# **Electronic Supporting Information**

# A One-shot Double-slice Selection NMR Method for Biphasic Systems

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# Experimental

# Sample Preparations:

Model Biphasic Sample: 50 mg of sucrose and 53 mg of 4-chromanone were dissolved in 1 ml of  $D_2O$  and 1 ml of  $CDCl_3$ , respectively. First, 250  $\mu$ L of the 4-chromamone-CDCl<sub>3</sub> solution was transferred to a 5-mm NMR tube. Then, 250  $\mu$ L of 4-chromanone- $D_2O$  solution was carefully and slowly added to the tube to form a biphasic sample.

In-tube extraction tea samples: For the tea pure solvent extraction samples, 25 mg of cryo-ground tea leaves (Watermelon Lime Zinger Caffeine Free Herbal Tea made by Celestial Seasonings, Inc. Boulder CO, USA and Benner Green Tea Original by Aldi, Inc. Batavia, IL) were added to 3 ml of  $D_2O$  and  $CDCl_3$ , respectively. These were mixed well. The mixtures were then filtered using a 45  $\mu$ m sterile syringe filter before transferring to a 5-mm NMR tube.

For the biphasic tea samples,  $250 \ \mu L \ CDCl_3$  and  $250 \ L \ O \ D_2O$  were added into a 5-mm NMR tube, then ~6.5mg of cryo-ground tea leaves were transferred into the tube and mixed well with the solvents by shaking. The NMR tube containing the biphasic sample was centrifuged with a hand crank centrifuge until a well separated biphasic sample formed.

Cold and hot brew coffee samples: For the coffee extractions, two vials were prepared by combining ~500 mg of ground coffee beans (Organic Rainforest Blend Whole Bean Coffee by San Francisco Bay Coffee, Lincoln, CA, USA) with 10 mL of  $D_2O$ ; the vials were shaken/swirled to ensure contact of the  $D_2O$  and the coffee grounds. The cold brew coffee vial was then left at room temperature for 24hrs with occasional swirling. The hot brew coffee vial was brought to a boil, and left to boil with occasional swirling for two minutes. The contents of both vials were transferred to polystyrene centrifuged tubes and centrifuged at ~3000 RCF for 25 minutes. The liquid contents were decanted into fresh containers, leaving the coffee grinds behind in the tubes. 250  $\mu$ L of CDCl<sub>3</sub> were added to two NMR tubes, followed by the addition of 250  $\mu$ L of the  $D_2O$  coffee samples (separate tubes for each brew method). The samples were gently inverted and shaken repeatedly to perform the extraction. The tubes were then placed in centrifuge tubes with home-made foam inserts and centrifuged at ~3000 RCF for 30 minutes until well-separated biphasic samples formed.

**NMR instrument:** A Bruker AVIII 400 MHz NMR spectrometer with a BBFO probe and Bruker NEO 600 MHz spectrometer with a TCI cryoprobe were used in this study. All experiments were carried out at 300 K.

In a one-shot double-slice selection experiment, alternative polarity of the gradient pulses (±3.43 G/cm) were used to improve the spectral properties such as phasing and baseline lineshapes.

A presat TOCSY pulse with the mlev spin-lock scheme was used by replacing the 90° pulse for magnetization preparation with a selective ReBurp pulse in our investigation.

The r.f. power of ReBurp.1000 pulse for a given pulse width can be calculated by the pulse programs or calibrated by observing the minimum signal at the zero-offset frequency. The ReBurp.1000 excitation profile was measured by selecting a  $CH_2$  group of 4-chromanone in  $CDCl_3$  using a Bruker "selzg" pulse program and ramping the offset frequency from -5000 Hz to +5000 Hz with a step length of 50 Hz. The number of scans to be collected was determined based upon obtaining sufficient signal-to-noise. For the model biphasic sample on a 400 MHz instrument with a conventional BBFO probe, the number of scans was 16. For the biphasic tea and coffee samples using cryoprobe on a 600 MHz instrument, the number of scans were either 32 or 64.

