

## Supplementary Information

### Pushing steric limits in osmium(IV) tetraaryl complexes

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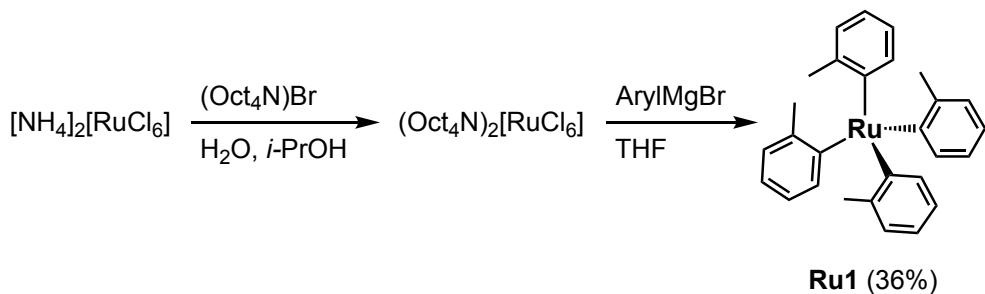
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## 1. Additional Synthetic Details

### *General Synthesis of Aryl Grignard Reagents*

Magnesium turnings (15 mmol) were mechanically stirred<sup>1</sup> overnight under nitrogen in a 3-neck round-bottomed flask connected to a reflux condenser. THF (5 mL) and 1,2-dibromoethane (0.2 mL) were added, whereby a solution containing the appropriate aryl bromide (5 mmol) in THF (10 mL) was added dropwise to the stirred mixture. This was maintained at a gentle reflux for 10 min using a heat gun. The flask was then immersed in an oil bath and heated at reflux for an additional 1 h. After cooling to room temperature, the solution was filtered via cannula then titrated (approximate yields 60-85%, based on concentration and volume of acquired Grignard reagent).<sup>2</sup>



**Figure S1.** Synthetic route to **Ru1**.

**Table S1.** Selected reaction parameters for the synthesis of Ru(aryl)<sub>4</sub> complexes.

compound	metal salt	yield (%)	reference
<b>Ru(2-tolyl)<sub>4</sub> (<b>Ru1</b>)</b>	Ru <sub>2</sub> (μ-O <sub>2</sub> CMe) <sub>4</sub>	24	<sup>3</sup>
	(NEt <sub>4</sub> ) <sub>2</sub> [RuCl <sub>5</sub> (MeCN)]	34	<sup>3</sup>
	(NEt <sub>4</sub> ) <sub>2</sub> [RuCl <sub>5</sub> (THF)]	48	<sup>3</sup>
	(Oct <sub>4</sub> N) <sub>2</sub> [RuCl <sub>6</sub> ]	36	this work
<b>Ru(2,4,5-trimethylphenyl)<sub>4</sub></b>	Ru(acac) <sub>3</sub>	37	<sup>4</sup>
<b>Ru(2,5-xylyl)<sub>4</sub> (<b>Ru2m</b>)</b>	Ru(acac) <sub>3</sub>	34	<sup>5</sup>
<b>Ru(4-MeO-2-tolyl)<sub>4</sub></b>	Ru(acac) <sub>3</sub>	29	<sup>5</sup>
<b>Ru(2,6-xylyl)<sub>4</sub></b>	(Et <sub>4</sub> N) <sub>2</sub> [RuCl <sub>5</sub> (MeCN)]	13	<sup>3</sup>
	(Et <sub>4</sub> N) <sub>2</sub> [RuCl <sub>5</sub> (THF)]	21	<sup>3</sup>
<b>Ru(mesityl)<sub>4</sub> (<b>Ru3</b>)</b>	Ru <sub>2</sub> (O <sub>2</sub> CMe) <sub>4</sub>	21	<sup>3</sup>
	RuCl <sub>3</sub> (tht) <sub>3</sub>	18	<sup>6</sup>
<b>Ru(p-t-butylphenyl)<sub>4</sub></b>	(Et <sub>4</sub> N) <sub>2</sub> [RuCl <sub>5</sub> (THF)]	20	<sup>3</sup>

