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Heat content (1 kcal/mL)	Ethanol liquid diet	Ethanol control liquid diet		
Fat (%)	35	35		
Protein (%)	18	18		
Carbohydrate (%)	19	47		
Ethanol (%)	28	0		

Table S1 Dietary recipes of the ethanol liquid diet and ethanol control liquid diet according to
Lieber-DeCarli formulation

Antibodies	Identifier	Company	Dilution ratio
НО-1	GB12104	Servicebio	1:1000
Nrf2	WL02135	Wanleibio	1:1000
Keap1	WL03285	Wanleibio	1:1500
NF-κB p-p65	abs130624	Absin	1:1000
inhibitor kappa B $\alpha$ (I $\kappa$ B $\alpha$ )	abs122175	Absin	1:1000
toll-like receptor 4 (TLR4)	GB11519	Servicebio	1:1000
MyD88	WL02494	Wanleibio	1:500
Zonula occludens-1 (ZO-1)	WL03419	Wanleibio	1:1000
Claudin-1	WL03073	Wanleibio	1:2000
Claudin-4	WL05091	Wanleibio	1:1000
Occludin	WL01996	Wanleibio	1:1000
ADH	WL04351	Wanleibio	1:1000
ALDH	GB111881	Servicebio	1:1000
CYP2E1	K003265P	Solarbio	1:2000
MUC1	WL05237	Wanleibio	1:1000
MUC2	PA5-103083	Thermo Fisher	1:1000
MUC4	abs123916	Absin	1:1000
GAPDH	GB11002	Servicebio	1:2000

Table S2 Antibodies for western blot assay

Primer name	Forward primer sequence	Reversed primer sequence		
GAPDH	5'-ACCACAGTCCATGCCATCAC-3'	5'-AACGGTAGTGTCTTTGTGA-3'		
ADH	5'-AACAATCCTGACCTTCTGA-3'	5'-ACATTCCAAGTTGCTCCT-3'		
ALDH	5'-ATCCTCGGCTACATCAAATCG-3'	5'-GTCTTTTACGTCCCCGAACAC-3'		
CYP2E1	5'-CGATTACGATGACAAGAA-3'	5'-GCTTCCAGGTAGATATTG-3'		
Nrf2	5'-AAGCAAGAAGCCAGATAC-3'	5'-CACATCACAGTAGGAAGTT-3'		
Keapl	5'-TGTGTATCACTGCTTCTCTGT-3'	5'-TTCTTCTGCCGCCTCTTC-3'		
HO-1	5'-CGTGCTCGAATGAACACTCT-3'	5'-GGAAGCTGAGAGTGAGGACC-3'		

Table S3 The information of primer sequences

Sample		Relative content percentage of monosaccharides (%)							
PGPs	Fuc	Ara	Gal	Glc	Xyl	Man	Rib	Gal-AC	Glc-AC
	0.391	0.089	7.085	85.66	0.024	6.431	0.121	0.056	0.143

Table S4 Monosaccharide compositions of PGPs



Figure S1 Total ion chromatogram of PGPs after methylation reaction by GC-MS and secondary mass spectrum at 9.539min, 9.633min, 14.905min, 16.336min and 20.546min.



Figure S2 Transmission electron microscope photomicrographs of ultrathin liver sections from mice of different group. EER: expanded or fractured endoplasmic reticulum; LD: large lipid droplets; LN: large intercellular space; SLD: small lipid drops; SM: swollen mitochondria; SNE: irregular and shrunken nuclear envelope; RBC: red blood cells.



Figure S3 Hepatic histopathological observations in ALD mice (Oil Red O, 200×).



Figure S4 PGPs ameliorates intestinal barrier dysfunction induced by ALD. (A) Observe the pathological changes of mice intestinal tissue by H&E staining (40 ×); (B) TEM photomicrographs of ultrathin small intestine sections (10000 × and 25000 ×, red arrows indicated tight junction); (C) Staining with ABPAS in intestines (50 × and 100 ×, the blue aggregates were goblet cells).



Figure S5 Immunofluorescence analysis for the expression of NF- $\kappa$ B p-p65 (200 ×, Red fluorescent) and I $\kappa$ Ba (200 ×, Green fluorescent) in liver.



Figure S6 Biodiversity measures of the intestinal microbiota in all of the mice samples. (A) 1. Rank-Abundance curves; (B) Pan analysis; (C) Core analysis; (D) Rarefaction curve of Shannon



Figure S7 (A)Venn diagram analysis on OUT levels; (B) Venn diagram analysis on phylum levels.

# Supplementations--The original sources of Western Blotting

Figure 3F-ADH



### Figure 3F-ALDH



#### Figure 3F-CYP2E1



#### Figure **3F-GAPDH**



### Figure 4B-Nrf2



# Figure 4B-Keap1



## Figure 4B-HO-1



# Figure 4B-GAPDH



## Figure 5E-ZO-1



# Figure 5E-Occludin



## Figure 5E-Claudin-1



### Figure 5E-Claudin-4



## Figure 5E-GAPDH



### Figure 5F-MUC1



#### Figure 5F-MUC2



## Figure 5F-MUC4



## Figure 5F-GAPDH



# Figure 5Ι- ΙκΒα



### Figure 5I- NF-кВ p-p65



### Figure 5I-MyD88



## Figure 5I-TLR4



## Figure 5I-GAPDH

