### Confinement of Single Polyoxometalate Clusters in Molecular-Scale Cages for

# **Improved Flexible Solid-State Supercapacitors**

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#### **Electrochemical Measurement**

#### Fabrication of Electrodes in a Traditional Three-Electrode System

All electrochemical tests were performed in an electrochemical workstation (CHI 760E). In the three electrode tests, PMo<sub>12</sub>/PPy/CNT hydrogel dispersion without binder was directly coated on carbon paper (working area 0.25 cm<sup>2</sup>), after drying under an infrared lamp, it was used as working electrode. As shown in Figure S9, PMo<sub>12</sub>/PPy/CNT ternary hybrid hydrogel can be well dispersed in water, so during the electrode preparation process, no additional binder is required during the coating process, while traditional composite materials require the addition of PVDF as a binder, which is not conductive. And an Ag/AgCl electrode (saturated by 3 M KCl), and a piece of Pt sheet electrode were used as reference and counter electrodes, respectively. Finally, 0.5 M H<sub>2</sub>SO<sub>4</sub> or 1 M [Bmim]HSO<sub>4</sub> aqueous solution were compared as the electrolyte in the electrochemical measurement.

## Fabrication of Aqueous Supercapacitor

Before the two-electrode test,  $PMo_{12}/PPy/CNT$  ternary composite hydrogel dispersion (250 µL, 10 mg/mL) was evenly coated on carbon paper or carbon cloth (working area 1 cm<sup>2</sup>) and dried under infrared lamp. In the liquid-state test, two pieces of as-prepared electrodes (1cm × 2 cm) were pressed together with a wet filter soaked with 1 M [Bmim]HSO<sub>4</sub> as electrolyte and separator.

### Fabrication of Flexible-Solid-State Supercapacitor

In the two-electrode solid-state test, the wet-separator was replaced with solid PVA/[Bmim]HSO<sub>4</sub> gel electrolyte, which was prepared as follows: 2.36 g of [Bmim]HSO<sub>4</sub> was added into 10 mL of deionized water, and then 1 g of PVA power

was added. The mixture was heated to 95°C under stirring until the solution became clear. The hot PVA/[Bmim]HSO<sub>4</sub> gel electrolyte was evenly dropped onto two pieces of as-prepared electrodes with carbon paper or carbon cloth as collector and then pressed together. After the electrolyte cooled and became hard, the thickness of the device was around 0.5 mm for solid-state device with carbon paper as collector and 1 mm for flexible SSC with carbon cloth as collector. Electrochemical impedance spectroscopy (EIS) measurements of PMo<sub>12</sub>/PPy/CNT-SSC and PMo<sub>12</sub>/PPy/CNT hybrid hydrogel-SSC were conducted at amplitude of 5 mV over a frequency range of 0.01 Hz-100 kHz.

To avoid the evaporation of electrolyte, both the LSC and ASC were encapsulated with flexible plastic film. Experiments show that although carbon paper cannot be bent, the SSC constructed with carbon paper as collector has the similar performance as that with carbon cloth as current collector.

CV and GCD measurements were performed at potential ranging from -0.2 to 0.8 V for the three-electrode system. And CV measurements were performed from -0.4 to 0.8 V while GCD measurements from 0 to 0.8 V for the two-electrode liquid-state system. In the two-electrode solid-state system, various voltage ranges (0-1.2 V, 0-1.4 V and 0-1.6 V) were measured for CV and GCD. EIS measurement was conducted for the two-electrode flexible-solid-state system over a frequency range of 100 kHz to 0.01 Hz.

#### **Electrochemical Performance Evaluation**

As for the three-electrode system, the specific capacitance (Cm) of

PMo12/PPy/CNT gel-based electrodes was evaluated by the following equations

$$C_m = \frac{\int I dV}{m \vartheta \Delta V}$$
 (for CV) and  $C_m = \frac{I \Delta t}{m \Delta V}$  (for GCD), where  $\int I dV$  is the integrating area of CV curves, m is the mass of active materials,  $\vartheta$  is scan rate,  $\Delta V$  is the potential window after IR drop, I is discharge current, and  $\Delta t$  is discharge time.