**Table S2.** Selected reaction parameters for the synthesis of Os(aryl)<sub>4</sub> complexes.

M(aryl) <sub>4</sub>	metal precursor	yield (%)	reference
Os(2-tolyl) <sub>4</sub> ( <b>Os1</b> )	OsO <sub>4</sub>	27	7
		55 <sup>a</sup>	8
Os(2,5-xylyl) <sub>4</sub> ( <b>Os2</b> )	(Oct <sub>4</sub> N) <sub>2</sub> [OsCl <sub>6</sub> ]	30	this work
	(Oct <sub>4</sub> N) <sub>2</sub> [OsBr <sub>6</sub> ]	73	this work
Os(2,4-xylyl) <sub>4</sub>	OsO <sub>4</sub>	34	9
		6 <sup>b</sup>	this work
Os(mesityl) <sub>4</sub> ( <b>Os3</b> )	(Oct <sub>4</sub> N) <sub>2</sub> [OsCl <sub>6</sub> ]	40	this work
	(Oct <sub>4</sub> N) <sub>2</sub> [OsBr <sub>6</sub> ]	55-61	this work
Os(2-ethylphenyl) ( <b>Os1-Et</b> )	OsO <sub>4</sub>	50	8
Os(2- <i>iso</i> -propylphenyl) ( <b>Os1-iPr</b> )	(Oct <sub>4</sub> N) <sub>2</sub> [OsBr <sub>6</sub> ]	14	this work
Os(4-fluoro-2-tolyl) <sub>4</sub>	OsO <sub>4</sub>	34	8
Os(phenyl) <sub>4</sub> <sup>d</sup>	OsO <sub>4</sub>	24	11

<sup>a</sup> Attempts by us and others<sup>9</sup> failed to reproduce yields  $\geq 50\%$  following the reported methods.

<sup>b</sup> Low isolated yields of the pure material are a result of challenging separation from closely eluting OsO(2,5-xylyl)<sub>4</sub><sup>9</sup> species. <sup>c</sup> Reported attempts for this and structurally similar 2,6-dimethylated aryls resulted only in isolation of dioxoaryl osmium(VI) complexes (aryl = 2,6-xylyl, 2,4,6-mesityl, 2,3,5,6-tetramethylphenyl, 2,4,6-triisopropylphenyl).<sup>10,12,13</sup> <sup>d</sup> Slowly decomposes over several days.<sup>11</sup>

## 2. X-Ray Crystallography

**Table S3.** Sample and crystal data for Os(2,5-xylyl)<sub>4</sub> (**Os2**).

<b>Chemical formula</b>	C <sub>32</sub> H <sub>36</sub> Os		
<b>Formula weight</b>	610.81 g/mol		
<b>Temperature</b>	100(2) K		
<b>Wavelength</b>	0.71073 Å		
<b>Crystal size</b>	0.022 x 0.167 x 0.187 mm		
<b>Crystal habit</b>	dark red plate		
<b>Crystal system</b>	monoclinic		
<b>Space group</b>	C 1 c 1		
<b>Unit cell dimensions</b>	a = 12.9059(19) Å	α = 90°	
	b = 12.9355(18) Å	β = 98.736(2)°	
	c = 15.837(2) Å	γ = 90°	
<b>Volume</b>	2613.2(7) Å <sup>3</sup>		
<b>Z</b>	4		
<b>Density (calculated)</b>	1.553 g/cm <sup>3</sup>		
<b>Absorption coefficient</b>	4.897 mm <sup>-1</sup>		
<b>F(000)</b>	1216		

**Table S4.** Data collection and structure refinement for Os(2,5-xylyl)<sub>4</sub> (**Os2**).

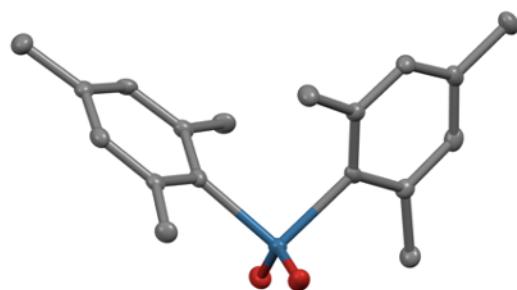
<b>Diffractometer</b>	Bruker APEX DUO
<b>Radiation source</b>	fine-focus tube (MoK $\alpha$ , $\lambda = 0.71073 \text{ \AA}$ )
<b>Theta range for data collection</b>	2.24 to 30.52°
<b>Index ranges</b>	-18≤h≤18, -18≤k≤18, -22≤l≤22
<b>Reflections collected</b>	32067
<b>Independent reflections</b>	7862 [R(int) = 0.0465]
<b>Coverage of independent reflections</b>	99.5%
<b>Absorption correction</b>	multi-scan
<b>Max. and min. transmission</b>	0.9000 and 0.4610
<b>Structure solution technique</b>	direct methods
<b>Structure solution program</b>	SHELXTL XT 2014/5 (Bruker AXS, 2014)
<b>Refinement method</b>	Full-matrix least-squares on F <sup>2</sup>
<b>Refinement program</b>	SHELXTL XL 2018/3 (Bruker AXS, 2018)
<b>Function minimized</b>	$\Sigma w(F_o^2 - F_c^2)^2$
<b>Data / restraints / parameters</b>	7862 / 2 / 306
<b>Goodness-of-fit on F<sup>2</sup></b>	0.952
$\Delta/\sigma_{\max}$	0.001
<b>Final R indices</b>	7265 data; I>2σ(I) R1 = 0.0221, wR2 = 0.0406 all data R1 = 0.0268, wR2 = 0.0416
<b>Weighting scheme</b>	w=1/[σ <sup>2</sup> (F <sub>o</sub> <sup>2</sup> )+(0.0012P) <sup>2</sup> ] where P=(F <sub>o</sub> <sup>2</sup> +2F <sub>c</sub> <sup>2</sup> )/3
<b>Absolute structure parameter</b>	0.005(6)
<b>Largest diff. peak and hole</b>	0.613 and -0.535 eÅ <sup>-3</sup>
<b>R.M.S. deviation from mean</b>	0.096 eÅ <sup>-3</sup>

