

## Electronic Supplementary Information for

# A water-soluble iron-porphyrin complex capable of rescuing CO-poisoned red blood cells

*Daniel G. Droege and Timothy C. Johnstone\**

Department of Chemistry and Biochemistry, University of California, Santa Cruz, California  
95064, United States.

\* Correspondence to: [johnstone@ucsc.edu](mailto:johnstone@ucsc.edu)

## CONTENTS

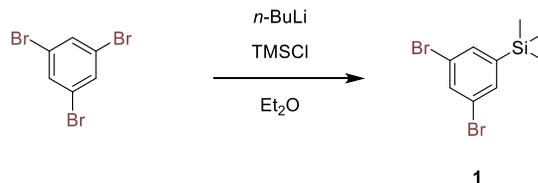
	<b>Page</b>
Experimental methods	S3
Tables S1–S2: Crystallographic details	S17
Figures S1–S15: NMR spectra	S18
Figure S16: HPLC chromatogram of <b>6</b>	S26
Figures S17–S18: Stability of reduced <b>6</b> and <b>7</b>	S27
Figure S19: IR spectrum of <b>7</b> + (PPh <sub>4</sub> )Cl	S28
Figures S20–S22: Crystallographic models	S28
Figure S23: Titration of Hb + <b>6</b> with CO	S30
Figure S24: Titration of COHb with Fe(II)TPPS	S30
Figure S25: Hemolysis assay of <b>6</b>	S31
Figure S26: Time course of CO-treated RBCs + <b>6</b>	S31
References	S32

## Experimental Methods

**General considerations.** All reactions were performed under N<sub>2</sub> unless otherwise stated. Glassware was oven dried prior to use. All solvents and reagents were commercially available and used as received unless stated otherwise. Pyrrole was distilled under N<sub>2</sub> and 1,3,5-tribromobenzene was purified by silica gel chromatography (eluted with hexanes). 5,10,15,20-Tetrakis(4-sulfonatophenyl)porphyrinatochloroiron(III), Fe(III)TPPS, was synthesized as previously reported.<sup>1-3</sup> THF, diethyl ether, and chloroform were dried using 3-Å molecular sieves. For the purification of **6**, an Isolera Prime Biotage fitted with a Sfar C18 column was employed. Analytical HPLC was performed on a Shimadzu Prominence-I LC-2030 Plus fitted with a Shimadzu Nexcol C18 5 μm column (50 × 3.0 mm). CDCl<sub>3</sub> was purchased from Cambridge Isotope Laboratories and used as received. <sup>1</sup>H, <sup>13</sup>C{<sup>1</sup>H}, and <sup>29</sup>Si{<sup>1</sup>H} NMR spectra were recorded on a Bruker Avance III HD 500 NMR spectrometer equipped with a multinuclear Smart Probe. Signals in the <sup>1</sup>H, <sup>13</sup>C, and <sup>29</sup>Si NMR spectra are reported in ppm as chemical shifts from tetramethylsilane and were referenced using the CHCl<sub>3</sub> (<sup>1</sup>H, 7.26 ppm) or HDO (<sup>1</sup>H, 4.79 ppm) or CDCl<sub>3</sub> (<sup>13</sup>C, 77.0 ppm) solvent signals or TMS in CDCl<sub>3</sub> (<sup>29</sup>Si, 0.0 ppm). Deuterated phosphate-buffered saline (PBS-*d*) was obtained by lyophilizing an aliquot of proteo-PBS and redissolving the solid in an equivalent volume of D<sub>2</sub>O. The following abbreviations were used to explain the multiplicities: s = singlet, d = doublet, t = triplet, q = quartet, m = multiplet. Glass background was removed from the <sup>29</sup>Si NMR spectra via backwards linear prediction of the first 100 points of the FID. UV-visible absorption spectra were measured on a Shimadzu UV-2401PC dual-beam spectrophotometer. IR spectra were recorded on a PerkinElmer Spectrum One FT-IR spectrometer. ESI mass spectra were obtained using a ThermoFisher LTQ Orbitrap Velos Pro. MALDI mass spectra were acquired using timsControl v 1.1.19 on a timsTOF fleX mass spectrometer (Bruker Scientific, Billerica,

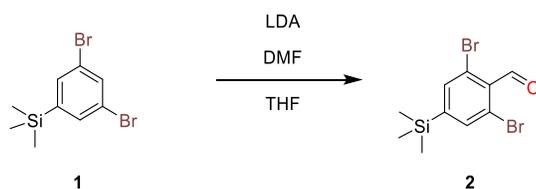
MA) over the mass range 100–2000 Da. In positive reflectron mode, laser power was set to 12%, and laser application was set to MS Dried Droplet. Compounds were dissolved in DCM and 1  $\mu$ l was mixed with 1  $\mu$ l of matrix (50:50  $\alpha$ -cyano-4-hydroxycinnamic acid: 2,5-dihydroxybenzoic acid in a solution of 70:30 ACN: H<sub>2</sub>O with 0.1% trifluoroacetic acid). Samples were spotted on a stainless steel MSP 96 spot target plate and allowed to air dry. For each compound, 1000 laser shots at 2000 Hz were delivered in a random walk across the spot. Data were subsequently analyzed in DataAnalysis v 5.3 (Bruker Scientific, Billerica, MA). Elemental analysis was performed by Midwest Microlabs (Indianapolis, IN) using an Exeter CE440 analyzer. Melting point data were collected using an electrothermal Mel-Temp apparatus with a Fluke 52 II thermocouple probe and temperatures are uncorrected. Solution phase magnetic moments were measured using a modified Evans method.<sup>4</sup>

## Synthesis of (3,5-dibromophenyl)trimethylsilane (1).



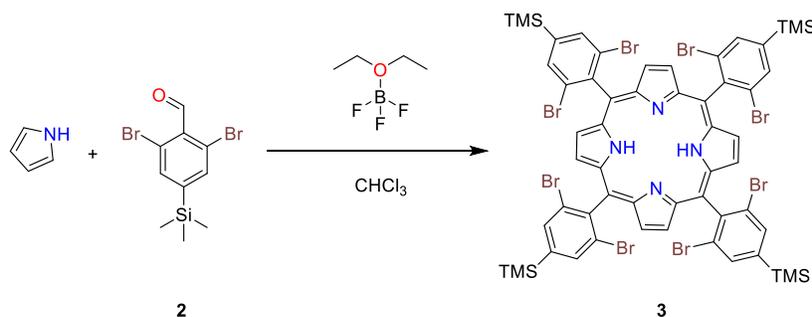
A previously reported procedure was modified.<sup>5</sup> 1,3,5-Tribromobenzene (13 g, 41.8 mmol) was dissolved in Et<sub>2</sub>O (250 mL, 0.17 M) and sparged with N<sub>2</sub> for 10 min. This solution was cooled to -78 °C. *n*-BuLi (17.56 mL, 43.89 mmol) was added in a dropwise manner over 30 min using a syringe pump. The reaction was allowed to stir at -78 °C for an additional 30 min. Chlorotrimethylsilane (5.8 mL, 45.98 mmol) was added in a dropwise manner over 10 min. The solution was warmed to 0 °C over approximately 20 min. The 0 °C reaction mixture was filtered through a pad of silica, which was then washed with ether. The filtrates were combined and solvent was removed under reduced pressure to give crude (3,5-dibromophenyl)trimethylsilane as a yellow oil (12.457 g, 97% yield) that solidified upon standing at room temperature. This crude product was dissolved in hexanes and passed through a pad of silica. Solvent was removed from the eluent under reduced pressure to give an off-white solid (11.825 g 93% yield). Recrystallization from cold ethanol afforded the pure product as colorless needles (9.925 g, 78% yield). <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>) δ 7.66-7.62 (m, 1H), 7.51 (s, 2H), 0.27 (s, 9H); <sup>13</sup>C{<sup>1</sup>H} NMR (126 MHz, CDCl<sub>3</sub>) δ 146.19, 134.62, 134.32, 123.34, -1.21; <sup>29</sup>Si{<sup>1</sup>H} NMR (99 MHz, CDCl<sub>3</sub>) δ -2.16; Melting point: 41.2 °C; Anal. Calcd for C<sub>9</sub>H<sub>12</sub>Br<sub>2</sub>Si: C, 35.09; H, 3.93. Found: C, 34.61; H, 3.65.

## Synthesis of 2,6-dibromo-4-trimethylsilylbenzaldehyde (2).



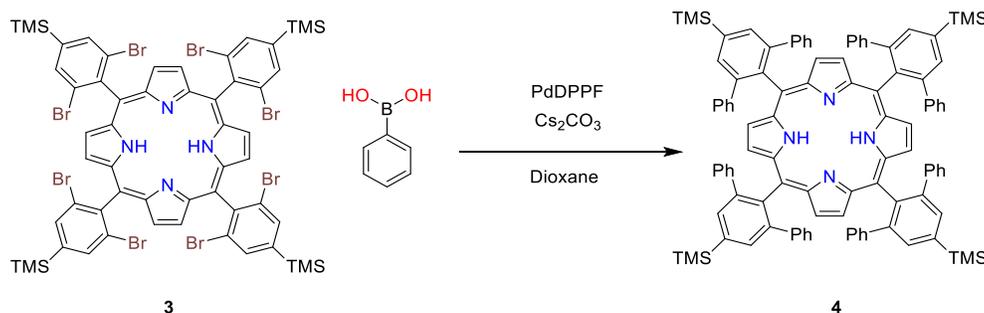
A procedure previously used to prepare aryl aldehydes was modified.<sup>6</sup> (3,5-Dibromophenyl)trimethylsilane (7 g, 22.9 mmol) was dissolved in THF (225 mL, 0.1 M), cooled to  $-78\text{ }^{\circ}\text{C}$ , and sparged with  $\text{N}_2$  for 10 min. Lithium diisopropylamide (2.0 M in THF/heptane/ethylbenzene, 45.8 mL, 91.8 mmol) was added in a dropwise manner over 30 min such that the reaction temperature, monitored with a thermocouple probe, did not exceed  $-75\text{ }^{\circ}\text{C}$ . The reaction was stirred at this temperature for 1.5 h. DMF (7.9 mL, 103.28 mmol) was added in a dropwise manner and the reaction was stirred for an additional 1.5 h. Aqueous 1 M  $\text{H}_2\text{SO}_4$  (100 mL) was added and the product was extracted with ether (100 mL). The organic layer was dried over sodium sulfate and filtered. The crude product was dry-loaded onto silica gel and purified by column chromatography (silica gel, hexanes:ether 95:5) yielding 2,6-dibromo-4-trimethylsilylbenzaldehyde as a pale-yellow oil that solidified while drying under vacuum (6.20 g, 80% yield). This crude product was then recrystallized from hot ethanol and the pale-yellow needles were collected by filtration. Two crops were collected (first crop 4.562 g, second crop 1.072 g, 73% combined yield).  $^1\text{H}$  NMR (500 MHz,  $\text{CDCl}_3$ )  $\delta$  10.25 (s, 1H), 7.69 (s, 2H), 0.31 (s, 9H);  $^{13}\text{C}\{^1\text{H}\}$  NMR (126 MHz,  $\text{CDCl}_3$ )  $\delta$  191.39, 150.50, 138.11, 132.71, 124.81,  $-1.41$ ; Melting point:  $89.8\text{ }^{\circ}\text{C}$ ; Anal. Calcd for  $\text{C}_{10}\text{H}_{12}\text{Br}_2\text{OSi}$ : C, 35.74; H, 3.60. Found: C, 35.28; H, 3.53.

### Synthesis of 5,10,15,20-tetrakis(2,6-dibromo-4-(trimethylsilyl)phenyl)porphyrin (3).



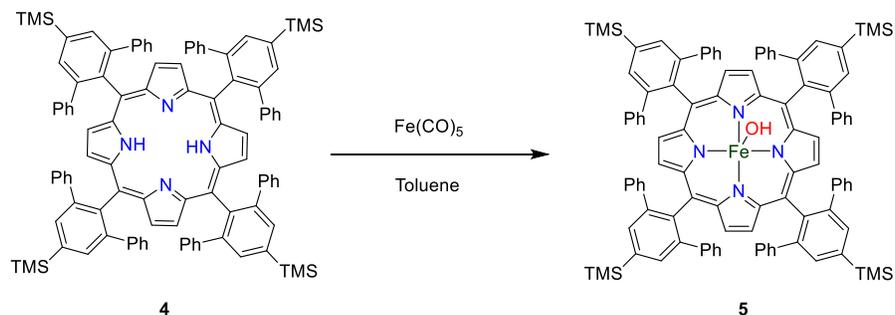
A procedure previously used to couple aldehydes and pyrrole into *meso*-substituted porphyrins was modified.<sup>7</sup> A mixture of 2,6-dibromo-4-trimethylsilylbenzaldehyde (1.754 g, 5.22 mmol), and pyrrole (350 mg, 5.22 mmol) in CHCl<sub>3</sub> (350 mL) and EtOH (0.2 mL) was added to a 1 L oven-dried round bottom flask fitted with a magnetic stirrer. The reaction mixture was sparged with N<sub>2</sub> for 20 min, followed by the addition of BF<sub>3</sub> etherate (185 mg, 1.3 mmol, 0.16 mL). The solution became yellow and slowly darkened to wine red. After stirring the solution for 16 h in the dark at room temperature, 2,3-dichloro-5,6-dicyano-1,4-benzoquinone (2.371 g, 10.4 mmol) was added in one portion, turning the solution black. This solution was allowed to stir for 2 h. The crude mixture was filtered through a pad of silica gel, which was then washed with chloroform. The combined filtrates yielded a purple solid after concentration under reduced pressure. This solid was washed with acetonitrile to give 5,10,15,20-tetrakis(2,6-dibromo-4-(trimethylsilyl)phenyl)porphyrin as a purple solid after drying (957 mg, 48% yield). X-ray quality crystals were grown by layering MeCN over the product in CHCl<sub>3</sub> to give purple plates. <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>) δ 8.65 (s, 8H), 8.09 (s, 8H), 0.53 (s, 36H), -2.42 (s, 2H); <sup>13</sup>C {<sup>1</sup>H} NMR (126 MHz, CDCl<sub>3</sub>) δ 146.06, 142.97, 136.01, 128.76, 118.76, -0.89; Melting point: >400 °C; Anal. Calcd for C<sub>56</sub>H<sub>54</sub>Br<sub>8</sub>N<sub>4</sub>Si<sub>4</sub>: C, 43.83; H, 3.55; N, 3.65. Found: C, 43.36; H, 3.52; N, 3.60; UV/Vis (CHCl<sub>3</sub>) λ<sub>abs</sub> (log ε): 406 (sh), 424 (4.64), 518 (3.35), 593 (2.86).

