Eq. (S1.2), we have

$$\Delta E = -\int_{-\infty}^{+\infty} dt \ d_{\mu}(t) \frac{d\mathscr{E}_{\mu}(t)}{dt}.$$
(S1.4)

By using the Plancherel theorem, we change from time to the frequency domain

$$\Delta E = -\frac{i}{2\pi} \int_{-\infty}^{+\infty} d\omega \ \omega \tilde{d}_{\mu}(\omega) \tilde{\mathscr{E}}_{\mu}^{*}(\omega), \qquad (S1.5)$$

where  $\tilde{d}_{\mu}(\omega)$  and  $\tilde{\mathscr{E}}_{\mu}(\omega)$  are the Fourier transforms of  $d_{\mu}(t)$  and  $\mathscr{E}^{\mu}(t)$ , respectively. In writing Eq. (S1.5), we have also used the property of Fourier transform:  $\mathscr{F}[df(t)/dt] = -i\omega \tilde{f}(\omega)$  (where  $\mathscr{F}[\ldots]$  is the Fourier transform operator).

Since both  $d_{\mu}(t)$  and  $\mathscr{E}_{\mu}(t)$  are real quantities, their complex conjugates fulfill the relations  $\tilde{d}_{\mu}(-\omega) = \tilde{d}_{\mu}^{*}(\omega)$  and  $\tilde{\mathscr{E}}_{\mu}(-\omega) = \tilde{\mathscr{E}}_{\mu}^{*}(\omega)$ . Thus, we get

$$\Delta E = \int_{0}^{\infty} E_{exc}(\omega) \, d\omega \tag{S1.6}$$

where

$$E_{exc}(\omega) = \frac{1}{\pi} \omega \operatorname{Im} \left[ \tilde{d}_{\mu}(\omega) \tilde{\mathscr{E}}_{\mu}^{*}(\omega) \right]$$
(S1.7)

may be regarded as the energy absorbed at each frequency  $\omega$  — a quantity which is defined for  $\omega > 0$ . Inserting Eq. (S1.7) and using  $I_{in}(\omega) = \frac{c}{4\pi^2} |\tilde{\mathcal{E}}(\omega)|^{21}$  into Eq. (S1.1) leads to

$$\sigma(\omega) = \frac{4\pi\omega}{c} \frac{\mathrm{Im}\left[\tilde{d}_{\mu}(\omega)\tilde{\mathscr{E}}_{\mu}^{*}(\omega)\right]}{|\tilde{\mathscr{E}}(\omega)|^{2}}$$
(S1.8)

for which, we stress, a restriction to the linear regime is not invoked.

### S2 Spectral resolution of the absorption cross section

Here, we derive the expression of Eq. (S1.1) for centrosymmetric systems under an incoming impulsive electric field of the form  $\mathscr{E}_{\mu}(t) = \kappa_{\mu} \delta(t)$ .

Let us start with the calculation of the Fourier transform of the time-dependent dipole moment

$$d_{\mu}(t) = \theta(t) \sum_{i,j=0}^{+\infty} c_i^* c_j d_{\mu}^{ij} e^{-i\omega_{ji}t} + \theta(-t) d_{\mu}^{00}.$$
 (S2.1)

For this purpose, it is useful to consider the spectral representation of the Heaviside theta function:

$$\theta(t) = \frac{i}{2\pi} \lim_{\varepsilon \to 0^+} \int_{-\infty}^{+\infty} d\omega \frac{e^{-i\omega t}}{\omega + i\varepsilon}.$$
(S2.2)

Straightforward but tedious steps lead us to

$$\tilde{d}_{\mu}(\boldsymbol{\omega}) = i \lim_{\varepsilon \to 0^{+}} \sum_{i,j=0}^{+\infty} c_{i}^{*} c_{j} d_{\mu}^{ij} \left( \frac{1}{\boldsymbol{\omega} - \boldsymbol{\omega}_{ji} + i\varepsilon} - \frac{1}{\boldsymbol{\omega} - i\varepsilon} \right).$$
(S2.3)

Next, let us evaluate  $E_{exc}(\omega)$  as defined in Eq. (S1.7), using Eq. (S2.3) together with  $\tilde{\mathscr{E}}_{\mu}(\omega) = \kappa_{\mu}$ . By means of additional straightforward steps, we arrive at

$$E_{exc}(\boldsymbol{\omega}) = \lim_{\boldsymbol{\varepsilon} \to 0^+} \frac{1}{\pi} \sum_{i,j>i}^{+\infty} \operatorname{Re} \left[ c_i^* c_j d_\mu^{ij} \kappa_\mu \frac{\omega_{ji}}{\boldsymbol{\omega} - \omega_{ji} + i\boldsymbol{\varepsilon}} - c_i c_j^* d_\mu^{ij} \kappa_\mu \frac{\omega_{ji}}{\boldsymbol{\omega} + \omega_{ji} + i\boldsymbol{\varepsilon}} \right].$$
(S2.4)

