

Figure S1. Inhibition of GTE (A) and BTE (B) on α -amylase and pancreatin. GTE, green tea extract; BTE, black tea extract.

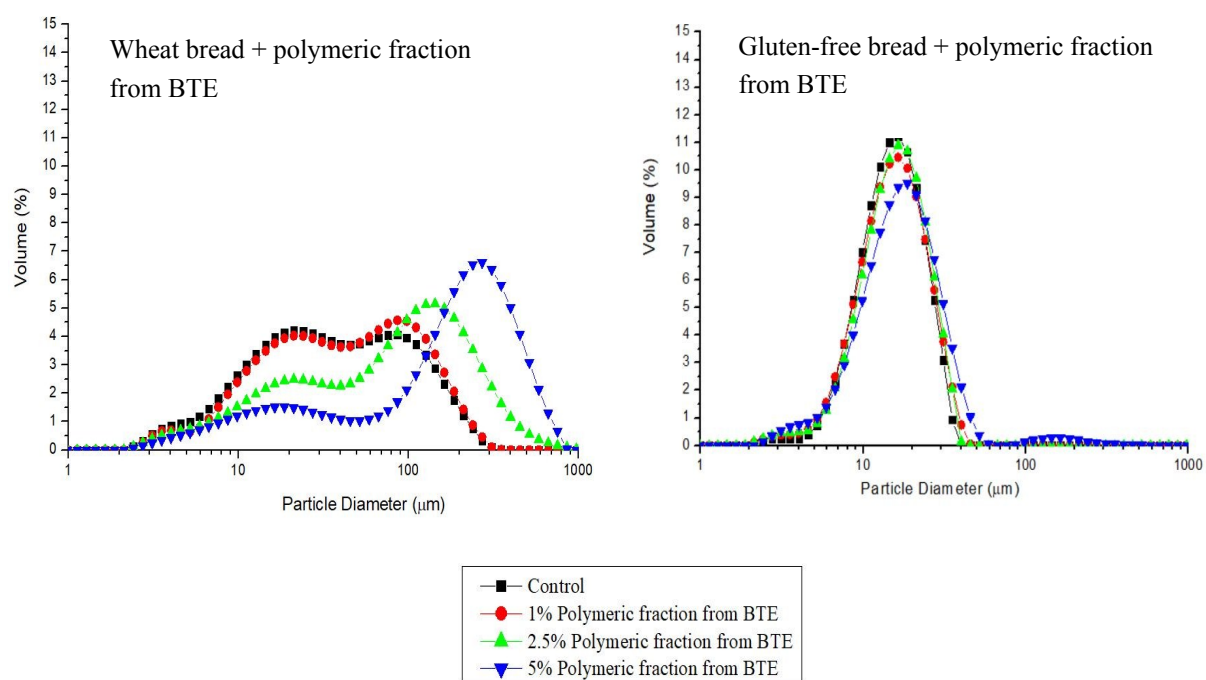


Figure S2. The breakdown of the bread matrix after co-digestion with different amount of polymeric fractions: size distribution of the intestinal digested bread samples. Note: 5 g of hydrated wheat bread and gluten-free bread was mixed with 0, 50, 125, 250 mg of polymeric fraction from BTE and marked as control, 1, 2.5 and 5%.