# Synthesis and Characterisation of an Enantiomerically Pure Scandium Pentadienyl Complex and its Application in the Polymerisation of rac-Lactide 

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## Table of Contents

1. Crystallographic details for complex 2 ..... S2
2. NMR spectroscopy ..... S10
3. Kinetic studies ..... S48
4. Gel permeation chromatography ..... S56
5. Differential scanning calorimetry ..... S62
6. References ..... S65

## 1. Crystallographic details for complex 2

Table S1. Crystallographic details of scandium complex 2.

|  | 2 |
| :---: | :---: |
| Chemical formula | $\mathrm{C}_{27} \mathrm{H}_{52} \mathrm{ONSi} 2 \mathrm{Sc}$ |
| Formula mass | 507.83 |
| Crystal system | orthorhombic |
| a/Å | 10.2101(2) |
| b/Å | 13.2214(2) |
| c/Å | 22.7451(4) |
| $\alpha /{ }^{\circ}$ | 90 |
| 6/ ${ }^{\circ}$ | 90 |
| V/ ${ }^{\circ}$ | 90 |
| Unit cell volume/ ${ }^{3}{ }^{3}$ | 3070.40(9) |
| Temperature/K | 100(2) |
| Space group | $\mathrm{P} 22_{21} 2_{1}$ |
| No. of formula units per unit cell, $Z$ | 4 |
| Radiation type | $\mathrm{CuK} \times$ |
| Absorption coefficient, $\mu / \mathrm{mm}^{-1}$ | 2.915 |
| No. of reflections measured | 35213 |
| No. of independent reflections | 6316 |
| $R_{\text {int }}$ | 0.0575 |
| Final $R_{1}$ value ( $1>2 \sigma(I)$ ) | 0.0368 |
| Final $\boldsymbol{w} R\left(F^{2}\right)$ value ( $1>\mathbf{2 \sigma}(1)$ ) | 0.0945 |
| Final $R_{1}$ value (all data) | 0.0401 |
| Final $w R\left(F^{2}\right)$ value (all data) | 0.0963 |
| Goodness of fit on $F^{2}$ | 1.066 |
| Flack parameter | -0.006(4) |
| $\Delta \rho / e^{\text {A }}$ - ${ }^{\text {a }}$ | 0.48 / -0.42 |

## 2. NMR spectroscopy

2.1. [ Sc -pdl ${ }^{*} \mathrm{SiMe}_{2} \mathrm{~N}^{t} \mathrm{Bu}$-(thf) $\left.\left(\mathrm{CH}_{2} \mathrm{SiMe}_{3}\right)\right]$ (2)


Figure S1. ${ }^{1} \mathrm{H}$ NMR spectrum ( $400 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}, 298 \mathrm{~K}$ ) for 2. The * demarks $\mathrm{SiMe}_{4}$ formed during decomposition of the metal complex.


Figure S2. ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $101 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}, 298 \mathrm{~K}$ ) for 2. * Hydrolized ligand.


Figure S3. ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ dept NMR spectrum (101 MHz, $\left.\mathrm{C}_{6} \mathrm{D}_{6}, 298 \mathrm{~K}\right)$ for $\mathbf{2}$.


Figure $\mathbf{S 4} .{ }^{1} \mathrm{H},{ }^{1} \mathrm{H}$ COSY NMR spectrum for $\mathbf{2}$.


Figure S5. ${ }^{1} \mathrm{H},{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ HSQC NMR spectrum for $\mathbf{2}$.


Figure S6. ${ }^{1} \mathrm{H},{ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ HMBC NMR spectrum for 2.


Figure S7. ${ }^{1} \mathrm{H},{ }^{1} \mathrm{H}$ NOESY NMR spectrum for 2.


Figure S8. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{C}_{6} \mathrm{D}_{6}$ ) for 2 (blue) after heating to $60^{\circ} \mathrm{C}$ for 1 h (red) and 24 h (green). The * demarks $\mathrm{SiMe}_{4}$ formed during decomposition of the metal complex.

### 2.2. End-group analysis



Figure S9. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.


Figure S10. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.


Figure S11. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $0^{\circ} \mathrm{C}$.


Figure S12. ${ }^{1} \mathrm{H}$ NMR spectrum $\left(300 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 3.


Figure S13. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 4.


Figure S14. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 5 .


Figure S15. ${ }^{1} \mathrm{H}$ NMR spectrum ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 6 .

### 2.3. Calculation of $P_{\mathrm{m}}$ values

For the polymerisation of rac-lactide, only five possible tetrad sequences relevant for NMR analysis arise: $m m m$, $m m r, r m m, r m r$ and $m r m$. As long as no epimerization takes place, it is not possible to find tetrads with two adjacent $r$ diads, because the ring opening of $(R, R)$ - or $(S, S)$-lactide always yields a $m$ diad; consequently, every $(R, S)$ or $(S, R)$ combination must be enclosed by $(R, R)$ or $(S, S)$ stereoblocks, or in other words, by an $m$ diad. The opposite situation arises for PLA obtained from meso-lactide, as the ring opening generates an $r$ diad with $(S, R)$ or ( $R, S$ ) configuration. As a result, a tetrad can never contain two adjacent $m$ diads. The five tetrad sequences causing distinguishable NMR resonances consequently are $r r r, m r r, r r m, r m r$ and $m r m$.

