Flavor and Texture Characteristics of Microwave Cooked Kung Pao Chicken by Different

Heat Conduction and Further Aroma Improvement through Moderate Enzymatic

Hydrolyzed Chicken Fat

Supplementary data

Figure Captions

Fig. S1 Temperature curves of microwave cooked chicken at different microwave power in the ceramic dish (a), the microwave absorption dish (b) and the optimal microwave cooking processes

(c)

Fig. S1



Table S1 Sensory evaluation standards of Kung Pao Chicken

Item	Scoring Criteria	Score				
Calar	Uniform color, clear ingredients, brown red chicken					
(25 maints)	Uneven color, clear ingredients, lighter or darker chicken	15-20				
(25 points)	Uneven color, unclear raw materials, light or dark color of chicken	10-15				
- -	Rich aroma					
(25 mainte)	General aroma	15-20				
(25 points)	Very light aroma or no scent	10-15				
-	Salty, fresh, sweet, sour, slightly spicy, soft and delicious	20-25				
Taste	One or more of the salty, sweet and sour tastes are too prominent,	15 20				
(25 points)	not soft enough and delicious					
	Without any prominent taste					
Texture	Chicken tender and peanut crisp					
	Chicken is tender, but peanuts are not crispy	15-20				
(25 points)	Chicken is tough and peanuts are soft	10-15				

Table S2 Relaxation time and distribution of water of Kung Pao Chicken in different cooking

 methods

Relaxation	CDCM		MAI	DCM	TCM		
neak	Relaxation	Proportion	Relaxation	Proportion	Relaxation	Proportion	
реак	time (s)	(%)	time (s)	(%)	time (s)	(%)	
T_{21}	0.34	2.17±0.01	0.37	2.75±0.01	0.21	3.69±0.02	
T_{22}	11.10	96.28±0.15	11.90	94.87±0.14	14.65	93.26±0.12	
<i>T</i> ₂₃	117.58	1.54±0.00	144.81	2.38±0.02	178.34	3.05±0.02	

Volatile compounds	Relative concentration of major volatile compounds ($\mu g/100 \text{ g}$).									
	MC0	MC1	MC2	MC3	MC4	MC5	MC6	MC7	MC8	MC9
Hexanal	$\begin{array}{c} 41.57 \pm \\ 3.44^{ab} \end{array}$	45.78 ± 0.65 ^{bc}	58.66 ± 1.66 ^d	$\begin{array}{c} 31.53 \pm \\ 0.89^a \end{array}$	$\begin{array}{c} 64.77 \pm \\ 3.66^{d} \end{array}$	54.81 ± 3.88 ^{cd}	$\begin{array}{c} 172.56 \\ \pm \ 4.88^g \end{array}$	81.16 ± 5.74°	$\begin{array}{c} 153.13 \\ \pm \ 9.83^{\rm f} \end{array}$	198.19 ± 5.61^{h}
Heptanal	$\begin{array}{l} 4.65 \pm \\ 0.33^a \end{array}$	ND	ND	ND	ND	$\begin{array}{c} 3.95 \pm \\ 0.11^a \end{array}$	19.08 ± 1.35^{b}	$\begin{array}{c} 3.79 \pm \\ 0.11^a \end{array}$	16.24 ± 0.46°	27.74 ± 1.96 ^d
Nonanal	24.58 ± 1.04^{b}	$\begin{array}{c} 29.86 \pm \\ 2.11^{cd} \end{array}$	15.03 ± 1.06^{a}	$\begin{array}{c} 31.79 \pm \\ 0.90^d \end{array}$	$\begin{array}{c} 15.43 \pm \\ 0.44^a \end{array}$	14.93 ± 0.21^{a}	$\begin{array}{c} 56.72 \pm \\ 1.60^{g} \end{array}$	28.01 ± 1.58°	38.28 ± 1.08 ^e	$\begin{array}{c} 45.78 \pm \\ 0.65^{\rm f} \end{array}$
(E)-2- Octenal	$2.22 \pm 0.06^{\text{b}}$	$\begin{array}{c} 2.58 \pm \\ 0.07^{\text{b}} \end{array}$	$\begin{array}{c} 2.55 \pm \\ 0.18^{b} \end{array}$	$\begin{array}{c} 4.26 \pm \\ 0.30^{d} \end{array}$	$\begin{array}{c} 0.89 \pm \\ 0.06^a \end{array}$	3.43 ± 0.19°	$\begin{array}{c} 4.55 \pm \\ 0.32^d \end{array}$	3.4 ± 0.10°	7.66 ± 0.54 ^e	$\begin{array}{c} 8.22 \pm \\ 0.23^{\rm f} \end{array}$
(E)-2- Nonenal	ND	ND	ND	ND	1.7 ± 0.02^{a}	ND	ND	2.01 ± 0.03^{b}	$\begin{array}{c} 2.67 \pm \\ 0.08^{c} \end{array}$	$\begin{array}{c} 3.42 \pm \\ 0.15^d \end{array}$
(<i>E</i>)-2- Decenal	ND	ND	ND	ND	ND	$\begin{array}{c} 2.8 \pm \\ 0.08^a \end{array}$	4.8 ± 0.07°	ND	$\begin{array}{c} 3.95 \pm \\ 0.28^{b} \end{array}$	$\begin{array}{c} 5.94 \pm \\ 0.08^{d} \end{array}$
2,4- Decadienal	ND	ND	ND	ND	$\begin{array}{c} 0.62 \pm \\ 0.04^{ab} \end{array}$	$\begin{array}{c} 2.46 \pm \\ 0.03^{\rm f} \end{array}$	1.52 ± 0.11°	0.7 ± 0.05 ^b	$\begin{array}{c} 0.58 \pm \\ 0.02^a \end{array}$	1.71 ± 0.05^{d}
1-Octen-3- ol	17.1 ± 0.24 ^e	12.5 ± 0.53°	$\begin{array}{c} 15.2 \pm \\ 0.43^{d} \end{array}$	$\begin{array}{l} 9.4 \pm \\ 0.13^{ab} \end{array}$	$\begin{array}{c} 10 \pm \\ 0.28^{ab} \end{array}$	8.3 ± 0.59ª	$\begin{array}{c} 23.4 \pm \\ 1.65^{g} \end{array}$	10.7 ± 0.30 ^b	$\begin{array}{c} 21 \pm \\ 0.59^{\rm f} \end{array}$	$\begin{array}{c} 29.8 \pm \\ 1.26^{\rm h} \end{array}$

Table S3 Relative concentration of major volatile compounds in the samples of MCKPC in CDCM with different oil combination and amount

The means in a row with different letters were significantly different (p < 0.05); ND: not detected.