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Supplementary Information for

Unravelling the effect of $N(\epsilon)$ -(carboxyethyl)lysine on the conformation, dynamics and aggregation propensity of a-synuclein

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EXPERIMENTAL PROCEDURES

Chemicals and reagents

Pyruvic acid, guanidine hydrochloride (Gdn-HCl) and N $^{\alpha}$ -Ac-Lys were purchased from Sigma-Aldrich, whereas NaBH₃CN was supplied by Across Organics. Sodium phosphate was purchased from Scharlau. All buffer reagents were ACS grade and all solutions were prepared by using milli-Q water.

a-Synuclein expression and purification

E. coli BL21(DE3) cells were transformed with the pT7-7 plasmid containing the gene encoding for human αS (kindly provided by Dr. Daniel Otzen [Aarhus University]). Transformed cells were grown in sterilized Luria Bertani media (LB) (25g/l) containing ampicillin (100µg/ml) at 37°C and 180rpm. Cells were also grown in sterilized M9 media supplied with ${}^{15}NH_4Cl$ and ${}^{13}C_6$ -glucose as the only sources of nitrogen and carbon, respectively. This allowed us to obtain ^{15}N - and ^{13}C -labelled αS . At OD_{600nm}=0.6-0.8 αS expression was induced with isopropyl-β-D-1thiogalactopyranoside (IPTG) (1mM) and further incubated for additional 4h at 37°C and 180rpm. Afterwards, cells were centrifuged (at 4°C and 4000rpm for 15min) and the resulting pellet was resuspended in lysis buffer (10mM Tris-HCl, 1mM EDTA, 1mM PMSF, pH 8.0) and stirred for 1h at 4°C. Cells were then lysed by three cycles of 2min sonication step. Cellular debris was removed by centrifugation (20min at 10000 x qand at 4°C). Nucleic acids were removed from the lysate by adding streptomycin sulfate (1% w/v) and stirring for 1h at 4°C, followed by centrifugation during 30min (13,500 x g at 4° C). The obtained supernatant was then supplied by the slow addition of ammonium sulfate (up to 0.295 g/ml), and additionally stirred for 1h at 4°C to induce the precipitation of α S. Thereafter, the pellet was collected by centrifugation (13,500 x g at 4°C for 30min), dissolved in 10mM Tris-HCl at pH 7.4 (1/20th of the LB culture media) and filtered through a 0.22µm filter.

The obtained solution was directly loaded onto an anion exchange column (GE Healthcare RESOURCETM Q; 6ml) using a GE ÄKTA Start FPLC. α S was eluted with a NaCl gradient (0-600mM) using two different solutions (A: 10mM Tris-HCl at pH 7.4; B: 10mM Tris-HCl and 600mM NaCl at pH 7.4) at a flow rate of 4ml/min. The α S fractions were pooled together and dialyzed extensively at 4°C against different phosphate buffers. The purity of the obtained α S was checked by using MALDI-TOF/TOF (**Fig. S2A**) and SDS-PAGE electrophoresis (**Fig. S2B**) (>96%). α S concentration was measured by UV-Vis spectroscopy using a molar extinction coefficient estimated on the basis of its amino acid content: $\epsilon_{\alpha S_280nm}=5960M^{-1}\cdot cm^{-1}$.¹

Chemical synthesis of N^{ε} -(carboxyethyl)lysine (CEL) on α -synuclein

Unlabeled or ${}^{15}N,{}^{13}C$ -labeled αS (100-200 μM) was incubated in the presence of pyruvic acid (50mM) in 150mM sodium phosphate buffer (pH 7.4) at 50°C for 48h. The

reaction was carried out in the presence of 75mM NaBH₃CN, a reagent that selectively reduces the imine groups at neutral pH² (**Fig. S3A**). After 48h of incubation, the reaction mixtures were dialyzed against phosphate buffer to remove the excess of the non-protein reagents.

Size exclusion chromatography (SEC)

The monomeric forms of α S and α S-CEL were further purified by Size Exclusion Chromatography (SEC). Purification was carried out at room temperature using a Superdex-75 HR 10/300 column (GE Healthcare) equilibrated with 20mM sodium phosphate and 150mM NaCl at pH 7.4. Aliquots (500µL) were injected into an Äkta purifier FPLC system at a flow rate of 0.5 mL/min coupled to an UV/Vis detector (280nm) (**Fig. S3B**). The fractions corresponding to the main peaks were pooled together, and the purity was assessed using MALDI-TOF/TOF and SDS-PAGE electrophoresis. The concentrations of the α S-CEL solutions were measured by UV-Vis spectroscopy. The addition of CEL moieties on α S does not involve the formation of additional chromophores; thus they do not change the UV-Vis spectrum profile of native α S (**Fig. S4**). Hence, the α S-CEL concentration was measured using the $\epsilon_{\alpha S_{280nm}}=5960M^{-1}\cdot cm^{-1}$ estimated for native α S¹.

Sodium Dodecyl Sulfate (SDS)-PAGE Electrophoresis

Samples containing monomeric α S and monomeric α S-CEL were subjected to SDS-PAGE analysis by using 4–20% Mini- Protean TGX precast gels (Bio-Rad). 15µL were mixed with 15µL of Laemmli sample buffer (Bio-Rad) and then loaded onto the gel. Proteins were visualized with PAGE-Blue Staining Solution (Thermo Scientific).

Mass spectrometry study of α -synuclein modified with N^{ϵ}-(carboxyethyl)lysine (α S-CEL)

Solutions of purified monomeric α S and α S-CEL were subjected to MALDI-TOF/TOF analysis. Before analysis, the samples were dialyzed against milli-Q water to remove salts and thereafter, they were combined in a 1:1 ratio with the matrix solution (10µg of α -cyano-4-hydroxycinnamic acid in a (1:1) water:acetonitrile solution containing 0.1% TFA). The samples were then spotted onto a steel target plate (MTP 384), air-dried, and analyzed. Mass spectra were acquired in a Bruker Autoflex III MALDI-TOF spectrometer equipped with a 200-Hz smart-beam pulsed N₂ laser (λ 337nm). The IS1 and IS2 voltages were 19kV and 16.65kV respectively, and the lens voltage was 8.6kV. Measurements were performed using a positive reflector mode with matrix suppression below 400Da. The spectra were calibrated externally using a protein calibration standard (3600-17000Da) from Bruker. The experiments were done in duplicate.

In addition, a reaction mixture containing native α S (45µM) and MG (50mM) was prepared in 200mM sodium phosphate buffer at pH 7.4. The sample was then incubated at 37°C, and several aliquots were collected at different incubation times. They were diluted 1:10 in milli-Q water and afterwards, combined in a 1:1 ratio with the matrix solution. The MALDI-TOF/TOF spectra of the resulting solutions were obtained as described before. The MG was purchased from Sigma-Aldrich as a 40% solution and purified by steam-distillation before use, as described earlier³.

