Wavenumber (cm ⁻¹)	Functional group assignment
3289	N-H stretching in Amides (Amide A) of proteins.
2960	C-H antisymmetric stretching vibrations in $-CH_3$ characteristics of fatty acid chains of membranes and amino acid side-chain.
2927	C-H antisymmetric stretching vibrations in –CH ₂ characteristics of fatty acid chains of membranes and amino acid side-chain.
2874	C-H symmetric stretching vibrations in -CH ₃
2855	C-H symmetric stretching vibrations in -CH ₂ in fatty acids
1657	Stretching C=O in amides (amide I band) of proteins
1537	N-H bending and C-N stretching in amides (amide II band) of proteins. Asymmetric stretching for deprotonated COO ⁻ groups
1401	C=O symmetric stretching vibrations of COO ⁻ functional groups of amino acid side chains or free fatty acids.
1235	Vibrations of C-O in carboxylic groups. Double bond stretching of >P=O of general phosphoryl groups and phosphodiester of nucleic acids.
1062	P=O symmetric stretching in nucleic acids. Stretching vibrations of C-OH, C-O-C and C-C of polysaccharides.