

1 SUPPORTING INFORMATION

2 **Demonstrating the involvement of an active efflux mechanism in the intestinal absorption of**
3 **chlorogenic acid and quinic acid using a Caco-2 bidirectional permeability assay.**

4

5 Olivier Mortelé^{1,3}, Jennifer Jörissen², Irina Spacova², Sarah Lebeer², Alexander L.N. van Nuijs¹, Nina
6 Hermans³

7

8 ¹Toxicological Centre, University of Antwerp, Universiteitsplein 1, 2610 Wilrijk, Belgium

9 ²Research Group Environmental Ecology and Applied Microbiology (ENdEMIC), Department of
10 Bioscience Engineering, University of Antwerp, Groenenborgerlaan 171, 2020 Antwerpen

11 ³Natural Products and Food – Research & Analysis (NatuRA), University of Antwerp, Universiteitsplein
12 1, 2610 Wilrijk, Belgium

13 *-corresponding authors: olivier.mortele@uantwerpen.be, nina.hermans@uantwerpen.be

14

15 1.1. LC-MS/MS analysis

16 1.1.1. *Chlorogenic acid and ferulic acid-D₃*

17 The used mobile phase compositions were ultrapure water with 0.1 % (v/v) formic acid (A) and MeOH
18 (B) with a constant flow of 0.3 mL/min. The gradient was constructed as follows: for 1 min B was used
19 at 2%, followed by an increase to 98% B over 3.5 min. The column was rinsed for 6 min with 98 % B
20 and re-equilibrated at 2% B for 6 min. The LC-stream was directed to the waste after 6 min of analysis-
21 time to limit source contamination.

22 Chlorogenic acid, and ferulic acid-D₃ as internal standard, were measured in negative MRM mode
23 (Table 1). Gas temperature and flow were set at 200 °C and 14 L/min respectively. A nebulizer pressure
24 of 20 psi was chosen, while sheath gas temperature and flow were set to 400 °C and 11 L/min. A
25 capillary and nozzle voltage of 4000 V and 2000 V respectively were chosen.

26 1.1.2. *Quinic acid*

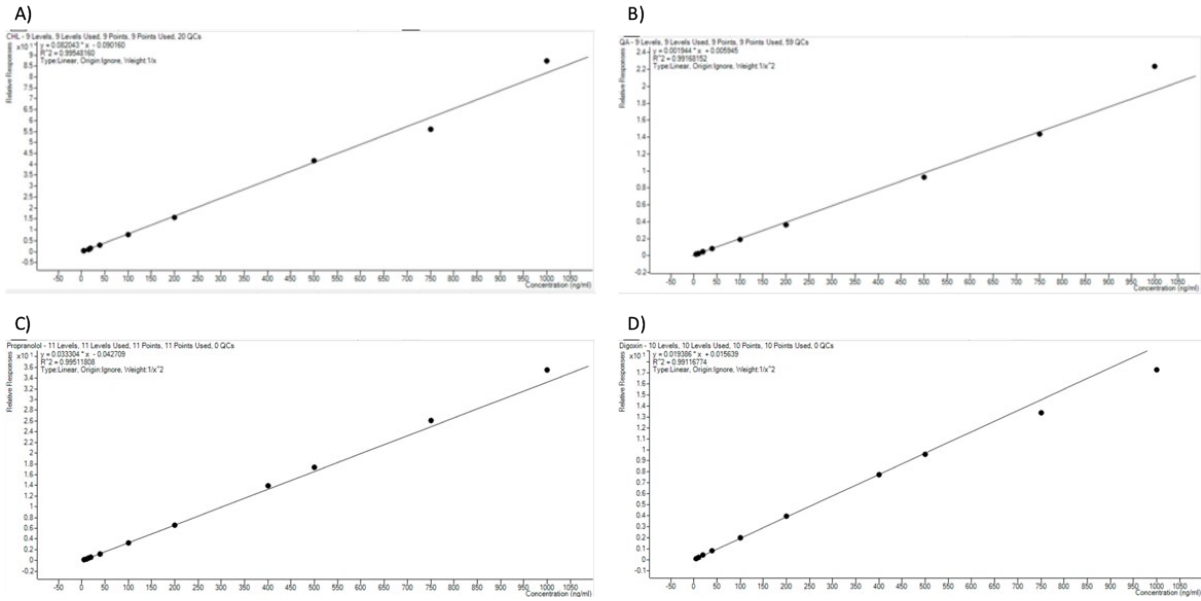
27 The mobile phase compositions were ultrapure water with 0.04% (v/v) formic acid (A) and MeOH (B)
28 with a constant flow of 0.3 mL/min. Mobile phase B started at 1% for 2 min, followed by an increase
29 to 98% B over 8 min. The column was rinsed for 6 min before 4 min re-equilibration at 1% B. The LC-
30 stream was directed to the waste after 6 min analysis-time.

