

SUPPLEMENTARY MATERIAL:

An 8-hydroxyquinoline-proline hybrid with multidrug resistance reversal activity and solution chemistry of its half-sandwich organometallic Ru and Rh complexes

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1. Characterization of HQCl-Pro and complexes: NMR spectroscopic data
2. Experimental for pH-potentiometry
3. Scheme S1
4. Figures S1-31.

1.

HQCl-Pro

¹H NMR (CD₃OD, ppm): δ 8.945 (dd, J = 4.19 Hz, ⁴J = 1.49 Hz, 1H, H(2)), δ 8.573 (dd, J = 8.56 Hz, ⁴J = 1.51 Hz, 1H, H(4)), δ 7.736 (s, 1H, H(6)), δ 7.703 (dd, J = 8.57 Hz, 4.19 Hz, 1H, H(3)), δ 4.657 (d, J = 13.00 Hz, 1H, H(9)), δ 4.511 (d, J = 13.00 Hz, 1H, H(9)), δ 4.044 (dd, J = 9.34 Hz, 5.79 Hz, 1H, H(11)), δ 3.618 (m, 1H, H(14)), δ 3.298 (m, 1H, (H14, under solvent peak)), δ 2.474 (m, 1H, H(12)), δ 2.181 (m, 1H, H(12)), δ 2.117 (m, 1H, H(13)), δ 1.946 (m, 1H, H(13)).

¹³C NMR (CD₃OD, ppm): δ 173.34 (C(15)), δ 153.62 (C(8)), δ 150.79 (C(2)), δ 140.29 (C(8a)), δ 134.04 (C(4)), δ 130.16 (C(6)), δ 128.45 (C(5)), δ 124.75 (C(3)), δ 121.56 (C(4a)), δ 114.51 (C(7)), δ 70.39 (C(11)), δ 55.59 (C(14)), δ 54.23 (C(9)), δ 30.06 (C(12)), δ 24.42 (C(13)).

[Ru(η^6 -*p*-cym)(L)Cl]

^1H NMR (CD_3OD , ppm): δ 9.360 (t, $J = 4.19$ Hz, 1H, $\text{H}_{\text{lig}}(2)$), δ 8.517 (d, $J = 8.63$ Hz, 1H, $\text{H}_{\text{lig}}(4)$), δ 7.722 (m, 1H, $\text{H}_{\text{lig}}(3)$), δ 7.519 (s, 0.34 H, $\text{H}_{\text{lig}}(6)$), δ 7.450 (s, 0.66H, $\text{H}_{\text{lig}}(6)$), δ 5.875 (m, 2H, $\text{H}_{\text{cym}}(\text{C}3)$), δ 5.632 (m, 2H, $\text{H}_{\text{cym}}(\text{C}2)$), δ 4.851 (d, $J = 13.21$ Hz, 0.66 H, $\text{H}_{\text{lig}}(9)$), δ 4.651 (m, 1H, $\text{H}_{\text{lig}}(9)$), δ 4.519 (d, $J = 12.96$ Hz, 0.34H, $\text{H}_{\text{lig}}(9)$), δ 4.394 (dd, $J = 9.37$ Hz, 5.79 Hz, 0.66H, $\text{H}(11)$), δ 4.296 (d, $J = 13.3$ Hz, 0.66H, $\text{H}_{\text{lig}}(9)$), δ 3.538 (m, 1H, $\text{H}_{\text{lig}}(14)$), δ 3.053 (q, $J = 8.9$ Hz, 0.66H, $\text{H}_{\text{lig}}(14)$), δ 2.858 (m, 0.66H, $\text{H}_{\text{cym}}(\text{C}5)$), δ 2.809 (m, 0.34H, $\text{H}_{\text{cym}}(\text{C}5)$), δ 2.565 (m, 1H, $\text{H}_{\text{lig}}(12)$), δ 2.303 (m, 1H, $\text{H}_{\text{lig}}(12)$), δ 2.263 (s, 2H, $\text{H}_{\text{cym}}(\text{C}7)$), δ 2.253 (s, 1H, $\text{H}_{\text{cym}}(\text{C}7)$), δ 2.111 (m, 1H, $\text{H}_{\text{lig}}(13)$), δ 1.948 (m, 1H, $\text{H}_{\text{lig}}(13)$), δ 1.194 (m, 6H, $J = 7.5$ Hz, $\text{H}_{\text{cym}}(\text{C}6)$).

^{13}C NMR (CD_3OD , ppm): δ 171.87 (C(15)), δ 168.69 and 167.64 (C(8)), δ 153.01 and 152.84 (C(2)), δ 145.95 and 145.29 (C(8a)), δ 135.84 and 135.78 (C(4)), δ 132.09 and 130.61 (C(6)), δ 129.69 and 129.28 (C(5)), δ 125.61 and 125.47 (C(3)), δ 115.95 and 115.22 (C(4a)), δ 114.36 and 113.99 (C(7)), δ 103.42 and 103.19 (C(C4)), δ 100.27 and 99.82 (C(C1)), δ 84.10, 83.91, 83.45, 83.43, 82.91, 82.61, 82.16 and 81.93 (C(C3 and C2)), δ 68.44 (C(11)), δ 57.18 and 54.81 (C(14)), δ 55.34 and 54.54 (C(9)), δ 32.30 and 32.24 (C(C5)), δ 30.02 and 29.13 (C(12)), δ 24.20 and 23.63 (C(13)), δ 22.52, 22.50, 22.35 and 22.30 (C(C6)), δ 18.76 and 18.69 (C(C7)).

[Ru(η^6 -tol)(L)Cl]

^1H NMR (CD_3OD , ppm): δ 9.403 (t, $J = 3.81$ Hz, 1H, $\text{H}_{\text{lig}}(2)$), δ 8.512 ((d, $J = 8.53$ Hz, $^4J = 3.27$ Hz, 1H, $\text{H}_{\text{lig}}(4)$), δ 7.713 (m, 1H, $\text{H}_{\text{lig}}(3)$), δ 7.521 (s, 0.34 H, $\text{H}_{\text{lig}}(6)$), δ 7.458 (s, 0.66H, $\text{H}_{\text{lig}}(6)$), δ 6.016 (m, 2H, $\text{H}_{\text{tol}}(\text{T}3)$), δ 5.615 (m, 3H, $\text{H}_{\text{tol}}(\text{T}2$ and $\text{T}4)$), δ 4.836 (d, $J = 13.15$ Hz, 0.66 H, $\text{H}_{\text{lig}}(9)$), δ 4.670 (d, $J = 13.36$ Hz, 0.34H, $\text{H}_{\text{lig}}(9)$), δ 4.518 (d, $J = 12.96$ Hz, 0.34H, $\text{H}_{\text{lig}}(9)$), δ 4.380 (dd, $J = 9.19$ Hz, 5.66 Hz, 0.66H, $\text{H}(11)$), δ 4.327 (d, $J = 13.14$ Hz, 0.66H, $\text{H}_{\text{lig}}(9)$), δ 3.567 (m, 1H, $\text{H}_{\text{lig}}(14)$), δ 3.090 (q, $J = 8.5$ Hz, 0.66H, $\text{H}_{\text{lig}}(14)$), δ 2.550 (m, 1H, $\text{H}_{\text{lig}}(12)$), δ 2.326 (s, 2H, $\text{H}_{\text{tol}}(\text{T}5)$), δ 2.308 (s, 1H, $\text{H}_{\text{tol}}(\text{T}5)$), δ 2.118 (m, 1.5H, $\text{H}_{\text{lig}}(12$ and $13)$), δ 1.946 (m, 1H, $\text{H}_{\text{lig}}(13)$).

^{13}C NMR (CD_3OD , ppm): δ 171.93 and 171.83 (C(15)), δ 168.83 and 167.80 (C(8)), δ 153.24 and 153.06 (C(2)), δ 146.20 and 145.50 (C(8a)), δ 135.83 and 135.76 (C(4)), δ 132.22 and 130.71 (C(6)), δ 129.75 and 129.36 (C(5)), δ 125.58 and 125.44 (C(3)), δ 115.94 and 115.12 (C(4a)), δ 114.37 and 114.01 (C(7)), δ 102.89 and 102.85 (C(T1)), δ 89.07, 89.02, 87.11 and 87.07 (C(T3)), δ 81.24, 81.09, 80.92 and 80.87 (C(T2)), δ 79.04 and 78.91 (C(T4)), δ 68.42 and 67.78 (C(11)), δ 57.18 and 54.96 (C(14)), δ 55.47 and 54.21 (C(9)), δ 29.97 and 29.21 (C(12)), δ 24.18 and 23.66 (C(13)), δ 19.05 and 19.03 (C(T5)).

[Rh(η^5 -C₅Me₅)(L)Cl]

¹H NMR (CD₃OD, ppm) δ 8.945 (d, J = 4.9 Hz, 1H, H_{lig}(2)), δ 8.558 (d, J = 9.3 Hz, 1H, H_{lig}(4)), δ 7.773 (dd, J = 9.2 Hz, 5.1 Hz, 1H, H_{lig}(3)), δ 7.550 (s, 0.34H, H_{lig}(6)), δ 7.481 (s, 0.66H, H_{lig}(6)), δ 4.944 (d, J = 9.3 Hz, 0.66H, H_{lig}(9)), δ 4.678 (d, J = 9.3 Hz, 0.34H, H_{lig}(9)), δ 4.516 (d, J = 9.3 Hz, 0.34H, H_{lig}(9)), δ 4.399 (t, J = 9.3 Hz, 0.66H, H_{lig}(11)), δ 4.211 (d, J = 9.3 Hz, 0.66H, H_{lig}(9)), δ 3.558 (m, 1H, H_{lig}(14)), δ 3.065 (q, J = 9.3 Hz, 1H, H_{lig}(14)), δ 2.577 (m, 1H, H_{lig}(12)), δ 2.291 (m, 0.66H, H_{lig}(12)), δ 2.114 (m, 1.5H, H_{lig}(13)), δ 2.114 (m, 1.5H, H_{lig}(13)), δ 1.953 (m, 1H, H_{lig}(13)), δ 1.776 (s, 15H, H_{C₅Me₅}(CH₃)).

¹³C NMR (CD₃OD, ppm): δ 171.66 (C(15)), δ 166.76 (C(8)), δ 150.14 and 150.04 (C(2)), δ 145.95 (C(8a)), δ 136.06 (C(4)), δ 132.78 and 131.16 (C(6)), δ 129.76 (C(5)), δ 125.78 and 125.64 (C(3)), δ 116.00 (C(4a)), δ 113.82 (C(7)), δ 95.96 (C(C₅)), δ 68.74 (C(11)), δ 57.54 (C(14)), δ 55.14 and 54.50 (C(9)), δ 29.93 and 29.27 (C(12)), δ 24.00 (C(13)), δ 8.97 (C(Me₅)).

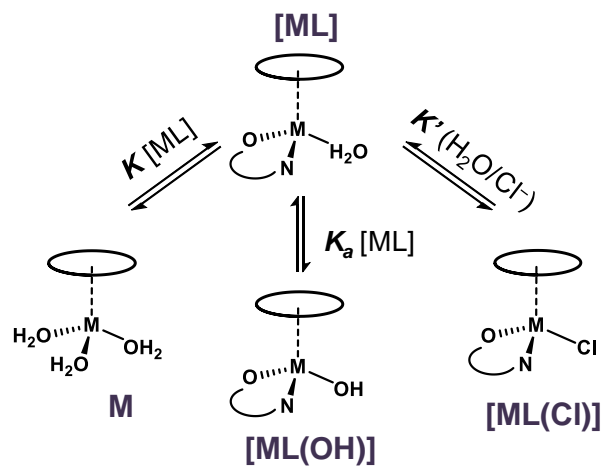
2.

pH-potentiometry: The exact concentration of the ligand stock solutions together with the proton dissociation constants were determined by pH-potentiometric titrations with the use of the computer program Hyperquad2013.¹ The aqueous [Rh(η^5 -C₅Me₅)(H₂O)₃](NO₃)₂, [Ru(η^6 -*p*-cym)(H₂O)₃](NO₃)₂ and [Ru(η^6 -tol)(H₂O)₃](NO₃)₂ stock solutions were obtained by dissolving an exact amount of the dimeric precursor in water followed by addition of equivalent amounts of AgNO₃ to remove chloride ions. The exact concentrations of chloride ion containing and chloride-free metal ion stock solutions were determined by pH-potentiometric titrations employing stability constants for [(Rh(η^5 -C₅Me₅))₂(μ -OH)_{*i*}]^{(4-*i*)+}, [(Ru(η^6 -tol))₂(μ -OH)_{*i*}]^{(4-*i*)+} and [(Ru(η^6 -*p*-cym))₂(μ -OH)_{*i*}]^{(4-*i*)+} (*i* = 2 or 3) complexes.^{2,3}

Determining proton dissociation constants of ligands and stability constants for the metal complexes were carried out at 25.0 \pm 0.1 °C in water in the pH range between 2.0 and 11.5, and at a constant ionic strength of 0.20 M KNO₃. The titrations were performed in a carbonate-free KOH solution (0.20 M). The exact concentrations of HNO₃ and KOH solutions were determined by pH-potentiometric titrations. An Orion 710A pH-meter equipped with a Metrohm combined electrode (type 6.0234.100) and a Metrohm 665 Dosimat burette were used for the pH-potentiometric measurements. The electrode system was calibrated according to the method suggested by Irving *et al.*⁴ The average water ionization constant, pK_w, was determined as 13.76 \pm 0.01, which is in good agreement with literature data.⁵ The initial volume of the samples was 5.0 mL. The ligand concentration was 2.0 mM. Samples

were degassed by bubbling purified argon through them for about 10 minutes prior to the measurements and the inert gas was also passed over the solutions during the titrations.

3.



Scheme S1. Processes in the $[M(\eta^{6/5}\text{-arene/arenyl})(\text{H}_2\text{O})_3]^{2+}$ – HQCl-Pro systems

4.