The specific capacitance (C<sub>m</sub>) and areal capacitance (C<sub>a</sub>) of the two-electrode

systems were calculated according to the following equations  $C_m = \frac{\int I dV}{m \vartheta \Delta V}$  and

$$C_a = \frac{\int I dV}{A \vartheta \Delta V}$$
 (for CV), and  $C_m = 2 \frac{I \Delta t}{m \Delta V}$  and  $C_a = 2 \frac{I \Delta t}{A \Delta V}$  (for GCD), where  $\int I dV$ ,  $\vartheta$ ,

 $\Delta V$  and I represent same meaning as above. In this case, m is the mass of active material in single electrode; A is the active area of single electrode.

The energy density (E,  $\mu$ Wh cm<sup>-2</sup>) and power (P,  $\mu$ W cm<sup>-2</sup>) of SSCs were

determined from GCD curves using the equations  $E = \frac{1}{2} \times \frac{1}{3600} C_a \cdot \Delta V^2$  and  $P = \frac{3600 \times E}{\Delta t}$ .



Figure S1. Zeta potential of CNT, PPy hydrogel,  $PMo_{12}$  and  $PMo_{12}/PPy/CNT$  hybrid hydrogel



Figure S2. SEM (a), TEM (b) and HRTEM images of acidified CNT (c)



Figure S3. STEM-EDS elemental mapping of PPy/CNT hybrid hydrogel



**Figure S4**. (a) Molecular structure of Keggin  $[PMo_{12}O_{40}]^{3-}$  cluster, (b)  $PMo_{12}O_{40}$  cluster with random orientations (only Mo atoms are visible) deposited on PPy hydrgoel wrapped CNT. Blue=Mo, Red=O, Yellow=P.



Figure S5. The pore-size distribution plot for hybrid hydrogel sample.

Binding	Oxidation state		Area %		
energy (eV)			PMo <sub>12</sub> /PPy/FCNT	PMo <sub>12</sub> /PPy/FCNT	
			hydrogel	composite	
231.9	Ma 2d	5+	9.0	7.9	
233	WIO 30 <sub>5/2</sub>	6+	50.9	52.0	
235	Ma 2d	5+	6.0	5.3	
236.1	$1030_{3/2}$	6+	33.9	34.7	
	FWHM (eV)		1.5 eV	1.4 eV	

Table S1. XPS analysis results of  $Mo_{3d}$  spectra obtained from  $PMo_{12}/PPy/FCNT$  hybrid hydrogel and  $PMo_{12}/PPy/FCNT$  composite

FWHM, full-width at half-maximum



**Figure S6.** Energy dispersive X-ray spectrometry (EDX) spectrum of acidified CNT (a), PPy/CNT hybrid hydrogel (b) and  $PMo_{12}/PPy/CNT$  hybrid hydrogel (c) and  $PMo_{12}/PPy/CNT$  composite (d)



Figrue S7. TEM images of PPy/CNT hydrid hydrogel at different magnifacition



**Figure S8**. (a) Raman spectra of a) CNT, b) PMo<sub>12</sub>/PPy gel, c) PMo<sub>12</sub>/PPy/CNT hybrid hydrogel and d) PMo<sub>12</sub>/PPy/CNT hybrids; (b) XRD patterns of a) CNT b) TCPP, c) PPy hydrogel, d) PMo<sub>12</sub>/PPy hybrid hydrogel, e) PMo<sub>12</sub>/PPy/CNT hybrid hydrogel and f) PMo<sub>12</sub>/PPy/CNT composite

The structures of PMo<sub>12</sub>/PPy/CNT hybrid hydrogel were characterized by Raman spectra (Figure S8a). The D and G bands and the overtone of D band were observed at 1,356, 1,584 and 2,700 cm<sup>-1</sup>, respectively, in the spectrum of CNT (curve a). In the spectrum of PMo<sub>12</sub>/PPy hybrid hydrogel (curve b), the bands at 1375 and 1588 cm<sup>-1</sup> are ascribed to C=C stretching modes of PPy. Meanwhile, a series of characteristic Raman bands for PPy centered at about 933, 1060, 1246 cm<sup>-1</sup> assigning to C-H out-ofplane deformation, ring deformation and C-H in-plane deformation, respectively, all indicate the successful polymerization of Py. And the TEM image of PMo<sub>12</sub>/PPy hybrid hydrogel (Figure S8) also shows same porous structure as the PPy hydrogel (Figure S9). The two bands at 1375 and 1588 cm<sup>-1</sup> also appear in the spectra of PMo12/PPv/CNT ternary hybrid hydrogel (curve c) and PMo12/PPv/CNT composite (curve d). However, there are nearly no distinct Raman peaks apart from a weak band at 2700 cm<sup>-1</sup> originating from CNT, implying that the surfaces of CNT in both hybrids are covered. In addition, it can be seen that the four main peaks presented at 997, 826, 667 and 287 cm  $^{-1}$  are similar in samples arising from loaded  $PMo_{12}$  (curve b-d), evidencing the structure of PMo<sub>12</sub> integrated into these hybrid materials<sup>1</sup> is preserved during and after the assembly process. This region was totally silent for pristine CNTs.

