### Electronic Supplementary Information

# Photofunctional cyclometallated iridium(III) polypyridine methylsulfone complexes as sulfhydryl-specific reagents for bioconjugation, bioimaging and photocytotoxic applications

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#### References

#### **Experimental and Results**

#### Materials

All solvents were of analytical reagent grade and purified according to standard procedures.<sup>1</sup> Na<sub>2</sub>CO<sub>3</sub>, NaHCO<sub>3</sub>, Mg<sub>2</sub>SO<sub>4</sub>, NaBH<sub>4</sub>, K<sub>2</sub>CO<sub>3</sub>, KPF<sub>6</sub>, tris(2-carboxyethyl)phosphine (TCEP), trifluoroacetic acid (TFA) and 1,3-diphenylisobenzofuran (DPBF) were purchased from Acros. 4,4'-Dimethyl-2,2'-bipyridine, SeO<sub>2</sub>, Na<sub>2</sub>S<sub>2</sub>O<sub>5</sub>, phenol, iridium(III) chloride trihydrate (IrCl<sub>3</sub>·3H<sub>2</sub>O) and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) were purchased from Aldrich. The peptides CYHWYGYTPQNVI (GE11), CKDEL (ER) and CPKKKRKV (NLS) were purchased from GL Biochem. Bovine serum albumin (BSA) and human serum albumin (HSA) were purchased from Calbiochem. All these chemicals were used without further purification. 4-Bromomethyl-4'-methyl-2,2'-bipyridine (bpy-Br),<sup>2</sup> 6-hydroxy-2-(methylsulfonyl)benzo[d]thiazole,<sup>3</sup> 5-(methylsulfonyl)-1-(4-hydroxyphenyl)-1H-tetrazole,<sup>4</sup> 2-(methylsulfonyl)-5-(4-hydroxyphenyl)-1,3,4-oxadiazole<sup>4</sup> and benzo[*a* $]phenazine <math>(Hbpz)^5$  were prepared according to literature procedures. All buffer components were of biological grade and used as received. Autoclaved Milli-Q H<sub>2</sub>O was used for the preparation of the aqueous solutions. MDA-MB-231, A431 and HEK-293T cells were obtained from American Type Culture Collection. Dulbecco's Modified Eagle Medium (DMEM), Minimum Essential Medium (MEM), fetal bovine serum (FBS), penicillin/streptomycin, sodium pyruvate, phosphatebuffered saline (PBS), trypsin-EDTA, LysoTracker Green, MitoTracker Green, CellMask Deep Red, lactate dehydrogenase (LDH) cytotoxicity assay kit, Alexa Fluor 647 annexin V conjugate, annexin V binding buffer and propidium iodide (PI) were purchased from Invitrogen.

#### **Physical Measurements and Instrumentation**

<sup>1</sup>H NMR spectra were recorded on a Bruker AVANCE III 400 or 600 MHz spectrometer at 298 K using deuterated solvents. Chemical shifts ( $\delta$ , ppm) were reported relative to tetramethylsilane (TMS). Positive-ion electrospray ionisation (ESI) mass spectra were recorded on a SCIEX API-3200 Triple-Q MS/MS mass spectrometer at 298 K. High-resolution electrospray ionisation (HR-ESI) mass spectra were recorded on a Bruker micrOTOF-QII. MALDI-TOF mass spectra of the samples were recorded on an Applied Biosystems 4800 Plus MALDI TOF/TOF<sup>™</sup> Analyser. IR spectra of the samples in KBr pellets were recorded in the range of 4000 – 400 cm<sup>-1</sup> using a Perkin Elmer Spectrum 100 FTIR spectrometer. Elemental analyses were carried out on an Elementar Analysensysteme GmbH Vario MICRO elemental analyser. Electronic absorption spectra were recorded on an Agilent 8453 diode array spectrophotometer. Steady-state emission spectra were recorded on a HORIBA FluoroMax-4 spectrofluorometer. Unless specified otherwise, all solutions for photophysical studies were degassed with no fewer than four successive freeze-pump-thaw cycles and stored in a 10cm<sup>3</sup> round bottomed flask equipped with a side-arm 1-cm fluorescence cuvette and sealed from the atmosphere by a Rotaflo HP6/6 quick-release Teflon stopper. Luminescence quantum yields ( $\Phi_{em}$ ) were measured by optically dilute method<sup>6</sup> using an aerated aqueous solution of the  $[Ru(bpy)_3]Cl_2$  ( $\Phi_{em} = 0.04$ , excitation wavelength at 455 nm) as the standard solution.<sup>7</sup> The concentrations of the standard and sample solutions were adjusted until the absorbance at 455 nm was 0.1. Emission lifetimes were measured on an Edinburgh Instruments LP920 laser flash photolysis spectrometer using the third harmonic output (355 nm; 6 – 8 ns fwhm pulse width) of a Spectra-Physics Quanta-Ray Q-switched LAB-150 pulsed

Nd:YAG laser (10 Hz) as the excitation source. High-performance liquid chromatography (HPLC) was performed on an Agilent 1260 Infinity II system coupled with a diode array detector WR. The dynamical light scattering (DLS) methodology followed recommendations outlined in the NIST-protocol.<sup>8</sup> The measurements were performed on Malvem Zetasizer Nano ZS at 298 K. The results were presented as number-based distributions.

Synthesis

4-(4-(2-(Methylsulfonyl)-benzo[*d*]thiazol-6-yl)oxymethyl)-4'-methyl-2,2'-bipyridine (bpybtz)



A mixture of bpy-Br (100 mg, 0.38 mmol), 6-hydroxy-2-(methylsulfonyl)benzo[d]thiazole (87 mg, 0.38 mmol) and K<sub>2</sub>CO<sub>3</sub> (79 mg, 0.57 mmol) in DMF (1 mL) was stirred at 298 K for 18 h. The solvent was removed under reduced pressure and the brown residual solid was purified by column chromatography on silica gel using  $CH_2Cl_2/MeOH$  (200:1, v/v) as the eluent. The solution containing the product was collected and the solvent was removed under reduced pressure to afford the product as a white solid. Yield: 112 mg (72%). <sup>1</sup>H NMR (400 MHz, chloroform-*d*, 298 K, TMS):  $\delta$  8.74 (d, *J* = 5.0 Hz, 1H, H6 of bpy), 8.59 (d, *J* = 5.0 Hz, 1H, H6' of bpy), 8.57 (s, 1H, H3 of bpy), 8.32 (s, 1H, H3' of bpy), 8.13 (d, J = 9.1 Hz, 1H, H4 of benzothiazole ring), 7.49 (d, J = 2.4 Hz, 1H, H7 of benzothiazole ring), 7.46 (d, J = 4.9 Hz, 1H, H5 of bpy), 7.38 (dd, J = 9.1 and 2.5 Hz, 1H, H5 of benzothiazole ring), 7.24 (d, J = 4.7 Hz, 1H, H5' of bpy), 5.31 (s, 2H, CH $_2$  of bpy), 3.40 (s, 3H, CH $_3$  of sulfone), 2.50 (s, 3H, CH $_3$  of bpy). <sup>13</sup>C NMR (150 MHz, chloroform-*d*, 298 K, TMS): δ163.7, 158.3, 155.2, 149.7, 148.7, 147.4, 146.2, 138.6, 126.3, 125.1, 122.3, 121.5, 119.1, 118.6, 105.1, 69.1, 42.6, 21.3. HR-ESI-MS (positiveion mode, m/z):  $[M + H^{+}]^{+}$  calcd for C<sub>20</sub>H<sub>18</sub>N<sub>3</sub>O<sub>3</sub>S<sub>2</sub> 412.0790, found 412.1021;  $[M + Na^{+}]^{+}$  calcd for C<sub>20</sub>H<sub>17</sub>N<sub>3</sub>O<sub>3</sub>S<sub>2</sub>Na 434.0609, found 434.0815.