Application of Bernoullian statistics to the polymerisation of rac-lactide yields the values $P_{\mathrm{m}}$ and $P_{\mathrm{r}}$ referring to the probabilities of forming $m$ or $r$ diads, respectively. ${ }^{1,2}$

$$
\begin{gather*}
P_{m m m}=\frac{P_{m}\left(P_{m}+1\right)}{2}  \tag{1a}\\
P_{m r m}=\frac{\left(1-P_{m}\right)}{2}  \tag{2a}\\
P_{m m r}=\frac{P_{m}\left(1-P_{m}\right)}{2}  \tag{3}\\
P_{r m m}=\frac{P_{m}\left(1-P_{m}\right)}{2}  \tag{4}\\
P_{r m r}=\frac{\left(1-P_{m}\right)^{2}}{2}  \tag{5}\\
P_{m}+P_{r}=1 \tag{6}
\end{gather*}
$$

$P_{\text {mmm }}, P_{\text {mrm }}, P_{\text {mmr }}, P_{\mathrm{rmm}}$ and $P_{\mathrm{rmr}}$ are obtained from the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra of the PLA samples as the relative peak areas determined by deconvolution of the multiplets observed in the methine region. $P_{\mathrm{m}}$ values are calculated according to the equations (1d) and (2b) resulting from the Bernoullian statistics ${ }^{1}$ based on the $P_{\text {mmm }}$ and $P_{\text {mrm }}$ tetrads:

$$
\begin{gather*}
P_{m m m}=\frac{P_{m}\left(P_{m}+1\right)}{2}=\frac{P_{m}^{2}+P_{m}}{2}  \tag{1b}\\
0=P_{m}^{2}+P_{m}-2 P_{m m m}  \tag{1c}\\
P_{m_{1,2}}=-\frac{1}{2} \pm \sqrt{\left(\frac{1}{2}\right)^{2}+2 P_{m m m}}  \tag{1d}\\
P_{m}=1-2 P_{m r m}
\end{gather*}
$$

and transesterification processes:

$$
P_{\mathrm{mmm}}=0.375 \quad P_{\mathrm{mrm}}=0.250 \quad P_{\mathrm{mmr}}=0.125 \quad P_{\mathrm{rmm}}=0.125 \quad P_{\mathrm{rmr}}=0.125
$$

The following pages show the methine regions of the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra together with the deconvolution results. The Tables $\mathrm{S} 2, \mathrm{~S} 3, \mathrm{~S} 4, \mathrm{~S} 5, \mathrm{~S} 6, \mathrm{~S} 7$ and S 8 display the relative areas from the deconvolution of the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra for the tetrads $r m r, r m m / m m r, m m r / r m m, m m m, m r m$ and a signal at 5.19 ppm which was sometimes observed at 5.19 ppm , but could not be assigned to a tetrad (first row of the tables). However, the resonance was occasionally reported in literature without any further explanation or assignment. ${ }^{3}$ The signal was included into the deconvolution of the multiplet in the methine region for the determination of the $P_{\mathrm{m}}$ values; however, due to its low intensity, incorporating it or not into the calculation has negligible impact on the resulting $P_{\mathrm{m}}$ value. The resonances for the rmm and $m m r$ tetrads cannot be distinguished, but display identical values based on the Bernoullian statistics.

To detect transesterification in rac-lactide polymerisation, the three tetrads missing in the case of polylactide without any transesterification reactions are $r r r, r r m$ and $m r r$. They are most conveniently identified in the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra. The NMR resonances were assigned according to literature. ${ }^{3,4}$ As the $m r m$ tetrad can be assigned in both ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} N M R$, the relative intensities normalized to one for all tetrads were calculated by setting the values for the $m r m$ tetrad equal (second and third row of the tables). The $P_{\mathrm{m}}$ values were calculated from the mmm and mrm tetrads and averaged (fourth row of the tables and below).

## 2.4. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra and deconvolution results

2.4.1. Polymerisation of rac-lactide with compound 2 at $50^{\circ} \mathrm{C}$


Figure S16. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 2 at $50^{\circ} \mathrm{C}$.


Figure S17. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 2 at $50^{\circ} \mathrm{C}$.


Figure S18. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | \$Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $9.1 \mathrm{e}+15$ |  |
|  | 5.217 | 3131.11 | 0.00333 | 2.000 | 5.835 | 99.944 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00009 | 0.055 | 0.111 |  |  |
|  | 5.203 | 3122.60 | 0.00443 | 2.660 | 2.911 | 66.305 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00022 | 0.133 | 0.097 |  |  |
|  | 5.193 | 3116.50 | 0.00242 | 1.449 | 0.119 | 1.476 | 100.00 |
| STD : | 0.001 | 0.80 | 0.00390 | 2.342 | 0.130 |  |  |
|  | 5.168 | 3101.71 | 0.00537 | 3.224 | 1.962 | 54.177 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00039 | 0.236 | 0.088 |  |  |
|  | 5.157 | 3094.92 | 0.00625 | 3.752 | 4.854 | 155.983 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00021 | 0.124 | 0.082 |  |  |
|  | 5.146 | 3088.48 | 0.00614 | 3.683 | 6.183 | 195.012 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00014 | 0.084 | 0.083 |  |  |

Figure S19. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S20. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR $\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.


Figure S21. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $6.4 \mathrm{e}+14$ |  |
|  | 69.546 | 8749.23 | 0.03086 | 3.883 | 0.154 | 1.966 | 100.00 |
| STD : | 0.005 | 0.63 | 0.01487 | 1.871 | 0.050 |  |  |
|  | 69.442 | 8736.13 | 0.02157 | 2.713 | 0.047 | 0.418 | 100.00 |
| STD : | 0.014 | 1.71 | 0.03933 | 4.948 | 0.059 |  |  |
|  | 69.309 | 8719.42 | 0.02697 | 3.393 | 1.881 | 21.032 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00108 | 0.136 | 0.053 |  |  |
|  | 69.125 | 8696.37 | 0.04926 | 6.197 | 2.695 | 55.020 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00105 | 0.132 | 0.039 |  |  |

Figure S22. ${ }^{13}$ C $\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S2. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\mathrm{P}_{\text {rmr }}$ | $\boldsymbol{P}_{\text {rmm } / m m r}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \text { rmm }}$ | $\boldsymbol{P}_{\text {mmm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ ) | $99.944{ }^{\text {a }}$ | $66.305^{\text {a }}$ | $1.476{ }^{\text {a }}$ | $54.177^{\text {a }}$ | $155.983{ }^{\text {a }}$ | $195.012^{\text {a }}$ | $0.418^{\text {b }}$ | $1.996{ }^{\text {b }}$ | $21.032^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.1745 | 0.1157 | 0.0026 | 0.0946 | 0.2723 | 0.3404 | 0.0068 | 0.0323 | 0.3404 |
| Relative intensities (normalized) | 0.16791763 | 0.11133564 | 0.00250192 | 0.09103156 | 0.26202848 | 0.32755966 | 0.00654349 | 0.0310816 |  |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.3914 | 0.3192 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.3553$

### 2.4.2. Polymerisation of rac-lactide with compound 2 at $30^{\circ} \mathrm{C}$



Figure S23. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.


