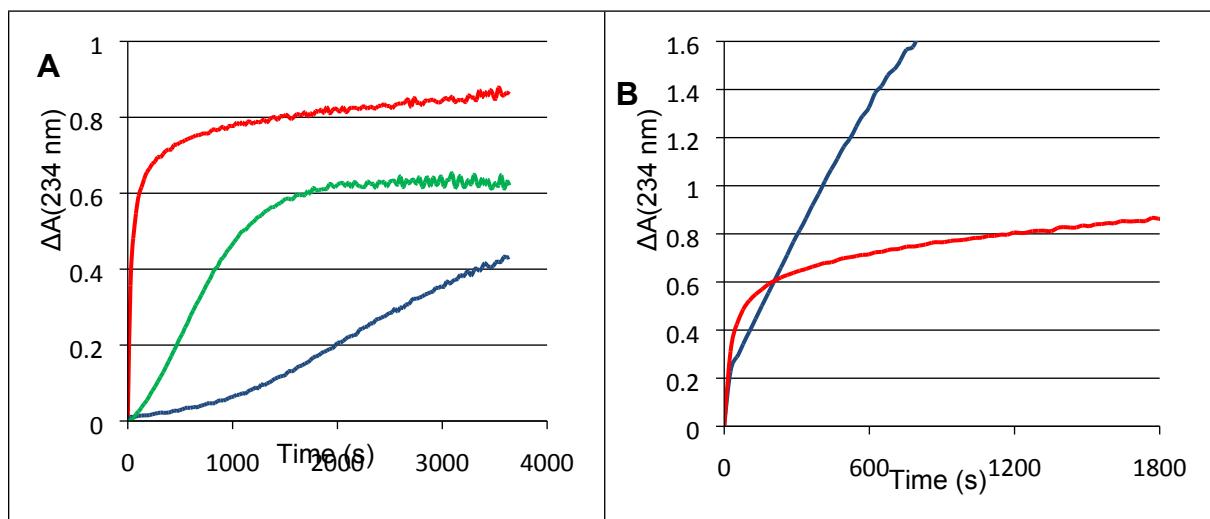


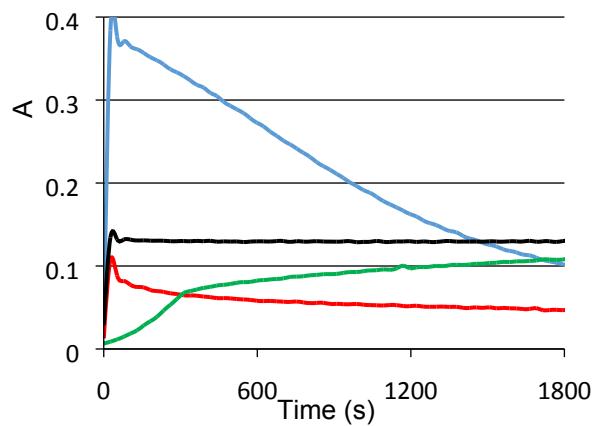
**Iron-induced peroxidation of trilinolein nano-emulsions under model gastric conditions and its inhibition by dietary phenolic antioxidants**

