

### **Supplementary Information**

**Table S1**

Non-codified and codified factor levels for the central composite design

	<b>Non-Codified level</b>	<b>Low</b>	<b>Mid</b>	<b>High</b>
	<b>Codified level</b>	-	0	+
<b>Factor</b>	<b>Symbol</b>			
Chitosan conc. (%w/v)	(A)	0.1	0.2	0.3
TPP conc. (%w/v)	(B)	0.010	0.015	0.020
Flow ratio (core/sheath flow rate)	(C)	0.1 (16 $\mu\text{Lmin}^{-1}$ / 160 $\mu\text{Lmin}^{-1}$ )	0.2 (32 $\mu\text{Lmin}^{-1}$ / 160 $\mu\text{Lmin}^{-1}$ )	0.3 (48 $\mu\text{Lmin}^{-1}$ / 160 $\mu\text{Lmin}^{-1}$ )
Lysozyme conc. (%w/v)	(D)	0.1	0.2	0.3

**Table S2**

Viscosities of the various solutions used in the DOE experimental model

<b>Sample number</b>	<b>Chitosan (% w/v)</b>	<b>Lysozyme (% w/v)</b>	<b>Dynamic viscosity (cp)</b>
1	0.1	0.1	1.4885
2	0.1	0.2	1.4907
3	0.1	0.3	1.4737
4	0.2	0.1	2.1568
5	0.2	0.2	2.1152
6	0.2	0.3	1.9188
7	0.3	0.1	2.8353
8	0.3	0.2	2.1215
9	0.3	0.3	2.0294

**Table S3**

Table showing functional groups and their corresponding wavelengths in the FTIR spectra shown in Fig.5 (a) and (b)

<b>Wavelength (cm<sup>-1</sup>)</b>	<b>Functional Group</b>
2126	Carbodiimide group (N=C=N)
1647	Amide group peak I (C=O)
1558-1516	Amide group peak II N-H bending and C-H stretching at 1558 cm <sup>-1</sup> (shifted from 1516 cm <sup>-1</sup> in lysozyme alone)
1406	O-H bending
1258 - 1209	P=O of TPP in nanogels at 1258cm <sup>-1</sup> (shifted from 1209 cm <sup>-1</sup> in TPP alone)
1136	O-P=O of TPP

1077 – 1008	C-O stretching of the ether group in chitosan at 1077cm <sup>-1</sup> (shifting to 1008 cm <sup>-1</sup> in the nanogels)
886	Stretching vibrations of PO <sub>3</sub> in TPP