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## **Supporting Information**

## Dihydronicotinamide riboside: synthesis from nicotinamide riboside chloride, purification and stability studies

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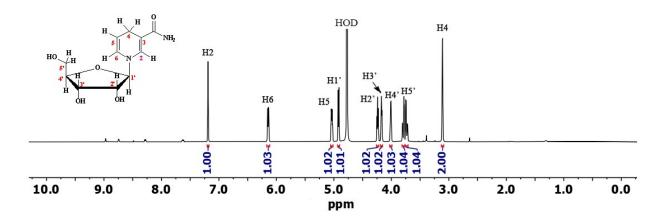


Figure S1. <sup>1</sup>H NMR Spectrum of NRH in D<sub>2</sub>O.

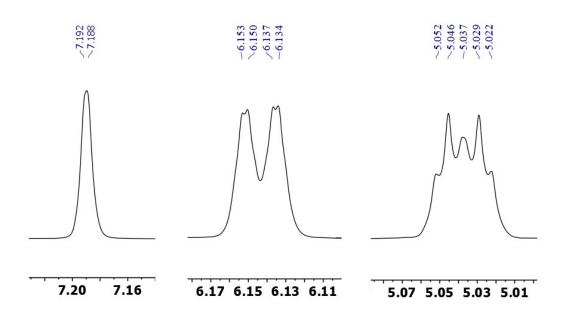


Figure S2. <sup>1</sup>H NMR Spectrum of NRH in D<sub>2</sub>O. Expanded between 5.00-7.20 ppm.

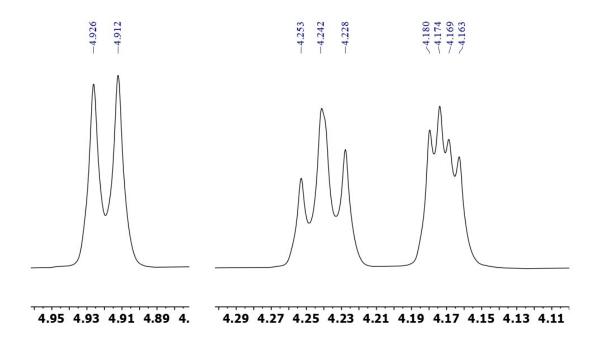


Figure S3. <sup>1</sup>H NMR Spectrum of NRH in D<sub>2</sub>O. Expanded between 4.11-4.95 ppm.

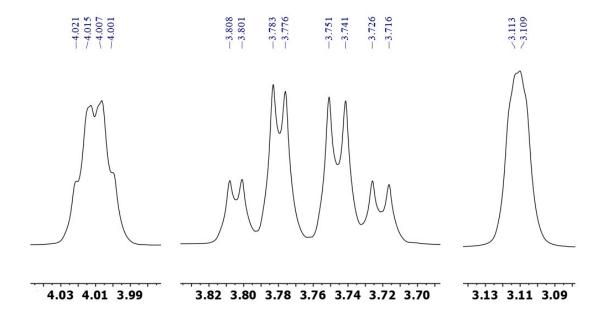


Figure S4. <sup>1</sup>H NMR Spectrum of NRH in D<sub>2</sub>O. Expanded between 3.09-4.03 ppm.

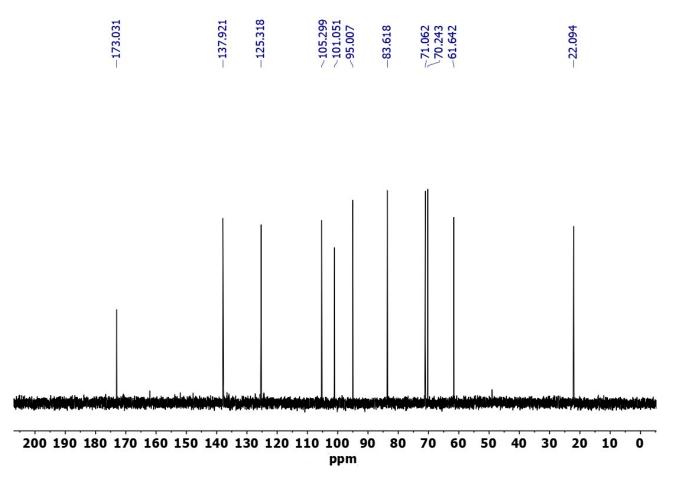


Figure S5. <sup>13</sup>C NMR Spectrum of NRH in D<sub>2</sub>O.