Figure S24. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.


Figure S25. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | $3.2 \mathrm{e}+16$ |
|  | 5.217 | 3131.16 | 0.00395 | 2.373 | 12.661 | 257.293 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00010 | 0.058 | 0.210 |  |  |
|  | 5.203 | 3122.71 | 0.00474 | 2.847 | 6.338 | 154.563 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00022 | 0.129 | 0.192 |  |  |
|  | 5.192 | 3116.12 | 0.00163 | 0.980 | 0.199 | 1.673 | 100.00 |
| STD : | 0.001 | 0.80 | 0.00385 | 2.310 | 0.325 |  |  |
|  | 5.168 | 3101.70 | 0.00568 | 3.407 | 4.538 | 132.405 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00036 | 0.218 | 0.176 |  |  |
|  | 5.157 | 3095.03 | 0.00623 | 3.739 | 12.057 | 386.134 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00017 | 0.104 | 0.169 |  |  |
|  | 5.146 | 3088.56 | 0.00615 | 3.690 | 14.562 | 460.288 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00012 | 0.073 | 0.170 |  |  |

Figure S26. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S27. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with 2 at $30^{\circ} \mathrm{C}$.


Figure S28. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 2 at $30^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz |  |  |  |  |  |
| 1 |  |  |  |  |  | $7.8 \mathrm{e}+14$ |  |
|  | 69.542 | 8748.83 | 0.03599 | 4.528 | 0.122 | 1.817 | 100.00 |
| STD : | 0.008 | 1.01 | 0.02641 | 3.323 | 0.053 |  |  |
|  | 69.437 | 8735.56 | 0.02285 | 2.875 | 0.100 | 0.945 | 100.00 |
| STD : | 0.007 | 0.92 | 0.02133 | 2.684 | 0.064 |  |  |
|  | 69.308 | 8719.32 | 0.02687 | 3.381 | 2.009 | 22.371 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00113 | 0.142 | 0.059 |  |  |
|  | 69.123 | 8696.10 | 0.04763 | 5.992 | 2.955 | 58.326 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00104 | 0.131 | 0.044 |  |  |

Figure S29. ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S3. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{\text {rmr }}$ | $\boldsymbol{P}_{\text {rmm/mmr }}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \mathrm{rmm}}$ | $\boldsymbol{P}_{\text {mmm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\text {mrm }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | $257.293{ }^{\text {a }}$ | $154.563{ }^{\text {a }}$ | $1.673^{\text {a }}$ | $132.405^{\text {a }}$ | $386.134^{\text {a }}$ | $460.288{ }^{\text {a }}$ | $0.945^{\text {b }}$ | $1.817^{\text {b }}$ | $22.371{ }^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.1848 | 0.1110 | 0.0012 | 0.0951 | 0.2773 | 0.3306 | 0.0140 | 0.0269 | 0.3306 |
| Relative intensities (normalized) | 0.17753867 | 0.10663849 | 0.00115285 | 0.09136324 | 0.26640407 | 0.31760976 | 0.0134499 | 0.02584302 |  |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.3970 | 0.3388 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.3679$

### 2.4.3. Polymerisation of rac-lactide with compound 2 at $0^{\circ} \mathrm{C}$



Figure S30. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $0^{\circ} \mathrm{C}$.


Figure S31. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $0^{\circ} \mathrm{C}$.


Figure S32. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with $\mathbf{2}$ at $0^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | $2.2 \mathrm{e}+12$ |
|  | 5.215 | 2609.15 | 0.00631 | 3.157 | 0.153 | 2.480 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00013 | 0.065 | 0.002 |  |  |
|  | 5.197 | 2600.15 | 0.00373 | 1.865 | 0.215 | 2.068 | 100.00 |
| STD : | 0.000 | 0.01 | 0.00007 | 0.036 | 0.003 |  |  |
|  | 5.173 | 2588.32 | 0.01236 | 6.185 | 0.024 | 0.762 | 100.00 |
| STD : | 0.001 | 0.32 | 0.00184 | 0.923 | 0.002 |  |  |
|  | 5.162 | 2582.80 | 0.00786 | 3.933 | 0.076 | 1.530 | 100.00 |
| STD : | 0.000 | 0.08 | 0.00073 | 0.366 | 0.003 |  |  |
|  | 5.154 | 2578.47 | 0.01006 | 5.035 | 0.048 | 1.245 | 100.00 |
| STD : | 0.000 | 0.16 | 0.00088 | 0.441 | 0.003 |  |  |

Figure S33. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Figure S34. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with $\mathbf{2}$ at $0^{\circ} \mathrm{C}$.


Figure S35. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 2 at $0^{\circ} \mathrm{C}$.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. <br> chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $5.5 \mathrm{e}+12$ |  |
|  | 69.495 | 8742.91 | 0.01321 | 1.661 | 0.261 | 1.430 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00041 | 0.051 | 0.005 |  |  |
|  | 69.369 | 8726.97 | 0.11364 | 14.297 | 0.022 | 1.015 | 100.00 |
| STD : | 0.006 | 0.74 | 0.02145 | 2.699 | 0.002 |  |  |
|  | 69.225 | 8708.88 | 0.08426 | 10.600 | 0.023 | 0.795 | 100.00 |
| STD : | 0.009 | 1.14 | 0.02975 | 3.743 | 0.004 |  |  |
|  | 69.166 | 8701.52 | 0.05311 | 6.682 | 0.073 | 1.599 | 100.00 |
| STD : | 0.002 | 0.20 | 0.00553 | 0.696 | 0.006 |  |  |
|  | 69.041 | 8685.69 | 0.01271 | 1.599 | 0.230 | 1.210 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00043 | 0.054 | 0.005 |  |  |

Figure S36. ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S4. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{r m r}$ | $\boldsymbol{P}_{\text {rmm } / m m r}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \mathbf{r m m}}$ | $\boldsymbol{P}_{\text {mmm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | $2.480^{\text {a }}$ | $2.068^{\text {a }}$ | $0.000{ }^{\text {a }}$ | $0.762^{\text {a }}$ | $1.530^{\text {a }}$ | $1.245^{\text {a }}$ | $1.015^{\text {b }}$ | $1.430{ }^{\text {b }}$ | $0.795^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.3067 | 0.2558 | 0.000 | 0.0942 | 0.1892 | 0.1540 | 0.1966 | 0.2770 | 0.1540 |
| Relative intensities (normalized) | 0.20814388 | 0.17360027 | 0 | 0.06392942 | 0.12840176 | 0.10451306 | 0.13342382 | 0.18798778 | 0.20814388 |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.2928 | 0.6920 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

## Average: $P_{m}=0.4924$

Due to insufficient resolution and strong line broadening, the value obtained from $P_{m r m}$ is not reliable. Therefore, $P_{m}$ obtained from $P_{m m m}$ was selected, which is in good agreement with the values calculated for the previous samples.