Circular dichroism (CD) measurements

Buffer solutions containing monomeric α S or α S-CEL were subjected to CD measurements. Before analysis, the aliquots were diluted in 200mM phosphate buffer (pH 7.4) to a final protein concentration of 8µM. The CD spectra of the different samples were recorded at 25°C between 260 and 190nm in a J-715 spectropolarimeter (JASCO) using a 1mm quartz cell. The scan speed was 50 nm/min with a response time of 1s and a band width of 1.0nm, while 15 scans were accumulated. Data were baseline corrected by subtracting the buffer contribution and the average value of the first 15nm of each spectrum to the entire curve. The different CD spectra were used to derive the protein secondary structure content using the BeStSel online platform (http://bestsel.elte.hu/)⁴.

NMR spectroscopy measurements

¹⁵N- and ¹³C- double labeled αS (220μM) and αS-CEL (160μM) solutions were used for NMR studies. These solutions were prepared in 20mM sodium phosphate at pH 6.5 in the presence of 150mM NaCl and 10% (v/v) D₂O. All NMR experiments were recorded at 12.5°C on a Bruker Avance III operating at a ¹H resonance frequency of 600.1 MHz, and equipped with a 5-m ¹³C,¹⁵N,¹H triple resonance cryoprobe. In all experiments, water suppression was achieved by the watergate pulse sequence⁵ and proton chemical shifts were referenced to the water signal fixed at 4.89ppm. ¹³C and ¹⁵N chemical shifts were referenced indirectly using the ¹H,X frequency ratios of the zeropoint⁶. The spectra were processed using the software packages NMRPipe/NMRDraw⁷ and Topspin (Bruker), whereas the data were analyzed using Xeasy/Cara, Sparky and Protein Dynamics Center software.

To determine whether the CEL-induced chemical shift variations arise from a conformational rearrangement of α S or on the contrary, from a CEL-induced inductive effect, we compared the ¹H and ¹³C NMR chemical shifts of N^a-Ac-Lys with those obtained from a CEL-modified N^a-Ac-Lys. The 1D-¹H and ¹³C-HSQC spectra were adquired for a solution containing N^a-Ac-Lys (10mM) prepared in 150mM phosphate buffer (pH 7.4) in the presence of 150mM NaCl and 10% (v/v) D₂O. These spectra were

adquired at 12.5° C in the absence and in the presence of pyruvic acid (50mM) and NaBH₃CN (75mM) (afther incubation for 48h at 50°C).

NMR assignment of αS and αS -CEL

The sequence-specific backbone assignments of α S and of α S-CEL, as well as the assignments of their C_{β} were achieved using different 2D and 3D NMR experiments: ¹H,¹⁵N-HSQC, ¹⁵N-NOESY-HSQC (250ms), HNCACB, CACB(CO)HN, HNCO, HNHA, HN(CO)CA and HN(CA)CO. The acquisition of the HCCH-TOCSY spectra allowed us to obtain the assignment of the side chain protons and carbons for Lys and CEL residues.

The assignment of native α S was transferred from that deposited for α S (BMRB code 6968)⁸. However, it was additionally confirmed using triple resonance experiments and then deposited in the BMRB data base (27796). The chemical shift assignment of α S-CEL was achieved using the described NMR experiments, and it was deposited in the BMRB under the accession code 27797.

The chemical shift assignments of α S and α S-CEL were used to estimate the secondary structure content at residue level. This was carried out using different algorithms: i) the secondary structure propensity (SSP) approach⁹; ii) the neighbor-corrected structure propensity calculator (ncSPC)¹⁰, which bases its calculation on the ncIDP random coil library and adds an additional weighting procedure that accounts for the backbone conformational sensitivity of each amino acid type; and iii) the TALOS+ program^{11a}, which uses the chemical shifts and the sequence information to make quantitative predictions of the secondary structural content.

NMR measurement of ${}^{3}J_{HNHa}$ and ${}^{1}J_{CaC\beta}$ coupling constants for αS and αS -CEL

The HNHA spectra obtained for α S and α S-CEL were used to determine the ${}^{3}J_{\text{HNHa}}$ coupling constants for each residue in both proteins. The ${}^{3}J_{\text{HNHa}}$ coupling constants were calculated based on the intensity ratio $S_{\text{cross}}/S_{\text{diag}}$ using the Eq.1¹²,

$$S_{cross}/S_{diag} = -tan^2(2\pi \cdot J_{HNH\alpha} \cdot \zeta) \tag{1}$$

where S_{cross} is the intensity of the HN-H_a cross-peak of a given residue, S_{diag} is the intensity of the H_N-H_N diagonal cross-peak of the same residue, and ζ is a delay time in HAHN pulse sequence, which was set to 13.05ms.

The one-bond ${}^{1}J_{C\alpha C\beta}$ coupling constants were determined from the HN(CO)CA spectrum of αS and from that of αS -CEL. The ${}^{1}J_{C\alpha C\beta}$ values were calculated for each residue from the splitting observed in the C dimension for the C_a cross-peak¹³.

Estimation of the phi (ϕ) and psi (ψ) backbone torsion angles of α S and α S-CEL

The phi (ϕ) dihedral angles for α S and α S-CEL were calculated from their experimental ${}^{3}J_{\text{HNHa}}$ coupling constants by using the following Eq. 2¹²,

$${}^{3}J_{HNH\alpha} = A \, \cos^{2}(\phi - 60) + B \cos(\phi - 60) + C \qquad (2)$$

where A (7.66), B (-1.00) and C (0.37) are the averaged values obtained from the best fit between the experimental ${}^{3}J_{\text{HNHa}}$ values determined for αS^{14a} and the ϕ values estimated for the averaged conformational population of αS^{15} . The error of each ϕ value was determined through the application of the propagation of uncertainty method considering: i) the error of the A, B and C constants used in the Eq. 2; and ii) the errors of our ${}^{3}J_{\text{HNHa}}$ values.

The experimental ϕ dihedral angles and the ${}^{1}J_{C\alpha C\beta}$ coupling constants were then jointly used to estimate the psi (ψ) dihedrals for αS and αS -CEL. The ψ dihedrals were obtained through the application of the following Karplus equation (Eq. 3)¹³,

$${}^{1}J_{\mathcal{C}_{\alpha}\mathcal{C}_{\beta}} = 1.3 + 0.6\cos(\psi - 61^{\circ}) + 2.2\cos[2(\psi - 61^{\circ})] - 0.9\cos[2(\phi + 20^{\circ})] + {}^{1}J_{\mathcal{C}_{\alpha}\mathcal{C}_{\beta},res}$$
(3)

where the ${}^{1}J_{C\alpha C\beta_{res}}$ constants are the averaged amino acid-specific ${}^{1}J_{C\alpha C\beta}$ values obtained from six different proteins (i.e. flavodoxin, xylanase, RNase T1, frataxin, ubiquitin and DFPase)¹⁶. The error of each ψ value was determined through the application of the propagation of uncertainty method considering: i) the error of our ϕ values; ii) the error of our ${}^{1}J_{C\alpha C\beta}$ coupling constants; iii) and the error of the residuespecific ${}^{1}J_{C\alpha C\beta_{res}}$ constants¹⁶.