4-(4-(5-(Methylsulfonyl)-1*H*-tetrazol-1-yl)phenoxymethyl)-4'-methyl-2,2'-bipyridine (bpymstp)



The synthetic procedure was similar to that for bpy-btz except that 5-(methylsulfonyl)-1-(4-hydroxyphenyl)-1*H*-tetrazole (91 mg, 0.38 mmol) was used instead of 6-hydroxy-2-(methylsulfonyl)benzo[*d*]thiazole. Yield: 80 mg (50%). <sup>1</sup>H NMR (400 MHz, acetone-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.72 (d, *J* = 4.6 Hz, 1H, H6 of bpy), 8.62 (s, 1H, H3 of bpy), 8.55 (d, *J* = 4.6 Hz, 1H, H6' of bpy), 8.35 (s, 1H, H3' of bpy), 7.75 (d, *J* = 8.6 Hz, 2H, H3 and H5 of phenyl ring), 7.57 (d, *J* = 4.1 Hz, 1H, H5 of bpy), 7.37 (d, *J* = 8.6 Hz, 2H, H2 and H6 of phenyl ring), 7.27 (d, *J* = 4.1 Hz, 1H, H5' of bpy), 5.47 (s, 2H, CH<sub>2</sub> of bpy), 3.65 (s, 3H, CH<sub>3</sub> of sulfone), 2.47 (s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, chloroform-*d*, 298 K, TMS):  $\delta$  160.4, 156.5, 155.3, 154.0, 149.7, 148.8, 148.6, 146.2, 126.6, 126.2, 125.1, 122.2, 121.5, 119.0, 105.8, 68.9, 43.8, 21.3, 14.2. HR-ESI-MS (positive-ion mode, *m/z*): [M + H<sup>+</sup>]<sup>+</sup> calcd for C<sub>20</sub>H<sub>19</sub>N<sub>6</sub>O<sub>3</sub>S 423.1239, found 423.1457; [M + Na<sup>+</sup>]<sup>+</sup> calcd for C<sub>20</sub>H<sub>18</sub>N<sub>6</sub>O<sub>3</sub>SNa 445.1059, found 445.1306.

4-(4-(2-(Methylsulfonyl)-1,3,4-oxadiazol-5-yl)phenoxymethyl)-4'-methyl-2,2'-bipyridine

(bpy-odz)



The synthetic procedure was similar to that for bpy-btz except that 2-(methylsulfonyl)-5-(4-hydroxyphenyl)-1,3,4-oxadiazole (91 mg, 0.38 mmol) was used instead of 6-hydroxy-2-(methylsulfonyl)benzo[*d*]thiazole. Yield: 56 mg (35%). <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.71 (d, *J* = 5.0 Hz, 1H, H6 of bpy), 8.56 (d, *J* = 4.9 Hz, 1H, H6' of bpy), 8.49 (s, 1H, H3 of bpy), 8.27 (s, 1H, H3' of bpy), 8.08 (d, *J* = 8.8 Hz, 2H, H3 and H5 of phenyl ring), 7.53 (d, *J* = 4.2 Hz, 1H, H5 of bpy), 7.34 – 7.30 (m, 3H, H5' of bpy and H2 and H6 of phenyl ring), 5.45 (s, 2H, CH<sub>2</sub> of bpy), 3.71 (s, 3H, CH<sub>3</sub> of sulfone), 2.43 (s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, chloroform-*d*, 298 K, TMS):  $\delta$  166.5, 162.1, 161.7, 155.1, 149.6, 148.7, 146.2, 129.8, 125.1, 122.3, 121.5, 119.1, 115.7, 115.1, 68.6, 43.0, 21.3. HR-ESI-MS (positive-ion mode, *m/z*): [M + H<sup>+</sup>]<sup>+</sup> calcd for C<sub>21</sub>H<sub>19</sub>N<sub>4</sub>O<sub>4</sub>S 423.1127, found 423.1381; [M + Na<sup>+</sup>]<sup>+</sup> calcd for C<sub>21</sub>H<sub>18</sub>N<sub>4</sub>O<sub>4</sub>SNa 445.0946, found 445.1172.

#### 4-Phenoxymethyl-4'-methyl-2,2'-bipyridine (bpy-ph)



The synthetic procedure was similar to that for bpy-btz except that phenol (36 mg, 0.38 mmol) was used instead of 6-hydroxy-2-(methylsulfonyl)benzo[*d*]thiazole. Yield: 79 mg (75%). <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.68 (d, *J* = 4.9 Hz, 1H, H6 of bpy), 8.55 (d, *J* = 4.9 Hz, 1H, H6' of bpy), 8.47 (s, 1H, H3 of bpy), 8.26 (s, 1H, H3' of bpy), 7.50 (d, *J* = 4.3 Hz, 1H, H5 of bpy), 7.34 – 7.29 (m, 3H, H5' of bpy and H3 and H5 of phenyl ring), 7.05 (d, *J* = 8.1 Hz, 2H, H2 and H6 of phenyl ring), 6.97 (t, *J* = 7.3 Hz, 1H, H4 of phenyl ring), 5.29 (s, 2H, CH<sub>2</sub> of bpy), 2.42 (s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  158.4, 156.0, 155.3, 149.9, 149.5, 148.5, 148.1, 130.1, 125.6, 122.4, 121.8, 121.6, 118.8, 115.3, 68.1, 21.2. HR-ESI-MS (positive-ion mode, *m*/*z*): [M + H<sup>+</sup>]<sup>+</sup> calcd for C<sub>18</sub>H<sub>17</sub>N<sub>2</sub>O 277.1341, found 277.1512; [M + Na<sup>+</sup>]<sup>+</sup> calcd for C<sub>18</sub>H<sub>16</sub>N<sub>2</sub>ONa 299.1160, found 299.1342.

#### [Ir<sub>2</sub>(bpz)<sub>4</sub>Cl<sub>2</sub>]



The synthetic procedure is modified from a literature method.<sup>9</sup> A mixture of IrCl<sub>3</sub>·3H<sub>2</sub>O (400 mg, 1.14 mmol) and Hbpz (575 mg, 2.50 mmol) in 2-ethoxyethanol/H<sub>2</sub>O (40 mL; 3:1, *v*/*v*) was heated to reflux under an inert atmosphere of nitrogen in the dark for 24 h. The dark green solution was filtered and the solvent was removed under reduced pressure to give a dark green solid. The green solid was dissolved in CH<sub>2</sub>Cl<sub>2</sub> and purified by column chromatography on silica gel using CH<sub>2</sub>Cl<sub>2</sub> as the eluent. The solvent was removed under reduced pressure to afford [Ir<sub>2</sub>(bpz)<sub>4</sub>Cl<sub>2</sub>] as a dark green solid. Yield: 313 mg (40%). <sup>1</sup>H NMR (400 MHz, chloroform-*d*, 298 K, TMS):  $\delta$ 8.65 (d, *J* = 8.8 Hz, 4H, H7 of bpz), 8.09 (d, *J* = 7.6 Hz, 4H, H4 of bpz), 7.88 (d, *J* = 9.2 Hz, 4H, H6 of bpz), 7.85 (d, *J* = 9.2 Hz, 4H, H5 of bpz), 7.73 (t, *J* = 8.0 Hz, 4H, H8 of bpz), 7.27 (d, *J* = 7.6 Hz, 4H, H10 of bpz), 6.73 – 6.68 (m, 8H, H3 and H9 of bpz), 6.10 (d, *J* = 7.6 Hz, 4H, H2 of bpz).