### 2.4.4. Polymerisation of rac-lactide with compound 3



Figure S37. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 3.


Figure S38. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 3.


Figure S39. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 3 .

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | $6 \mathrm{e}+13$ |
|  | 5.214 | 2608.77 | 0.00744 | 3.722 | 0.193 | 3.693 | 100.00 |
| STD : | 0.000 | 0.09 | 0.00057 | 0.284 | 0.009 |  |  |
|  | 5.202 | 2602.53 | 0.00673 | 3.367 | 0.324 | 5.619 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00039 | 0.196 | 0.009 |  |  |
|  | 5.192 | 2597.73 | 0.00456 | 2.281 | 0.075 | 0.886 | 100.00 |
| STD : | 0.000 | 0.17 | 0.00114 | 0.571 | 0.011 |  |  |
|  | 5.168 | 2585.71 | 0.00640 | 3.200 | 0.325 | 5.353 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00033 | 0.167 | 0.010 |  |  |
|  | 5.156 | 2579.57 | 0.00880 | 4.403 | 0.735 | 16.649 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00027 | 0.138 | 0.009 |  |  |
|  | 5.147 | 2575.03 | 0.00701 | 3.505 | 0.651 | 11.750 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00021 | 0.104 | 0.011 |  |  |

Figure S40. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S41. Methine region of the ${ }^{13}{ }^{[ }\left\{{ }^{1} \mathrm{H}\right\}$ NMR $\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with 3.


Figure S42. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 3.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $1.3 \mathrm{e}+14$ |  |
|  | 69.553 | 8750.13 | 0.04471 | 5.625 | 0.268 | 4.973 | 100.00 |
| STD : | 0.001 | 0.19 | 0.00451 | 0.567 | 0.018 |  |  |
|  | 69.445 | 8736.60 | 0.03981 | 5.008 | 0.192 | 3.160 | 100.00 |
| STD : | 0.002 | 0.25 | 0.00606 | 0.762 | 0.019 |  |  |
|  | 69.310 | 8719.54 | 0.03978 | 5.004 | 0.624 | 10.294 | 100.00 |
| STD : | 0.001 | 0.08 | 0.00192 | 0.242 | 0.019 |  |  |
|  | 69.226 | 8708.99 | 0.03581 | 4.506 | 0.244 | 3.624 | 100.00 |
| STD : | 0.001 | 0.19 | 0.00500 | 0.630 | 0.020 |  |  |
|  | 69.132 | 8697.21 | 0.05385 | 6.774 | 1.984 | 44.266 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00071 | 0.089 | 0.016 |  |  |

Figure S43. ${ }^{13}$ C $\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S5. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{r m r}$ | $\boldsymbol{P}_{\text {rmm } / m m r}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \mathrm{rmm}}$ | $\boldsymbol{P}_{\boldsymbol{m m m}}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ ) | $3.693{ }^{\text {a }}$ | $5.619^{\text {a }}$ | $0.886^{\text {a }}$ | $5.353^{\text {a }}$ | $16.649^{\text {a }}$ | $11.750^{\text {a }}$ | $3.160^{\text {b }}$ | $4.973{ }^{\text {b }}$ | $10.294{ }^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.0840 | 0.1278 | 0.0202 | 0.1218 | 0.3788 | 0.2673 | 0.0821 | 0.1291 | 0.2673 |
| Relative intensities (normalized) | 0.06935843 | 0.1055239 | 0.01667905 | 0.10056973 | 0.31277351 | 0.22070845 | 0.06778961 | 0.10659731 | 0.06935843 |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.5038 | 0.4653 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.4846$

### 2.4.5. Polymerisation of rac-lactide with compound 4



Figure S44. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 4.


Figure S45. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 4.


Figure S46. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 4.

| Fit | Frequency |  | Hidth |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | $1 \mathrm{e}+14$ |
|  | 5.215 | 2609.34 | 0.01070 | 5.355 | 0.552 | 15.209 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00042 | 0.212 | 0.012 |  |  |
|  | 5.203 | 2602.93 | 0.00932 | 4.662 | 0.600 | 14.387 | 100.00 |
| STD : | 0.000 | 0.06 | 0.00056 | 0.280 | 0.013 |  |  |
|  | 5.193 | 2598.06 | 0.00672 | 3.364 | 0.114 | 1.975 | 100.00 |
| STD : | 0.000 | 0.25 | 0.00171 | 0.853 | 0.016 |  |  |
|  | 5.168 | 2585.85 | 0.00795 | 3.978 | 0.651 | 13.335 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00032 | 0.158 | 0.014 |  |  |
|  | 5.156 | 2579.89 | 0.00978 | 4.892 | 1.580 | 39.774 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00024 | 0.122 | 0.014 |  |  |
|  | 5.147 | 2575.05 | 0.00838 | 4.192 | 1.401 | 30.222 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00017 | 0.084 | 0.017 |  |  |

Figure S47. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S48. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with 4.

| Deconvolution result: |
| :--- | :--- | :--- |
| 5 lines shapes and their sum. |

Figure S49. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 4.

