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Supporting Materials

Regulating trap distribution to achieve high-contrast mechanoluminescence with extended saturation threshold through co-doping Nd³⁺ in CaZnOS:

Bi³⁺, Li⁺

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Figure S1. (a) Diffuse reflection spectra of CZOS: 0.008Nd, Li and CZOS: 0.008Nd, Bi, Li. (b) Normalized PL intensity of Bi³⁺ in CZOS: *x* Nd, Bi, Li (λ_{ex} = 366 nm). (c) PL spectra of Nd³⁺ in CZOS: 0.008Nd, Li and CZOS: 0.008Nd, Bi, Li (λ_{ex} = 366 nm).



Figure S2. (a) Comparison of NIR-ML from Nd³⁺ between CZOS: 0.008Nd, Bi, Li and CZOS: 0.008Nd, Li. (b) Comparison of vis-ML between CZOS: 0.008Nd, Bi, Li and commercial phosphors ZnS: Cu. (c) 3D brightness distribution curves of CZOS: Bi, Li and CZOS: 0.001Nd, Bi, Li when load = 1500 N.



Figure S3. (a-b) The ThL spectra of CZOS: *x* Nd, Bi, Li (x = 0.001, 0.008) phosphors and the fitting results at 484 nm wavelength. (c) The depth and density of trap 1 with different Nd³⁺ co-doping concentration. (d) The comparison of trap density of trap 2-4 with different Nd³⁺ co-doping concentration.



Figure S4 The ML image of handwriting by writing "heart" and "star".



Figure S5. (a) The photograph of handwriting card written with ML pencil and sealed with PET and EVA. (b) The AG image of handwriting card after stopping UV lamp at 30 and 120 s.



Figure S6. (a) The photograph of writing on the wall with ML pencil. (b-c) The handwriting in the daylight and with UV lamp irradiation, respectively. (d) The AG images after UV lamp stopping at 2, 6, 66 and 98 s.



Figure S7. The photograph of the thickness of pork (a) and pericarp from pitaya (b).



Figure S8. The partial enlarged photograph of pericarp from pitaya. The white "vein" corresponds to the transfusion tissue.