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**SUPPLEMENTARY MATERIAL**

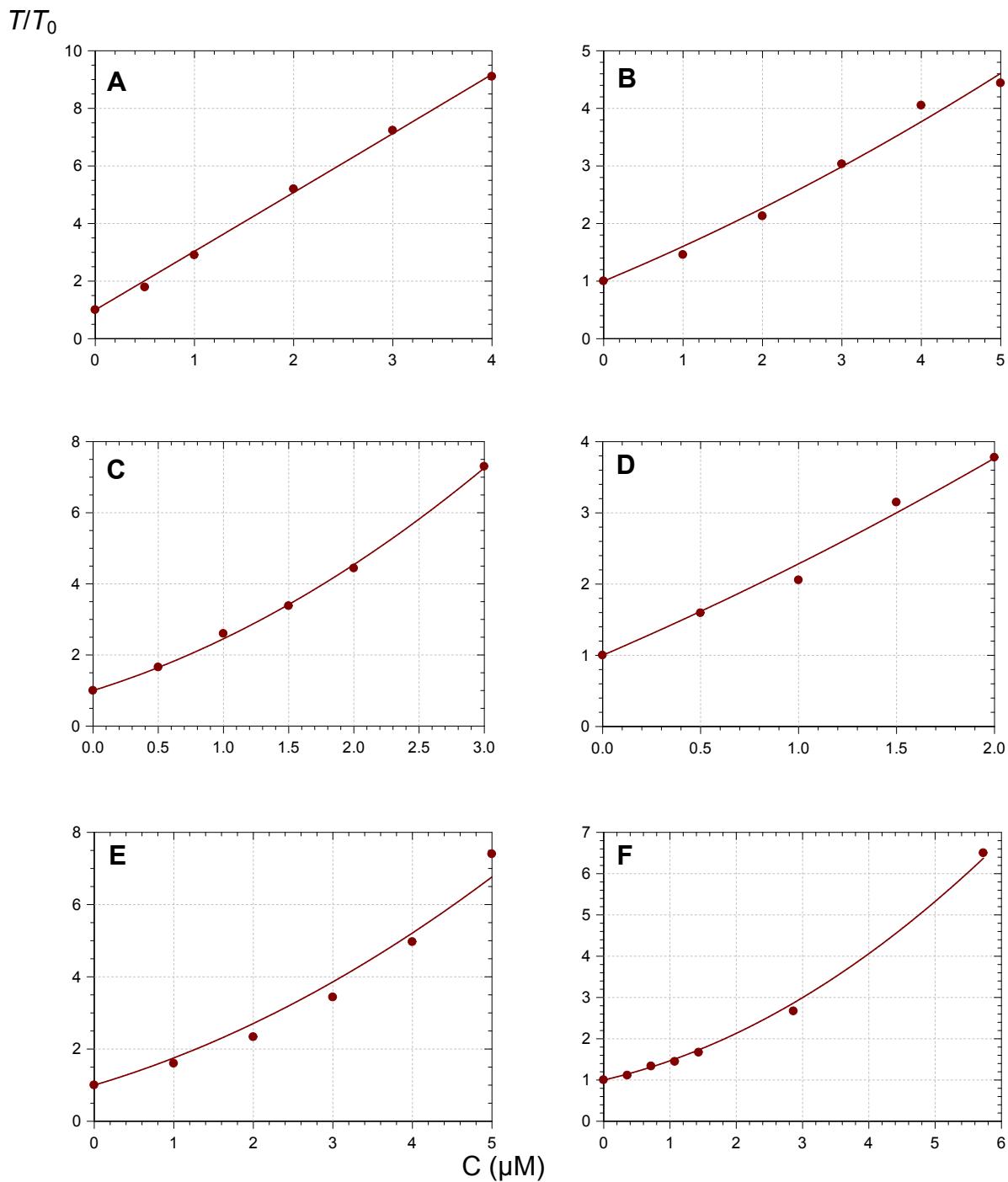


**Fig. 1-SM.** Iron-induced peroxidation of trilinolein nano-emulsion. Influence of pH and iron form. **A:** pH 4.0, iron concentration = 2  $\mu\text{M}$ , MbFe<sup>III</sup> (—), FeSO<sub>4</sub> (—), Fe(NO<sub>3</sub>)<sub>3</sub> (—). **B:** Initiator: 2  $\mu\text{M}$  MbFe<sup>III</sup>, pH 5.8 (—), pH 4.0 (—).  $\Delta A = A(t) - A(t = 0)$ .