### Synthesis of 5,10,15,20-tetrakis(2,6-diphenyl-4-(trimethylsilyl)phenyl)porphyrin (4).



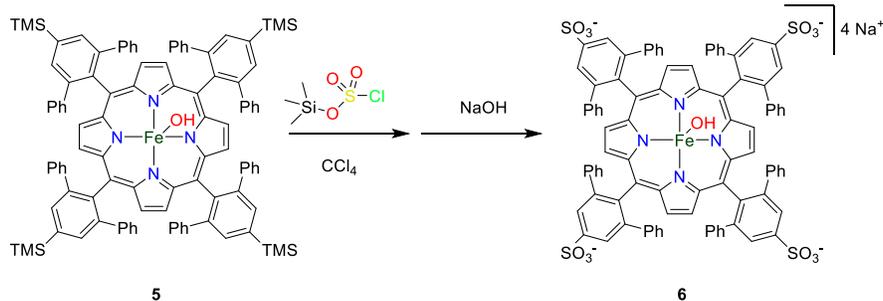
5,10,15,20-Tetrakis(2,6-dibromo-4-(trimethylsilyl)phenyl)porphyrin (300 mg, 0.1967 mmol), [1,1'-bis(diphenylphosphino)ferrocene]dichloropalladium(II) (144 mg, 0.1967 mmol), phenylboronic acid (576 mg, 4.7213 mmol), and cesium carbonate (2.061 g, 6.251 mmol) were dissolved in a mixture of dioxane (20 mL) and H<sub>2</sub>O (1 mL). The solution was sparged with N<sub>2</sub> for 5 min. The reaction was sealed with a septum and stirred at 100 °C for 14 h. The crude reaction mixture was stripped of solvent under reduced pressure. The residue was taken up in chloroform (50 mL) and passed through a pad of silica gel. The filtrate was dried to give a purple solid that was washed with acetonitrile. The washed solid was dissolved in chloroform and dry loaded onto silica gel. The product was purified by column chromatography (silica, hexanes:chloroform 1:1). The eluted product was concentrated to give **4** as a purple solid (256 mg, 86% yield). X-ray quality crystals were grown by layering MeCN over the product in CHCl<sub>3</sub> to give purple plates. <sup>1</sup>H NMR (500 MHz, CDCl<sub>3</sub>) δ 8.38 (s, 8H), 7.77 (s, 8H), 6.56 (d, J = 7.7 Hz, 16H), 6.40 (t, J = 7.2 Hz, 8H), 6.22 (t, J = 7.4 Hz, 16H), 0.51 (s, 36H), -3.40 (s, 2H); <sup>13</sup>C {<sup>1</sup>H} NMR (126 MHz, CDCl<sub>3</sub>) δ 144.80, 142.44, 140.75, 139.39, 133.66, 129.44, 126.67, 125.22, 116.12, -0.62; <sup>29</sup>Si {<sup>1</sup>H} NMR (99 MHz, CDCl<sub>3</sub>) δ -3.44; Melting point: >400 °C; HRMS (MALDI) *m/z*: [M+H]<sup>+</sup> Calcd for C<sub>104</sub>H<sub>95</sub>N<sub>4</sub>Si<sub>4</sub><sup>+</sup> 1512.6662; Found 1512.6650; UV/Vis (CHCl<sub>3</sub>) λ<sub>abs</sub> (log ε): 419 (sh), 439 (4.54), 495 (2.62), 533 (3.17), 570 (2.93), 610 (2.79), 670 nm (2.34).

### Synthesis of 5,10,15,20-tetrakis(2,6-diphenyl-4-(trimethylsilyl)phenyl)porphyrinatohydroxoiron(III) (**5**).



A procedure previously used for inserting iron into sterically hindered porphyrins was modified.<sup>8</sup> 5,10,15,20-Tetrakis(2,6-diphenyl-4-(trimethylsilyl)phenyl)porphyrin (200 mg, 0.1325 mmol), iron pentacarbonyl (2.589 g, 13.2 mmol, 1.786 mL), and iodine (101 mg, 0.397 mmol) were dissolved in toluene (30 mL) and refluxed for 5 h under  $\text{N}_2$ . This solution was then refluxed another 1 h under ambient conditions. The solution was concentrated under reduced pressure. The residue was taken up in  $\text{CHCl}_3$  and filtered through a pad of Celite. The filtrate was added to a separatory funnel and washed with 1 M  $\text{NaOH}_{(\text{aq})}$ . The organic layer was dried with anhydrous sodium sulfate, filtered, and concentrated under reduced pressure to give **5** as a green solid (183 mg, 88% yield). X-ray quality dark purple plates were grown by layering MeCN over a solution of the product in  $\text{CHCl}_3$ .  $^1\text{H}$  NMR (500 MHz,  $\text{CDCl}_3$ ; paramagnetic)  $\delta$  82.16 ( $\beta$ -pyrrole); Melting point:  $>400$  °C; HRMS (MALDI)  $m/z$ :  $[\text{M}-\text{OH}]^+$  Calcd for  $\text{C}_{104}\text{H}_{92}\text{FeN}_4\text{Si}_4^+$  1565.5777; Found 1565.5786.  $[\text{M}+\text{H}]^+$  Calcd for  $\text{C}_{104}\text{H}_{94}\text{FeN}_4\text{OSi}_4^+$  1583.5883; Found 1583.5887; UV/Vis ( $\text{CHCl}_3$ )  $\lambda_{\text{abs}}$  (log  $\epsilon$ ): 360 (sh), 379 (4.52), 443 (5.14), 524 (4.07), 596 (sh);  $\mu_{\text{eff}}$  (Evans',  $\text{CDCl}_3$ ): 5.49  $\mu\text{B}$ ; Anal. Calcd for  $\text{C}_{104}\text{H}_{93}\text{FeN}_4\text{OSi}_4 \cdot \text{CH}_2\text{Cl}_2 \cdot \text{C}_2\text{H}_3\text{N}$ : C, 75.20; H, 5.78; N, 4.10. Found: C, 74.95; H, 5.70; N, 3.97, Solvents added to the calculated elemental analysis are corroborated by the diffraction data. See below.

**Synthesis of Sodium 5,10,15,20-tetrakis(2,6-diphenyl-4-(sulfonate)phenyl)porphyrinatohydroxoiron(III) (6).**



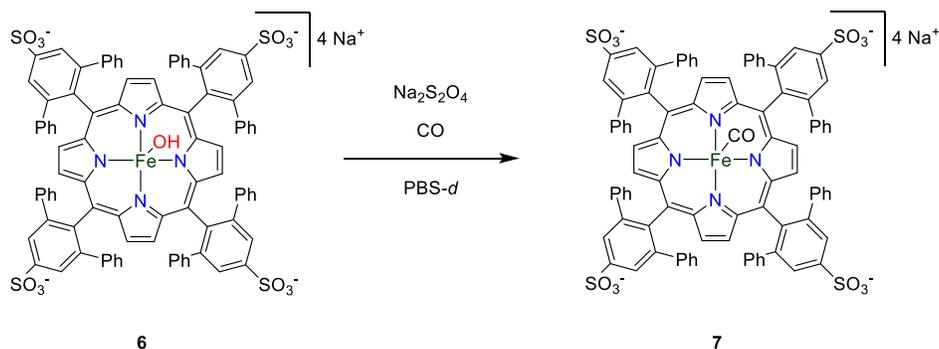
A procedure previously used to convert aryl TMS groups into chlorosulfonates was modified.<sup>9</sup> Compound **5** (50 mg, 0.0316 mmol) was dissolved in CCl<sub>4</sub> (4 mL). To this solution was added trimethylsilyl chlorosulfonate (72 mg, 0.38 mmol, 0.058 mL). The solution was stirred at reflux for 60 min under N<sub>2</sub>. After cooling to room temperature, 1 M NaOH<sub>(aq)</sub> (5 mL) was added and the reaction was stirred vigorously for 10 min. This solution was diluted with DI water (50 mL), washed with chloroform (50 mL), and stripped of solvent under reduced pressure. The resulting green solid was dry-loaded onto C18-functionalized silica gel and eluted across 25 g of stationary phase (6.35 cm) with a gradient of H<sub>2</sub>O/MeCN containing 0.01% TFA (5-95% MeCN over 15 min). The first colored fraction was collected and dialyzed against DI water for 3 d (changing dialysate every 12 h). The retentate was lyophilized yielding the tetrasodium salt **6** as a dark purple/black solid (22 mg 40% yield). Weakly diffracting crystals of **6** were grown from CHCl<sub>3</sub>/DMSO. Higher-quality crystals (**6**DMSO) were grown slowly by layering CHCl<sub>3</sub> over the product in DMSO. <sup>1</sup>H NMR (500 MHz, PBS-*d*, 10% <sup>1</sup>BuOH; paramagnetic) δ 78.65 (β-pyrrole); HRMS (ESI) *m/z*: [M-4Na-OH+H]<sup>3-</sup> Calcd for C<sub>92</sub>H<sub>57</sub>FeN<sub>4</sub>O<sub>12</sub>S<sub>4</sub><sup>3-</sup> 531.0740; Found 531.0711. [M-3Na-OH+H]<sup>2-</sup> Calcd for C<sub>92</sub>H<sub>57</sub>FeN<sub>4</sub>NaO<sub>12</sub>S<sub>4</sub><sup>2-</sup> 808.1057; Found 808.1004. [M-4Na-OH+H+MeOH]<sup>3-</sup> Calcd for C<sub>93</sub>H<sub>61</sub>FeN<sub>4</sub>O<sub>13</sub>S<sub>4</sub><sup>3-</sup> 541.7494; Found 541.7454. [M-OH-4Na]<sup>4-</sup> Calcd for C<sub>92</sub>H<sub>56</sub>FeN<sub>4</sub>O<sub>12</sub>S<sub>4</sub><sup>4-</sup> 398.3046; Found 398.3028; HPLC (H<sub>2</sub>O/MeCN): t<sub>r</sub> = 1.10 min; UV/Vis (PBS) λ<sub>abs</sub> (log ε): 333 (3.19), 431 (3.82), 509 (sh), 545 (sh); μ<sub>eff</sub> (Evans', PBS-*d*): 5.22 μ<sub>B</sub>

### ***In situ* reduction of 6.**

For NMR spectroscopic characterization, compound **6** (6 mg) was dissolved in PBS-*d* (1.5 mL) containing 10% <sup>1</sup>BuOH. The alcohol was included for the Evans' Method  $\mu_{\text{eff}}$  determination. The alcohol also increases the solubility of the compound allowing highly concentrated solutions to be used to compensate for the decrease in the signal-to-noise ratio from paramagnetic broadening. Attempts to run the NMR reaction at equivalent concentrations in the absence of the <sup>1</sup>BuOH resulted in precipitation over the course of minutes. The same situation held for the following reaction with CO. Note that the UV-vis experiments (*vide infra*), which are performed at lower concentrations, confirm that this and the subsequent reaction proceed without the added <sup>1</sup>BuOH. The solution was sparged with N<sub>2</sub> for 5 min and an <sup>1</sup>H NMR spectrum was acquired (Figure S13). Sodium dithionite (1 mg) was added and an <sup>1</sup>H NMR spectrum was acquired (Figure S14). <sup>1</sup>H NMR (500 MHz, PBS-*d*, 10% <sup>1</sup>BuOH; paramagnetic)  $\delta$  -3.63 ( $\beta$ -pyrrole)<sup>10</sup>;  $\mu_{\text{eff}}$  (Evans', PBS-*d*, 10% <sup>1</sup>BuOH): 3.69  $\mu_{\text{B}}$

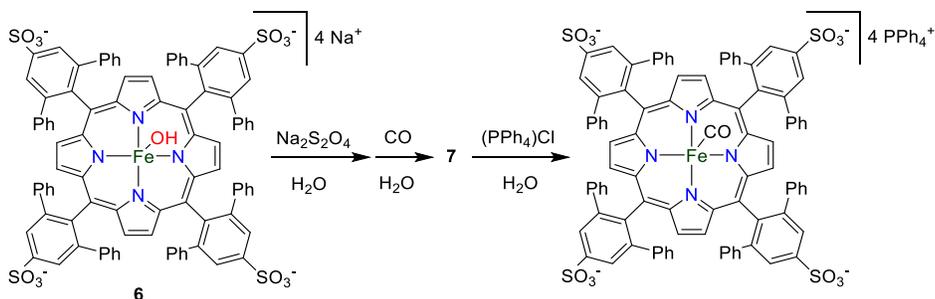
For UV-vis characterization, compound **6** was dissolved in PBS and diluted to 0.02 mM. A minimal amount of sodium dithionite was added to effect reduction of **6**, which resulted in an immediate change in the electronic absorption spectrum. UV/Vis (PBS)  $\lambda_{\text{abs}}$  (log  $\epsilon$ ): 448 (5.08), 551 (3.81), 578 (sh), 625 (3.38). Air was bubbled through the solution to remove any excess sodium dithionite as assessed by reduction in intensity of the absorption at 315 nm. Once all of the dithionite had been consumed, the quiescent solution was left open to air and electronic absorption spectra were acquired at 90 s intervals (Figure S17).

