	Gene		primer		
House Keeping	β-actin	Actb-F	AAGGCCAACCGTGAAAAGAT		
		Actb-R	GTGGTACGACCAGAGGCATAC		
Cell apoptosis	P21	Cdkn1a-F	CCTGGTGATGTCCGACCTG		
		Cdkn1a -R	CCATGAGCGCATCGCAATC		
	P53	Trp53-F	GGCAGACTTTTCGCCACAG		
		Trp53-R	CAGGCACAAACACGAACCTC		
Immune response	TNF-α	TNFg-F	TCTTCTCATTCCTGCTTGTGG		
		TNFg-R	GGTCTGGGCCATAGAACTGA		
	IL-1β	IL1b-F	TTGACGGACCCCAAAAGAT		
		IL1b-R	AGCTGGATGCTCTCATCAGG		
	INF-γ	Infg-F	ATCTGGAGGAACTGGCAAAA		
		Infg-R	TTCAAGACTTCAAAGAGTCTGAGGTA		
	IL-10	IL10-F	CAGAGCCACATGCTCCTAGA		
		IL10-R	GTCCAGCTGGTCCTTTGTTT		
	IL6	IL6-F	GCTACCAAACTGGATATAATCAGGA		
		IL6-R	CCAGGTAGCTATGGTACTCCAGAA		
	iNOS	Nos2-F	GTTCTCAGCCCAACAATACAAGA		
		Nos2-R	GTGGACGGGTCGATGTCAC		

 Table S1: Primers of RT-PCR

Index	Con	Con+D-gal	R	R+D-gal
Shannon	5.2385±0.1510	5.6463±0.2501	5.4159±0.2550	5.3814±0.2119
Chao	429.1353±6.5468	422.9925±9.7409	420.8226±7.8922	443.6322±11.4161
Simpson	0.9269±0.0116	0.9473±0.0097	0.9174±0.0219	0.9310±0.0101
ACE	425.6607±6.3333	420.3095±8.245	419.7462±7.9768	436.6944±8.8633

Table S2 Effects of RYR intervention on  $\alpha$ -diversity indexes of microbiota in D-galactose-induced aging mice.



Figure S2. (a) Species diversity dilution curve. (b) rank abundance curve.



Figure S2. The mass spectrums of RYR alcohol extract.