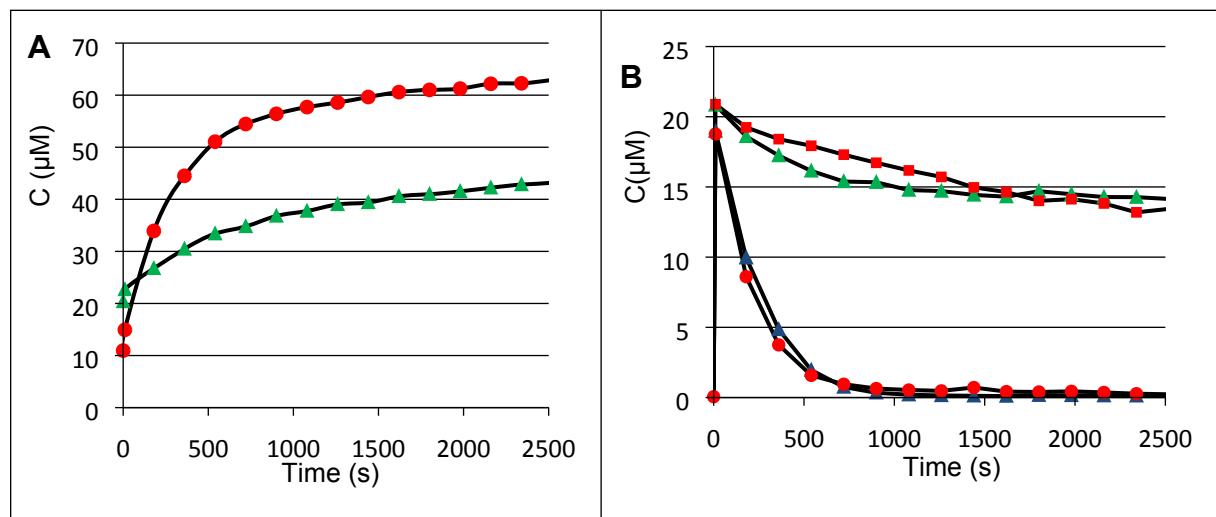


**Fig. 2-SM.** Iron-induced peroxidation of trilinolein nano-emulsion. Fate of iron forms.

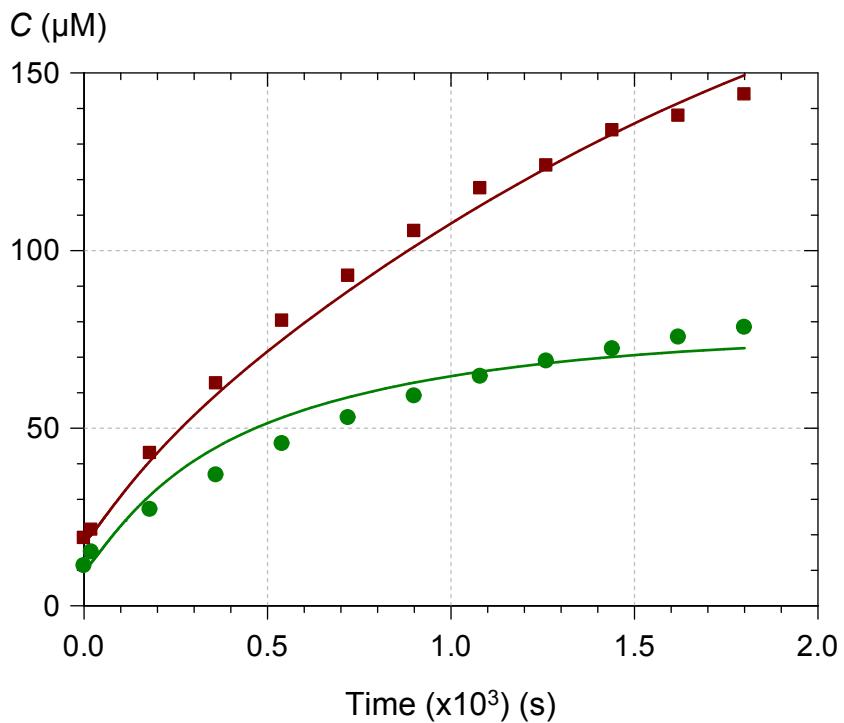
Initiator: 2  $\mu\text{M}$   $\text{MbFe}^{\text{III}}$ , pH 5.8 (—, Soret band, detection at 410 nm), pH 4.0 (—, Soret band, detection at 400 nm), 80  $\mu\text{M}$   $\text{FeSO}_4$  (—) and 80  $\mu\text{M}$   $\text{Fe}(\text{NO}_3)_3$  (—), detection at 340 nm ( $\text{Fe}^{\text{III}}$  absorption).



**Fig. 3-SM.** Inhibition of heme-induced peroxidation of trilinolein nano-emulsion by phenolic antioxidants, pH 5.8. Plots of  $T/T_0$  vs. antioxidant concentration for  $IC_{50}$  determination (mean of 3 repetitions). **A:** rutin,  $IC_{50} = 0.49 (\pm 0.02) \mu M$ , **B:**  $\alpha$ -tocopherol,  $IC_{50} = 1.61 (\pm 0.16) \mu M$ , **C:** malvidin 3-glucoside,  $IC_{50} = 0.73 (\pm 0.03) \mu M$ , **D:** epicatechin,  $IC_{50} = 0.79 (\pm 0.03) \mu M$ , **E:** procyanidin DP3,  $IC_{50} = 1.28 (\pm 0.08) \mu M$ , **F:** procyanidin DPm8,  $IC_{50} = 1.83 (\pm 0.04) \mu M$ .



**Fig. 4-SM.** Inhibition of iron-induced peroxidation of LA micelles by rutin, pH 4.0, rutin concentration = 0 or 10  $\mu\text{M}$ , initiation by 20  $\mu\text{M}$  FeSO<sub>4</sub>. **A:** CD accumulation ( $\blacktriangle$ ), control (no rutin,  $\bullet$ ). **B:** Fe<sup>II</sup> consumption,  $\bullet$ : LA, no rutin,  $\blacktriangle$ : no LA, no rutin,  $\blacksquare$ : LA + rutin,  $\blacktriangledown$ : no LA, rutin.



**Fig. 5-SM.** Heme-induced peroxidation of trilinolein nano-emulsion, pH 5.8. Simultaneous curve-fitting of the plots featuring the accumulation of conjugated dienes (●) and hydroperoxides (■). Fixed parameters:  $k_{i1} = 10^3 \text{ M}^{-1} \text{ s}^{-1}$ ,  $r_{\text{ox}} = 1.3 \text{ M}^{-1/2} \text{ s}^{-1/2}$ ,  $C_d = 1 \mu\text{M}$ ,  $k_{p1}[\text{O}_2] = 7.5 \times 10^4 \text{ s}^{-1}$ . Optimized parameters:  $k_{p2} = 4 \times 10^2 \text{ M}^{-1} \text{ s}^{-1}$ ,  $k_e = 3 \times 10^3 \text{ M}^{-1} \text{ s}^{-1}$ .