Electronic Supplementary Information (ESI)

## Photo-triggered Zn<sup>2+</sup> release for regulation of zinc enzymes

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## Materials and chemicals

Zinc acetate, dichloromethane, and methanol were purchased from Macklin (Shanghai, China). DMSO was purchased from Sigma-Aldrich, 3-(4,5-Dimethylthiazol-2-yl)-2,5diphenyltetrazolium bromide (MTT) was purchased from Biofroxx (Germany). Serine/Threonine Phosphatase Assay System (V2460) was purchased from Promega Corporation. Amplite<sup>™</sup> Colorimetric Zinc Ion Quantitation was purchased from AAT Bioquest Inc. The ultrafiltration Centrifuge tubes (10 kDa) was purchased from Merck Millipore Ltd. The RIPA and Caspase 3 Activity Assay Kit were purchased from Beyotime Biotechnology. TAT was purchased from GL Biochem (Shanghai) Ltd. RPMI-1640 (Roswell Park Memorial Institute), DMEM (Dulbecco's Modified Essential Medium) and FBS (fetal bovine serum) were purchased from Gibco (Life Technologies). Ultrapure water was supplied by Milli-Q Plus System (Millipore Corporation, United States).

## **Equipment and methods**

UV-Vis absorption spectra were measured on a Shimadzu UV-2600 spectrophotometer, medium scanning rate, and quartz cuvettes of 2 cm path length. Photoluminescence spectra were recorded on a Shimadzu RF-6000 spectrofluorometer. Particle size and zeta potential measurements were performed using a Malvern ZetaSizer. TEM measurements were performed on Hitachi HT7700. Confocal lasing scanning microscopic (CLSM) images were obtained on the confocal microscope (Zeiss LSM 880). Ultrasound irradiation was conducted using a Scientz-IID Ultrasonic Homogenizer. <sup>1</sup>H and <sup>13</sup>C NMR spectra were measured on a Bruker AV 400 NMR spectrometer. Intracellular Zn<sup>2+</sup> concentration was determined by ICP-MS measurement (Agilent 7700).



**Fig. S1** <sup>1</sup>H NMR spectrum of HBTH-Zn in DMSO- $d_6$ .



Fig. S2  $^{13}$ C NMR spectrum of HBTH-Zn in DMSO- $d_6$ .



**Fig. S3** (A) The UV-Vis absorption and (C) PL spectra changes of HBTH-Zn-TAT NPs (50  $\mu$ M of HBTH-Zn) under 365 nm (5 mW·cm<sup>-2</sup>) irradiation for different time. (B) The plot of relative absorbance intensity at 400 nm and (D) relative maximum PL intensity (*I*/*I*<sub>0</sub>) versus the irradiation time.  $\lambda_{ex} = 365$  nm. Inset figures show the images of HBTH-Zn-TAT NPs in aqueous solution under hand-held UV lamp before and after UV light irradiation (365 nm, 5 mW·cm<sup>-2</sup>).



**Fig. S4** (A) The UV-Vis absorption and (B) PL intensity changes of HBTH-Zn-TAT NPs (50  $\mu$ M of HBTH-Zn) under 365 nm irradiation for different time in Britton-Robinson buffer solution (pH = 5.0).



**Fig. S5** Cell viability of (A) NIH-3T3 cells or (B) PC-12 cells incubated with HBTH-Zn-TAT NPs under dark and white light irradiation (10 mW·cm<sup>-2</sup>, 15 min).



**Fig. S6** The CLSM images of PC-12 cells treated with (A) HBTH-Zn (50  $\mu$ M) and (B) HBTH-Zn-TAT NPs (50  $\mu$ M of HBTH-Zn) under white light irradiation (10 mW·cm<sup>-2</sup>) for 0 and 15 min, respectively. [FluoZin-3] = 1.0  $\mu$ M;  $\lambda_{ex} = 488$  nm,  $\lambda_{em} = 495-650$  nm.