Figs. S1-S12. CHARACTERIZATION OF LIGAND AND COMPLEXES:

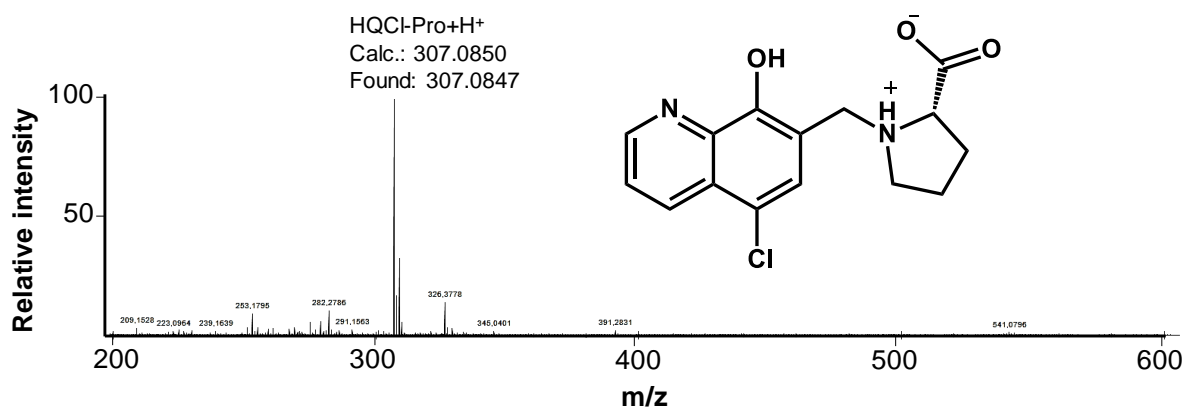


Fig. S1. ESI-MS spectrum of HQCl-Pro in positive mode.

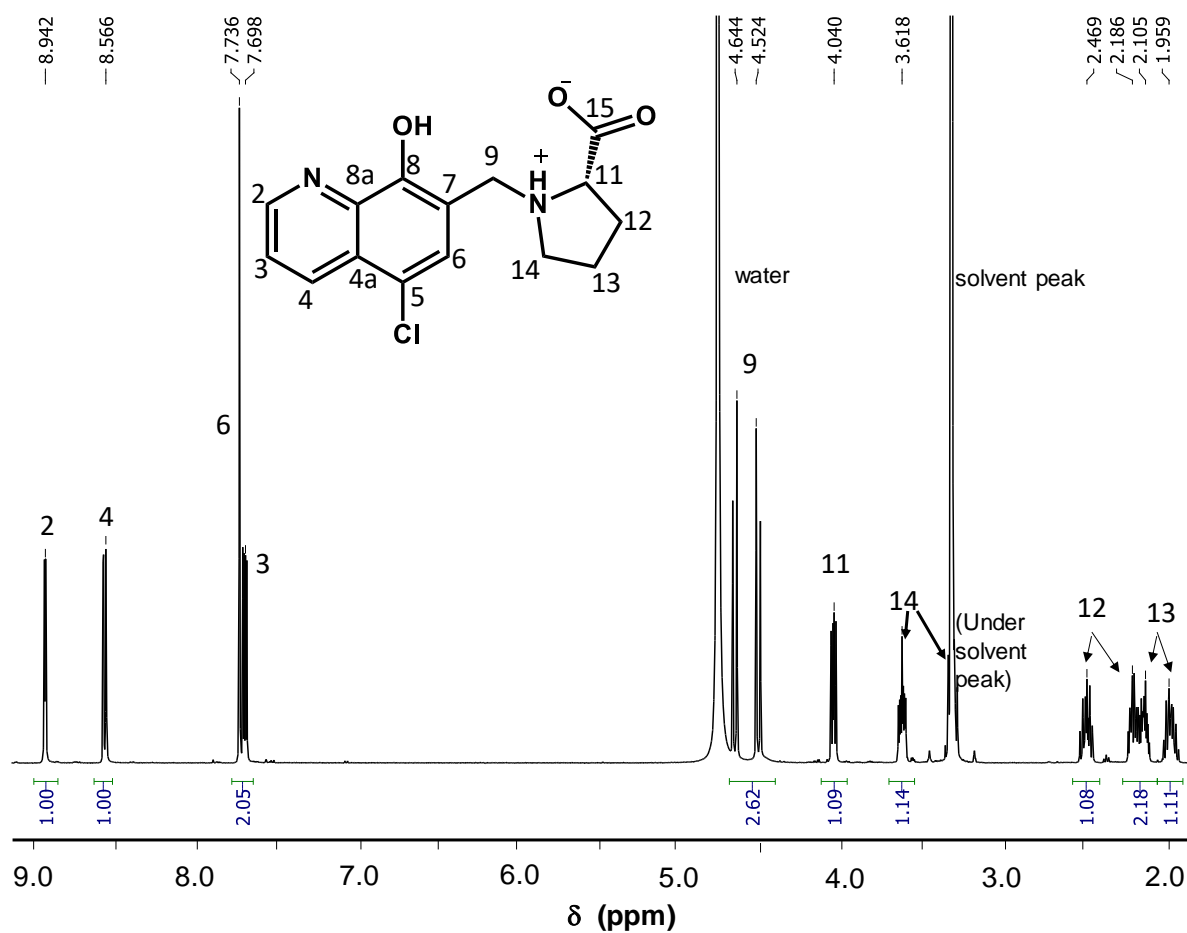


Fig. S2. ^1H NMR spectrum of HQCl-Pro in CD_3OD . Inserted structure shows numbering of peaks. $\{c(\text{HQCl-Pro}) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

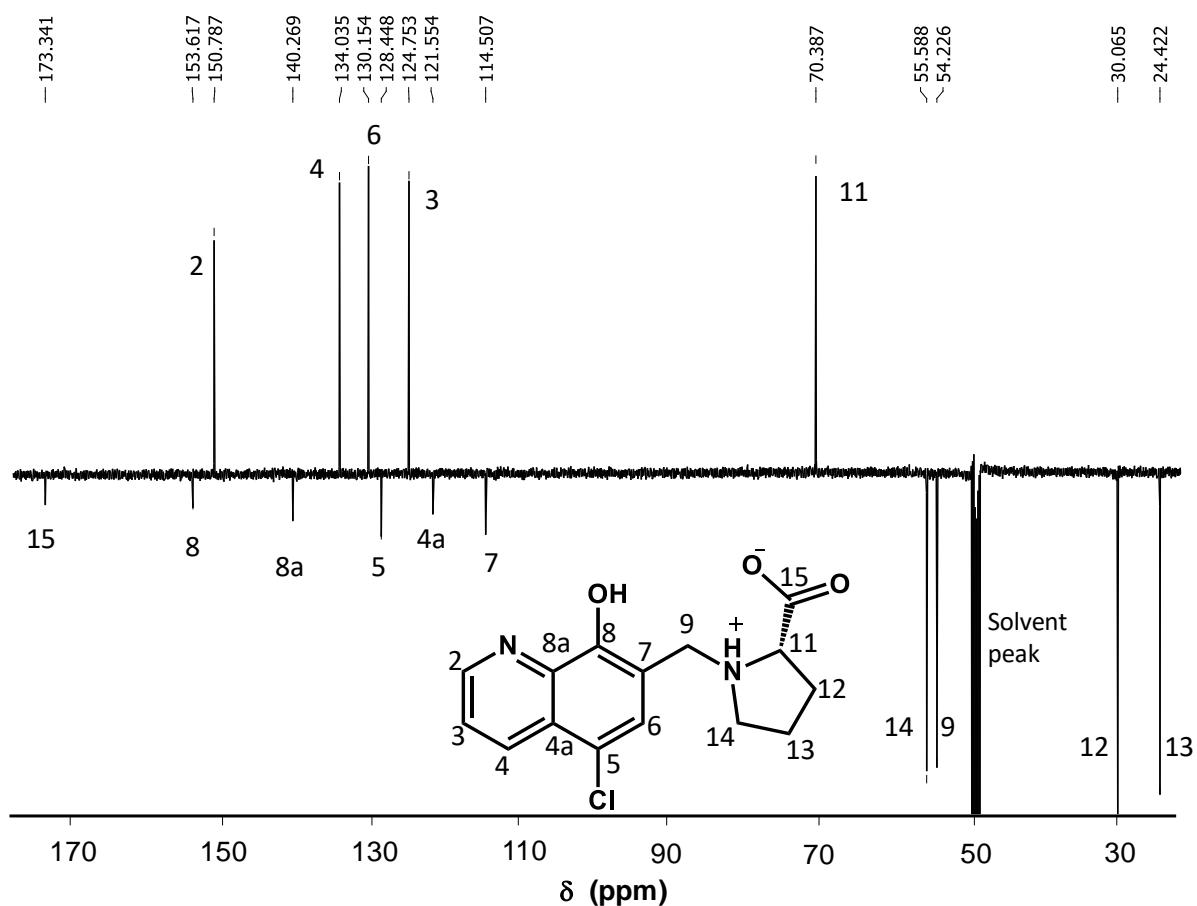


Fig. S3. ^{13}C APT NMR spectrum of HQCl-Pro in CD_3OD . Attached proton test method: CH and CH_3 peaks are positive, C and CH_2 peaks are negative. Inserted structure shows numbering of peaks. $\{c(\text{HQCl-Pro}) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

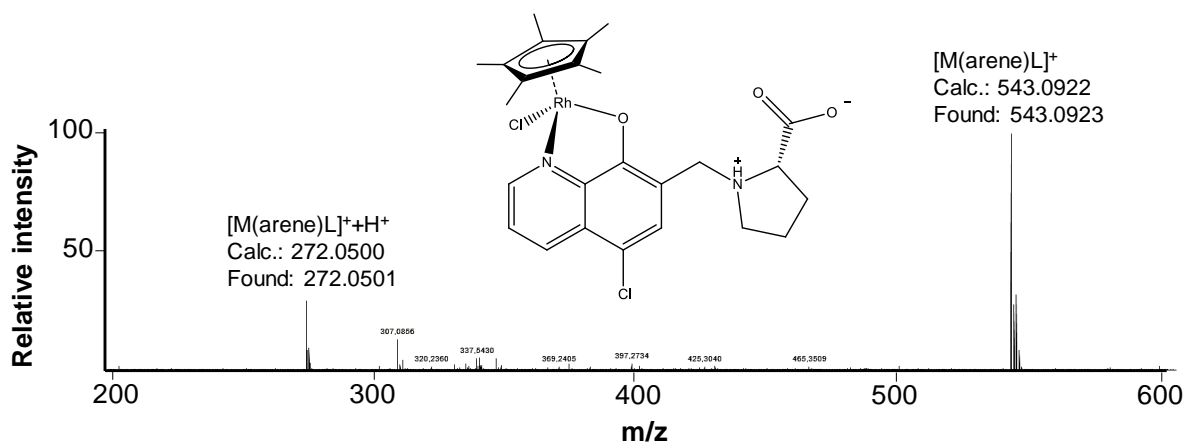


Fig. S4. ESI-MS spectrum of $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})\text{Cl}]$ in positive mode.

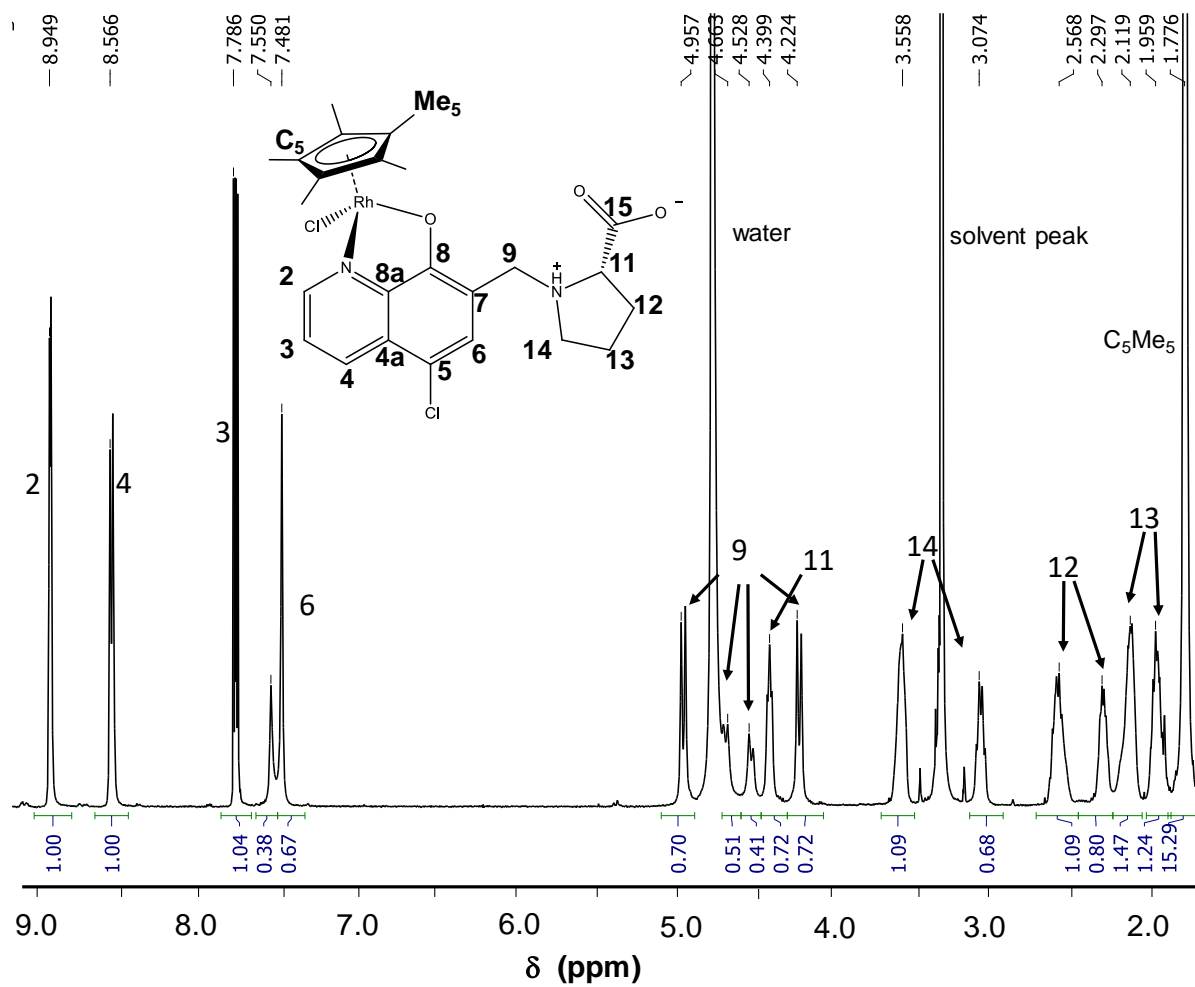


Fig. S5. ¹H NMR spectrum of [Rh(η⁵-C₅Me₅)(L)Cl] in CD₃OD. Inserted structure shows numbering of peaks. {c([Rh(η⁵-C₅Me₅)(L)Cl]) = 10 mM, T = 25.0°C}

