

## Supporting Information

### **Single network double cross-linkers (SNDCL) hydrogels with excellent stretchability, self-recovery, adhesion strength, conductivity for human motion monitoring**

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Table 1. Tensile length comparison of PAAm hydrogels among this work and those in literatures.

References & Years	Components	Tensile length
2016 <sup>1</sup>	PSS/Acrylamide	525%
2017 <sup>2</sup>	PAAM/CS	1000%
2017 <sup>3</sup>	PAAm/LiCl	2000%
2017 <sup>4</sup>	Gelatin/PAAm	3500%
2019 <sup>5</sup>	HPAAm/CS-c-MWCNT	2761%
2019 <sup>6</sup>	Amy/PAAm/PVA DN	549%
2019 <sup>7</sup>	PVA/PAAm/DA	220%
2019 <sup>8</sup>	PAAM/PVP	22000%
2019 <sup>9</sup>	AG/PAAm/LiCl	2185%
2019 <sup>10</sup>	PAM/Au@PDA GW	900%
Our work	PAAm (MBA/CA)	6564%

Table 2. Adhesion strength comparison of hydrogels among this work and those in literatures

References & Years	Components	Adhesion strength / MPa			
		Metal	Hogskin	Glass	wood
2015 <sup>11</sup>	PAA/dopamine /ZnCl <sub>2</sub>	6.1			
2017 <sup>12</sup>	PDA/clay/PAM	0.17	0.03	0.12	
2017 <sup>13</sup>	Poly(catechol-styrene)	2.9			
2018 <sup>14</sup>	ACC/Polyacrylic acid	4.75		0.6	3.2
2018 <sup>15</sup>	PDA/CS/PAM		0.03		
2018 <sup>16</sup>	Soluble starch/ NaSS/MOBAB/GO	60.5	0.13		
2018 <sup>17</sup>	Dopamine/talc/PAM	0.82		0.4	0.6
2018 <sup>18</sup>	PACG/Hap	0.13	0.11		
2018 <sup>19</sup>	PAAm/PAA/DA		0.06		
2019 <sup>20</sup>	gelatin/glycerol/Na <sub>3</sub> Cit	0.71		0.42	
2019 <sup>21</sup>	CS/PAA DN nanocomposite	0.01		0.01	0.02
2019 <sup>22</sup>	POPEA-b-PEG/KPS/ acrylate nucleobase		0.01	0.05	
2019 <sup>23</sup>	acrylicacid/dopamine- functionalized hyaluronic acid/Fe(NO <sub>3</sub> ) <sub>3</sub>	0.03	0.01		
2019 <sup>24</sup>	PVA/TA/CNC/borax	0.071	0.05	0.065	0.117
2019 <sup>25</sup>	PEGDA/PEG			0.0456	
Our work	PAAm (MBA/CA)	0.167	0.876	1.64	1.70

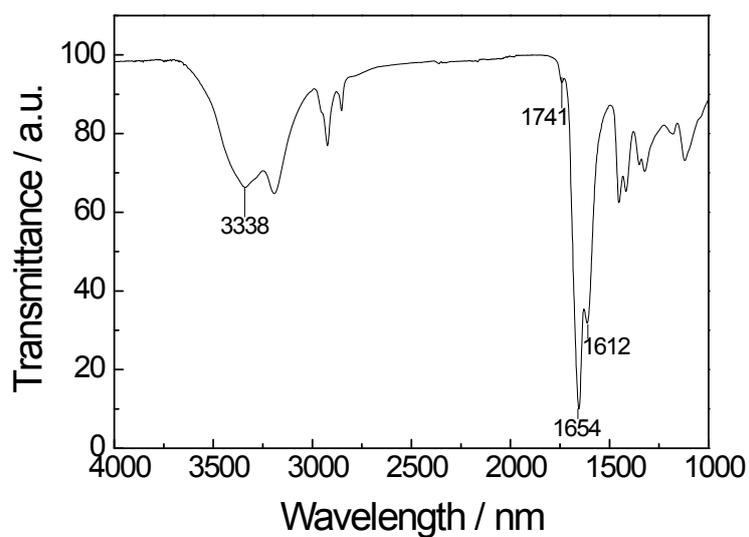


Figure S1. ATR-FTIR spectrum of the SNDCL PAAm hydrogel with **MBA** concentration of 0.006% and **CA** concentration of 0.03%.