MERA (Maximum Entropy Ramachandran map Analysis) approach was used to estimate the propensity of each residue to explore the distinct regions of Ramachandran space with a resolution of 15° x 15° (ϕ,ψ) voxels¹⁴. As input, we used the N, C_a, and CO chemical shifts, and the ³*J*_{HNHa} coupling constants. This data was given for all residues, except for Gly since their Ha resonances have identical chemical shifts, thus they were stereospecifically undistinguishable. In addition, for the residues for which it was possible, we also included the $d_{NN}(i,i+1)$, the $d_{aN}(i,i)$ and the $d_{aN}(i,i+1)$ NOEs as inputs. MERA provided a residue-by-residue Ramachandran map distribution for disordered proteins or disordered regions in folded proteins in terms of populations, and the agreement between each input parameter and its distributionderived value. The minimum RMSD (χ) between the experimental input data and the calculated values increases when the weight (θ) of the entropy term (*S*; defined in reference^{14b}) increases. Here, we have chosen a θ =0.8, which yielded χ^2 values <1.5 for all residues in α S and in α S-CEL.

NMR diffusion experiments

The relative diffusion coefficients (*D*) of α S and α S-CEL were measured from the diffusion-ordered spectroscopy (DOSY) spectra adquired by using the pulse field fradient spin echo (PGSE) using a standard ledbpgp2s experiment^{17a}. Experiments were carried out at 12.5°C on samples containing 188µM α S or α S-CEL prepared in 20mM phosphate buffer (pH 6.5) in the presence of 150mM NaCl, 80µM DSS and 10% D₂O. To have statistically significant *D* values we acquired a set of six different DOSY spectra for each sample. These experiments were collected using different diffusion times (from 0.35 to 5s) and different lengths of the gradient pulse (from 3 to 5ms), and each experiment was acquired in duplicate. For each spectrum we determined the *D* values for the ¹H-NMR peaks appearing at 6.96ppm, 6.69ppm, 2.86ppm, 1.09ppm, 0.8ppm (all these signals belong to the protein) and 0ppm (a signal that belongs to the DSS, which was used as internal standard). The *D* value for each signal was obtained by fitting the intensity decays versus the gradient strength as described elsewhere^{17b}. From the *D* values we calculated the hydrodynamic radius (R_h) of α S and α S-CEL using the Stokes-Einstein equation (Eq. 4),

$$R_{\rm h} = k_{\rm B} T / 6 \pi \eta D \tag{4}$$

where k_B is the Boltzman constant, T is the temperature (285.65K) and η is the viscosity of H₂O at 285.65K (1.24·10⁻³ N·s/m²).

NMR relaxation measurements

Transverse (R_2) relaxation measurements were acquired for αS and αS -CEL by using a series of three 3D-HNCO experiments¹⁸ with relaxation delays of 60, 360 and 570ms, respectively. This experiment is especially suitable for proteins exhibiting extensive spectral overlap in the ${}^{1}H,{}^{15}N$ -HSQC spectrum. R_{2} measurements were carried out adopting the methodology developed by Yuwen and Skrynnikov, which allows the increase of the relaxation delays avoiding the cryoprobe heating¹⁹. The R_2 values were determined by fitting the peak heights (1) as a function of the relaxation delay (t) to a two-parameter (I_0 and R_2) exponential decay function: $I(t) = I_0 \cdot e^{-R_2 \cdot t}$. The average uncertainty values of R_2 were determined from the three data sets curve fitting. The ¹⁵N HET-NOE measurements were performed by using the standard pulse sequence²⁰. ¹H saturation was achieved for a 2s period by the application of 120° ¹H pulses separated by 5ms. The spectral width was 9615Hz over 2048 complex points in the π^2 (¹H) dimension and 2432Hz over 64 complex points in the $\varpi 1$ (¹⁵N) dimension. The steady-state NOE values and errors were calculated from the ratios of the peak intensities with and without presaturation by using the software Protein Dynamics Center (Bruker Biospin).

Carr-Purcell-Meiboom-Gill relaxation dispersion (CPMG-RD) measurements²¹ were acquired at 285.5 K. The effective transversal relaxation rates (R_2^{eff}) at 14 different

CPMG frequencies (v_{CPMG}), from 31.25 to 1000Hz, were calculated from the intensities of resonance in the ¹H-¹⁵N correlation spectra using Eq. 5:

$$R_2^{\text{eff}} = (-1/T_{\text{relax}}) \cdot ln \left(l_{\text{CPMG}} / l_0 \right)$$
(5)

where *T* is constant-time delay (32ms) and *I*₀ and *I*₀_{CPMG} are the intensities of resonance obtained from experiments without and with CPMG pulse block. The difference between R_2^{eff} at υ_{CPMG} of 31.25Hz and 1000Hz ($\Delta R_2^{\text{eff}}=R_2^{\text{eff}}\upsilon_{\text{CPMG}=31.25\text{Hz}}$ - $R_2^{\text{eff}}\upsilon_{\text{CPMG}=1000\text{Hz}}$) was plotted as a function of the α S sequence to study the contribution of the conformational exchange motions to the residue dynamics.

Calculations of conformational ensembles for αS and αS -CEL

Several bioinformatics tools were used to generate conformational ensembles compatible with the experimental chemical shifts. Initially, the TraDES-2²² was used to generate 10,000 structures that sampled a random coil distribution. These structures were then clustered with the gromos method3²³ implemented in Gromacs 2016.4²⁴. The cluster algorithm employed the RMSD of the C_{α} after proper alignment. Different cluster analyses were performed by increasing the cut-off value from 1.5 to 2.0 nm in steps of 0.1 nm. The cluster analyses that yielded less than 1000 clusters (i.e. those from cut-offs 1.7, 1.8, 1.9 and 2.0 nm) were considered for ensemble generation. Each group of clusters was used independently to generate one ensemble for α S and one for α S-CEL. Ensembles were generated by using the Mollack software²⁵, which tries to find the best linear combination of structures that reproduce some fed experimental data. We specifically used the NMR chemical shifts (N, H_N , C_{α} , C_{β} , H_{α} and CO) of each residue. For each structure in the group of resulting clusters, the chemical shifts were calculated with the software SPARTA+11b. The weighted ensemble average properties were calculated by taking into account those structures with weights higher than 10⁻³.