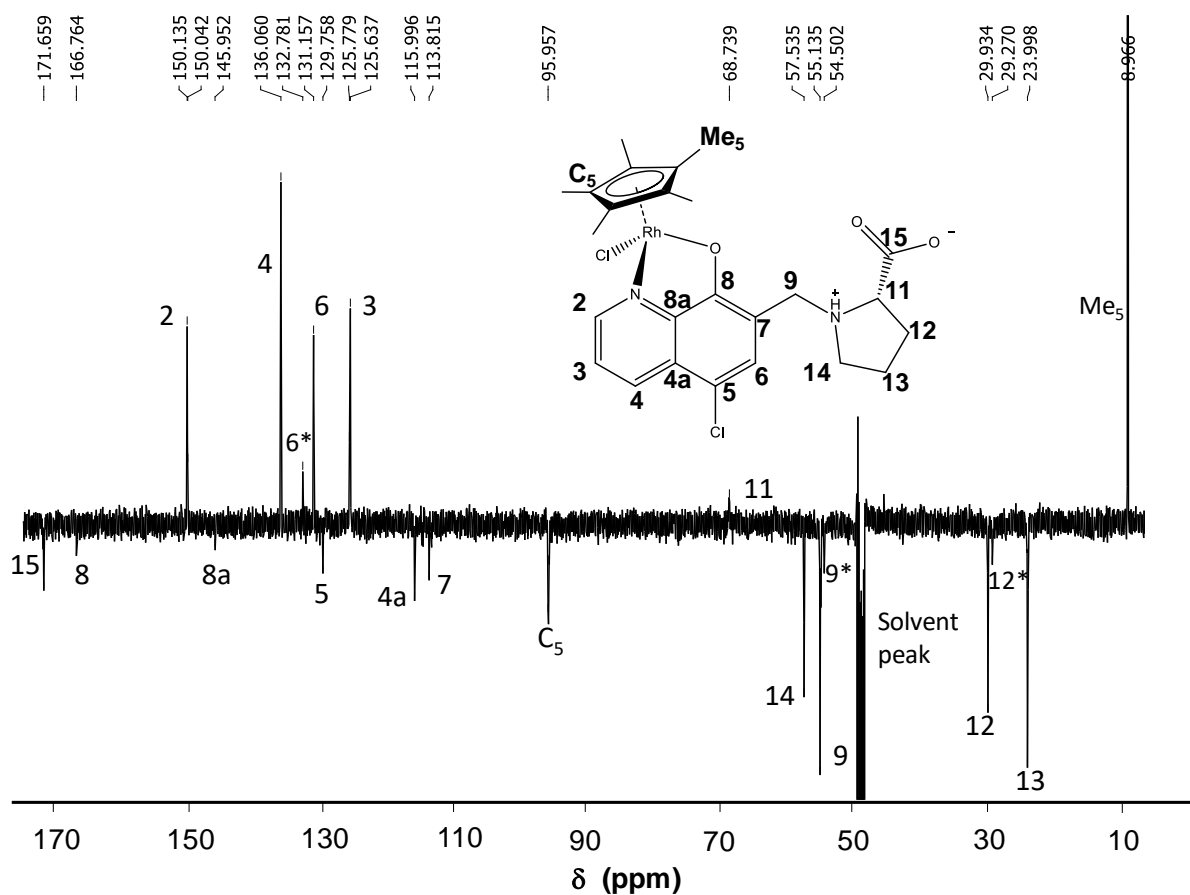


Fig. S6. ^{13}C APT NMR spectrum of $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})\text{Cl}]$ in CD_3OD . Attached proton test method: CH and CH_3 peaks are positive, C and CH_2 peaks are negative. Inserted structure shows numbering of peaks. $\{c([\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

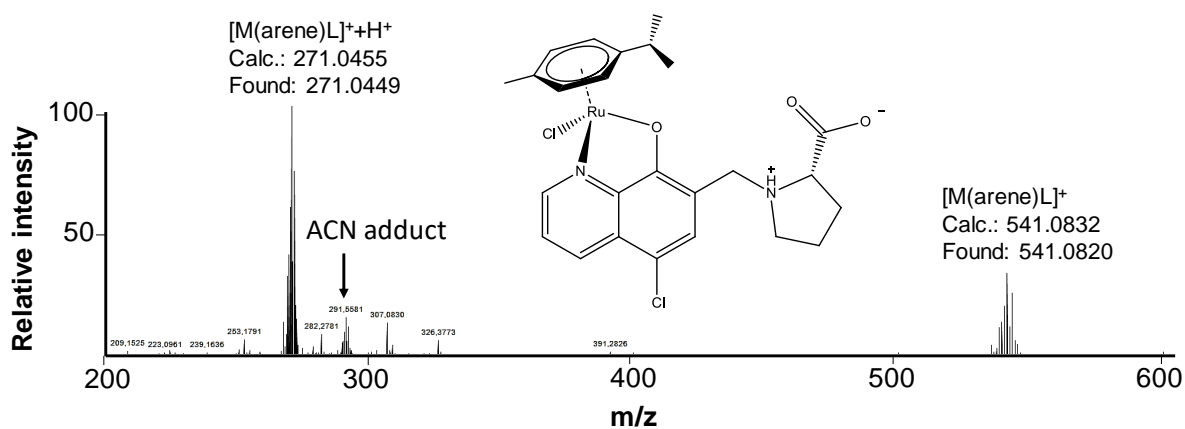


Fig. S7. ESI-MS spectrum of $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})\text{Cl}]$ in positive mode.

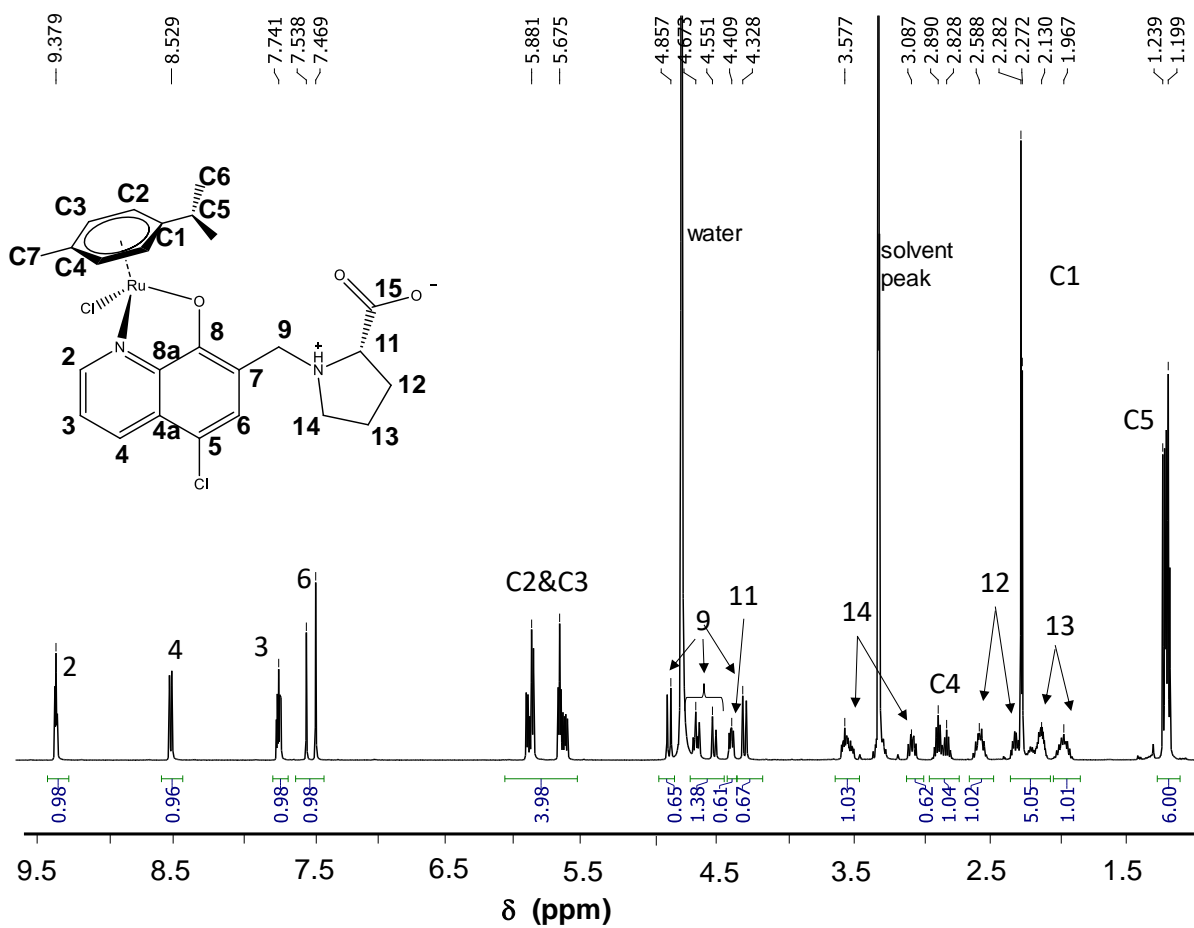


Fig. S8. ^1H NMR spectrum of $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})\text{Cl}]$ in CD_3OD . Inserted structure shows numbering of peaks. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

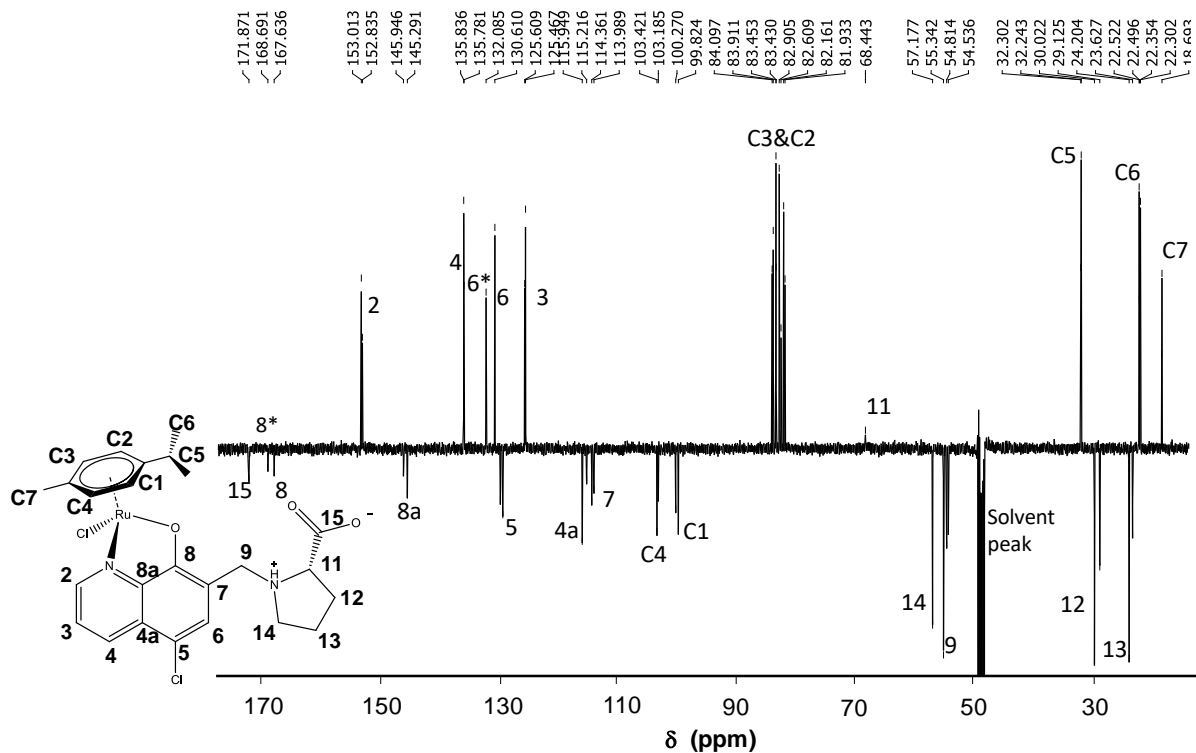


Fig. S9. ^{13}C APT NMR spectrum of $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})\text{Cl}]$ in CD_3OD . Attached proton test method: CH and CH_3 peaks are positive, C and CH_2 peaks are negative. Inserted structure shows numbering of peaks. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

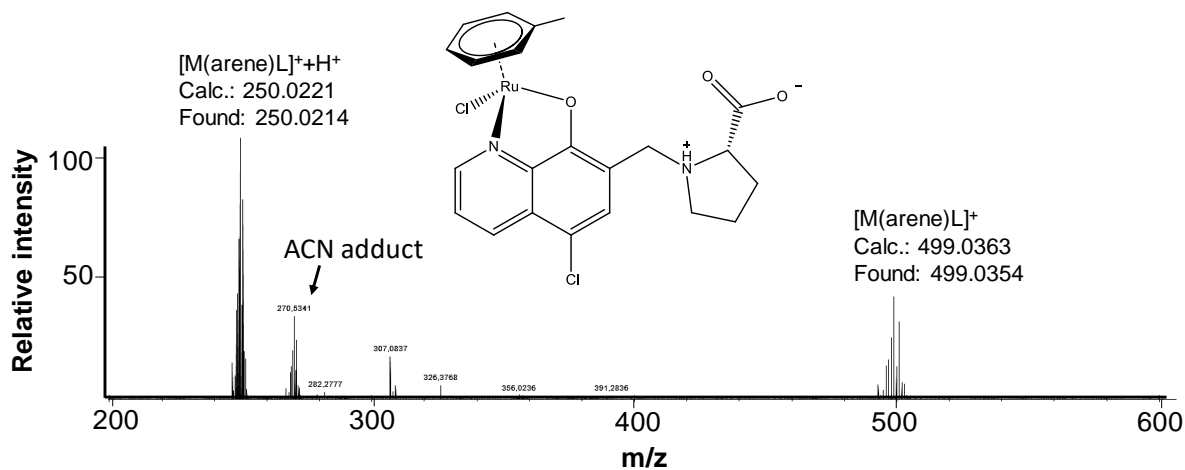


Fig. S10. ESI-MS spectrum of $[\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]$ in positive mode.

