# Supplementary Information 

# Supramolecular packing of alkyl substituted Janus face all-cis 2,3,4,5,6-pentafluorocyclohexyl motifs 

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## Synthetic protocols and compound characterisation

Synthesis of (cycloocta-1,5-dienyl)(2-(2,6-diisopropylphenyl)-3,3-dimethyl-2-azaspiro[4.5]decan-1-yl)rhodium chloride (2)


Rhodium-COD-chloride dimer ( $77 \mathrm{mg}, 0.156 \mathrm{mmol}, 0.5 \mathrm{eq}$ ), CAAC carbene chloride salt $\mathbf{X}$ ( 131 $\mathrm{mg}, 0.328 \mathrm{mmol}, 1.05 \mathrm{eq})$ and KHMDS ( $150 \mathrm{mg}, 0.750 \mathrm{mmol}, 2.4 \mathrm{eq}$ ) were added to a schlenk tube inside an argon-filled glovebox. THF ( 10 mL ) was added dropwise over 10 min at $-78{ }^{\circ} \mathrm{C}$. The resulting suspension was stirred for 10 min at $-78^{\circ} \mathrm{C}$, and then warmed to room temperature and stirred for 16 h . The mixture was filtered and concentrated in vacuo to give the crude product, which was purified by flash column chromatography ( $19: 1$ pentane: $\mathrm{Et}_{2} \mathrm{O}$ ). The pure fractions were combined and concentrated in vacuo to give an oily residue. The residue was redissolved in DCM $(1 \mathrm{~mL})$ and $\mathbf{X}$ was precipitated by dropwise addition of pentane. The excess solvent was decanted leaving $\mathbf{X}$ as a yellow powder ( $97 \mathrm{mg}, 54 \%$ ): ${ }^{1} \mathrm{H}$ NMR $\left(\mathrm{CDCl}_{3}, 500 \mathrm{MHz}\right) \delta_{\mathrm{H}} 7.46-7.38(2 \mathrm{H}, \mathrm{m}$, ArH), $7.14(1 \mathrm{H}, \mathrm{dd} \mathrm{J}=7.5,1,5, \mathrm{ArH}), 5.24(1 \mathrm{H}, \mathrm{t}, \mathrm{J}=7.6), 4.60(1 \mathrm{H}, \mathrm{q}, \mathrm{J}=7.8), 3.94-3.85(1 \mathrm{H}$, $\mathrm{m}), 3.48-3.42(1 \mathrm{H}, \mathrm{m}), 2.92-2.84(2 \mathrm{H}, \mathrm{m}), 2.64-2.45(3 \mathrm{H}, \mathrm{m}), 2.31-2.24(1 \mathrm{H}, \mathrm{m}), 2.20-2.09(1 \mathrm{H}$, m), 2.04-1.91 ( $3 \mathrm{H}, \mathrm{m}$ ), 1.79-1.72 (7H, m), 1.60-1.52 ( $2 \mathrm{H}, \mathrm{m}$ ), $1.50(\mathrm{~s}, 3 \mathrm{H}), 1.46-1.30(3 \mathrm{H}, \mathrm{m})$, 1.27-1.22 (9H, m), $1.20(3 \mathrm{H}, \mathrm{s}), 0.95(3 \mathrm{H}, \mathrm{d}, \mathrm{J}=6.7) ;{ }^{13} \mathrm{C} \mathrm{NMR}\left(\mathrm{CDCl}_{3}, 125 \mathrm{MHz}\right) \delta_{\mathrm{C}} 148.2$, $146.4,137.0,129.0,126.5,124.1,101.3(\mathrm{~d}, \mathrm{~J}=6.1 \mathrm{~Hz}), 98.2(\mathrm{~d}, \mathrm{~J}=5.8 \mathrm{~Hz})$, 78.2, $71.9(\mathrm{~d}, \mathrm{~J}=15.0$ Hz ), 64.8, $64.6(\mathrm{~d}, \mathrm{~J}=13.9 \mathrm{~Hz}), 45.6,41.8,38.1,35.0,33.7,30.9,30.3,28.9,28.3,28.0,26.6$, $26.4,26.1,25.9,25.5,24.6,24.0,22.6$; data are in agreement with literature ${ }^{1}$

## Synthesis of (1R,2R,3s,4S,5S,6r)-1,2,3,4,5-pentafluoro-6-methylcyclohexane (3)



2,3,4,5,6-Pentafluoromethylbenzene ( $1 \mathrm{~g}, 5.49 \mathrm{mmol}$ ), silica gel ( 7 g ), $\mathbf{2}(12 \mathrm{mg}, 0.027 \mathrm{mmol}, 0.5$ mol $\%$ ) and hexane ( 20 ml ) was placed in a glass vial under under nitrogen. The autoclave was pressured with hydrogen ( 50 bar ) and stirred for 24 h . After which the crude mixture was purified directly by flash column chromatography $\left(\mathrm{SiO}_{2}, \mathrm{CH}_{2} \mathrm{Cl}_{2}\right.$ in pentane) to give $3(0.56 \mathrm{~g}, 3.0 \mathrm{mmol}$, $54 \%$ ) as a white crystalline solid; m.p. $182{ }^{\circ} \mathrm{C} ;{ }^{1} \mathrm{H}$ NMR ( 400 MHz , Acetone- $\mathrm{d}_{6}$ ) $\delta_{\mathrm{H}} 5.44-5.29$ (1H, m, H-3), 5.04-4.75 (4H, overlapping m, H-1, H-2, H-4, H-5), 2.27-2.05 (1H, m, H-6), 1.34 ( $3 \mathrm{H}, \mathrm{d} J=7.2 \mathrm{~Hz}, \mathrm{CH}_{3}$ ); ${ }^{19} \mathrm{~F}$ NMR ( 377 MHz , Acetone-d $\mathrm{d}_{6}$ ) $\delta_{\mathrm{F}}-205.1,-213.5,-217.5 ;{ }^{13} \mathrm{C}$ NMR (101 MHz, Acetone) $\delta_{\mathrm{C}} 90.2(\mathrm{CF}), 88.1(\mathrm{CF}), 87.7(\mathrm{CF}), 33.8(\mathrm{C}-6), 12.1\left(\mathrm{CH}_{3}\right)$; HRMS m/z $\left(\mathrm{ESI}^{+}\right)$(calculated $\mathrm{C}_{7} \mathrm{H}_{9} \mathrm{~F}_{5} \mathrm{Na}^{+}=211.0517$ ) found $211.0515[\mathrm{M}+\mathrm{Na}]^{+}$

## Synthesis of (1r,2R,3R,4s,5S,6S)-1-ethyl-2,3,4,5,6-pentafluorocyclohexane (4)



Activated $4 \AA$ molecular sieves ( 5 g ), 2,3,4,5,6-pentafluorostyrene ( $0.500 \mathrm{~g}, 2.58 \mathrm{mmol}$ ) and 2 ( 20 $\mathrm{mg}, 0.047 \mathrm{mmol}, 2 \mathrm{~mol} \%$ ) were suspended in hexane ( 30 mL ) in a vial and the vial placed inside an autoclave. The autoclave was pressurised with hydrogen to 50 Bar and the reaction mixture stirred at room temperature for 24 h . After depressurising and removing the vial, the suspension was filtered and concentrated in vacuo to give the crude product, which was purified by flash column chromatography $\left(\mathrm{SiO}_{2}, 10 \% \mathrm{EtOAc}\right.$ in hexane to $50 \% \mathrm{EtOAc}$ in hexane) to give 4 as a white crystalline solid, ( $396 \mathrm{mg}, 1.96 \mathrm{mmol}, 76 \%$ ); m.p. $148{ }^{\circ} \mathrm{C} ;{ }^{1} \mathrm{H}$ NMR ( 400 MHz , Acetone)
$\delta_{\mathrm{H}}$ 5.47-5.30 ( $1 \mathrm{H}, \mathrm{m}$, FCH-4), 5.15-4.75 (4H, overlapping m, FCH-2, FCH-3, FCH-5, FCH-6), 1.92-1.77 ( 3 H , overlapping m, FCCH-1, $\mathrm{CH}_{2}-1$ ), $1.07\left(3 \mathrm{H}, \mathrm{t} J=7.4 \mathrm{~Hz}, \mathrm{CH}_{3}-2\right) ;{ }^{19} \mathrm{~F}$ NMR ( 377 MHz , Acetone) $\delta_{\mathrm{F}}-204.9,-213.4,-217.5 ;{ }^{13} \mathrm{C}$ NMR ( 176 MHz , Acetone) $\delta_{\mathrm{C}} 89.1$ (FC-4), 88.1 (FC-2, FC-6), 87.1 (FC-3, FC-5), 40.3 ( $\mathrm{FCC}-1$ ), $19.95\left(\mathrm{CH}_{2}-1\right), 11.4\left(\mathrm{CH}_{3}-2\right) ; \mathrm{HRMS} \mathrm{m} / \mathrm{z}\left(\mathrm{ESI}^{+}\right)$ (calculated $\mathrm{C}_{8} \mathrm{H}_{11} \mathrm{~F}_{5} \mathrm{Na}^{+}=225.0673$ ) found $225.0669[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of (E)-1,2-bis(perfluorophenyl)ethene (11)



Zinc powder ( $0.75 \mathrm{~g}, 11.5 \mathrm{mmol}, 2.25 \mathrm{eq}$ ) was added to a stirred suspension of $\mathrm{TiCl}_{4}(0.6 \mathrm{~mL}, 5.5$ $\mathrm{mmol}, 1.1 \mathrm{eq}$ ) in dry THF ( 25 mL ), and the reaction stirred at $0{ }^{\circ} \mathrm{C}$ for $1 \mathrm{~h} .2,3,4,5,6-$ Pentafluorobenzaldehyde ( $1.00 \mathrm{~g}, 5.1 \mathrm{mmol}, 1 \mathrm{eq}$ ) was added dropwise over 10 mins and the reaction heated to reflux for 2 h . After cooling, water was added, and the mixture extracted into $\mathrm{CH}_{2} \mathrm{Cl}_{2}$. The combined extracts were washed with water, brine and dried over $\mathrm{MgSO}_{4}$ and evaporated in vacuo. The residue was purified by flash column chromatography $\left(\mathrm{SiO}_{2}\right.$, petroleum ether) to give 11 as a white solid ( $173 \mathrm{mg}, 19 \%$ ); m.p. $91{ }^{\circ} \mathrm{C} ;{ }^{1} \mathrm{H}$ NMR ( 400.1 MHz , acetone-d6) $\delta_{\mathrm{H}}: 7.36(2 \mathrm{H}, \mathrm{s}, \mathrm{CH}=\mathrm{CH}) ;{ }^{19} \mathrm{~F}\left\{{ }^{1} \mathrm{H}\right\} \mathrm{NMR}\left(376.4\{400.1\} \mathrm{MHz}\right.$, acetone-d6) $\delta_{\mathrm{F}}:-143.9(4 \mathrm{~F}),-156.5$ $(2 \mathrm{~F}),-164.7(4 \mathrm{~F})$, data are in accordance with the literature ${ }^{2}$

Synthesis of 1,2-bis((1r,2R,3R,4S,5S,6S)-2,3,4,5,6-pentafluorocyclohexyl)ethane (5)

$4 \AA$ molecular sieves ( 2 g ) were added to a solution of (E)-1,2-bis(perfluorophenyl)ethene (190 $\mathrm{mg}, 0.53 \mathrm{mmol}, 1$ equiv) and $2(4 \mathrm{mg}, 1 \mathrm{~mol} \%)$ in dry hexane $(8 \mathrm{~mL})$ and the reaction was stirred for 72 h under 55 bar hydrogen pressure at $25{ }^{\circ} \mathrm{C}$. Hydrogen ws carefully released from the autoclave and the reaction mass was filtered through celite, washed with acetone and then methanol to afford the title compound, 1,2-bis((1r,2R,3R,4S,5S,6S)-2,3,4,5,6pentafluorocyclohexyl)ethane ( $56 \mathrm{mg}, 28 \%$ ); Mp: $>250{ }^{\circ} \mathrm{C}$; ${ }^{1} \mathrm{H}$ NMR ( 400 MHz, DMSO- $\mathrm{d}_{6}$ ) $\delta_{\mathrm{H}}$ 5.45-5.26 (2H, m, FCH-4), 5.11-4.68 (8H, overlapping m, FCH-2, FCH-3, FCH-5, FCH-6) 1.99$1.66\left(6 \mathrm{H}\right.$, overlapping m, FCCH-1, $\left.\mathrm{CH}_{2}-1, \mathrm{CH}_{2}-2\right)$; ${ }^{19} \mathrm{~F}$ NMR ( 376 MHz, DMSO-d ${ }_{6}$ ) $\delta_{\mathrm{F}}-203.3$ (2F), -212.1 (2F), -216.4 (1F); HRMS (ESI $)$ (calculated $\mathrm{C}_{10} \mathrm{H}_{16} \mathrm{~F}_{10} \mathrm{Na}^{+}=397.0990$ ) found $397.0985[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl (E)-11-(perfluorophenyl)undec-10-enoate (13)