#### Pulse Programs (Bruker Avance NMR Spectrometer):

OSDS-1D:

```
;one-shot double-slice
;avance-version
;1D sequence
;$CLASS=HighRes
;$DIM=1D
:$TYPE=
;$SUBTYPE=
;$COMMENT=
#include <Avance.incl>
#include <Grad.incl>
"acqt0=-p1*2/3.1416"
"spw2=plw1/((p12*90.0)/(p1*totrot2))*((p12*90.0)/(p1*totrot2))*(integfac2*integfac2)"
"spoffs2=cnst11"
"lo=1"
1 ze
2 30m
 20u pl1:f1
 d1
 50u UNBLKGRAD
if "I0%2==1"
 5u gron0
 (p12:sp2 ph1):f1
 5u groff
}
else
 5u gron1
 (p12:sp2 ph1):f1
 5u groff
}
 50u BLKGRAD
 d20
 "10=10+1"
 go=2 ph31
 30m mc #0 to 2 F0(zd)
 20u BLKGRAD
exit
ph1=00221133
.
ph31=0 2 2 0 1 3 3 1
;pl1 : f1 channel - power level for pulse (default)
;p1 : f1 channel - high power pulse
;p12 : f1 channel - Reburp.1000 pulse [1 - 2ms]
;d1 : relaxation delay; 1-5 * T1
;NS: 1 * n, total number of scans: NS * TD0
;$Id: zg,v 1.9 2006/11/10 10:56:44 ber Exp $
OSDS-TOCSY
;osds-mlevphpr
;avance-version (12/01/11)
,homonuclear Hartman-Hahn transfer using MLEV17 sequence
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; for mixing

using two power levels for excitation and spinlock ;phase sensitive

;A. Bax & D.G. Davis, J. Magn. Reson. 65, 355-360 (1985) ;\$CLASS=HighRes ;\$DIM=2D ;\$TYPE= ;\$SUBTYPE= ;\$COMMENT= #include <Avance.incl> #include <Delay.incl> #include <Grad.incl> "p5=p6\*.667" "p7=p6\*2" "d12=20u" "d13=4u" "in0=inf1" "d0=in0/2-p1\*2/3.1416-4u" "spw2=plw1/(((p12\*90.0)/(p1\*totrot2))\*((p12\*90.0)/(p1\*totrot2))\*(integfac2\*integfac2))" "spoffs2=cnst12" "SCALEF=p7\*2/p5" "FACTOR1=((d9-p17\*2)/(p6\*64+p5))/SCALEF" "I1=FACTOR1\*SCALEF" 1 ze 2 d11 3 d12 pl9:f1 d1 cw:f1 ph29 d13 do:f1 50u UNBLKGRAD d12 pl1:f1 5u gron0 (p12:sp2 ph1):f1 5u groff d0 4u pl10:f1 (p17 ph26) ;begin MLEV17 4 (p6 ph22 p7 ph23 p6 ph22) (p6 ph24 p7 ph25 p6 ph24) (p6 ph24 p7 ph25 p6 ph24) (p6 ph22 p7 ph23 p6 ph22) (p6 ph24 p7 ph25 p6 ph24) (p6 ph24 p7 ph25 p6 ph24) (p6 ph22 p7 ph23 p6 ph22) (p6 ph22 p7 ph23 p6 ph22) (p6 ph22 p7 ph23 p6 ph22) (p6 ph24 p7 ph25 p6 ph24) (p6 ph22 p7 ph23 p6 ph22) (p6 ph22 p7 ph23 p6 ph22) (p6 ph24 p7 ph25 p6 ph24) (p6 ph22 p7 ph23 p6 ph22) (p6 ph22 p7 ph23 p6 ph22) (p6 ph24 p7 ph25 p6 ph24) (p6 ph24 p7 ph25 p6 ph24) (p5 ph23) lo to 4 times I1 ;end MLEV17 (p17 ph26) 50u BLKGRAD go=2 ph31 d11 mc #0 to 2 F1PH(calph(ph1, +90) & calph(ph29, +90), caldel(d0, +in0)) exit