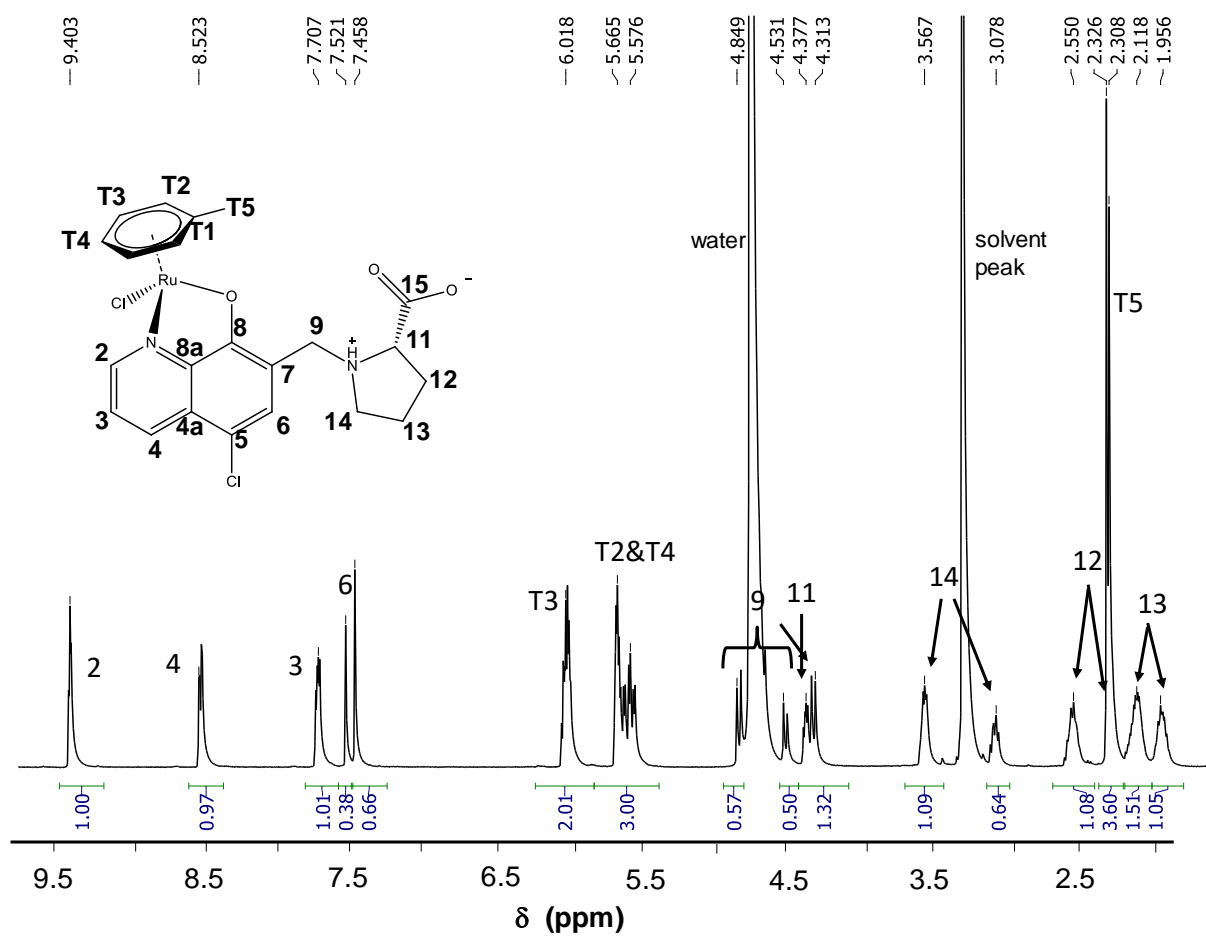


Fig. S11. ^1H NMR spectrum of $[\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]$ in CD_3OD . Inserted structure shows numbering of peaks. $\{c([\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

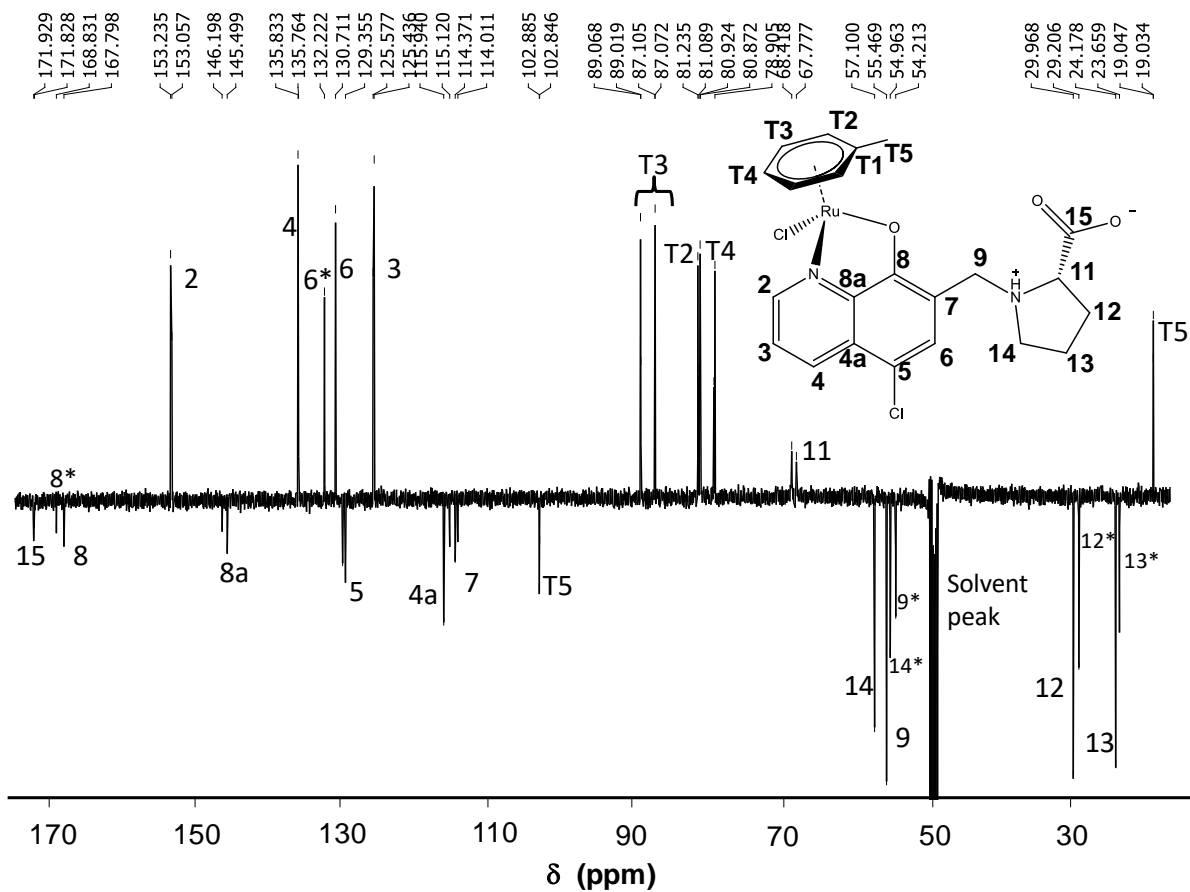


Fig. S12. ^{13}C APT NMR spectrum of $[\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]$ in CD_3OD . Attached proton test method: CH and CH_3 peaks are positive, C and CH_2 peaks are negative. Inserted structure shows numbering of peaks. $\{c([\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

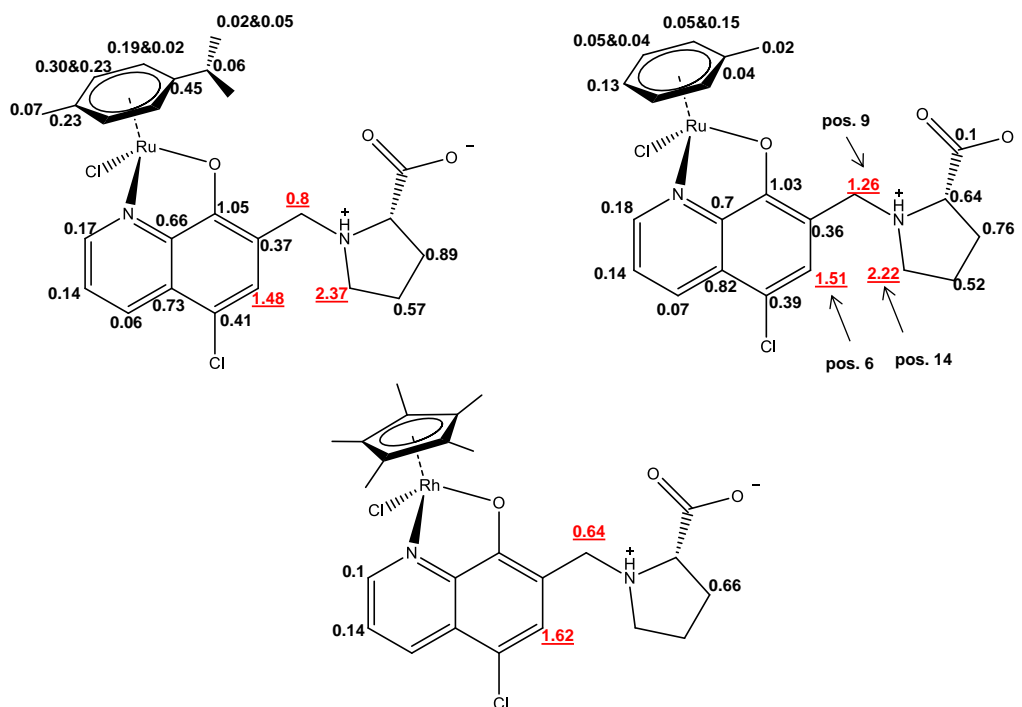


Fig. S13. Differences of peaks belonging to the same protons in the two sets of peaks detected in ^{13}C NMR spectra recorded for the complexes. Differences are projected on the proposed structures. Positions 6,9 and 14 (biggest differences) are highlighted. $\{c([\text{Ru}(\eta^6\text{-tol})(\text{L})\text{Cl}]) = 10 \text{ mM}, T = 25.0^\circ\text{C}\}$

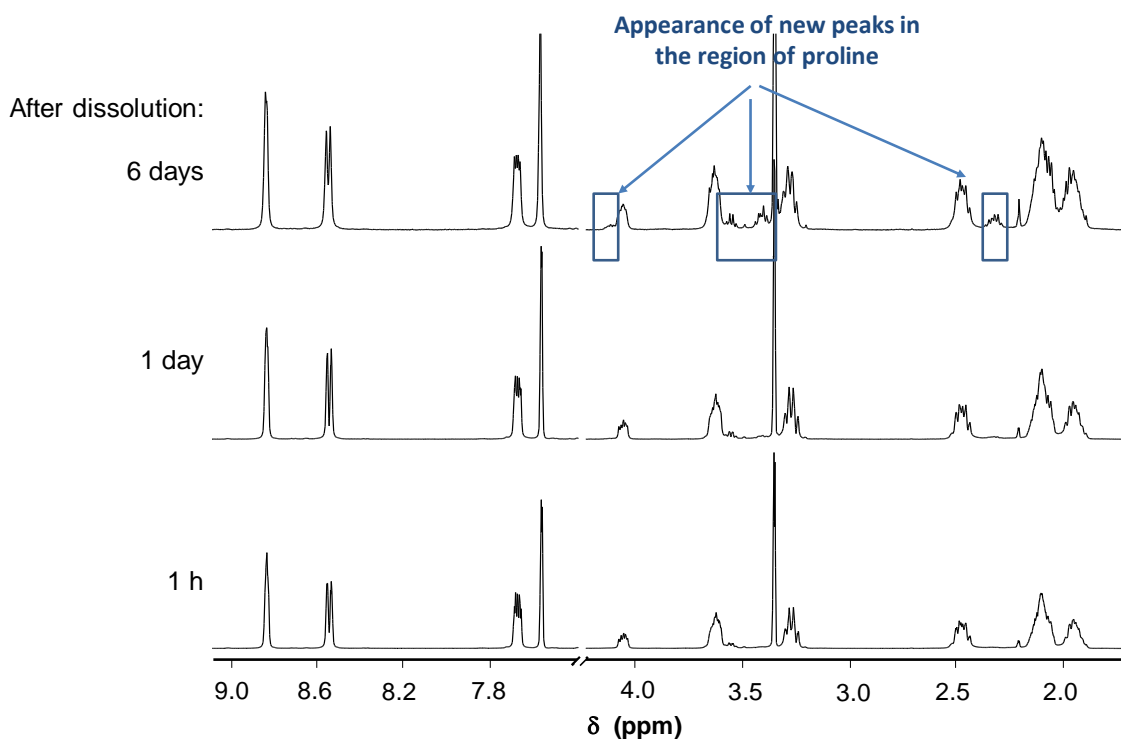


Fig. S14. Monitoring the stability of HQCl-Pro ligand in phosphate buffer at $\text{pH} = 7.4$ by ^1H NMR spectroscopy. New set of aliphatic peaks are signed with blue rectangles. $\{c(\text{HQCl-Pro}) = 10 \text{ mM}; \text{solvent: } 90\% \text{ H}_2\text{O} / 10\% \text{ D}_2\text{O}; \text{pH} = 7.40 \text{ (phosphate buffer)}; T = 25.0^\circ\text{C}\}$

