## Supporting information

## Folding and duplex formation in mixed sequence recognition-encoded $\boldsymbol{m}$ phenylene ethynylene polymers

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## Synthesis

All the reagents were obtained from commercial sources (Sigma-Aldrich, Alfa Aesar, Fisher Scientific and Fluorochem) and were used without further purification. Thin layer chromatography was carried out using with silica gel 60F (Merck) on glass. ${ }^{1} \mathrm{H}$ and ${ }^{13} \mathrm{C}$ NMR spectra were recorded on either a Bruker 400 MHz AVIII 400 or Bruker 500 MHz AVIII500 DCH cryoprobe spectrometer at 298 K unless specifically stated otherwise. Residual solvent was used as an internal standard. All chemical shifts are quoted in ppm on the $\delta$ scale and the coupling constants expressed in Hz. Signal splitting patterns are described as follows: $s$ (singlet), d (doublet), t (triplet), sept (septet), m (multiplet). ES + mass spectra were obtained on a Waters LCT premier mass spectrometer. FTIR spectra were recorded on a PerkinElmer Spectrum One FT-IR spectrometer. Synthesis of compounds 1,2 3, $\mathbf{4}$ and $\mathbf{5}$ has been previously reported. ${ }^{1}$

1) J. A. Swain, G. Iadevaia and C. A. Hunter, J. Am. Chem. Soc., 2018, 140, 1152611536

## HPLC Separation of Oligomers

The samples were analyzed by reverse phase HPLC using an Agilent LC-MSD ionTrap model XCT LCMS equipment in Electrospray mode. This system is composed of a modular Agilent 1200 Series HPLC system connected to an Agilent/Bruker ionTrap model XCT with MSMS capabilities. The modular Agilent 1200 Series HPLC system is composed of a HPLC high pressure binary pump, autosampler with injector programming capabilities, column oven with $6 \mu \mathrm{~L}$ heat exchanger and a Diode Array Detector with a semimicro flow cell ( 6 mm path length, $1.7 \mu \mathrm{l}$ volume) to reduce peak dispersion when using short columns as in this case. The flow-path was connected using 0.12 mm ID stainless steel tubing to minimize peak dispersion. The outlet of the Diode Array Detector flowcell is connected via a switching valve to the IonTrap, the switching valve allowing directing the first segment of the chromatography corresponding to solvent front to waste. After removing the contamination ions associated with the solvent front, the switching valve directs the solvent to the electronspray ion source. While the solvent rate of the method is $1 \mathrm{~mL} / \mathrm{min}$, the ion source has a dead volume passive splitting union installed which splits the flow rate entering the ion source to $<100 \mu \mathrm{~L} / \mathrm{min}$, the rest of the flow rate is directed to waste. This reduction in flow rate enhances the electrospray signal and reduces the contamination in the ion source. The Electrospray was set to +ve mode. The capillary needle has an orthogonal-flow sprayer design with respect to the ion transmission. The capillary needle voltage was set to +3500 V and the end plate offset was set to -500 V . The solvent eluting from the HPLC column entering the ESI capillary needle in the Ion Source Interface was nebulised with the assistance of N2 at 15 psi . Drying N2 gas heated to $325{ }^{\circ} \mathrm{C}$ and flowing at $5 \mathrm{~L} / \mathrm{min}$ was used for the ESI desolvation stage. The ion transport and focusing region of the LC/MSD Trap is enclosed in the vacuum manifold, formed by a rough pump and two turbopumps. The ions formed on the Ion Source Interface enter and are guided through the glass capillary, where the capillary exit is set to -178 V . The bulk of the drying gas is removed by the rough pump before the skimmer which is set to -178 V . The ions then pass into an octopole ion guide (Octopole 1 set to -12 V DC followed by Octopole 2 set to -3 V DC set to a radio frequency of 200 Vpp ) that focuses and transports the ions from a relatively high pressure position directly behind the skimmer to the focusing/exit lenses (Lens 1 set to +5 V followed by Lens 2 set to +60 V ) coupling the ion transport to the ion trap. The selected ions entered the ion trap which had been set
to a value of 109.9. For efficient trapping and cooling of the ions generated by the electrospray interface, helium gas is introduced into the ion trap. The fractions were isolated using an Agilent HP-1100 preparative HPLC system. This is composed by a high pressure mixing binary pump capable of flow rates up to $50 \mathrm{~mL} / \mathrm{min}$ at 400 bar back-pressure, with dual injector autosamplers lops ( 500 uL and a 5 mL loop), a variable detector ( 190 nm to 600 nm ) and a fraction collector. UV/vis absorption was measured at 290 nm ( 8 nm bandwidth) with reference 550 nm ( 100 nm bandwidth). The software for the fraction collector can be set to automatically collect on peak recognition.

## DAD oligomerization

$\mathbf{1}(47.3 \mathrm{mg}, 0.400 \mathrm{mmol}), \mathbf{3}(57.3 \mathrm{mg}, 0.200 \mathrm{mmol})$ and $\mathbf{2}(172 \mathrm{mg}, 0.400 \mathrm{mmol})$ were placed in a flask and degassed with $\mathrm{N}_{2}$ for 30 minutes. $\mathrm{Pd}_{2}(\mathrm{dba})_{3}(7.30 \mathrm{mg}, 8.00 \mu \mathrm{~mol})$ and $\mathrm{CuI}(1.50 \mathrm{mg}, 8.00 \mu \mathrm{~mol})$ and $\mathrm{PPh}_{3}(10.5 \mathrm{mg}, 40.0 \mu \mathrm{~mol})$ were placed in a separate flask and degassed with $\mathrm{N}_{2}$. Degassed $\mathrm{Et}_{3} \mathrm{~N}(167 \mu \mathrm{~L}, 1.20 \mathrm{mmol})$ was added and the contents of this flask transferred to the first using degassed toluene ( 8 mL ). The reaction was stirred overnight at room temperature, in the dark under $\mathrm{N}_{2}$. The solvent was removed by rotary evaporation under reduced pressure yielding a brown solid ( 465 mg ). The sample was dissolved in EtOH and sonicated, before filtering. Preparative HPLC separation of the oligomerisation mixture was completed using a HIRBP-6988 prep column ( $250 \times 25 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF solvent system (THF: $60 \%$ for $48 \mathrm{mins}, 65 \%$ for 31 mins ) at $15 \mathrm{~mL} \mathrm{~min}^{-1}$.


Figure S1 (a) LCMS analysis of $\mathrm{DA}_{n} \mathrm{D}$ oligomerisation mixture using a Hichrom $\mathrm{C}_{8} \mathrm{C}_{18}$ column ( $50 \times 4.6 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF ( $0.1 \%$ formic acid) solvent system (THF: $60 \%$ for $5 \mathrm{mins}, 60-70 \%$ over $2 \mathrm{mins} 70 \%$ for 3 mins ) at a flow rate of 1 $\mathrm{mL} \mathrm{min}{ }^{-1}$. (b) Preparative HPLC (bottom) separation of $\mathrm{DA}_{\mathrm{n}} \mathrm{D}$ oligomerisation mixture using a HIRBP-6988 prep column ( $250 \times 25 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF solvent system (THF: $60 \%$ for $48 \mathrm{mins}, 65 \%$ for 31 mins ) at $15 \mathrm{~mL} \mathrm{~min}^{-1}$. Both samples were prepared in EtOH. UV/vis absorption was measured at 290 nm . Peaks identified by MS are labelled with retention time in minutes.

## DAD 3-mer



TLC $\boldsymbol{R}_{\boldsymbol{f}}: 0.40$ (MeOH: $\mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9$ );
${ }^{1} \mathbf{H}$ NMR ( $500 \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta 8.12(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 12-\mathrm{H}), 8.09(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}$, $14-\mathrm{H}), 7.91-7.84(\mathrm{~m}, 3 \mathrm{H}, 18,20-\mathrm{H}), 7.82(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 10-\mathrm{H}), 7.24(\mathrm{t}, J=8.0$ $\mathrm{Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.12$ (dt, $J=7.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}), 7.09$ (dd, $J=2.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}$ ), 6.90 (ddd, $J=8.0,2.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 6.30(\mathrm{bs}, 2 \mathrm{H}, \mathrm{OH}), 4.14(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 4 \mathrm{H}$, $\left.{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 2 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 2 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$, 1.49$1.35\left(\mathrm{~m}, 6 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.06\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 6 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13} \mathbf{C}$ NMR ( $126 \mathrm{MHz}, \mathbf{C D C l}_{3}$ ): $\delta 165.2$ (C=O), 156.0 (1-C), 138.4 (10-C), 137.6 (20C), 133.7 (d, $J=88.0 \mathrm{~Hz}, 19-\mathrm{C}), 133.0$ (18-C) 132.6 (12-C), 132.0 (14-C), 131.3 (13C), 129.7 (3-C), 124.2 ( $4-\mathrm{C}$ ), 124.1 ( $17-\mathrm{C}$ ), 123.7 ( $11-\mathrm{C}$ ), 123.2 ( $9-\mathrm{C}$ ), 118.3 ( $6-\mathrm{C}$ ), 116.5 (2-C), $90.9(-\mathrm{C} \equiv), 90.4(-\mathrm{C} \equiv), 89.9(-\mathrm{C} \equiv), 87.2(-\mathrm{C} \equiv), 71.6\left({ }^{i} \mathrm{Bu}\right), 29.2(\mathrm{~d}, J=$ $\left.68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 24.1\left(\mathrm{~d}, J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 23.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 19.2$ ( $\left.{ }^{i} \mathrm{Bu}\right), 13.6\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{\mathbf{3 1}} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}-\boldsymbol{d}_{\mathbf{3}}$ ): $\delta 43.7$ (phosphine oxide)
FT-IR (ATR): 3148 (br), 2923, 2224, 1722, 1591, 1232, $767 v_{\max } / \mathrm{cm}^{-1}$;
HRMS (ES+): $\mathrm{C}_{56} \mathrm{H}_{56} \mathrm{O}_{7} \mathrm{P}$ calcd. 871.3758 found $871.3719, \Delta=-4.50 \mathrm{ppm}$.


