

Supplementary data

Table S1 The encapsulation efficiencies (EEs) of liposomes with different adding amounts of vitamin E and vitamin B₂ (the amount of phospholipid was fixed at 400 mg)

		The EE of vitamin B ₂ (%)	The EE of vitamin E (%)
The adding amount of vitamin B ₂ (mg)	10	37.60 ± 0.06	42.90 ± 0.07
(The adding amount of vitamin E was set at 10 mg)	20	54.11 ± 0.05	65.34 ± 0.06
	30	39.41 ± 0.13	65.52 ± 0.06
The adding amount of vitamin E (mg)	5	52.04 ± 0.10	56.74 ± 0.04
(The adding amount of vitamin B ₂ was set at 20 mg)	10	54.94 ± 0.03	66.65 ± 0.23
	15	52.75 ± 0.08	61.25 ± 0.13

Table S2 The encapsulation efficiencies (EEs) of emulsion stabilized by freshly-prepared liposomes with different adding amounts of β-carotene

The adding amount of β- carotene (mg)	The EE of β-carotene (%)
10	44.64 ± 0.09
20	61.94 ± 0.08
30	59.76 ± 0.16