### *In situ* formation of 7.



For NMR spectroscopic characterization, compound **6** (6 mg) was dissolved in PBS-*d* containing 10% <sup>1</sup>BuOH (1.5 mL). The solution was sparged with N<sub>2</sub> for 5 min and sodium dithionite (1 mg) was added to the NMR tube. Then, CO was bubbled through the solution for approximately 5 s. The NMR tube was sealed and an <sup>1</sup>H NMR spectrum was acquired (Figure S15). <sup>1</sup>H NMR (500 MHz, PBS-*d*, 10% <sup>1</sup>BuOH) δ 8.09 (s, 8H), 7.98 (s, 8H), 6.35 (d, J = 7.2 Hz, 16H), 6.01 (s, 8H), 5.95-5.87 (m, 16H); μ<sub>eff</sub> (Evans', PBS-*d*, 10% <sup>1</sup>BuOH): 0 μ<sub>B</sub>;

For UV-vis characterization, compound **6** was dissolved in PBS and diluted to 0.02 mM. A minimal amount of sodium dithionite was added to effect reduction of **6**. CO was bubbled through for 5 s to generate compound **7**, which resulted in an immediate change in the electronic absorption spectrum. UV/Vis (PBS) λ<sub>abs</sub> (log ε): 444 (5.08), 557 (3.85), 624 (3.48). Air was bubbled through the solution to remove any excess sodium dithionite as assessed by reduction in intensity of the absorption at 315 nm. Once all of the dithionite had been consumed, the quiescent solution was left open to air and electronic absorption spectra were acquired at 600 s intervals (Figure S18).



To collect IR data, compound **6** (5 mg) was dissolved in DI water (5 mL). The solution was sparged with nitrogen and excess sodium dithionite was added (1 mg). CO was bubbled through the solution for 5 s. To this solution was added an excess of tetraphenylphosphonium chloride (5 mg). The resulting precipitate was collected, washed with DI water, and dried under a stream of N<sub>2</sub> for 5 min. The resulting solid was used to prepare a KBr pellet for IR spectroscopic measurement (Figure S19).

**X-ray crystallography.** Crystals of **4**·2MeCN, **5**·DCM·MeCN, **6**, and **6**DMSO·4DCM were grown as described above, selected under a microscope, loaded onto a nylon fiber loop using Paratone-N, and mounted onto a Rigaku XtaLAB Synergy-S single-crystal diffractometer. Each crystal was cooled to 100 K under a stream of nitrogen. Diffraction of Cu K $\alpha$  radiation from a PhotonJet-S microfocuss source was detected using a HyPix-6000HE hybrid photon counting detector. Screening, indexing, data collection, and data processing were performed with CrysAlis<sup>Pro</sup>.<sup>11</sup> The structures were solved using SHELXT and refined using SHELXL as implemented in OLEX2 following established strategies.<sup>12-15</sup> The contents of the unit cell of **4**·2MeCN are depicted in Figure S20. The contents of the unit cell of **5**·DCM·MeCN are depicted in Figure S21. The crystals of **6** were twinned and diffracted weakly. The diffraction data allowed the proposed connectivity of the iron complex to be confirmed (Figure S22), but were not suitable for detailed analysis of bond metrics. Notably, in **6**, the apical ligand is located 1.9 Å from the Fe center and exhibited an

electron density consistent with an O atom. For the atomic-resolution crystal structures of **4**·2MeCN, **5**·DCM·MeCN, and **6**<sub>DMSO</sub>·4DCM, all non-H atoms were refined anisotropically and carbon-bound H atoms were placed at calculated positions and refined with a riding model and coupled isotropic displacement parameters ( $1.2 \times U_{eq}$  for aryl groups and  $1.5 \times U_{eq}$  for methyl groups). For **5**·DCM·MeCN, the oxygen-bound H atom was placed at a calculated position and refined using a riding model that additionally allowed refinement of the torsional setting of the H and the O–H bond length, the latter restrained to 0.84(2) Å. Refinement parameters for **4**·2MeCN, **5**·DCM·MeCN, and **6**<sub>DMSO</sub>·4DCM are collected in Table S1. The unit cell parameters for **6** are collected in Table S2.

**CO abstraction from COHb.** A stock solution of COHb was created by dissolving bovine Hb (5 mg) in 1 mL of PBS containing 5.7 mM sodium dithionite that had been sparged with N<sub>2</sub>. CO was bubbled through this solution for 5 s. N<sub>2</sub> was slowly bubbled through this solution for 20 min to remove excess CO. Working solutions were prepared from this stock by dilution with PBS containing 5.7 mM sodium dithionite. Concentrations were determined with the mass of Hb used to prepare the stock solution and a molecular weight of 64,500 g/mol. For CO abstraction, a 2.5 μM PBS solution of COHb was prepared and titrated with a PBS solution of **6** or Fe(III)TPPS. Equivalents of **6** and Fe(III)TPPS were calculated per heme unit of Hb (i.e., 4 × molar quantity of protein). Spectra are presented in Figures 3C and S24.

**Reduced **6** protects Hb from CO.** A stock solution of bovine hemoglobin was prepared by dissolving 5 mg in 1 mL of N<sub>2</sub>-sparged PBS containing 5.7 mM sodium dithionite. Working solutions were prepared from this stock by dilution with PBS containing 5.7 mM sodium

dithionite. Concentrations were determined with the mass of Hb used to prepare the stock solution and a molecular weight of 64,500 g/mol. From this stock, a working solution containing 2.5  $\mu\text{M}$  Hb and 10  $\mu\text{M}$  reduced **6** (prepared from *in situ* reduction of **6**) was prepared and titrated with CO-saturated water (approx. 1 mM  $\text{CO}_{(\text{aq})}$ ). UV-vis spectra were acquired after addition of 1 and 2 equivalents (with respect to **6**) of CO (Figure S23).

**Hemolytic potential of reduced 6.** Defibrinated bovine blood (Hemostat Laboratories) was diluted with PBS containing 5.7 mM sodium dithionite. This mixture was centrifuged for 30 s at  $760 \times g$ . The supernatant was discarded, and the pellet was washed with PBS containing 5.7 mM sodium dithionite. The pellet was suspended in PBS containing 5.7 mM sodium dithionite to give a suspension with  $A_{700} = 1.0$ . An aliquot of this suspension was lysed and the absorbance at 420 nm was used to quantify the amount of COHb ( $\epsilon = 10^{5.63}$ ). Based on this concentration, 1 equiv of compound **6**, which was reduced immediately, was added to the suspension of cells. After the addition, turbidity was monitored continuously at 700 nm. This process was repeated both in the absence of any added species (negative control) and upon addition of a RBC-lysing solution (1.5 M  $\text{NH}_4\text{Cl}$ ) (Figure S25).

**CO abstraction from CO-treated RBCs.** Defibrinated bovine blood (Hemostat Laboratories) was diluted with PBS containing 5.7 mM sodium dithionite. CO was bubbled through this suspension for 5 s. This mixture was centrifuged for 30 s at  $760 \times g$ . The supernatant was discarded, and the pellet was washed with PBS containing 5.7 mM sodium dithionite. This washing was repeated three more times to remove excess CO. An aliquot of the stock suspension of CO-treated RBCs was added to a quartz cuvette containing 1 mL of DI water to lyse the cells. The

concentration of COHb was assessed by measuring the absorbance at 420 nm ( $\epsilon = 10^{5.63}$ ) of this lysate. For abstraction studies, an aliquot of the stock suspension of CO-treated RBCs was diluted to 1 mL with PBS containing 5.7 mM sodium dithionite. Compound **6**, which is reduced *in situ*, was added in increments based on the concentration of COHb determined in the lysate. A UV-vis spectrum was acquired after each addition (Figure 4).

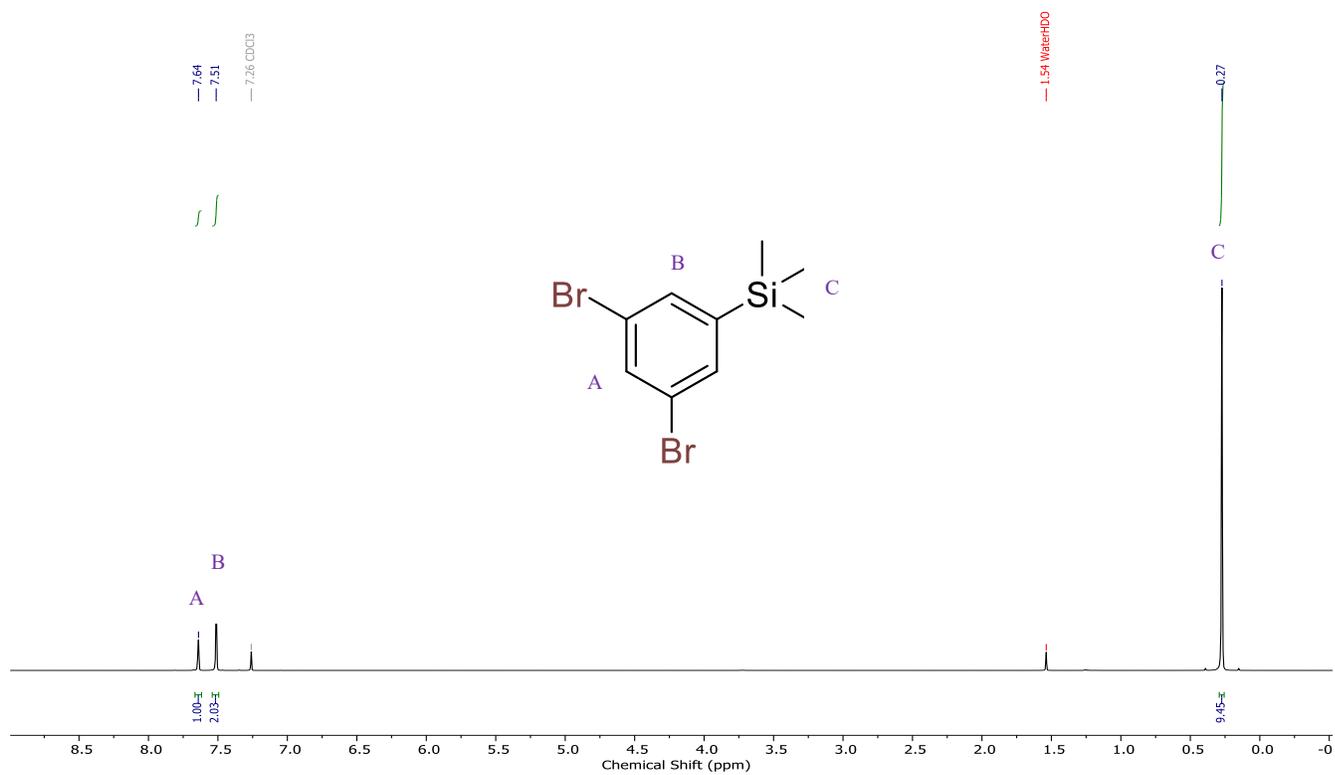
**Time-course CO removal from CO-treated RBCs.** Defibrinated bovine blood (Hemostat Laboratories) was diluted with PBS containing 5.7 mM sodium dithionite. CO was bubbled through this suspension for 5 s. This mixture was centrifuged for 30 s at  $760 \times g$ . The supernatant was discarded, and the pellet was washed with PBS containing 5.7 mM sodium dithionite. This washing was repeated three more times to remove excess CO. An aliquot of the stock suspension of CO-treated RBCs was added to a quartz cuvette containing 1 mL of DI water to lyse the cells. The concentration of COHb was assessed by measuring the absorbance at 420 nm ( $\epsilon = 10^{5.63}$ ) of this lysate. For time-course CO removal, an aliquot of the stock suspension of CO-treated RBCs was diluted to 1 mL with PBS containing 5.7 mM sodium dithionite. A full equivalent of compound **6** (which is reduced *in situ*) was added, the suspension was rapidly mixed, and absorbance at 420 nm was monitored continuously (Figure S26).