Methyl 10-undecenoate ( $198 \mathrm{mg}, 1.00 \mathrm{mmol}$ ) and pentafluorostyrene ( $388 \mathrm{mg}, 2.00 \mathrm{mmol}$ ) were added dropwise and simultaneously to a solution of 2nd Generation Hoveyda-Grubbs Catalyste ${ }^{\circledR}$ ( $12 \mathrm{mg}, 0.019 \mathrm{mmol}, 2 \mathrm{~mol} \%$ ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(5 \mathrm{~mL})$. The solution was heated to reflux for 14 h before being concentrated in vacuo. The residue was purified over silica eluting with hexane to $10 \%$ EtOAc in hexane) to give alkene $\mathbf{1 3}$ as a colourless oil, ( $195 \mathrm{mg}, 0.536 \mathrm{mmol}, 54 \%$ ); $v_{\max } / \mathrm{cm}^{-1}$ $1740(\mathrm{C}=\mathrm{O}), 1520$ and $1495(\mathrm{C}=\mathrm{C} \mathrm{Ar}) ;{ }^{1} \mathrm{H}\left\{{ }^{19} \mathrm{~F}\right\} \mathrm{NMR}\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right): \delta_{\mathrm{H}} 6.55(1 \mathrm{H}, \mathrm{dt} J=$ $16.2,7.1 \mathrm{~Hz}, \mathrm{H}-10), 6.26(1 \mathrm{H}, \mathrm{d} J=16.2 \mathrm{~Hz}, \mathrm{H}-11), 3.68\left(3 \mathrm{H}, \mathrm{s}, \mathrm{OCH}_{3}\right), 2.31(2 \mathrm{H}, \mathrm{t} J=7.5 \mathrm{~Hz}$, $\mathrm{H}-2), 2.29-2.24(2 \mathrm{H}, \mathrm{m}, \mathrm{H}-9), 1.66-1.60(2 \mathrm{H}, \mathrm{m}, \mathrm{H}-3), 1.51-1.45(2 \mathrm{H}, \mathrm{m}, \mathrm{H}-8), 1.34-1.29(8 \mathrm{H}$, overlapping m, $\mathrm{H}-7, \mathrm{H}-6, \mathrm{H}-5, \mathrm{H}-4) ;{ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 174.4$ (C=O), 144.6 ( ArCF ), 141.4 (C-10), 139.3 ( ArCF ), 137.75 ( ArCF ), $114.1(\mathrm{C}-11), 112.65(\mathrm{ArC}-1), 51.5\left(\mathrm{OCH}_{3}\right), 34.4(\mathrm{C}-$ 9), $34.2(\mathrm{C}-2), 29.3\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.2\left(\mathrm{CH}_{2}\right), 29.2\left(\mathrm{CH}_{2}\right), 28.9\left(\mathrm{CH}_{2}\right), 25.0(\mathrm{C}-3) ;{ }^{19} \mathrm{~F}\left\{{ }^{1} \mathrm{H}\right\}$

NMR (470 MHz, $\mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{F}}-144.0$ (ArCF), -158.2 (F-4), -163.6 (ArCF); HRMS m/z (ESI ${ }^{+}$) (calculated $\mathrm{C}_{18} \mathrm{H}_{22} \mathrm{~F}_{5} \mathrm{O}_{2}{ }^{+}=365.1534$ ) found $365.1530[\mathrm{M}+\mathrm{H}]^{+}$.

## Synthesis of (E)-11-(perfluorophenyl)undec-10-enal (14)



DIBAl-H ( $1.1 \mathrm{~mL}, 1 \mathrm{M}$ in hexane, 1.1 mmol ) was added dropwise to a solution of $\mathbf{1 3}(130 \mathrm{mg}$, $0.357 \mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(9 \mathrm{~mL})$ at $-78^{\circ} \mathrm{C}$. The resulting solution was stirred for 40 min at $-78{ }^{\circ} \mathrm{C}$ before being quenched by the careful addition of $\mathrm{MeOH}(1 \mathrm{~mL})$. After stirring for 10 min , the solution was warmed to r.t. and saturated potassium sodium tartarate (Rochelle salt solution (10 mL ) was added. The biphasic mixture was stirred at r.t. for 12 h and then extracted with $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ ( $3 \times 10 \mathrm{~mL}$ ). The combined organic phase was dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo to give 14 as a colourless oil, ( $119 \mathrm{mg}, 0.357 \mathrm{mmol}$, quantitative); $\mathrm{v}_{\max } \mathrm{cm}^{-1} 2160(\mathrm{C}=\mathrm{C})$, 1734 (C=O), 1047 (C-F); ${ }^{1} \mathrm{H}$ NMR ( $700 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{H}} 9.76(1 \mathrm{H}, \mathrm{t} J=1.8 \mathrm{~Hz}, \mathrm{H}-1), 6.53$ ( 1 H , dt $J=16.2,7.0 \mathrm{~Hz}, \mathrm{H}-10), 6.24(1 \mathrm{H}, \mathrm{dt} J=16.2,1.5 \mathrm{~Hz}, \mathrm{H}-11), 2.42(2 \mathrm{H}, \operatorname{td} J=7.4,1.8 \mathrm{~Hz}, \mathrm{H}-$ 2), 2.26-2.23 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{H}-9$ ), 1.63-1.60 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{H}-3$ ), 1.49-1.45 ( $2 \mathrm{H}, \mathrm{m} \mathrm{H}-8$ ), 1.33-1.28 ( 8 H , overlapping m, H-7, $\mathrm{H}-6, \mathrm{H}-5, \mathrm{H}-4)$; ${ }^{13} \mathrm{C}$ NMR ( $101 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 203.0(\mathrm{C}=\mathrm{O}), 144.6(\mathrm{ArCF})$, 141.4 (C-10), 139.5 ( ArCF ), 137.7 ( ArCF ), 114.2 (C-11), 112.65 ( $\mathrm{ArC}-1$ ), 44.0 (C-2), 34.4 (C-9), $29.4\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.2\left(\mathrm{CH}_{2}\right), 29.2\left(\mathrm{CH}_{2}\right), 28.9\left(\mathrm{CH}_{2}\right), 22.2(\mathrm{C}-3) ;{ }^{19} \mathrm{~F}$ NMR (377 MHz, $\left.\mathrm{CDCl}_{3}\right) \delta_{\mathrm{F}}-143.95(\mathrm{ArCF}),-158.1(\mathrm{~F}-4),-163.6(\mathrm{ArCF}) ; \mathrm{HRMS} \mathrm{m} / \mathrm{z}\left(\mathrm{EI}^{+}\right)$(calculated $\mathrm{C}_{17} \mathrm{H}_{19} \mathrm{~F}_{5} \mathrm{O}^{+}$ $=334.1351$ ) found $334.1351\left[\mathrm{M}-\mathrm{e}^{-}\right]^{+}$.

## Synthesis of diethyl (perfluorophenyl)methyl)phosphonate (15)



A microwave vial was charged with pentafluorobenzyl bromide ( $522 \mathrm{mg}, 2.00 \mathrm{mmol}$ ) and triethyl phosphite ( $332 \mathrm{mg}, 2.00 \mathrm{mmol}$ ) and then sealed using a Teflon cap. The vial was irradiated at 140 ${ }^{\circ} \mathrm{C}$ for 5 min and then traces of starting material was removed in vacuo to give $\mathbf{1 5}$ as a colourless oil, (631, $1.98 \mathrm{mmol}, 99 \%$ ); $v_{\max } / \mathrm{cm}^{-1} 2984(\mathrm{C}-\mathrm{H}), 1522$ and 1506 (C=C Ar), 1269 (C-F); ${ }^{1} \mathrm{H}$ NMR ( $300 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{H}} 4.14-4.02\left(4 \mathrm{H}, \mathrm{m}, \mathrm{OCH}_{2} \mathrm{CH}_{3}\right), 3.21(1 \mathrm{H}, \mathrm{t} J=1.6 \mathrm{~Hz}, \mathrm{PCH}-1 \mathrm{a}), 3.14(1 \mathrm{H}, \mathrm{t}$ $J=1.6 \mathrm{~Hz}, \mathrm{PCH}-1 \mathrm{~b}) 1.26\left(6 \mathrm{H}, \mathrm{t} J=7.1 \mathrm{~Hz}, \mathrm{OCH}_{2} \mathrm{CH}_{3}\right) ;{ }^{13} \mathrm{C}$ NMR $\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{C}} 145.15$ ( ArCF ) , 140.4 ( ArCF$), 137.7(\mathrm{ArCF}), 107.0(\mathrm{Ar}), 62.8\left(\mathrm{OCH}_{2} \mathrm{CH}_{3}\right), 21.7(\mathrm{PC}-1 \mathrm{~b}), 20.6(\mathrm{PC}-1 \mathrm{a})$, $16.4\left(\mathrm{OCH}_{2} \mathrm{CH}_{3}\right) ;{ }^{31} \mathrm{P}$ NMR $\left(162 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{P}} 21.63 ;{ }^{19} \mathrm{~F}$ NMR $\left(376 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{F}}-141.4$ (ArCF), -155.8 (F-4), -162.3 (ArCF); $\mathrm{HRMS} \mathrm{m} / \mathrm{z}\left(\mathrm{ESI}^{+}\right)\left(\right.$calculated $\mathrm{C}_{11} \mathrm{H}_{12} \mathrm{O}_{3} \mathrm{~F}_{5} \mathrm{NaP}^{+}=341.0336$ ) found $341.0327[\mathrm{M}+\mathrm{Na}]^{+}$.

Synthesis of (1E,11E)-1,12-bis(perfluorophenyl)dodeca-1,11-diene (16)

$\mathrm{NaH}(60 \%$ in oil, $58 \mathrm{mg}, 1.46 \mathrm{mmol})$ was added to a solution of $15(230 \mathrm{mg}, 0.724 \mathrm{mmol})$ in THF $(2.4 \mathrm{~mL})$ at $0^{\circ} \mathrm{C}$. The suspension was stirred at $0^{\circ} \mathrm{C}$ for 5 min before $\mathbf{1 4}(114 \mathrm{mg}, 0.341 \mathrm{mmol})$ was added dropwise as a solution in THF ( 3 mL ). The reaction was heated at $76^{\circ} \mathrm{C}$ for 14 h . The solution was cooled to $0{ }^{\circ} \mathrm{C}$ and the reaction quenched by the careful addition of water ( 5 mL ). The mixture was extracted into EtOAc ( $3 \times 20 \mathrm{~mL}$ ) and the combined organic phase was washed with saturated brine. The organic phase was dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo. The residue was purified by flash column chromatography ( $\mathrm{SiO}_{2}$, hexane) to give 16 as a colourless oil, ( $92 \mathrm{mg}, 0.18 \mathrm{mmol}, 53 \%$ ); $\mathrm{v}_{\max } \mathrm{cm}^{-1} 1520$ and 1493 ( $\mathrm{C}=\mathrm{C} \mathrm{Ar}$ ); ${ }^{1} \mathrm{H}$ NMR ( $700 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{H}} 6.55(2 \mathrm{H}, \mathrm{dt} J=16.2,7.1 \mathrm{~Hz}, \mathrm{H}-11, \mathrm{H}-2), 6.26(2 \mathrm{H}, \mathrm{dt} J=16.2,1.3 \mathrm{~Hz}, \mathrm{H}-1, \mathrm{H}-12), 2.28-2.24$ ( $4 \mathrm{H}, \mathrm{m}, \mathrm{H}-10, \mathrm{H}-3$ ), 1.51-1.46 (4H, m, $\mathrm{CH}_{2}$ ), 1.38-1.31 ( 8 H , overlapping $\mathrm{m}, \mathrm{CH}_{2}$ ); ${ }^{19} \mathrm{~F}$ NMR (471 $\left.\mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta-144.0$ (ArCF), -158.1 ( $\mathrm{F}-4$ ), -163.6 ( ArCF ); ${ }^{13} \mathrm{C} \mathrm{NMR}\left(176 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{C}}$
144.6 (ArCF), $141.4\left(\mathrm{H}_{2} \mathrm{C}-11, \mathrm{H}_{2} \mathrm{C}-2\right), 139.4$ (ArCF), 137.8 ( ArCF ), $114.2\left(\mathrm{H}_{2} \mathrm{C}-12, \mathrm{H}_{2} \mathrm{C}-1\right), 112.7$ (ArC-1), $34.45\left(\mathrm{H}_{2} \mathrm{C}-10, \mathrm{H}_{2} \mathrm{C}-3\right), 29.5\left(\mathrm{H}_{2} \mathrm{C}\right), 29.3\left(\mathrm{H}_{2} \mathrm{C}\right), 29.0\left(\mathrm{H}_{2} \mathrm{C}\right) ;$ HRMS m/z $\left(\mathrm{EI}^{+}\right)$(calculated $\mathrm{C}_{24} \mathrm{H}_{20} \mathrm{~F}_{10}{ }^{+}=498.1400$ ) found $498.1397\left[\mathrm{M}-\mathrm{e}^{-}\right]^{+}$.

