

<b>Supplementary Table S1.</b> Search terms		
PubMed	Search ((almond[Title/Abstract] OR Prunus amygdalus[Title/Abstract] OR P. amygdalus[Title/Abstract] OR Prunus dulcis[Title/Abstract] OR P.dulcis[Title/Abstract])) AND (Intervention[Title/Abstract] OR "Intervention Study"[Title/Abstract] OR "Intervention Studies"[Title/Abstract] OR "controlled trial"[Title/Abstract] OR randomized[Title/Abstract] OR randomized[Title/Abstract] OR random[Title/Abstract] OR randomly[Title/Abstract] OR placebo[Title/Abstract] OR "clinical trial"[Title/Abstract] OR Trial[Title/Abstract] OR "randomized controlled trial"[Title/Abstract] OR "randomized clinical trial"[Title/Abstract] OR RCT[Title/Abstract] OR blinded[Title/Abstract] OR "double blind"[Title/Abstract] OR "double blinded"[Title/Abstract] OR trial[Title/Abstract] OR "clinical trial"[Title/Abstract] OR trials[Title/Abstract] OR "Pragmatic Clinical Trial"[Title/Abstract] OR "Cross-Over Studies"[Title/Abstract] OR "Cross-Over"[Title/Abstract] OR "Cross-Over Study"[Title/Abstract] OR parallel[Title/Abstract] OR "parallel study"[Title/Abstract] OR "parallel trial"[Title/Abstract])	275
Scopus	( TITLE-ABS-KEY ( almond OR "Prunus amygdalus" OR "P. amygdalus" OR "Prunus dulcis" OR "P.dulcis" ) AND TITLE-ABS-KEY ( intervention OR "Intervention Study" OR "Intervention Studies" OR "controlled trial" OR randomized OR randomized OR random OR randomly OR placebo OR "clinical trial" OR trial OR "randomized controlled trial" OR "randomized clinical trial" OR rct OR blinded ) )	906
Web of science	(almond OR "Prunus amygdalus" OR "P. amygdalus" OR "Prunus dulcis" OR "P.dulcis") AND (Intervention OR "Intervention Study" OR "Intervention Studies" OR "controlled trial" OR randomized OR randomized OR random OR randomly OR placebo OR "clinical trial" OR Trial OR "randomized controlled trial" OR "randomized clinical trial" OR RCT OR blinded OR "double blind" OR "double blinded" OR trial OR "clinical trial" OR trials OR "Pragmatic Clinical Trial" OR "Cross-Over Studies" OR "Cross-Over" OR "Cross-Over Study" OR parallel OR "parallel study" OR "parallel trial"))	863
Cochrane	(almond OR Prunus amygdalus OR P. amygdalus OR Prunus dulcis OR P.dulcis):ti,ab,kw AND (Intervention OR "Intervention Study" OR "Intervention Studies" OR "controlled trial" OR randomized OR randomized	433

	OR random OR randomly OR placebo OR "clinical trial" OR Trial OR "randomized controlled trial" OR "randomized clinical trial" OR RCT OR blinded OR "double blind" OR "double blinded" OR trial OR "clinical trial" OR trials OR "Pragmatic Clinical Trial" OR "Cross-Over Studies" OR "Cross-Over" OR "Cross-Over Study" OR parallel OR "parallel study" OR "parallel trial"):ti,ab,kw	
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