Figure S8b compares the XRD patterns for different samples. Two hump diffraction peaks at ~26° and ~44° in curve a can be ascribed to the typical graphite-like structure (002) and (100) of CNT, respectively. Curve c shows a broad peak between 20° and 30°, which is consistent with pure PPy, revealing its amorphous nature of PPy hydrogel. It also exhibits some weak characteristic peaks of TCPP

cross-linker as presented in curve b, indicating the doping of TCPP. In contrast to pure PPy hydrogel,  $PMo_{12}/PPy$  hydrogel (curve d),  $PMo_{12}/PPy/CNT$  hydrogel (curve e) and  $PMo_{12}/PPy/CNT$  composite (curve f) all exhibit a new and sharp diffraction peak at 6.7° from  $PMo_{12}^2$ . After modification, the characteristic peaks of CNT in  $PMo_{12}/PPy/CNT$  hybrid hydrogel and conventional composite become weaker, which is in agreement with Raman results. Also, it should be noted that the characteristic peaks of TCPP are not observed in conventional composite.



Figure S9. TEM image of pure PPy hydrogel



**Figure S10.** Digital photos of  $PMo_{12}/PPy/CNT$  hybrid hydrogel (a and a') and conventional  $PMo_{12}/PPy/CNT$  composite (b and b') after ultrasounding in water for 30 min (a and b) and continue standing for 6 h (a' and b')

PMo<sub>12</sub>/PPy/CNT ternary hybrid hydrogel can be well dispersed, which has been demonstrated by no precipitation in water even after standing for 6 h, indicating its higher hydrophilicity of the hybrid hydrogel. Because of this, we have created a more uniform coating during the electrode preparation process, and no additional binder is required during the coating process, while traditional composite materials also require the addition of PVDF as a binder, which is not conductive. Not only will it cover the active site, but it will also block proton and electron transport. This preparation method simplifies the preparation process, and also eliminates substances that may block and transport electrons, thereby increasing conductivity.



Figure S11. Nitrogen sorption isotherm of hybrid hydrogel and conventional composite

The  $N_2$  adsorption-desorption isotherm plots show that the Brunauer-Emmett-Teller (BET) specific surface area of  $PMo_{12}/PPy/CNT$  ternary hybrid hydrogel is higher than that of conventional composite when the loading amount of  $PMo_{12}$  is the same. The fishnet-like PPy hydrogel may make contribution.



Figure S12. CV curves of CNT (a, a'),  $PMo_{12}/PPy$  gel (b, b') and PPt/CNT gel (c, c') at scan rates of 10, 30, 50, 100, 300, 500, 800, 1000 mV/s in 0.5 M H<sub>2</sub>SO<sub>4</sub> solution

A wide reversible hump is observed in Figure S12A, suggesting a large faradaic contribution to the overall performance due to the doping of O<sup>3</sup>. The regular shape keeps unchanged obviously with the increase of scan rate even to 1000 mV s<sup>-1</sup>, implying a fast charge/discharge process<sup>4</sup>. However, it is found that for both PMo<sub>12</sub>/PPy gel (Figure S12b, b') and PPy/CNT gel (Figure S12c, c'), good capacitance behavior occurs in range from 10 to100 mV s<sup>-1</sup> and the waves are unevenly shaped with the further increase of scan rate.