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Activated $4 \AA$ molecular sieves $(500 \mathrm{mg}), \mathbf{1 6}(50 \mathrm{mg}, 0.10 \mathrm{mmol})$ and $2(2 \mathrm{mg}, 0.005 \mathrm{mmol}, 5$ $\mathrm{mol} \%$ ) were suspended in hexane ( 2 mL ) in a vial and the vial placed inside an autoclave. The autoclave was pressurised with hydrogen to 50 Bar and the reaction mixture stirred at room temperature for 24 h . After depressurising and removing the vial, the suspension was filtered and concentrated in vacuo to give the product, which was purified by flash column chromatography $\left(\mathrm{SiO}_{2}, 20 \% \mathrm{EtOAc}\right.$ in hexane to $\left.100 \% \mathrm{EtOAc}\right)$ to give 6 as a white crystalline solid, ( $17 \mathrm{mg}, 0.033$ mmol, $33 \%$ ); m.p. $188{ }^{\circ} \mathrm{C}$; $\mathrm{v}_{\max } / \mathrm{cm}^{-1} 1132$ and 1049 (C-F); ${ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{H}} 5.43-$ 5.26 ( $2 \mathrm{H}, \mathrm{m}$, FCH-4), 5.03-4.88 (4H, m, FCH-2, FCH-6), 4.56-4.34 (4H, m, FCH-3, FCH-5), 1.90$1.85\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}-1, \mathrm{CH}_{2}-12\right), 1.74-1.56$ ( $2 \mathrm{H}, \mathrm{m}, \mathrm{FCHCH}-1$ ), 1.49-1.43 ( $4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}-11, \mathrm{CH}_{2}-2$ ), 1.39-1.28 ( 16 H , overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{19} \mathrm{~F}$ NMR ( 471 MHz , Acetone) $\delta_{\mathrm{F}}-204.8,-213.05,-217.45$ (F-4); ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 87.3$ (FC-2, FC-6), 87.1 (FC-4), 86.5 (FC-3, FC-5), 38.6 ( $\mathrm{FCC}-1$ ), $32.1\left(\mathrm{H}_{2} \mathrm{C}\right), 29.8\left(\mathrm{H}_{2} \mathrm{C}\right), 29.7\left(\mathrm{H}_{2} \mathrm{C}\right), 29.6\left(\mathrm{H}_{2} \mathrm{C}\right), 26.6\left(\mathrm{H}_{2} \mathrm{C}-11, \mathrm{H}_{2} \mathrm{C}-2\right), 26.0\left(\mathrm{H}_{2} \mathrm{C}-1\right.$, $\mathrm{H}_{2} \mathrm{C}-12$ ); $\mathrm{HRMS} \mathrm{m} / \mathrm{z}\left(\mathrm{ESI}^{+}\right)$(calculated $\mathrm{C}_{24} \mathrm{H}_{36} \mathrm{~F}_{10} \mathrm{Na}^{+}=537.2550$ ) found $537.2540[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl 13-phenyltridec-10-enoate (19)



Methyl 10 -undecenoate ( $1.051 \mathrm{~g}, 5.300 \mathrm{mmol}$ ) and 4-phenylbutene ( $0.700 \mathrm{~g}, 5.30 \mathrm{mmol}$ ) were simultaneously added dropwise to a solution Grubbs first generation Catalyst ${ }^{\circledR}(0.217 \mathrm{~g}, 0.264$ mmol , $5 \mathrm{~mol} \%$ ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(12 \mathrm{~mL})$. The solution was then heated to reflux for 14 h before being concentrated in vacuo to give 19 as a colourless oil as a mixture of diastereomers, which were not separated prior to the next step, $(0.626 \mathrm{~g}, 2.07 \mathrm{mmol}, 39 \%) ; v_{\max } / \mathrm{cm}^{-1} 1740(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H}$ NMR (500 $\left.\mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}} 7.31-7.16(5 \mathrm{H}$, overlapping m, ArH), 5.50-5.37(2H, m, H-10, H-11), 3.67 (3H, $\left.\mathrm{s}, \mathrm{OCH}_{3}\right), 2.70-2.65\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, 2.35-2.29 $\left(4 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right), 1.99-1.95\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, 1.66-1.59 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ), 1.35-1.24 ( 10 H , overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}}$ $174.45(\mathrm{C}=\mathrm{O}), 142.3$ ( $\mathrm{ArC}-1$ ), $131.2(\mathrm{C}=\mathrm{C}), 130.7(\mathrm{C}=\mathrm{C}), 129.4(\mathrm{C}=\mathrm{C}), 128.8(\mathrm{C}=\mathrm{C}), 128.6$ $(\mathrm{ArCH}), 128.3(\mathrm{ArCH}), 125.8(\mathrm{ArCH}), 51.6\left(\mathrm{OCH}_{3}\right), 36.3\left(\mathrm{CH}_{2}\right), 34.6\left(\mathrm{CH}_{2}\right), 34.2\left(\mathrm{CH}_{2}\right), 32.65$ $\left(\mathrm{CH}_{2}\right), 29.6\left(\mathrm{CH}_{2}\right), 29.4\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.1\left(\mathrm{CH}_{2}\right), 25.1\left(\mathrm{CH}_{2}\right) ;$ HRMS m/z $\left(\mathrm{ESI}^{+}\right)$ (calculated $\mathrm{C}_{20} \mathrm{H}_{30} \mathrm{O}_{2} \mathrm{Na}^{+}=325.2138$ ) found $325.2133[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl 13-cyclohexyltridecanoate (20)



Activated $4 \AA$ molecular sieves ( 500 mg ), $19(54 \mathrm{mg}, 0.18 \mathrm{mmol})$ and $2(6 \mathrm{mg}, 0.015 \mathrm{mmol}, 8$ mol\%) were suspended in hexane ( 2 mL ) in a vial and the vial placed inside an autoclave. The autoclave was pressurised with hydrogen to 50 Bar and the reaction mixture stirred at room temperature for 24 h . After depressurising and removing the vial, the suspension was filtered and concentrated in vacuo to give the crude product, which was purified by flash column
chromatography $\left(\mathrm{SiO}_{2}\right.$, hexane) to give $\mathbf{2 0}$ as a colourless oil, ( $41 \mathrm{mg}, 0.132 \mathrm{mmol}, 74 \%$ ); $v_{\max } / \mathrm{cm}^{-}$ ${ }^{1} 1742(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H}$ NMR $\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}} 3.66\left(3 \mathrm{H}, \mathrm{s}, \mathrm{OCH}_{3}\right), 2.29\left(2 \mathrm{H}, \mathrm{t} J=7.6 \mathrm{~Hz}, \mathrm{OCCH}_{2}-\right.$ 2), 1.71-1.57 $\left(7 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right), 1.32-1.10\left(24 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right), 0.89-0.79(2 \mathrm{H}, \mathrm{m}$, $\left.\mathrm{CH}_{2}\right) ;{ }^{13} \mathrm{C}$ NMR $\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta 174.5(\mathrm{C}=\mathrm{O}), 51.6\left(\mathrm{OCH}_{3}\right), 37.8\left(\mathrm{CH}_{2}\right), 37.7\left(\mathrm{CH}_{2}\right), 34.3$ $\left(\mathrm{OCCH}_{2}-2\right), 33.6\left(\mathrm{CH}_{2}\right), 30.15\left(\mathrm{CH}_{2}\right), 29.9\left(\mathrm{CH}_{2}\right), 29.8\left(\mathrm{CH}_{2}\right), 29.8\left(\mathrm{CH}_{2}\right), 29.7\left(\mathrm{CH}_{2}\right), 29.6\left(\mathrm{CH}_{2}\right)$, $29.4\left(\mathrm{CH}_{2}\right)$, $29.3\left(\mathrm{CH}_{2}\right)$, $27.0\left(\mathrm{CH}_{2}\right)$, $26.9\left(\mathrm{CH}_{2}\right)$, $26.6\left(\mathrm{CH}_{2}\right)$, $25.1\left(\mathrm{CH}_{2}\right) ; H R M S \mathrm{~m} / \mathrm{z}\left(\mathrm{ESI}^{+}\right)$ (calculated $\mathrm{C}_{20} \mathrm{H}_{38} \mathrm{O}_{2} \mathrm{Na}^{+}=333.2764$ ) found $333.2758[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of 13-cyclohexyltridecanoic acid (21)



NaOH solution ( $1 \mathrm{M}, 4 \mathrm{~mL}, 4 \mathrm{mmol}$ ) was added to a solution of $\mathbf{2 0}(43 \mathrm{mg}, 0.14 \mathrm{mmol})$ in MeOH $(10 \mathrm{~mL})$. The solution was stirred at reflux for 14 h before being acidified by the careful addition of $\mathrm{HCl}(1 \mathrm{M}, 30 \mathrm{~mL})$. The mixture was extracted into $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \times 50 \mathrm{~mL})$ before being dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo to give 21 as a crystalline white solid, ( $41 \mathrm{mg}, 0.14$ mmol, 100\%); m.p. $65^{\circ} \mathrm{C}$; $\mathrm{v}_{\max } / \mathrm{cm}^{-1} 2914(\mathrm{CO}-\mathrm{H}), 1699(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H} \operatorname{NMR}\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}}$ $2.34\left(2 \mathrm{H}, \mathrm{t} J=7.6 \mathrm{~Hz}, \mathrm{OCCH}_{2}-2\right), 1.78-1.61\left(7 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right), 1.33-1.12(24 \mathrm{H}$, overlapping m, $\mathrm{CH}_{2}$ ), $0.90-0.81\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right) ;{ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 180.6(\mathrm{C}=\mathrm{O})$, $37.85\left(\mathrm{CH}_{2}\right), 37.7\left(\mathrm{CH}_{2}\right), 34.3\left(\mathrm{OCCH}_{2}-2\right), 33.6\left(\mathrm{CH}_{2}\right), 30.2\left(\mathrm{CH}_{2}\right), 29.9\left(\mathrm{CH}_{2}\right), 29.8\left(\mathrm{CH}_{2}\right), 29.8$ $\left(\mathrm{CH}_{2}\right)$, $29.75\left(\mathrm{CH}_{2}\right)$, $29.6\left(\mathrm{CH}_{2}\right)$, $29.4\left(\mathrm{CH}_{2}\right)$, $29.2\left(\mathrm{CH}_{2}\right), 27.0\left(\mathrm{CH}_{2}\right), 26.9\left(\mathrm{CH}_{2}\right), 26.6\left(\mathrm{CH}_{2}\right), 24.8$ $\left(\mathrm{CH}_{2}\right) ; \mathrm{HRMS} \mathrm{m} / \mathrm{z}\left(\mathrm{ESI}^{-}\right)$(calculated $\mathrm{C}_{19} \mathrm{H}_{35} \mathrm{O}_{2}{ }^{-}=295.2643$ ) found $295.2637[\mathrm{M}-\mathrm{H}]^{+}$