Small Angle X-ray scattering (SAXS) measurements

SAXS experiments were performed on a Xeuss 2.0 instrument (Xenocs, France) equipped with a microfocus Cu K_{α} source (λ 1.54Å) collimated with scatterless slits. The scattering was measured using a Pilatus 300k detector with a pixel size of 0.172µm x 0.172µm (Dectris, Switzerland). The distance between the detector and the sample was calibrated using silver behenate and it was set at 1m. The X-ray scattering curves were obtained at 12.5°C for solutions containing 0.3mM α S or α S-CEL in Tris buffer (10mM) at pH 7.4 in the presence of 150mM NaCl. The measurements were carried out for 10min under vacuum using a temperature-controlled low noise flow cell. The SAXS data was reduced to absolute units, avegared and solvent substrated using the RAW 1.5 software²⁶. All data processing and analysis was also carried out

using the RAW 1.5 software. The magnitude of the scattering vector (Q) was calculated by Eq. 6,

 $Q = (4\pi \sin\theta)/\lambda$ (6)

where 2θ is the scattering angle and λ is the wavelength of X-ray, and futher used to determine the radius radius of gyration (R_g) from the Guinier approximation (Eq. 7)

$$\ln I(Q) = \ln I(0) - R_{\rm g}^2 Q^2 / 3 \tag{7}$$

where Q is the scattering vector, I(Q) is the scattered intensity as a function of the scattering vector, and I(0) is the forward scattering intensity, which is proportional to the molecular mass of the scattering profile.

a-Synuclein fibril formation

Monomeric α S and α S-CEL isolated from SEC were diluted in 20mM sodium phosphate buffer at pH 7.4 in the presence of 150mM of NaCl to a final concentration of 70µM. Then, each sample was filtered through a Millex-LG hydrophilic PTFE membrane with a 0.20µm pore size and degassed prior to being incubated at 37°C for several days while shaking at 1000rpm. In the case of α S-CEL, the incubation was carried out alone or in the presence of 150µM of FeCl₃, AlCl₃ or CuCl₂. Additionally, preformed amyloid fibrils of monomeric α S were dialyzed in 150mM sodium phosphate (pH 7.4) and then incubated in the presence of 75mM NaBH₃CN and 50mM of pyruvic acid at 50°C for 48h.

ThT-fluorescent measurements

Aliquots of solutions containing monomeric α S or α S-CEL prepared in 20mM phosphate buffer (pH 7.4) in the presence of NaCl (150mM), were taken at different incubation times and diluted in milli-Q water to a final concentration of 10 μ M. In addition, solutions containing α S amyloid fibrils or CEL-modified amyloid fibrils (CEL was chemically synthesized on preformed α S amyloid fibrils) were subjected to ThT assays. These samples were then mixed thoroughly with a ThT stock solution to a final ThT concentration of 50 μ M. Afterwards, the fluorescence spectra were measured between 460 and 600nm (λ_{exc} 440 nm) at room temperature on a PerkinElmer LS55 Luminescence Spectrometer. The scan speed was 200nm/min with an excitation and emission slit of 2.5nm, while 5 scans were accumulated. In addition, the depolymerization of α S amyloid fibrils or CEL-modified amyloid fibrils was studied using Gdn-HCl as a chaotropic agent. The ThT fluorescent spectra of those fibrils (λ_{exc} 440nm) was adquired at room temperature between 460 and 660nm at diffent Gdn-HCl concentrations, ranging from 0 to 4.5M. The fluorescence emission intensity obtained at 487nm was plotted against the Gdn-HCl concentration.

Atomic force microscopy (AFM)

Aliquots (70µl) from the samples used to study α S and α S-CEL fibril formation were taken at different incubation times and placed onto a mica surface. Then, they were incubated for 5min at room temperature before drying with N₂ gas. The mica was rinsed 5 times with 1ml milli-Q water and dried with N₂ gas before observation under a Veeco Multimode atomic force microscope equipped with a NanoScope IV controller. The particle dimensions were measured using the NanoScope SPM v5 software.

Dynamic Light Scattering (DLS)

Aliquots (20µL) from the samples containing monomeric α S or α S-CEL (70µM), which were prepared in 20mM sodium phosphate (pH 7.4) in the presence of 150mM of NaCl, were taken at different incubation times (37°C), degassed and placed in disposable cuvettes. Afterwards, they were subjected to DLS analysis at 37°C by using a DynoPro NanoStar 467-DPN (Wyatt Technology) equipped with a 660.2nm laser. 10 acquisitions of 5 or/and 10s were collected in the range of 0.5µs to 1s. Those 5 or 10s accumulations with abnormally high SOS function were removed and the remaining ones were averaged. The data was analyzed using the Dynamics software (Wyatt Technology, v.7.1.9.3).

Coarse-grained molecular dynamics (CG-MD) calculations

CG-MD calculations carried out on α S and α S-CEL were performed using the replica exchange with solute scaling (REST2) simulations with a modified version of the coarse-grained force field SIRAH. The complete description of the computational details of this methodological approach has been recently published in a preliminary work of our group²⁷. There, we proved that the molecular ensembles arising from the use of this computational approach -when using a factor *f* of 1.3 multiplying the standard ε Lennard-Jones parameter associated to the protein-solvent atom pairs- are able to reproduce most of the experimental descriptors of α S. Simulations were started from the central structure (9AAC-522.pdb) of the α S ensemble deposited in the Protein Ensemble Database (pE-DB)²⁵. Simulations carried out on α S-CEL were performed from the same initial structure (9AAC-522.pdb) but replacing its 15 Lys by CEL (**Fig. 1A**).

All-atom molecular dynamics simulations on native and CEL-modified α S amyloid fibrils

Two fibril models were simulated, one formed by α S monomers and the other by α S-CEL monomers. The coordinates to build these two models were taken from the cryo-EM structure of the α S amyloid fibril (PDB code 6A6B)²⁹. The CEL-modified Lys were modeled on all native monomers of the fibril with the Pymol software. The two models were placed in truncated dodecahedron boxes whose closest edges were at 2.0nm of

any of the proteins forming the fibrils. Then, the boxes were filled with water molecules. In each system, the required number of Na⁺ and Cl⁻ ions were added to achieve electroneutrality and to reproduce our experimental ionic strength.

The Amber ff03 force field³⁰ was used for the protein, whereas the TIP3P force field³¹ was used to model the water molecules. The Joung and Cheatham³² parameters for using ions in combination with Amber and TIP3P force fields were used to model the Na⁺ and Cl⁻ ions. Recently, we described the parametrization of the CEL-modified Lys consistent with the Amber ff03 force field³³.

The Gromacs 2016.4²⁴ software was employed for all the all-atom simulations. Initially, the geometries of α S and α S-CEL fibrils were relaxed with the steepest descent algorithm until the maximum force was <100.0 kJ·mol⁻¹·nm⁻¹. Then, 1ns-long NVT simulations were performed to equilibrate the temperature at 310 K. The thermostat of Bussi et al.³⁴ was applied separately to the protein and to the water plus ions with time couplings of 0.1 ps in both cases. Another 1ns of simulations was performed to equilibrate the densities of the systems for an external isotropic pressure of 1.0bar with the Parrinello-Rahman³⁵ barostat with a time coupling of 2.0ps and a compressibility of 4.5·10⁻⁵ bar⁻¹. During the temperature and pressure equilibrations, position restrains of 1000 kJ·mol⁻¹·nm⁻² were applied to the heavy atoms of all the monomers. Then, the restraints were kept only for the first monomer of the protofilament in one of the extremes. This was to maintain the integrity of the short fibril during the simulation. After the release of the restraints, 10ns of simulation at the equilibrated temperature and pressure were performed to allow the relaxation of the monomers. Finally, a production run of 60ns was performed.