ph1=0 2 2 0 1 3 3 1 ph22=3 1 3 1 0 2 0 2 ph23=0 2 0 2 1 3 1 3 ph24=1 3 1 3 2 0 2 0 ph25=20203131 ph26=0 2 0 2 1 3 1 3 ph29=0 . ph31=0 2 2 0 1 3 3 1 ;pl1 : f1 channel - power level for pulse (default) ;pl9 : f1 channel - power level for presaturation ;pl10: f1 channel - power level for TOCSY-spinlock ;p1 : f1 channel - 90 degree high power pulse ;p5 : f1 channel - 60 degree low power pulse ;p6 : f1 channel - 90 degree low power pulse ;p7 : f1 channel - 180 degree low power pulse ;p12 : f1 channel - Reburp 1000 ulse [1-2ms] ;p17: f1 channel - trim pulse [2.5 msec] ;d0 : incremented delay (2D) ;d1 : relaxation delay; 1-5 \* T1 ;d9 : TOCSY mixing time ;d11: delay for disk I/O [30 msec] ;d12: delay for power switching [20 usec] ;d13: short delay [4 usec] ;I1: loop for MLÉV cycle: (((p6\*64) + p5) \* I1) + (p17\*2) = mixing time ;inf1: 1/SW = 2 \* DW ;in0: 1/(1 \* SW) = 2 \* DW ;nd0: 1 ;ns: 8 \* n ;ds: 16 ;td1: number of experiments FnMODE: States-TPPI, TPPI, States or QSEQ

;Processing

;PHC0(F1): 180 ;PHC1(F1): -180 ;FCOR(F1): 1

;\$Id: mlevphpr,v 1.12 2012/01/31 17:49:27 ber Exp \$

Proton Image of Model Biphasic Sample:



**Fig. S1.** 1D <sup>1</sup>H image of model biphasic sample of sucrose in  $D_2O$  and 4 chromanone in CDCl<sub>3</sub>. The image was obtained using a gradient echo pulse program with an echo time of 2 ms. The frequency axis at zero hertz corresponds to the centre of NMR coil where the interface of the biphasic sample is located. The organic and aqueous layers are labelled in the profiles. The gradient strength is 3.43 G/cm.

### **ReBurp Pulse Simulations:**

The Shaped Pulse Tool of Bruker's TopSpin software was used to calculate the excitation profiles and simulate magnetization trajectories of the ReBurp pulses. The following parameters were chosen to generate a ReBurp pulse for the simulation:

Excitation mode: Universal 180 Excitation Type: Refocusing Rotation: 180 Bandwidth Factor: 5.81

Size: 1024

First, the excitation profile of a ReBurp pulse at a given pulse width was calculated, then the positive and negative effective offsets were obtained from the profile. The magnetization trajectories were simulated by setting a three-step simulation from the negative offset to the positive offset.

Pulse width	Band width	$\Omega_{ m eff}$	$\Delta v_{eff}$	Z	Δz
(μs)	(Hz)	(Hz)	(Hz)	(mm)	(mm)
1000	6264	±2700	1030	1.8	0.7
1200	5220	±2243	860	1.5	0.6
1400	4474	±1928	737	1.3	0.5
1600	3915	±1684	645	1.2	0.4
1800	3483	±1498	573	1.0	0.4
2000	3132	±1346	516	0.9	0.4

Table S1. Bandwidths, Effective offsets, Effective bandwidths of the ReBurp<sup>a</sup> Pulse

<sup>a</sup>Effective ReBurp pulse offsets and bandwidth for excitation are obtained from simulations using the shaped pulse tool (Bruker TopSpin). z and  $\Delta z$  are estimated using the calibrated gradient strength of 3.43 G/cm and  $\Omega_{eff}$  and  $\Delta v_{eff}$ .



