Supplementary data

Electrolyte	SSF (mM)	SGF (mM)	SIF (mM)						
KCl	30.2	13.8	13.6						
KH_2PO_4	7.4	1.8	1.6						
NaHCO ₃	27.2	50	170						
NaCl	-	94.4	76.8						
MgCl ₂ ·6H ₂ O	0.3	0.24	0.66						
$(NH_4)_2CO_3$	0.12	1.0	-						
HCl	2.2	31.2	16.8						
CaCl ₂ ·2H ₂ O	3.0	0.3	1.2						

Table S1 Amount of electrolyte solution

SSF: Simulated salivary fluid; SGF: simulated gastric fluid; SIF: simulated intestinal fluid.

Table S2 The chemical compositions of CCPs.

Total carbohydrate content (%)	Uronic acid content (%)	Protein content (%)				
95.54±0.26b	6.35±0.51a	3.93±0.99a				

Sample	Seq num	OUT num	Shannon index	ACE index	Chao1 index	Coverage	Simpson
BLK	59116±22567a	390±144b	2.315±1.134b	782±142a	622±147a	0.997±0.0014a	0.304±0.3165ab
CCPs	51102±17046a	300±71ab	2.271±0.336b	778±176a	514±101a	0.997±0.0005a	0.176±0.0777a
INL	48364±10560a	231±26a	1.314±0.158a	800±166a	538±63a	0.998±0.0002a	0.598±0.0535b
OR	67301±5226a	359±16ab	$2.402 \pm 0.075b$	718±26a	547±28a	0.998±0.0002a	0.208±0.0081a

Table S3 Basic sequencing indexes and Alpha diversity of samples from different treatment groups





Figure S2 High performance gel permeation chromatograms exhibiting the changes in the Mw of CCPs during digestion. (a) CCPs, polysaccharides from *C. cornucopioides*; (b) CCPs-S, Saliva digestion; (c) CCPs-G, Gastric digestion; (d) CCPs-I, intestinal digestion.



Figure S3 Gas chromatograms exhibiting the monosaccharide compositions of CCPs during digestion. (a) standard sample; (b) CCPs, polysaccharides from *C. cornucopioides*; (c) CCPs-S, Saliva digestion; (d) CCPs-G, Gastric digestion; (e) CCPs-I, intestinal digestion.



Figure S4 OTU-based sample clustering tree. OR, group of original feces; BLK, group of fermentation *in vitro* without carbon source; INL, group of fermentation *in vitro* with addition of inulin; CCPs, group of fermentation *in vitro* with addition of CCPs.



Figure S5 Alpha index rarefaction curve. OR, group of original feces; BLK, group of fermentation *in vitro* without carbon source; INL, group of fermentation *in vitro* with addition of inulin; CCPs, group of fermentation *in vitro* with addition of CCPs.



Figure S6 Phylum cluster barplot. OR, group of original feces; BLK, group of fermentation *in vitro* without carbon source; INL, group of fermentation *in vitro* with addition of inulin; CCPs, group of fermentation *in vitro* with addition of CCPs.



Figure S7 OTU-based 3D PCA diagram. OR, group of original feces; BLK, group of fermentation *in vitro* without carbon source; INL, group of fermentation *in vitro* with addition of inulin; CCPs, group of fermentation *in vitro* with addition of CCPs.



Figure S8 LEfSe analysis histogram. OR, group of original feces; BLK, group of fermentation *in vitro* without carbon source; INL, group of fermentation *in vitro* with addition of inulin; CCPs, group of fermentation *in vitro* with addition of CCPs.