Steered molecular dynamics of native and CEL-modified α S amyloid fibrils

Steered Molecular Dynamics (SMD) simulations³⁶ were performed to estimate the stability of α S and α S-CEL monomers at the ending of the fibril. All the calculations were performed with the Gromacs 2016.4²⁴ software patched with Plumed 2.4.0. In SMD, an external force is applied along a coordinate or collective variable (CV) to drive the system over free energy barriers. Then, the work performed by the external force in the non-equilibrium simulation can be used to estimate the Δ G of the corresponding equilibrium process by means of the Jarzynski equality³⁷. Application of the Jarzynski equalitor (Eq. 8) allows the calculation of the equilibrium free energy from the non-equilibrium simulations work as

$$\Delta G = -\frac{1}{\beta} \ln \langle \exp(-\beta W_i) \rangle \tag{8}$$

where β is the product of Boltzmann's constant (k_B) and the temperature, and W_i the work carried out to detach the monomer from the fibril.

Fifty 1ns long SMD simulations were performed for each of the two systems (i.e. aS and aS-CEL protofibrils). Each simulation was started from the previously equilibrated structure, but with different initial random velocities. The monomer pulled from the fibril was at the ending of the fibril while the restrained monomers were at the beginning. The CV for the pulling was defined as the minimum distance between the ending monomer and its two closest monomer neighbors in the fibril. One closest neighbor is below the pulled monomer in the same protofilament. The other closest neighbor is at the top of the second protofilament. The minimum distance between monomers was calculated as the minimum distance between the C_a of L38, T44, H50, A56, Q62, G68, V74, K80, G86, T92 and D98 of the pulled monomer and the equivalent atoms in the closest neighbors. To make the variable continuous, the following function of the distances (*d_i*) was used:

$$min = -\frac{1}{c}\log\sum_{i}\exp(-Cd_{i})$$
(9)

where *C* is a constant that in this case was chosen as $10nm^{-1}$. The pulling force was modeled as a moving harmonic potential acting on the CV. The harmonic constant of such potential was $4000 \text{ kJ} \cdot \text{mol}^{-1} \cdot nm^{-2}$. Initially, the minimum of the potential was set at the equilibrium value of the CV (i.e. ~0.27 nm). Then, the minimum of the potential was augmented uniformly to a value of 3.27nm during the SMD simulations.



Figure S1. The overall mechanism of protein glycation and the formation of methylglyoxal-derived AGEs. Protein glycation starts with the chemical reaction of reducing carbohydrates (mainly glucose) with primary amino groups of proteins. This encompasses the reversible formation of a Schiff base that converts into an Amadori product, which can then further rearrange to yield the advanced glycation end products (AGEs). Although the formation of the Schiff base and the Amadori compound constitute the central pathways along the protein glycation mechanism, the whole process become much more complex as a result of collateral oxidative reactions of reducing sugars, Schiff bases and Amadori compounds³⁸. These reactions yield highly reactive carbonyl species such as methylglyoxal (MG), which can further react with other amino acid side chains contributing to AGEs formation. MG is the most relevant glycating compound inside the neurons³⁹, and it is able to modify α S *in vivo* inducing the formation of MOLD and *N*^c-(carboxyethyl)lysine (CEL) (see its chemical structure drawn in the red box)⁴⁰ on its Lys side chains.



Figure S2. Characterization of purified wild type α S. **(A)** MALDI-TOF/TOF spectrum of purified recombinant α S. A single signal was obtained, whose m/z value matched the theoretical molecular weight of α S. **(B)** SDS-PAGE/Coomassie brilliant blue staining of purified recombinant α S (S) and of the marker (M; Sigma-Aldrich S8445). A single band with a molecular weight similar to that of α S was obtained.



Figure S3. Synthesis and characterization of α S-CEL. (A) Schematic representation of the chemical synthesis of CEL on α S. The protein was incubated with pyruvic acid in 150mM sodium phosphate buffer (pH 7.4) for 48h at 50°C in the presence of NaBH₃CN. The chemical structures of Lys side chain, Schiff base and CEL have been drawn considering their main protonated states at neutral pH according to their pKas. (B) Size-exclusion chromatograms (Superdex-75 HR 10/300 column) of native α S and an α S incubated with pyruvic acid in the presence of NaBH₃CN (α S-CEL). The sample containing α S-CEL was loaded into the column after a dialysis step in 150mM sodium phosphate buffer (pH 7.4). Fractions of the main peak, which corresponded to the monomeric α S-CEL, were pooled together and used for further analysis. (C) SDS-PAGE/PAGE-blue staining analysis of native α S (1) and purified α S-CEL (2). A marker (M; Sigma-Aldrich S8445) was used as reference. The sample containing monomeric α S-CEL only displayed a single band with a molecular weight slightly higher than that corresponding to the native α S. This would result from the covalent addition of different carboxyethyl groups on the Lys groups of α S. (D) Overlapping of the MALDI-TOF/TOF spectrum of the native α S with that corresponding to the synthetic α S-CEL. The intensity of the peaks was normalized for comparison purposes. As suggested the SDS-PAGE analysis, the signal corresponding to the α S-CEL shifted towards higher molecular weights as compared with that of native α S, which confirms the covalent addition of CEL molecules on α S. (E) Overlapping of the projections corresponding to the HCCH-TOCSY spectra of α S (*black*) and of the α S-CEL (*red*). The chemical shifts corresponding to the Lys-C^e downfield shifted as a result of CEL formation.



Figure S4. Overlapping of the UV-Vis spectrum of native α S (*black*) with that of α S-CEL (*red*). The spectra were normalized at 276nm for comparison purposes. The formation of CEL on α S does neither change the profile nor the intensity of the UV-Vis spectrum of α S.



Figure S5. MALDI-TOF/TOF spectra of α S (40 μ M) in the presence of MG (50mM). MG in solution (40%) was purchased from Sigma-Aldrich (M0252) and additionally purified by steam distillation. Different distilled fractions were collected and their pH was adjusted to 7.0 with 0.1M NaOH before determining their concentration. The resulting solutions were mixed with H_2O_2 and the concentration of pure MG was indirectly quantified by titrating the remaining H₂O₂ with KMnO₄, according to the Firedemann's protocol⁴¹. The pure MG concentration was estimated to be ~0.94M and the fractions were frozen until use. Afterwards, a reaction mixture containing αS and MG was incubated at 37°C in 200mM phosphate buffer at pH 7.4. Aliquots were taken at different times and then diluted 5 times in mili-Q water to reduce the phosphate concentration before the MALDI-TOF/TOF analysis. The initial peak corresponding to α S shifted towards higher molecular weights, which proves the covalent addition of different MG moieties during the incubation. However, the protein peak also became lower and broader upon incubation, which proves the formation of a heterogeneous mixture of aS molecules with different glycation degree. The incubation of aS with MG did not result into the formation of cross-linked oligomers, as proved by the absence of MALDI-TOF/TOF peaks at a m/z ratio higher than 16kDa.