**Table S1.** Refinement Details for High-Resolution Crystal Structures

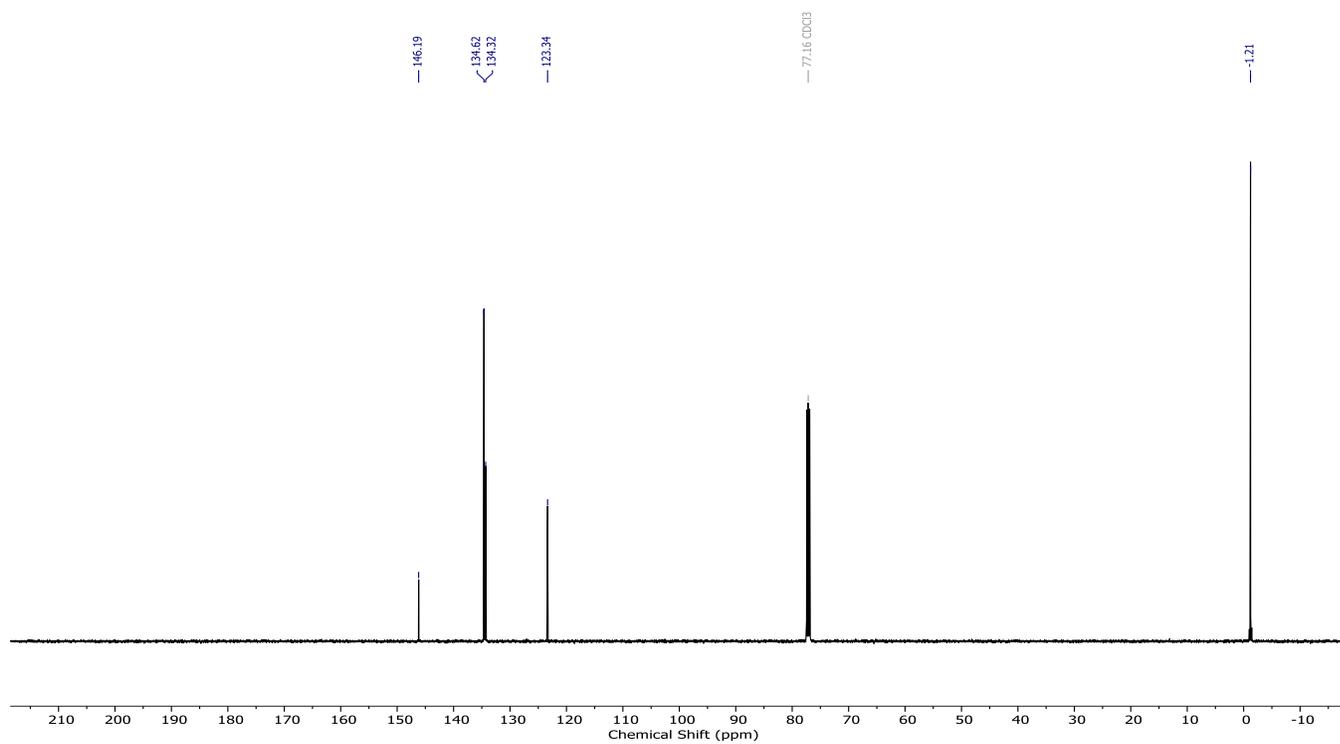
<b>Compound</b>	<b>4·2MeCN</b>	<b>5·DCM·MeCN</b>	<b>6DMSO·4DCM</b>
Formula	C <sub>108</sub> H <sub>100</sub> N <sub>6</sub> Si <sub>4</sub>	C <sub>107</sub> H <sub>98</sub> Cl <sub>2</sub> FeN <sub>5</sub> OSi <sub>4</sub>	C <sub>111</sub> H <sub>99</sub> Cl <sub>21</sub> FeN <sub>4</sub> Na <sub>3</sub> O <sub>18</sub> S <sub>10</sub>
FW	1594.29	1709.01	2966.81
T (K)	100.0(1)	100.0(1)	100.0(1)
$\lambda$ (Å)	1.54184	1.54184	1.54184
Crystal System	Triclinic	Monoclinic	Triclinic
Space group	<i>P</i> $\bar{1}$	<i>P</i> 2 <sub>1</sub> / <i>c</i>	<i>P</i> $\bar{1}$
<i>a</i> (Å)	13.1696(2)	16.3187(2)	14.03520(10)
<i>b</i> (Å)	13.5821(2)	12.8480(2)	14.48810(10)
<i>c</i> (Å)	16.0892(2)	23.5087(2)	16.95090(10)
$\alpha$ (°)	89.2370(10)		72.6450(10)
$\beta$ (°)	71.1150(10)	106.80000(10)	80.2710(10)
$\gamma$ (°)	61.112(2)		88.616(2)
Volume (Å <sup>3</sup> )	2348.33	4718.53(10)	86.7770(10)
<i>Z</i>	1	2	1
$\rho_{\text{calc}}$ (Mg/m <sup>3</sup> )	1.127	1.203	1.519
Size (mm <sup>3</sup> )	0.25×0.19×0.05	0.31×0.17×0.05	0.15×0.08×0.08
$\theta$ range (°)	2.95-67.07	2.79-76.74	2.77-67.08
Total data	89543	67527	95102
Unique data	8389	8417	11584
Parameters	540	588	831
Completeness (%)	100	99.9	99.9
<i>R</i> <sub>int</sub> (%)	4.46	3.59	3.48
<i>R</i> <sub>1</sub> (% , <i>I</i> > 2 $\sigma$ )	3.38	6.48	5.73
<i>R</i> <sub>1</sub> (% , all data)	3.57	6.90	5.90
<i>wR</i> <sub>2</sub> (% , <i>I</i> > 2 $\sigma$ )	8.59	18.16	15.81
<i>wR</i> <sub>2</sub> (% , all data)	8.72	18.47	15.95
<i>S</i>	1.041	1.065	1.037

**Table S2.** Crystallographic Parameters for Low-Resolution Crystal Structure of **6**

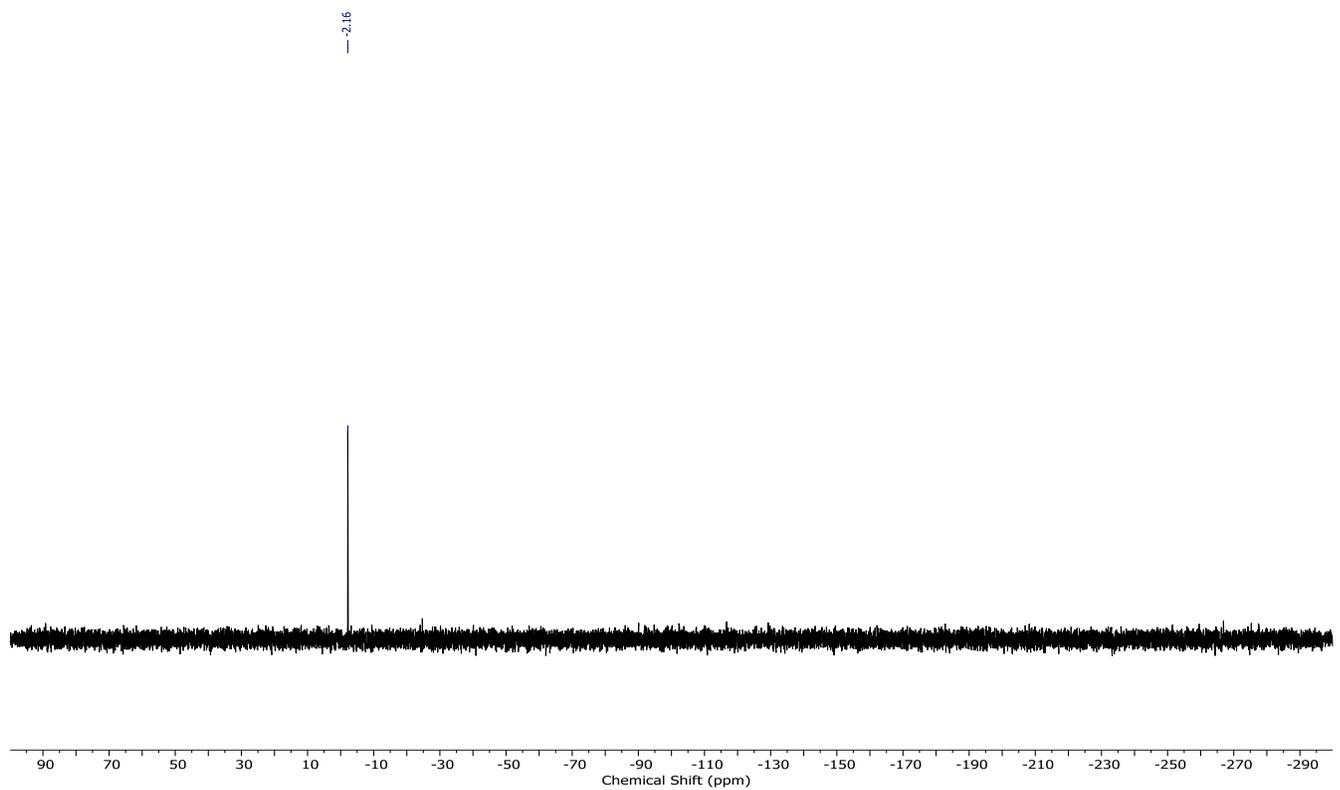
Compound	<b>6</b>
T (K)	100.0(1)
$\lambda$ (Å)	1.54184
Crystal System	Tetragonal
Space group	$P4_2/n$
$a$ (Å)	23.1879(2)
$c$ (Å)	24.2311(3)
Volume (Å <sup>3</sup> )	13028.5(2)
Z	4



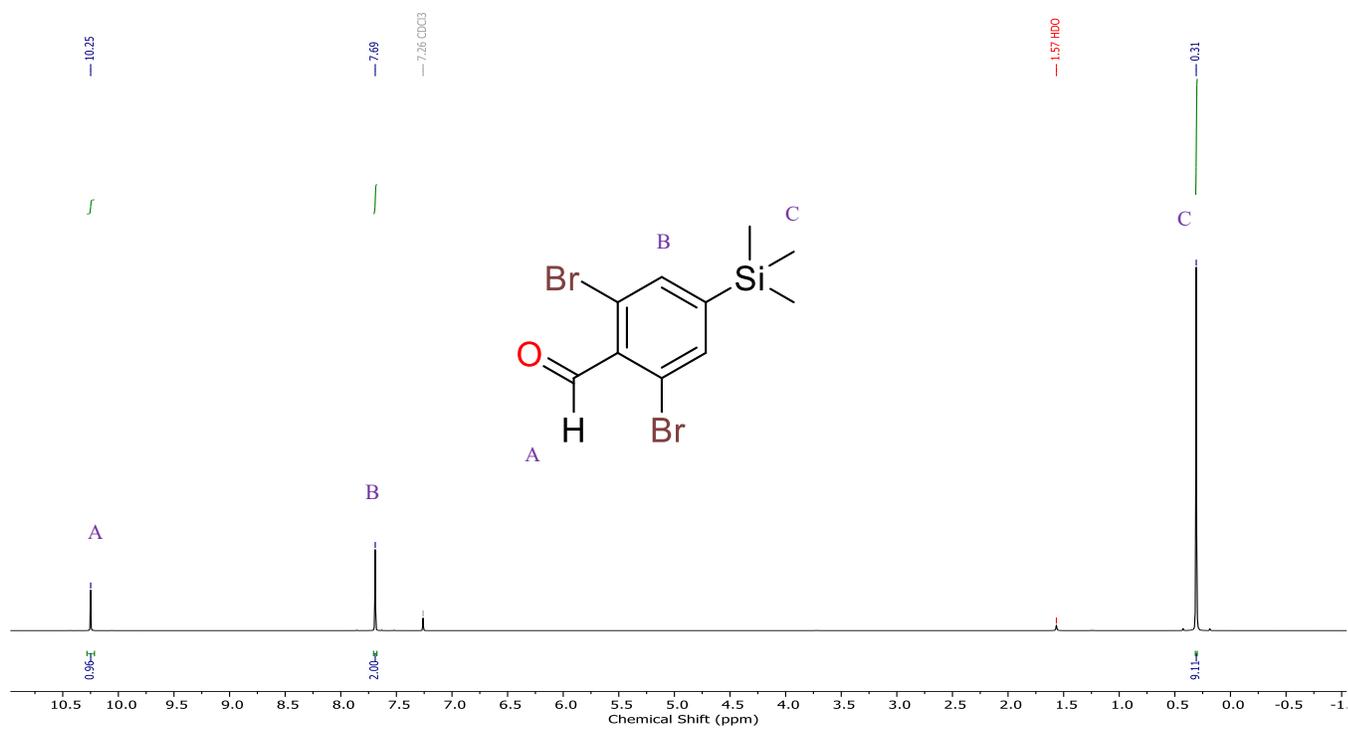
**Figure S1.** <sup>1</sup>H NMR spectrum (500 MHz, CDCl<sub>3</sub>) of **1**.



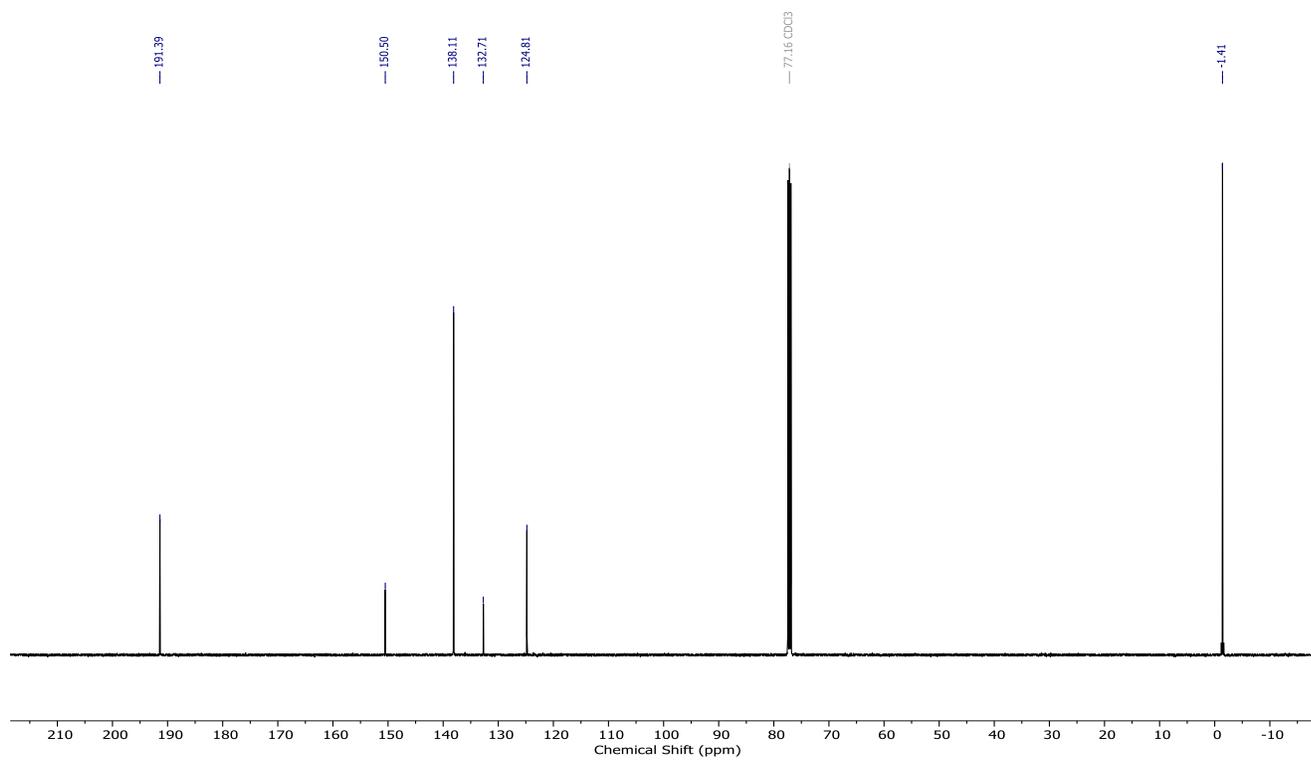
**Figure S2.**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum (126 MHz,  $\text{CDCl}_3$ ) of **1**.