**Table S5.** Sample and crystal data for Os(mesityl)<sub>4</sub> (**Os3**).

<b>Chemical formula</b>	C <sub>36</sub> H <sub>44</sub> Os
<b>Formula weight</b>	666.96 g/mol
<b>Temperature</b>	100(2) K
<b>Wavelength</b>	0.71073 Å
<b>Crystal size</b>	0.051 x 0.069 x 0.489 mm
<b>Crystal habit</b>	dark black rod
<b>Crystal system</b>	monoclinic
<b>Space group</b>	C 1 2/c 1
<b>Unit cell dimensions</b>	a = 16.265(3) Å b = 24.149(5) Å $\alpha$ = 90° c = 14.951(3) Å $\beta$ = 93.736(3)°
<b>Volume</b>	5860.(2) Å <sup>3</sup> $\gamma$ = 90°
<b>Z</b>	8
<b>Density (calculated)</b>	1.512 g/cm <sup>3</sup>
<b>Absorption coefficient</b>	4.374 mm <sup>-1</sup>
<b>F(000)</b>	2688

**Table S6.** Data collection and structure refinement for Os(mesityl)<sub>4</sub> (**Os3**).

<b>Diffractometer</b>	Bruker APEX II CCD Bruker APEX DUO
<b>Radiation source</b>	fine-focus tube (MoK $\alpha$ , $\lambda = 0.71073 \text{ \AA}$ )
<b>Theta range for data collection</b>	1.51 to 27.48°
<b>Index ranges</b>	-21≤h≤21, -31≤k≤31, -19≤l≤19
<b>Reflections collected</b>	59569
<b>Independent reflections</b>	6726 [R(int) = 0.0501]
<b>Coverage of independent reflections</b>	99.9%
<b>Absorption correction</b>	multi-scan
<b>Max. and min. transmission</b>	0.8040 and 0.2230
<b>Structure solution technique</b>	direct methods
<b>Structure solution program</b>	SHELXTL XT 2014/5 (Bruker AXS, 2014)
<b>Refinement method</b>	Full-matrix least-squares on F <sup>2</sup>
<b>Refinement program</b>	SHELXTL XL 2018/3 (Bruker AXS, 2018)
<b>Function minimized</b>	$\Sigma w(F_o^2 - F_c^2)^2$
<b>Data / restraints / parameters</b>	6726 / 0 / 346
<b>Goodness-of-fit on F<sup>2</sup></b>	1.160
$\Delta/\sigma_{\max}$	0.005
<b>Final R indices</b>	5752 data; I>2σ(I) R1 = 0.0257, wR2 = 0.0621 all data R1 = 0.0333, wR2 = 0.0676
<b>Weighting scheme</b>	w=1/[σ <sup>2</sup> (F <sub>o</sub> <sup>2</sup> )+(0.0244P) <sup>2</sup> +29.8209P] where P=(F <sub>o</sub> <sup>2</sup> +2F <sub>c</sub> <sup>2</sup> )/3
<b>Largest diff. peak and hole</b>	1.992 and -1.230 e $\text{\AA}^{-3}$
<b>R.M.S. deviation from mean</b>	0.124 e $\text{\AA}^{-3}$

**Figure S2.** X-ray crystal structure of OsO<sub>2</sub>(mes)<sub>2</sub> (50% probability ellipsoids). Hydrogen atoms are omitted for clarity (Os = teal, O = red, C = grey). Selected bond lengths (Å) and angles (°) are consistent with previously reported values.<sup>10</sup>