Figure S2 ${ }^{1} \mathrm{H}$ NMR $\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of DAD


Figure $\mathbf{S 3}{ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAD


Figure $\mathbf{S 4}{ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of DAD

## DAAD 4-mer



TLC $\boldsymbol{R}_{f}: 0.40\left(\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9\right)$;
${ }^{1} \mathbf{H}$ NMR ( $500 \mathrm{MHz}, \mathbf{C D C l}_{3}$ ): $\delta 8.14(\mathrm{~d}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 26-\mathrm{H}), 8.09(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}$, $12-\mathrm{H}), 8.06$ (t, $J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 14-\mathrm{H}), 8.04(\mathrm{bs}, 2 \mathrm{H}, \mathrm{OH}), 7.92-7.82(\mathrm{~m}, 7 \mathrm{H}, 18,20$, $22,28-\mathrm{H}), 7.81(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 10-\mathrm{H}), 7.24(\mathrm{t}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.17(\mathrm{dd}, J=$ $2.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.09$ (dt, $J=7.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}$ ), 6.93 (ddd, $J=8.0,2.5,1.0$ $\mathrm{Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 4.15\left(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 2 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 4.12\left(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10$ $\left(\mathrm{m}, 3 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81\left(\mathrm{~m}, 8 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$, $1.06\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 6 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 1.04\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.90(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H}$, ${ }^{n} \mathrm{Bu}$ );
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 2 6} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ ): $\delta 165.2$ (13-C=O), 165.0 (27-C=O), 156.8 (1-C), 138.7 (28-C), 138.5 (10-C), 137.6 (18-C), 133.7 (d, $J=88.0 \mathrm{~Hz}, 21-\mathrm{C}), 133.1$ (22-C), 133.0 (20-C), 132.5 (12-C), 131.8 (14-C), 131.4 (26-C), 131.2 (13-C), 129.6 (3-C), 124.4 (4C), 124.2 ( $\mathrm{d}, \mathrm{J}=13.0 \mathrm{~Hz}, 17-\mathrm{C}$ ), 124.0 ( $\mathrm{d}, \mathrm{J}=13.0 \mathrm{~Hz}, 19-\mathrm{C}$ ), 123.5 (11-C), 123.4 (25C), 123.4 (5-C) 123.1 (9-C), 118.7 (6-C), 116.8 (2-C), 91.3 (-C $\equiv$ ), 90.0 (-C $\equiv$ ), 89.7 ($\mathrm{C} \equiv), 89.1(-\mathrm{C} \equiv), 88.7(-\mathrm{C} \equiv), 87.0(-\mathrm{C} \equiv), 71.7\left({ }^{i} \mathrm{Bu}\right), 71.6\left({ }^{i} \mathrm{Bu}\right), 29.2(\mathrm{~d}, J=68.5 \mathrm{~Hz}$, $\left.{ }^{n} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 24.1\left(\mathrm{~d}, J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 23.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 19.3\left({ }^{i} \mathrm{Bu}\right), 19.2$ $\left({ }^{( } \mathrm{Bu}\right), 13.6\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{\mathbf{3 1}} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}-\boldsymbol{d}_{\mathbf{3}}$ ): $\delta 42.7$ (phosphine oxide)
FT-IR (ATR): 3142 (br), 2926, 2226, 1720, 1592, 1234, 1156, $767 v_{\max } / \mathrm{cm}^{-1}$;
HRMS (ES+): $\mathrm{C}_{85} \mathrm{H}_{88} \mathrm{O}_{10} \mathrm{P}_{2}$ calcd. 1330.5853 found 1330.5850, $\Delta=-0.20 \mathrm{ppm}$.


Figure $\mathbf{S 5}{ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAAD


Figure S6 ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAAD


Figure $\mathbf{S} 7{ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of DAAD

## DAAAD 5-mer



TLC $\boldsymbol{R}_{f}: 0.40\left(\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9\right)$;
${ }^{1} \mathbf{H}$ NMR ( $500 \mathbf{M H z}, \mathbf{C D C l}_{3}$ ): $\delta 8.18(\mathrm{dt}, J=6.0,1.5 \mathrm{~Hz}, 4 \mathrm{H}, 12,14-\mathrm{H}), 8.09(\mathrm{~d}, J=$ $1.5 \mathrm{~Hz}, 4 \mathrm{H}, 28,30-\mathrm{H}), 7.97-7.81$ (m, 11H, 18, 20, 22, 26, 34, 36-H), 7.79 (t, $J=1.5$ $\mathrm{Hz}, 2 \mathrm{H}, 10-\mathrm{H}), 7.20(\mathrm{t}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.11(\mathrm{dd}, J=2.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.06$ (dt, $J=7.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}), 6.92$ (ddd, $J=8.0,2.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 4.16$ (d, $J=6.5$ $\left.\mathrm{Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 4.12\left(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81(\mathrm{~m}$, $\left.12 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 6 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 18 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.06(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 12 \mathrm{H})$, $1.03\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.90\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 18 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13} \mathbf{C}$ NMR ( $\mathbf{1 2 6} \mathbf{~ M H z}$, CDCl $_{3}$ ): $\delta 165.2$ (13-C=O), 165.1 (29-C=O), 156.8 (1-C), 138.6 (26-C), 138.4 (10-C), 137.6 (18-C), 137.4 (38-C), 133.7 (d, $J=88.0 \mathrm{~Hz}, 21,35-\mathrm{C}$ ), 133.1 (Ar-C), 133.0 (Ar-C), 132.5 (Ar-C), 132.0 (Ar-C), 131.5 (Ar-C), 131.2 (13-C), 129.6 (3-C), 124.4 (4-C), 124.1 (Ar-C), 124.0 (Ar-C), 124.0 (Ar-C), 123.5 (Ar-C), 123.5 (Ar-C), 123.4 (Ar-C), 123.4 (Ar-C), 123.1 (Ar-C), 118.7 (6-C), 116.9 (2-C), 91.3 $(-\mathrm{C} \equiv), 89.9(-\mathrm{C} \equiv), 89.6(-\mathrm{C} \equiv), 89.6(-\mathrm{C} \equiv), 89.1(-\mathrm{C} \equiv), 88.6(-\mathrm{C} \equiv), 86.9(-\mathrm{C} \equiv), 71.7$ ( $\left.{ }^{i} \mathrm{Bu}\right), 71.6\left({ }^{i} \mathrm{Bu}\right), 29.2\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27\left({ }^{i} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 24.1(\mathrm{~d}, J=14.5 \mathrm{~Hz}$, $\left.{ }^{n} \mathrm{Bu}\right), 23.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 19.3\left({ }^{i} \mathrm{Bu}\right), 19.2\left({ }^{i} \mathrm{Bu}\right), 13.6\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{31} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}$ - $\boldsymbol{d}_{\mathbf{3}}$ ): 41.8, 41.5
FT-IR (ATR): 3129 (br), 2958, 2189, 1721, 1691 1594, $1235 v_{\max } / \mathrm{cm}^{-1}$;
HRMS (ES+): $\mathrm{C}_{114} \mathrm{H}_{121} \mathrm{O}_{13} \mathrm{P}_{3}$ calcd. 1790.8020 found 1790.7977, $\Delta=-2.40 \mathrm{ppm}$.