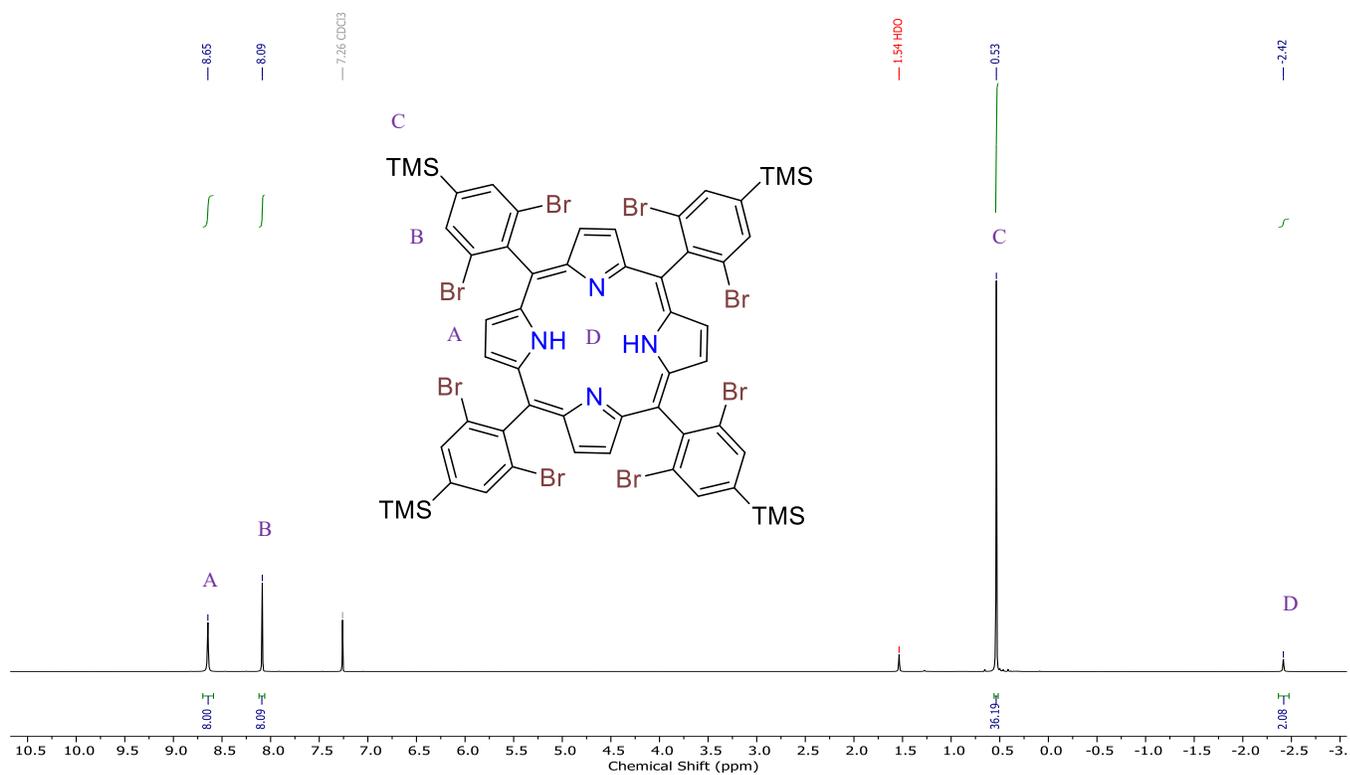
**Figure S3.**  $^{29}\text{Si}\{^1\text{H}\}$  NMR spectrum (99 MHz,  $\text{CDCl}_3$ ) of **1**.



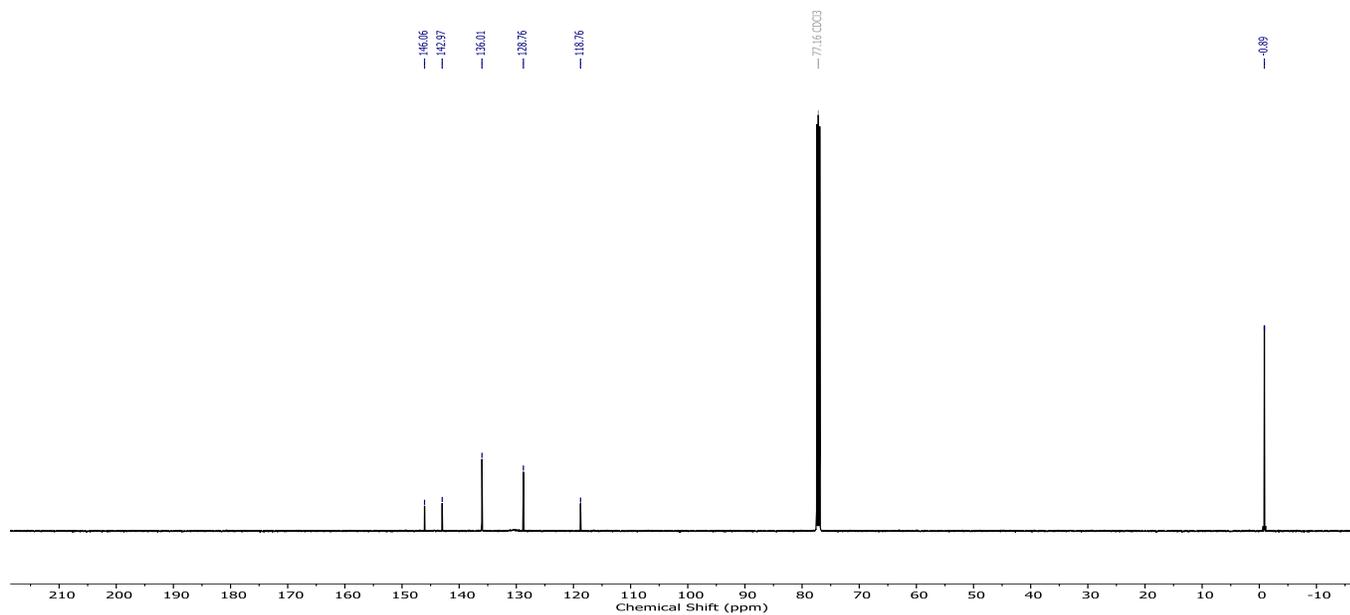
**Figure S4.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{CDCl}_3$ ) of **2**.



**Figure S5.**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum (126 MHz,  $\text{CDCl}_3$ ) of **2**.



**Figure S6.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{CDCl}_3$ ) of **3**.



**Figure S7.**  $^{13}\text{C}\{^1\text{H}\}$  NMR spectrum (126 MHz,  $\text{CDCl}_3$ ) of **3**.

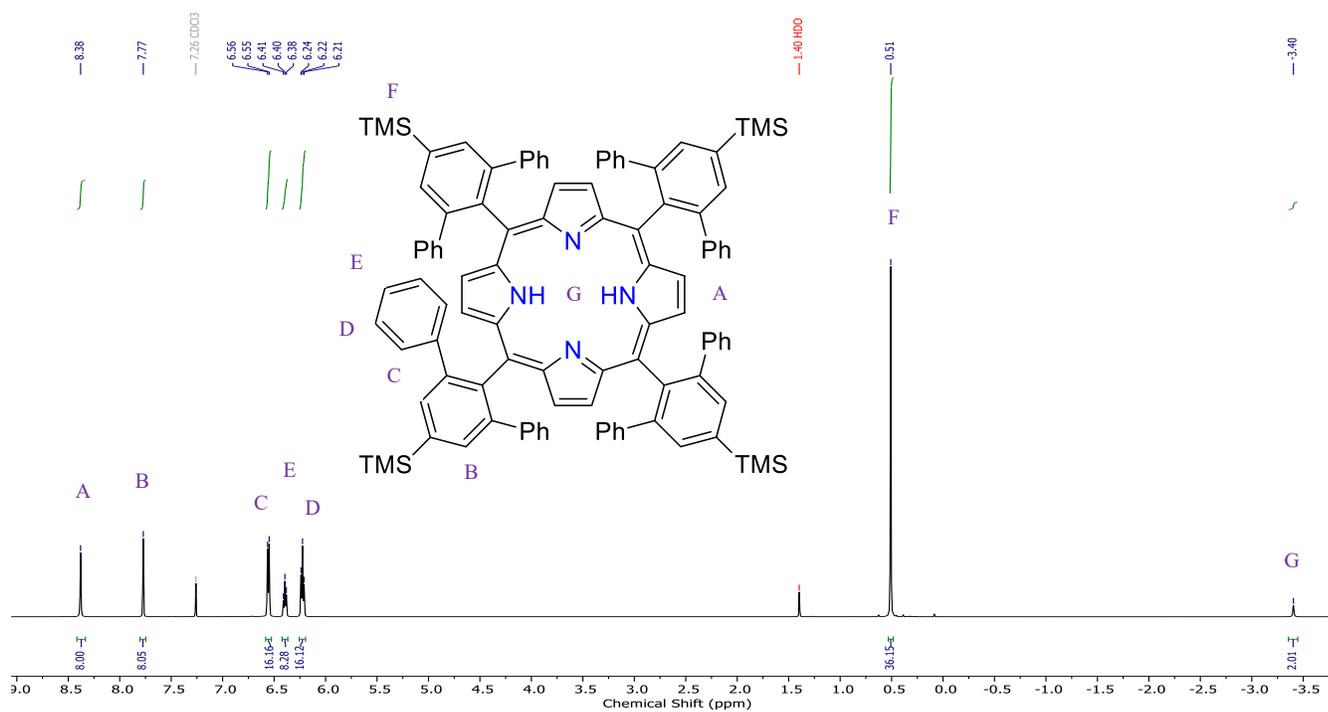


Figure S8. <sup>1</sup>H NMR spectrum (500 MHz, CDCl<sub>3</sub>) of 4.