**Table S7.** Sample and crystal data for OsO<sub>2</sub>(mes)<sub>2</sub>.

<b>Chemical formula</b>	C <sub>18</sub> H <sub>22</sub> O <sub>2</sub> Os
<b>Formula weight</b>	460.55 g/mol
<b>Temperature</b>	100(2) K
<b>Wavelength</b>	1.54178 Å
<b>Crystal size</b>	0.066 x 0.194 x 0.209 mm
<b>Crystal habit</b>	clear dark green prism
<b>Crystal system</b>	monoclinic
<b>Space group</b>	P 1 21/c 1
<b>Unit cell dimensions</b>	a = 12.6400(4) Å    α = 90° b = 15.1376(5) Å    β = 98.2720(10)° c = 8.2955(3) Å    γ = 90°
<b>Volume</b>	1570.74(9) Å <sup>3</sup>
<b>Z</b>	4
<b>Density (calculated)</b>	1.948 g/cm <sup>3</sup>
<b>Absorption coefficient</b>	15.341 mm <sup>-1</sup>
<b>F(000)</b>	888

**Table S8.** Data collection and structure refinement for OsO<sub>2</sub>(mes)<sub>2</sub>.

<b>Diffractometer</b>	Bruker APEX II CCD Bruker APEX DUO
<b>Radiation source</b>	IuS microsource (CuK $\alpha$ , $\lambda = 1.54178 \text{ \AA}$ )
<b>Theta range for data collection</b>	3.53 to 71.92°
<b>Index ranges</b>	-15≤h≤15, -18≤k≤18, -10≤l≤10
<b>Reflections collected</b>	22437
<b>Independent reflections</b>	3056 [R(int) = 0.0671]
<b>Coverage of independent reflections</b>	98.7%
<b>Absorption correction</b>	multi-scan
<b>Max. and min. transmission</b>	0.4310 and 0.1420
<b>Structure solution technique</b>	direct methods
<b>Structure solution program</b>	SHELXTL XT 2014/4 (Bruker AXS, 2014)
<b>Refinement method</b>	Full-matrix least-squares on F <sup>2</sup>
<b>Refinement program</b>	SHELXTL XL 2014/7 (Bruker AXS, 2014)
<b>Function minimized</b>	$\Sigma w(F_o^2 - F_c^2)^2$
<b>Data / restraints / parameters</b>	3056 / 0 / 196
<b>Goodness-of-fit on F<sup>2</sup></b>	1.062
$\Delta/\sigma_{\max}$	0.002
<b>Final R indices</b>	2876 data; I>2σ(I) R1 = 0.0237, wR2 = 0.0571 all data R1 = 0.0265, wR2 = 0.0584
<b>Weighting scheme</b>	w=1/[σ <sup>2</sup> (F <sub>o</sub> <sup>2</sup> )+(0.0288P) <sup>2</sup> +1.5592P] where P=(F <sub>o</sub> <sup>2</sup> +2F <sub>c</sub> <sup>2</sup> )/3
<b>Largest diff. peak and hole</b>	0.825 and -1.406 eÅ <sup>-3</sup>
<b>R.M.S. deviation from mean</b>	0.177 eÅ <sup>-3</sup>

**Table S9.** Sample and crystal data for Os(2-ethylphenyl)<sub>4</sub> (**Os1-Et**).

<b>Chemical formula</b>	C <sub>32</sub> H <sub>36</sub> Os		
<b>Formula weight</b>	610.81 g/mol		
<b>Temperature</b>	100.01(10) K		
<b>Wavelength</b>	0.71073 Å		
<b>Crystal size</b>	0.24 x 0.17 x 0.11 mm		
<b>Crystal habit</b>	black plate		
<b>Crystal system</b>	tetragonal		
<b>Space group</b>	<i>I</i> 4 <sub>1</sub> / <i>a</i>		
<b>Unit cell dimensions</b>	a = 15.7666(3) Å	α = 90°	
	b = 15.7666(3) Å	β = 90°	
	c = 10.3145(2) Å	γ = 90°	
<b>Volume</b>	2564.04(11) Å <sup>3</sup>		
<b>Z</b>	4		
<b>Density (calculated)</b>	1.582 g/cm <sup>3</sup>		
<b>Absorption coefficient</b>	4.991 mm <sup>-1</sup>		
<b>F(000)</b>	1261		