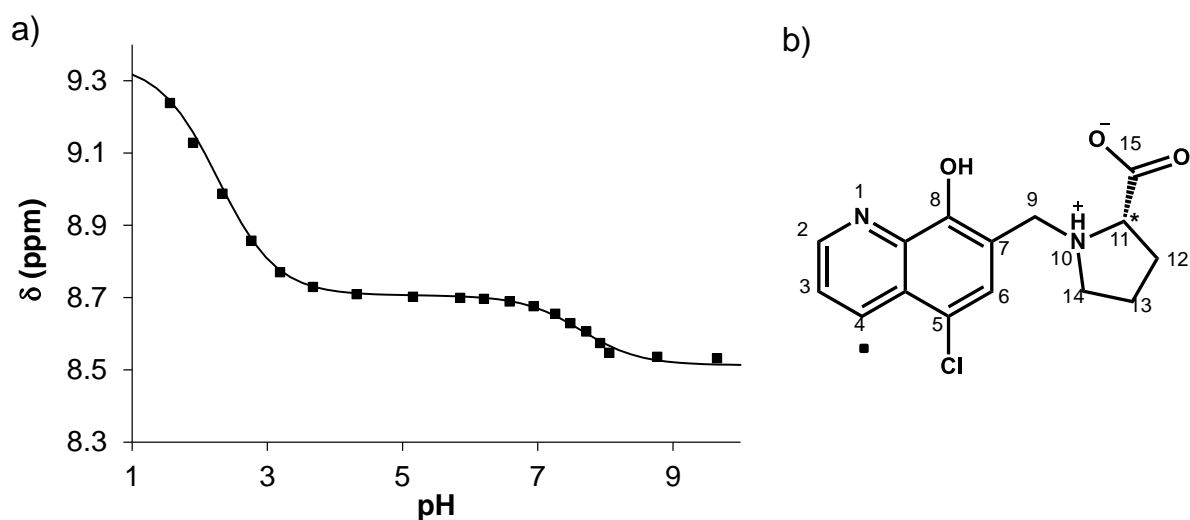


Fig. S15. a) Measured and fitted chemical shift values of C⁴H proton at pH = 1.5-10.0. b) Numbering of HQCl-Pro, C⁴H is highlighted. { $c(\text{HQCl-Pro}) = 480 \mu\text{M}$; solvent: 90% H₂O / 10% D₂O; $T = 25.0 \text{ }^\circ\text{C}$; $I = 0.20 \text{ M (KNO}_3\text{)}$ }

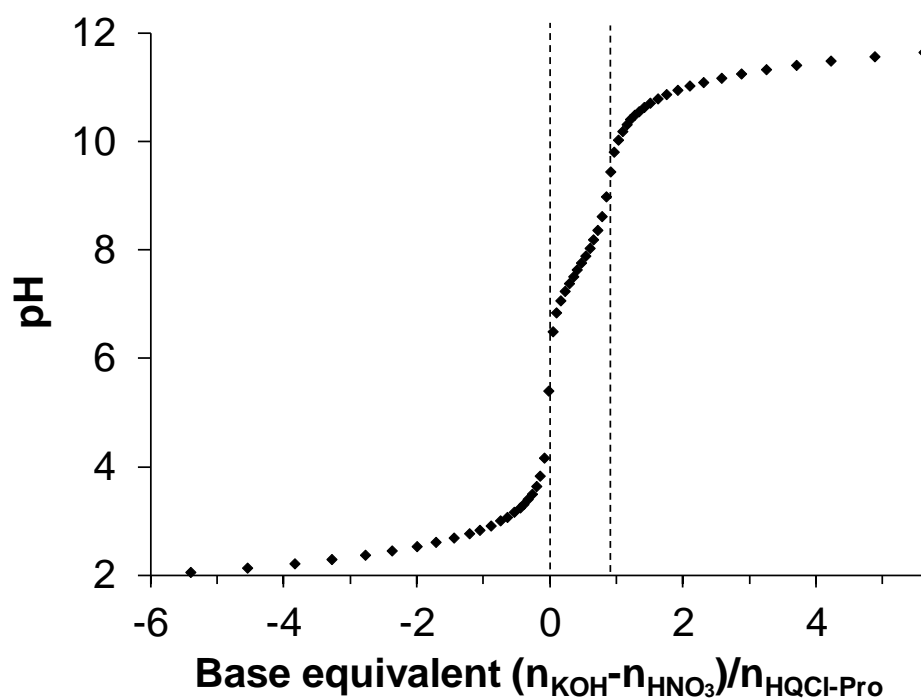


Fig. S16. Representative pH-potentiometric curve for the ligand HQCl-Pro. Negative base equivalent values mean excess of acid. { $c(\text{HQCl-Pro}) = 2 \text{ mM}$; $I = 0.20 \text{ M (KNO}_3\text{)}$; $T = 25.0 \text{ }^\circ\text{C}$ }

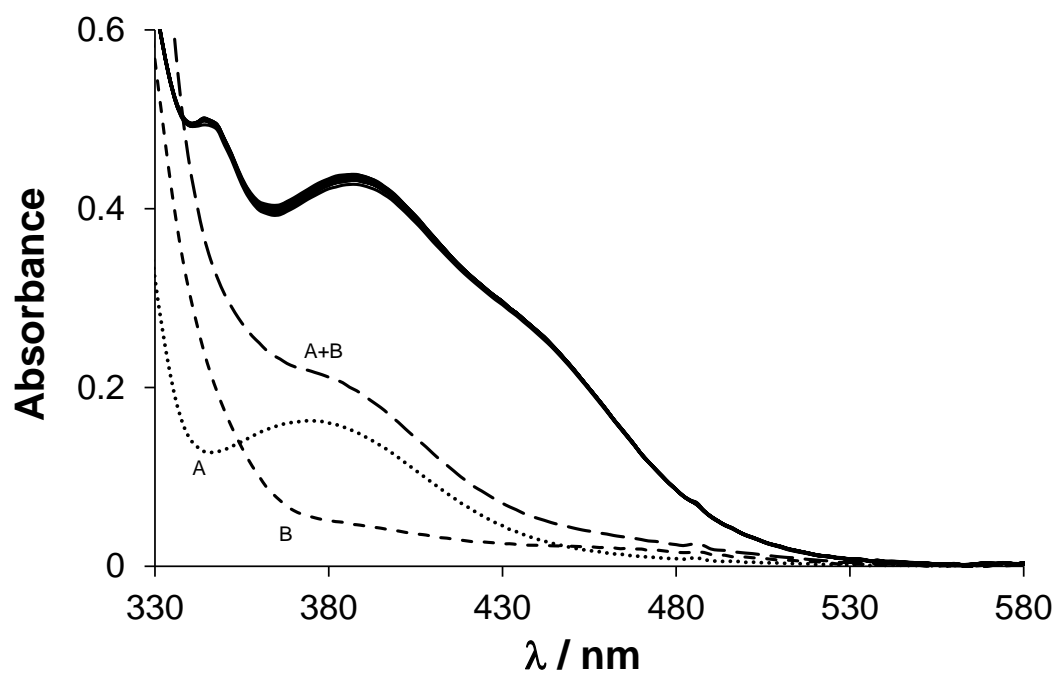


Fig. S17. Time-dependent UV-Vis absorption spectra of the $\text{Rh}(\eta^5\text{-C}_5\text{Me}_5) - \text{HQCl-Pro}$ system at $\text{pH} = 3.56$ (solid lines). Dotted curve shows the absorption spectrum of organometallic ion (A), dashed curve shows the spectrum of HQCl-Pro (B), long dashed curve shows their additive spectrum (A+B). $\{c([\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 110 \mu\text{M}; \text{pH} = 3.56; I = 0.20 \text{ M (KNO}_3); T = 25.0 \text{ }^\circ\text{C}; \ell = 1 \text{ cm}\}$

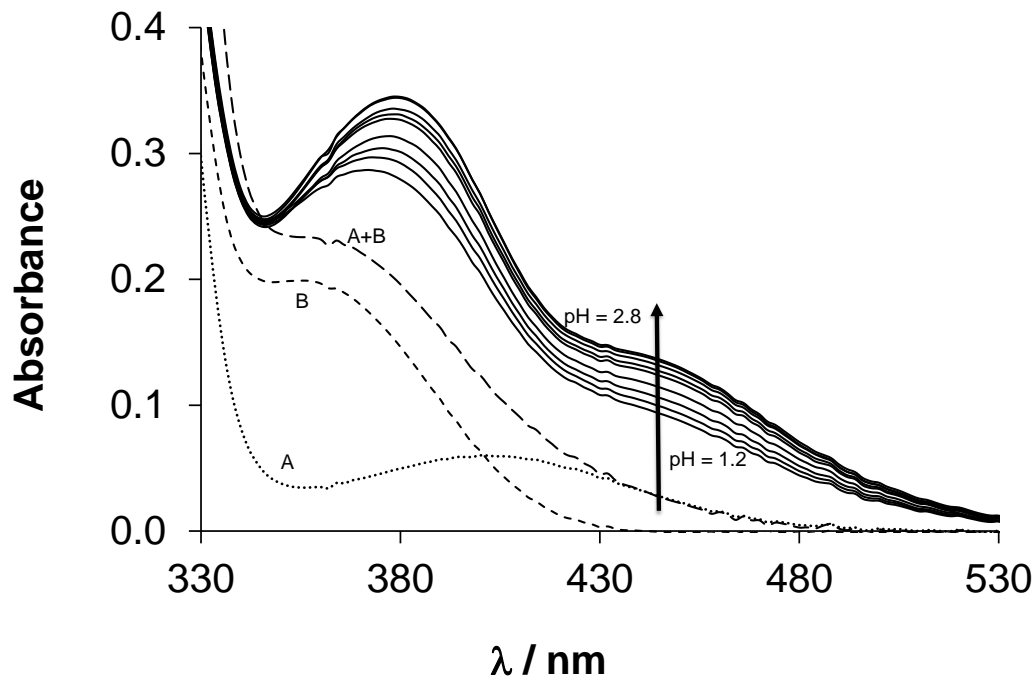


Fig. S18. UV-Vis absorption spectra of the $\text{Ru}(\eta^6\text{-tol}) - \text{HQ}$ system at $\text{pH} = 1.2\text{-}2.8$ (solid lines). Dotted curve shows the absorption spectrum of metal ion (A), dashed curve shows HQ ligand spectrum (B), long dashed curve shows their additive spectrum (A+B). $\{c([\text{Ru}(\eta^6\text{-tol})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQ}) = 110 \mu\text{M}; I = 0.20 \text{ M (KNO}_3); T = 25.0 \text{ }^\circ\text{C}; \ell = 1 \text{ cm}\}$

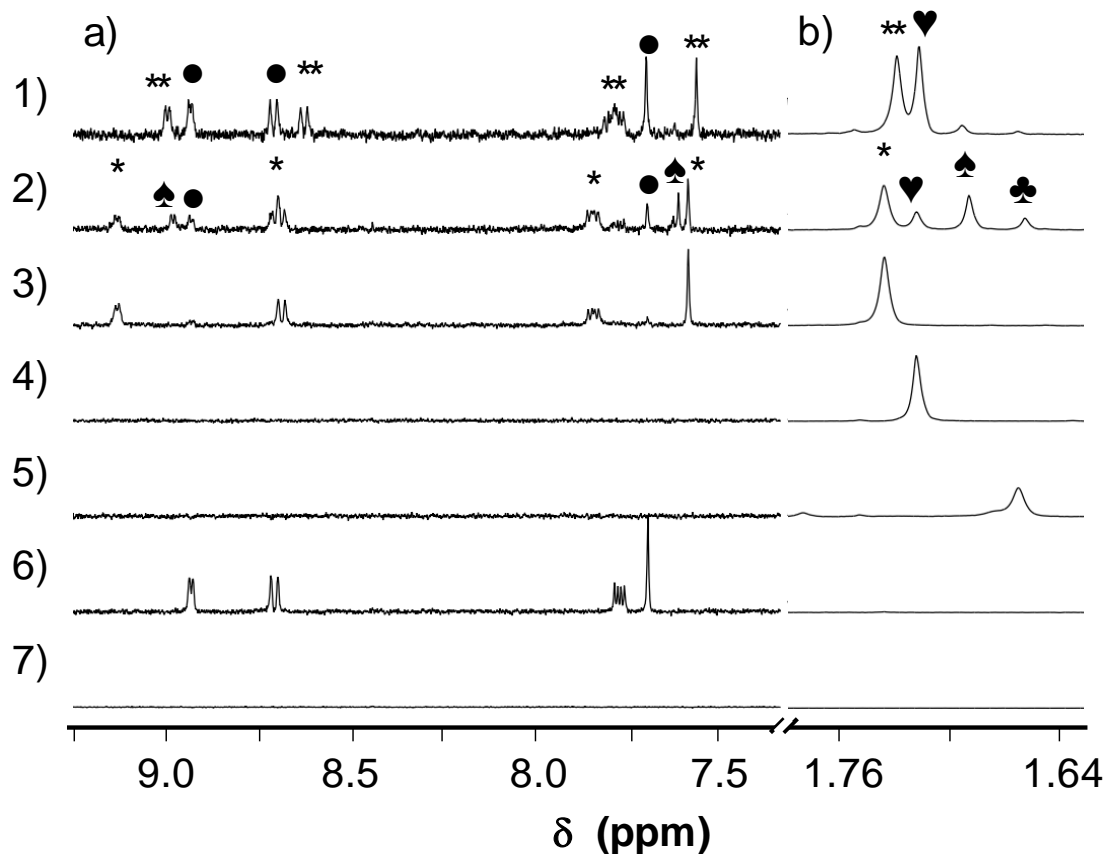


Fig. S19. Monitoring of HQCl-Pro displacement from $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})(\text{H}_2\text{O})]^+$ (where L is the coordinated form of HQCl-Pro) with 1,2-ethylenediamine by ^1H NMR spectroscopy. a) aromatic region b) aliphatic region.