Figure S13. TEM images of (a)  $PMo_{12}/PPy/CNT_5$  gel, (b)  $PMo_{12}/PPy/CNT_{10}$  gel, (c)  $PMo_{12}/PPy/CNT_{15}$  gel and (d)  $PMo_{12}/PPy/CNT_{20}$  gel



**Figure S14.** (a) CV curves of  $PMo_{12}/PPy/CNT$  ternary hybrid hydrogel with different amounts of CNT: (i)  $PMo_{12}/PPy/CNT_5$  gel, (ii)  $PMo_{12}/PPy/CNT_{10}$  gel, (iii)  $PMo_{12}/PPy/CNT_{15}$  gel and (iv)  $PMo_{12}/PPy/CNT_{20}$  gel at 50 mV s<sup>-1</sup>; the plots of related specific capacitances versus scan rate

Figure S12 shows the TEM images of  $PMo_{12}/PPy/CNT_5$  gel,  $PMo_{12}/PPy/CNT_{10}$  gel,  $PMo_{12}/PPy/CNT_{15}$  gel and  $PMo_{12}/PPy/CNT_{20}$  gel, which are named according to the amount of CNT introduced. It can be found that the more the amount of CNT, the thinner the coated PPy hydrogel. Figure S13 depicts the influence of CNT on the

specific capacitance of ternary hybrid hydrogel. It can be seen from the Figure S13a that all the CVs of ternary hybrid hydrogels doped with different amounts of CNT reveal three characteristic redox peaks and the redox current of three peaks increases with the incensement of the mass content of CNT from 5 to 15 wt%, indicating an improved enhancement effect for that the addition of CNT can increase the conductivity, but too much CNT pulls down the total capacitance as a result of its relatively low intrinsic capacitance. Based on the CV curves at different scan rates, the specific capacitance of ternary hybrid hydrogels doped with different amount of CNT is calculated. The related plots of specific capacitance versus scan rate are shown in Figure S13b. PMo<sub>12</sub>/PPy/CNT<sub>15</sub> gel shows highest capacitance performance. So the optimized PMo<sub>12</sub>/PPy/CNT<sub>15</sub> gel is chosen in our study.



FiguRe S15. GCD curves of these active materials at current density of 1 A g<sup>-1</sup>



Figure S16. EIS diagram of hybrid hydrogel and conventional composite in three electrode system



Figure S17. Galvanostatic charge-discharge curves CNT (a),  $PMo_{12}/PPy$  gel (b) and PPy/CNT gel (c) in 0 .5 M H<sub>2</sub>SO<sub>4</sub> solution



**Figure S18.** DFT optimized geometries of PPy on carbon mono layer (a) and PPy on carbon mono layer doped by TCPP cross-linker (b)



**Figure S19.** GCD branch (a) and CV curves (b) of PMo<sub>12</sub>/PPy/CNT hydrogel electrode in 1 M [Bmim]HSO<sub>4</sub> aqueous solutions; (c) GCD curves of PMo<sub>12</sub>/PPy/CNT hydrogel electrode in 0.5 M H<sub>2</sub>SO<sub>4</sub> and 1 M [Bmim]HSO<sub>4</sub> at 5A g<sup>-1</sup>; (d) Specific capacitances of PMo<sub>12</sub>/PPy/CNT hydrogel electrode in different electrolytes at various current densities