**Table S10.** Data collection and structure refinement for Os(2-ethylphenyl)<sub>4</sub> (**Os1-Et**).

<b>Diffractometer</b>	XtaLAB Synergy, Dualflex, HyPix
<b>Radiation source</b>	fine-focus tube (MoK $\alpha$ , $\lambda = 0.71073 \text{ \AA}$ )
<b>Theta range for data collection</b>	2.360 to 32.857°
<b>Index ranges</b>	-22≤h≤17, -21≤k≤23, -11≤l≤15
<b>Reflections collected</b>	10077
<b>Independent reflections</b>	2114 [R(int) = 0.0331]
<b>Coverage of independent reflections</b>	88.6%
<b>Absorption correction</b>	gaussian
<b>Max. and min. transmission</b>	0.134 and 0.419
<b>Structure solution technique</b>	dual methods
<b>Structure solution program</b>	ShelXT 2018/2 (Sheldrick, 2018) with Olex2 1.5 (Dolomanov <i>et al.</i> , 2009)
<b>Refinement method</b>	Full-matrix least-squares on F <sup>2</sup>
<b>Refinement program</b>	ShelXL 2017/1 (Sheldrick, 2015)
<b>Function minimized</b>	$\Sigma w(F_o^2 - F_c^2)^2$
<b>Data / restraints / parameters</b>	2114 / 0 / 76
<b>Goodness-of-fit on F<sup>2</sup></b>	1.082
<b><math>\Delta/\sigma_{\max}</math></b>	0.000
<b>Final R indices</b>	1863 data; I≥2σ(I) R1 = 0.0185, wR2 = 0.0384 all data R1 = 0.0228, wR2 = 0.0396
<b>Weighting scheme</b>	w=1/[σ <sup>2</sup> (F <sub>o</sub> <sup>2</sup> )+(0.0097P) <sup>2</sup> +4.2545P] where P=(F <sub>o</sub> <sup>2</sup> +2F <sub>c</sub> <sup>2</sup> )/3
<b>Largest diff. peak and hole</b>	0.826 and -0.0580 eÅ <sup>-3</sup>
<b>R.M.S. deviation from mean</b>	0.099 eÅ <sup>-3</sup>

**Table S11.** Sample and crystal data for Os(2-*iso*-propylphenyl)<sub>4</sub> (**Os1-iPr**).

<b>Chemical formula</b>	C <sub>36</sub> H <sub>44</sub> Os		
<b>Formula weight</b>	666.91 g/mol		
<b>Temperature</b>	100(2) K		
<b>Wavelength</b>	0.71073 Å		
<b>Crystal size</b>	0.033 x 0.161 x 0.242 mm		
<b>Crystal habit</b>	purple plate		
<b>Crystal system</b>	tetragonal		
<b>Space group</b>	P -4		
<b>Unit cell dimensions</b>	a = 11.904(4) Å	α = 90°	
	b = 11.904(4) Å	β = 90°	
	c = 10.580(3) Å	γ = 90°	
<b>Volume</b>	1499.2(10) Å <sup>3</sup>		
<b>Z</b>	2		
<b>Density (calculated)</b>	1.477 g/cm <sup>3</sup>		
<b>Absorption coefficient</b>	4.274 mm <sup>-1</sup>		
<b>F(000)</b>	672		

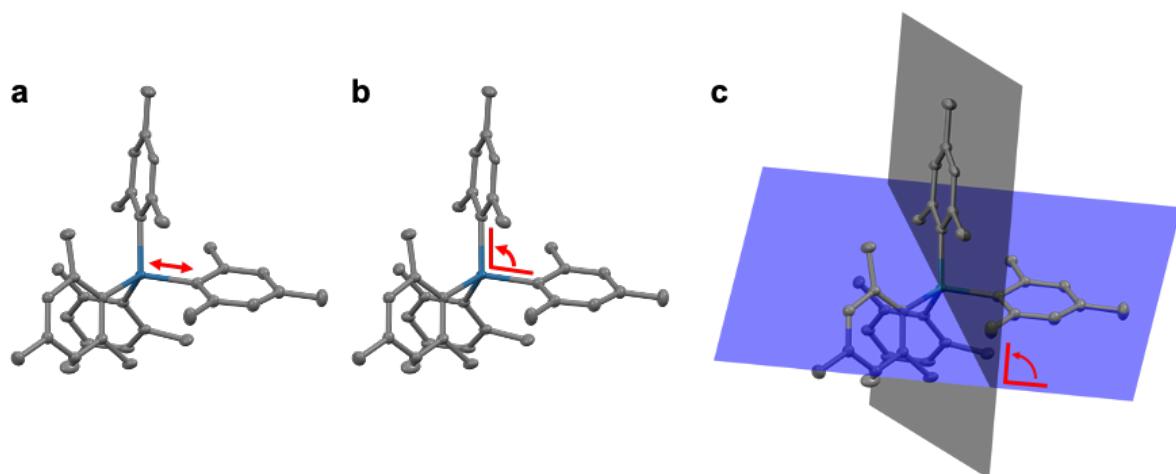
**Table S12.** Data collection and structure refinement for Os(2-*iso*-propylphenyl)<sub>4</sub> (**Os1-iPr**).