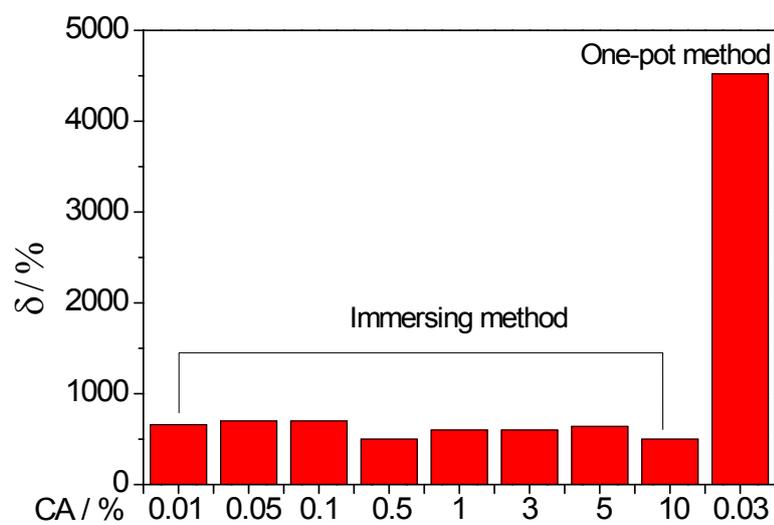


Figure S2. Stretchability of hydrogels prepared by double cross-linkers in immersing method and one-pot method with **MBA** concentration of 0.01% and different **CA** concentrations.

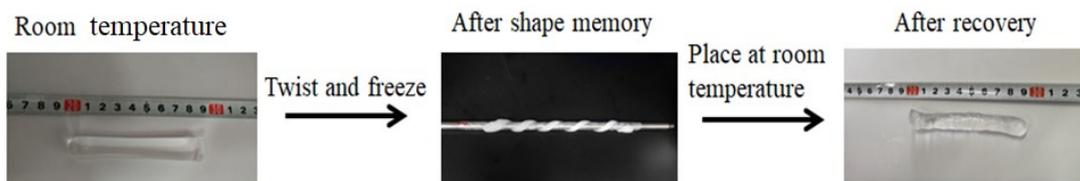


Figure S3. Shape recovery of the twisted and freezed SNDCL hydrogel after thawing.

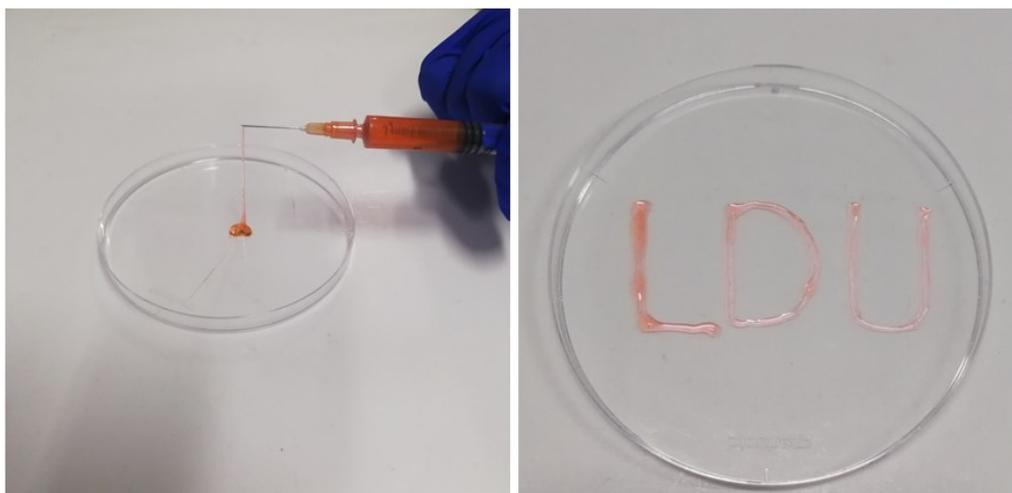


Figure S4. Injectability of the SNDCL hydrogel in a syringe with 20 G needle.



Figure S5. Adhesive ability of the SNDCL hydrogel lifting a 2 kg bottle of water.

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