Materials	Electrolyte	Current	Specific	Ref.
		density/Scan	capacitance	
PMO10/PPv/CNT gel	$0.5 \mathrm{MH}_{2}\mathrm{SO}_{4}$	1 A σ <sup>-1</sup>	1170 F σ <sup>-1</sup>	Ours
PMo <sub>12</sub> /PPy/CNT gel	1 M [Bmim]HSO <sub>4</sub>	$1 \text{ A } \sigma^{-1}$	$1308 \text{ F s}^{-1}$	Ours
MoS/rGO	$0.5MNa_SO_4+H_2SO_4$	$10 \text{ mV s}^{-1}$	$870 \text{ F s}^{-1}$	5
NENU-5/PPy-0 15	3M KCl	10  mV s	779 8 F o <sup>-1</sup>	6
CDs-PM012-PANI	$1 \text{ MH}_2\text{SO}_4$	$1 \text{ A } \text{g}^{-1}$	$479 \text{ F s}^{-1}$	7
PM012/PANI/TiN NWA	$1 \text{ MH}_2 \text{SO}_4$ $1 \text{ MH}_2 \text{SO}_4$	$1 \text{ A } \sigma^{-1}$	$469 \text{ F s}^{-1}$	8
SWCNT-TBA-PV2M010	$1 \text{ MH}_2 \text{SO}_4$ $1 \text{ MH}_2 \text{SO}_4$	$10 \text{ mV s}^{-1}$	$444 \text{ F s}^{-1}$	9
PIL/POM/RGO	$0.5 \text{ MH}_2\text{SO}_4$	$1 \text{ A } \sigma^{-1}$	$443 \text{ F s}^{-1}$	10
MXene-PII -POM	$0.5 \text{ MH}_2 \text{SO}_4$	$1 \text{ A } \sigma^{-1}$	$384.6 \text{ F} \text{ s}^{-1}$	11
Pinecone AC/PMo <sub>10</sub>	1 M H <sub>2</sub> SO <sub>4</sub>	$10 \text{ mV s}^{-1}$	$361 \text{ F s}^{-1}$	12
PPy-PMo <sub>12</sub> /rGO	$0.5 \text{ MH}_2\text{SO}_4$	$1 \Delta \sigma^{-1}$	295 F g <sup>-1</sup>	2
$C_{s-PM_{0,s}/CNT}$	Nation+1 M H <sub>2</sub> SO <sub>4</sub>	$0.2 \text{ A} \text{ g}^{-1}$	295 F g <sup>-1</sup>	13
PM012-PANI		20  mV/s	$363.5 \text{ F} \text{ s}^{-1}$	14
$PMO_{12}$ $PP_{V}$	1 M H <sub>2</sub> SO	$2 \text{ mA/cm}^2$	294 1 F g <sup>-1</sup>	15
$AC@PMo_{12}$	1 M[Bmim]HSO.	1  mV/s	223 F g <sup>-1</sup>	16
PM012/PANI		$1 \text{ A } \sigma^{-1}$	376	17
$(GO/PM_0)_{20.00}$	$0.5 \mathrm{MH}_{2}\mathrm{SO}_{4}$	10  mV/s	207 F g <sup>-1</sup>	18
GeMo <sub>10</sub> -SiMo <sub>10</sub> -MWCNT	1 M H <sub>2</sub> SO <sub>4</sub>	100  mV/s $100 \text{ mV s}^{-1}$	$191.2 \text{ F cm}^{-3}$	19
PAni-0 5%PMo	$1 \text{ M H}_2\text{SO}_4$ $1 \text{ M H}_2\text{SO}_4$	$1 \text{ mA cm}^{-2}$	172 38 F g-1	20
rGO-PMo <sub>12</sub>	$1 \text{ M H}_2\text{SO}_4$ $1 \text{ M H}_2\text{SO}_4$	$5 \text{ A } \sigma^{-1}$	299 F o <sup>-1</sup>	21
RGO/PMo <sub>12</sub>	$1 \text{ MH}_2 \text{SO}_4$ $1 \text{ MH}_2 \text{SO}_4$	$10 \text{ mV s}^{-1}$	276 F g <sup>-1</sup>	22
$AC/PW_{12}O_{40}$	$1 \text{ M H}_2\text{SO}_4$ $1 \text{ M H}_2\text{SO}_4$	$10 \text{ mV s}^{-1}$	2701 g 254 F g <sup>-1</sup>	23