<b>Diffractometer</b>	Bruker APEX II CCD Bruker APEX DUO
<b>Radiation source</b>	fine-focus tube (MoK $\alpha$ , $\lambda = 0.71073 \text{ \AA}$ )
<b>Theta range for data collection</b>	1.71 to 30.55°
<b>Index ranges</b>	-16≤h≤16, -16≤k≤16, -15≤l≤15
<b>Reflections collected</b>	37981
<b>Independent reflections</b>	4494 [R(int) = 0.0551]
<b>Coverage of independent reflections</b>	98.7%
<b>Absorption correction</b>	multi-scan
<b>Max. and min. transmission</b>	0.8720 and 0.4240
<b>Structure solution technique</b>	direct methods
<b>Structure solution program</b>	SHELXTL XT 2014/5 (Bruker AXS, 2014)
<b>Refinement method</b>	Full-matrix least-squares on F <sup>2</sup>
<b>Refinement program</b>	SHELXTL XL 2014/7 (Bruker AXS, 2014)
<b>Function minimized</b>	$\Sigma w(F_o^2 - F_c^2)^2$
<b>Data / restraints / parameters</b>	4494 / 0 / 173
<b>Goodness-of-fit on F<sup>2</sup></b>	1.025
$\Delta/\sigma_{\max}$	0.000
<b>Final R indices</b>	3983 data; I>2σ(I) R1 = 0.0205, wR2 = 0.0397 all data R1 = 0.0296, wR2 = 0.0420
<b>Weighting scheme</b>	w=1/[σ <sup>2</sup> (F <sub>o</sub> <sup>2</sup> )+(0.0186P) <sup>2</sup> +0.2196P] where P=(F <sub>o</sub> <sup>2</sup> +2F <sub>c</sub> <sup>2</sup> )/3
<b>Absolute structure parameter</b>	0.231(9)
<b>Largest diff. peak and hole</b>	0.963 and -1.103 eÅ <sup>-3</sup>
<b>R.M.S. deviation from mean</b>	0.098 eÅ <sup>-3</sup>

## Geometry Analysis

We apply **Equation S1** to calculate the “tetrahedricity”-value (*T*-value) for different tetrahedral compounds (compiled in **Table 1**), adapting an approach used by others to calculate the “octahedricity”-value (*O*-value) for a series of polypyridyl complexes.<sup>14–16</sup> The *T*-value is the root-mean-square deviation of a set of C–M–C angles from their ideal tetrahedral values (109.5°). The larger the *T*-value the greater the deviation of C–M–C angles from ideality and the more distorted the tetrahedral geometry, where a *T*-value = 0 indicates no deviation and a perfect tetrahedral geometry. Here,  $\hat{\theta}_i = 109.5^\circ$  for ideal C–M–C angles, and  $\theta_i$  = the 6 unique experimental C–M–C angles determined from structural data. These unique angles are given for each compound in **Tables S14–S28**.

$$T\text{-value} = \sqrt{\frac{1}{6} \sum_{i=1}^6 (\hat{\theta}_i - \theta_i)^2} \quad (\text{S1})$$



**Figure S3.** Illustrative definitions of selected structural parameters (red arrows) using the ellipsoid structure of **Os3** (Os = teal, C = grey). **(a)** M–C bond length, **(b)** C–M–C angle, and **(c)** aryl plane angle. Hydrogen atoms are omitted for clarity.

