Electronic Supplementary Material (ESI) for Food & Function. This journal is © The Royal Society of Chemistry 2021

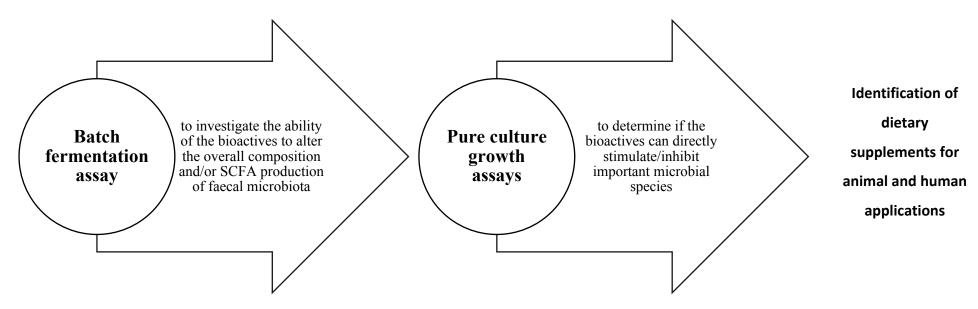


Figure S1. An outline of the experimental processes of this study.

**Table S1.** List of 16S rRNA regions incorporated into plasmids for the preparation of specific *Escherichia coli* clones used for the quantification of *Lactobacillus spp.*, total bacteria, *Enterobacteriaceae*, *Bifidobacterium spp*. and *Prevotella spp*.

Bacterial group	GenBank I.D. (for purposes of alignment)	Region aligned	Description	Primer Pairs	Tm (°C)	Amplicon length (bp)	
Lactobacillus spp.	CP017124.1	367650-	Cloned Fragment and	F: AGCAGTAGGGAATCTTCCA	54.5	241	
		367990	QPCR amplicon	R: CACCGCTACACATGGAG	55.2	341	
Total Bacteria	CP033387.1	1195141-	Cloned Fragment and	F: GTGCCAGCMGCCGCGGTAA	64.2	291	
		1195413	QPCR amplicon	R: GACTACCAGGGTATCTAAT	52.4		
Enterobacteriaceae	CP041955.1	483389-	Clone Fragment and QPCR	F: ATGTTACAACCAAAGCGTACA	54	105	
		483554	amplicon	R: TTACCYTGACGCTTAACTGC	56.3	185	
Bifidobacterium spp.	CP016019.1	2328042-	Claused Franciscut	F: GCAATATTCCCCACTGCTGC	59.3	586	
		2328627	Cloned Fragment	R: GGTGTGGTGGTGGTTTGAGA	59.3		
		2328368-	QPCR amplicon located	F: GCGTGCTTAACACATGCAAGTC	60.3	425	
		2328244	within the cloned fragment R: CACCCGTTTCCAGGAGCTATT		59.8	125	
Prevotella spp.	CP024730.1	246704-	Cloned Fragment and	F: CACRGTAAACGATGGATGCC	58.3		
		246191	QPCR amplicon	CR amplicon R: GGTCGGGTTGCAGACC		514	

bp, base pairs; Tm, melting temperature.

Bacterial Strain	Beneficial properties	Disease	References	
	Pig	Human	-	
Lactobacillus plantarum	Antimicrobial activity against	Adhesive properties	N/A	63, 65, 68, 74, 87-89
	enteropathogens	Antibacterial activity against enteropathogens		
	Increase of other lactobacilli and	IL-10 upregulation		
	butyrate-producing clostridia	Anti-tumour activity		
	Reduction of Enterobacteriaceae and	Hypocholesteromic activity		
	ETEC-induced diarrhea	Improved nutrient digestibility		
	Inhibition of $\beta$ -glycoronidase activity			
	(carcinogenesis)			
Lactobacillus reuteri	Adhesive properties	Adhesive properties	N/A	63, 66, 71, 73, 74, 87, 90-9
	Antimicrobial activity against	Antimicrobial activity against enteropathogens		
	enteropathogens	Inhibition of EPEC adhesion		
	Increase of other lactobacilli	Antiviral activity against Coxsackieviruses type A		
	Reduction of Enterobacteriaceae	and Enterovirus 71		
	Inhibition of $\beta$ -glycoronidase activity			
	(carcinogenesis)			
	Increased adaptation to starch			
	fermentation			

## **Table S2.** Health-associated characteristics of the bacterial strains used in the pure culture growth assays.

Bifidobacterium	Strong anti-Brachyspira activity	Adhesive properties	N/A	64, 66, 67, 70, 75, 94
thermophilum		Inhibition of Listeria monocytogenes invasion in		
		host cells		
		S. Typhimurium inhibition and interference with		
		virulence factors expression		
		Enhanced epithelial integrity during S.		
		Typhimurium infection		
		Antiviral activity against Rotavirus and reduced		
		disease severity and duration		
Enterotoxigenic Escherichia	N/A	N/A	Pig: significant mortality,	83, 95
<i>coli</i> O149A+:K91:F4			postweaning diarrhoea	
			Human: no reported disease in	
			humans	
Salmonella Typhimurium	N/A	N/A	Pig: enterocolitis, septicaemia	82, 96
PT12			Humans: gastroenteritis	

N/A, Not Applicable.