

**Supplementary Table 1.** The cytotoxicity of blank zein/pectin nanoparticles

Blank particle concentration ( $\mu\text{g/mL}$ )	Cell viability (%)	
	Caco-2	RAW 264.7
8.4	93.7 $\pm$ 3.6	94.7 $\pm$ 5.3
42.2	95.1 $\pm$ 4.5	94.4 $\pm$ 3.8
84.3	98.3 $\pm$ 1.5	96.3 $\pm$ 3.2
210.8	103.7 $\pm$ 5.5	96.4 $\pm$ 3.7
421.7	101.2 $\pm$ 2.4	94.6 $\pm$ 2.7
843.4	102.1 $\pm$ 4.3	96.2 $\pm$ 3.6