## Synthesis of 13-cyclohexyltridecan-1-ol (22)



DIBAL-H (1M in hexane, $1.05 \mathrm{~mL}, 1.05 \mathrm{mmol}$ ) was added to a solution of $21(0.156 \mathrm{~g}, 0.419$ $\mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(3 \mathrm{~mL})$ at $-78^{\circ} \mathrm{C}$. The solution was warmed to r.t. and stirred for 1 h before being diluted with $\mathrm{Et}_{2} \mathrm{O}$ and cooled to $0^{\circ} \mathrm{C}$. The solution was then quenched by the sequential addition of water $(0.04 \mathrm{~mL}), \mathrm{NaOH}(15 \% \mathrm{w} / \mathrm{w}, 0.04 \mathrm{~mL})$ and then water $(0.1 \mathrm{~mL})$. The solution was then warmed to r.t. and stirred for 15 min before being dried over $\mathrm{MgSO}_{4}$ and the suspension stirred for a further 15 min . The suspension was filtered and concentrated in vacuo to give $\mathbf{2 2}$ as a white amorphous solid ( $0.096 \mathrm{~g}, 0.34 \mathrm{mmol}, 81 \%$ ); $\mathrm{v}_{\max } / \mathrm{cm}^{-1} 3447(\mathrm{O}-\mathrm{H}), 1049(\mathrm{C}-\mathrm{OH}) ;{ }^{1} \mathrm{H}$ NMR ( 500 $\left.\mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}} 3.64\left(2 \mathrm{H}, \mathrm{t} J=6.7 \mathrm{~Hz}, \mathrm{OCH}_{2}-1\right)$, 1.76-1.62 ( $6 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ), $1.60-1.54(2 \mathrm{H}, \mathrm{m}$, $\mathrm{CH}_{2}$ ), 1.38-1.14 (26H, m, CH2), 0.91-0.83 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ); ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 63.0$ $\left(\mathrm{OCH}_{2}-1\right), 37.7\left(\mathrm{CH}_{2}\right), 37.6\left(\mathrm{CH}_{2}\right), 33.5\left(\mathrm{CH}_{2}\right), 32.8\left(\mathrm{CH}_{2}\right), 30.0\left(\mathrm{CH}_{2}\right), 29.7\left(\mathrm{CH}_{2}\right), 29.7\left(\mathrm{CH}_{2}\right)$, $29.7\left(\mathrm{CH}_{2}\right)$, $29.6\left(\mathrm{CH}_{2}\right)$, $29.5\left(\mathrm{CH}_{2}\right)$, $26.9\left(\mathrm{CH}_{2}\right), 26.8\left(\mathrm{CH}_{2}\right), 26.5\left(\mathrm{CH}_{2}\right), 25.8\left(\mathrm{CH}_{2}\right)$; HRMS m/z $\left(\mathrm{ESI}^{+}\right)\left(\right.$calculated $\left.\mathrm{C}_{19} \mathrm{H}_{38} \mathrm{ONa}^{+}=305.2815\right)$ found $305.2798[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl 12-hydroxydodecanoate (23)



Acetyl chloride ( $2.14 \mathrm{~mL}, 30 \mathrm{mmol}$ ) was added dropwise to a solution of 12-hydroxydodecanoic acid $(4.059 \mathrm{~g}, 18.78 \mathrm{mmol})$ in $\mathrm{MeOH}(60 \mathrm{~mL})$. The solution was heated to reflux for 14 h before being neutralised by careful addition of NaOH to pH 7 . Excess MeOH was removed in vacuo and the residue was extracted into EtOAc ( $3 \times 50 \mathrm{~mL}$ ). The organic phase was dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo to give 23 as a colourless oil which was used without further purification, (4.105 g, 95\%); $v_{\max } / \mathrm{cm}^{-1} 3400 \mathrm{br}(\mathrm{O}-\mathrm{H}), 1738(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H}$ NMR (500 MHz, $\mathrm{CDCl}_{3}$ )
$\delta_{\mathrm{H}} 3.66\left(3 \mathrm{H}, \mathrm{s}, \mathrm{OCH}_{3}\right), 3.63(2 \mathrm{H}, \mathrm{t} J=6.5 \mathrm{~Hz}, \mathrm{H}-12), 2.30(2 \mathrm{H}, \mathrm{t} J=7.5 \mathrm{~Hz}, \mathrm{H}-2), 1.65-1.52(5 \mathrm{H}$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}, \mathrm{OH}\right), 1.35-1.25\left(14 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right) ;{ }^{13} \mathrm{C} \mathrm{NMR}\left(126 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{C}}$ $174.5(\mathrm{C}=\mathrm{O}), 63.2(\mathrm{C}-12), 51.6\left(\mathrm{OCH}_{3}\right), 34.25(\mathrm{C}-2), 32.9\left(\mathrm{CH}_{2}\right), 29.7\left(\mathrm{CH}_{2}\right), 29.6\left(\mathrm{CH}_{2}\right), 29.5$ $\left(\mathrm{CH}_{2}\right)$, $29.4\left(\mathrm{CH}_{2}\right)$, $29.3\left(\mathrm{CH}_{2}\right), 25.85\left(\mathrm{CH}_{2}\right), 25.1\left(\mathrm{CH}_{2}\right)$; HRMS m/z (ESI $)$ (calculated $\mathrm{C}_{13} \mathrm{H}_{26} \mathrm{O}_{3} \mathrm{Na}^{+}=253.1774$ ) found $253.1768[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl 12-oxododecanoate (24)



DMSO $(2.6 \mathrm{~mL}, 37 \mathrm{mmol})$ was as added to a solution of $(\mathrm{COCl})_{2}(2.31 \mathrm{~g}, 18.2 \mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ $\mathrm{CH}_{2} \mathrm{Cl}_{2}(52 \mathrm{~mL})$ at $-78{ }^{\circ} \mathrm{C}$. The solution was stirred for 30 mins at $-78^{\circ} \mathrm{C}$ before $\mathbf{2 3}(3.82 \mathrm{~g}, 16.6$ $\mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(17.6 \mathrm{~mL})$ was added dropwise. The solution was stirred at $-60^{\circ} \mathrm{C}$ for 45 mins before triethylamine $(11.6 \mathrm{~mL}, 83.2 \mathrm{mmol})$ was added and it was then warmed to r.t. The solution was stirred for 1 h at r.t. before being diluted with water $(100 \mathrm{~mL})$ and then extracted into $\mathrm{CH}_{2} \mathrm{Cl}_{2}$ ( $2 \times 100 \mathrm{~mL}$ ). The organic phase was washed with brine, dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo. The residue was purified by flash column chromatography ( $\mathrm{SiO}_{2}$, hexane to $10 \%$ EtOAc in hexane) to give 24 as a colourless oil, ( $2.84 \mathrm{~g}, 12.3 \mathrm{mmol}, 74 \%$ ); $v_{\max } / \mathrm{cm}^{-1} 1736$ $(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H}$ NMR ( $\left.500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}} 9.75(1 \mathrm{H}, \mathrm{s}, \mathrm{H}-12), 3.66\left(\mathrm{OCH}_{3}\right), 2.41(2 \mathrm{H}, \mathrm{t} J=7.1 \mathrm{~Hz}$, $\mathrm{H}-11), 2.29(2 \mathrm{H}, \mathrm{t} J=7.5 \mathrm{~Hz}, \mathrm{H}-2), 1.63-1.59\left(4 \mathrm{H}\right.$, overlapping m, $\left.\mathrm{CH}_{2}\right), 1.33-1.23(12 \mathrm{H}$, overlapping m, $\left.\mathrm{CH}_{2}\right) ;{ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 203.1(\mathrm{C}-12)$, $174.5(\mathrm{C}-1)$, $51.6\left(\mathrm{OCH}_{3}\right)$, $44.0(\mathrm{C}-11), 34.2(\mathrm{C}-2), 29.5\left(\mathrm{CH}_{2}\right), 29.5\left(\mathrm{CH}_{2}\right), 29.5\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right)$, $25.1\left(\mathrm{CH}_{2}\right), 22.2\left(\mathrm{CH}_{2}\right)$, data are in agreement with literature. ${ }^{3}$

## Synthesis of methyl $\boldsymbol{E}$-13-(perfluorophenyl)tridec-12-enoate (27)


$\mathrm{NaH}(60 \%$ in oil, $0.350 \mathrm{~g}, 8.76 \mathrm{mmol})$ was added to a solution of $\mathbf{1 5}(1.394 \mathrm{~g}, 4.381 \mathrm{mmol})$ in THF $(12 \mathrm{~mL})$ at $0{ }^{\circ} \mathrm{C}$. The suspension was stirred for 5 mins at $0^{\circ} \mathrm{C}$ before $24(1.00 \mathrm{~g}, 4.38 \mathrm{mmol})$ was added dropwise. The solution was heated to $50^{\circ} \mathrm{C}$ for 14 h before being quenched by the careful addition of water $(5 \mathrm{~mL})$ at $0{ }^{\circ} \mathrm{C}$. The mixture was extracted into EtOAc ( $3 \times 20 \mathrm{~mL}$ ) and the combined organic phase was washed with saturated brine. The organic phase was dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo. The residue was purified by flash column chromatography $\left(\mathrm{SiO}_{2}\right.$, hexane to $50 \% \mathrm{EtOAc}$ in hexane) to give 27 as a colourless oil $(0.995 \mathrm{~g}$, $4.36 \mathrm{mmol}, 58 \%$ ) which was a mixture of $\mathrm{E}: \mathrm{Z}(5: 1)$ diastereomers which were not separated (only peaks of the major isomer are assigned); $v_{\max } / \mathrm{cm}^{-1} 1740(\mathrm{C}=\mathrm{O}) ;{ }^{1} \mathrm{H}$ NMR $\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}}$ $6.54(1 \mathrm{H}, \mathrm{dt} J=16.2,7.1 \mathrm{~Hz}, \mathrm{H}-12), 6.25(1 \mathrm{H}, \mathrm{d} J=16.2, \mathrm{H}-13), 3.66\left(3 \mathrm{H}, \mathrm{s}, \mathrm{OCH}_{3}\right), 2.30(2 \mathrm{H}, \mathrm{t}$ $J=7.5 \mathrm{~Hz}, \mathrm{H}-2), 2.25(2 \mathrm{H}, \operatorname{app} \mathrm{q} J=7.1 \mathrm{~Hz}, \mathrm{H}-11), 1.64-1.58\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 1.50-1.45(2 \mathrm{H}, \mathrm{m}$, $\mathrm{CH}_{2}$ ), 1.36-1.26 (12 H, overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 174.5(\mathrm{C}=\mathrm{O}), 144.7$ (C-F), 141.5 (C-12), 139.6 (C-F), 137.4 (C-F), 114.1 (C-13), $112.7(\mathrm{ArC}-1), 51.6\left(\mathrm{OCH}_{3}\right), 34.45$ $(\mathrm{C}-11), 34.25(\mathrm{C}-2), 29.6\left(\mathrm{CH}_{2}\right), 29.6\left(\mathrm{CH}_{2}\right), 29.5\left(\mathrm{CH}_{2}\right), 29.5\left(\mathrm{CH}_{2}\right), 29.4\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 29.0$ $\left(\mathrm{CH}_{2}\right), 25.1\left(\mathrm{CH}_{2}\right) ;{ }^{19} \mathrm{~F}$ NMR ( $471 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{F}}-143.9(\mathrm{ArCF}),-158.1$ ( $\mathrm{F}-4$ ), -163.5 ( ArCF ); HRMS m/z (ESI $)$ (calculated $\mathrm{C}_{20} \mathrm{H}_{25} \mathrm{O}_{2} \mathrm{~F}_{5} \mathrm{Na}^{+}=415.1667$ ) found $415.1657[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of methyl 13-(1r,2R,3R,4s,5S,6S)-2,3,4,5,6-pentafluorocyclohexyl)tridecanoate

 (28)

Silica gel ( 8.5 g ), $27(1.360 \mathrm{~g}, 3.466 \mathrm{mmol})$ and $\mathbf{2}(39 \mathrm{mg}, 0.090 \mathrm{mmol}, 3 \mathrm{~mol} \%)$ were suspended in hexane ( 50 mL ) in a vial and the vial placed inside an autoclave. The autoclave was pressurised with hydrogen to 50 Bar and the reaction mixture stirred at room temperature for 24 h . After depressurising and removing the vial, the suspension was filtered and concentrated in vacuo to give the crude product, which was purified by flash column chromatography $\left(\mathrm{SiO}_{2}, 50 \% \mathrm{EtOAc}\right.$
in hexane to $100 \% \mathrm{EtOAc}$ ) to give 28 as a white crystalline solid, ( $0.300 \mathrm{~g}, 0.749 \mathrm{mmol}, 22 \%$ ); m.p. $112{ }^{\circ} \mathrm{C}$; $v_{\max } / \mathrm{cm}^{-1} 1734(\mathrm{C}=\mathrm{O}), 1047(\mathrm{C}-\mathrm{F}) ;{ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{H}} 5.41-5.25(1 \mathrm{H}$, m, FCH-4), 5.03-4.86 (2H, m, FCH-2, FCH-6), 4.54-4.32 (2H, m, FCH-3, FCH-6), 3.66 ( $3 \mathrm{H}, \mathrm{s}$, $\left.\mathrm{OCH}_{3}\right), 2.30\left(2 \mathrm{H}, \mathrm{t}, J=7.6 \mathrm{~Hz}, \mathrm{CH}_{2}-2\right), 1.88-1.83\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 1.72-1.48(5 \mathrm{H}$, overlapping m, FCCH-1, $\mathrm{CH}_{2}-3, \mathrm{CH}_{2}$ ), 1.46-1.41 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ), 1.35-1.25 ( 16 H , overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{19} \mathrm{~F}$ NMR ( $471 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{F}}-203.1,-212.1,-216.7(\mathrm{~F}-4) ;{ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 174.5(\mathrm{C}=\mathrm{O})$, 87.4 (FC-2, FC-6), 87.3 (FC-4), 86.4 (FC-3, FC-5), $51.6\left(\mathrm{OCH}_{3}\right), 38.6(\mathrm{FCC}-1), 34.3\left(\mathrm{CH}_{2}-2\right)$, $29.7\left(\mathrm{CH}_{2}\right), 29.7\left(\mathrm{CH}_{2}\right), 29.6\left(\mathrm{CH}_{2}\right)$, $29.6\left(\mathrm{CH}_{2}\right), 29.5\left(\mathrm{CH}_{2}\right), 29.4\left(\mathrm{CH}_{2}\right), 29.3\left(\mathrm{CH}_{2}\right), 26.8\left(\mathrm{CH}_{2}\right)$, $26.6\left(\mathrm{CH}_{2}\right), 26.0\left(\mathrm{CH}_{2}\right), 25.1\left(\mathrm{CH}_{2}\right) ;$ HRMS m/z $\left(\mathrm{ESI}^{+}\right)\left(\right.$calculated $\left.\mathrm{C}_{20} \mathrm{H}_{33} \mathrm{O}_{2} \mathrm{~F}_{5} \mathrm{Na}^{+}=423.2293\right)$ found $423.2286[\mathrm{M}+\mathrm{Na}]^{+}$.