Figure $\mathbf{S 8}{ }^{1} \mathrm{H}$ NMR $\left(500 \mathrm{MHz}, \mathrm{CDCl}_{3}\right)$ of DAAAD


Figure S9 ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAAAD


Figure S10 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of DAAAD

## DAAAAD 6-mer



TLC $\boldsymbol{R}_{f}: 0.40\left(\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9\right)$;
${ }^{1} \mathbf{H}$ NMR ( $500 \mathrm{MHz}, \mathbf{C D C l}_{3}$ ): $\delta 8.50(\mathrm{bs}, 2 \mathrm{H}, \mathrm{OH}), 8.19(\mathrm{~d}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 42-\mathrm{H}), \mathrm{k}$ 8.17 (dt, $J=6.0,1.5 \mathrm{~Hz}, 4 \mathrm{H}, 12,14-\mathrm{H}$ ), 8.09 (d, $J=1.5 \mathrm{~Hz}, 4 \mathrm{H}, 28,30-\mathrm{H}), 7.94-7.81$ (m, 15H, 18, 20, 22, 26, 34, 36, 38, 44-H), $7.80(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 10-\mathrm{H}), 7.21(\mathrm{t}, J=$ $8.0 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}$ ), 7.15 (dd, $J=2.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.07$ (dt, $J=7.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-$ H), 6.95 (ddd, $J=8.0,2.5,1.0 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 4.33-3.93\left(\mathrm{~m}, 10 \mathrm{H}^{i} \mathrm{Bu}\right), 2.14-2.10(\mathrm{~m}$, $\left.5 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.10-2.05-1.81\left(\mathrm{~m}, 6 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.98-1.81-2.05-1.81\left(\mathrm{~m}, 10 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$, 1.71-1.55 (m, 8H, $\left.{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 24 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.08-1.01\left(\mathrm{~m}, 30 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.97-0.79(\mathrm{~m}, 24 \mathrm{H}$, ${ }^{n} \mathrm{Bu}$ );
${ }^{13} \mathbf{C}$ NMR ( 126 MHz, CDCl $_{3}$ ): $\delta 165.2$ (13-C=O), 165.1 (29, $\mathrm{C}=\mathrm{O}$ ), 165.1 (43-C=O), 157.00 (1-C), 138.6 (26, 44-C), 138.4 (10-C), 137.5 (18-C), 137.3 (34-C), 133.1 (bs), 132.5 (Ar-C), 132.1 (Ar-C), 132.0 (Ar-C), 131.5 (Ar-C), 131.2 (13-C), 129.5 (3-C), 128.5, 128.4, 124.5 (4-C), 124.0 (bs), 123.5 (Ar-C), 123.5 (Ar-C), 123.1 (Ar-C), 118.7
 $\mathrm{C} \equiv), 88.7(-\mathrm{C} \equiv), 86.9(-\mathrm{C} \equiv), 71.7\left({ }^{i} \mathrm{Bu}\right), 71.5\left({ }^{i} \mathrm{Bu}\right), 29.2\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27.9($ $\left.{ }^{i} \mathrm{Bu}\right), 24.1\left(\mathrm{~d}, J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 23.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 19.3\left({ }^{i} \mathrm{Bu}\right), 19.2\left({ }^{i} \mathrm{Bu}\right), 13.6$ ( ${ }^{n} \mathrm{Bu}$ );
${ }^{\mathbf{3 1}} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}-\boldsymbol{d}_{3}$ ): $\delta 41.4,41.0$ (phosphine oxide)
FT-IR (ATR): 3187 (br), 2958, 2172, 1722, 1594, $1236 v_{\max } / \mathrm{cm}^{-1}$;
HRMS (ES+ ): $\mathrm{C}_{143} \mathrm{H}_{154} \mathrm{O}_{16} \mathrm{P}_{4}$ calcd. 2251.0187 found 2251.0203, $\Delta=-0.70 \mathrm{ppm}$.


Figure S11 ${ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAAAAD


Figure S12 ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of DAAAAD

### 41.4410 41.0076



Figure S13 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of DAAAAD

## ADA oligomerization

$4(105 \mathrm{mg}, 0.400 \mathrm{mmol}), \mathbf{5}(28.4 \mathrm{mg}, 0.200 \mathrm{mmol})$ and $\mathbf{2}(172 \mathrm{mg}, 0.400 \mathrm{mmol})$ were placed in a flask and degassed with $\mathrm{N}_{2}$ for 30 minutes. $\mathrm{Pd}_{2}(\mathrm{dba})_{3}(7.30 \mathrm{mg}, 8.00 \mu \mathrm{~mol})$ and $\mathrm{CuI}(1.50 \mathrm{mg}, 8.00 \mu \mathrm{~mol})$ and $\mathrm{PPh}_{3}(10.5 \mathrm{mg}, 40.0 \mu \mathrm{~mol})$ were placed in a separate flask and degassed with $\mathrm{N}_{2}$. Degassed $\mathrm{Et}_{3} \mathrm{~N}(167 \mu \mathrm{~L}, 1.20 \mathrm{mmol})$ was added and the contents of this flask transferred to the first using degassed toluene ( 8 mL ). The reaction was stirred overnight at room temperature, in the dark under $\mathrm{N}_{2}$. The solvent was removed by rotary evaporation under reduced pressure yielding a brown solid ( 415 mg ). The sample was dissolved in EtOH and sonicated, before filtering. Preparative HPLC separation of the oligomerisation mixture was completed using a HIRBP-6988 prep column ( $250 \times 25 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF solvent system (THF: 57\% for $100 \mathrm{mins}, 100 \%$ for 5 mins ) at $15 \mathrm{~mL} \mathrm{~min}^{-1}$.


Figure S14: (a) LCMS analysis of $\mathrm{AD}_{\mathrm{n}} \mathrm{A}$ oligomerisation mixture using a Hichrom $\mathrm{C}_{8} \mathrm{C}_{18}$ column ( $50 \times 4.6 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF ( $0.1 \%$ formic acid) solvent system (THF: $60 \%$ for $5 \mathrm{mins}, 60-70 \%$ over $1 \mathrm{~min}, 70 \%$ for 2 mins ) at a flow rate of $1 \mathrm{~mL} \mathrm{~min}^{-1}$. (b) Preparative HPLC (bottom) separation of $\mathrm{AD}_{\mathrm{n}} \mathrm{A}$ oligomerisation mixture using a HIRBP-6988 prep column ( $250 \times 25 \mathrm{~mm}, 5 \mu \mathrm{~m}$ particle size) with a water/THF solvent system (THF: $60 \%$ for 36 mins, $65 \%$ for $28 \mathrm{mins}, 70 \%$ for 15 mins ) at $15 \mathrm{~mL} \mathrm{~min}^{-1}$. Both samples were prepared in EtOH. UV/vis absorption was measured at 290 nm . Peaks identified by MS are labelled with retention time in minutes; $\mathrm{dba}=$ dibenzylideneacetone.

## ADA 3-mer



TLC $\boldsymbol{R}_{f}: 0.40\left(\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9\right)$;
${ }^{1} \mathbf{H}$ NMR ( 500 MHz, THF- $\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 10.10$ (bs, 1H, OH), 8.13 (m, 4H, 12, 14-H), 8.05 (d, $J=10.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.92(\mathrm{~m}, 2 \mathrm{H}, 10-\mathrm{H}), 7.85(\mathrm{dd}, J=10.0,7.5 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 7.79$ $-7.73(\mathrm{~m}, 2 \mathrm{H}, 4-\mathrm{H}), 7.59(\mathrm{td}, J=7.5,2.5 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.31(\mathrm{t}, J=1.5 \mathrm{~Hz}, 1 \mathrm{H}, 20-\mathrm{H})$, $7.17(\mathrm{~d}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 18-\mathrm{H}), 4.17\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 2 \mathrm{H},{ }^{i} \mathrm{Bu}\right)$, $2.07-1.81\left(\mathrm{~m}, 8 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.06(\mathrm{~d}, \mathrm{~J}=$ $\left.6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13}$ C NMR (126 MHz, THF- $\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 164.1$ (C=O), 158.5 (19-C), 138.0 (10-C), 134.9 (d, $J=88.5 \mathrm{~Hz}, 1-\mathrm{C}), 134.0$ (4-C), 133.7 (d, $J=9.0 \mathrm{~Hz}, 6-\mathrm{C}), 131.8$ (Ar-C), 131.6 (12-C), 131.6 (14-C), 130.8 (d, $J=8.5 \mathrm{~Hz}, 2-\mathrm{C}$ ), 128.6 (d, $J=11.0 \mathrm{~Hz}, 3-\mathrm{C}), 125.5$ (20-C), 124.1 (Ar-C), 123.8 (Ar-C), 123.7 (Ar-C), 123.0 (d, $J=12.0 \mathrm{~Hz}, 5-\mathrm{C}), 119.3$ (18-C), $90.3(-\mathrm{C} \equiv), 90.0(-\mathrm{C} \equiv), 88.2(-\mathrm{C} \equiv), 87.1(-\mathrm{C} \equiv), 71.1\left({ }^{i} \mathrm{Bu}\right), 29.3\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right)$, $27.9\left({ }^{i} \mathrm{Bu}\right), 24.1\left(\mathrm{~d}, J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 23.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 19.3\left({ }^{i} \mathrm{Bu}\right), 13.6\left({ }^{n} \mathrm{Bu}\right)$; ${ }^{\mathbf{3 1}} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}-\boldsymbol{d}_{3}$ ): $\delta 41.3$ (phosphine oxide);

FT-IR (ATR): 3060 (br), 2958, 2164, 1722, 1594, 1159, $768 v_{\text {max }} / \mathrm{cm}^{-1}$;
HRMS (ES+ $)$ : $\mathrm{C}_{64} \mathrm{H}_{73} \mathrm{O}_{7} \mathrm{P}_{2}$ calcd. 1015.4826 found $1015.4798, \Delta=-2.82 \mathrm{ppm}$.