1) $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})(\text{H}_2\text{O})]^+$: ethylenediamine = 1:23, $I = 0.20$ M (KCl);

2) $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})(\text{H}_2\text{O})]^+$: ethylenediamine = 1:23;

3) $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})(\text{H}_2\text{O})]^+$;

4) $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}$: ethylenediamine = 1:23;

5) $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}$;

6) free HQCl-Pro;

7) free ethylenediamine.

Peak assignment: free HQCl-Pro (●); $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{HQCl-Pro})(\text{H}_2\text{O})]^+$ (*); $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{HQCl-Pro})(\text{Cl})]^{**}$; $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{en})(\text{H}_2\text{O})]^{2+}$ (♥); mixed ligand complexes (♠ and ♣).

$\{c([\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 100 \mu\text{M}; c(\text{ethylenediamine}) = 2.34 \text{ mM}; \text{solvent: } 90\% \text{ H}_2\text{O} / 10\% \text{ D}_2\text{O}; \text{pH} = 6.14 \text{ (20 mM phosphate buffer)}; T = 25.0 \text{ }^\circ\text{C}; t = 24 \text{ h}\}$

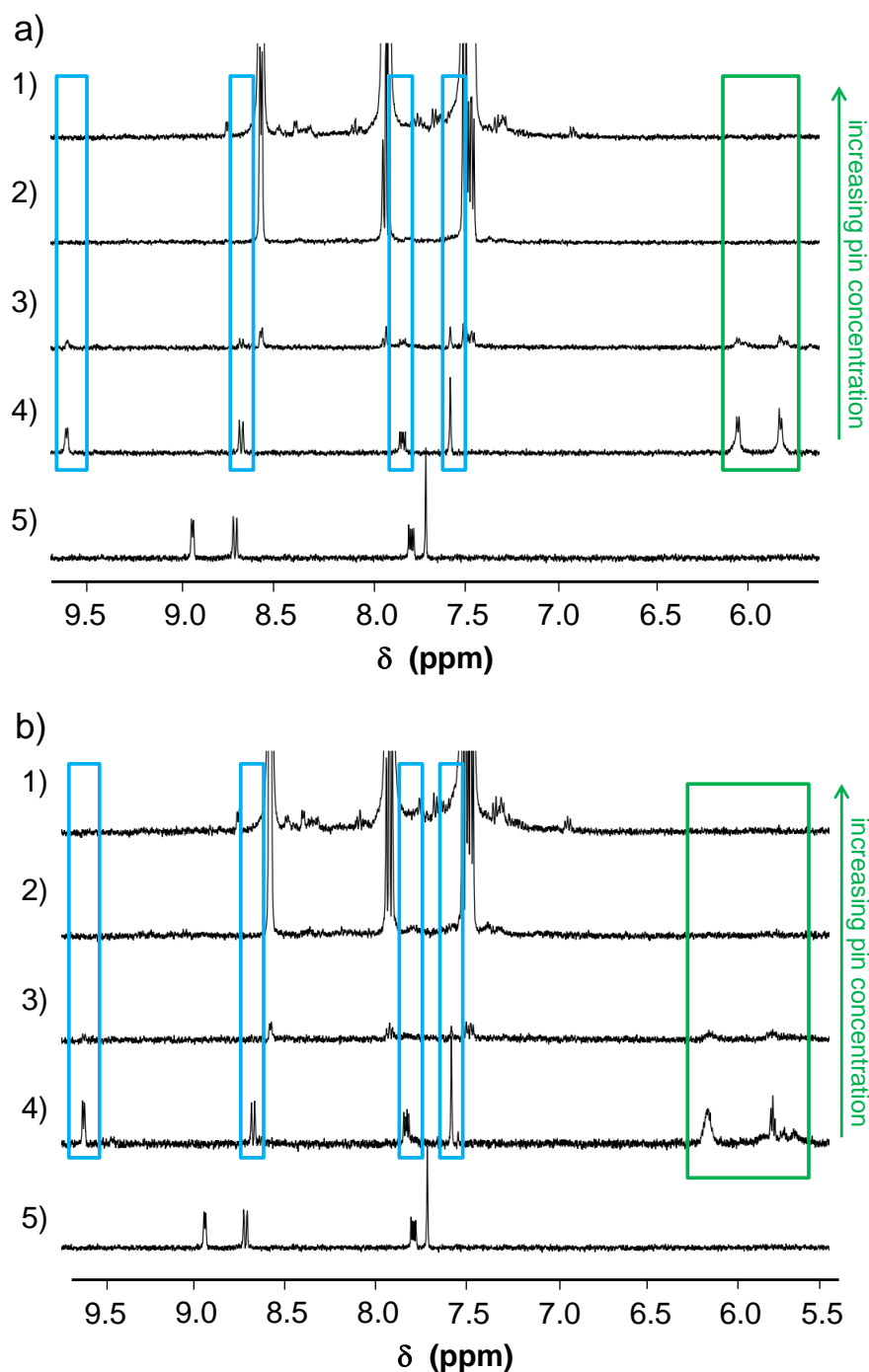


Fig. S20. Monitoring of arene loss at high excess of 2-picolylamine by ¹H NMR spectroscopy. Arene: a) *p*-cymene and b) toluene.

1) $[\text{Ru}(\eta^6\text{-arene})(\text{L})(\text{H}_2\text{O})]^+$: pin = 1:82; (L: coordinated form of HQCl-Pro)

2) $[\text{Ru}(\eta^6\text{-arene})(\text{L})(\text{H}_2\text{O})]^+$: pin = 1:11;

3) $[\text{Ru}(\eta^6\text{-arene})(\text{L})(\text{H}_2\text{O})]^+$: pin = 1:1;

4) $[\text{Ru}(\eta^6\text{-arene})(\text{L})(\text{H}_2\text{O})]^+$ in buffer;

5) HQCl-Pro in buffer.

Blue rectangle: the coordinated HQCl-Pro's aromatic peaks; green rectangle: the arenes' aromatic protons. $\{c([\text{Ru}(\eta^6\text{-arene})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 100 \mu\text{M}; c(2\text{-picolylamine}) = 100 \mu\text{M}- 8.2 \text{ mM}; \text{solvent: } 90\% \text{ H}_2\text{O} / 10\% \text{ D}_2\text{O}; \text{pH} = 6.0 \text{ (20 mM phosphate buffer)}; T = 25.0 \text{ }^\circ\text{C}; t = 24 \text{ h}\}$

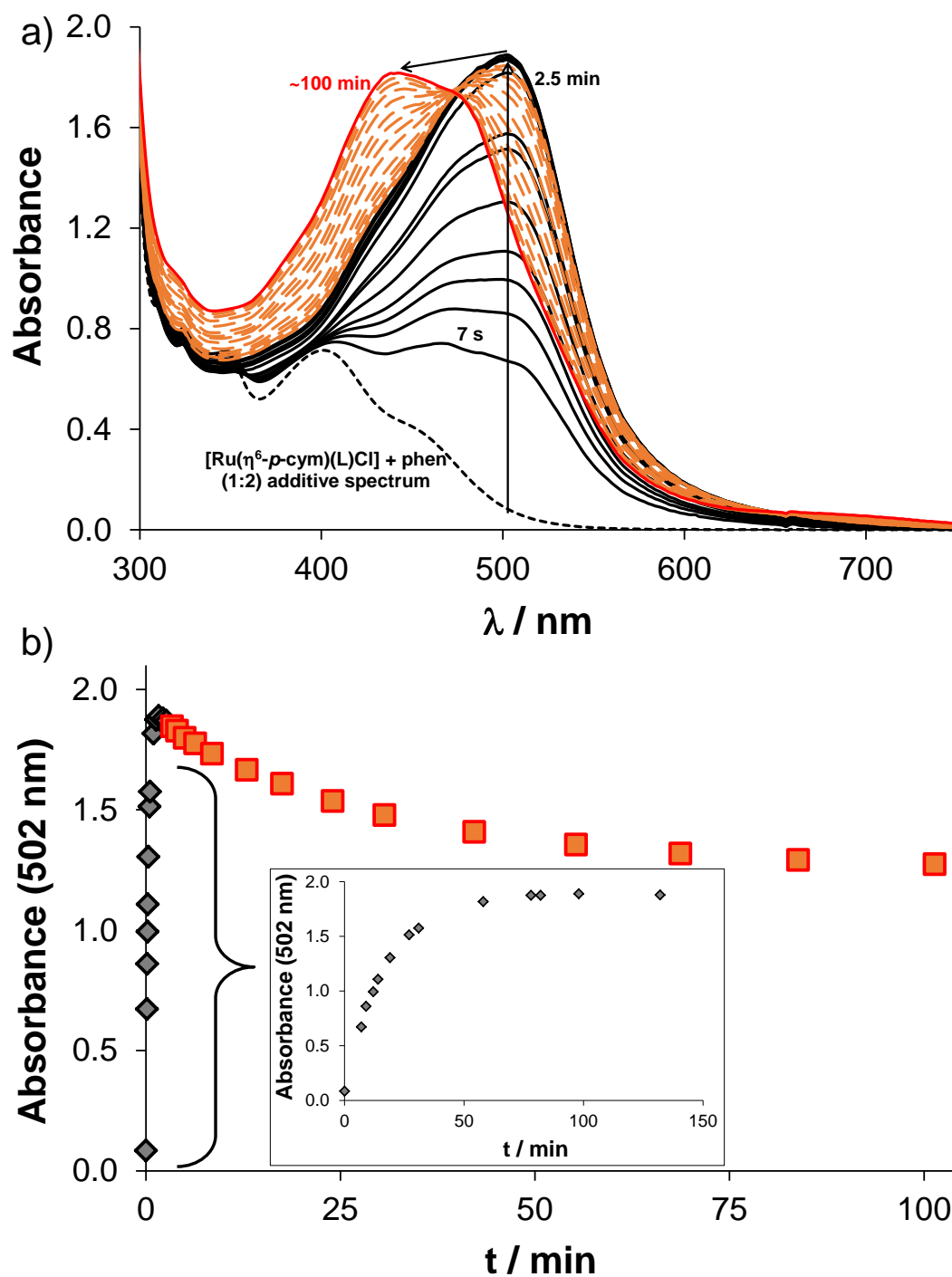


Fig. S21. a) Time-dependent UV-Vis absorption spectra of the $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ – 1,10-phenanthroline (1:2) system at pH = 7.40, in the presence of O_2 (L: coordinated form of HQCl-Pro). Dashed curve shows the additive spectrum of the metal complex and 2 eqs of 1,10-phenanthroline. b) Absorbance values at 502 nm in the function of time. Inset shows the completed first step in the first 150 seconds. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+) = 200 \mu\text{M}; c(1,10\text{-phenanthroline}) = 400 \mu\text{M}; \text{pH} = 7.40 (20 \text{ mM phosphate}; c(\text{KCl}) = 0.10 \text{ M}; T = 25.0 \text{ }^\circ\text{C}; \ell = 1 \text{ cm})\}$