## 



A suspension of $\mathbf{2 8}(90 \mathrm{mg}, 0.22 \mathrm{mmol})$ and $\mathrm{HCl}(6 \mathrm{~N}, 100 \mathrm{~mL})$ was heated to reflux and stirred for 14 h before being cooled to $0^{\circ} \mathrm{C}$. The reaction was basified by careful addition of saturated $\mathrm{NaHCO}_{3}$ solution. Residual starting material was extracted into EtOAc (3 x 200 mL ) and the aqueous phase was re-acidified by addition of HCL (1M). The re-acidified solution was extracted into EtOAc ( $3 \times 200 \mathrm{~mL}$ ) and this organic phase was dried over $\mathrm{MgSO}_{4}$, filtered and concentrated in vacuo to give 7 as a white crystalline solid, ( $81 \mathrm{mg}, 0.21 \mathrm{mmol}, 95 \%$ ); m.p. $178{ }^{\circ} \mathrm{C} ; \mathrm{v}_{\max } / \mathrm{cm}^{-1}$ 1701 (C=O), 1126 and 1049 (C-F); ${ }^{1} \mathrm{H}$ NMR ( 500 MHz , Acetone) $\delta_{\mathrm{H}} 10.40(\mathrm{COOH}), 5.46-5.32$ (1H, m, FCH-4), 5.12-4.95 (2H, m, FCH-2, FCH-6) 4.97-4.77 (2H, m, FCH-3, FCH-5), 2.27 ( 2 H , $\left.\mathrm{t} J=7.5 \mathrm{~Hz}, \mathrm{CH}_{2}-2\right), 2.06-1.90(1 \mathrm{H}, \mathrm{m}, \mathrm{FCCH}-1), 1.83-1.78\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 1.61-1.55(2 \mathrm{H}, \mathrm{m}$, $\mathrm{CH}_{2}$ ), 1.52-1.46 (2H, m, CH2), 1.37-1.29 (16H, overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{19} \mathrm{~F}$ NMR ( 471 MHz , Acetone) $\delta_{\mathrm{F}}-204.8,-213.0,-217.5(\mathrm{~F}-4) ;{ }^{13} \mathrm{C}$ NMR ( 126 MHz , Acetone) $\delta_{\mathrm{C}} 174.7$ ( $\mathrm{C}=\mathrm{O}$ ), 88.95 (FC-2, FC-6), 88.75 (FC-4), 87.6 (FC-3, FC-5), 38.6 ( $\mathrm{FCC}-1$ ), $34.2\left(\mathrm{CH}_{2}-2\right), 30.4\left(\mathrm{CH}_{2}\right), 30.4$ $\left(\mathrm{CH}_{2}\right), 30.4\left(\mathrm{CH}_{2}\right)$, $30.3\left(\mathrm{CH}_{2}\right), 30.2\left(\mathrm{CH}_{2}\right)$, $30.1\left(\mathrm{CH}_{2}\right), 30.1\left(\mathrm{CH}_{2}\right), 30.0\left(\mathrm{CH}_{2}\right)$, $27.1\left(\mathrm{CH}_{2}\right)$, 26.7
$\left(\mathrm{CH}_{2}\right), 25.7\left(\mathrm{CH}_{2}\right) ;$ HRMS m/z $\left(\mathrm{ESI}^{+}\right)\left(\right.$calculated $\left.\mathrm{C}_{19} \mathrm{H}_{31} \mathrm{O}_{2} \mathrm{~F}_{5} \mathrm{Na}^{+}=409.2136\right)$ found 409.2132 $[\mathrm{M}+\mathrm{Na}]^{+}$.

## Synthesis of 13-(1r,2R,3R,4s,5S,6S)-2,3,4,5,6-pentafluorocyclohexyl)tridecan-1-ol (8)



Diisobutylaluminium hydride solution ( 1 M in hexane, $0.49 \mathrm{~mL}, 0.49 \mathrm{mmol}$ ) was added to a solution of $\mathbf{2 8}(79 \mathrm{mg}, 0.197 \mathrm{mmol})$ in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(1.5 \mathrm{~mL})$ at $-78{ }^{\circ} \mathrm{C}$. The reaction was warmed to r.t. and stirred for a further 1 h . The reaction was diluted with $\mathrm{Et}_{2} \mathrm{O}(10 \mathrm{~mL})$, cooled to $0{ }^{\circ} \mathrm{C}$ and quenched by the sequential addition of water $(0.02 \mathrm{~mL}), \mathrm{NaOH}(15 \% \mathrm{w} / \mathrm{w}, 0.02 \mathrm{~mL})$ and water $(0.05 \mathrm{~mL})$. The mixture was warmed to r.t and $\mathrm{MgSO}_{4}$ was added. The suspension was stirred for 15 mins before being filtered and concentrated in vacuo to give the crude product, which was purified by flash column chromatography $\left(\mathrm{SiO}_{2}, 80 \% \mathrm{EtOAc}\right.$ in hexane to $\left.100 \% \mathrm{EtOAc}\right)$ to give 8 as a white crystalline solid, ( $47 \mathrm{mg}, 0.126 \mathrm{mmol}, 64 \%$ ); m.p. $140^{\circ} \mathrm{C}$; $\mathrm{v}_{\max } / \mathrm{cm}^{-1} 3325(\mathrm{O}-\mathrm{H}), 1126$ and 1049 (C-F); ${ }^{1} \mathrm{H}$ NMR ( 500 MHz , Acetone) $\delta_{\mathrm{H}} 5.45-5.30(1 \mathrm{H}, \mathrm{m}, \mathrm{FCH}-4), 5.13-4.72(4 \mathrm{H}$, overlapping m, FCH-2, FCH-3, FCH-5, FCH-6) 3.54-3.50 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}-1$ ), $3.37(1 \mathrm{H}, \mathrm{t} J=5.2 \mathrm{~Hz}$, $\mathrm{OH}), 2.08-1.90(1 \mathrm{H}, \mathrm{m}, \mathrm{FCCH}-1), 1.83-1.78\left(2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, 1.53-1.45 (4H, overlapping m, $\left.\mathrm{CH}_{2}\right)$, 1.35-1.29 ( 18 H , overlapping m, $\mathrm{CH}_{2}$ ); ${ }^{19} \mathrm{~F}$ NMR ( 470 MHz , Acetone) $\delta_{\mathrm{F}}-204.8,-213.05,-217.4 ;$ ${ }^{13} \mathrm{C}$ NMR ( 126 MHz , Acetone) $\delta_{\mathrm{C}} 89.4$ (FC-2, FC-6), 88.8 (FC-4), 87.6 (FC-3, FC-5), 62.5 $\left(\mathrm{CH}_{2} \mathrm{OH}\right), 38.6(\mathrm{FCC}-1), 33.9\left(\mathrm{H}_{2} \mathrm{C}\right), 30.5\left(\mathrm{CH}_{2}\right), 30.5\left(\mathrm{CH}_{2}\right), 30.4\left(\mathrm{CH}_{2}\right), 30.4\left(\mathrm{CH}_{2}\right), 30.4\left(\mathrm{CH}_{2}\right)$, $30.3\left(\mathrm{CH}_{2}\right)$, $30.3\left(\mathrm{CH}_{2}\right)$, $30.2\left(\mathrm{CH}_{2}\right)$, $27.3\left(\mathrm{CH}_{2}\right)$, $27.1\left(\mathrm{CH}_{2}\right)$, $26.8\left(\mathrm{CH}_{2}\right)$; HRMS m/z (ESI') (calculated $\mathrm{C}_{19} \mathrm{H}_{33} \mathrm{OF}_{5} \mathrm{Na}^{+}=395.2344$ ) found $395.2343[\mathrm{M}+\mathrm{Na}]^{+}$.

## (1R,2R,3s,4S,5S,6r)-1,2,3,4,5-pentafluoro-6-tridecylcyclohexane 9



1-Allyl-2,3,4,5,6-pentafluorobenzene $(0.306 \mathrm{~mL}, 2.00 \mathrm{mmol})$ and 1-dodecene $(0.444 \mathrm{~mL}, 2.00$ mmol ) were added dropwise and simultaneously to a solution of Grubbs first generation catalyst ${ }^{\circledR}$ ( $82 \mathrm{mg}, 5 \mathrm{~mol} \%$ ) in $\mathrm{CH}_{2} \mathrm{Cl}_{2}(6 \mathrm{~mL})$. The solution was heated to $40^{\circ} \mathrm{C}$ for 14 h and was then concentrated in vacuo and the residue was filtered through a plug of silica. The silica was washed with hexane. The filtrate was concentrated in vacuo to give the product $\mathbf{3 0}$ which was not purified prior to the next step. The product ( 530 mg ), activated $4 \AA$ molecular sieves ( 5.3 g ) Silica gel ( 8.5 g) and $2(25 \mathrm{mg}, 0.058 \mathrm{mmol})$ were suspended in hexane $(20 \mathrm{~mL})$ in a vial and the vial placed inside an autoclave. The autoclave was pressurised with hydrogen to 50 Bar and the reaction mixture stirred at room temperature for 24 h . After depressurising and removing the vial, the suspension was filtered and concentrated in vacuo to give the product, which was purified by flash column chromatography $\left(\mathrm{SiO}_{2}, 20 \% \mathrm{EtOAc}\right.$ in hexane to $\left.40 \% \mathrm{EtOAc}\right)$ to give 9 as a white crystalline solid, ( $228 \mathrm{mg}, 0.640 \mathrm{mmol}, 32 \%$ over two steps); m.p. $121^{\circ} \mathrm{C} ;{ }^{1} \mathrm{H}$ NMR $(400 \mathrm{MHz}$, $\left.\mathrm{CDCl}_{3}\right) \delta_{\mathrm{H}} 5.43-5.23(1 \mathrm{H}, \mathrm{m}, \mathrm{FCH}-3), 5.04-4.83(2 \mathrm{H}, \mathrm{m}, \mathrm{FCH}-1, \mathrm{FCH}-5), 4.55-4.28(2 \mathrm{H}, \mathrm{m}, \mathrm{FCH}-$ 2, FCH-4), 1.89-1.82 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ), 1.66-1.51 ( $1 \mathrm{H}, \mathrm{m}, \mathrm{FCCH}-6$ ), 1.48-1.39 ( $2 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}$ ), 1.33$1.25\left(20 \mathrm{H}\right.$, overlapping $\left.\mathrm{m}, \mathrm{CH}_{2}\right), 0.88\left(3 \mathrm{H}, \mathrm{t} J=6.9 \mathrm{~Hz}, \mathrm{CH}_{3}-13\right) ;{ }^{13} \mathrm{C}$ NMR ( $101 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) $\delta_{\mathrm{C}} 87.4$ (FC-1, FC-5), $87.3(\mathrm{FC}-3), 86.4(\mathrm{FC}-2, \mathrm{FC}-4), 38.7(\mathrm{FCC}-6), 32.1\left(\mathrm{CH}_{2}\right), 29.8\left(\mathrm{CH}_{2}\right), 29.8$ $\left(\mathrm{CH}_{2}\right)$, $29.8\left(\mathrm{CH}_{2}\right)$, $29.7\left(\mathrm{CH}_{2}\right)$, $29.6\left(\mathrm{CH}_{2}\right)$, $29.6\left(\mathrm{CH}_{2}\right)$, $29.5\left(\mathrm{CH}_{2}\right)$, $26.7\left(\mathrm{CH}_{2}\right), 26.0\left(\mathrm{CH}_{2}\right), 26.0$ $\left(\mathrm{CH}_{2}\right), 22.8\left(\mathrm{CH}_{2}\right), 14.3\left(\mathrm{CH}_{3}-13\right) ;{ }^{19} \mathrm{~F}$ NMR ( $\left.376 \mathrm{MHz}, \mathrm{CDCl}_{3}\right) \delta_{\mathrm{F}}-203.1,-212.1,-216.6$; HRMS $\mathrm{m} / \mathrm{z}\left(\mathrm{ESI}^{+}\right)$(calculated $\left.\mathrm{C}_{19} \mathrm{H}_{33} \mathrm{~F}_{5} \mathrm{Na}^{+}=379.2395\right)$ found $379.2390[\mathrm{M}+\mathrm{Na}]^{+}$.