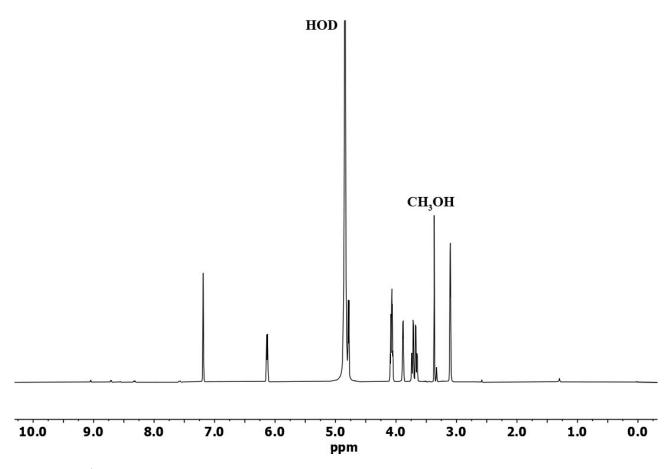


Figure S6. <sup>1</sup>H NMR Spectrum of NRH in CD<sub>3</sub>OD.

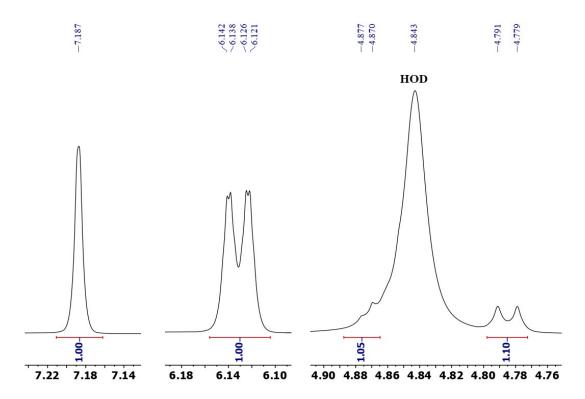


Figure S7. <sup>1</sup>H NMR Spectrum of NRH in CD<sub>3</sub>OD. Expanded between 4.76-7.22 ppm.

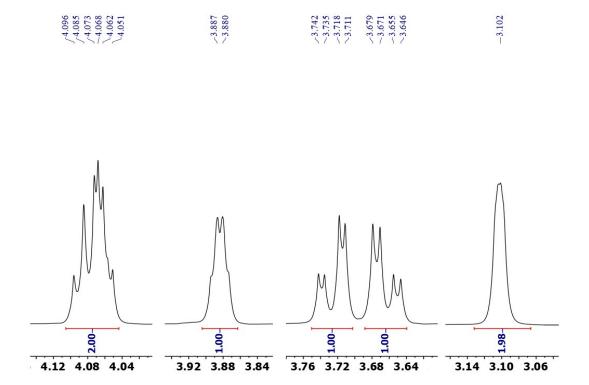


Figure S8. <sup>1</sup>H NMR Spectrum of NRH in CD<sub>3</sub>OD. Expanded between 3.06-4.12 ppm.

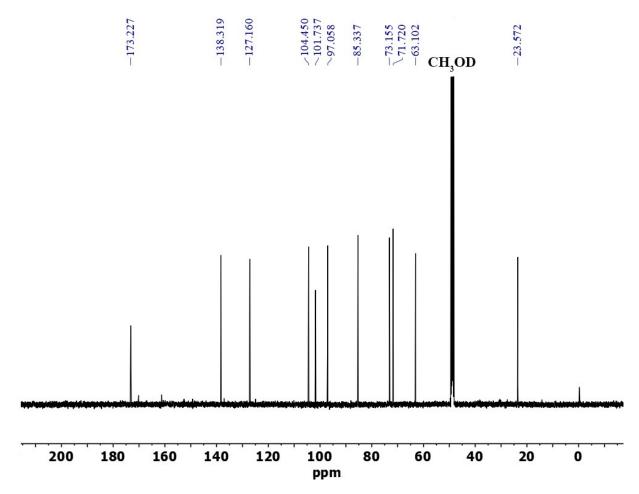


Figure S9. <sup>13</sup>C NMR Spectrum of NRH in CD<sub>3</sub>OD.

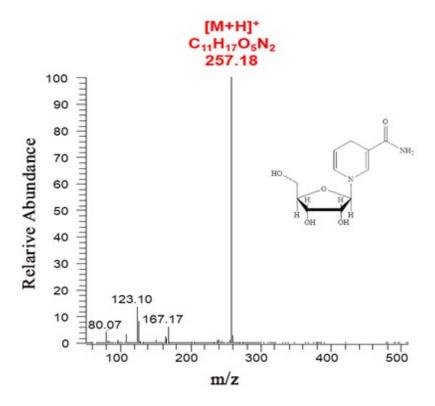


Figure S10. MS of NRH.

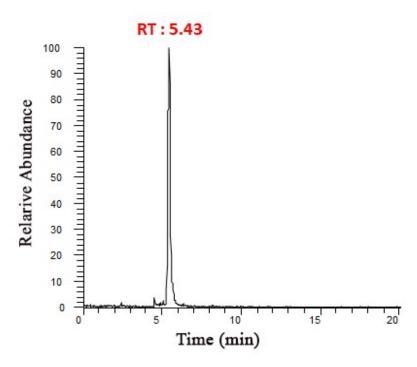


Figure S11. Selected Reaction Monitoring (SRM) of NRH.