Figure S6. Sequence-based analysis of the structuration level of α S. (**A-B**) The disorder propensity prediction of α S was carried out using the following algorithms: IUPred^{42a}, RONN^{42b}, MetaDisorder MI, MetaDisorder^{42c}, DisCoP^{42d}, PrDos^{42e}, DisEMBL 1.5, DisEMBL 1.5 – Method 2, DisEMBL 1.5 – Method 3^{42f}, MFDp^{42g}, DISOClust^{42h}, DisoPred⁴²ⁱ, IUPredL^{42a} and IUPredS^{42a}. The predictions have been plotted in two different representations (**A** and **B**) to have a better view of them. All algorithms used the same disorder scale: residues with values between 0 and 50 are considered to retain a certain degree of structuration (*grey background*), whereas those with a disorder propensity between 50 and 100 are considered as disordered (*white background*). All predictions have been done using the α S sequence. (**C-D**) Secondary structure content prediction for each residue of α S. Predictions were carried out using the PSIPRED algorithm^{43a} (**C**) and the Cspritz algorithm^{43b} (**D**).



Figure S7. Study of the inductive effect of CEL formation on the ¹H anc ¹³C chemical shifts: controls and evidences. **(A)** Overlapping of the aliphatic region of the ¹³C-HSQC spectra of native N^a-Ac-Lys (*black*) on that corresponding to the CEL-modified N^a-Ac-Lys (*red*). The cross-peaks corresponding to the H_a/C_a, H_β/C_β, H_γ/C_γ, H_δ/C_δ, and H_ε/C_ε are labelled and squared. **(B)** Overlapping of the projections corresponding to the HCCH-TOCSY spectra of *a*S (*black*) and of the *a*S-CEL (*red*). The Lys-H_γ/C_γ and Lys-H_δ/C_δ cross-preaks have been labelled to better compare the differences between aS and aS-CEL. Their chemical shifts are also indicated.



Figure S8. Secondary structure content predictions for α S and α S-CEL. **(A)** Secondary structure propensity (SSP) scores obtained for α S (*black*) and α S-CEL (*red*). The SSP values were calculated using the H_α, C_α and C_β chemical shifts for each assigned residue, which is the recommended procedure when studying intrinsically disordered proteins⁴⁴. +1 indicates a fully formed α -helix; "-1" indicates a fully formed β -sheet; and "0" indicates disorder. **(B)** Secondary structure predictions obtained from TALOS+ using the H_N, N, H_α, C_α, C_β, and CO chemical shifts obtained for α S and α S-CEL at 12.5°C and at pH 6.5. **(C)** Average secondary structure predictions obtained for α S (*top*) and α S-CEL (*bottom*) using CG-MD after 1400ns of simulation. The simulations were carried out using replica exchange with solute scaling (REST2) simulations with the coarse-grained force field SIRAH. The simulations were carried out using a factor *f* of 1.3 multiplying the standard ε Lennard-Jones parameter associated to the protein-solvent atom pairs²⁷.



Figure S9. Sequential NOE intensity ratios for aS (*black*) and aS-CEL (*red*). (A) Ratios of intraresidue to sequential H_a - H_N NOE intensities in aS and aS-CEL. For comparison purposes, the plot only displays the values for those residues whose $d_{aN}(i,i)/d_{aN}(i-1,i)$ values could be determined for aS and for aS-CEL. The ratios corresponding to Gly residues were divided by 2, to correct for the presence of two H_a atoms. (B) Ratios of intraresidue to sequential H_N - H_N NOE intensities in aS and aS-CEL. For comparison purposes, the plot only displays the values for those residues whose $d_{NN}(i,i)/d_{NN}(i-1,i)$ values could be determined for aS and for aS-CEL.



Figure S10. Primary sequence of aS complemented with NOE patters observed for native aS (*black*) and aS-CEL (*red*), which are displayed above ($H_{\alpha_{i-1}}/HN_i$; *circles*) and below (HN_{i-1}/HN_i ; *squares*) the sequence. The NOE intensities for each residue were obtained from the corresponding ¹H,¹H-NOESY spectra. Amino acids colored in blue were not included in the analysis of the sequential NOEs. Filled symbols display the residues for which the *i*-1 NOE have been detected; empty symbols represent those residues for which the *i*-1 NOE was not observed; and the absence of a symbol indicates that it was not possible to determine whether it was a NOE or not since the signal of the *i*-1 residue overlapped with that of the *i* residue.



Figure S11. Structural conformations representative of aS (*top*) and aS-CEL (*bottom*). These structures were obtained from microsecond-long replica exchange with solute scaling (REST2) simulations with the coarse-grained force field SIRAH. The simulations were carried out using a factor *f* of 1.3 multiplying the standard ε Lennard-Jones parameter associated to the protein-solvent atom pairs, which is the one that provides conformations of aS that better reproduce experimental parameters such as chemical shifts or R_g values²⁷. All the conformations characteristic of aS or of aS-CEL, displayed transient β -hairpins (framed in grey squares) between the N-terminal (*blue*) and the NAC (*yellow*) domains, and between the NAC (*yellow*) and the C-terminal (*red*) domains.



Figure S12. ¹⁵N-NOESY-HSQC strips corresponding to each one of the fifteen Lys residues of the α S sequence (at the bottom, each strip is labelled with its residue number). The strips corresponding to α S (*black*) are overlapped with those obtained from α S-CEL (*red*), where all Lys residues have been replaced by CEL.



Figure S13. HNCACB strips obtained from the ¹⁵N plane corresponding to each one of the fifteen Lys residues of the aS sequence (each strip is labelled with its residue number). The strips corresponding to aS (*black*) are overlapped with those obtained from aS-CEL (*red*), where all Lys residues have been replaced by CEL.



Figure S14. Guinier plots of the X-ray scattering curves corresponding to the low Q region of monomeric α S (*black*) and of the α S-CEL (*red*). The scattering curves were collected at 12.5°C using a 180µM protein concentration in 10mM Tris buffer (pH 7.4) in the presence of 150mM NaCl.



Figure S15. Ratios between the ¹⁵N-HSQC peak heights of α S-CEL with those obtained for α S. The peak height of each residue in α S or α S-CEL was normalized using the height of an Asn side chain cross peak, which was used as internal standard. Data corresponding to the Lys residues are colored in red.



Figure S16. Distances between the centers of geometry of the N-terminal **(A)** or the NAC **(B)** domains to the centre of geometry of the C-terminal domain as a function of the simulation time for aS (*black*) and for aS-CEL (*red*). These distances were determined along 1400ns CG-MD simulations using replica exchange with solute scaling (REST2) simulations with the coarse-grained force field SIRAH. The horizontal lines represent the average distances in each case.