## References

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## Computational Details

Compounds 1, $\mathbf{3}$ and $\mathbf{4}$ were optimized at the M06-2X/aug-cc-pVTZ theoretical level and harmonic frequency calculations were carried out at the same level in order to identify each conformer as true energy minima, showing no imaginary frequencies using the Gaussian $16 \operatorname{Rev} \mathrm{C} .01$ program. ${ }^{[1]}$ Single point energies using the DLPNO approximation for $\operatorname{CCSD}(\mathrm{T})$ implemented in ORCA 4.2.1 and def2-TZVP basis set were calculated over the optimized geometry and considered as reference for a DFT benchmark study (Figure S1). The M06-L Minnesota meta-GGA functional with GD3 empirical dispersion correction showed the lowest MAE (Mean Absolute Error) with respect to DLPNO-CCSD(T), and thus was chosen for the subsequent calculations. Compounds $\mathbf{1 , 3} \mathbf{3}$ and $\mathbf{4}$ were reoptimized at the M06L-D3/aug-cc-pVTZ theoretical level and harmonic frequency calculations were carried out at the same level to confirm each conformer as true energy minima, showing no imaginary frequencies. The same harmonic frequency calculations were used to obtain Gibbs free energies at standard pressure and temperature for gas-phase calculations. NBO calculations, including NPA, NCE and NSA analysis were done over the M06L-D3/aug-cc-pVTZ molecular density functions using the NBO 7.0 program. ${ }^{[2]}$ The total molecular dipole calculated at the M06L-D3/aug-cc-pVTZ theoretical level was decomposed in each NLMO contribution using the DIPOLE analysis from NBO 7.0.


Figure S1. Mean Absolute Errors (MAE) of the single point energies (with thermal correction to Gibbs Free Energy obtained at M06L-D3/aug-cc-pVTZ theoretical level) obtained in different DFT methods using aug-cc-pVTZ basis set with respect to the energy obtained at the DLPNO$\operatorname{CCSD}(\mathrm{T}) /$ def2-TZVP level. Highlighted in green is the functional with lowest MAE ( 0.05 kcal $\mathrm{mol}^{-1}$ ).

Table S1. NBO analysis results for compounds 3 and 4 calculated at the M06L-D3/aug-cc-pVTZ theoretical level. $\boldsymbol{\Delta E}(\mathbf{T})$ is the total electronic, $\boldsymbol{\Delta E}(\mathbf{L})$ the Lewis, $\boldsymbol{\Delta E}(\mathrm{NL})$ the non-Lewis, $\boldsymbol{\Delta} \boldsymbol{E}(\mathrm{NCE})$ the electrostatic and $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{N S A})$ the steric energies (in $\mathrm{kcal}^{\mathrm{mol}}{ }^{-1}$ ). Negative values represent a preference of the Me (or Et ) group for the axial conformer, and positive ones for the equatorial conformer.

|  | $\boldsymbol{\Delta} \boldsymbol{G}$ | $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{T})$ | $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{L})$ | $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{N L})$ | $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{N C E})$ | $\boldsymbol{\Delta} \boldsymbol{E}(\mathbf{N S A})$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\mathbf{3}$ | 0.76 | 0.22 | -0.95 | 1.17 | -12.03 | 1.57 |
| $\mathbf{4}$ | 1.63 | 1.51 | 0.68 | 0.82 | -8.46 | 1.13 |



Figure S2. Potential energy surface (PES) for the rotation associated with the ethyl group (dihedrals are highlighted) of 4 from $0^{\circ}$ to $360^{\circ}$ in steps of $10^{\circ}$ calculated at the M06L-D3/6$311++G(d, p)$ theoretical level.






Table S2. Atom-atom electrostatic interactions ( $\mathrm{kcal} \mathrm{mol}^{-1}$ ) obtained at M06L-D3/aug-cc-pVTZ theoretical level using NPA charges for 3. Negative values represent a stabilization for the axial position of the methyl group and positive values stabilization for the equatorial position.

|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 2 | -0.07 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 3 | 0.44 | -0.08 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 4 | 0.08 | 0.28 | -0.25 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 5 | 0.44 | -0.03 | -0.43 | -0.25 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 6 | -0.07 | 0.57 | -0.03 | 0.28 | -0.08 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 7 | 0.38 | -0.64 | -1.83 | -1.48 | -1.83 | -0.64 | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 8 | -0.17 | 1.39 | 1.13 | 1.42 | 0.23 | -0.56 | 0.66 | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 9 | 1.84 | -1.44 | -1.25 | -0.02 | 0.41 | -0.3 | 9.54 | 0.05 | - | - | - | - | - | - | - | - | - | - | - | - |
| 10 | -1.44 | 1.44 | 0.17 | -0.14 | 0.17 | 1.44 | 0.13 | -6.2 | 0.33 | - | - | - | - | - | - | - | - | - | - | - |
| 11 | 1.84 | -0.3 | 0.41 | -0.02 | -1.25 | -1.44 | 9.54 | 0.17 | 6.54 | 0.33 | - | - | - | - | - | - | - | - | - | - |
| 12 | -0.17 | -0.56 | 0.23 | 1.42 | 1.13 | 1.39 | 0.66 | -6.02 | 0.17 | -6.2 | 0.05 | - | - | - | - | - | - | - | - | - |
| 13 | -0.11 | 0.33 | -0.97 | -0.44 | -0.97 | 0.33 | -1.11 | -1.95 | -0.15 | 0.86 | -0.15 | -1.95 | - | - | - | - | - | - | - | - |
| 14 | 0.48 | 0.80 | 0.20 | 0.58 | -0.37 | -0.43 | 2.37 | 0.57 | 1.73 | 0.22 | -0.61 | 0.2 | -0.08 | - | - | - | - | - | - | - |
| 15 | 0.72 | -0.19 | -0.63 | 0.39 | 0.62 | 0.59 | -0.83 | -2.16 | -1.02 | -2.06 | -0.44 | 0.47 | -1.31 | 0.10 | - | - | - | - | - | - |
| 16 | -0.38 | 0.87 | -0.36 | -0.57 | -0.36 | 0.87 | -1.02 | 0.24 | 1.79 | 0.50 | 1.79 | 0.24 | 0.00 | 1.08 | 0.14 | - | - | - | - | - |
| 17 | 0.72 | 0.59 | 0.62 | 0.39 | -0.63 | -0.19 | -0.83 | 0.47 | -0.44 | -2.06 | -1.02 | -2.16 | -1.31 | 0.05 | -0.99 | 0.14 | - | - | - | - |
| 18 | 0.48 | -0.43 | -0.37 | 0.58 | 0.20 | 0.80 | 2.37 | 0.20 | -0.61 | 0.22 | 1.73 | 0.57 | -0.08 | 0.99 | 0.05 | 1.08 | 0.10 | - | - | - |
| 19 | -0.26 | 0.27 | 0.34 | 0.37 | 0.51 | 0.27 | -2.73 | -2.20 | -2.85 | -0.1 | -2.19 | -0.31 | 0.46 | -1.31 | 0.30 | 0.27 | 0.13 | -0.38 | - | - |
| 20 | -0.26 | 0.27 | 0.51 | 0.37 | 0.34 | 0.27 | -2.73 | -0.31 | -2.19 | -0.1 | -2.85 | -2.2 | 0.46 | -0.38 | 0.13 | 0.27 | 0.30 | -1.31 | 0.68 | - |
| 21 | 0.22 | 0.01 | 1.19 | 0.89 | 1.19 | 0.01 | -1.61 | 2.07 | -5.96 | -0.39 | -5.96 | 2.07 | 0.13 | -0.81 | 0.72 | 0.47 | 0.72 | -0.81 | 0.43 | 0.43 |



Table S3. Atom-atom electrostatic interactions ( $\mathrm{kcal} \mathrm{mol}^{-1}$ ) obtained at M06L-D3/aug-cc-pVTZ theoretical level using NPA charges for 4. Negative values represent a stabilization for the axial position of the ethyl group and positive values stabilization for the equatorial position.

|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | - | - | - | - | - | - | - | - | - | - | - |  |  |  | - | - | - | - | - |  | - | - | - |
| 2 | -0.63 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 3 | 0.41 | 0.13 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 4 | 0.01 | 0.5 | -0.34 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 5 | 0.35 | 0.16 | -0.47 | -0.22 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 6 | -0.18 | 0.81 | -0.09 | 0.26 | -0.10 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 7 | 0.81 | -1.02 | -1.28 | -1.05 | -1.23 | -0.43 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 8 | -0.05 | 1.08 | 1.20 | 1.40 | 0.17 | -0.55 | 0.39 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 9 | 1.84 | -1.60 | -1.13 | -0.03 | 0.40 | -0.23 | 6.02 | 0.06 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 10 | -1.35 | 1.17 | 0.30 | -0.14 | 0.15 | 1.50 | 0.22 | -6.24 | 0.42 | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 11 | 2.07 | -0.69 | 0.64 | -0.03 | -1.30 | -1.50 | 6.74 | 0.27 | 6.52 | 0.25 | - | - | - | - | - | - | - | - | - | - | - | - | - |
| 12 | -0.09 | -1.15 | 0.37 | 1.40 | 1.14 | 1.41 | 0.63 | -6.00 | 0.04 | -6.23 | -0.15 | - | - | - | - | - | - | - | - | - | - | - | - |
| 13 | -0.33 | 0.58 | -0.99 | -0.42 | -0.95 | 0.33 | -0.90 | -1.92 | -0.12 | 0.85 | -0.22 | -1.97 | - | - | - | - | - | - | - | - | - | - | - |
| 14 | 0.44 | 0.92 | 0.15 | 0.54 | -0.4 | -0.57 | 1.54 | 0.64 | 1.79 | 0.28 | -0.6 | 0.21 | -0.11 | - | - | - | - | - | - | - | - | - | - |
| 15 | 0.66 | -0.08 | -0.69 | 0.38 | 0.62 | 0.56 | -0.56 | -2.18 | -0.98 | -2.01 | -0.42 | 0.49 | -1.29 | 0.08 | - | - | - | - | - | - | - | - | - |
| 16 | -0.41 | 1.01 | -0.42 | -0.54 | -0.35 | 0.82 | -0.72 | 0.25 | 1.79 | 0.50 | 1.79 | 0.21 | 0.00 | 1.02 | 0.14 | - | - | - | - | - | - | - | - |
| 17 | 0.62 | 0.8 | 0.58 | 0.42 | -0.62 | -0.19 | -0.71 | 0.44 | -0.46 | -2.11 | -1.06 | -2.24 | -1.27 | 0.04 | -0.99 | 0.16 | - | - | - | - | - | - | - |
| 18 | 0.54 | -0.35 | -0.56 | 0.55 | 0.18 | 0.76 | 1.51 | 0.27 | -0.52 | 0.31 | 1.93 | 0.83 | -0.2 | 0.97 | 0.02 | 1.07 | -0.01 | - | - | - | - | - | - |
| 19 | 0.40 | 0.50 | 0.55 | 0.04 | -0.17 | -1.32 | -0.10 | 4.02 | -1.27 | 0.93 | -3.57 | -0.37 | 0.65 | -1.21 | -0.09 | 0.06 | 0.53 | -0.73 | - | - | - | - | , |
| 20 | -0.83 | 1.51 | 1.57 | 1.37 | 1.60 | 0.7 | -4.08 | -1.20 | -6.57 | -1.66 | -6.16 | -1.5 | -0.26 | -1.21 | 0.84 | 0.77 | 0.90 | -0.02 | 0.65 | - | - | - | - |
| 21 | -0.24 | 2.42 | 0.78 | -0.21 | -0.97 | -1.93 | 1.77 | 6.33 | 5.81 | -0.85 | 2.36 | -3.53 | -1.20 | 0.58 | -0.59 | -0.18 | 0.64 | 5.07 | 0.89 | -1.99 | , | - | - |
| 22 | 0.21 | -0.42 | -0.11 | 0.08 | 0.23 | 0.22 | -0.15 | -0.99 | -1.74 | 0.20 | -1.03 | 0.79 | 0.07 | -0.39 | 0.17 | 0.02 | -0.06 | -1.14 | -0.31 | 0.38 | 1.64 | - | - |
| 23 | 0.17 | -1.57 | -0.74 | -0.28 | -0.04 | 0.34 | 0.08 | -1.15 | -0.92 | 0.93 | 0.49 | 2.54 | 1.19 | -0.09 | -0.01 | -0.15 | -0.47 | -2.61 | -0.60 | 0.27 | 2.31 | -0.73 | - |
| 24 | -0.34 | -0.47 | -0.15 | 0.34 | 0.79 | 1.63 | -1.49 | -5.56 | -2.85 | -0.32 | -0.84 | 0.48 | -0.01 | 0.26 | 0.54 | 0.24 | -0.24 | -1.47 | 0.19 | 1.14 | -2.68 | 0.37 | 0.19 |