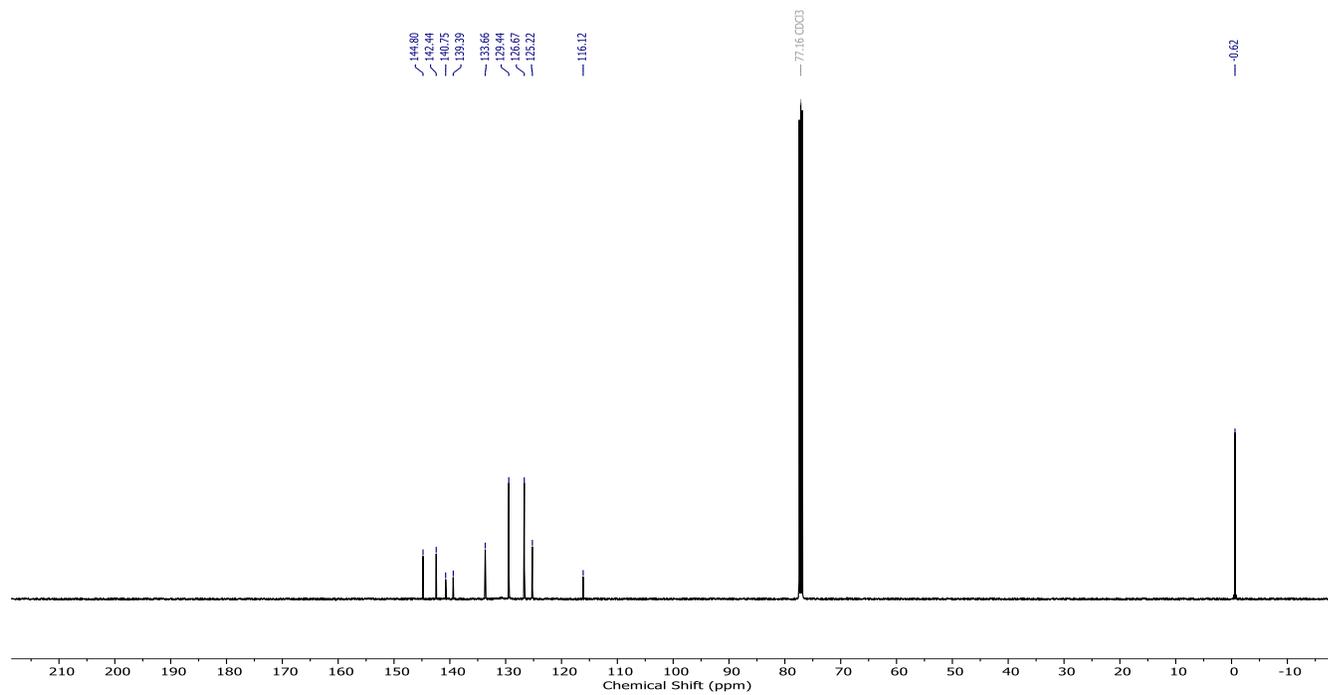
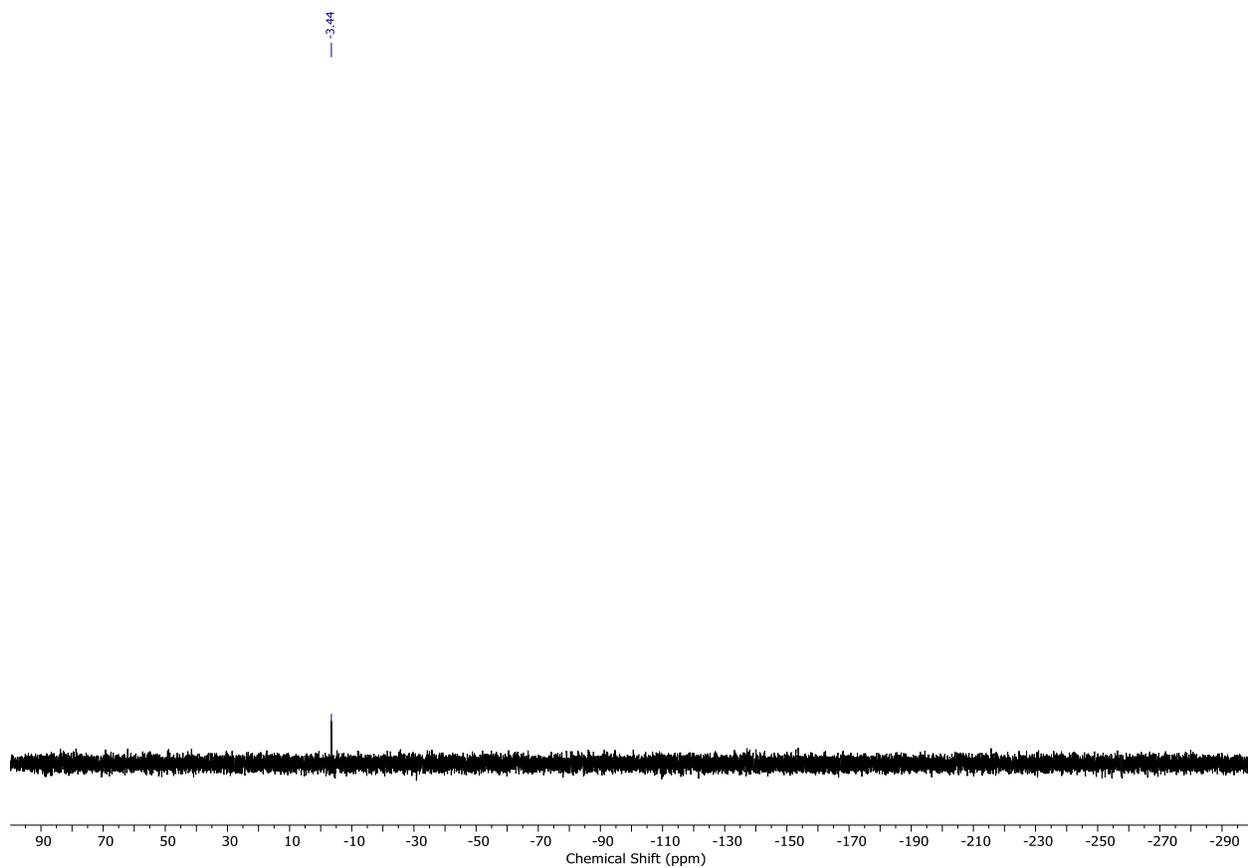
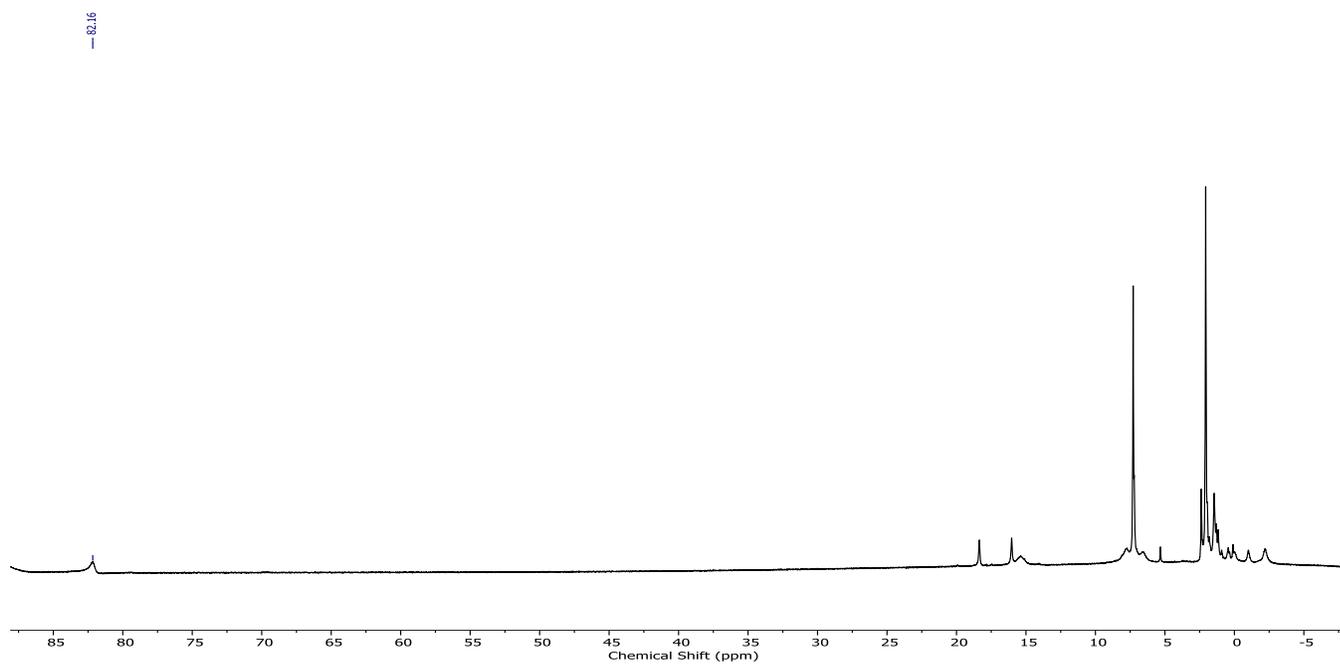


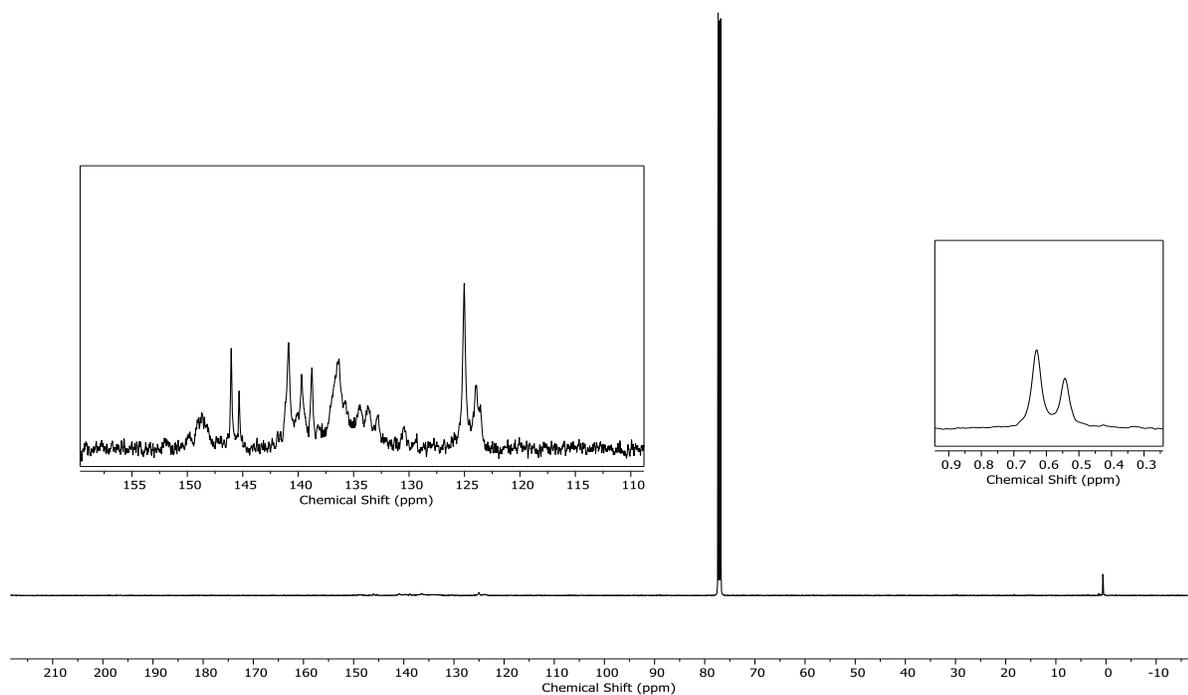
Figure S9. <sup>13</sup>C {<sup>1</sup>H} NMR spectrum (126 MHz, CDCl<sub>3</sub>) of 4.



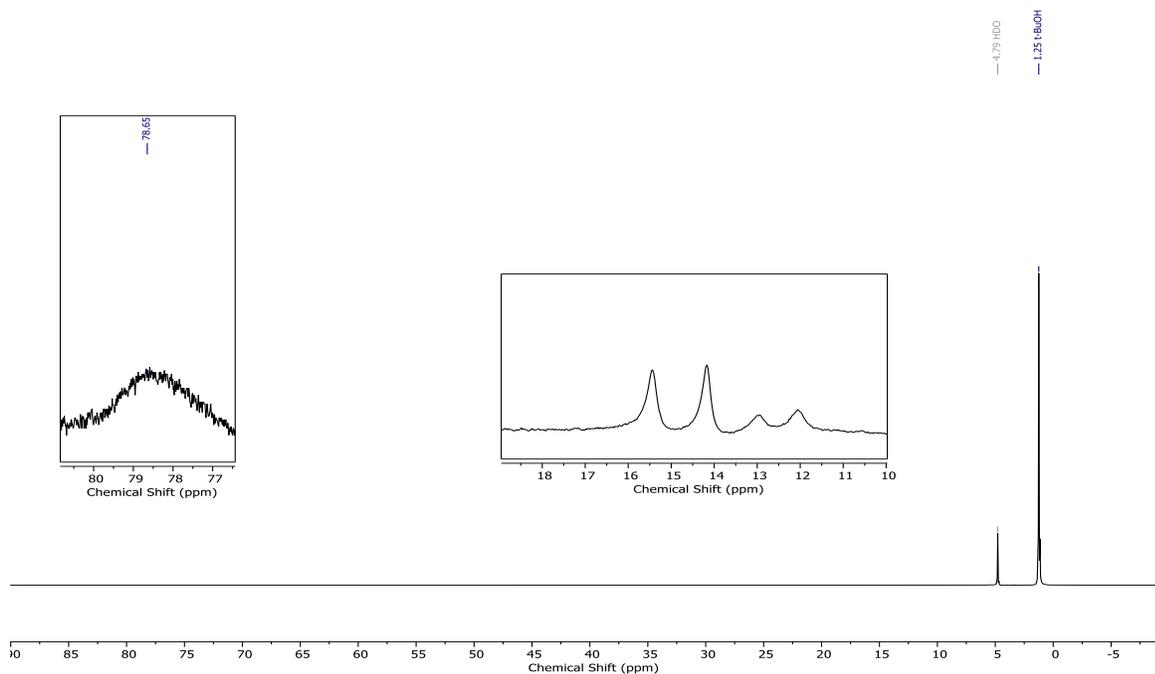
**Figure S10.**  $^{29}\text{Si}\{^1\text{H}\}$  NMR spectrum (99 MHz,  $\text{CDCl}_3$ ) of **4**.



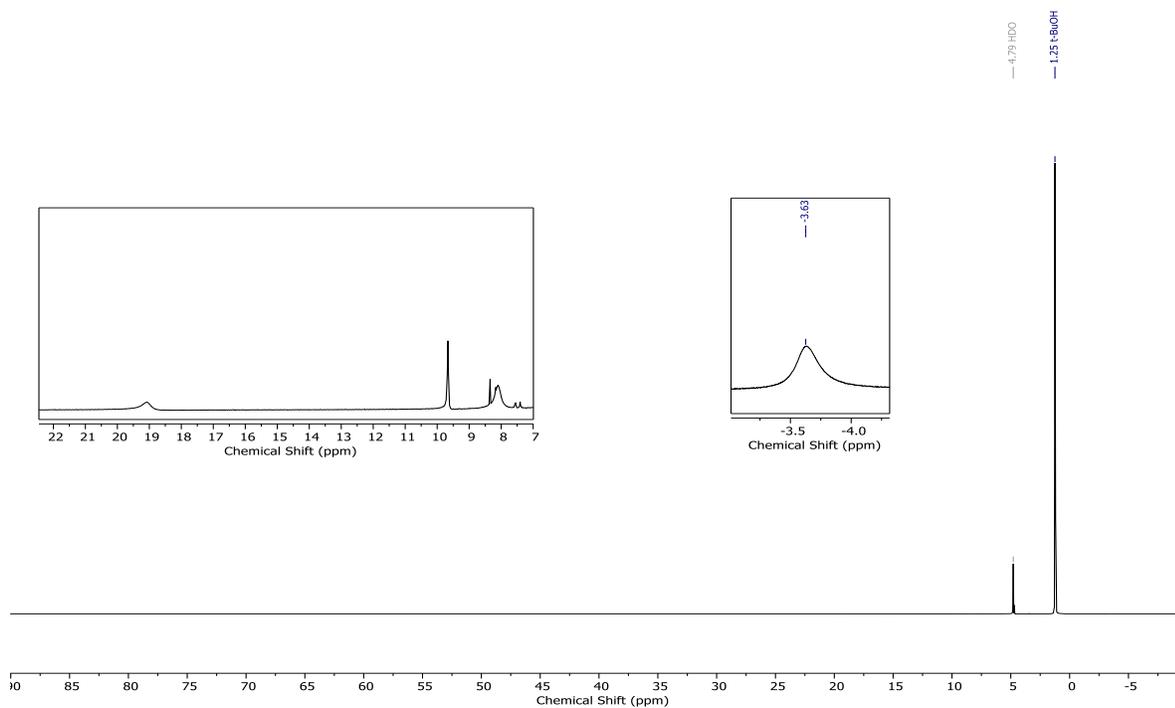
**Figure S11.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{CDCl}_3$ ) of **5**. NB: this substance is paramagnetic.