We note that  $\operatorname{Re}(c_ic_j^*) = \operatorname{Re}(c_i^*c_j)$ ,  $\operatorname{Im}(c_ic_j^*) = -\operatorname{Im}(c_i^*c_j)$ ,

$$\operatorname{Re}\left(\frac{1}{\omega\pm\omega_{ji}+i\varepsilon}\right) = \frac{(\omega\pm\omega_{ji})}{(\omega\pm\omega_{ji})^2+\varepsilon^2},$$
(S2.5)

and

$$\operatorname{Im}\left(\frac{1}{\omega \pm \omega_{ji} + i\varepsilon}\right) = -\frac{\varepsilon}{(\omega \pm \omega_{ji})^2 + \varepsilon^2}.$$
(S2.6)

As a result, we get

$$E_{exc}(\boldsymbol{\omega}) = \frac{1}{\pi} \lim_{\varepsilon \to 0^+} \sum_{i,j>i} \left[ \operatorname{Re}(c_i^* c_j) d_{\mu}^{ij} \kappa_{\mu} \omega_{ji} \left( \frac{\boldsymbol{\omega} - \omega_{ji}}{(\boldsymbol{\omega} - \omega_{ji})^2 + \varepsilon^2} - \frac{\boldsymbol{\omega} + \omega_{ji}}{(\boldsymbol{\omega} + \omega_{ji})^2 + \varepsilon^2} \right) + \operatorname{Im}(c_i^* c_j) d_{\mu}^{ij} \kappa_{\mu} \omega_{ji} \left( \frac{\varepsilon}{(\boldsymbol{\omega} - \omega_{ji})^2 + \varepsilon^2} - \frac{\varepsilon}{(\boldsymbol{\omega} + \omega_{ji})^2 + \varepsilon^2} \right) \right]. \quad (S2.7)$$

In Eq. (S2.7), we can use

$$\lim_{\varepsilon \to 0^+} \frac{1}{\pi} \frac{\varepsilon}{(\omega_{ji} \pm \omega)^2 + \varepsilon^2} = \delta(\omega_{ji} \pm \omega),$$
(S2.8)

where  $\omega_{ii} > 0$  for j > i. Thus, we end up with

$$E_{exc}(\boldsymbol{\omega}) = \sum_{i,j>i} \left[ \lim_{\boldsymbol{\varepsilon} \to 0^+} \operatorname{Re}(c_i^* c_j) d_{\mu}^{ij} \kappa_{\mu} \left( \frac{\omega_{ji}(\boldsymbol{\omega} - \omega_{ji})}{(\boldsymbol{\omega} - \omega_{ji})^2 + \boldsymbol{\varepsilon}^2} - \frac{\omega_{ji}(\boldsymbol{\omega} + \omega_{ji})}{(\boldsymbol{\omega} + \omega_{ji})^2 + \boldsymbol{\varepsilon}^2} \right) + \operatorname{Im}(c_i^* c_j) d_{\mu}^{ij} \kappa_{\mu} \omega_{ji} \delta(\omega_{ji} - \boldsymbol{\omega}) \right], \quad (S2.9)$$

where, as clarified in the derivation of Eq. (S1.7), we restrict ourselves to  $\omega > 0$ .

Next, let us consider the case of centrosymmetric systems. In this case, the eigenstates are either of *gerade* or *ungerade* parity under inversion of the coordinates. Solely on the based of symmetry considerations, we readily conclude that  $\text{Re}(c_i^*c_j) = 0$ . Using the expression of the  $c_i$  coefficients in Eq. (3) in the main text, we find that

$$\operatorname{Im}(c_{i}^{*}c_{j}) = \langle \Psi_{0}|\cos(\hat{d}_{\mu}\kappa_{\mu})|\Psi_{i}\rangle \left\langle \Psi_{j}|\sin(\hat{d}_{\mu}\kappa_{\mu})|\Psi_{0}\rangle - \langle \Psi_{0}|\sin(\hat{d}_{\mu}\kappa_{\mu})|\Psi_{i}\rangle \left\langle \Psi_{j}|\cos(\hat{d}_{\mu}\kappa_{\mu})|\Psi_{0}\rangle. \quad (S2.10)$$