**Table S13.** Overview of additional structural parameters for selected compounds.<sup>a</sup>

compound	M-C (Å)	C-M-C (°)	aryl plane (°)	
			min-max	average
Os(mesityl) <sub>4</sub> ( <b>Os3</b> )	2.026(3)-2.049(3)	98.4(1)-117.2(1)	63.93-82.89	70.49
Os(cyclohexyl) <sub>4</sub>	2.026-2.031	105.4-117.1	-	-
Os(2- <i>i</i> Pr-phenyl) ( <b>Os1-iPr</b> )	2.014(4)-2.016(3)	101.74(2)-116.84(14)	55.46-87.73	70.46
Os(2-ethylphenyl) ( <b>Os1-Et</b> )	2.005(18)	104.52(10)-112.00(5)	69.09-73.37	70.52
Os(2-tolyl) <sub>4</sub> ( <b>Os1</b> )	1.984-2.011	106.1-117.1	66.46-73.97	70.49
Os(4-Br-2,5-xylyl) <sub>4</sub>	1.98(2)-2.03(3)	107.3(6)-111.6(7)	60.01-84.88	70.50
Os(phenyl) <sub>4</sub>	1.995	107.6-110.4	62.04-86.44	70.17
Os(2,5-xylyl) <sub>4</sub> ( <b>Os2</b> )	2.003(4)-2.017(4)	108.1(2)-110.9(2)	50.85-87.62	67.45
Ru(mesityl) <sub>4</sub> ( <b>Ru3</b> )	2.00(1)-2.02(1)	99.1(4)-117.0(4)	64.25-81.47	70.51
Ru(cyclohexyl) <sub>4</sub>	2.018-2.020	105.4-116.3	-	-
Ru(2-tolyl) <sub>4</sub> ( <b>Ru1</b> )	1.943-2.047	106.3-114.9	64.83-77.36	70.46
Ru(4-MeO-2-tolyl) <sub>4</sub>	1.986	106.0-111.2	61.39-87.58	70.12
Ru(4-Br-2,5-xylyl) <sub>4</sub>	1.984	106.4-111.0	61.83-86.80	70.15
Ru(2,4,5-trimethylphenyl) <sub>4</sub>	1.99-2.03	108.4-110.7	60.21-81.20	70.50
C(phenyl) <sub>4</sub>	1.551	106.7-110.9	68.51-74.49	70.50

<sup>a</sup> Minimum and maximum values are provided to give an indication of range. Selected parameters are provided with estimated standard deviations (e.s.d.) in parentheses for all structures with associated e.s.d. All bond lengths and angles used are tabulated in **Tables S14-S28**. For structure identifiers and references see **Table 1**. M = Os, Ru, C.

**Table S14.** Selected structural parameters for Os(mesityl)<sub>4</sub> (**Os3**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)	
Os1-C1	2.049(3)	C1-Os1-C10	113.8(1) (C1-C9)-(C10-C18) 67.00
Os1-C10	2.026(3)	C1-Os1-C19	98.4(1) (C1-C9)-(C19-C27) 74.34
Os1-C19	2.038(3)	C1-Os1-C28	117.1(1) (C1-C9)-(C28-C36) 63.92
Os1-C28	2.033(3)	C10-Os1-C19	117.2(1) (C10-C18)-(C19-C27) 65.59
		C10-Os1-C28	98.7(1) (C10-C18)-(C28-C36) 82.89
		C19-Os1-C28	112.8(1) (C19-C27)-(C28-C36) 69.20

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S15.** Selected structural parameters for Os(cyclohexyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)
Os1-C1	2.026
Os1-C1B	2.026
Os1-C7	2.031
Os1-C7B	2.031
	C1-Os1-C1B
	117.1
	C1-Os1-C7
	106.3
	C1-Os1-C7B
	105.4
	C1B-Os1-C7
	106.4
	C1B-Os1-C7B
	106.3
	C7-Os1-C7B
	117.0

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S16.** Selected structural parameters for Os(2-*iso*-propylphenyl)<sub>4</sub> (**Os1-iPr**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Os1-C1A	2.016(3)	C1A-Os1-C1B 106.03(2) (C1A-C6A)-(C1B-C6B) 87.73
Os1-C1B	2.016(3)	C1A-Os1-C11A 107.95(14) (C1A-C6A)-(C9A, C11A-C15A) 78.38
Os1-C11A	2.014(4)	C1A-Os1-C11B 116.84(14) (C1A-C6A)-(C9B, C11B-C15B) 55.46
Os1-C11B	2.014(4)	C1B-Os1-C11A 116.84(14) (C1B-C6B)-(C9A, C11A-C15A) 55.46
		C1B-Os1-C11B 107.95(14) (C1B-C6B)-(C9B, C11B-C15B) 78.38
		C11A-Os1-C11B 101.74(2) (C9A, C11A-C15A)-(C9B, C11B-C15B) 67.35

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S17.** Selected structural parameters for Os(2-ethylphenyl)<sub>4</sub> (**Os1-Et**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Os1-C1A	2.005(18)	C1A-Os1-C1B 112.00(5) (C1A-C6A)-(C1B-C6B) 69.09
Os1-C1B	2.005(18)	C1A-Os1-C1C 112.00(5) (C1A-C6A)-(C1C-C6C) 69.09
Os1-C1C	2.005(18)	C1A-Os1-C1D 104.52(10) (C1A-C6A)-(C1D-C6D) 73.37
Os1-C1D	2.005(18)	C1B-Os1-C1C 104.52(10) (C1B-C6B)-(C1C-C6C) 73.37
		C1B-Os1-C1D 112.00(5) (C1B-C6B)-(C1D-C6D) 69.09
		C1C-Os1-C1D 112.00(5) (C1C-C6C)-(C1D-C6D) 69.09

