# **Electronic Supplementary Information for**

### Flexible Triboelectric Nanogenerator Based on Polyester Conductive

# Cloth for Biomechanical Energy Harvesting and Self-Powered

#### Sensors

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Figure S1. Photograph of the five S-TENGs.



Figure S2. Photograph of the polyester conductive cloth.



Figure S3. The simulated potential distribution under open circuit condition: Separation distance (d) =10 mm, Electrode length (l) = 40 mm and charge density ( $\sigma$ ) = 45  $\mu$ C/m<sup>2</sup>.



**Figure S4.** The output of  $I_{sc}$  (a), and  $Q_{sc}$  (b) of relative contact-separation motion of the 1# S-TENG to different materials.



Figure S5. Photograph of the defatted cowhide.



**Figure S6.**The resistance dependence of the current density of the 1# TENG (3.0 Hz) at different external load resistances.



**Figure S7.** The cyclic bending stability of the 1# S-TENG. (a) Photographs of the experiment process. (b) Photographs of samples before and after bending experiments



Figure S8. The real-time charging and discharging curve of a 10  $\mu$ F capacitor for lighting up an LED.



**Figure S9.**The  $V_{oc}$  (a),  $I_{sc}$ (b), and  $Q_{sc}$ (c) of the 1# S-TENG with sponge as a triboelectrically positive material (3.0 Hz).



**Figure S10.** Biomechanical energy-harvesting performances of S-TENG. The  $I_{sc}$  generated by (a) bending and releasing of wrist, (b)hand tapping, (c) walking of a human volunteer,(d) cuff tapping of coat, and cuff (e)tapping and (f) swing of polyamide sweater.



Figure S11. Photograph of testing system.

#### **Supporting Movies**

**Supporting Movie S1.** Demonstration of 240 LEDs lighted up by the 1# S-TENG after rectification (3.0 Hz).

**Supporting Movie S2.** Two green LEDs can be continuously lighted up by a charged 10 μF capacitor.

**Supporting Movie S3.** Sustainably driving an electronic watch with a capacitor (10  $\mu$ F) charged by the 1# TENG.

**Supporting Movie S4.** Sustainably driving a calculator with a capacitor  $(33\mu F)$  charged by the 1# TENG.

**Supporting Movie S5.** 150 LEDs powered by the 1# TENG harvesting energy from simulated walking.

**Supporting Movie S6.** 90 LEDs powered by the 1# TENG harvesting energy from cuff tapping of wool coat.

**Supporting Movie S7.** 90 LEDs powered by the 1# TENG harvesting energy from cuff tapping of polyamide sweater.

**Supporting Movie S8.** 30 LEDs powered by the 1# TENG harvesting energy from cuff swing of polyamide sweater.

Supporting Movie S9. The real-time voltage signals for monitoring finger motion.

**Supporting Movie S10.** The real-time voltage signals for monitoring occlusal muscle motion.

**Supporting Movie S11.** The real-time voltage signals for monitoring diaphragmatic breathing.