Figure S17. Effect of CEL on the solvent-accessible surface area of aS. (A) Average solventaccessible surface area (SASA) per coarse-grained bead for each residue in the N-terminal (*top*), NAC (*middle*) and C-terminal (*bottom*) domains of aS (*black*) and aS-CEL (*red*). Lys/CEL locations along the sequence are marked as "K". SASA were calculated with the sasa tool in GROMACS for the most populated clusters in aS and in aS-CEL obtained from CG-MD simulations (f=1.3). The solid lines indicate the average over the trajectory and the shaded regions represent the standard deviations. (B) Differences in SASA per coarse-grained bead between aS-CEL and aS as a function of the residue number. Data corresponding to the Lys residues are colored in red.



Figure S18. Zoomed-in regions corresponding to ¹⁵N-HSQC peaks of S129 and A140 in aS (*black*) and in aS-CEL (*red*). The peaks of S129 and A140 are split in two, due to the effect of a neighbouring Pro, which includes a major *trans* and a minor *cis*-Pro peaks.



Figure S19. Effect of CEL formation on the ${}^{3}J_{\text{HN-Ha}}$ coupling constants of aS. **(A)** Sequencedependent variation of the ${}^{3}J_{\text{HN-Ha}}$ coupling constants measured for aS (*black*) and for aS-CEL (*red*) in 20mM sodium phosphate buffer (pH 6.5) in the presence of 150mM NaCl. Error bar for each point in the coupling constant were calculated from the peak intensities and base plane noise levels from the HNHA spectra. **(B)** Distribution of ${}^{3}J_{\text{HN-Ha}}$ values grouped by amino-acid type. Each bar represents the averaged value for each residue type, whereas the errors represent the standard deviation for each residue type.



Figure S20. Effect of CEL formation on the ${}^{1}J_{CaC\beta}$ coupling constants of α S. (A) Distribution of the ${}^{1}J_{CaC\beta}$ values grouped by amino-acid type. Each bar represents the averaged value for each residue type, whereas the errors represent the standard deviation for each residue type. The values of Gly residues are not plotted since the ${}^{1}J_{CaC\beta}$ is non-existent. (B) Sequence-dependent variation of the ${}^{1}J_{CaC\beta}$ coupling constants measured for α S (*black*) and for α S-CEL (*red*) in 20mM sodium phosphate buffer (pH 6.5) in the presence of 150mM NaCl. The values of Gly are not plotted since ${}^{1}J_{CaC\beta}$ does not exist for this residue. Moreover, the ${}^{1}J_{CaC\beta}$ values corresponding to the Asp, Asn, Ser and Thr residues are excluded from the plots, since their higher ${}^{1}J_{CaC\beta}$ values (*see panel A*) might induce the misinterpretation of the structural data¹⁶. Error bar for each point in the coupling constant was determined from the uncertainty in the determination of the maxium of each peak arising from the splitting of the C_a cross-peak in the HN(CO)CA spectra.



Figure S21. Values of the dihedral angles of α S and α S-CEL. **(A)** Sequence-dependent variation of the phi (ϕ) dihedral angles of α S (*black*) and α S-CEL (*red*). The ϕ dihedral angles and their errors were estimated from the ${}^{3}J_{\text{HN-H}\alpha}$ coupling constants as described in the materials and methods section. **(B)** Sequence-dependent variation of the psi (ψ) dihedral angles of α S (*black*) and α S-CEL (*red*). The ψ dihedral angles and their errors were estimated from the ${}^{1}J_{CaC\beta}$ coupling constants and the ϕ dihedral angles, as described in the materials and methods section.



Figure S22. Effect of CEL formation on the dihedral angles of α S. (A) Sequence-dependent variations of the $\Delta\phi$ between α S and α S-CEL ($\Delta\phi=\phi_{\alpha S-CEL}-\phi_{\alpha S}$). Data corresponding to the Lys residues are colored in red. (B) Sequence-dependent variations of the $\Delta\psi$ between α S and α S-CEL ($\Delta\psi=\psi_{\alpha S-CEL}-\psi_{\alpha S}$). Data corresponding to the Lys residues are colored in red. In panels *B* and *C*, we only plotted the $\Delta\phi$ and $\Delta\psi$ values of those residues for which we had both angles in α S and in α S-CEL. (C) Zoom on the Ramachandran plot displayed in Fig. 4C. This plot only shows the region containing values of $\psi>0$ and values of $\phi<0$. The signals corresponding to the ϕ/ψ angles of each amino acid are shown in *black* for α S and in *red* for α S-CEL. The signals of those residues whose $\Delta\phi$ and/or $\Delta\psi$ between α S and α S-CEL are larger than the average, are labelled with the residue number.



Figure S23. ϕ/ψ distributions derived from MERA calculations for *a*S (*top*) and *a*S-CEL (*bottom*). As examples, we have chosen the Ramachandran distribution plots for two residues representative of the N-terminal domain (i.e. K32 and V52; *left*), of the NAC domain (i.e. A69 and T81; *middle*), and of the C-terminal domain (i.e. K96 and K97; *right*). The surface area of each circle is proportional to the population of its 15°x15° voxel, and its color represents the ratio relative to that of the population seen in the coil database for that residue type, from 0.2 (*blue*) to 5 (*red*). An entropy weight factor of 0.8 was used. Each Ramachandran plot includes its χ^2 and S values.



Figure S24. CPMG RD data showing the difference between the effective R_2 rates (R_2^{eff}) at low (31.25 Hz) and high (1kHz) CPMG frequencies obtained at 600MHz for ¹⁵N- α S (black) and α S-CEL (red) at 12.5°C.



Figure S25. Study of amyloid fibril formation from α S and α S-CEL. **(A,B)** ThT fluorescence spectra of solutions containing α S **(A)** or α S-CEL **(B)** (at 10 μ M protein concentration), which were prepared in 20mM phosphate buffer (pH 7.4) in the presence of NaCl (150mM). The spectra were acquired at different incubation times (37°C; see figure legends) in the presence of ThT (50 μ M). **(C)** Changes in the ThT fluorescence intensity (λ_{exc} 440 nm) as a function of the incubation time (at 37°C while shaking at 1000rpm) of solutions containing α S (black) or α S-CEL (red) at 10 μ M protein concentration. Solutions were prepared in 20mM phosphate buffer (pH 7.4) and in the presence of NaCl (150mM). ThT (50 μ M) was added before measurements.



Figure S26. DLS study of the aggregation process of α S and α S-CEL. **(A-B)** DLS autocorrelation functions obtained at different incubation times (*see figure legends*) for solutions containing monomeric α S **(A)** or monomeric α S-CEL **(B)** at 70 μ M protein concentration. Solutions were incubated at 37°C in 20mM phosphate buffer (pH 7.4) and in the presence of 150mM NaCl, while shaking at 1000rpm. **(C-D)** Intensity-weighted DLS size distributions obtained for monomeric α S **(C)** and monomeric α S-CEL **(D)** after 0 and 9d of incubation at 37°C in 20mM phosphate buffer (pH 7.4) and in the presence of 150mM NaCl, while shaking at 1000rpm.