Figure $\mathbf{S 1 5}{ }^{1} \mathrm{H}$ NMR ( 500 MHz, THF- $d_{8}$ ) of ADA


Figure S16 ${ }^{13} \mathrm{C}$ NMR ( 126 MHz , THF- $d_{8}$ ) of ADA


Figure S17 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of ADA

## ADDA 4-mer



TLC R $\boldsymbol{R}_{f}: 0.40\left(\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9\right)$;
${ }^{\mathbf{1}} \mathbf{H}$ NMR ( $\mathbf{5 0 0} \mathbf{~ M H z}, \mathbf{T H F}-\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 9.85$ (bs, 2H, OH), 8.15 (m, 6H, 12, 14, 26-H), 8.07 (d, $J=11.0 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.94(\mathrm{~m}, 3 \mathrm{H}, 10,28-\mathrm{H}), 7.84(\mathrm{~m}, 2 \mathrm{H}, 2-\mathrm{H}), 7.80-7.74(\mathrm{~m}$, $2 \mathrm{H}, 4-\mathrm{H}), 7.59$ (td, $J=7.5,2.5 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.32(\mathrm{t}, J=1.5 \mathrm{~Hz}, 2 \mathrm{H}, 18-\mathrm{H}), 7.12(\mathrm{~d}, J$ $=1.5 \mathrm{~Hz}, 4 \mathrm{H}, 20,22-\mathrm{H}), 4.17\left(\mathrm{~m}, 6 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 3 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81(\mathrm{~m}, 8 \mathrm{H}$, $\left.{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.07\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 6 \mathrm{H},{ }^{i} \mathrm{Bu}\right)$, $1.06\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13}$ C NMR ( 126 MHz, THF- $\boldsymbol{d}_{8}$ ): $\delta 166.1$ (27-C=O), 166.0 ( $13-\mathrm{C}=\mathrm{O}$ ), 160.2 ( $21-\mathrm{C}$ ), 140.0 (10-C), 136.6 (d, $J=88.5 \mathrm{~Hz}, 1-\mathrm{C}), 135.9$ ( $4-\mathrm{C}$ ), 135.6 (d, $J=9.0 \mathrm{~Hz}, 6-\mathrm{C}), 133.6$ (Ar-C), 133.4 (12-C), 133.4 (14-C), 132.6 (d, $J=8.5 \mathrm{~Hz}, 2-\mathrm{C}), 130.5$ (d, $J=11.0 \mathrm{~Hz}$, 3-C), 127.7 (Ar-C), 126.0 (Ar-C), 125.9 (Ar-C), 125.7 (Ar-C), 125.6 (Ar-C), 125.6 (ArC), 125.0 ( $\mathrm{d}, J=12.0 \mathrm{~Hz}, 5-\mathrm{C}), 121.0$ (18-C), $92.1(-\mathrm{C} \equiv), 92.0(-\mathrm{C} \equiv), 91.9(-\mathrm{C} \equiv), 90.1$ (-C $\equiv$ ), $89.1(-\mathrm{C} \equiv), 89.0(-\mathrm{C} \equiv), 73.0\left({ }^{i} \mathrm{Bu}\right), 29.3\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 26.8\left({ }^{i} \mathrm{Bu}\right), 25.8$ (d, $\left.J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 25.3\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 20.3\left({ }^{i} \mathrm{Bu}\right), 14.9\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{31} \mathbf{P}$ NMR ( $\mathbf{2 0 2} \mathbf{~ M H z}, \mathbf{C D C l}_{3}-\boldsymbol{d}_{\mathbf{3}}$ ): $\delta 43.5$ (phosphine oxide);
FT-IR (ATR): 3074 (br), 2961, 2222, 1722, 1594, 1256, $1236 v_{\max } / \mathrm{cm}^{-1}$; HRMS (ES+): $\mathrm{C}_{85} \mathrm{H}_{89} \mathrm{O}_{10} \mathrm{P}_{2}$ calcd. 1331.5926 found $1331.5880, \Delta=-3.39 \mathrm{ppm}$.


Figure S18 ${ }^{1} \mathrm{H}$ NMR ( 500 MHz , THF- $d_{8}$ ) of ADDA


Figure S19 ${ }^{13} \mathrm{CNMR}$ ( 202 MHz , THF- $d_{8}$ ) of ADDA

Figure S20 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) of ADDA

## ADDDA 5-mer



TLC Rf: 0.40 (MeOH: $\mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9$ );
${ }^{1} \mathbf{H}$ NMR ( $500 \mathrm{MHz}, \mathbf{T H F}-\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 9.56$ (bs, $3 \mathrm{H}, \mathrm{OH}$ ), $8.16-8.11$ ( $\mathrm{m}, 8 \mathrm{H}, 12,14,28$, $30-\mathrm{H}), 8.03(\mathrm{dt}, J=11.0,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.92(\mathrm{t}, J=1.5 \mathrm{~Hz}, 4 \mathrm{H}, 10,26-\mathrm{H}), 7.82$ (ddt, $J=10.5,7.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 7.75(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}), 7.57(\mathrm{td}, J=7.5,2.5 \mathrm{~Hz}$, $2 \mathrm{H}, 3-\mathrm{H}$ ), 7.28 (dt, $J=2.5,1.5 \mathrm{~Hz}, 3 \mathrm{H}, 18,36-\mathrm{H}), 7.07$ (m, 6H, 20, 22, 34-H), 4.15 (d, $\left.J=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 4.14\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81$ $\left(\mathrm{m}, 8 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.06(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}$, $\left.12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 1.04\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 12 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13}$ C NMR ( 126 MHz, THF- $\boldsymbol{d}_{8}$ ): $\delta 166.1$ (29-C=O), 166.0 ( $13-\mathrm{C}=\mathrm{O}$ ), 160.1 (21-C), 160.0 ( $35-\mathrm{C}$ ), 140.0 ( $10-\mathrm{C}$ ), 139.9 (26-C), 136.3 (d, $J=88.5 \mathrm{~Hz}, 1-\mathrm{C}$ ), 135.9 (4-C), 135.6 (d, $J=9.0 \mathrm{~Hz}, 6-\mathrm{C}$ ), 133.7 (Ar-C), 133.6 (Ar-C), 133.6 (Ar-C), 133.4 (Ar-C), 133.4 (Ar-C), 132.6 (d, $J=8.5 \mathrm{~Hz}, 2-\mathrm{C}), 130.5$ (d, $J=11.0 \mathrm{~Hz}, 3-\mathrm{C}), 127.7$ (20-C), 127.6 (Ar-C), 126.0 (Ar-C), 125.9 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 121.1 (36-C), 121.0 (18-C), 92.1 (-C $\equiv$ ), 92.1 (-C $\equiv$ ), 92.0 (-C $\equiv$ ), 91.9 ($\mathrm{C} \equiv), 90.1(-\mathrm{C} \equiv), 89.1(-\mathrm{C} \equiv), 89.0(-\mathrm{C} \equiv), 89.0(-\mathrm{C} \equiv), 73.0\left({ }^{i} \mathrm{Bu}\right), 73.0\left({ }^{i} \mathrm{Bu}\right), 29.3(\mathrm{~d}, J$ $\left.=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 24.1\left(\mathrm{~d}, J=14.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 25.3\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 20.3($ $\left.{ }^{i} \mathrm{Bu}\right), 14.9\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{31} \mathbf{P}$ NMR ( $\mathbf{1 6 2 ~ M H z , ~} \mathbf{C D C l}_{3}$ ): $\delta 44.3$
FT-IR (ATR): 3013 (br), 2961, 2203, 1723, 1593, 1236, $768 v_{\max } / \mathrm{cm}^{-1}$;
HRMS (ES+): $\mathrm{C}_{106} \mathrm{H}_{106} \mathrm{O}_{13} \mathrm{P}_{2}$ calcd. 1648.7103 found 1648.7030, $\Delta=-4.47 \mathrm{ppm}$.


