## **Supporting Information**

# **Confined Catalysts Inside CNTs Derived from 2D Metal-Organic Framework for Electrolysis**

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#### 1. Experimental Section

#### 1.1 Materials

All chemical reagents were purchased and used without any further purification from commercial sources: cobalt nitrate hexahydrate (99%, Aladdin), p-phthalic acid (99%, Sinopharm Chemical Reagent Co. Ltd.), N, N-dimethylformamide (DMF, Sinopharm Chemical Reagent Co. Ltd.), and ethanol ( $C_2H_5OH$ , Wuxi Yasheng Chemical Reagent Co. Ltd.), All aqueous solution has been prepared with high-purity de-ionized water (DI-water, resistance 18 M $\Omega$  cm<sup>-1</sup>).

#### 1.2 Synthesis of Co-MOF/H<sub>2</sub> and Co-MOF/Ar

In a typical procedure, 2D Co-MOF nanosheets were synthesized by a surfactant-assisted solvothermal route. Typically, a solution of cobalt nitrate hexahydrate (0.859 mmol, 250 mg) in 20 mL deionized water was added to a solution of 1,4-benzenedicarboxylate (0.4295 mmol, 71.4 mg) in 40 mL DMF/C<sub>2</sub>H<sub>5</sub>OH (1:1 v/v) and mixed to obtain a stable solution, and then 250 mg polyvinylpyrrolidone (PVP) was added to the solution with stirring. The resulting solution was then transferred into a 100 mL Teflon-lined stainless steel autoclave with a piece of cleaned nickel foam ( $2\times3$  cm<sup>2</sup>) immersed into the aqueous solution. After sealing, the autoclave was heated at 80 °C for 60 h, and then naturally cooled to room temperature. Afterwards, the obtained samples were washed using deionized water and ethanol to remove impurities and dried in the air naturally. Finally, the NF-CoMOF was heated at 600 °C for 2 h at a ramp rate of 2 °C min<sup>-1</sup> under H<sub>2</sub> and Ar, respectively.

#### 1.3 Material Characterization

Scanning electron microscopy (SEM) was conducted on JEOL JSM-7800 at an accelerating voltage of 3 kV. Transmission electron microscopy (TEM) was carried out on a JEOL-2100 transmission electron microscope at an acceleration voltage of 120 kV. X-ray diffraction patterns were recorded on a Smart lab with Cu Kα radiation. X-ray photoelectron spectroscopy (XPS) analysis was measured by Thermo ESCALAB 250XI with Al Kα (1846.6 eV) X-ray source.

#### 1.4 The geometrical phase analysis (GPA)

The GPA combines real-space and Fourier-space information of an atomic resolution HRTEM or HAADF-STEM image to measure displacements.[1] The periodic phase in the image needs to be obtained, by calculating the local Fourier components, which are determined through Fourier filtering:[2]

$$I_{\rm g}$$
=Agei $P_{\rm g}$  (1)

where Ag and Pg are the amplitude and the phase of the Fourier component, respectively. The phase can be related to the displacement field by the following equation:

$$P_{\rm g} = -2\pi g \cdot u \tag{2}$$

where g is the reciprocal lattice vector and u is the displacement field. Two-phase images whose reciprocal lattice vectors are not parallel are needed. Then the displacement field can be determined by these phase images.[3, 4]

Given the geometric phase of two Fourier components, the displacement field can be determined:[2]

$$\boldsymbol{u}(\boldsymbol{r}) = -\frac{1}{2\pi} [P_{g1}(\mathbf{r}) \mathbf{a}_1 + P_{g2}(\mathbf{r}) \mathbf{a}_2]$$
(2)

where  $\mathbf{a}_{1}$  and  $\mathbf{a}_{2}$  are the real-space basis vectors corresponding to the reciprocal lattice defined by  $\mathbf{g}_{1}$  and  $\mathbf{g}_{2}$  (i.e.  $\mathbf{a}_{i} \Box \mathbf{g}_{j} = \boldsymbol{\delta}_{ij}$ ). Then, the derivation of the displacement field gives the strain field in two principal directions:[5]

$$\boldsymbol{\varepsilon}_{xx} = \partial u_x(\boldsymbol{r})/\partial x, \, \boldsymbol{\varepsilon}_{yy} = \partial \boldsymbol{u}_y(\boldsymbol{r})/\partial y, \, \boldsymbol{\varepsilon}_{xy} = \frac{1}{2} [\partial u_x(\boldsymbol{r})/\partial x + \partial \boldsymbol{u}_y(\boldsymbol{r})/\partial y]$$