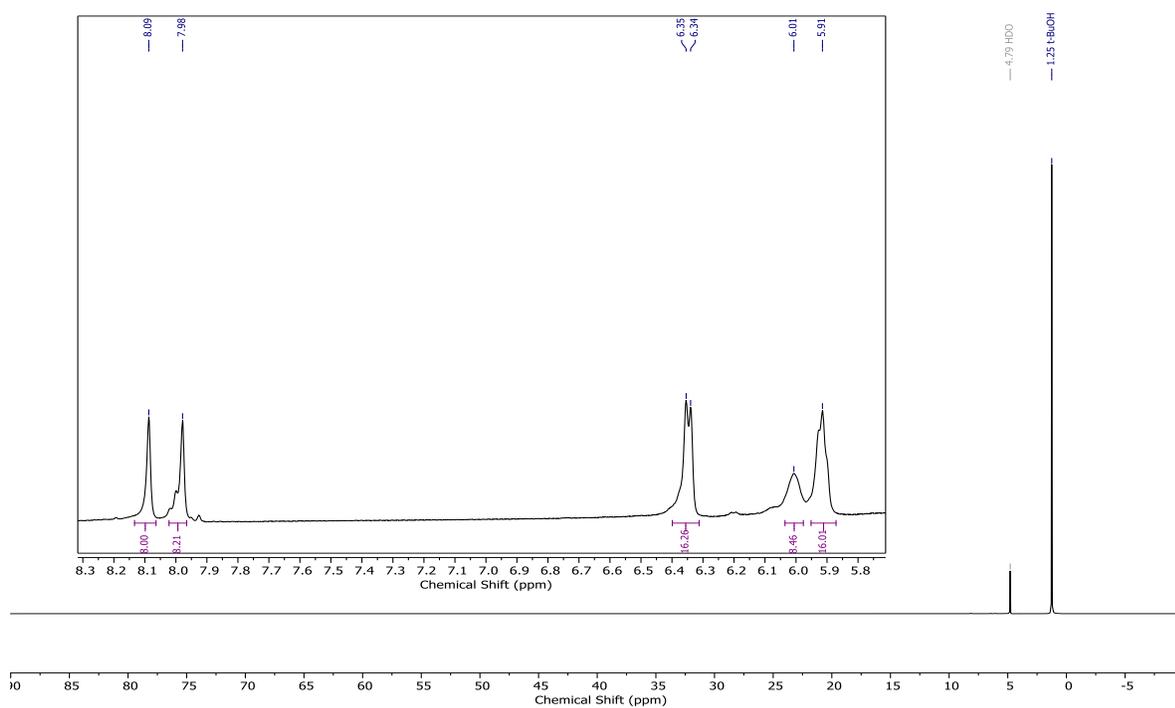
**Figure S12.**  $^{13}\text{C}$  NMR spectrum (500 MHz,  $\text{CDCl}_3$ ) of **5**. NB: this substance is paramagnetic.



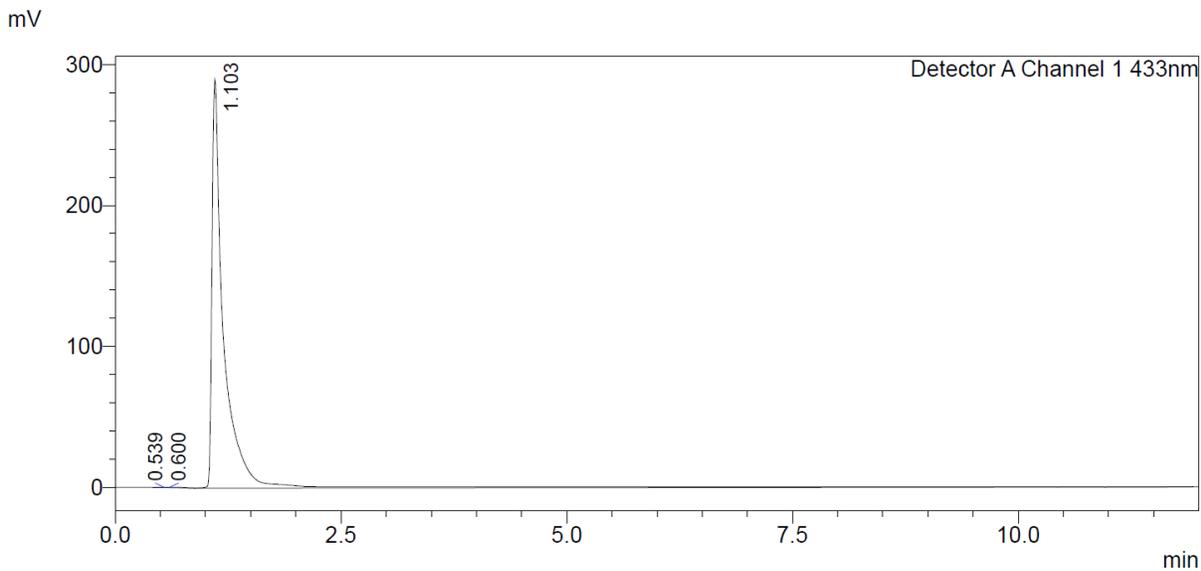
**Figure S13.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{D}_2\text{O}$ , 10% t-BuOH) of the sample used for Evans' method  $\mu_{\text{eff}}$  determination of **6**. NB: this substance is paramagnetic.



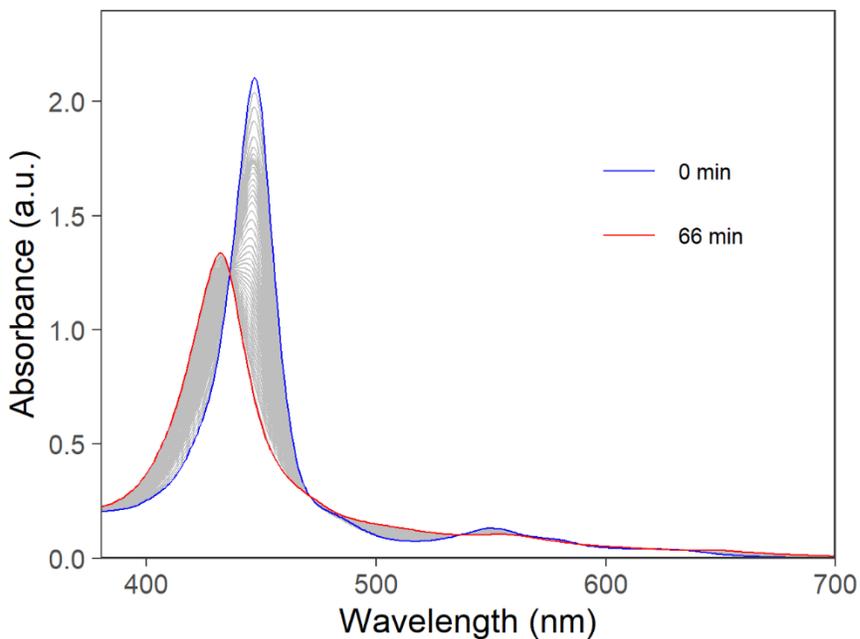
**Figure S14.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{PBS-}d$ , 10%  $t\text{-BuOH}$ ) of the sample used for Evans' method  $\mu_{\text{eff}}$  determination of reduced **6**. NB: this substance is paramagnetic.



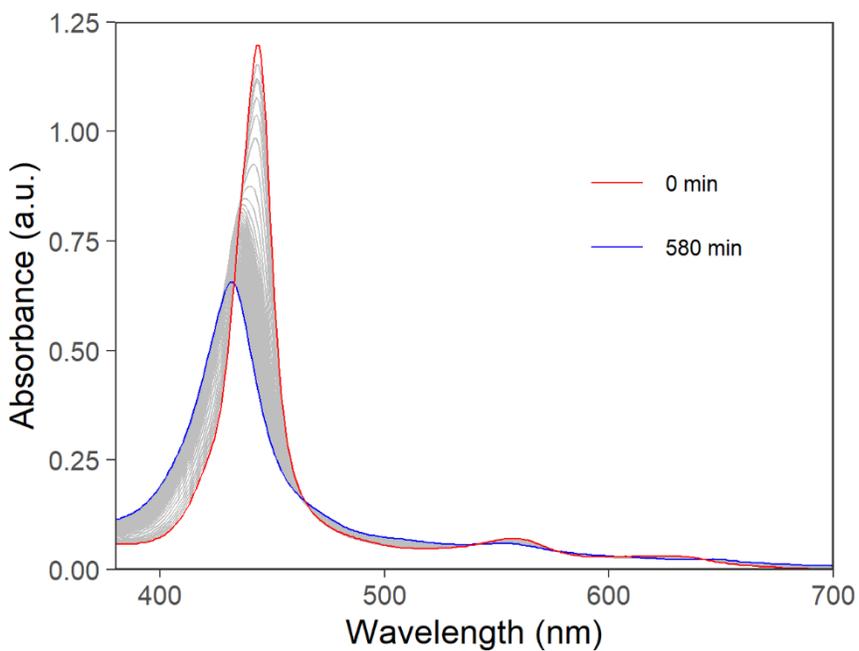
**Figure S15.**  $^1\text{H}$  NMR spectrum (500 MHz,  $\text{PBS-}d$ , 10%  $t\text{-BuOH}$ ) of the sample used for Evans' method  $\mu_{\text{eff}}$  determination of **7**.



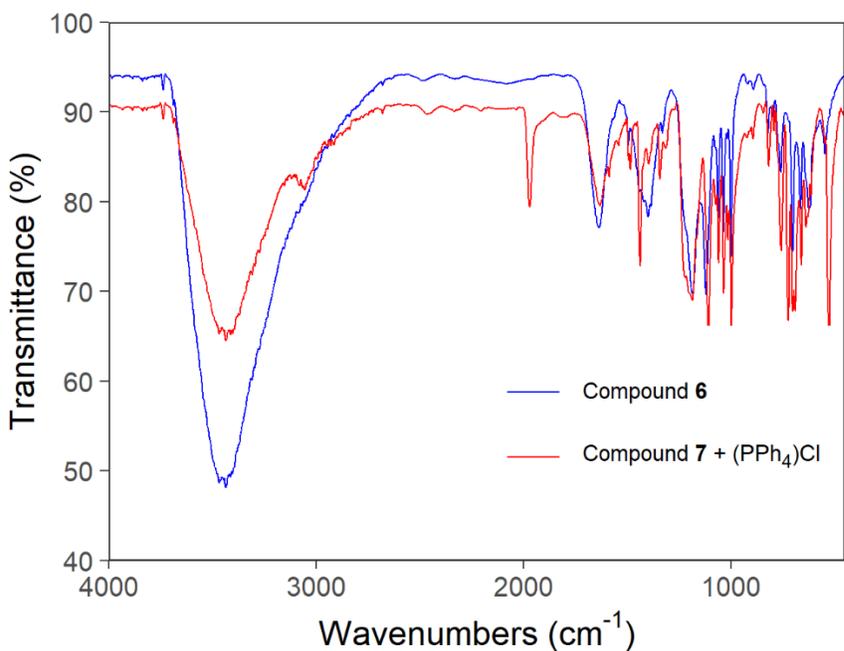
**Figure S16.** HPLC chromatogram of **6**. Absorbance is measured at 433 nm and the analyte was eluted with a H<sub>2</sub>O/MeCN (0.01% TFA) gradient of 0-95% MeCN over 15 min.



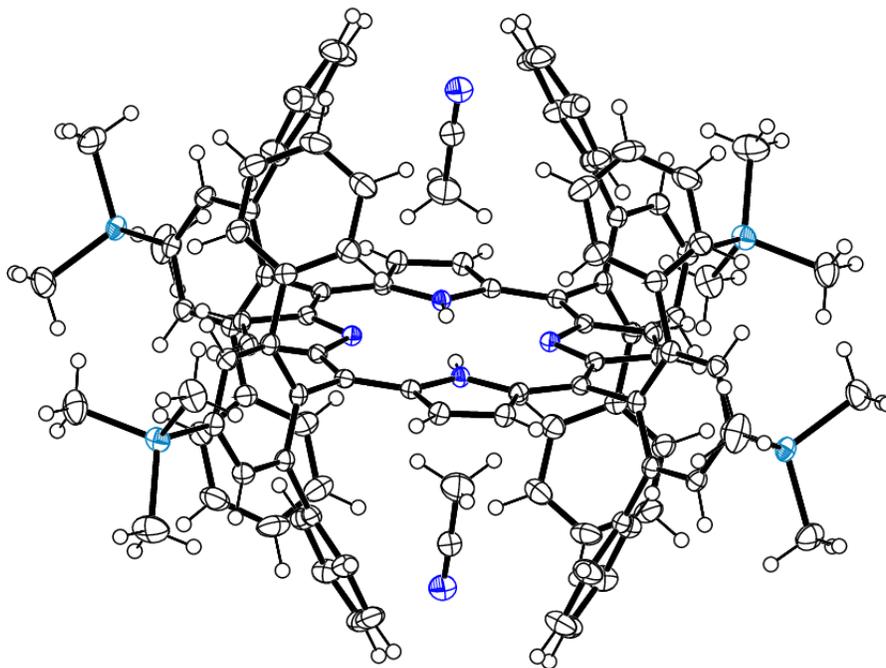
**Figure S17.** Stability of reduced **6** in PBS (pH 7.4) containing 5.7 mM dithionite following exposure to air. Spectra were acquired at 90 s intervals once dithionite consumption was complete.



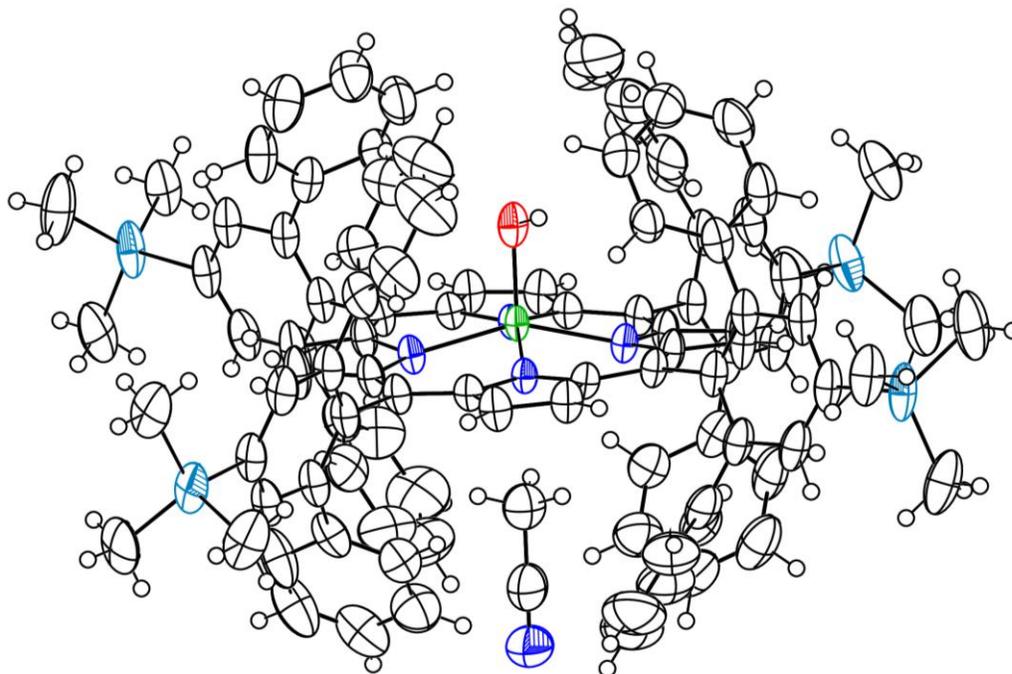
**Figure S18.** Stability of **7** in PBS (pH 7.4) containing 5.7 mM dithionite following exposure to air. Spectra were acquired at 600 s intervals once dithionite consumption was complete.