| Fit | Frequency |  | Width |  | Intensity | Area | \$Lor. <br> chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $2.5 \mathrm{e}+14$ |  |
|  | 69.559 | 8750.97 | 0.04567 | 5.746 | 0.217 | 4.116 | 100.00 |
| STD : | 0.003 | 0.34 | 0.00796 | 1.001 | 0.026 |  |  |
|  | 69.447 | 8736.81 | 0.02952 | 3.713 | 0.111 | 1.361 | 100.00 |
| STD : | 0.004 | 0.53 | 0.01263 | 1.588 | 0.032 |  |  |
|  | 69.317 | 8720.49 | 0.04748 | 5.973 | 0.859 | 16.901 | 100.00 |
| STD : | 0.001 | 0.09 | 0.00220 | 0.277 | 0.025 |  |  |
|  | 69.225 | 8708.95 | 0.03020 | 3.799 | 0.213 | 2.667 | 100.00 |
| STD : | 0.002 | 0.28 | 0.00729 | 0.917 | 0.031 |  |  |
|  | 69.129 | 8696.85 | 0.05562 | 6.998 | 2.235 | 51.511 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00092 | 0.115 | 0.023 |  |  |

Figure S50. ${ }^{13}$ C $\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S6. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{r m r}$ | $\boldsymbol{P}_{\text {rmm/mmr }}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\text {mmr/rmm }}$ | $\boldsymbol{P}_{\text {mmm }}$ | $\boldsymbol{P}_{\text {mrm }}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | $15.209^{\text {a }}$ | $14.387^{\text {a }}$ | $1.975^{\text {a }}$ | $13.335^{\text {a }}$ | $39.774{ }^{\text {a }}$ | $30.220^{\text {a }}$ | $1.361{ }^{\text {b }}$ | $4.116^{\text {b }}$ | $16.901{ }^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ ) | 0.1324 | 0.1252 | 0.0172 | 0.1161 | 0.3462 | 0.2630 | 0.0212 | 0.0640 | 0.2630 |
| Relative intensities (normalized) | 0.12199392 | 0.11535981 | 0.01584815 | 0.10697503 | 0.31899014 | 0.24232931 | 0.01953377 | 0.05896987 |  |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.4707 | 0.4740 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.4724$

### 2.4.6. Polymerisation of rac-lactide with compound 5



Figure S51. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 5.


Figure S52. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 5 .


Figure S53. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 5 .

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. <br> chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | 1e+13 |
|  | 5.217 | 2610.07 | 0.00874 | 4.374 | 0.141 | 3.182 | 100.00 |
| STD : | 0.000 | 0.08 | 0.00056 | 0.283 | 0.005 |  |  |
|  | 5.204 | 2603.50 | 0.01179 | 5.899 | 0.225 | 6.840 | 100.00 |
| STD : | 0.000 | 0.09 | 0.00043 | 0.217 | 0.005 |  |  |
|  | 5.200 | 2601.63 | 0.00116 | 0.580 | 0.000 | 0.000 | 100.00 |
| STD : | 0.082 | 40.90 | 0.26454 | 132.355 | 0.013 |  |  |
|  | 5.169 | 2586.39 | 0.00870 | 4.351 | 0.274 | 6.147 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00031 | 0.153 | 0.005 |  |  |
|  | 5.158 | 2580.60 | 0.00872 | 4.361 | 0.676 | 15.183 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00019 | 0.095 | 0.005 |  |  |
|  | 5.149 | 2575.93 | 0.00700 | 3.503 | 0.475 | 8.574 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00017 | 0.083 | 0.006 |  |  |

Figure S54. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S55. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR $\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with 5.


Figure S56. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 5.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | 1. $5 \mathrm{e}+14$ |
|  | 69.564 | 8751.52 | 0.04998 | 6.287 | 0.143 | 2.963 | 100.00 |
| STD : | 0.002 | 0.26 | 0.00653 | 0.822 | 0.012 |  |  |
|  | 69.456 | 8737.89 | 0.03415 | 4.297 | 0.115 | 1.624 | 100.00 |
| STD : | 0.002 | 0.27 | 0.00659 | 0.828 | 0.014 |  |  |
|  | 69.320 | 8720.87 | 0.04476 | 5.632 | 0.425 | 7.882 | 100.00 |
| STD : | 0.001 | 0.09 | 0.00218 | 0.275 | 0.013 |  |  |
|  | 69.231 | 8709.69 | 0.04205 | 5.290 | 0.144 | 2.501 | 100.00 |
| STD : | 0.002 | 0.25 | 0.00702 | 0.884 | 0.013 |  |  |
|  | 69.142 | 8698.42 | 0.05493 | 6.911 | 1.268 | 28.862 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00083 | 0.104 | 0.011 |  |  |

Figure S57. ${ }^{13}$ C $\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S7. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{r m r}$ | $\boldsymbol{P}_{\text {rmm/mmr }}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \mathbf{r m m}}$ | $\boldsymbol{P}_{\text {mmm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{\text {rrm }}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | $3.182^{\text {a }}$ | $6.840^{\text {a }}$ | $0.000{ }^{\text {a }}$ | $6.147^{\text {a }}$ | $15.183{ }^{\text {a }}$ | $8.574^{\text {a }}$ | $1.624{ }^{\text {b }}$ | $2.963{ }^{\text {b }}$ | $7.882^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR (by equating $P_{m r m}$ values from ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.0797 | 0.1713 | 0.000 | 0.1540 | 0.3803 | 0.2147 | 0.0442 | 0.0807 | 0.2147 |
| Relative intensities (normalized) | 0.07085074 | 0.1522802 | 0 | 0.13690106 | 0.3380745 | 0.19086141 | 0.03929238 | 0.07173971 |  |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.5053 | 0.5705 |  |  |  |

a from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.5379$

### 2.4.7. Polymerisation of rac-lactide with compound 6



Figure S58. Homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 6.


Figure S59. Methine region of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}$ spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 6 .


Figure S60. Deconvolution of the homodecoupled ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectrum ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of poly(lactide) obtained from the polymerisation of rac-lactide with 6 .