#### [lr(bpz)<sub>2</sub>(bpy-btz)](PF<sub>6</sub>) (1)



A mixture of [Ir<sub>2</sub>(bpz)<sub>4</sub>Cl<sub>2</sub>] (41 mg, 0.03 mmol) and bpy-btz (24 mg, 0.06 mmol) in  $CH_2Cl_2/MeOH$  (20 mL) (1:1, v/v) was stirred under an inert atmosphere of nitrogen in the dark for 18 h. After addition of solid  $KPF_6$  (55 mg, 0.3 mmol), the black mixture was stirred for 2 h. The solvent was removed under reduced pressure and the black residue was purified by column chromatography on silica gel using  $CH_2Cl_2/MeOH$  (100:1, v/v) as the eluent. The solvent was removed under reduced pressure to give a black solid. Subsequent recrystallisation of the black solid from  $CH_2Cl_2/Et_2O$  afforded complex 1 as black crystals. Yield: 38 mg (52%). <sup>1</sup>H NMR (600 MHz, DMSO- $d_6$ , 298 K, TMS):  $\delta$  8.76 (s, 1H, H3 of bpy), 8.64 (s, 1H, H3' of bpy), 8.40 – 8.37 (m, 2H, H7 of bpz), 8.31 (dd, J = 9.3 and 3.5 Hz, 2H, H6 of bpz), 8.19 (d, J = 9.1 Hz, 1H, H4 of benzothiazole ring), 8.02 (dd, J = 9.2 and 2.3 Hz, 2H, H5 of bpz), 7.92 (d, J = 2.6 Hz, 1H, H7 of benzothiazole ring), 7.89 (t, J = 8.2 Hz, 1H, H8 of bpz), 7.85 (t, J = 8.2 Hz, 1H, H8 of bpz), 7.76 (d, J = 7.7 Hz, 2H, H4 of bpz), 7.65 – 7.62 (m, 2H, H6 and H6' of bpy), 7.50 (t, J = 7.9 Hz, 1H, H9 of bpz), 7.46 (d, J = 5.8 Hz, 1H, H5 of bpy), 7.42 – 7.39 (m, 2H, H5' of bpy and H5 of benzothiazole ring), 7.34 (t, J = 8.0 Hz, 1H, H9 of bpz), 7.28 (d, J = 8.7 Hz, 1H, H10 of bpz), 7.20 – 7.18 (m, 3H, H3 and H10 of bpz), 6.49 (d, J = 7.5 Hz, 1H, H2 of bpz), 6.47 (d, J = 7.4 Hz, 1H, H2 of bpz), 5.42 (s, 2H, CH<sub>2</sub> of bpy), 3.58 (s, 3H, CH<sub>3</sub> of sulfone), 2.45

(s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, DMSO- $d_6$ , 298 K, TMS):  $\delta$  207.0, 165.2, 157.7, 156.1, 155.2, 155.0, 154.9, 153.2, 151.1, 150.9, 149.2, 148.3, 147.4, 145.6, 145.5, 143.6, 141.4, 141.3, 141.1, 141.0, 138.3, 135.9, 135.8, 135.1, 133.2, 133.0, 132.2, 131.9, 131.8, 131.7, 131.6, 130.7, 130.6, 130.4, 127.4, 126.7, 126.2, 123.0, 122.7, 122.6, 122.1, 119.1, 107.0, 68.1, 42.7, 31.2, 21.3. IR (KBr)  $\tilde{\nu}/\text{cm}^{-1}$ : 1342 (S=O), 840 (PF<sub>6</sub><sup>-</sup>). HR-ESI-MS (positive-ion mode, *m*/*z*): [M - PF<sub>6</sub><sup>-</sup>]<sup>+</sup> calcd for IrC<sub>52</sub>H<sub>35</sub>N<sub>7</sub>O<sub>3</sub>S<sub>2</sub> 1062.1872, found 1062.1537. Elemental analysis calcd for IrC<sub>52</sub>H<sub>35</sub>N<sub>7</sub>O<sub>3</sub>S<sub>2</sub>PF<sub>6</sub>: C 51.76, H 3.52, N 7.40, found: C 51.85, H 3.45, N 7.56%.

#### [lr(bpz)<sub>2</sub>(bpy-mstp)](PF<sub>6</sub>) (2)



The synthetic procedure was similar to that for complex **1**, except that bpy-mstp (25 mg, 0.06 mmol) was used instead of bpy-btz. Subsequent recrystallisation of the black solid from CH<sub>2</sub>Cl<sub>2</sub>/Et<sub>2</sub>O afforded complex **2** as black crystals. Yield: 39 mg (54%). <sup>1</sup>H NMR (600 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.78 (s, 1H, H3 of bpy), 8.63 (s, 1H, H3' of bpy), 8.41 – 8.38 (m, 2H, H7 of bpz), 8.32 (dd, *J* = 9.4 and 5.6 Hz, 2H, H6 of bpz), 8.03 (dd, *J* = 9.2 and 7.7 Hz, 2H, H5 of bpz), 7.96 – 7.90 (m, 2H, H8 of bpz), 7.76 (dd, *J* = 7.6 and 2.7 Hz, 2H, H4 of bpz), 7.70 (d, *J* = 9.0 Hz, 2H, H3 and H5 of phenyl ring), 7.66 – 7.64 (m, 2H, H6 and H6' of bpy), 7.51 (t, *J* = 8.5 Hz, 1H, H9 of bpz), 7.45 (d, *J* = 5.8 Hz, 1H, H5 of bpy), 7.40 (d, *J* = 5.8 Hz, 1H, H5' of bpy), 7.36

(t, *J* = 8.5 Hz, 1H, H9 of bpz), 7.29 (d, *J* = 8.9 Hz, 1H, H10 of bpz), 7.24 (d, *J* = 9.0 Hz, 2H, H2 and H4 of phenyl ring), 7.21 – 7.18 (m, 3H, H3 and H10 of bpz), 6.50 (d, *J* = 7.5 Hz, 1H, H2 of bpz), 6.47 (d, *J* = 7.5 Hz, 1H, H2 of bpz), 5.40 (s, 2H, CH<sub>2</sub> of bpy), 3.67 (s, 3H, CH<sub>3</sub> of sulfone), 2.45 (s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  159.9, 156.1, 155.2, 155.1, 155.0, 154.7, 153.2, 151.2, 150.9, 150.8, 149.3, 148.3, 145.6, 145.5, 143.7, 143.6, 141.4, 141.1, 141.0, 135.9, 135.8, 135.2, 133.2, 133.1, 132.2, 131.9, 131.8, 131.6, 130.8, 130.4, 128.4, 127.4, 126.7, 126.6, 126.2, 123.1, 122.7, 122.5, 122.1, 115.9, 67.9, 65.4, 44.3, 31.2, 21.3, 15.6. IR (KBr)  $\tilde{\nu}$ /cm<sup>-1</sup>: 1337 (S=O), 840 (PF<sub>6</sub><sup>-</sup>). HR-ESI-MS (positive-ion mode, *m*/*z*): [M – PF<sub>6</sub><sup>-</sup>]<sup>+</sup> calcd for IrC<sub>52</sub>H<sub>36</sub>N<sub>10</sub>O<sub>3</sub>S 1073.2322, found 1073.2005. Elemental analysis calcd for IrC<sub>52</sub>H<sub>36</sub>N<sub>10</sub>O<sub>3</sub>SPF<sub>6</sub>: C 50.36, H 3.11, N 11.15, found: C 50.52, H 2.94, N 11.33%.

 $[Ir(bpz)_2(bpy-odz)](PF_6)$  (3)



The synthetic procedure was similar to that for complex **1**, except that bpy-odz (25 mg, 0.06 mmol) was used instead of bpy-btz. Subsequent recrystallisation of the black solid from  $CH_2Cl_2/Et_2O$  afforded complex **3** as black crystals. Yield: 39 mg (53%). <sup>1</sup>H NMR (600 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.76 (s, 1H, H3 of bpy), 8.63 (s, 1H, H3' of bpy), 8.40 (d, *J* = 8.4 Hz, 2H, H7 of bpz), 8.32 (d, *J* = 9.3 Hz, 2H, H6 of bpz), 8.06 (d, *J* = 8.6 Hz, 2H, H3 and H5 of phenyl