HPW/RGO	5 M H <sub>2</sub> SO <sub>4</sub>	$1 \text{ A } \sigma^{-1}$	154 4 F σ <sup>-1</sup>	24
$[Ag_{c}(hrtmh)_{4}][VW_{10}V_{2}O_{40}]$	1 M H <sub>2</sub> SO <sub>4</sub>	$110 \text{ A} \text{ s}^{-1}$	$206 \text{ F} \text{ g}^{-1}$	25
$Na_{V_10}O_{20}$	$1 \text{ m LiClO}_4$	01 A g-1	354 F g <sup>-1</sup>	26
$AC/P_2M_{012}$	$1 \text{ M H}_2\text{SO}_4$	6 A g <sup>-1</sup>	275 F g <sup>-1</sup>	27
PMoW-PDDA-RGO	$1 \text{ MH}_2 \text{SO}_4$ $1 \text{ MH}_2 \text{SO}_4$	1 A g <sup>-1</sup>	$2791 \text{ F} \sigma^{-1}$	28
$(H_{2}bne)(Hbne)_{2}{[Cu(nzta)(H_{2}O)][P_{2}]}$	$1 \text{ MH}_2 \text{SO}_4$ $1 \text{ MH}_2 \text{SO}_4$	$5 \text{ A } \text{g}^{-1}$	$168 \text{ F s}^{-1}$	29
$W_{18}O_{62}$ ].5H <sub>2</sub> O	1 11 112004	0116	1001 5	
$[Ru(bpy)_3]_3PMo_{18}O_{62}. nH_2O$	-	0.2 A g <sup>-1</sup>	68 F g <sup>-1</sup>	30
$[Ru(bpy)_3]_{3.33}PMo_{18}O_{62}mH_2O$	0.25 M total salt	0.2 A g <sup>-1</sup>	125 F g <sup>-1</sup>	30
[PW <sub>11</sub> CoO <sub>39</sub> ] <sub>5</sub> -@Ru-rGO	0.5 M HOAC	0.2 A g <sup>-1</sup>	624 F g <sup>-1</sup>	31
[PW <sub>11</sub> NiO <sub>39</sub> ] <sub>5</sub> -@Ru-rGO	0.5 M HOAC	0.2 A g <sup>-1</sup>	568 F g <sup>-1</sup>	31
[PW <sub>11</sub> CuO <sub>39</sub> ] <sub>5</sub> -@Ru-rGO	0.5 M HOAC	0.2 A g <sup>-1</sup>	705 F g <sup>-1</sup>	31
AC/PMo <sub>12</sub>	$1 \text{ M H}_2\text{SO}_4$	2 A g <sup>-1</sup>	160 /183 F g <sup>-1</sup>	32
${Ag_5(pz)_7}(BW_{12}O_{40})$	$1 \text{ M H}_2\text{SO}_4$	2.16 A g <sup>-1</sup>	1058 F g <sup>-1</sup>	33
${Ag_5(pz)_7}(SiW_{12}O_{40})](OH) \cdot H_2O$	$1 \text{ M H}_2\text{SO}_4$	2.16 A g <sup>-1</sup>	986 F g <sup>-1</sup>	33
$(Hpyr)[{Ag(pz)}_{2}(PMo_{12}O_{40})]$	$1 \text{ M H}_2\text{SO}_4$	2.16 A g <sup>-1</sup>	1611 F g <sup>-1</sup>	33
POM-Ppy/nanopillar	0.05 M H <sub>2</sub> SO <sub>4</sub>	1mA cm <sup>-2</sup>	77.0 mF cm <sup>-2</sup>	34
{Mo <sub>132</sub> }-rGO	1 M Li <sub>2</sub> SO4	5A g <sup>-1</sup>	617.3 F g <sup>-1</sup>	35
HT-RGO-PMo <sub>12</sub>	$1 \text{ M H}_2\text{SO}_4$	10 mV s <sup>-1</sup>	276 F g <sup>-1</sup>	36
Mo <sub>132</sub> -DTAB-EEG	$1 \text{ M H}_2 \text{SO}_4$	1 mV s <sup>-1</sup>	65 F g <sup>-1</sup>	37
GO/PMo <sub>12</sub>	$1 \text{ M H}_2\text{SO}_4$	10 mV s <sup>-1</sup>	207 F g <sup>-1</sup>	38
Co-POM/rGO	1 M H2SO4	0.5A g <sup>-1</sup>	211.3 F g <sup>-1</sup>	39