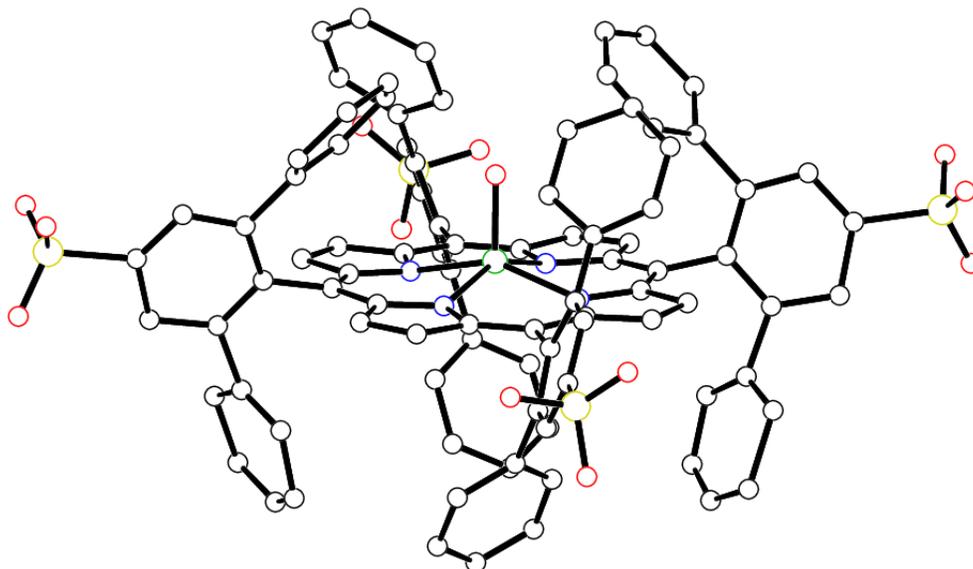
**Figure S19.** IR spectra (KBr pellet) of **6** and the precipitate formed from **7** and  $(\text{PPh}_4)\text{Cl}$ .



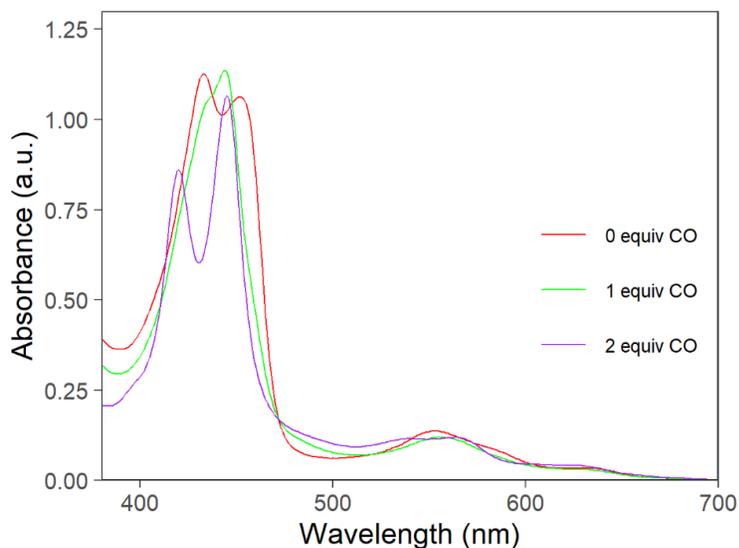
**Figure S20.** Unit cell contents (50% ellipsoids, H atoms as spheres of arbitrary radius) of the crystal structure of  $4 \cdot 2\text{MeCN}$ . Disordered H atoms omitted for clarity. Color code: Si teal, N blue, C grey.



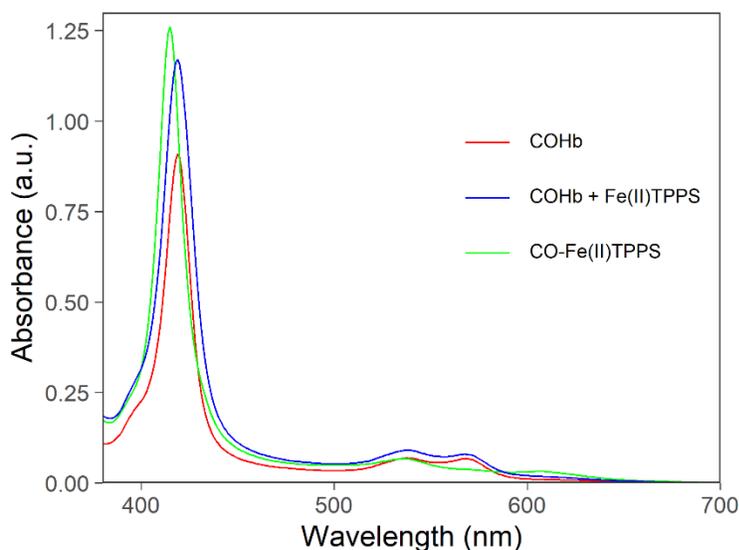
**Figure S21.** Thermal ellipsoid plot of **5**·DCM (50% ellipsoids, H atoms as spheres of arbitrary radius) from the crystal structure of **5**·DCM·MeCN. Disorder and DCM omitted for clarity. Color code: Fe green, O red, Si teal, N blue, C grey.



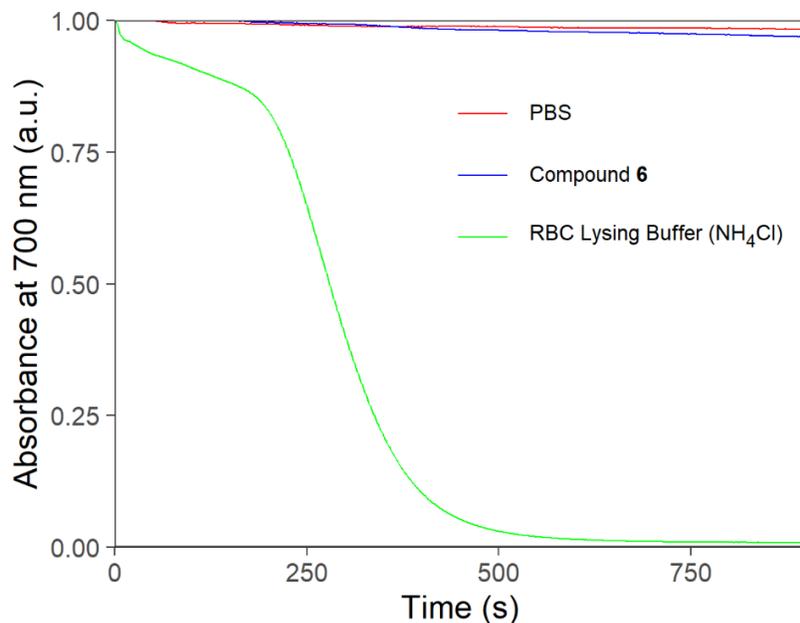
**Figure S22.** Ball-and-stick representation of **6** from low-quality diffraction data confirming connectivity. Color code: Fe green, O red, S yellow, N blue, C grey.



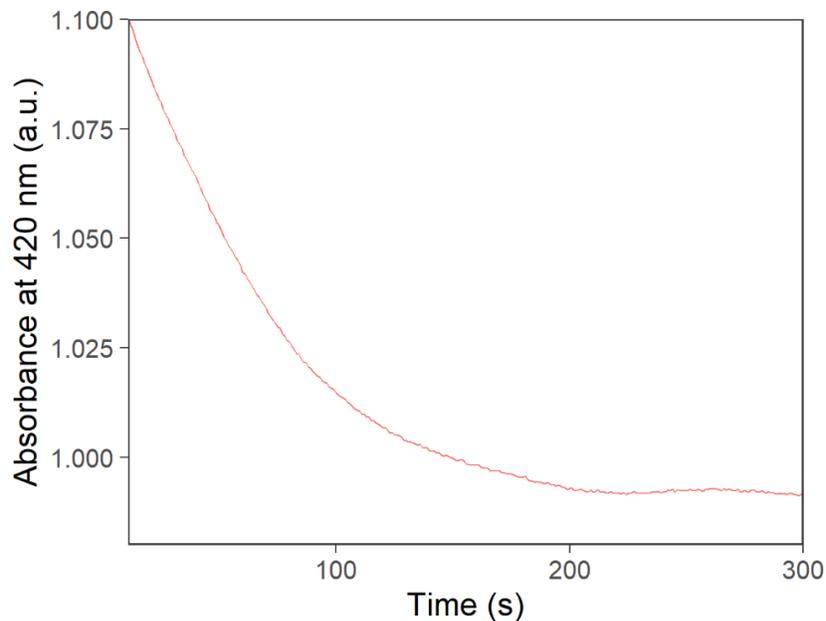
**Figure S23.** Titration of an equimolar (on the basis of porphyrin centers) mixture of Hb and **6** in PBS (pH 7.4, 5.7 mM Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>) with CO-saturated water. At 0 equiv CO, the mixture contains deoxyHb and reduced **6**. At 1 equiv CO, the mixture contains deoxyHb and **7**. At 2 equiv CO, the mixture contains COHb and **7**.



**Figure S24.** Titration of bovine COHb (2.5 μM) with 1 equiv Fe(II)TPPS (produced *in situ* from reduction of Fe(III)TPPS) in PBS (pH 7.4, 5.7 mM Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>). Also shown is the spectrum obtained when CO is bubbled through a solution of Fe(II)TPPS to form CO-Fe(II)TPPS.



**Figure S25.** Hemolysis as assessed by measuring OD<sub>700</sub> over time of a suspension of RBCs in PBS (pH 7.4, 5.7 mM Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>) containing no further additives, an equimolar (on the basis of porphyrin centers) amount of **6**, or 1.5 M NH<sub>4</sub>Cl.



**Figure S26.** Decrease in COHb ( $\lambda_{\text{max}} = 420 \text{ nm}$ ) over time following addition of reduced **6** to a PBS suspension (pH 7.4, 5.7 mM Na<sub>2</sub>S<sub>2</sub>O<sub>4</sub>) of CO-treated RBCs at an equimolar amount on the basis of porphyrin centers.

## References

1. Adler, A. D.; Longo, F. R.; Finarelli, J. D.; Goldmacher, J.; Assour, J.; Korsakoff, L., A Simplified Synthesis for *meso*-Tetraphenylporphine. *J. Org. Chem.* **1967**, *32* (2), 476-476.
2. Fleischer, E. B.; Palmer, J. M.; Srivastava, T. S.; Chatterjee, A., Thermodynamic and Kinetic Properties of an Iron-Porphyrin System. *J. Am. Chem. Soc.* **1971**, *93* (13), 3162-3167.
3. Esfandiari bayat, Z.; Rahiminezhad, H.; Zakavi, S., Solvent effects on catalytic activity of manganese porphyrins with cationic, anionic and uncharged *meso* substituents: Indirect evidence on the nature of active oxidant species. *Appl. Organomet. Chem.* **2019**, *33* (1), e4678.
4. Schubert, E. M., Utilizing the Evans method with a superconducting NMR spectrometer in the undergraduate laboratory. *J. Chem. Educ.* **1992**, *69* (1), 62.
5. Lin, C.-H.; Tour, J., Hydrogen-Bond-Assisted  $\pi$ -Stacking of Shape-Persistent Cyclophanes. *J. Org. Chem.* **2002**, *67* (22), 7761-7768.
6. Guillerm, V.; Weseliński, Ł. J.; Alkordi, M.; Mohideen, M. I. H.; Belmabkhout, Y.; Cairns, A. J.; Eddaoudi, M., Porous organic polymers with anchored aldehydes: a new platform for post-synthetic amine functionalization en route for enhanced CO<sub>2</sub> adsorption properties. *Chem. Commun.* **2014**, *50* (16), 1937-1940.
7. Lindsey, J. S.; Wagner, R. W., Investigation of the Synthesis of Ortho-Substituted Tetraphenylporphyrins. *J. Org. Chem.* **1989**, *54* (4), 828-836.
8. Suslick, K. S.; Fox, M. M., A Bis-Pocket Porphyrin. *J. Am. Chem. Soc.* **1983**, *105* (11), 3507-3510.
9. Ye, B.-H.; Naruta, Y., A novel method for the synthesis of regiospecifically sulfonated porphyrin monomers and dimers. *Tetrahedron* **2003**, *59* (20), 3593-3601.
10. Walker, F. A., NMR and EPR Spectroscopy of Paramagnetic Metalloporphyrins and Heme Proteins. In *Handbook of Porphyrin Science (Volume 6)*, 2010; pp 1-337.
11. Rigaku Oxford Diffraction *CrysAlis<sup>Pro</sup> software system*, version 1.171.40.78a; Rigaku Corporation: Wroclaw, Poland, 2020.
12. Sheldrick, G. M., *SHELXT* – Integrated space-group and crystal-structure determination. *Acta Crystallogr. Sect. A* **2015**, *71* (1), 3-8.
13. Sheldrick, G. M., Crystal structure refinement with *SHELXL*. *Acta Crystallogr. Sect. C* **2015**, *71* (1), 3-8.
14. Dolomanov, O. V.; Bourhis, L. J.; Gildea, R. J.; Howard, J. A. K.; Puschmann, H., *OLEX2*: a complete structure solution, refinement and analysis program. *J. Appl. Crystallogr.* **2009**, *42* (2), 339-341.

15. Müller, P., Practical suggestions for better crystal structures. *Crystallogr. Rev.* **2009**, *15* (1), 57-83.