Figure S27. Changes in the ThT fluorescence intensity (λ_{exc} 440 nm) as a function of the incubation time (at 37°C while shaking at 1000rpm) of solutions containing α S-CEL (10 μ M) either alone or in the presence of FeCl₃, AlCl₃ or CuCl₂ (150 μ M). All the reaction mixtures were prepared in 20mM phosphate buffer (pH 7.4) in the presence of NaCl (150mM). ThT (50 μ M) was added before measurements.



Figure S28. All-atom MD and SMD simulations carried out on the native and CELmodified cryo-EM structure of α S and α S-CEL fibrils. **(A)** Detachment of a α S or α S-CEL monomer (red) from the ending extreme of the amyloid fibril. The CV for the detachment in the SMD simulations was defined as the minimum distance with respect to selected atoms of the closest monomers (yellow). Position restraints were applied to the monomers at the beginning extreme of the fibril (blue). **(B)** Root mean square deviation (RMSD) of the backbone atoms of the α S or α S-CEL monomers at the ending extreme of the fibrils. **(C)** Work performed for the detachment of the ending monomers from the respective native and CEL-modified fibrils. Each line corresponds to one replica.



Figure S29. Comparison of key Lys-involving interactions in the α S fibril assembly between α S fibrils (*top*) and CEL-modified α S fibrils (*bottom*). (A) Electrostatic interactions between K45/CEL45, H50 and E57'. (B-C) Salt bridges formed between E61 and K58 (B), and between K80 and E46 (C). In the representations, the α S molecules corresponding to each intertwining protofilament are colored in green and red, respectively.



Figure S30. ThT fluorescence spectra of solutions containing monomeric native α S (black), amyloid fibrils obtained from native α S (red), amyloid fibrils obtained from native α S, which were incubated 48h at 50°C (blue), and α S amyloid fibrils modified with CEL (green). To carry out this experiment, the sample containing native α S amyloid fibrils (red), was split in two different samples and one of them was incubated in the presence of pyruvic acid and NaBH₃CN (green), whereas the other was incubated in their absence (blue).

Table	S1.	Secondary	structure	content of	`aS and	aS-CEL	derived	from far-UN	V CD	spectra u	ısing
	the	BeStSel on-	line platfo	rm <u>(http:/</u> _	/bestsei	<u>l.elte.hu</u>)	4 and fro	om CG-MD s	simul	lations.	

		٥	ſS	αS-CEL		
A		CD	CG-MD	CD	CG-MD	
lar e (Helix	1.7	0.2±0.4	0.0	0.1±0.3	
tu p	Antiparallel	24.9	26.8±6.8	23.1	22.8±6.8	
Seco	Parallel	0.0	-	0.0	-	
	Turns	18.6	-	19.5	-	
•	Others	54.8	73.0±6.8	57.4	77.1±5.8	

	$^{1}\mathrm{H}$	¹³ C (ppm)		
N ^a -Ac-Lys		CEL-modified N ^a -Ac-Lys	N ^α -Ac-Lys	CEL-modified N ^a -Ac-Lys
-NH	7.93	7.92		
$-\mathbf{CH}_{\alpha}$	4.12	4.12	57.7	57.7
- CH β	1.79/1.69	1.79/1.69	33.7	33.7
- CH γ	1.40	1.40	24.8	25.0
$-\mathbf{CH}_{\delta}$	1.67	1.69	29.0	28.1
-CH _ε	2.99	3.01	42.2	48.7
-CH ₃ (methyl)	2.04	2.01	24.6	24.6

Table S2. ¹H and ¹³C chemical shifts obtained for non-modified and CEL-modified N^a-Ac-Lys.

	Residue	aS	aS-CEL
	P108	7.5	7.5
	P117	8.3	7.7
"Promega	P120	2.1	2.8
(% CIS-FF0)	P128	8.2	9
	P138	8.8	7.1
	P108	c_	5.5
	P117	5.5	7.2
$\frac{9}{1 \text{ cis}}$	P120	5.7±0.2	6.0±1.2
(% CIS-PIO)	P128	4.0±1.1	4.1±0.5
	P138	2.6±0.5	3.5±0.9

Table S3. Fractions (%) of cis-Pro bonds in aS and in α S-CEL.

^aThe fractions of cis conformation for each Pro were determined using the Promega server facility (<u>https://spin.niddk.nih.gov/bax/nmrserver/promega/</u>) using the N, H_N, H_a, CO, C_a and C_{β} chemical shifts¹¹^c.

^bThe fractions of cis conformation for each Pro were determined using the ¹⁵N-HSQC peak intensities from resonances affected by the cis and trans states accordingly to the data and the approach recently reported by Alderson et al.⁴⁵. Hence, the ratios between cis and trans-Pro were obtained from the intensity ratios of the double ¹⁵N-HSQC peaks corresponding to: A107, sensitive to the isomerization of P108; D119, sensitive to the isomerization of P117; D119 and A124, both sensitive to the isomerization of P120; A124 and S129, both sensitive to the isomerization of P128; E137 and A140, both sensitive to the isomerization of P138. ^cThe fraction could not be determined because the peak corresponding to the cis-Pro was not observed.

Table S4. Number of resulting clusters generated for ensemble analysis as a function of the cutoff.

Cut off (nm)	N			
2.0	69			
1.9	114			
1.8	216			
1.7	453			
1.6	1098			
1.5	2719			
The rendem structures were generated by using the TroDES 9				

The random structures were generated by using the TraDES-2 software, and they were clustered with the gromos method, implemented in Gromacs 2016.4 (*see materials and methods for description*).

Table S5. RMS residuals and the determination coefficient R^2 of the linear regression between the predicted ensemble-weighted average δH_a with respect to the experimental values

Cutoff (nm)	RMS α S	RMS α S-CEL	$R^2 \alpha S$	$R^2 \alpha S$ -CEL
2.0	1.5	1.5	0.69	0.45
1.9	1.5	1.5	0.69	0.71
1.8	1.5	1.4	0.67	0.69
1.7	1.5	1.5	0.6	0.49

Table S6. RMS residuals and the determination coefficient R^2 of the linear regression between the predicted ensemble-weighted average δC_a with respect to the experimental values

Cutoff (nm)	RMS α S	RMS α S-CEL	$R^2 \alpha S$	$R^2 \alpha S$ -CEL
2.0	0.5	0.7	0.99	0.98
1.9	0.6	0.6	0.99	0.99
1.8	0.6	0.6	0.99	0.99
1.7	0.6	0.8	0.99	0.98

Table S7. RMS residuals and the determination coefficient R^2 of the linear regression between the predicted ensemble-weighted average δCO with respect to the experimental values

Cutoff (nm)	RMS α S	RMS α S-CEL	$R^2 \alpha S$	$R^2 \alpha S$ -CEL
2.0	0.7	0.7	0.87	0.79
1.9	0.8	0.7	0.85	0.85
1.8	1.0	0.7	0.81	0.82
1.7	0.9	0.7	0.80	0.78

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