ring), 8.03 (d, J = 9.2 Hz, 2H, H5 of bpz), 7.87 – 7.82 (m, 2H, H8 of bpz), 7.76 (d, J = 7.5 Hz, 2H, H4 of bpz), 7.68 – 7.67 (m, 2H, H6 and H6' of bpy), 7.50 (t, J = 7.6 Hz, 1H, H9 of bpz), 7.46 (d, J = 5.6 Hz, 1H, H5 of bpy), 7.42 – 7.40 (m, 2H, H9 of bpz and H5' of bpy), 7.29 – 7.20 (m, 6H, H3 and H10 of bpz and H2 and H4 of phenyl ring), 6.49 (d, J = 7.8 Hz, 1H, H2 of bpz), 6.48 (d, J = 7.9 Hz, 1H, H2 of bpz), 5.42 (s, 2H, CH<sub>2</sub> of bpy), 3.72 (s, 3H, CH<sub>3</sub> of sulfone), 2.45 (s, 3H, CH<sub>3</sub> of bpy). <sup>13</sup>C NMR (150 MHz, DMSO- $d_6$ , 298 K, TMS):  $\delta$  166.1, 162.3, 161.6, 156.1, 155.2, 155.0, 154.9, 153.2, 151.1, 150.9, 149.2, 148.3, 145.6, 145.5, 143.6, 141.4, 141.3, 141.1, 141.0, 135.9, 135.8, 135.2, 133.2, 133.1, 132.2, 131.9, 131.8, 131.7, 131.6, 130.8, 130.7, 130.4, 130.0, 127.2, 126.6, 126.2, 123.0, 122.7, 122.6, 122.1, 116.5, 115.6, 67.7, 65.4, 43.4, 21.3, 15.6. IR (KBr)  $\tilde{\nu}$ /cm<sup>-1</sup>: 1345 (S=O), 841 (PF<sub>6</sub><sup>-</sup>). HR-ESI-MS (positive-ion mode, m/z): [M – PF<sub>6</sub><sup>-</sup>]<sup>\*</sup> calcd for IrC<sub>53</sub>H<sub>36</sub>N<sub>8</sub>O<sub>4</sub>S 1073.2209, found 1073.1883. Elemental analysis calcd for IrC<sub>53</sub>H<sub>36</sub>N<sub>8</sub>O<sub>4</sub>SPF<sub>6</sub>: C 51.76, H 3.52, N 7.40, found: C 51.52, H 3.50, N 7.56%.

[Ir(bpz)<sub>2</sub>(bpy-ph)](PF<sub>6</sub>) (4)



The synthetic procedure was similar to that for complex **1**, except that bpy-ph (17 mg, 0.06 mmol) was used instead of bpy-btz. Subsequent recrystallisation of the black solid from  $CH_2Cl_2/Et_2O$  afforded complex **4** as black crystals. Yield: 38 mg (59%). <sup>1</sup>H NMR (600 MHz,

DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  8.72 (s, 1H, H3 of bpy), 8.61 (s, 1H, H3' of bpy), 8.42 – 8.38 (m, 2H, H7 of bpz), 8.31 (dd, *J* = 9.3 and 2.4 Hz, 2H, H6 of bpz), 8.03 (dd, *J* = 9.2 and 4.6 Hz, 2H, H5 of bpz), 7.92 – 7.89 (m, 2H, H8 of bpz), 7.76 (d, *J* = 7.6 Hz, 2H, H4 of bpz), 7.62 (d, *J* = 5.6 Hz, 1H, H6 of bpy'), 7.59 (d, *J* = 6.1 Hz, 1H, H6' of bpy), 7.50 (t, *J* = 7.8 Hz, 1H, H9 of bpz), 7.45 (d, *J* = 5.9 Hz, 1H, H5 of bpy), 7.39 (d, *J* = 5.7 Hz, 1H, H5' of bpy), 7.32 – 7.27 (m, 4H, H9 and H10 of bpz and H3 and H5 of phenyl ring), 7.20 – 7.17 (m, 3H, H3 and H10 of bpz), 7.00 (t, *J* = 7.2 Hz, 1H, H4 of phenyl ring), 6.97 (d, *J* = 8.2 Hz, 2H, H2 and H6 of phenyl ring), 6.49 (d, *J* = 7.6 Hz, 1H, H2 of bpz), 1<sup>3</sup>C NMR (150 MHz, DMSO-*d*<sub>6</sub>, 298 K, TMS):  $\delta$  157.9, 156.0, 155.3, 155.0, 153.2, 151.9, 143.6, 141.3, 141.1, 140.9, 135.8, 135.2, 133.2, 133.0, 132.2, 131.8, 131.6, 130.8, 130.3, 130.1, 127.2, 126.6, 123.0, 122.7, 122.5, 122.1, 112.0, 115.4, 67.4, 55.5, 31.2, 21.3. IR (KBr)  $\tilde{\nu}/\text{cm}^{-1}$ : 840 (PF<sub>6</sub><sup>-</sup>). HR-ESI-MS (positive-ion mode, *m*/*z*): [M – PF<sub>6</sub><sup>-</sup>]<sup>+</sup> calcd for IrC<sub>50</sub>H<sub>34</sub>N<sub>6</sub>O 927.2423, found 927.2269. Elemental analysis calcd for IrC<sub>50</sub>H<sub>34</sub>N<sub>6</sub>OPF<sub>6</sub>: C 54.24, H 3.36, N 7.53, found: C 54.22, H 3.09, N 7.59%.

#### Preparation of the Cysteine and Peptide Conjugates of Complex 2

A mixture of complex 2 (2.0 µmol) and L-cysteine or the cysteine-containing peptide (3.0  $\mu$ mol) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (1:1, v/v, 1 mL) containing TCEP (30 µmol) was stirred at 37°C in the dark for 30 min. The solution was diluted with a mixture of H<sub>2</sub>O and CH<sub>3</sub>CN (9 mL, v/v, 1:1) and purified, in batches, by semi-preparative reversed-phase HPLC (RP-HPLC). The HPLC purifications were performed on an Agilent semipreparative column (ZORBAX Eclipse XDB-C18 column: 9.4  $\times$  250 mm, 5  $\mu$ m) using H<sub>2</sub>O containing 0.1% (v/v) TFA (solvent A) and CH<sub>3</sub>CN containing 0.1% (v/v) TFA (solvent B) as the solvents with a linear gradient of 50 - 100% B over 20 min and a flow rate of 4 mL min<sup>-1</sup>. The detector was set at 210 or 350 nm and fractions containing the product were combined and lyophilised. The purified product was characterised by analytical RP-HPLC and ESI-MS (Fig. S12 and S13). The HPLC analyses were carried out using an Agilent analytical column (ZORBAX Eclipse Plus C18: 4.6  $\times$  150 mm, 5  $\mu$ m) with a linear gradient of 10 – 100% B over 20 min and a flow rate of 1 mL min<sup>-1</sup>. **2-Cys**. Yield: 2.1 mg (85%).  $t_{R}$  = 14.10 min. Positive-ion ESI-MS ion cluster at m/z 1115.0 [M – CF<sub>3</sub>CO<sub>2</sub><sup>-</sup>]<sup>+</sup>. **2-GE11**. Yield: 4.5 mg (81%).  $t_{\rm R}$  = 16.18 min. Positive-ion ESI-MS ion clusters at m/z 879.9 [M + 2 × H<sup>+</sup> – CF<sub>3</sub>CO<sub>2</sub><sup>-</sup>]<sup>3+</sup>, 1318.8 [M + H<sup>+</sup> –  $CF_3CO_2^{-1}^{2+}$ . **2-ER**. Yield: 2.9 mg (84%).  $t_{\rm R}$  = 17.02 min. Positive-ion ESI-MS ion cluster at m/z822.0  $[M + H^+ - CF_3CO_2^-]^{2+}$ . **2-NLS**. Yield: 3.5 mg (83%).  $t_R$  =14.05 min. Positive-ion ESI-MS ion clusters at m/z 661.0 [M + 2 × H<sup>+</sup> – CF<sub>3</sub>CO<sub>2</sub><sup>-</sup>]<sup>3+</sup>, 990.7 [M + H<sup>+</sup> – CF<sub>3</sub>CO<sub>2</sub><sup>-</sup>]<sup>2+</sup>.