#### 1.5 Electrochemical measurements

HER and OER performance of the above-prepared samples were conducted on the CHI660E with a standard three-electrode system in 1 M KOH. The electrolyte was purged with nitrogen before the tests. A graphite rod and an Ag/AgCl electrode (3.5 M KCl) were utilized as the counter electrode and the reference electrode, respectively. The free-standing electrode was directly applied as the working electrode. LSV curves of the prepared samples were measured at a scan rate of 5 mV s<sup>-1</sup>. All the potentials measured were calibrated to RHE (without *iR*-compensation), according to the equation of E(RHE) = E(Ag/AgCl) + 0.205 + 0.205 $0.059 \times pH$ . The potential range of HER measurement is -0.6~ 0.1 V vs RHE. Besides, OER measurement was assessed at the potential range of 1.2 ~2.0 V vs RHE. Before the LSV test, the cyclic voltammogram (CV) plot in the non-faradaic region was performed to activate the catalyst. EIS measurements were performed in potentiostatic mode at a frequency range of 0.1 Hz to 100 kHz. The double-layer capacitance  $(C_{dl})$  calculated from cyclic voltammogram curves has been used to determine the ESCA of the as-prepared sample. CV plots were obtained in non-Faradaic region (0.15-0.25 V vs RHE) at the eight different scan rates (125, 100, 85, 70, 55, 40, 25 and 10 mV s<sup>-1</sup>). Chronopotentiometric measurements were harnessed

to study the long-term durability (without iR compensated). The catalytic performance towards overall water splitting was typically investigated in a two-electrode system. Co-MOF/H<sub>2</sub> electrodes were directly used as both cathode and anode.

## 2. Figures and graphs



Figure S1. The SEM images of a,b) Co-MOF/Ar, c,d) Co-MOF/H<sub>2</sub>.



Figure S2. The TEM image of Co-MOF/Ar.



Figure S3. The TEM image of Co-MOF/ $H_2$ .



Figure S4. XRD pattern of Co-MOF grown in NF.



Figure S5. The TEM image of Co-MOF/H $_2$  subjected to HER durability test.



Figure S6. The SEM image of Co-MOF/H $_2$  subjected to OER durability test.



Figure S7. Cyclic voltammogram recorded at different scan rates in the region of 0.15-0.25 V vs RHE for the determination of the double-layer capacitance ( $C_{dl}$ ), a) Co-MOF/H<sub>2</sub>, b) Co-MOF/Ar. c)  $C_{dl}$  values of Co-MOF/H<sub>2</sub> and Co-MOF/Ar.

Materials	Substrates	Electrolytes	η@10 mA cm <sup>-2</sup> (V)	References
Co-MOF/H <sub>2</sub>	Nickel foam	1 M KOH	1.619	This work
Ni <sub>3</sub> S <sub>2</sub> /NF	Nickel foam	1 M KOH	1.68	[6]
MoP/NF	Nickel foam	1 M KOH	1.62	[7]
NFN-MOF/NF	Nickel foam	1 M KOH	1.56	[8]
Co-Ni-Se/C/NF	Nickel foam	1 M KOH	1.60	[9]
Mo-W-S-2@Ni <sub>3</sub> S <sub>2</sub>	Nickel foam	1 M KOH	1.62	[10]
CoS <sub>x</sub> /Ni <sub>3</sub> S <sub>2</sub>	Nickel foam	1 M KOH	1.57	[11]
Co(OH)2@NCNTs@NF	Nickel foam	1 M KOH	1.72	[12]
NiS/Ni <sub>2</sub> P/CC	Carbon cloth	1 M KOH	1.67	[13]

Table S1. Comparison of overall water splitting activities of various catalysts.

## The mechanism of OER process:

 $CoO(OH)_2 + 2OH^- \leftrightarrows CoOO_2 + 2H_2O + 2e^-$ (2)

 $CoOO_2 + OH^- \rightarrow CoOOH + O_2 + e^-$ (3)

Overall:  $4OH^2 \rightleftharpoons O_2 + 2H_2O + 4e^2$  (4)

The HER mechanism:

**Volmer step:**  $H_2O + e^- \rightarrow H_{ads} + OH^-$  (5)

Heyrovsky step:  $H_2O + H_{ads} + e^- \rightarrow H_2 + OH^-$  (6)

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