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  | $1.3 \mathrm{e}+14$ |  |
|  | 5.218 | 2610.71 | 0.00707 | 3.535 | 0.446 | 8.109 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00043 | 0.216 | 0.016 |  |  |
|  | 5.205 | 2604.20 | 0.00809 | 4.047 | 0.463 | 9.636 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00057 | 0.283 | 0.015 |  |  |
|  | 5.196 | 2599.43 | 0.00369 | 1.844 | 0.053 | 0.504 | 100.00 |
| STD : | 0.001 | 0.39 | 0.00262 | 1.312 | 0.022 |  |  |
|  | 5.171 | 2587.28 | 0.00669 | 3.346 | 0.440 | 7.587 | 100.00 |
| STD : | 0.000 | 0.07 | 0.00045 | 0.226 | 0.017 |  |  |
|  | 5.159 | 2581.30 | 0.00853 | 4.270 | 0.992 | 21.810 | 100.00 |
| STD : | 0.000 | 0.04 | 0.00034 | 0.169 | 0.015 |  |  |
|  | 5.150 | 2576.45 | 0.00698 | 3.491 | 1.188 | 21.350 | 100.00 |
| STD : | 0.000 | 0.03 | 0.00019 | 0.096 | 0.018 |  |  |

Figure S61. ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.


Figure S62. Methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of raclactide with 6.

| Deconvolution result: |
| :--- | :--- |
| 5 lines shapes and their sum. |

Figure S63. Deconvolution of the methine region of the ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of poly(lactide) obtained from the polymerisation of rac-lactide with 6.

| Fit | Frequency |  | Width |  | Intensity | Area | 8Lor. chisq |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ppm | Hz | ppm | Hz |  |  |  |
| 1 |  |  |  |  |  |  | $9.2 \mathrm{e}+13$ |
|  | 69.560 | 8751.08 | 0.04036 | 5.077 | 0.187 | 3.132 | 100.00 |
| STD : | 0.001 | 0.14 | 0.00339 | 0.427 | 0.010 |  |  |
|  | 69.454 | 8737.72 | 0.03657 | 4.601 | 0.086 | 1.304 | 100.00 |
| STD : | 0.002 | 0.29 | 0.00709 | 0.892 | 0.011 |  |  |
|  | 69.317 | 8720.49 | 0.03598 | 4.526 | 0.523 | 7.803 | 100.00 |
| STD : | 0.000 | 0.05 | 0.00119 | 0.150 | 0.011 |  |  |
|  | 69.236 | 8710.22 | 0.03194 | 4.018 | 0.168 | 2.224 | 100.00 |
| STD : | 0.001 | 0.14 | 0.00366 | 0.461 | 0.012 |  |  |
|  | 69.138 | 8697.89 | 0.05127 | 6.450 | 1.321 | 28.074 | 100.00 |
| STD : | 0.000 | 0.02 | 0.00056 | 0.071 | 0.009 |  |  |

Figure S64. ${ }^{13}$ C $\left\{{ }^{1} \mathrm{H}\right\}$ NMR deconvolution results. Fit type: Mixed Lorentzian and Gaussian.

Table S8. Tetrad intensities derived from the ${ }^{1} \mathrm{H}\left\{{ }^{1} \mathrm{H}\right\}$ and ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR spectra.

|  | $\boldsymbol{P}_{r m r}$ | $\boldsymbol{P}_{r m m / m m r}$ | $\delta=5.19 \mathrm{ppm}$ | $\boldsymbol{P}_{\boldsymbol{m m r} / \mathbf{r m m}}$ | $\boldsymbol{P}_{\boldsymbol{m m m}}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ | $\boldsymbol{P}_{r r r}$ | $\boldsymbol{P}_{r r m}$ | $\boldsymbol{P}_{\boldsymbol{m r m}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area from deconvolution ( ${ }^{1} \mathrm{H}$ or ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | $8.109^{\text {a }}$ | $9.636{ }^{\text {a }}$ | $0.504^{\text {a }}$ | $7.587{ }^{\text {a }}$ | $21.810^{\text {a }}$ | $21.350^{\text {a }}$ | $1.304^{\text {b }}$ | $3.132{ }^{\text {b }}$ | $7.803{ }^{\text {b }}$ |
| Intensity in ${ }^{1} \mathrm{H}$ NMR <br> (normalized) and relative intensity in ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR <br> (by equating <br> $P_{\text {mrm }}$ values <br> from ${ }^{1} \mathrm{H}$ and <br> ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR) | 0.1175 | 0.1397 | 0.0073 | 0.1100 | 0.3161 | 0.3094 | 0.0517 | 0.1242 | 0.3094 |
| Relative intensities (normalized) | 0.09992346 | 0.11880262 | 0.00620801 | 0.09354537 | 0.26881538 | 0.26311761 | 0.04396632 | 0.10562123 |  |
| $\boldsymbol{P}_{\boldsymbol{m}}$ |  |  |  |  | 0.4393 | 0.3811 |  |  |  |

${ }^{\mathrm{a}}$ from ${ }^{1} \mathrm{H}$ NMR. ${ }^{\mathrm{b}}$ from ${ }^{13} \mathrm{C}\left\{{ }^{1} \mathrm{H}\right\}$ NMR.

Average: $P_{m}=0.4102$

## 3. Kinetic studies

The rate law for a second-order reaction is:

$$
\begin{gather*}
-\frac{d c_{L A}}{d t}=k \cdot c_{L A}^{2} \cdot c_{c a t 0}^{b}=k_{o b s} \cdot c_{L A}^{2}  \tag{3}\\
\frac{d c_{L A}}{c_{L A}^{2}}=-k_{o b s} \cdot d t  \tag{4}\\
\int_{0}^{c_{L A}} \frac{d c_{L A}}{c_{L A}^{2}}=\int_{0}^{t}-k_{o b s} d t  \tag{5}\\
\frac{1}{c_{L A}}=k_{o b s} \cdot t  \tag{6}\\
\text { with: } k_{o b s}=k \cdot c_{c a t 0}^{b}
\end{gather*}
$$

From the plot of $1 / c_{L A}$ and the time, $k_{\text {obs }}$ can be calculated.
The polymerisation progress was monitored by ${ }^{1} \mathrm{H}$ NMR spectroscopy using the methine resonances of raclactide and poly(lactide). HMDSO was used as an internal standard. To calculate the actual polymer and monomer concentrations, the values obtained by relative integration to the HMDSO resonance set to 1 (Tables S9-S14, columns 3 and 5 ) were multiplied with ( $18 \cdot$ С сныдоо ) (Tables S9-S14, columns 4 and 6 ).