#### Preparation of the Protein Conjugates of Complex 2

A mixture of complex 2 (0.82  $\mu$ mol) and BSA or HSA (0.164  $\mu$ mol) in potassium phosphate

buffer (100 mM, pH 8.0)/DMSO (9:1, v/v, 200 µL) was incubated at 37°C in the dark for 12 h. The reaction mixture was centrifuged to remove any solid residue and the deep red supernatant was diluted to 1 mL with potassium phosphate buffer (50 mM, pH 7.4). The solution was loaded onto a PD-10 column (Cytiva) that had been equilibrated with the same buffer. The first red band that came out of the column was collected and the solution was further purified by HPLC equipped with a size-exclusion column (Agilent Bio SEC-3, 100 Å, 4.6 × 150 mm). The mobile phase was potassium phosphate buffer (50 mM, pH 7.4) at a flow rate of 0.4 mL min<sup>-1</sup>. The retention time of the labelled protein was *ca*. 2.53 min. Iridium-to-protein ratios were estimated based on the absorption spectral data according to the following equation:

$$\frac{[Ir]}{[Protein]} = \frac{A_{380}\varepsilon_{280p}}{A_{280}\varepsilon_{380Ir} - A_{380}\varepsilon_{280Ir}}$$

where  $A_{280}$  and  $A_{380}$  are the absorbance values of the conjugates at 280 and 380 nm, respectively;  $\varepsilon_{280p}$  is the extinction coefficient of the protein at 280 nm;  $\varepsilon_{280lr}$  and  $\varepsilon_{380lr}$  are those of **2-Cys** at 280 and 380 nm, respectively. The iridium-to-protein ratios of **2-BSA** and **2-HSA** were determined to be *ca*. 0.98 and 0.75, respectively.

#### **Kinetics Studies**

All reactions were performed on a 100- $\mu$ L scale. The reaction kinetics of bpy-btz, bpy-mstp, complexes **1** and **2** (25  $\mu$ M) with L-cysteine (250  $\mu$ M) and that of bpy-odz and complex **3** (25

 $\mu$ M) with L-cysteine (125  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, v/v) containing TCEP (750  $\mu$ M) at 298 K was measured by RP-HPLC. The reactions at different time points were quenched by the addition of 900  $\mu$ L of H<sub>2</sub>O/MeOH (1:1, v/v) containing 0.1% TFA and then analysed by RP-HPLC. The second-order rate constants ( $k_2$ ) were determined by fitting the data to the following equation:

$$y = \frac{ln \frac{[A]_o[B]_t}{[A]_t[B]_o}}{([B]_o - [A]_o)} = k_2 t$$

where  $[A]_o$  and  $[A]_t$  are the concentrations of the heteroaromatic methylsulfone-containing compound (ligand or complex) at time = 0 and t s, respectively; and  $[B]_o$  and  $[B]_t$  are the concentrations of cysteine at time = 0 and t s, respectively. All kinetic curves generated using OriginPro 8.0 software package are summarised in Fig. S5 and S6.

#### Determination of Singlet Oxygen ( $^{1}O_{2}$ ) Generation Quantum Yields ( $\Phi_{\Delta}$ )

The <sup>1</sup>O<sub>2</sub> generation quantum yields were determined via detecting the oxidation of DPBF using absorbance measurements.<sup>10</sup> The irreversible 1,4-cycloaddition reaction of DPBF with <sup>1</sup>O<sub>2</sub> leads to a decrease in the absorbance of DPBF at *ca.* 418 nm. Freshly prepared, air-equilibrated solutions containing the samples or the standard [Ru(bpy)<sub>3</sub>]Cl<sub>2</sub> ( $\Phi_{\Delta} = 0.73$  in air-equilibrated MeOH and  $\Phi_{\Delta} = 0.22$  in air-equilibrated H<sub>2</sub>O)<sup>11</sup> with absorbance at 450 nm adjusted to 0.15 and DPBF (100  $\mu$ M) were excited at 450 nm using a Xenon lamp (Ushio) (150 W) with a bandwidth of 20 nm. The decrease of the absorbance at 418 nm caused by photobleaching of DPBF was measured and corrected in all experiments. The following

equation was used for the calculation of  $\Phi_{\Delta}$ :

$$\Phi_{\Delta}^{unknown} = \Phi_{\Delta}^{reference} \times \frac{m^{unknown} \times F^{reference}}{m^{reference} \times F^{unknown}}$$

where *m* is the slope of a linear fit of the change of absorbance at 418 nm against the irradiation time and *F* is the absorption correction factor, which is given as  $F = 1 - 10^{-AL}$  (A = absorbance at 450 nm and *L* = path length of the cuvette).

#### Stability of the Cysteine and Peptide Conjugates in Biological Media

After the cysteine and peptide conjugates of complex **2** (10  $\mu$ M) were incubated in DMEM/DMSO (99:1, *v*/*v*, 200  $\mu$ L) at 37°C for 0 or 4 h, 1 mL of MeOH was added to the mixture. The proteins and other precipitates from the plasma were separated solely by centrifugation. The supernatant was filtered and analysed by analytical RP-HPLC and ESI-MS.

#### **Cell Cultures**

MDA-MB-231 and HEK-293T cells were cultured in DMEM containing 10% FBS and 1% penicillin/streptomycin in an incubator at 37°C under a 5% CO<sub>2</sub> atmosphere. A431 cells were cultured in MEM with 10% FBS, 1% penicillin/streptomycin and 1% sodium pyruvate at 37°C under a 5% CO<sub>2</sub> atmosphere. They were subcultured every 2 - 3 days.

## Determination of Cellular Uptake by Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)

MDA-MB-231, A431 and HEK-293T cells were grown in a 50-mm tissue culture dish and incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 48 h. The culture medium was removed and replaced with a fresh medium containing the conjugates of complex **2** (10  $\mu$ M) or the methylsulfone-free complex **4** (10  $\mu$ M). After incubation at 37°C under a 5% CO<sub>2</sub> atmosphere for 4 h (for the conjugates of complex **2**) or 1 h (for complex **4**), the medium was removed and the cell layer was washed gently with PBS (1 mL × 3). The cell layer was then trypsinised and 1 mL of the mixture was put in a 1.5-mL Eppendorf centrifuge tube. The cell number was counted with a Logos Biosystems LUNA-II automated cell counter. The harvested cells were digested with 65% HNO<sub>3</sub> (1 mL) at 60°C for 2 h and the iridium contents were analysed with a PerkinElmer NexION 2000 ICP-MS.

#### **Live-Cell Confocal Imaging**

MDA-MB-231, A431 and HEK-293T cells in growth medium were seeded on a sterilised coverslip in a 35-mm tissue culture dish and grown at 37°C under a 5% CO<sub>2</sub> atmosphere for 48 h. The growth medium was removed and replaced with the conjugates of complex **2** (10  $\mu$ M, 4 h) or complex **4** (1  $\mu$ M, 30 min) in growth medium/DMSO (99:1, v/v) at 37°C under a 5% CO<sub>2</sub> atmosphere. The medium was removed and the cell layer was gently washed with PBS (1 mL × 3). The coverslip was mounted onto a sterilised glass slide and then imaging was performed using a Leica TCS SPE confocal microscope with an oil immersion 63× objective and an excitation wavelength at 488 nm. In costaining experiments, after treatment with the

conjugates of complex **2** (10  $\mu$ M, 4 h) or complex **4** (1  $\mu$ M, 30 min), the medium was removed and the cell layer was gently washed with PBS (1 mL  $\times$  3). The cells were then incubated with LysoTracker Green (100 nM, 20 min), MitoTracker Green (100 nM, 20 min) or CellMask Deep Red (5  $\mu$ g mL<sup>-1</sup>, 10 min) in growth medium at 37°C under a 5% CO<sub>2</sub> atmosphere. The medium was then removed and the cell layer was gently washed with PBS (1 mL  $\times$  3). The excitation wavelength of LysoTracker Green and MitoTracker Green was 488 nm and that of CellMask Deep Red was 635 nm. The Pearson's correlation coefficients were determined using the programme ImageJ (Version 1.4.3.67).

#### **MTT Assays**

MDA-MB-231 cells were seeded in a 96-well flat-bottomed microplate (*ca.* 10,000 cells per well) in growth medium (100  $\mu$ L) and incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 48 h. The growth medium was removed and replaced with the conjugates of complex **2** or complex **4** in growth medium/DMSO (99:1, *v*/*v*) at 37°C under a 5% CO<sub>2</sub> atmosphere for 24 or 48 h. The medium was removed and MTT in PBS (10  $\mu$ L, 5 mg mL<sup>-1</sup>) was added to each well. The microplates were incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 4 h. The growth medium was removed and DMSO (100  $\mu$ L) was added to each well. The microplates were and DMSO (100  $\mu$ L) was added to each well. The microplates at 37°C under a 5% CO<sub>2</sub> atmosphere for 4 h. The growth medium was removed and DMSO (100  $\mu$ L) was added to each well. The microplates were further incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 15 min. The absorbance of the solutions at 570 nm was measured with a SPECTRAmax 340 microplate reader (Molecular Devices Corp., Sunnyvale, CA).