$3_{\mathrm{Me}-\mathrm{ax}}$

$3_{\mathrm{Me} \text {-eq }}$

$\mathbf{4}_{\mathbf{M e - a x}}$

$\mathbf{4}_{\text {Me-eq }}$

Table S4. Selected NLMOs steric repulsions that destabilize the alkyl groups in $\mathbf{3}$ and $\mathbf{4}$ in the axial orientation, calculated at the M06L-D3/aug-cc-pVTZ theoretical level. Energies given are in kcal mol ${ }^{-1}$.

| 3 | Me-axial |  | Me-equatorial |  | 4 | Et-axial |  | Et-equatorial |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{L P ( 1 ) ~} \mathrm{F}^{\mathbf{1}} / \boldsymbol{\sigma C S}_{\text {ch }}$ | 0.84 | $\sigma$ C-H1 / $\mathrm{\sigma C}_{\text {C- }}$ | 1.20 |  | $\mathbf{L P}(\mathbf{1}) \mathbf{F}^{\mathbf{1}} / \boldsymbol{\sigma C - H} \quad 0.51$ |  | $\boldsymbol{\sigma C - H 1} / \boldsymbol{\sigma C}_{\text {C-C }} 0.93$ |  |
|  | $\mathbf{L P}(2) \mathrm{F}^{\mathbf{1}} / \sigma_{\text {C-H }}$ | 1.00 |  |  |  |  | 0.59 |  |  |
|  | $\mathbf{L P}(3) \mathrm{F}^{1} / \sigma_{C-H}$ | 0.51 |  |  |  |  | 0.59 |  |  |
|  | $\mathbf{L P ( 1 ) ~} \mathrm{F}^{2} / \sigma_{\mathrm{C}-\mathrm{H}}$ | 0.84 |  |  |  | $\mathbf{L P ( 1 ) ~} \mathbf{F}^{\mathbf{2}} / \sigma_{\text {C-H }}$ | 0.99 |  |  |
|  | $\mathbf{L P}(2) \mathrm{F}^{2} / \sigma_{\text {C-H }}$ | 1.00 | $\sigma_{\text {C-H2 }} / \sigma_{\text {c-C }}$ | 1.20 |  | $\mathbf{L P}(2) \mathbf{F}^{\mathbf{2}} / \sigma_{\text {C-H }}$ | 0.69 | $\sigma_{\text {C-H2 }} / \sigma_{\text {C-C }}$ | 1.18 |
|  | $\mathbf{L P ( 3 ) ~} \mathbf{F}^{\mathbf{2}} / \boldsymbol{\sigma}_{\mathbf{C}-\mathrm{H}}$ | 0.51 |  |  |  | $\mathbf{L P ( 3 ) ~} \mathbf{F}^{\mathbf{2}} / \boldsymbol{\sigma}_{\mathrm{C}-\mathrm{H}}$ | 1.28 |  |  |

Table S5 Contribution of selected bonds and lone pairs in compounds $\mathbf{1 , 3}$ and $\mathbf{4}$ for the molecular dipole z component (in Debye) calculated at the M06L-D3/aug-cc-pVTZ theoretical level.

| Compound | 1 | 3 ${ }_{\text {Me-ax }}$ | 3 Me -eq | 4Et-ax | 4Et-eq |
| :---: | :---: | :---: | :---: | :---: | :---: |
| C-Fax | 1.84 | 1.89 | 1.88 | 1.86 | 1.87 |
| $\mathrm{Fax}_{\text {a }} \mathrm{LPs}^{\text {a }}$ | 1.33 | 1.41 | 1.39 | 1.38 | 1.40 |
| C-Feq ${ }^{\text {c }}$ | 0.54 | 0.55 | 0.55 | 0.52 | 0.48 |
| $\mathrm{F}_{\text {eq }} \mathrm{LPs}^{\text {a }}$ | 0.44 | 0.44 | 0.44 | 0.45 | 0.39 |
| C-Rax ${ }^{\text {b }}$ | - | -0.17 | - | -0.16 | - |
| C-Req ${ }^{\text {b }}$ | - | - | -0.08 | - | -0.09 |
| C-Hax ${ }^{\text {c }}$ | -1.69 | -1.71 | -1.69 | -1.65 | -1.67 |
| C- $\mathrm{Heq}^{\text {c }}$ | -0.74 | -0.79 | -0.77 | -0.75 | -0.76 |
| Molecular Dipole (z) | 5.49 | 3.85 | 5.13 | 3.72 | 4.86 |
| Molecular Dipole | 5.49 | 3.87 | 5.49 | 3.74 | 5.47 |

Table S6. Cartesian coordinates, energies and Lowest harmonic vibrational frequencies of the optimized geometries for compounds 1, $\mathbf{3}$ and $\mathbf{4}$ obtained at the M06L-D3/aug-cc-pVTZ level in the gas-phase.

| 1Energy (hartrees) $=\mathbf{8 3 1 . 4 4 8 6 2 1 4 8 7}$No negative frequenciesLowest harmonic vibrational frequency $\left(\mathrm{cm}^{-1}\right)=107.52$ |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $\begin{aligned} & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{C} \\ & \mathrm{H} \\ & \mathrm{H} \\ & \mathrm{H} \\ & \mathrm{H} \\ & \mathrm{H} \\ & \mathrm{H} \\ & \mathrm{~F} \\ & \mathrm{~F} \\ & \mathrm{~F} \\ & \mathrm{~F} \\ & \mathrm{~F} \\ & \mathrm{~F} \end{aligned}$ | 1.42428200 <br> 0.83881900 <br> -0.60733200 <br> $-1.46265400$ <br> -0.81681500 <br> 0.62393800 <br> 1.41328200 <br> 1.42496500 <br> -2.46470700 <br> -0.81747600 <br> 1.05170700 <br> -0.60751300 <br> 0.68194000 <br> 0.91612900 <br> -1.59829200 <br> 2.72275800 <br> -1.56096100 <br> -1.16176200 | -0.12062100 <br> 1.20452200 <br> 1.29370700 <br> 0.12395100 <br> -1.17298800 <br> $-1.32844000$ <br> 2.03023800 <br> -0.12010600 <br> 0.20883100 <br> -1.17379100 <br> $-2.23880400$ <br> 1.29409900 <br> $-1.45049900$ <br> 1.31563500 <br> 0.13496000 <br> -0.23084900 <br> -2.24258600 <br> 2.47320000 | $-0.68587300$ <br> $-0.22239800$ <br> -0.68559700 <br> -0.22291900 <br> -0.68579000 <br> -0.22306300 <br> $-0.65190400$ <br> -1.78401800 <br> $-0.65305000$ <br> -1.78394700 <br> $-0.65270500$ <br> -1.78373300 <br> 1.13887300 <br> 1.13953700 <br> 1.13891400 <br> $-0.26276600$ <br> $-0.26225600$ <br> $-0.26305800$ |  |  |  |
| Lowest ha | gy (hartree No negativ ic vibratio | Te-ax $=-771.52$ <br> frequenci <br> al frequen | 2281474 <br> ies $\mathrm{cy}\left(\mathrm{~cm}^{-1}\right)=$ | $7.17$ | $3_{\mathrm{Me}-\mathrm{ax}}$Energy (hartrees) $=-771.52281474$No negative frequenciesLowest harmonic vibrational frequency $\left(\mathrm{cm}^{-1}\right)=107.17$ |  |  |  |  |
| C C C C C C C C F F F F F H H H H H H H H H | $\begin{array}{r} 1.45865800 \\ -0.76510200 \\ -1.48416500 \\ -0.76522800 \\ 0.66039000 \\ 0.66050700 \\ 1.87181100 \\ 1.3150000 \\ -0.77767900 \\ -2.76833300 \\ -0.77783100 \\ 1.31477200 \\ 2.37053300 \\ 0.59507500 \\ -1.28537900 \\ -1.53527900 \\ -1.28558700 \\ 0.59496100 \\ 2.47365900 \\ 2.47360800 \\ 1.02380500 \end{array}$ | 0.00006800 <br> -1.26804000 <br> -0.00007500 <br> 1.26796600 <br> 1.22826900 <br> -1.22820800 <br> 0.00008800 <br> -2.37985500 <br> -1.38853300 <br> $-0.00013600$ <br> 1.38847300 <br> 2.37997800 <br> 0.00011200 <br> -1.24468800 <br> -2.14143000 <br> -0.00008300 <br> 2.14130100 <br> 1.24474400 <br> -0.88071600 <br> 0.88092900 <br> 0.00006700 | -0.30410100 <br> $-0.21239900$ <br> $-0.63861700$ <br> $-0.21241000$ <br> $-0.73678500$ <br> -0.73678500 <br> 1.16016900 <br> $-0.35507700$ <br> 1.15786600 <br> -0.15566400 <br> 1.15785500 <br> -0.35507300 <br> $-0.90679500$ <br> $-1.83322000$ <br> -0.61499800 <br> $-1.73505000$ <br> -0.61502200 <br> $-1.83322000$ <br> 1.36970400 <br> 1.36969400 <br> 1.83530500 |  |     <br> C 1.45865800 0.00006800 -0.30410100 <br> C -0.76510200 -1.26804000 -0.21239900 <br> C -1.48416500 -0.00007500 -0.63861700 <br> C -0.76522800 1.26796600 -0.21241000 <br> C 0.66039000 1.22826900 -0.73678500 <br> C 0.66050700 -1.22820800 -0.73678500 <br> C 1.87181100 0.00008800 1.16016900 <br> F 1.31500200 -2.37985500 -0.35507700 <br> F -0.77767900 -1.38853300 1.15786600 <br> F -2.76833300 -0.00013600 -0.15566400 <br> F -0.77783100 1.38847300 1.15785500 <br> F 1.31477200 2.37997800 -0.35507300 <br> H 2.37053300 0.00011200 -0.90679500 <br> H 0.59507500 -1.24468800 -1.83322000 <br> H -1.28537900 -2.14143000 -0.61499800 <br> H -1.53527900 -0.00008300 -1.73505000 <br> H -1.28558700 2.14130100 -0.61502200 <br> H 0.59496100 1.24474400 -1.83322000 <br> H 2.47365900 -0.88071600 1.36970400 <br> H 2.47360800 0.88092900 1.36969400 <br> H 1.02380500 0.00006700 1.83530500 |  |  |  |  |
| $4 \mathrm{Et}-\mathrm{ax}$Energy (hartrees) $=\mathbf{= 8 1 0 . 8 4 1 6 7 9 4 4 9}$No negative frequenciesLowest harmonic vibrational frequency $\left(\mathrm{cm}^{-1}\right)=48.35$ |  |  |  |  | $4_{\mathrm{Et}-\mathrm{ax}}$Energy (hartrees) $=-810.841679449$No negative frequencieswest harmonic vibrational frequency $\left(\mathrm{cm}^{-1}\right)=48.35$ |  |  |  |  |


| C | 1.07474000 | 0.33320100 | -0.60526000 | C | 1.07474000 | 0.33320100 | -0.60526000 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C | -0.03344200 | 1.35901900 | -0.84503700 | C | -0.03344200 | 1.35901900 | -0.84503700 |
| C | -1.30335700 | 1.08992000 | -0.05939300 | C | -1.30335700 | 1.08992000 | -0.05939300 |
| C | -1.82477600 | -0.28542900 | -0.43386800 | C | -1.82477600 | -0.28542900 | -0.43386800 |
| C | -0.79862300 | $-1.38604100$ | -0.22820100 | C | -0.79862300 | -1.38604100 | -0.22820100 |
| C | 0.48149500 | -1.02779000 | -0.96800900 | C | 0.48149500 | -1.02779000 | -0.96800900 |
| C | 1.73290900 | 0.43265100 | 0.77657600 | C | 1.73290900 | 0.43265100 | 0.77657600 |
| F | 1.40167900 | -2.03575700 | -0.76911700 | F | 1.40167900 | -2.03575700 | -0.76911700 |
| F | -0.55897000 | $-1.56809500$ | 1.11415200 | F | -0.55897000 | -1.56809500 | 1.11415200 |
| F | -2.96684700 | -0.56970800 | 0.27085600 | F | -2.96684700 | -0.56970800 | 0.27085600 |
| F | -1.05521100 | 1.15720600 | 1.29244100 | F | -1.05521100 | 1.15720600 | 1.29244100 |
| F | 0.41858000 | 2.62952400 | $-0.55825300$ | F | 0.41858000 | 2.62952400 | $-0.55825300$ |
| H | 1.84691600 | 0.54396700 | $-1.35164300$ | H | 1.84691600 | 0.54396700 | $-1.35164300$ |
| H | 0.23258700 | -1.02939800 | -2.03842900 | H | 0.23258700 | -1.02939800 | -2.03842900 |
| H | -1.18963500 | -2.33255500 | -0.61150100 | H | -1.18963500 | -2.33255500 | -0.61150100 |
| H | -2.08180200 | -0.26365300 | $-1.50062600$ | H | -2.08180200 | -0.26365300 | $-1.50062600$ |
| H | -2.05597000 | 1.84914500 | -0.28819400 | H | -2.05597000 | 1.84914500 | -0.28819400 |
| H | -0.30607200 | 1.35115900 | $-1.90895500$ | H | -0.30607200 | 1.35115900 | -1.90895500 |
| H | 1.72687900 | 1.48379800 | 1.06480300 | H | 1.72687900 | 1.48379800 | 1.06480300 |
| H | 1.13313700 | $-0.08566100$ | 1.51993500 | H | 1.13313700 | $-0.08566100$ | 1.51993500 |
| C | 3.16035800 | -0.08276700 | 0.79160900 | C | 3.16035800 | -0.08276700 | 0.79160900 |
| H | 3.61348800 | 0.06693800 | 1.76981000 | H | 3.61348800 | 0.06693800 | 1.76981000 |
| H | 3.77751300 | 0.44498100 | 0.06291500 | H | 3.77751300 | 0.44498100 | 0.06291500 |
| H | 3.21405500 | -1.14383600 | 0.56067900 | H | 3.21405500 | -1.14383600 | 0.56067900 |