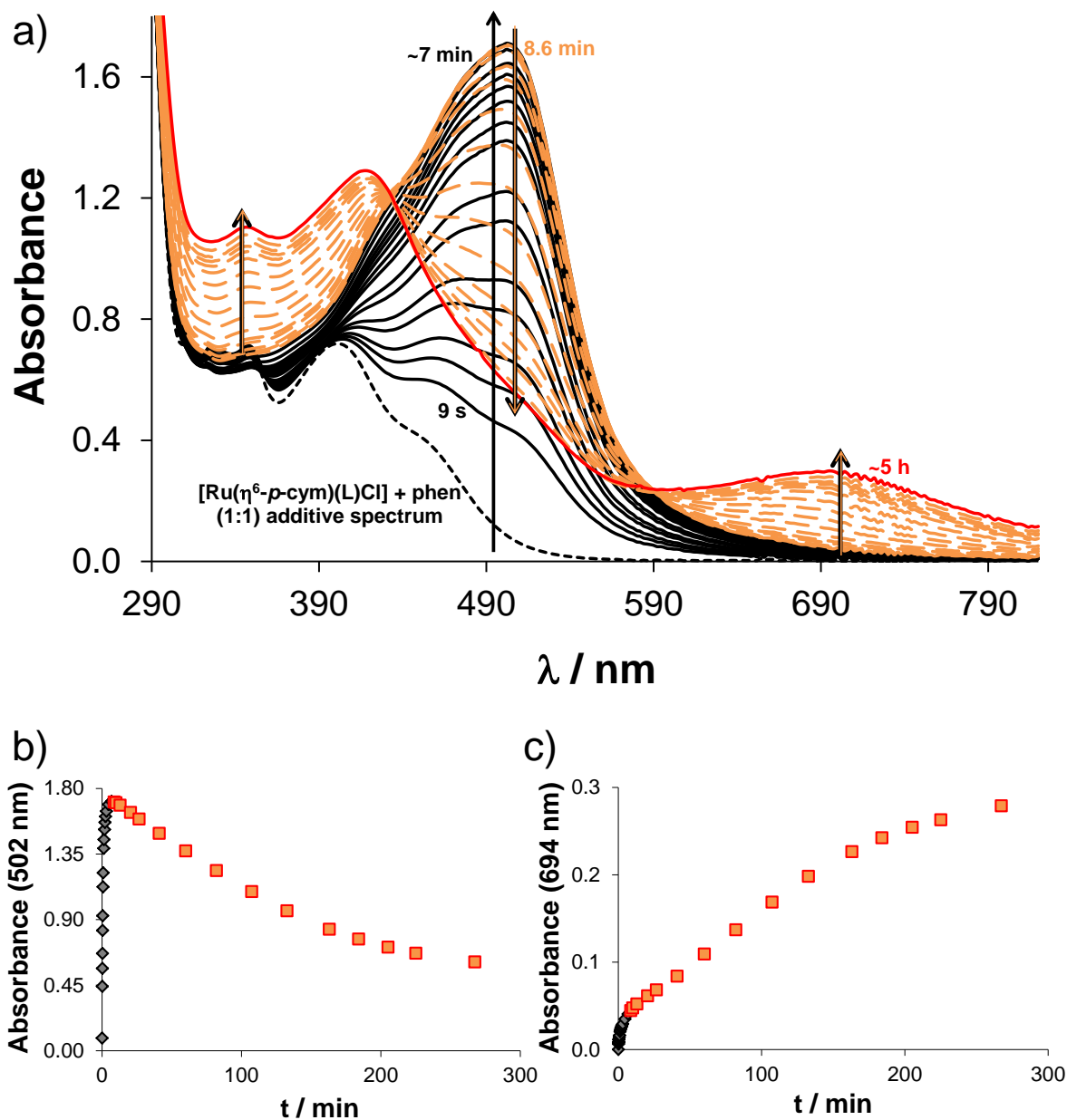


Fig. S22. a) Time-dependent UV-Vis absorption spectra of the $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ – 1,10-phenanthroline (1:1) system at pH = 7.40, in the presence of O_2 (L: coordinated form of HQCl-Pro). Dashed curve shows the additive spectrum of the metal complex and 1 eq of 1,10-phenanthroline. b) Absorbance values at 502 nm in the function of time. c) Absorbance values at 694 nm in the function of time. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+) = 200 \mu\text{M}; c(1,10\text{-phenanthroline}) = 200 \mu\text{M}; \text{pH} = 7.40$ (20 mM phosphate; $c(\text{KCl}) = 0.10 \text{ M}; T = 25.0 \text{ }^\circ\text{C}; \ell = 1 \text{ cm}\}$

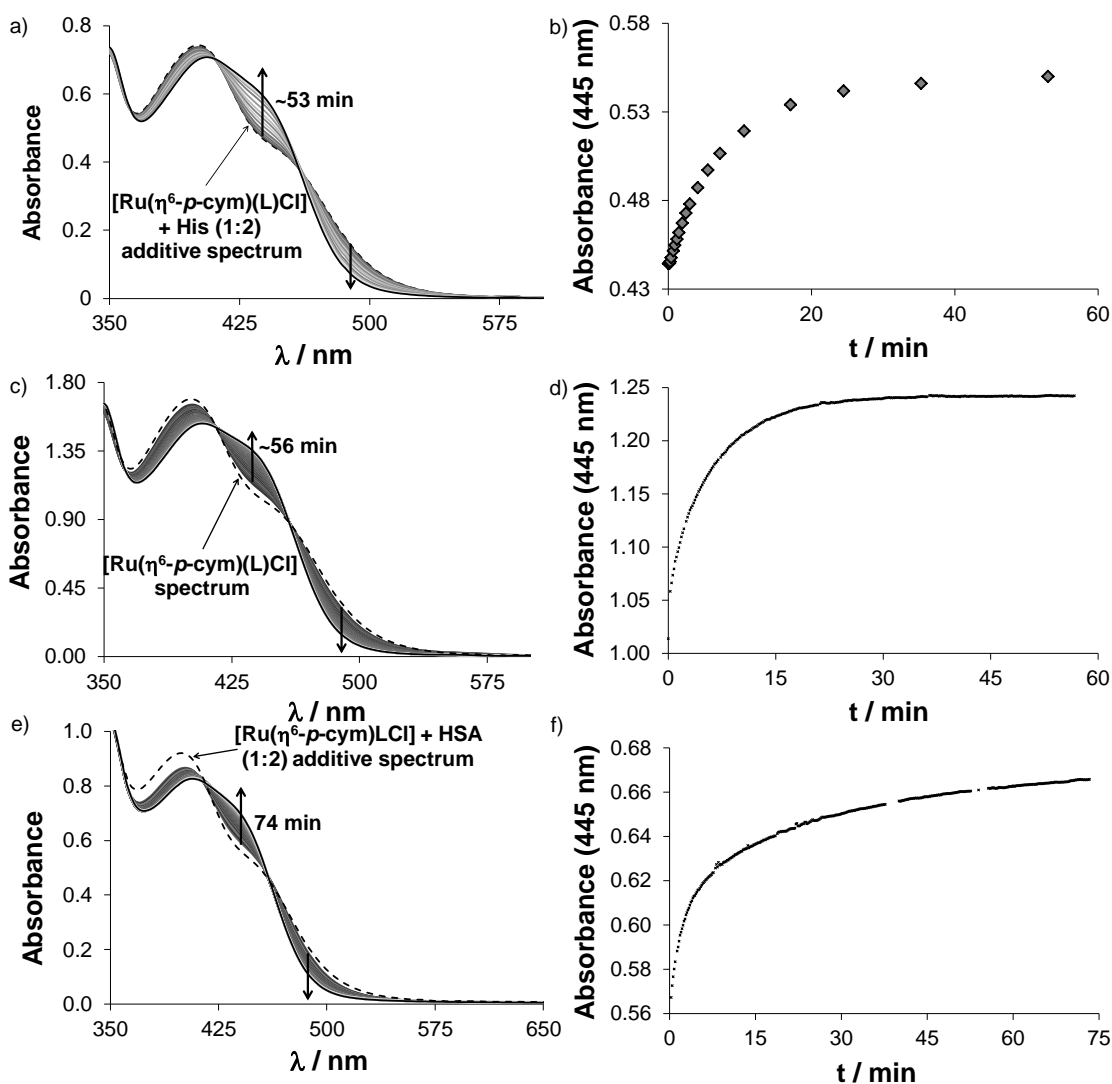


Fig. S23. Time-dependent UV-Vis absorption spectra of the a) $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ – L-histidine (1:2); c) $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ – RPMI 1640; e) $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ – human serum albumin (HSA) (1:2) systems at pH = 7.40, under aerobic conditions (L: coordinated form of HQCl-Pro). Dashed curves show the additive spectrum of the metal complex and 2 eqs of His/HSA. b,d,f). Absorbance values at 445 nm in the function of time. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+) = 200 \mu\text{M}$ (or $400 \mu\text{M}$ (in c,d)); $c(\text{His}) = 400 \mu\text{M}$; $c(\text{HSA}) = 400 \mu\text{M}$; pH = 7.40 (20 mM phosphate or RPMI 1640 itself); $c(\text{KCl}) = 0.10 \text{ M}$; $T = 25.0 \text{ }^\circ\text{C}$; $\ell = 1 \text{ cm}$ }

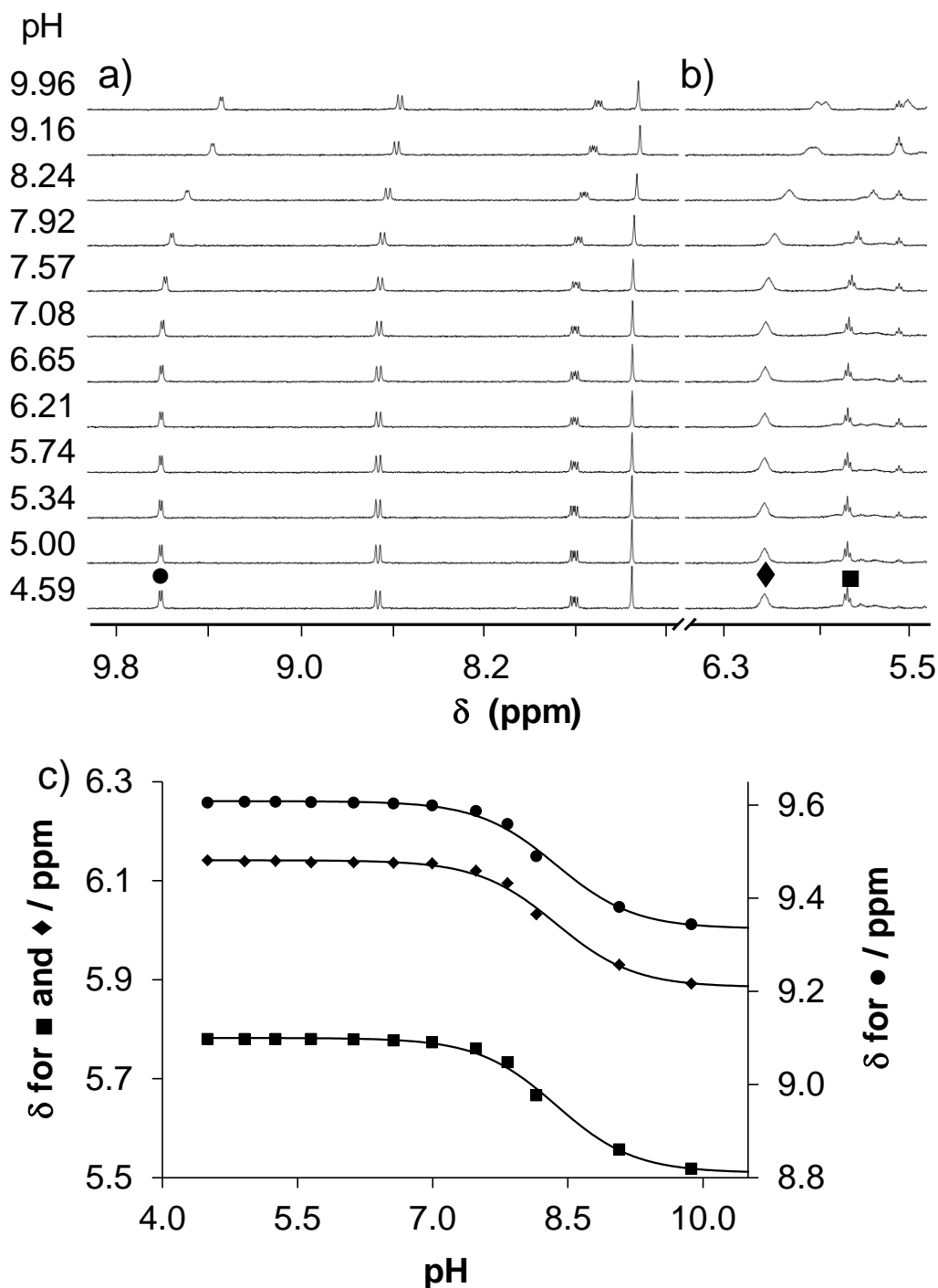


Fig. S24. ¹H NMR spectra of the Ru(η^6 -tol) – HQCl-Pro 1:1 system recorded at pH = 4.6-10.0. a) HQCl-Pro aromatic protons b) toluene aromatic protons. c) Measured (●,◆ and ■) and fitted (solid lines) chemical shift values of HQCl-Pro and toluene aromatic protons in the function of pH. { $c(\text{Ru}(\eta^6\text{-tol})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 300 \mu\text{M}$; solvent: 90% H_2O / 10% D_2O ; $T = 25.0 \text{ }^\circ\text{C}$; $I = 0.20 \text{ M} (\text{KNO}_3)$ }

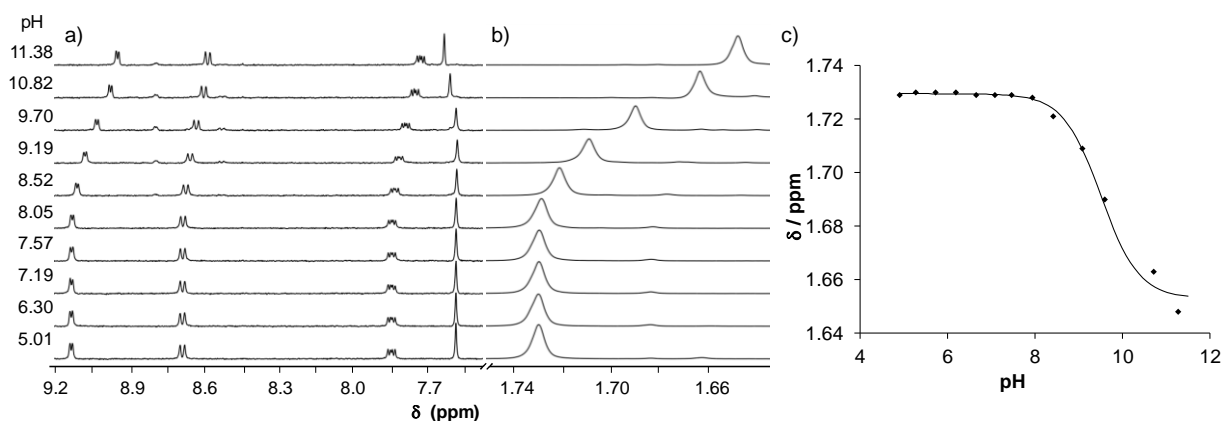


Fig. S25. ¹H NMR spectra of the Rh(η^5 -C₅Me₅) – HQCl-Pro 1:1 system recorded at pH = 5.0-11.4. a) Aromatic region (with increased intensity) b) C₅Me₅ methyl protons. c) Measured (◆) and fitted (solid line) chemical shift values of the methyl groups of C₅Me₅ in the function of pH. { $c(\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 300 \mu\text{M}$; solvent: 90% H₂O / 10% D₂O; $T = 25.0 \text{ }^\circ\text{C}$; $I = 0.20 \text{ M (KNO}_3)$ }

