Electronic Supplementary Material (ESI) for Food & Function. This journal is © The Royal Society of Chemistry 2022

Supplemental materials

Table S1

DAI scoring standard

Score	Weight loss (%)	Diarrhea degree	Bloody stools
0	None	Normal	None
1	1-5	Soft and shaped	Between
2	6-10	Loose	Stool occult blood
3	11-20	Between	Between
4	>20	Diarrhea	Defecate hemorrhage

Table S2

Colon mucosal damage index scores

Score	Inflammation	Crypt Damage	Ulceration	Edema	
0	No infiltrate	None	None	None	
1	Occasional cell limited to	Some crypt damage,	Small, focal	Present	
	submucosa	spaces between crypts	ulcers		
2	Significant presence of	Larger spaces between			
	inflammatory cells in	crypts, loss of goblet	Frequent small		
	submucosa, limited to focal	cells, some shortening	ulcers		
	areas	of crypts			
3	Infiltrate present in both	Large areas without	Large areas		
	submucosa and lamina propria,	crypts, surrounded by	lacking surface		
	limited to focal areas	normal crypts	epithelium		
4	Large amount of infiltrate in				
	submucosa, lamina propria and	No crypts			
	surrounding blood vessels,	No crypts			
	covering large areas of mucosa				
5	Transmural inflammation				
	(mucosa to muscularis)				

Table S3 The oligonucleotide primer sets for the real-time PCR analysis of IL-6, IL-8, IL-1 β , TNF- α , iNOS, COX-2 and GAS5.

Name	Sequence (5'-3')	Length	Tm	size	
IL-6 F	ATGGCAATTCTGATTGTATG	20	50.7	212	
IL-6 R	GACTCTGGCTTTGTCTTTCT	20	50.9		
IL-8 F	CACAAACTTTCAGAGACAGCAG	22	55.3	226	
IL-8 R	GTGGAAAGGTTTGGAGTATGTC	22	55.6		
IL-1β F	GAATCTCCGACCACCACTAC	20	53.9	191	
IL-1β R	CACATAAGCCTCGTTATCCC	20	54.9		
TNF-α F	GAGTGACAAGCCTGTAGCC	19	52.4	168	
TNF-α R	AAGAGGACCTGGGAGTAGAT	20	51.8		
iNOS F	CACCACCCTCCTCGTTC	17	52.8	122	
iNOS R	CAATCCACAACTCGCTCC	18	53.7	132	
COX-2 F	AAAACCTCGTCCAGATGCTA	20	54.9	100	
COX-2 R	TTGAGGAGAACAGATGGGAT	20	53.9		
GAS5 F	TGAAGGCACTGCAAACAC	18	52.4	121	
GAS5 R	CCAGGCACCTCAGAAACA	18	54.1	121	
β-actin F	GGCACCCAGCACAATGAA	18	57.7	160	
β-actin R	TAGAAGCATTTGCGGTGG	18	55.1	168	