Figure S21 ${ }^{1} \mathrm{H}$ NMR ( 500 MHz, THF- $d_{8}$ ) of ADDDA


Figure S22 ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ) of ADDDA


| 140 | 200 | 160 | 120 | 80 | 40 | 0 | -40 | -80 | -120 | -160 | -200 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Figure S23 ${ }^{31} \mathrm{P}$ NMR ( $162 \mathrm{MHz}, \mathrm{CDCl}_{3}$ ) of ADDDA

## ADDDDA 6-mer



TLC Rf: 0.40 ( $\mathrm{MeOH}: \mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9$ );
${ }^{\mathbf{1}} \mathbf{H}$ NMR ( $500 \mathrm{MHz}, \mathbf{T H F}-\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 9.51$ (bs, 4H, OH), 8.16 - 8.12 (m, 10H, 12, 14, 28, $30,42-\mathrm{H}), 8.02$ (dt, $J=11.0,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.95-7.91$ (m, 5H, 10, 26, 44-H), 7.81 (ddt, $J=10.5,7.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 7.74(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}), 7.56$ (td, $J=7.5$, $2.5 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.30-7.27$ (m, 4H, 18, 34-H), 7.07 - 7.02 (m, 8H, 20, 22, 36, 38-H), $4.15\left(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 4.14\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 6 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10\left(\mathrm{~m}, 5 \mathrm{H},{ }^{i} \mathrm{Bu}\right)$, $2.07-1.81\left(\mathrm{~m}, 8 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35\left(\mathrm{~m}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.06-1.03$ (m, 30H, $\left.{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13}$ C NMR ( 126 MHz, THF- $\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 166.1$ (29, 43-C=O), 166.0 (13-C=O), 160.1 (21-C), 160.0 (37-C), 140.0 (10-C), 139.9 ( $26,44-\mathrm{C}$ ), 136.3 (d, $J=88.5 \mathrm{~Hz}, 1-\mathrm{C}), 135.9$ (4-C), 135.6 (d, $J=9.0 \mathrm{~Hz}, 6-\mathrm{C}), 133.7$ (Ar-C), 133.6 (Ar-C), 133.6 (Ar-C), 133.6 (Ar-C), 133.4 (Ar-C), 133.4 (Ar-C), 132.0 (d, $J=8.5 \mathrm{~Hz}, 2-\mathrm{C}), 130.5$ (d, $J=11.0 \mathrm{~Hz}, 3-\mathrm{C}$ ), 127.7 (20-C), 127.6 (Ar-C), 126.0 (Ar-C), 126.1 (Ar-C), 125.9 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 121.1 (34-C), 121.0 (18-C), 92.1 (-C $\equiv$ ), 92.0 (-C $\equiv), 91.9$ (-C $\equiv), 90.1(-\mathrm{C} \equiv), 89.1(-\mathrm{C} \equiv), 89.1$ (-C $\equiv), 89.1(-\mathrm{C} \equiv), 89.0(-\mathrm{C} \equiv), 73.0$ ( $\left.{ }^{i} \mathrm{Bu}\right), 73.0\left({ }^{i} \mathrm{Bu}\right), 29.3\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 25.3\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 24.1$ ( ${ }^{n} \mathrm{Bu}$ ), 20.3 ( $\left.{ }^{i} \mathrm{Bu}\right), 20.4\left({ }^{i} \mathrm{Bu}\right), 14.9\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{31} \mathbf{P}$ NMR ( $\mathbf{1 6 2 ~ M H z}$, THF- $\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 39.4$ (phosphine oxide);
FT-IR (ATR): 3030 (br), 2960, 2199, 1722, 1583, 1236, $768 v_{\max } / \mathrm{cm}^{-1}$;
MS (ES+): m/z (\%) = $825.1(100)\left[\mathrm{M}+2 \mathrm{H}^{+}\right], 1648.8(10)\left[\mathrm{M}+\mathrm{H}^{+}\right]$.


Figure S24 ${ }^{1} \mathrm{H}$ NMR ( 500 MHz , THF- $d_{8}$ ) of ADDDDA


Figure S25 ${ }^{13} \mathrm{C}$ NMR ( 126 MHz , THF- $d_{8}$ ) of ADDDDA


Figure S26 ${ }^{31} \mathrm{P}$ NMR ( 162 MHz , THF- $\boldsymbol{d}_{\mathbf{8}}$ ) of ADDDDA

## ADDDDDA 7-mer



TLC $\boldsymbol{R}_{f}: 0.40$ (MeOH: $\mathrm{CH}_{2} \mathrm{Cl}_{2} 1: 9$ );
${ }^{1} \mathbf{H}$ NMR ( $\mathbf{5 0 0} \mathbf{~ M H z}, \mathbf{T H F}-\boldsymbol{d}_{\mathbf{8}}$ ): $\delta 9.36$ (bs, $5 \mathrm{H}, \mathrm{OH}$ ), $8.15-8.12$ (m, 12H, 12, 14, 28, $30,44,46-\mathrm{H}), 8.03(\mathrm{dt}, J=11.0,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 6-\mathrm{H}), 7.94-7.91(\mathrm{~m}, 6 \mathrm{H}, 10,26,42-\mathrm{H}), \mathrm{i}$ 7.82 (ddt, $J=10.5,7.5,1.5 \mathrm{~Hz}, 2 \mathrm{H}, 2-\mathrm{H}), 7.75(\mathrm{~d}, J=8.0 \mathrm{~Hz}, 2 \mathrm{H}, 4-\mathrm{H}), 7.57(\mathrm{td}, J=$ $7.5,2.5 \mathrm{~Hz}, 2 \mathrm{H}, 3-\mathrm{H}), 7.31-7.27(\mathrm{~m}, 5 \mathrm{H}, 18,34,52-\mathrm{H}), 7.08-7.02(\mathrm{~m}, 10 \mathrm{H}, 20,22$, $36,38,50-\mathrm{H}), 4.15\left(\mathrm{~d}, J=6.5 \mathrm{~Hz}, 4 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 4.14\left(\mathrm{~d}, \mathrm{~J}=6.5 \mathrm{~Hz}, 8 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.14-2.10$ $\left(\mathrm{m}, 10 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 2.07-1.81\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.71-1.55\left(\mathrm{~m}, 4 \mathrm{H},{ }^{n} \mathrm{Bu}\right), 1.49-1.35(\mathrm{~m}, 12 \mathrm{H}$, $\left.{ }^{n} \mathrm{Bu}\right), 1.06-1.03\left(\mathrm{~m}, 36 \mathrm{H},{ }^{i} \mathrm{Bu}\right), 0.91\left(\mathrm{t}, J=7.0 \mathrm{~Hz}, 12 \mathrm{H},{ }^{n} \mathrm{Bu}\right)$;
${ }^{13}$ C NMR ( 126 MHz, THF- $\boldsymbol{d}_{8}$ ): $\delta 166.1$ (29, 45-C=O), 166.0 (13-C=O), 160.1 (21-C), 160.0 (37, 51-C), 140.0 (10-C), 139.9 ( $26,42-\mathrm{C}$ ), 136.3 (d, $J=88.5 \mathrm{~Hz}, 1-\mathrm{C}$ ), 135.9 (4C), 135.6 (d, $J=9.0 \mathrm{~Hz}, 6-\mathrm{C}$ ), 133.7 (Ar-C), 133.6 (Ar-C), 133.6 (Ar-C), 133.6 (Ar-C), 133.4 (Ar-C), 133.4 (Ar-C), 133.4 (Ar-C), 132.0 (d, $J=8.5 \mathrm{~Hz}, 2-\mathrm{C}$ ), 130.5 (d, $J=11.0$ $\mathrm{Hz}, 3-\mathrm{C}), 127.7$ (20-C), 127.6 (Ar-C), 127.6 (Ar-C), 126.0 (Ar-C), 126.1 (Ar-C), 125.9 (Ar-C), 125.9 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 125.7 (Ar-C), 121.1 (34, 52-C), 121.0 ( $18-\mathrm{C}$ ), 92.1 ( $-\mathrm{C} \equiv$ ), 92.0 ( $-\mathrm{C} \equiv$ ), 91.9 ( $-\mathrm{C} \equiv$ ), 90.1 ( $-\mathrm{C} \equiv$ ), 89.1 ( $-\mathrm{C} \equiv$ ), 89.0 ( $-\mathrm{C} \equiv$ ), $73.0\left({ }^{i} \mathrm{Bu}\right), 73.0\left({ }^{i} \mathrm{Bu}\right), 29.3\left(\mathrm{~d}, J=68.5 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right), 27.9\left({ }^{i} \mathrm{Bu}\right), 25.4(\mathrm{~d}, J=14.5 \mathrm{~Hz}$, $\left.{ }^{n} \mathrm{Bu}\right), 24.5\left(\mathrm{~d}, J=4.0 \mathrm{~Hz},{ }^{n} \mathrm{Bu}\right) 20.3\left({ }^{i} \mathrm{Bu}\right), 14.9\left({ }^{n} \mathrm{Bu}\right)$;
${ }^{31} \mathbf{P}$ NMR ( $\mathbf{1 6 2 ~ M H z , ~ C D C l ~}{ }_{3}$ ): $\delta 39.4$ (phosphine oxide);
FT-IR (ATR): 3144 (br), 2963, 2199, 1722, 1583, 1237, $770 v_{\text {max }} / \mathrm{cm}^{-1}$;
MS (ES+): m/z (\%) = 983.4 (100) $\left[\mathrm{M}+2 \mathrm{H}^{+}\right], 1965.2(5)\left[\mathrm{M}+\mathrm{H}^{+}\right]$


Figure S27 ${ }^{1} \mathrm{H}$ NMR ( 500 MHz , THF- $d_{8}$ ) of ADDDDDA


Figure S28 ${ }^{13} \mathrm{C}$ NMR ( $126 \mathrm{MHz}, \mathrm{THF}-d_{8}$ ) of ADDDDDA


Figure S29 ${ }^{31} \mathrm{P}$ NMR ( 162 MHz , THF- $d_{8}$ ) of ADDDDDA

## Binding studies

## NMR dilution experiments

Self association constants were measured by ${ }^{31} \mathrm{P}$ NMR dilution experiments in a Bruker 500 MHz AVIII HD Smart Probe spectrometer. The oligomer was dissolved in $\mathrm{CDCl}_{3}$ at a known concentration. A known volume of $\mathrm{CDCl}_{3}$ was added to an NMR tube, aliquots of the oligomer were added, and the spectrum was recorded after each addition. The chemical shifts of the each signals in the spectrum was monitored as a function of oligomer concentration and analysed using purpose written software in Microsoft Excel. Errors were calculated as two times the standard deviation from the average value ( $95 \%$ confidence limit). The data for self-association of DAD, DAAD, DAAAD, ADA, ADDA and ADDDA are reported below.