**Table S2.** Comparison of specific capacitance of  $PMo_{12}/PPy/CNT$  hybrid hydrogel with other reported POMs-based composite materials

Materials	Device	Flectrolyte	Current density	Specific	Ref
Waterfais	Device	Licenolyte		opeenie	iter.
			/Scan rate	capacitance	
PMo12/PPy/CNT gel	Symmetric	1 M [Bmim]HSO <sub>4</sub>	1 mA cm <sup>-2</sup>	577.74 mF cm <sup>-2</sup>	Ours
PMo <sub>12</sub> /PPy/CNT gel	Symmetric	1 M [Bmim]HSO <sub>4</sub>	10 mV s <sup>-1</sup>	272.0 F g <sup>-1</sup>	Ours
PMo <sub>12</sub> @PPy	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	5 mA cm <sup>-2</sup>	71.6 mF cm <sup>-2</sup>	15
SWCNT-TBA-PV2M010	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	1 mA cm <sup>-2</sup>	224 mF cm <sup>-2</sup>	9
PMo <sub>12</sub> /MWCNT	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	1 A g <sup>-1</sup>	40 F g <sup>-1</sup>	40
PMo12/PPy//PW12/PEDOT	Asymmetric	$0.5 \text{ M} \text{ H}_2 \text{SO}_4$	1 mA g <sup>-1</sup>	31 F g <sup>-1</sup>	41
PMo <sub>12</sub> /PAni	Symmetric	$0.5 \text{ M H}_2\text{SO}_4$	0.05 mA cm <sup>-2</sup>	195 mF cm <sup>-2</sup>	42
$rGO-PMo_{12}//rGO-PW_{12}$	Asymmetric	$1 \text{ M H}_2 \text{SO}_4$	2 mA cm <sup>-2</sup>	110.9 F g <sup>-1</sup>	21
PIL/POM/RGO	Symmetric	$0.5 \text{ M} \text{ H}_2 \text{SO}_4$	0.5 A g <sup>-1</sup>	408 F g <sup>-1</sup>	10
{Mo <sub>132</sub> }-rGO	Asymmetric	1 M LiSO <sub>4</sub>	0.2 A g <sup>-1</sup>	52.7 F g <sup>-1</sup>	35
AC/PMo <sub>12</sub>	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	1A g <sup>-1</sup>	45 F g <sup>-1</sup>	32
HT-RGO-PMo <sub>12</sub>	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	1A g <sup>-1</sup>	123 F g <sup>-1</sup>	36
PMoW-PDDA-RGO	Symmetric	$1 M H_2 SO_4$	1A g <sup>-1</sup>	177 F g-1	28
Cs-PMo <sub>12</sub> /CNT	Symmetric	$1 \text{ M H}_2 \text{SO}_4$	1 A g <sup>-1</sup>	30 F g <sup>-1</sup>	13

**Table S3.** Comparison of specific capacitance of PPy/PMo<sub>12</sub>/CNT ternary hybrid hydrogel-based liquid-state supercapacitor (LSC) with other reported LSCs made of POMs-based composites electrodes



**Figure S20.** 1000 cycles continuous CV tests of PMo<sub>12</sub>/PPy/CNT gel-based LSC (a) and corresponding cycle life



Figure S21. HRTEM images of PMo<sub>12</sub>/PPy/CNT hybrid hydrogel before and after 605 CV cycles



**Figure S22.** HADDF-STEM images of PMo<sub>12</sub>/PPy/CNT hybrid hydrogel before and after 605 CV cycles



Figure S23. Energy dispersive X-ray spectrometry (EDX) spectrum of PMo<sub>12</sub>/PPy/CNT hybrid hydrogel after 605 CV cycles



**Figure S24.** GCD cycles for  $PMo_{12}/PPy/CNT$  hydrogel-based SSC in the voltage windows of 0-1.2 V, 0-1.4 V and 0-1.6 V at current density of 1.0 mA cm<sup>-2</sup> (a); Specific capacitances of SSCs in different voltage windows at various current densities (b)



Figure 25. GCD cycles for PMo<sub>12</sub>/PPy/CNT hydrogel-based SSC in the voltage windows of 0-1.2 V and 0-1.6 V



**Figure S26.** Nyquist plots of two-electrode solid device based on PPy/PMo<sub>12</sub>/CNT ternary hybrid hydrogel and conventional PPy/PMo<sub>12</sub>/CNT composite



Figure S27. Pictures showing that the PPy hydrogel is conductive and flexible

The high conductivity and flexibility of  $PMo_{12}/PPy/CNT$  gel were also studied by designing a complete circuit including an LED bulb, in which  $PMo_{12}/PPy/CNT$  gel as the conductor and two dry batteries (1.5 V) as the power source. The bulb was successfully lighted when the circuit was switched to close status, indicating the high conductivity of our hybrid gel. In the test, the right side of  $PMo_{12}/PPy/CNT$  hybrid gel was cut and the circuit then became open and the bulb was extinguished. After that the circuit was re-established, and the LED bulb could be lighted up again, showing good conductivity of  $PMo_{12}/PPy/CNT$  hybrid gel. In addition, the hybrid hydrogel can self-heal after being cut off.



**Figure S28.** Capacitance retention calculated form GCD curves at 1 mA cm<sup>-2</sup> of a SSC device at the bending angle of 120° after different time durations



Figure S29. Compression cycles of the flexible solid-state supercapacitor



Figure S30. A red LED powered by four capacitors connected in series, in which one is in bending state

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