#### LDH Assays

MDA-MB-231 cells were seeded in two 96-well flat-bottomed microplates (*ca.* 10,000 cells per well) in growth medium (100  $\mu$ L) and incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 48 h. The culture medium was removed and replaced with the conjugates of complex **2** or complex **4** in growth medium/DMSO (99:1, *v/v*). After incubation for 24 or 48 h, medium of each sample well (50  $\mu$ L) was transferred to a new 96-well flat bottom plate, followed by the addition of LDH reaction mixture (50  $\mu$ L). The mixed solution was incubated in the dark at 25°C for 30 min, then stop solution (50  $\mu$ L) was added to each sample well. The absorbance of the solutions at 490 nm was measured with a SPECTRAmax 340 microplate reader (Molecular Devices Corp., Sunnyvale, CA). Culture medium and complete lysate of cells without treatment were used for the detection of LDH background and maximal value, respectively. All LDH values were calculated by subtraction of the background value and normalised to the mean maximal value.

#### Annexin V/PI Assays

MDA-MB-231 cells in growth medium were grown in a 35-mm tissue culture dish at 37°C under a 5% CO<sub>2</sub> atmosphere for 48 h. After incubation with the cysteine and peptide conjugates (5  $\mu$ M) and protein conjugates (10  $\mu$ M) of complex **2** and complex **4** (0.5  $\mu$ M) for 24 or 48 h, the medium was removed and the cell layer was washed gently with PBS (1 mL × 3). The cell layer was then trypsinised and centrifuged at 1,500 rpm for 1 min. The cell pellet was washed with PBS (1 mL) and subjected to centrifugation. The cells were resuspended in an annexin V binding buffer (100  $\mu$ L) in the flow cytometer tubes, followed by the addition

of Alexa Fluor 647 annexin V conjugate (5  $\mu$ L) and PI (2  $\mu$ L, 100  $\mu$ g mL<sup>-1</sup>). The cell suspension was kept in the dark for 15 min. The annexin V binding buffer (400  $\mu$ L) was added to the suspension before analysis by flow cytometer (Beckman CytoFLEX). The untreated cultured cells were used as a control group for background correction. The experiments were performed in triplicates and analysed using the FlowJo V10 software.

#### **Photocytotoxicity MTT Assays**

MDA-MB-231, A431 and HEK-293T cells were seeded in two 96-well flat-bottomed microplates (ca. 10,000 cells per well) in growth medium (100 µL) and incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 24 h. The growth medium was removed and replaced with the conjugates of complex **2** or complex **4** in growth medium/DMSO (99:1, v/v) at 37°C under a 5% CO<sub>2</sub> atmosphere for 4 h. After treatment, the medium was removed, the cells were washed with PBS (100  $\mu$ L) and phenol red-free growth medium (100  $\mu$ L) was added to each well. One of the microplates was irradiated at  $\lambda_{ex}$  = 450 nm (10 mW cm<sup>-2</sup>) with an LED cellular photocytotoxicity irradiator (PURI Materials, Shenzhen, China) for 20 min, whereas the other one was kept in the dark. The cells were then replenished with fresh growth medium (100 µL) and further incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 24 h. Then, MTT in PBS (10  $\mu$ L, 5 mg mL<sup>-1</sup>) was added to each well. The microplates were incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 4 h. The growth medium was removed and DMSO (100  $\mu$ L) was added to each well. The microplates were further incubated at 37°C under a 5% CO<sub>2</sub> atmosphere for 15 min. The absorbance of the solutions at 570 nm was measured with a SPECTRAmax 340 microplate reader (Molecular Devices Corp., Sunnyvale, CA).

#### Results of MTT Assays, LDH Assays and Annexin V/PI Assays

MDA-MB-231 cells were treated with the conjugates of complex 2 (2-Cys, 2-ER, 2-GE11, 2-NLS, 2-BSA and 2-HSA) and the methylsulfone-free complex 4 at different incubation times (24 and 48 h) prior to analyses by the MTT, LDH and Annexin V/PI assays. MTT assays indicated that all the conjugates of complex 2 displayed moderate cytotoxicity upon incubation for 24 h (IC<sub>50</sub> > 14.29  $\mu$ M) and 48 h (IC<sub>50</sub> > 6.76  $\mu$ M), while complex **4** exhibited much higher cytotoxicity (IC<sub>50</sub> = 0.66 and 0.74  $\mu$ M for 24 and 48 h, respectively) (Table S3 and Fig. S21). Upon increasing the incubation time from 24 to 48 h, the cysteine and peptide conjugates of complex 2 showed increased cytotoxic activity, while there were no obvious changes for the protein conjugates of complex 2 and complex 4. Comparing to other transition metal-based serum albumin nanoparticles, the protein conjugates displayed relatively low cytotoxicity  $(9 - 70 \mu M)$ ,<sup>12</sup> which is an attractive feature for photodynamic therapy.<sup>13</sup> The determination of the IC<sub>90</sub> values of the conjugates of complex **2** and complex 4 was attempted. Unfortunately, the  $IC_{90}$  values of the conjugates of complex 2 cannot be determined as the highest concentrations of the peptide and protein conjugates tested were limited to ca. 20 and 200 µM, respectively, due to solubility reasons, and at these concentrations, the cell viability was > 10%. The IC<sub>90</sub> values of complex **4** were determined to be 3.52 and 4.30  $\mu$ M for an incubation period of 24 and 48 h, respectively. According to LDH leakage results, incubation of the cells with the conjugates caused less than 40% of the total LDH released to the medium at all the concentrations or incubation times studied (Fig. S22). However, the total LDH release was up to 66% for complex 4 at 5  $\mu$ M, suggesting that this complex induced necrotic cell death, which is characterised by significant plasma membrane damage.<sup>14</sup> The cell death mechanisms of the conjugates of complex **2** and complex **4** were further investigated by annexin V/PI assays using flow cytometry. High populations of apoptotic cells (annexin V<sup>+</sup>/PI<sup>-</sup>) were found in the cells incubated with the conjugates of complex **2** for 24 and 48 h, suggesting that apoptosis is the major cell death mechanism for these conjugates.<sup>15</sup> For complex **4**, high populations of necrotic cells (annexin V<sup>-</sup>/PI<sup>+</sup>) were observed, indicating that necrosis is the main mode of cell death for this complex.<sup>16</sup>

**Table S1.** Electronic absorption spectral data of complexes 1 - 4 in  $CH_2Cl_2$  and  $CH_3CN$  at 298 K.

Complex Sc	olvent	$\lambda_{abs}/nm (\epsilon/dm^3 mol^{-1} cm^{-1})$
<b>1</b> Cł	$H_2Cl_2$	276 (85,795), 299 sh (61,795), 342 (16,315), 373 (13,940), 426
		(14,810), 550 (8,140)
Cł	H₃CN	274 (64,480), 297 sh (45,820), 341 (13,200), 374 (10,585), 425
		(11,425), 544 (5,790)
<b>2</b> CF	$H_2Cl_2$	275 (85,510), 299 sh (48,325), 342 (15,380), 374 (13,180), 427
		(14,320), 550 (7,630)
Cł	H₃CN	273 (71,480), 298 sh (39,390), 342 (14,065), 373 (13,375), 423
		(13,170), 545 (6,545)
<b>3</b> Cł	$H_2Cl_2$	275 (85,700), 299 sh (52,590), 343 (12,675), 372 (10,765), 427
		(11,450), 550 (5,660)
Cł	H₃CN	274 (65,075), 297 sh (40,300), 341 (12,980), 372 (8,765), 425
		(9,650), 549 (4,770)
<b>4</b> Cł	$H_2CI_2$	275 (81,640), 299 sh (47,660), 343 (15,555), 372 (13,260), 426
		(14,395), 548 (6,690)
Cł	H₃CN	274 (58,780), 299 sh (32,595), 340 (12,160), 372 (9,730), 424
		(11,195), 544 (5,815)

**Table S2**. Photophysical data and  ${}^{1}O_{2}$  generation quantum yields of the conjugates of complex **2** at 298 K. [Ru(bpy)<sub>3</sub>]Cl<sub>2</sub> was used as the reference ( $\Phi_{em} = 0.04$  in aerated H<sub>2</sub>O,<sup>7</sup>  $\Phi_{\Delta}$  = 0.73 and 0.22 in aerated MeOH and H<sub>2</sub>O,<sup>11</sup> respectively).