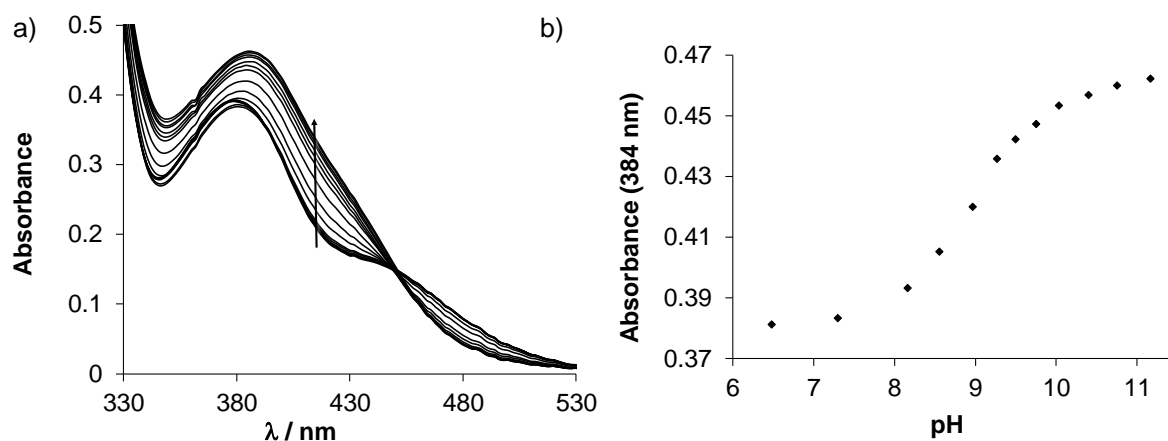


Fig. S26. a) UV-Vis absorption spectra of [Ru(η^6 -tol)(8-hydroxyquinolato)(H₂O)]⁺ at pH = 2.0-11.5. b) Measured absorbance values at 384 nm. { $c([\text{Ru}(\eta^6\text{-tol})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQ}) = 130 \mu\text{M}$; $T = 25.0 \text{ }^\circ\text{C}$; $I = 0.20 \text{ M (KNO}_3)$; $\ell = 1 \text{ cm}$ }

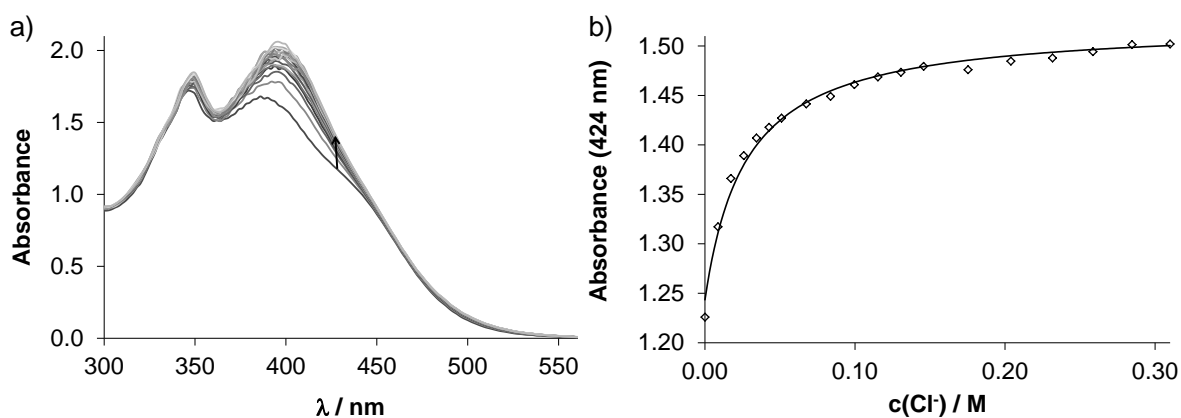


Fig. S27. a) UV-Vis absorption spectra of $[\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{L})(\text{H}_2\text{O})]^+$ (L: coordinated form of HQCl-Pro) in the presence of chloride ions at different concentrations. b) Measured (\diamond) and fitted (solid line) absorbance values at 424 nm. $\{c([\text{Rh}(\eta^5\text{-C}_5\text{Me}_5)(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 400 \mu\text{M}; c(\text{Cl}^-) = 0 - 310 \text{ mM}; \text{pH} = 5.52$ (phosphate buffer); $T = 25.0 \text{ }^\circ\text{C}$; $\ell = 1 \text{ cm}$

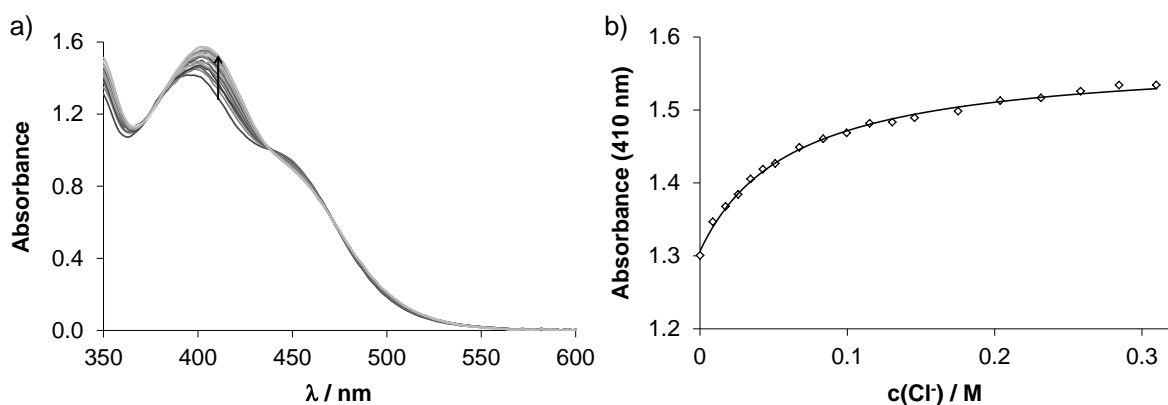


Fig. S28. a) UV-Vis absorption spectra of $[\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{L})(\text{H}_2\text{O})]^+$ (L: coordinated form of HQCl-Pro) in the presence of chloride ions at different concentrations. b) Measured (\diamond) and fitted (solid line) absorbance values at 410 nm. $\{c([\text{Ru}(\eta^6\text{-}p\text{-cym})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 400 \mu\text{M}; c(\text{Cl}^-) = 0 - 310 \text{ mM}; \text{pH} = 5.42$ (phosphate buffer); $T = 25.0 \text{ }^\circ\text{C}$; $\ell = 1 \text{ cm}$

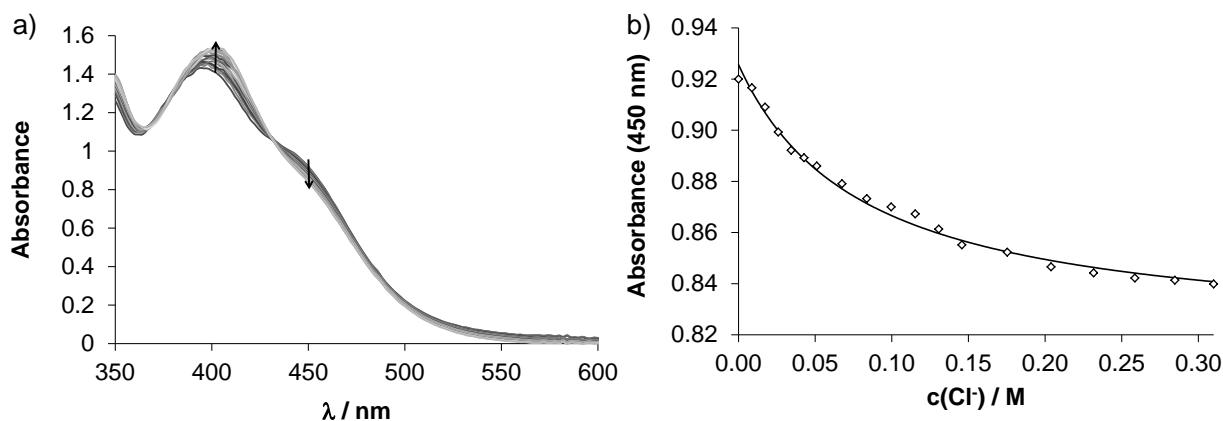


Fig. S29. a) UV-Vis absorption spectra of complex $[\text{Ru}(\eta^6\text{-tol})(\text{L})(\text{H}_2\text{O})]^+$ in the presence of chloride ions at different concentrations (L is the coordinated form of HQCl-Pro). b) Measured (\diamond) and fitted (solid line) absorbance values at 450 nm. $\{c([\text{Ru}(\eta^6\text{-tol})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQCl-Pro}) = 400 \mu\text{M}; c(\text{Cl}^-) = 0\text{--}310 \text{ mM}; \text{pH} = 5.46$ (phosphate buffer); $T = 25.0 \text{ }^\circ\text{C}$; $\ell = 1 \text{ cm}$

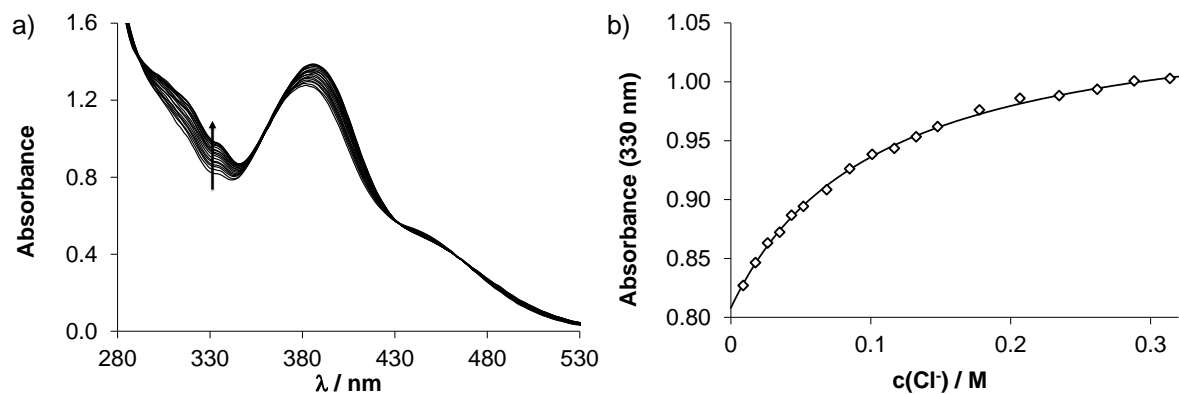


Fig. S30. a) UV-Vis absorption spectra of $[\text{Ru}(\eta^6\text{-tol})(8\text{-hydroxyquinolato})(\text{H}_2\text{O})]^+$ in the presence of chloride ions at different concentrations. b) Measured (\diamond) and fitted (solid line) absorbance values at 330 nm. $\{c([\text{Ru}(\eta^6\text{-tol})(\text{H}_2\text{O})_3]^{2+}) = c(\text{HQ}) = 400 \mu\text{M}; c(\text{Cl}^-) = 0\text{--}310 \text{ mM}; \text{pH} = 5.46$ (phosphate buffer); $T = 25.0 \text{ }^\circ\text{C}$; $\ell = 1 \text{ cm}$

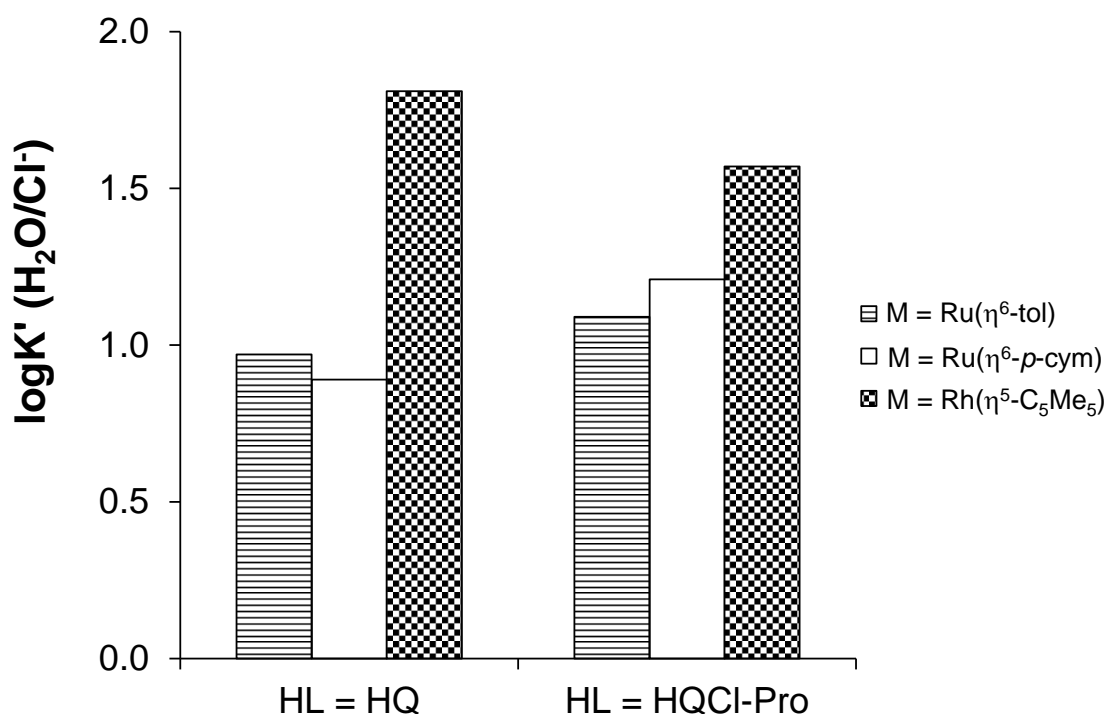


Fig. S31. Comparison of the $\log K' (\text{H}_2\text{O}/\text{Cl}^-)$ constants of half-sandwich 8-hydroxyquinolato complexes with the general structure: $[\text{M}(\eta^{5/6}\text{-arene})(\text{L})(\text{H}_2\text{O})]^+$. The constants for $[\text{Ru}(\eta^6\text{-tol})(8\text{-hydroxyquinolinato})(\text{H}_2\text{O})]^+$ (0.99(1), Fig. S30) and for the HQCl-Pro complexes (Table 2) were determined in this work, for the other constants see Ref. 6.

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