Figure S30: a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of DAD at 298 K (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to a dimerisation isotherm).


Figure S31: a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of DAAD at 298 K (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to an isodesmic polymerisation isotherm).


Figure S32: a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of DAAAD at 298 K - (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to an isodesmic polymerisation isotherm).
a)

b)


Figure S33 : a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of ADA at 298 K (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to a dimerisation isotherm).

b)


Figure S34: a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of ADDA at 298 K (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to a dimerisation isotherm).


Figure S35: a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for dilution of ADDDA at 298 K - (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to a dimerisation isotherm).

## NMR titration experiments

A 5 mM solution of $\mathbf{D}$ was prepared in $\mathrm{CDCl}_{3}$. A known volume of the solution was added to an NMR tube and the ${ }^{31} \mathrm{P}$ spectrum was recorded. Known volumes of DMSO$d_{6}$ in $\mathrm{CDCl}_{3}$ (or neat DMSO- $d_{6}$ ) were added, and the spectrum was recorded after each addition. The ${ }^{31} \mathrm{P}$ chemical shifts were monitored as a function of DMSO-d6 concentration, and the data were analysed using purpose written software in Microsoft Excel.
a)

b)


Figure S36 a) ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for titration of DMSO- $d_{6}$ into $\mathbf{D}$ $(5 \mathrm{mM})$ at 298 K in $\mathrm{CDCl}_{3}-$ (b) Plot of the change in chemical shift as a function of concentration (the line represents the best fit to 1:1 binding isotherm).

## NMR duplex denaturation experiments

Association constants for duplex formation were measured by ${ }^{31} \mathrm{P}$ NMR denaturation experiments in a Bruker 500 MHz AVIII HD Smart Probe spectrometer. An equimolar solution of complementary oligomers $(A A A \cdot D D D, A D A \cdot D A D, ~ A D D A \cdot D A A D ~ a n d ~$ ADDDA•DAAAD) was produced at known concentrations ( $0.3 \mathrm{mM}-1.0 \mathrm{mM}$ ) in $\mathrm{CDCl}_{3}$. A known volume of the solution was added to an NMR tube and the ${ }^{31} \mathrm{P}$ spectrum was recorded. Known volumes of DMSO- $d_{6}$ in $\mathrm{CDCl}_{3}$ (or neat DMSO- $d_{6}$ ) were added, and the spectrum was recorded after each addition. The ${ }^{31} \mathrm{P}$ chemical shifts were monitored as a function of DMSO-d6 concentration. ${ }^{31} \mathrm{P}$ NMR shifts were monitored for a 4.9 mM solution of A in $\mathrm{CDCl}_{3}$ with the same concentrations of DMSO- $d 6$, and these values were subtracted from the values recorded in the denaturation experiment to account for solvent effects. The corrected data were analysed using purpose written software in Microsoft Excel.


Figure S37 Free ${ }^{31}$ P NMR ( 202 MHz ) shifts of a 5.6 mM solution of A 4.9 mM in $\mathrm{CDCl}_{3}$ in the presence of different concentrations of DMSO-d $6(0-200 \mathrm{mM})$.

The denaturation data did not fit to a simple two-state isotherm for any of the duplexes. Therefore all of the denaturation data were analysed taking into account partially denatured species. In order to fit the denaturation data using the minimum number of variables, the association constants for certain species were fixed at values that were determined in independent experiments (e.g. $K_{\mathrm{d}}$ is the $\mathbf{D} \cdot \mathrm{DMSO}$ association constant, and $K_{\mathrm{N}}$ is the association constant for duplex formation between complementary oligomers of length N in $\mathrm{CDCl}_{3}-d 3$ ). For some of the complexes, isomeric arrangements are possible, and a statistical factor is included below to account for degenerate arrangements of free and bound base-pairing interactions. In addition, the chemical shifts of the partially denatured species were fixed using population-weighted average of the chemical shifts of the fully bound duplex and fully denatured species based on the number of phenol-phosphine oxide H-bonding interactions present. Thus although the binding isotherms are complicated and involve a large number of different species, the fitting process is robust, because the only variables that are fit in each experiment are the association constant for duplex formation, the chemical shift of the fully assembled duplex, and the chemical shifts of the two fully denatured oligomers. In all cases, good fits were obtained, and the optimised chemical shifts of the two fully denatured oligomers were very close to values observed for AAA at high concentrations of DMSO.

## AAA•DDD

The association constant for duplex formation and the free and the bound ${ }^{31} \mathrm{P}$ NMR chemical shifts were optimised. The association constants were fixed for the following species:
$K(\mathrm{DDD} \cdot \mathrm{DMSO})=3 K_{\mathrm{d}}$
$K(\mathrm{DDD} \cdot 2 \mathrm{DMSO})=3 K_{\mathrm{d}}{ }^{2}$
$K(\mathrm{DDD} \cdot 3 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{3}$
$K(\mathrm{AAA} \cdot \mathrm{DDD} \cdot \mathrm{DMSO})=3 K_{2} K_{\mathrm{d}}$
$K(\mathrm{AAA} \cdot \mathrm{DDD} \cdot 2 \mathrm{DMSO})=3 K K_{\mathrm{d}}{ }^{2}$

The chemical shifts were fixed for the following species:

$$
\begin{aligned}
& \delta_{\mathrm{AAA} \cdot \mathrm{DDD} \cdot \mathrm{DMSO}}=\frac{\left(2 \delta_{\mathrm{bound}}+\delta_{\text {free }}\right)}{3} \\
& \delta_{\mathrm{AAA} \cdot \mathrm{DDD} \cdot(\mathrm{DMSO})_{2}}=\frac{\left(\delta_{\mathrm{bound}}+2 \delta_{\mathrm{free}}\right)}{3}
\end{aligned}
$$



Figure S38 Free ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for DMSO- $d_{6}$ denaturation of $\mathrm{AAA} \cdot \mathrm{DDD}(1.2 \mathrm{mM}, 0.64 \mathrm{mM})$ at 298 K in $\mathrm{CDCl}_{3}$ (b) Plot of the change in ${ }^{31} \mathrm{P}$ chemical shift as a function of DMSO- $d_{6}$ concentration The dots represent the experimental values, and the lines calculated denaturation isotherms considering all possible species.


Figure S39: Calculated speciation for DMSO denaturation of AAA $\cdot$ DDD $(1.2 \mathrm{mM}$, 0.64 mM ) at 298 K in $\mathrm{CDCl}_{3}$.

## ADA•DAD

The association constant for duplex formation and the free and the bound ${ }^{31} \mathrm{P}$ NMR chemical shifts were optimised. The association constants were fixed for the following species:
$K(\mathrm{ADA} \cdot \mathrm{DMSO})=K_{\mathrm{d}}$
$K(\mathrm{DAD} \cdot \mathrm{DMSO})=2 K_{\mathrm{d}}$
$K(\mathrm{DAD} \cdot 2 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{2}$
$K(\mathrm{ADA} \cdot \mathrm{DAD} \cdot \mathrm{DMSO})=3 K_{2} K_{\mathrm{d}}$
$K(\mathrm{ADA} \cdot \mathrm{DAD} \cdot 2 \mathrm{DMSO})=3 K_{1} K_{\mathrm{d}}{ }^{2}$
DMSO can also bind to the unbound phenols on the chain ends of the DAD•DAD complex:
$K(\mathrm{DAD} \cdot \mathrm{DAD} \cdot \mathrm{DMSO})=2 K(\mathrm{DAD} \cdot \mathrm{DAD}) K_{\mathrm{d}}$
$K(\mathrm{DAD} \cdot \mathrm{DAD} \cdot 2 \mathrm{DMSO})=K(\mathrm{DAD} \cdot \mathrm{DAD}) K_{\mathrm{d}}{ }^{2}$
And the following values are known from the dilution experiments:

$$
\begin{aligned}
& K(\mathrm{DAD} \cdot \mathrm{DAD})=490 \mathrm{M}^{-1} \\
& K(\mathrm{ADA} \cdot \mathrm{ADA})=1,360 \mathrm{M}^{-1}
\end{aligned}
$$