Conjugate	Solvent	$\lambda_{ m em}/ m nm$	<i>τ</i> ₀/μs	$arPsi_{em}$	$\varPhi_{\Delta}$
2-Cys	Buffer <sup>a</sup>	710	0.18	0.0016	0.86 <sup>c</sup>
2-GE11	Buffer <sup>a</sup>	710	0.15	0.0013	0.61 <sup>c</sup>
2-ER	Buffer <sup>a</sup>	710	0.17	0.0018	0.74 <sup>c</sup>
2-NLS	Buffer <sup>a</sup>	710	0.17	0.0018	0.79 <sup>c</sup>
2-BSA	$H_2O^b$	685	1.35 (82%), 0.26 (18%)	0.0094	0.17 <sup>d</sup>
2-HSA	$H_2O^b$	693	1.02 (86%), 0.18 (14%)	0.0048	0.11 <sup>d</sup>

<sup>*a*</sup> Degassed potassium phosphate buffer (50 mM, pH 7.4)/MeOH (1:1, v/v).

<sup>b</sup> Degassed H<sub>2</sub>O.

<sup>c</sup> In aerated MeOH.

<sup>*d*</sup> In aerated  $H_2O$ .

Compound	IC <sub>50</sub> /μM				
	24 h	48 h			
2-Cys	$15.54\pm0.26$	$9.12\pm0.93$			
2-ER	$\textbf{16.91} \pm \textbf{0.02}$	$11.57\pm0.53$			
2-GE11	> 20	> 20			
2-NLS	$\textbf{14.29} \pm \textbf{0.12}$	$\textbf{6.76} \pm \textbf{0.51}$			
2-BSA	$\textbf{29.33} \pm \textbf{0.72}$	$\textbf{32.55} \pm \textbf{4.17}$			
2-HSA	$\textbf{37.20} \pm \textbf{0.85}$	$\textbf{38.62} \pm \textbf{2.95}$			
4	$\textbf{0.66} \pm \textbf{0.01}$	$\textbf{0.74}\pm\textbf{0.07}$			

**Table S3.** Cytotoxicity ( $IC_{50}$ ) of the conjugates of complex **2** and the methylsulfone-free complex **4** toward MDA-MB-231 cells determined by MTT assays.

Table S4. Cellular uptake of the conjugates of complex 2 and the methylsulfone-free complex4 toward MDA-MB-231, A431 and HEK-293T cells.

Compound	Amount of iridium per cell <sup>a</sup> /fmol					
	MDA-MB-231	A431	HEK-293T			
2-Cys <sup>b</sup>	1.57 ± 0.03	1.82 ± 0.03	0.24 ± 0.03			
<b>2-GE11</b> <sup>b</sup>	2.62 ± 0.04	1.95 ± 0.04	0.13 ± 0.01			
<b>2-ER</b> <sup>b</sup>	1.17 ± 0.01	1.25 ± 0.02	0.15 ± 0.02			
2-NLS <sup>b</sup>	1.40 ± 0.02	$1.58 \pm 0.01$	0.32 ± 0.01			
2-BSA <sup>b</sup>	0.77 ± 0.01	0.82 ± 0.01	0.06 ± 0.001			
2-HSA <sup>b</sup>	0.95 ± 0.01	$1.52 \pm 0.01$	0.15 ± 0.002			
<b>4</b> <sup><i>c</i></sup>	1.76 ± 0.04	1.87 ± 0.05	$1.66 \pm 0.04$			

<sup>*a*</sup> Amount of iridium associated with an average cell upon incubation with the conjugates of complex **2** and the methylsulfone-free complex **4** (10  $\mu$ M) at 37°C, as determined by ICP-MS.

<sup>b</sup> Incubation time = 4 h.

<sup>c</sup> Incubation time = 1 h due to the high cytotoxicity of complex **4**.

**Table S5**. Normalised (photo)cytotoxicity (IC<sub>50</sub>) of the conjugates of complex **2** and complex **4** toward MDA-MB-231, A431 and HEK-293T cells determined by MTT assays. The cells were first incubated with the conjugates or complex **4** in the dark for 4 h, then washed thoroughly with PBS, incubated in the dark or irradiated at 450 nm (10 mW cm<sup>-2</sup>) for 20 min, and subsequently incubated in the dark for 24 h. The values were estimated on the basis of the cellular uptake data (Table S4). Photocytotoxicity index (PI) = IC<sub>50,dark</sub>/IC<sub>50,light</sub>.

Compound	MDA-MB-231			A431			HEK-293T		
	$IC_{50,dark}/\mu M$	$IC_{50,light}/\mu M$	PI	$IC_{50,dark}/\mu M$	$IC_{50,light}/\mu M$	PI	$IC_{50,dark}/\mu M$	$IC_{50,light}/\mu M$	PI
2-Cys	> 2212	6.42	> 345	> 1726	13.25	> 130	> 292	6.39	> 46
2-GE11	> 2370	264.34	>9	> 2878	58.44	> 49	> 159	80.01	> 2
2-ER	> 1520	33.38	> 46	> 1286	18.60	> 69	> 183	28.15	>7
2-NLS	> 1920	8.21	> 234	> 1538	12.26	> 125	> 390	24.68	> 16
2-BSA	1412.33	11.67	121	1954.68	8.32	235	181.72	0.89	204
2-HSA	2299.19	23.02	100	2769.21	12.37	224	184.97	3.94	47
4	668.33	16.44	41	556.64	5.68	98	952.29	20.24	47
**Fig. S1.** Electronic absorption spectra of complexes 1 - 4 in  $CH_2Cl_2$  (red) and  $CH_3CN$  (blue) at 298 K.



**Fig. S2.** Normalised emission spectra of complexes 1 - 4 in degassed CH<sub>2</sub>Cl<sub>2</sub> (red) and CH<sub>3</sub>CN (blue) at 298 K. Excitation wavelength = 350 nm.



**Fig. S3.** HPLC chromatograms of complexes 1 - 3 (25  $\mu$ M) (a, c and e) and the reaction mixtures of complexes 1 - 3 (25  $\mu$ M) and L-cysteine (250  $\mu$ M) (b, d and f) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, v/v) containing TCEP (750  $\mu$ M) after incubation at 37°C for 2 h (complex 1) or 5 min (complexes 2 and 3). The absorbance was monitored at 210 nm.



**Fig. S4**. ESI mass spectra of the reaction mixtures of (a) complex **1** (25  $\mu$ M), (b) complex **2** (25  $\mu$ M) and (c) complex **3** (25  $\mu$ M) with L-cysteine (250  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1,  $\nu/\nu$ ) containing TCEP (750  $\mu$ M) after incubation at 37°C for 2 h (complex **1**) or 5 min (complexes **2** and **3**).



**Fig. S5.** Second-order kinetics for the reactions of (a) complex **1** (25  $\mu$ M), (b) complex **2** (25  $\mu$ M) and (c) complex **3** (25  $\mu$ M) with L-cysteine (250  $\mu$ M for complexes **1** and **2**; 125  $\mu$ M for complex **3**) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, *v*/*v*) containing TCEP (750  $\mu$ M) after incubation at 37°C for different time periods. The slope of the linear fit corresponds to the  $k_2$  of the reaction.



**Fig. S6.** Second-order kinetics for the reactions of (a) bpy-btz (25  $\mu$ M), (b) bpy-mstp (25  $\mu$ M) and (c) bpy-odz (25  $\mu$ M) with L-cysteine (250  $\mu$ M for ligands bpy-btz and bpy-mstp; 125  $\mu$ M for bpy-odz) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, v/v) containing TCEP (750  $\mu$ M) after incubation at 37°C for different time periods. The slope of the linear fit corresponds to the  $k_2$  of the reaction.