31 Quinic acid was analyzed in negative MRM mode. Ferulic acid-D₃ was used as the internal standard
32 (Table 1). Optimized source parameters were set as followed: gas temperature of 200 °C, gas flow of
33 14 L/min, nebulizer pressure of 50 psi, sheath gas temperature of 400 °C, sheath gas flow of 12 L/min,
34 capillary voltage of 2500 V and a nozzle voltage of 2000 V.

35 1.1.3. *Propranolol and digoxin*

36 Mobile phase A consisted of 20 mM ammoniumacetate in ultrapure water. Acetonitrile was used as
37 mobile phase B. The chromatographic run started at 10% B for 1 min, followed by an increase to 95%
38 B over 9 min. The column was rinsed for 5 min at 95 % B before 5 min re-equilibration at 10% B. The
39 LC-stream was directed to the waste after 8 min of analysis-time to limit source contamination.

40 Propranolol, propranolol-D₇ (internal standard), digoxin and digoxin-D₃ (internal standard) were
41 analyzed in positive MRM mode (Table 1). Gas temperature, flow and nebulizer pressure were identical
42 to the parameters described for chlorogenic acid. Sheath gas temperature was set to 200 °C with a
43 flow of 11 L/min. Capillary and nozzle voltages were 3500 V and 1500 V.



45

46 **Figure S1:** Overview of the calibration curves of chlorogenic acid (A), quinic acid (B), propranolol (C)
 47 and digoxin (D).

48

49 **Table S1:** Overview of the calculated P_{app} values and efflux ratios for chlorogenic acid and the positive
 50 control compounds

Compound	$P_{app}(A-B)$ (cm/s) (\pm SD) $\times 10^{-6}$ (n=3)	$P_{app}(B-A)$ (cm/s) (\pm SD) $\times 10^{-6}$ (n=3)	Efflux ratio
Chlorogenic acid 10 μ M	2.42 (\pm 0.16)	8.01 (\pm 0.41)	3.3 (\pm 0.2)
Chlorogenic acid 50 μ M	2.61 (\pm 0.20)	8.41 (\pm 0.77)	3.2 (\pm 0.4)
Propranolol	5.45 (\pm 0.86)	8.40 (\pm 0.56)	1.5 (\pm 0.3)
Digoxin	0.36 (\pm 0.02)	7.91 (\pm 0.73)	22.0 (\pm 2.4)

52 **Table S2:** Overview of the calculated Papp values and efflux ratios for quinic acid and the positive
53 control compounds.

Compound	$P_{app}(A-B)$ (cm/s) (\pm SD) $\times 10^{-6}$ (n=3)	$P_{app}(B-A)$ (cm/s) (\pm SD) $\times 10^{-6}$ (n=3)	Efflux ratio
Quinic acid	3.8 (\pm 0.69)	22.6 (\pm 1.8)	5.9 (\pm 1.2)
Propranolol	5.14 (\pm 0.35)	5.22 (\pm 0.35)	1.0 (\pm 0.1)
Digoxin	0.70 (\pm 0.16)	6.17 (\pm 0.23)	8.7 (\pm 2.1)