**Fig. S2.** One-shot double-slice NMR signals of the model biphasic sample as a function of pulse width (a) from 800 µs (left) to 2600 µs. (right) with an increment of 200 µs at a gradient strength of 3.43 G/cm. The one-shot double-slice NMR signals measured as a function of gradient strength (b) from 4% (left) to 10% (right) with a step length of 1%. The pulse width was set to 1200 us and the gradient strength at 100% is 51.1 G/cm.

# <sup>1</sup>H Spectral Assignments of BGT, CHT, and HBC

The presat <sup>1</sup>H spectra of BGT, CHT, and HBC biphasic samples are given in Figs. S2, S3, and S4, in which the peaks are numerically labeled and their assignments based on the reports in the literatures are given in Table S2, S3, and S4.



**Fig. S3.** <sup>1</sup>H spectrum of the BGT biphasic sample.

Peak Label	Assignment	Chemical shift, δ (ppm)
1	Caffeine <sup>1</sup>	7.50 (s), 3.99 (s), 3.59 (s), 3.41 (s)
2	Epicatechin (EC) <sup>2</sup>	6.95, 4.27, 2.87, 2.73
3	Gallocatechin (GC) <sup>3</sup>	6.52 (s)
4	Epigallocatechin (EGC) <sup>3</sup>	6.59 (s), 6.07, 4.27, 2.87, 2.73
5	Epigallocatechin gallate (EGCG) <sup>3</sup>	6.90, 6.55 (s), 6.07, 5.54
6	Sucrose <sup>1a, 3</sup>	5.37 (d), 4.17, 4.06, 3.85 (m), 3.78, 3.63, 3.51 (m)
7	Theanine <sup>1</sup>	3.72 (t), 3.16 (m), 2.33 (m), 2.08 (m), 1.06 (t)
8	Gallic acid <sup>1b</sup>	7.15 (s)
9	α-glucose <sup>1</sup>	5.18 (d)
10	β-glucose <sup>1b</sup>	4.60 (d), 3.23 (m)
11	Unsaturated fatty acid <sup>₄</sup>	1.61, 1.25 (s), 0.87 (m)



Table S3: Chemical shift assignment of C	ΉT
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Peak Label	Assignment	Chemical shift, δ (ppm)
1	Sucrose <sup>1, 4</sup>	5.34 (m), 4.15 (d), 3.82 (m), 3.76, 3.61
2	β-glucose <sup>2</sup>	4.58 (d), 3.18 (m)
3	α-glucose <sup>1, 2</sup>	5.17
4	Saturated fatty acid <sup>5</sup>	1.27 (s), 0.86 (m)



Tab	le S	54:	Chemical	shift	assig	gnmo	ent o	f HBC
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Peak Label	Assignment	Chemical shift, δ (ppm)
1	Caffeine	7.50 (s), 3.99 (s), 3.59 (s), 3.41 (s)
2	Trigonelline <sup>₅</sup>	9.05 (s), 8.76 (t), 4.36 (s)
3	Quinic acid <sup>6</sup>	4.07 (m), 3.95 (td), 3.48 (m)
4	Linoleic acid	5.35 (m), 2.77 (m), 2.33 (m), 2.06 (m), 1.60, 1.28, 0.88
5	Palmitic acid	2.33 (m), 1.60, 1.28, 0.88
6	Lactic acid <sup>5</sup>	4.07 (m)
7	Glycerol ester	4.29 (dd), 4.14 (m), 2.33 (m)
8	<i>N</i> -methylpyridinium <sup>7</sup>	8.70 (d), 8.45
9	<i>myo</i> -inositol <sup>6</sup>	3.44
10	2-furylmethanol <sup>7</sup>	6.41 (d), 4.69 (s)
11	Acetic acid <sup>6</sup>	1.86 (s)
12	Formic acid <sup>5</sup>	8.38 (s)
13	Choline <sup>6</sup>	3.13 (s)
14	γ-quinide <sup>7</sup>	4.84, 2.42 (d)
15	5-caffeoylquinic acid <sup>7</sup>	6.29

# References

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