

Appendix C. Categories and major categories generated from reported study strategies before and after the metacognition instruction

Generated Categories	Major Categories
Reading and Rereading	Rote Memorization
Flashcards and Quizlets	
Memorization/Cramming	
Practicing Problems	Higher-Order Study Strategies
Reflective Learning	
Collaborative Learning	
Self-Assessment	
Poor Planning and Procrastination*	Poor Planning and Procrastination
Time Management and Planning	Time Management and Planning
Studying with Notetaking	Studying with Notetaking
Educational Videos	Utilizing Outside-Class Resources
Supplemental Instruction (SI) Sessions	
Professor/ TA Office Hours	

*There were no responses related to this category after the metacognition instruction.