Table S9. $1 \mathrm{~mol} \%, 25^{\circ} \mathrm{C}$, $\mathrm{C}_{\text {HMDSO }}=0.007 \mathrm{~mol} / \mathrm{I}$.

| $\underset{\min }{\text { Time }} /$ | Time / h | c(polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | $\begin{aligned} & \hline \mathrm{c} \text { (polymer) / } \\ & \mathrm{mol}^{1 \cdot f^{-1}} \end{aligned}$ | c(monomer) with HMDSO resonance set to 1 | c(monomer) <br> $/ \mathrm{mol}^{-1} \mathrm{I}^{-1}$ | $\begin{aligned} & \text { 1/c(monomer) / } \\ & \mathrm{l} \cdot \mathrm{~mol}^{-1} \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 0 | 0.0402 | 0.00507 | 1.9933 | 0.25116 | 3.98159 |
| 68 | 1.13333 | 0.3323 | 0.04187 | 1.7277 | 0.21769 | 4.59368 |
| 147 | 2.45 | 0.491 | 0.06187 | 1.5919 | 0.20058 | 4.98556 |
| 220 | 3.66667 | 0.5664 | 0.07137 | 1.5137 | 0.19073 | 5.24312 |
| 298 | 4.96667 | 0.6676 | 0.08412 | 1.4337 | 0.18065 | 5.53568 |
| 356 | 5.93333 | 0.7138 | 0.08994 | 1.4024 | 0.1767 | 5.65923 |
| 402 | 6.7 | 0.7369 | 0.09285 | 1.3728 | 0.17297 | 5.78126 |



Figure S65. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}(1 \mathrm{~mol} \%)$ at $25^{\circ} \mathrm{C}$ between $\mathrm{t}=0 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=402 \mathrm{~min}$ (top spectrum).

Table S10. $2 \mathrm{~mol} \%, 25^{\circ} \mathrm{C}$, $\mathrm{C}_{\text {HMDSO }}=0.062 \mathrm{~mol} / \mathrm{l}$.

| Time / min | Time / h | c(polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | c(polymer) / $\mathrm{mol} \cdot \mathrm{l}^{-1}$ | c(monomer) <br> with HMDSO <br> resonance <br> set to 1 | ```c(monomer) / mol.l``` | $\begin{aligned} & \text { 1/c(monomer) / } \\ & \mathrm{l} \cdot \mathrm{~mol}^{-1} \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 16 | 0.26667 | 0.3021 | 0.03371 | 2.066 | 0.23057 | 4.33716 |
| 41 | 0.68333 | 0.8003 | 0.08931 | 1.6479 | 0.18391 | 5.43757 |
| 93 | 1.55 | 1.4673 | 0.16375 | 1.0629 | 0.11862 | 8.43031 |
| 151 | 2.51667 | 1.8368 | 0.20499 | 0.7632 | 0.08517 | 11.74079 |
| 199 | 3.31667 | 2.1548 | 0.24048 | 0.4853 | 0.05416 | 18.46399 |
| 289 | 4.81667 | 2.2938 | 0.25599 | 0.3704 | 0.04134 | 24.19161 |
| 353 | 5.88333 | 2.3403 | 0.26118 | 0.3137 | 0.03501 | 28.56415 |
| 409 | 6.81667 | 2.3839 | 0.26604 | 0.2827 | 0.03155 | 31.6964 |
| 465 | 7.75 | 2.4146 | 0.26947 | 0.2569 | 0.02867 | 34.87962 |



Figure S66. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}(2 \mathrm{~mol} \%)$ at $25^{\circ} \mathrm{C}$ between $\mathrm{t}=16 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=465 \mathrm{~min}$ (top spectrum).

Table S11. $4 \mathrm{~mol} \%, 25^{\circ} \mathrm{C}$, $\mathrm{C}_{\text {HMS }}=0.047 \mathrm{~mol} / \mathrm{I}$.

| Time / min | Time / h | $\mathbf{c}$ (polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | $\mathbf{c}$ (polymer) / <br> mol $\cdot \boldsymbol{l}^{-1}$ | $\mathbf{c}$ (monomer) <br> with HMDSO <br> resonance <br> set to 1 | $\mathbf{c}$ (monomer) <br> / mol $\cdot \mathbf{l}^{-1}$ | $\mathbf{1 / c ( m o n o m e r ) / /}$ <br> $\mathbf{l} \cdot \mathrm{mol}^{-1}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 26 | 0.43333 | 0.97 | 0.08206 | 2.3436 | 0.19827 | 5.04366 |
| 47 | 0.78333 | 1.739 | 0.14712 | 1.699 | 0.14374 | 6.95723 |
| 102 | 1.7 | 2.5784 | 0.21813 | 1.0213 | 0.0864 | 11.57381 |
| 160 | 2.66667 | 2.9678 | 0.25108 | 0.6924 | 0.05858 | 17.07154 |
| 208 | 3.46667 | 3.2801 | 0.2775 | 0.4033 | 0.03412 | 29.30903 |
| 298 | 4.96667 | 3.3788 | 0.28585 | 0.2612 | 0.0221 | 45.25395 |
| 362 | 6.03333 | 3.4054 | 0.2881 | 0.2406 | 0.02035 | 49.12856 |
| 418 | 6.96667 | 3.3966 | 0.28735 | 0.2088 | 0.01766 | 56.61078 |
| 474 | 7.9 | 3.4587 | 0.29261 | 0.1857 | 0.01571 | 63.65283 |



Figure S67. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}\left(4 \mathrm{~mol} \%\right.$ ) at $25^{\circ} \mathrm{C}$ between $\mathrm{t}=26 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=474 \mathrm{~min}$ (top spectrum).