The chemical shifts were fixed for the following species:

$$
\delta_{\mathrm{ADA} \cdot \mathrm{DAD} \cdot \mathrm{DMSO}}=\frac{\left(2 \delta_{\mathrm{bound}}+\delta_{\mathrm{free}}\right)}{3}
$$

$$
\begin{aligned}
& \delta_{\mathrm{ADA} \cdot \mathrm{DAD} \cdot(\mathrm{DMSO})_{2}}=\frac{\left(\delta_{\mathrm{bound}}+2 \delta_{\mathrm{free}}\right)}{3} \\
& \delta_{\mathrm{ADA} \cdot \mathrm{DMSO}}=\delta_{\mathrm{ADA}} \\
& \delta_{\mathrm{DAD} \cdot \mathrm{DMSO}}=\delta_{\mathrm{DAD} \cdot 2 \mathrm{DMSO}}=\delta_{\mathrm{DAD}}
\end{aligned}
$$

And the following values are known from the dilution experiments:

$$
\begin{aligned}
& \delta_{\mathrm{ADA} \cdot \mathrm{ADA}}=2.0 \mathrm{ppm} \\
& \delta_{\mathrm{DAD} \cdot \mathrm{DAD}}=\delta_{\mathrm{DAD} \cdot \mathrm{DAD} \cdot \mathrm{DMSO}}=\delta_{\mathrm{DAD} \cdot \mathrm{DAD} \cdot 2 \mathrm{DMSO}}=4.3 \mathrm{ppm}
\end{aligned}
$$



Figure S40 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for DMSO- $d_{6}$ denaturation of ADA $\cdot$ DAD $(0.4 \mathrm{mM}, 0.4 \mathrm{mM})$ at 298 K (b) Plot of the change in ${ }^{31} \mathrm{P}$ chemical shift as a function of DMSO- $d_{6}$ concentration The dots represent the experimental values, and the lines calculated denaturation isotherms considering all possible species.


Figure S41: Speciation from DMSO denaturation experiments on complementary oligomer duplex ADA•DAD ( $0.4 \mathrm{mM}, 0.4 \mathrm{mM}$ ).

## ADDA•DAAD

The association constant for duplex formation and the free and the bound ${ }^{31} \mathrm{P}$ NMR chemical shifts were optimised. The association constants were fixed for the following species:
$K(\mathrm{ADDA} \cdot \mathrm{DMSO})=2 K_{\mathrm{d}}$
$K(\mathrm{ADDA} \cdot 2 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{2}$
$K(\mathrm{DAAD} \cdot \mathrm{DMSO})=2 K_{\mathrm{d}}$
$K(\mathrm{DAAD} \cdot 2 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{2}$
$K($ ADDA $\cdot \mathrm{DAAD} \cdot \mathrm{DMSO})=4 K_{3} K_{\mathrm{d}}$
$K($ ADDA $\cdot \mathrm{DAAD} \cdot 2 \mathrm{DMSO})=6 K_{2} K_{\mathrm{d}}{ }^{2}$
And the following values are known from the dilution experiments:
$K($ ADDA $\cdot A D D A)=22,200 \mathrm{M}^{-1}$
$K(D A A D \cdot D A A D)=575 \mathrm{M}^{-1}$
The following species can be shown not to be populated to any significant extent:
$K($ ADDA $\cdot \mathrm{DAAD} \cdot 3 \mathrm{DMSO})=4 K_{1} K_{\mathrm{d}}{ }^{3}$
$K(\mathrm{DAAD} \cdot \mathrm{DAAD} \cdot \mathrm{DMSO})=2 K(\mathrm{DAAD} \cdot \mathrm{DAAD}) \mathrm{K}_{\mathrm{d}}$
$K(\mathrm{DAAD} \cdot \mathrm{DAAD} \cdot 2 \mathrm{DMSO})=K(\mathrm{DAAD} \cdot \mathrm{DAAD}) \mathrm{K}_{\mathrm{d}}{ }^{2}$

The chemical shifts were fixed for the following species:

$$
\delta_{\mathrm{ADDA} \cdot \mathrm{DAAD} \cdot \mathrm{DMSO}}=\frac{\left(3 \delta_{\mathrm{bound}}+\delta_{\mathrm{free}}\right)}{4}
$$

$$
\begin{aligned}
& \delta_{\mathrm{ADDA} \cdot \mathrm{DAAD} \cdot(\mathrm{DMSO})_{2}}=\frac{\left(\delta_{\mathrm{bound}}+\delta_{\mathrm{free}}\right)}{2} \\
& \delta_{\mathrm{DAAD} \cdot \mathrm{DMSO}}=\delta_{\mathrm{DAAD} \cdot 2 \mathrm{DMSO}}=\delta_{\mathrm{DAAD}} \\
& \delta_{\mathrm{ADDA} \cdot \mathrm{DMSO}}=\delta_{\mathrm{ADDA} \cdot 2 \mathrm{DMSO}}=\delta_{\mathrm{ADDA}}
\end{aligned}
$$

And the following values are known from the dilution experiments:

$$
\begin{aligned}
& \delta_{\mathrm{ADDA} \cdot \mathrm{ADDA}}=1.7 \mathrm{ppm} \\
& \delta_{\mathrm{DAAD} \cdot \mathrm{DAAD}}=\delta_{\mathrm{DAD} \cdot \mathrm{DAD} \cdot 2 \mathrm{DMSO}}=1.7 \mathrm{ppm}
\end{aligned}
$$



Figure S42 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for DMSO- $d_{6}$ denaturation of ADDA•DAAD $(0.5 \mathrm{mM}, 0.5 \mathrm{mM})$ at 298 K in $\mathrm{CDCl}_{3}(\mathrm{~b})$ Plot of the change in ${ }^{31} \mathrm{P}$ chemical shift as a function of DMSO- $d_{6}$ concentration The dots represent the experimental values, and the lines calculated denaturation isotherms considering all possible species.


Figure S43: Speciation from DMSO denaturation experiments on complementary oligomer duplex ADDA•DAAD ( $0.5 \mathrm{mM}, 0.5 \mathrm{mM}$ ).

## ADDDA•DAAAD

The association constant for duplex formation and the free and bound ${ }^{31} \mathrm{P}$ NMR chemical shifts were optimised. The association constants were fixed for the following species:
$K($ ADDDA $\cdot \mathrm{DMSO})=3 K_{\mathrm{d}}$
$K($ ADDDA $\cdot 2 \mathrm{DMSO})=3 K_{\mathrm{d}}{ }^{2}$
$K(\mathrm{ADDDA} \cdot 3 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{3}$
$K(\mathrm{DAAAD} \cdot \mathrm{DMSO})=2 K_{\mathrm{d}}$
$K(\mathrm{DAAAD} \cdot 2 \mathrm{DMSO})=K_{\mathrm{d}}{ }^{2}$
$K($ ADDDA $\cdot D A A A D \cdot D M S O)=5 K_{4} K_{\mathrm{d}}$
$K(\mathrm{ADDDA} \cdot \mathrm{DAAAD} \cdot 2 \mathrm{DMSO})=10 K_{3} K_{\mathrm{d}}{ }^{2}$
And the following values are known from the dilution experiments:
$K($ ADDDA $\cdot A D D D A)=14,350 \mathrm{M}^{-1}$
$K($ DAAAD $\cdot$ DAAAD $)=210 \mathrm{M}^{-1}$
The following species can be shown not to be populated to any significant extent:
$K($ ADDDA $\cdot \mathrm{DAAAD} \cdot 3 \mathrm{DMSO})=10 K_{2} K_{\mathrm{d}}{ }^{3}$
$K(\mathrm{ADDDA} \cdot \mathrm{DAAAD} \cdot 4 \mathrm{DMSO})=5 K_{1} K_{\mathrm{d}}{ }^{4}$
$K(D A A A D \cdot D A A A D \cdot D M S O)=2 K(D A A A D \cdot D A A A D) K_{d}$
$K(\mathrm{DAAAD} \cdot \mathrm{DAAAD} \cdot 2 \mathrm{DMSO})=K(\mathrm{DAAAD} \cdot \mathrm{DAAAD}) \mathrm{K}_{\mathrm{d}}{ }^{2}$

The chemical shifts were fixed for the following species:

$$
\begin{aligned}
& \delta_{\mathrm{ADDDA} \cdot \mathrm{DAAAD} \cdot \mathrm{DMSO}}=\frac{\left(4 \delta_{\mathrm{bound}}+\delta_{\text {free }}\right)}{5} \\
& \delta_{\mathrm{ADDDA} \cdot \mathrm{DAAAD} \cdot 2 \mathrm{DMSO}}=\frac{\left(3 \delta_{\mathrm{bound}}+2 \delta_{\text {free }}\right)}{5} \\
& \delta_{\mathrm{DAAAD} \cdot \mathrm{DMSO}}=\delta_{\mathrm{DAAAD} \cdot 2 \mathrm{DMSO}}=\delta_{\mathrm{DAAAD}} \\
& \delta_{\mathrm{ADDDA} \cdot \mathrm{DMSO}}=\delta_{\mathrm{ADDDA} \cdot 2 \mathrm{DMSO}}=\delta_{\mathrm{ADDDA} \cdot 3 \mathrm{DMSO}}=\delta_{\mathrm{ADDDA}}
\end{aligned}
$$

And the following values are known from the dilution experiments:

$$
\begin{aligned}
& \delta_{\mathrm{ADDDA} \cdot \mathrm{ADDDA}}=1.8 \mathrm{ppm} \\
& \delta_{\mathrm{DAAAD} \cdot \mathrm{DAAAD}}=1.5 \mathrm{ppm}
\end{aligned}
$$



Figure S44 ${ }^{31} \mathrm{P}$ NMR ( $202 \mathrm{MHz}, \mathrm{CDCl}_{3}-d_{3}$ ) data for DMSO- $d_{6}$ denaturation of ADDDA $\cdot$ DAAAD $(0.3 \mathrm{mM}, 0.3 \mathrm{mM})$ at 298 K in $\mathrm{CDCl}_{3}$ (b) Plot of the change in ${ }^{31} \mathrm{P}$ chemical shift as a function of DMSO- $d_{6}$ concentration The dots represent the experimental values, and the lines calculated denaturation isotherms considering all possible species.