**Fig. S7.** HPLC chromatograms of (a) complex **1** (25  $\mu$ M), (b) complex **2** (25  $\mu$ M) and (c) complex **3** (25  $\mu$ M) after incubation in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, v/v) at 37°C for 0 and 12 h. The absorbance was monitored at 350 nm.



**Fig. S8.** ESI mass spectra of a mixture of complex **2** (25  $\mu$ M) with (a) L-lysine (250  $\mu$ M), (b) Lhistidine (250  $\mu$ M) and (c) L-serine (250  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, *v*/*v*) after incubation at 37°C for 0 and 12 h.



**Fig. S9.** HPLC chromatograms of (a) complex **2** (25  $\mu$ M), (b) GE11 (250  $\mu$ M) and (c) a reaction mixture of complex **2** (25  $\mu$ M) and GE11 (250  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, *v*/*v*) containing TCEP (750  $\mu$ M) after incubation at 37°C for 30 min. The absorbance was monitored at 210 nm.



**Fig. S10.** HPLC chromatograms of (a) complex **2** (25  $\mu$ M) and (b) a reaction mixture of complex **2** (25  $\mu$ M) and ER (250  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, v/v) containing TCEP (750  $\mu$ M) after incubation at 37°C for 30 min. The absorbance was monitored at 210 nm.



**Fig. S11.** HPLC chromatograms of (a) complex **2** (25  $\mu$ M), (b) NLS (250  $\mu$ M) and (c) a reaction mixture of complex **2** (25  $\mu$ M) and NLS (250  $\mu$ M) in potassium phosphate buffer (100 mM, pH 8.0)/DMF (4:1, *v*/*v*) containing TCEP (750  $\mu$ M) after incubation at 37°C for 30 min. The absorbance was monitored at 210 nm.



Fig. S12. HPLC chromatograms of purified 2-Cys, 2-GE11, 2-ER and 2-NLS. The absorbance was monitored at 350 nm.







Fig. S14. MALDI-TOF mass spectra of BSA (red) and 2-BSA (blue).



Fig. S15. MALDI-TOF mass spectra of HSA (red) and 2-HSA (blue).



**Fig. S16.** HPLC chromatograms of (a) **2-Cys** (10  $\mu$ M), (b) **2-GE11** (10  $\mu$ M), (c) **2-ER** (10  $\mu$ M) and (d) **2-NLS** (10  $\mu$ M) after incubation in DMEM/DMSO (9:1, v/v) at 37°C for 0 or 4 h. The absorbance was monitored at 350 nm.



**Fig. S17**. ESI mass spectra of (a) **2-Cys** (10  $\mu$ M), (b) **2-GE11** (10  $\mu$ M), (c) **2-ER** (10  $\mu$ M) and (d) **2-NLS** (10  $\mu$ M) after incubation in DMEM/DMSO (9:1, *v*/*v*) at 37°C for 4 h.



**Fig. S18**. DLS analysis of (a) **2-Cys** (5 μM), (b) **2-GE11** (5 μM), (c) **2-ER** (5 μM), (d) **2-NLS** (5 μM), (e) **2-BSA** (5 μM) and (f) **2-HSA** (5 μM) in DMEM/DMSO (99:1, *v/v*).



Fig. S19. LSCM images of MDA-MB-231, A431 and HEK-293T cells incubated with complex 4 (1  $\mu$ M, 30 min,  $\lambda_{ex}$  = 488 nm,  $\lambda_{em}$  = 650 – 750 nm) at 37°C. Scale bar = 25  $\mu$ m.

MDA-MB-231

A431

HEK-293T



**Fig. S20**. LSCM images of MDA-MB-231 cells incubated with complex **4** (1  $\mu$ M, 30 min,  $\lambda_{ex}$  = 488 nm,  $\lambda_{em}$  = 650 – 750 nm) and then with MitoTracker Green (100 nM, 20 min,  $\lambda_{ex}$  = 488 nm,  $\lambda_{em}$  = 506 – 526 nm) at 37°C. Scale bar = 25  $\mu$ m. Pearson's correlation coefficient = 0.84.



**Fig. S21**. Cell viability of MDA-MB-231 cells incubated with the conjugates of complex **2** and complex **4** at 37°C for 24 (red) and 48 h (blue) determined by MTT assays.



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**Fig. S22.** LDH leakage analysis of MDA-MB-231 cells incubated with the conjugates of complex **2** and complex **4** at 37°C for 24 (red) and 48 h (blue).



**Fig. S23**. Flow cytometric analysis of MDA-MB-231 cells treated with the cysteine and peptide conjugates (5  $\mu$ M) and protein conjugates (10  $\mu$ M) of complex **2** and complex **4** (0.5  $\mu$ M) for 24 h in the dark. They were then stained with Alexa Fluor 647 annexin V conjugate (5  $\mu$ L) and PI (2  $\mu$ L, 100  $\mu$ g mL<sup>-1</sup>) and analysed by flow cytometry using 488 and 638 nm excitation.



**Fig. S24**. Flow cytometric analysis of MDA-MB-231 cells treated with the cysteine and peptide conjugates (5  $\mu$ M) and protein conjugates (10  $\mu$ M) of complex **2** and complex **4** (0.5  $\mu$ M) for 48 h in the dark. They were then stained with Alexa Fluor 647 annexin V conjugate (5  $\mu$ L) and PI (2  $\mu$ L, 100  $\mu$ g mL<sup>-1</sup>) and analysed by flow cytometry using 488 and 638 nm excitation.



S60

**Fig. S25.** <sup>1</sup>H NMR spectrum of bpy-btz in chloroform-*d* at 298 K.



**Fig. S26.** <sup>1</sup>H NMR spectrum of bpy-mstp in acetone- $d_6$  at 298 K.



**Fig. S27.** <sup>1</sup>H NMR spectrum of bpy-odz in DMSO- $d_6$  at 298 K.



**Fig. S28.** <sup>1</sup>H NMR spectrum of bpy-ph in DMSO- $d_6$  at 298 K.







**Fig. S30.** <sup>1</sup>H NMR spectrum of complex **1** in DMSO- $d_6$  at 298 K.



**Fig. S31.** <sup>1</sup>H NMR spectrum of complex **2** in DMSO- $d_6$  at 298 K.



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**Fig. S32.** <sup>1</sup>H NMR spectrum of complex **3** in DMSO- $d_6$  at 298 K.





**Fig. S33.** <sup>1</sup>H NMR spectrum of complex **4** in DMSO- $d_6$  at 298 K.

**Fig. S34.** <sup>13</sup>C NMR spectrum of bpy-btz in chloroform-*d* at 298 K.



**Fig. S35.** <sup>13</sup>C NMR spectrum of bpy-mstp in chloroform-*d* at 298 K.



**Fig. S36.** <sup>13</sup>C NMR spectrum of bpy-odz in chloroform-*d* at 298 K.


**Fig. S37.** <sup>13</sup>C NMR spectrum of bpy-ph in DMSO- $d_6$  at 298 K.



**Fig. S38.** <sup>13</sup>C NMR spectrum of complex **1** in DMSO- $d_6$  at 298 K.











**Fig. S41.** <sup>13</sup>C NMR spectrum of complex **4** in DMSO- $d_6$  at 298 K.



Fig. S42. HR-ESI mass spectra of bpy-btz ((a) – (c) experimental; (d) and (e) simulated).



Fig. S43. HR-ESI mass spectra of bpy-mstp ((a) – (c) experimental; (d) and (e) simulated).



Fig. S44. HR-ESI mass spectra of bpy-odz ((a) – (c) experimental; (d) and (e) simulated).



Fig. S45. HR-ESI mass spectra of bpy-ph ((a) – (c) experimental; (d) and (e) simulated).



Fig. S46. HR-ESI mass spectra of complex 1 ((a) and (b) experimental; (c) simulated).



Fig. S47. HR-ESI mass spectra of complex 2 ((a) and (b) experimental; (c) simulated).



Fig. S48. HR-ESI mass spectra of complex 3 ((a) and (b) experimental; (c) simulated).



Fig. S49. HR-ESI mass spectra of complex 4 ((a) and (b) experimental; (c) simulated).



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