Finally, using Eq. (S2.9), Eq. (S2.10), and  $I_{in}(\omega) = c/4\pi^2 |\kappa|^2$  in Eq. (S1.7), we arrive at

$$\sigma(\omega) = \frac{E_{exc}(\omega)}{I_{in}(\omega)} = \frac{4\pi^2}{c|\kappa|^2} \sum_{i,j>i} \left[ \langle \Psi_0 | \cos(\hat{d}_{\mu}\kappa_{\mu}) | \Psi_i \rangle \langle \Psi_j | \sin(\hat{d}_{\mu}\kappa_{\mu}) | \Psi_0 \rangle - \langle \Psi_0 | \sin(\hat{d}_{\mu}\kappa_{\mu}) | \Psi_i \rangle \langle \Psi_j | \cos(\hat{d}_{\mu}\kappa_{\mu}) | \Psi_0 \rangle \right] (\hat{d}_{\mu}\kappa_{\mu})_{ij} \omega_{ji} \delta(\omega_{ji} - \omega). \quad (S2.11)$$

#### S3 Fifth order correction to the cross section

Adopting the notation  $d_{\mu}^{ij} = \langle \Psi_i | \hat{d}_{\mu} | \Psi_j \rangle$  and introducing  $(\hat{d}_{\mu} \kappa_{\mu})_{ij}^n = \langle \Psi_i | (\hat{d}_{\mu} \kappa_{\mu})^n | \Psi_j \rangle$ , the fifth order correction to the cross section is obtained by power expansion of Eq. (6) in the main text as

$$\sigma^{(5)}(\omega) = \frac{4\pi^2}{c\kappa^2} \left\{ \frac{1}{120} \sum_j (\hat{d}_{\mu} \kappa_{\mu})_{j0}^5 (\hat{d}_{\mu} \kappa_{\mu})_{0j} \omega_{j0} \delta(\omega - \omega_{j0}) + \frac{1}{12} \sum_{j>i} \left[ (\hat{d}_{\mu} \kappa_{\mu})_{0i}^2 (\hat{d}_{\mu} \kappa_{\mu})_{j0}^3 - (\hat{d}_{\mu} \kappa_{\mu})_{0i}^3 (\hat{d}_{\mu} \kappa_{\mu})_{j0}^2 \right] (\hat{d}_{\mu} \kappa_{\mu})_{ij} \omega_{ji} \delta(\omega - \omega_{ji}) + \frac{1}{24} \sum_{j>i} \left[ (\hat{d}_{\mu} \kappa_{\mu})_{0i}^4 (\hat{d}_{\mu} \kappa_{\mu})_{j0} - (\hat{d}_{\mu} \kappa_{\mu})_{0i} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^4 \right] (\hat{d}_{\mu} \kappa_{\mu})_{ij} \omega_{ji} \delta(\omega - \omega_{ji}) \right\}, \quad (S3.1)$$

which can be expressed as the sum of ground and excited state absorption as

$$\sigma^{(5)}(\omega) = \frac{4\pi^2}{c\kappa^2} \left[ \sigma^{(5)}_{\text{GSA}}(\omega) + \sigma^{(5)}_{\text{ESA}}(\omega) \right], \qquad (S3.2)$$

where

$$\sigma_{\rm GSA}^{(5)}(\omega) = \frac{1}{120} \sum_{j} \left[ (\hat{d}_{\mu} \kappa_{\mu})_{0j} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{5} + 10 (\hat{d}_{\mu} \kappa_{\mu})_{00}^{2} (\hat{d}_{\mu} \kappa_{\mu})_{0j} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{3} - 10 (\hat{d}_{\mu} \kappa_{\mu})_{00}^{3} (\hat{d}_{\mu} \kappa_{\mu})_{0j} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{2} + 5 (\hat{d}_{\mu} \kappa_{\mu})_{00}^{4} |(\hat{d}_{\mu} \kappa_{\mu})_{j0}|^{2} \right] \omega_{j0} \delta(\omega - \omega_{j0})$$
(S3.3)

and

$$\sigma_{\text{ESA}}^{(5)}(\omega) = \frac{1}{24} \sum_{\substack{i>0\\j>i}} \left\{ 2 \left[ (\hat{d}_{\mu} \kappa_{\mu})_{0i}^{2} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{3} - (\hat{d}_{\mu} \kappa_{\mu})_{0i}^{3} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{2} \right] + \left[ (\hat{d}_{\mu} \kappa_{\mu})_{0i}^{4} (\hat{d}_{\mu} \kappa_{\mu})_{j0} - (\hat{d}_{\mu} \kappa_{\mu})_{0i} (\hat{d}_{\mu} \kappa_{\mu})_{j0}^{4} \right] \right\} (\hat{d}_{\mu} \kappa_{\mu})_{ij} \omega_{ji} \delta(\omega - \omega_{ji}) .$$
(S3.4)

#### Notes and references

[1] J. D. Jackson, Classical electrodynamics, Wiley, New York, NY, 3rd edn., 1999.