Figure S45: Speciation from DMSO denaturation experiments on complementary oligomer duplex ADDDA•DAAAD ( $0.3 \mathrm{mM}, 0.3 \mathrm{mM}$ ).

## X-ray crystal structure of DAD

DAD ( 5 mg ) was dissolved in $10 \% \mathrm{CH}_{2} \mathrm{Cl}_{2}$ in $\mathrm{MeCN}(0.5 \mathrm{~mL})$, and the mixture was filtered to a vial and sealed with a plastic cap with a small hole, resulting in crystallization after 10 days at room temperature. Crystals suitable for X-ray analysis were selected using an optical microscope and examined at 180 K on a Bruker D8QUEST instrument, fitted with a PHOTON-100 detector and Incoatec $\mathrm{I} \mu \mathrm{S} \mathrm{Cu}$ microsource $\left(\lambda_{\text {ave }}=1.5418 \AA\right)$.

The structure analysis proved to be difficult, and the result is the best obtained from several crystals. The diffraction pattern looks normal (albeit with relatively rapid drop off of intensity higher angle), and the established monoclinic $C$ unit cell fits $100 \%$ of the measured reflections. There is no sign of any additional crystal component in the diffraction frames, nor of any streaking or split reflections. However, several observations indicate a potential for twinning:
(1) The lattice approximates orthorhombic $F(11.6,24.5,71.9,90,90,90)$. The additional 2-fold axes of point group mmm yield two (equivalent) potential twin laws: ( $-100 / 0-10 / 101$ ) or ( $100 / 010 /-10-1$ ). However, neither twin law improves the agreement to the data.
(2) Some reflections are observed that should be absent for space group $C 2 / c$.
(3) For the poorest fitting data, $F$ (obs) is consistently larger than $F$ (calc).

Analysis with TWINROTMAT and ROTAX failed to identify any feasible twin laws. Attempts to refine the structure in lower symmetry space groups (e.g. $P 2_{1} / n, P-1$, with consideration of potential twinning) also did not yield any improvement. Hence, the presented $C 2 / c$ structure is the best that could be obtained.

The analysis shows the molecular structure clearly. The molecules lie in (centred) layers parallel to the $a b$ planes with disorder of the butyl chains on P occurring at the interlayer region. Selecting one of the butyl chain components in any given site leaves voids where the other chain component lies. These voids may be occupied by solvent molecules (most likely MeCN ) in the crystal.

Figure S46: X-ray structure of DAD in ORTEP view (ellipsoids are drawn at 50\% probability level).

## Summary of crystallographic data

| CCDC number | 2079477 |
| :---: | :---: |
| Cambridge data number | CH_B2_0023 |
| Chemical formula | $\mathrm{C}_{56} \mathrm{H}_{55} \mathrm{O}_{7} \mathrm{P}$ |
| Formula weight | 870.97 |
| Temperature / K | 180(2) |
| Crystal system | monoclinic |
| Space group | C2/c |
| $a / \AA$ | 24.5550(7) |
| $b / \AA$ | 11.5883(3) |
| $c / \AA$ | 37.9435(10) |
| $\alpha /{ }^{\circ}$ | 90 |
| $\beta 1^{\circ}$ | 108.3188(14) |
| $\gamma /{ }^{\circ}$ | 90 |
| Unit-cell volume / $\AA^{3}$ | 10249.7(5) |
| Z | 8 |
| Calc. density / $\mathrm{g} \mathrm{cm}^{-3}$ | 1.129 |
| F(000) | 3696 |
| Radiation type | CuK $\alpha$ |
| Absorption coefficient $/ \mathrm{mm}^{-1}$ | 0.865 |
| Crystal size / mm ${ }^{3}$ | $0.22 \times 0.12 \times 0.08$ |
| $2 \theta$ range $/{ }^{\circ}$ | 7.58-133.63 |
| Completeness to max $2 \theta$ | 0.997 |
| No. of reflections measured | 58401 |
| No. of independent reflections | 9082 |
| R(int) | 0.0827 |
| No. parameters / restraints | 605 / 101 |
| Final R1 values ( $\mathrm{I}>2 \sigma(\mathrm{I})$ ) | 0.1418 |
| Final $\mathrm{wR}\left(\mathrm{F}^{2}\right)$ values (all data) | 0.1842 |
| Goodness-of-fit on $\mathrm{F}^{2}$ | 1.039 |
| Largest difference peak \& hole / $\mathrm{e} \AA^{-3}$ | 1.158, -0.495 |

## Molecular Mechanics Calculations

## General details

Molecular mechanics calculations were performed using MacroModel version 9.8 (MacroModel, version 9.8, Schrödinger, LLC, New York, NY, 2014). Calculations were performed on simplified oligomers in which the solubilising groups were changed to methyl groups in order to reduce the computational cost. All structures were minimized first and the minimized structures were then used as the starting molecular structures for all MacroModel conformational searches. The force field used was MMFFs as implemented in this software $\left(\mathrm{CHCl}_{3}\right.$ solvation). The charges were defined by the force field library and no cut off was used for non-covalent interactions. A PolakRibiere Conjugate Gradient (PRCG) was used and each minimisation was subjected to 10000 iterations. The minima converged on a gradient with a threshold of 0.1 . The sampling method was selected to be large scale low mode sampling. Conformational searches were performed from previously minimized structures using 10000 steps. Calculations were repeated three times from different starting conformations. The conformations shown are the lowest energy structures and the images were created using PyMol (The PyMOL Molecular Graphics System, Version 1.6 Schrödinger, LLC).

## Single strands

For the DAD and ADA 3-mers, the 50 lowest energy structures were all within 0.5 kJ $\mathrm{mol}^{-1}$ with none forming intramolecular H -bonds. For the DAAD 4-mer, the 50 lowest energy structures were all within $3.0 \mathrm{~kJ} \mathrm{~mol}^{-1}$ with the same backbone conformation forming two intramolecular H-bonds in each structure. For the ADDA 4-mer, the 50 lowest energy structures were all within $32 \mathrm{~kJ} \mathrm{~mol}^{-1}$ with the same backbone conformation forming two intramolecular H-bonds in each structure within $26 \mathrm{~kJ} \mathrm{~mol}^{-}$ ${ }^{1}$ from the global minimum. For the DAAAD 5-mer, the 50 lowest energy structures were all within $6.0 \mathrm{~kJ} \mathrm{~mol}^{-1}$ with the same backbone conformation forming two intramolecular H-bonds in each structure. For the ADDDA 5-mer, the 50 lowest energy structures were all within $24 \mathrm{~kJ} \mathrm{~mol}^{-1}$ with the same backbone conformation forming two intramolecular H -bonds in each structure within $18 \mathrm{~kJ} \mathrm{~mol}^{-1}$ from the global minimum.

## Duplexes

For each duplex, multiple conformational searches were performed using distance constraints to fix H -bonding interactions between all possible pairwise combinations of donor and acceptor. For each H -bond, the distance between the phenol hydrogen and phosphine oxide oxygen was constrained to $2 \pm 1 \AA$. In addition for each H-bond arrangement, three different starting conformations were used. For each duplex, the results from all of the conformational searches were compared, and the lowest energy structure was selected. For the DAAD•DAAD and ADDA•ADDA duplexes, the lowest energy conformation corresponds to a structure with 4 intermolecular H-bonds in a criss-cross conformation. For the DAAAD•DAAAD and ADDDA•ADDDA duplexes, the lowest energy conformation corresponds to a structure with 4 intermolecular H bonds between terminal groups in a criss-cross conformation, and the recognition unit in the middle remaining unpaired. For the ADA•DAD, ADDA•DAAD and ADDDA•DAAAD duplexes, the lowest energy conformation corresponds with a fully H -bonded duplex with all the phenols and phosphine oxides paired and the oligomers adopting a zig-zag conformation.