Table S12. $6 \mathrm{~mol} \%, 25^{\circ} \mathrm{C}$, $\mathrm{C}_{\text {HMDSO }}=0.007 \mathrm{~mol} / \mathrm{l}$.

| Time / min | Time / h | c(polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | $\begin{aligned} & \hline \mathrm{c} \text { (polymer) / } \\ & \mathrm{mol} \cdot \mathrm{l}^{-1} \end{aligned}$ | c(monomer) <br> with HMDSO <br> resonance <br> set to 1 | c (monomer) $/ \mathrm{mol} \cdot \mathrm{l}^{-1}$ | $\begin{aligned} & \text { 1/c(monomer) / } \\ & \mathrm{l} \cdot \mathrm{~mol}^{-1} \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15 | 0.25 | 0.3696 | 0.04657 | 1.3553 | 0.17077 | 5.8559 |
| 87 | 1.45 | 1.4027 | 0.17674 | 0.525 | 0.06615 | 15.11716 |
| 207 | 3.45 | 1.8091 | 0.22795 | 0.2215 | 0.02791 | 35.83074 |
| 244 | 4.06667 | 1.6017 | 0.20181 | 0.1409 | 0.01775 | 56.32724 |
| 290 | 4.83333 | 1.69 | 0.21294 | 0.1378 | 0.01736 | 57.5944 |
| 371 | 6.18333 | 1.7753 | 0.22369 | 0.1011 | 0.01274 | 78.50156 |
| 429 | 7.15 | 1.8004 | 0.22685 | 0.0878 | 0.01106 | 90.39303 |
| 537 | 8.95 | 1.7863 | 0.22507 | 0.0615 | 0.00775 | 129.04891 |



Figure S68. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}\left(6 \mathrm{~mol} \%\right.$ ) at $25^{\circ} \mathrm{C}$ between $\mathrm{t}=15 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=537 \mathrm{~min}$ (top spectrum).

Table S13. 2 mol $\%, 40^{\circ} \mathrm{C}, \mathrm{C}_{\text {HMDSO }}=0.0062 \mathrm{~mol} / \mathrm{I}$.

| Time / min | Time / h | $\mathbf{c}($ polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | $\mathbf{c}($ polymer) / <br> mol $\cdot \boldsymbol{l}^{-1}$ | $\mathbf{c}($ monomer) <br> with HMDSO <br> resonance <br> set to 1 | $\mathbf{c}($ monomer) <br> $/ \mathrm{mol}^{-1}$ | $\mathbf{1 / c}($ monomer) / <br> $\mathbf{l} \cdot \mathrm{mol}^{-1}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 19 | 0.31667 | 0.4234 | 0.04725 | 2.0959 | 0.2339 | 4.27529 |
| 131 | 2.18333 | 2.2001 | 0.24553 | 0.4998 | 0.05578 | 17.92832 |
| 192 | 3.2 | 2.4163 | 0.26966 | 0.317 | 0.03538 | 28.26679 |
| 297 | 4.95 | 2.5157 | 0.28075 | 0.191 | 0.02132 | 46.914 |
| 387 | 6.45 | 2.5648 | 0.28623 | 0.1534 | 0.01712 | 58.41313 |
| 441 | 7.35 | 2.5714 | 0.28697 | 0.1387 | 0.01548 | 64.60399 |



Figure S69. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}\left(2 \mathrm{~mol} \%\right.$ ) at $40^{\circ} \mathrm{C}$ between $\mathrm{t}=19 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=441 \mathrm{~min}$ (top spectrum).

Table S14. 2 mol $\%, 60^{\circ} \mathrm{C}, \mathrm{C}_{\text {HMDSO }}=0.0062 \mathrm{~mol} / \mathrm{I}$.

| Time / min | Time / $\mathbf{h}$ | $\mathbf{c}$ (polymer) <br> with <br> HMDSO <br> resonance <br> set to 1 | $\mathbf{c}($ polymer) / <br> mol $\cdot \boldsymbol{l}^{-1}$ | $\mathbf{c}$ (monomer) <br> with HMDSO <br> resonance <br> set to 1 | $\mathbf{c}$ (monomer) <br> $/ \mathrm{mol}^{-1}$ | $\mathbf{1 / c}($ monomer) / <br> $\mathbf{l} \cdot \mathrm{mol}^{-1}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 24 | 0.4 | 0.5678 | 0.06337 | 1.7054 | 0.19032 | 5.25424 |
| 106 | 1.76667 | 2.0996 | 0.23432 | 0.4288 | 0.04785 | 20.89686 |
| 198 | 3.3 | 2.3161 | 0.25848 | 0.2472 | 0.02759 | 36.24827 |
| 306 | 5.1 | 2.3531 | 0.26261 | 0.1954 | 0.02181 | 45.85759 |
| 395 | 6.58333 | 2.3876 | 0.26646 | 0.1742 | 0.01944 | 51.43842 |
| 450 | 7.5 | 2.2762 | 0.25402 | 0.1556 | 0.01736 | 57.58723 |



Figure S70. ${ }^{1} \mathrm{H}$ NMR spectra ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) for the polymerisation of rac-lactide with complex $\mathbf{2}(2 \mathrm{~mol} \%)$ at $60^{\circ} \mathrm{C}$ between $\mathrm{t}=24 \mathrm{~min}$ (bottom spectrum) and $\mathrm{t}=450 \mathrm{~min}$ (top spectrum).


Figure S71. $2 \mathrm{~mol} \%$ at $25^{\circ} \mathrm{C}\left(k_{\text {obs }}=(4.2828 \pm 0.14563) I \cdot \mathrm{~mol}^{-1} \cdot \mathrm{~h}^{-1}\right), 40^{\circ} \mathrm{C}\left(k_{\mathrm{obs}}=(8.89423 \pm 0.30181)\left(l \cdot \mathrm{~mol}^{-1} \cdot \mathrm{~h}^{-1}\right)\right)$ and $60^{\circ} \mathrm{C}$ $\left(k_{\text {obs }}=(7.02277 \pm 0.70192)\left(1 \cdot \mathrm{~mol}^{-1} \cdot \mathrm{~h}^{-1}\right)\right)$.
4. Gel permeation chromatography


Figure S72. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.


Figure S73. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.


Figure S74. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex 3.


Figure S75. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex 4.


Figure S76. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex $\mathbf{5}$.


Figure S77. Elugram of poly(lactide) obtained from the polymerisation of rac-lactide with complex 6.

## 5. Differential scanning calorimetry



Figure S78. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex $\mathbf{2}$ at $50^{\circ} \mathrm{C}$.


Figure S79. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex $\mathbf{2}$ at $30^{\circ} \mathrm{C}$.


Figure S80. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex 3.


Figure S81. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex 4.


Figure S82. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex 5.


Figure S83. DSC thermogram of poly(lactide) obtained from the polymerisation of rac-lactide by complex 6.

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