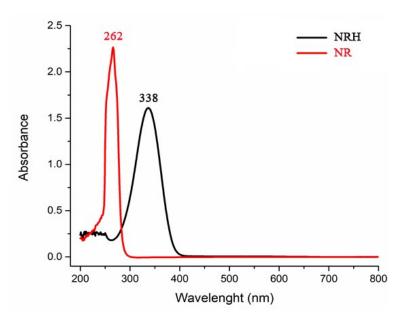
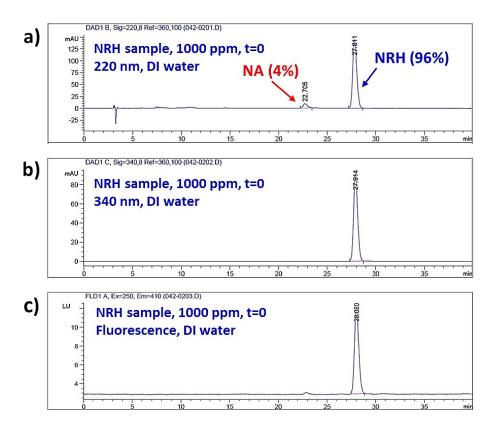
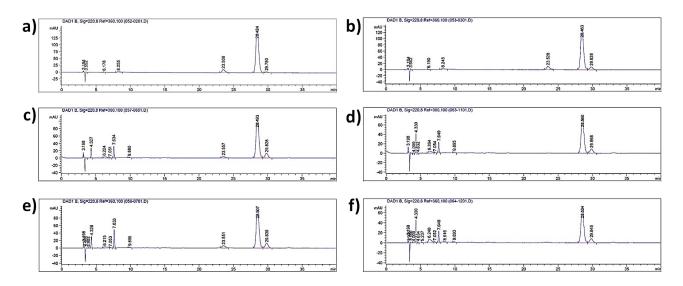


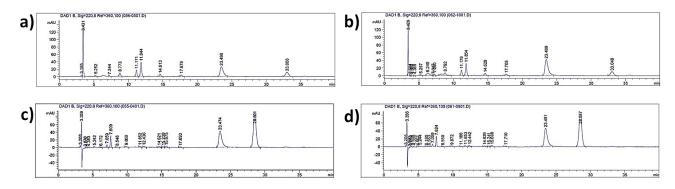
Figure S12. UV-VIS Spectrum of NRH in H<sub>2</sub>O.



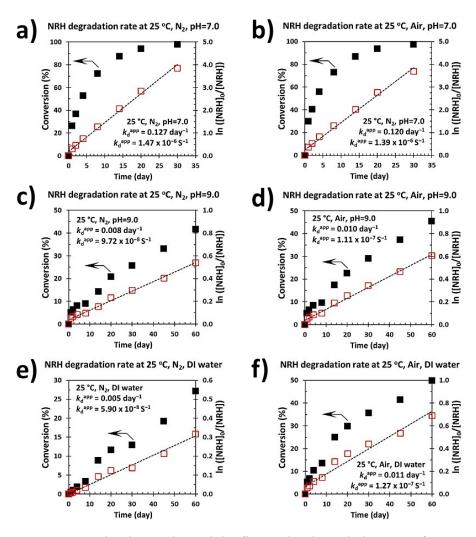
**Figure S13.** The HPLC chromatograms of the purified NRH **a)** UV detector at 220 nm, **b)** UV detector at 340 nm, and **c)** fluorescence detector.



**Figure S14.** The HPLC chromatograms of the NRH aqueous solutions stored at different conditions for 60 days. **a)** at 4 °C under  $N_2$  and darkness, **b)** at 4 °C under air and darkness, **c)** at 25 °C under  $N_2$  and darkness, **d)** at 25 °C under air and darkness, **e)** at 25 °C under  $N_2$  and light, and **f)** at 25 °C under air and light.



**Figure S15.** The HPLC chromatograms of the NRH aqueous solutions stored at different conditions for 60 days. **a)** pH= 7.0, at 25 °C, under N2 and dark, **b)** pH= 7.0, at 4 °C, under air and dark, **c)** pH= 9.0, at 25 °C, under N2 and dark, and **d)** pH= 9.0, at 25 °C, under air and dark.



**Figure S16.** Kinetic graphs and the first order degradation rates for some of NRH samples. **a, b)** pH= 7.0, at 25 °C, under  $N_2$  and air, **c, d)** pH= 9.0, at 25 °C, under  $N_2$  and air, **e, f)** DI water, at 25 °C, under  $N_2$  and air.