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## Langmuir Isotherm analysis set up

Langmuir isotherms were carried out using a Biolin Scientific KSV Nima KN-2002 ("medium") Langmuir Trough with PC interface (for displaying real time surface pressures and barrier positions) and subphase temperature control. The resolution for surface tension measurement was $0.03 \mu \mathrm{~N} / \mathrm{m}$, with a measuring range up to $300 \mathrm{mN} / \mathrm{m}$. The subphase temperature was regulated with a Grant GR150 water circulator and monitored using a digital probe.

## Cleaning

Troughs and barriers were cleaned using an Alconox solution ( $10 \mathrm{~g} / \mathrm{L}$ ), which was rubbed over the PTFE surface in circular motions with surfactant-free Kimwipes. The components were subsequently rinsed with DI water followed by blow drying with nitrogen in five consecutive cycles.

## Calibration

The Wilhelmy probe was calibrated following the manufacturer's guidelines, with a precisely measured washer ( 273.2 mg ) that served as calibration weight. Measurements of the surface pressure were conducted using Wilhelmy plates made of paper, which were soaked in DI water for 15 min prior to each experiment. A surface tension measurement of the subphase (DI water) was performed to validate the geometrical features of the Wilhelmy plate; by zeroing the Wilhelmy balance whilst the water-saturated Wilhelmy plate was suspended in mid-air, then touching the plate to the water surface and ensuring a reading of $72.8 \pm 0.1$ $\mathrm{mN} / \mathrm{m}$ was recorded. Movement of the barriers was restricted by physical limit switches placed at the "fully open" and "fully closed" positions. These were located at barrier positions 0 mm and 130 mm , respectively. Please note that the open area was $23,650 \mathrm{~mm}^{2}$ and the closed was $2,410 \mathrm{~mm}^{2}$, leading to a maximum compression ratio of $\sim 10$.

## Filling and surface cleaning

In order to fill the trough with the subphase, the barriers were fully closed at barrier position of 130 mm . DI water was added from outside the barrier-delimited surface until the water level exceeded the barriertrough contact level by $2-5 \mathrm{~mm}$ (a meniscus formed due to the hydrophobicity of the PTFE on the surface of the trough). In order to assess cleanliness of the water surface, the balance was set to $0 \mathrm{mN} / \mathrm{m}$ in the fully open position, and a full-compression isotherm measurement was performed at constant compression speed (typically $65 \mathrm{~mm} / \mathrm{min}$ ). A surface pressure of increase of $<0.3 \mathrm{mN} / \mathrm{m}$ was set as the acceptance criteria for the subphase surface to be considered as "clean". Otherwise, surface-borne contaminants were removed using a pipet tip that was attached to a negative pressure aspirator and liquid trap (or further still, emptying the subphase and returning to the cleaning procedure).

## Deposition:

Once the set-up was calibrated and assessed as "clean", samples were deposited either dropwise/manually from a microsyringe over the course of 30 min , or by continuous micro-propulsive injection over a similar time interval (using a syringe pump attached to a hypodermic needle at the air liquid interface). An equilibration period of 30 min was allowed post-spreading. Thereafter, the compression was carried out a constant rate relative to remaining area of $5 \%$ per minute. See Table S6 for further details:

Table S6 Experimental details for Langmuir Blodgett experiments.

| Compound | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{2 1}$ | $\mathbf{2 2}$ |
| :---: | :---: | :---: | :---: | :---: |
| Solvent | $\left(\mathrm{CH}_{3}\right)_{2} \mathrm{CO}$ | $\mathrm{CHCl}_{3}$ | $\mathrm{CHCl}_{3}$ | $\mathrm{CHCl}_{3}$ |
| Concentration $[\mathbf{m g} / \mathbf{m l}]$ | 0.65 | 1.25 | 0.32 | 0.89 |
| Total volume $[\mathbf{u l}]$ | 100 | 20 | 100 | 20 |
| Type of deposition | syringe pump | manual | manual | manual |

## X-ray Crystallography Details

X-ray diffraction data for compounds $\mathbf{3}$ and $\mathbf{8}$ were collected at 125 K using a Rigaku MM-007HF High Brilliance RA generator/confocal optics with XtaLAB P200 diffractometer [ $\mathrm{Cu} \mathrm{K} \alpha$ radiation ( $\lambda=1.54187$ $\AA$ )]. Diffraction data for compound 4 were collected at 93 K using a Rigaku FR-X Ultrahigh Brilliance Microfocus RA generator/confocal optics with XtaLAB P200 diffractometer [Mo K $\alpha$ radiation ( $\lambda=0.71075$ $\AA$ ) ]. Diffraction data for compounds 5, 6 and 9 were collected at 173 K using a Rigaku MM-007HF High Brilliance RA generator/confocal optics with XtaLAB P100 diffractometer [Cu K $\alpha$ radiation ( $\lambda=1.54187$ $\AA)]$. In all cases, intensity data were collected using either just $\omega$ steps or both $\omega$ and $\varphi$ steps accumulating area detector images spanning at least a hemisphere of reciprocal space. Data for all compounds analysed were collected using CrystalClear. ${ }^{1}$ and processed (including correction for Lorentz, polarization and absorption) using either CrystalClear or CrysAlisPro. ${ }^{2}$ Structures were solved by dual-space (SHELXT ${ }^{3}$ ) or direct (SIR2004 ${ }^{4}$ ) methods, and refined by full-matrix least-squares against $\mathrm{F}^{2}$ (SHELXL-2018/3 ${ }^{5}$ ). Nonhydrogen atoms were refined anisotropically, and hydrogen atoms were refined using a riding model, except for the OH hydrogen in $\mathbf{8}$ which was located from the difference Fourier map and refined isotropically subject to a distance restraint. Compounds 5, $\mathbf{6}$ and $\mathbf{8}$ all diffracted weakly at high angles, resulting in elevated values of $R_{\mathrm{int}}$, and correspondingly higher values of $R_{1}$ and $w R_{2}$. Compounds $\mathbf{6}$ and $\mathbf{8}$ were refined as two-component non-merohedric twins, however the continuing elevated values of $R_{1}$ and $w R_{2}$ suggest further twinning or polycrystallinity could be present, although all attempts to incorporate this into the refinement were unsuccessful. Despite the somewhat lower data-quality for compounds 5, $\mathbf{6}$ and $\mathbf{8}$, all three structures could be determined unambiguously. All calculations were performed using either the CrystalStructure ${ }^{6}$ or Olex $2^{7}$ interface. Selected crystallographic data are presented in Table S7. Deposition numbers 2068702-2068707 contains the supplementary crystallographic data for this paper. These data are provided free of charge by the joint Cambridge Crystallographic Data Centre and Fachinformationszentrum Karlsruhe Access Structures service www.ccdc.cam.ac.uk/structures.

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Table S7. Selected crystallographic data.

|  | 3 | 4 | 5 | 6 | 8 | 9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CCDC number | 2068702 | 2068703 | 2068704 | 2068705 | 2068706 | 2068707 |
| empirical formula | $\mathrm{C}_{7} \mathrm{H}_{9} \mathrm{~F}_{5}$ | $\mathrm{C}_{8} \mathrm{H}_{11} \mathrm{~F}_{5}$ | $\mathrm{C}_{14} \mathrm{H}_{16} \mathrm{~F}_{10}$ | $\mathrm{C}_{24} \mathrm{H}_{36} \mathrm{~F}_{10}$ | $\mathrm{C}_{19} \mathrm{H}_{33} \mathrm{~F}_{5} \mathrm{O}$ | $\mathrm{C}_{19} \mathrm{H}_{33} \mathrm{~F}_{5}$ |
| fw | 188.14 | 202.17 | 374.27 | 514.53 | 372.46 | 356.46 |
| crystal description | Colourless prism | Colourless plate | Colourless plate | Colourless plate | Colourless plate | Colourless plate |
| crystal size [ $\mathrm{mm}^{3}$ ] | $0.10 \times 0.10 \times 0.10$ | $0.10 \times 0.10 \times 0.01$ | $0.05 \times 0.03 \times 0.01$ | $0.05 \times 0.05 \times 0.01$ | $0.03 \times 0.02 \times 0.01$ | $0.33 \times 0.12 \times 0.01$ |
| Temperature [K] | 125 | 93 | 173 | 173 | 125 | 173 |
| space group | C2/m | Pbca | $P 2{ }_{1} / \mathrm{c}$ | $P 2 / 1 / c$ | $P 2_{1} 2_{1} 2_{1}$ | P 21 |
| $a[\AA]$ | 8.3314(3) | 15.594(7) | 6.3268(9) | 18.982(6) | 5.5481(6) | 5.64684(18) |
| $b[\AA]$ | 7.6652(3) | 12.835(7) | 11.8350(16) | 5.1880(10) | 5.5766(6) | 5.62268(14) |
| $c[\AA]$ | 11.5888(4) | 8.557(4) | 9.9391(16) | 12.315(2) | 62.078(8) | 30.1035(11) |
| $\left.\beta{ }^{\circ}{ }^{\circ}\right]$ | 99.667(3) |  | 103.293(16) | 97.79(2) |  | 95.117(3) |
| $\operatorname{vol}[\AA]^{3}$ | 729.57(5) | 1712.7(15) | 724.28(19) | 1201.6(5) | 1920.7(4) | 951.99(5) |
| Z | 4 | 8 | 2 | 2 | 4 | 2 |
| $\rho$ (calc) $\left[\mathrm{g} / \mathrm{cm}^{3}\right]$ | 1.713 | 1.568 | 1.716 | 1.422 | 1.288 | 1.243 |
| $\mu\left[\mathrm{mm}^{-1}\right]$ | 1.715 | 0.166 | 1.726 | 1.193 | 0.943 | 0.887 |
| $\mathrm{F}(000)$ | 384 | 832 | 380 | 540 | 800 | 384 |
| reflections collected | 3739 | 18234 | 7216 | 11100 | 21334 | 12752 |
| independent reflections ( $R_{\text {int }}$ ) | 773 (0.0149) | 1575 (0.1006) | 1318 (0.1814) | 2183 (0.1189) | 3910 (0.2214) | 3392 (0.0361) |
| parameters, restraints | 63, 0 | 119, 0 | 110, 0 | 155, 0 | 231, 1 | 218, 1 |
| GoF on $F^{2}$ | 1.172 | 0.955 | 1.091 | 1.723 | 1.809 | 1.091 |
| $R_{l}[I>2 \sigma(I)]$ | 0.0339 | 0.0515 | 0.1179 | 0.1661 | 0.1806 | 0.0427 |
| $w R_{2}$ (all data) | 0.0955 | 0.1381 | 0.3811 | 0.5161 | 0.4893 | 0.1233 |
| largest diff. peak/hole [e/ $\AA^{3}$ ] | 0.29, -0.23 | 0.41, -0.22 | 0.57, -0.42 | 0.67, -0.56 | 0.67, -0.57 | 0.25, -0.20 |