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S18.** Selected structural parameters for Os(2-tolyl)<sub>4</sub> (**Os1**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)			
Os1-C1	2.0106	C1-Os1-C1C	114.11	(C1-C6)-(C8-C13)	66.46
Os1-C1C	2.0106	C1-Os1-C8	106.06	(C1-C6)-(C1C-C6C)	73.97
Os1-C8	1.9835	C1-Os1-C8C	106.94	(C1-C6)-(C8C-C13C)	69.47
Os1-C8C	1.9835	C8-Os1-C8C	117.05	(C8-C13)-(C1C-C6C)	69.47
		C8-Os1-C1C	106.94	(C8-C13)-(C8C-C13C)	77.12
		C8C-Os1-C1C	106.06	(C1C-C6C)-(C8C-C13C)	66.46

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S19.** Selected structural parameters for Os(4-Br-2,5-xylyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)			
Os1-C1	1.98(2)	C1-Os1-C9	107.3(6)	(C1-C8)-(C9-C16)	77.39
Os1-C9	2.00(2)	C1-Os1-C17	111.6(7)	(C1-C8)-(C17-C24)	60.01
Os1-C17	2.03(3)	C1-Os1-C25	109.4(7)	(C1-C8)-(C25-C32)	74.13
Os1-C28	1.99(2)	C-Os1-C17	110.7(6)	(C9-C16)-(C17-C24)	63.17
		C9-Os1-C25	110.3(6)	(C9-C16)-(C25-C32)	63.40
		C17-Os1-C25	107.5(6)	(C17-C24)-(C25-C32)	84.88

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S20.** Selected structural parameters for Os(phenyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)			
Os1-C6	1.995	C6-Os1-C6A	110.4	(C1-C6)-(C1A-C6A)	62.04
Os1-C6A	1.995	C6-Os1-C6B	107.6	(C1-C6)-(C1B-C6B)	86.44
Os1-C6B	1.995	C6-Os1-C6C	110.4	(C1-C6)-(C1C-C6C)	62.04
Os1-C6C	1.995	C6A-Os1-C6B	110.4	(C1A-C6A)-(C1B-C6B)	62.04
		C6A-Os1-C6C	107.6	(C1A-C6A)-(C1C-C6C)	86.44
		C6B-Os1-C6C	110.4	(C1B-C6B)-(C1C-C6C)	62.04

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S21.** Selected structural parameters for Os(2,5-xylyl)<sub>4</sub> (**Os2**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Os1-C1	2.003(4)	C1-Os1-C9 108.1(2) (C1-C8)-(C9-C16) 61.93
Os1-C9	2.017(4)	C1-Os1-C17 108.6(2) (C1-C8)-(C17-C24) 50.85
Os1-C17	2.005(5)	C1-Os1-C25 109.5(2) (C1-C8)-(C25-C32) 85.02
Os1-C28	2.006(4)	C9-Os1-C17 108.7(2) (C9-C16)-(C17-C24) 87.62
		C9-Os1-C25 110.9(2) (C9-C16)-(C25-C32) 61.51
		C17-Os1-C25 110.9(2) (C17-C24)-(C25-C32) 57.75

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S22.** Selected structural parameters for Ru(mesityl)<sub>4</sub> (**Ru3**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Ru1-C1	2.00(1)	C1-Ru1-C7 113.6(4) (C1-C6)-(C7-C12) 66.99
Ru1-C7	2.02(1)	C1-Ru1-C13 99.6(4) (C1-C6)-(C13-C18) 81.47
Ru1-C13	2.01(1)	C1-Ru1-C19 116.0(4) (C1-C6)-(C19-C24) 66.59
Ru1-C19	2.01(1)	C7-Ru1-C13 117.0(4) (C7-C12)-(C13-C18) 64.25
		C7-Ru1-C19 99.1(4) (C7-C12)-(C19-C24) 73.80
		C13-Ru1-C19 112.5(4) (C13-C18)-(C19-C24) 69.96

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S23.** Selected structural parameters for Ru(cyclohexyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	
Ru1-C1	2.020	C1-Ru1-C1B 116.3
Ru1-C1B	2.020	C1-Ru1-C7 107.1
Ru1-C7	2.018	C1-Ru1-C7B 105.4
Ru1-C7B	2.018	C1B-Ru1-C7 105.4
		C1B-Ru1-C7B 107.1
		C7-Ru1-C7B 107.1

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S24.** Selected structural parameters for Ru(2-tolyl)<sub>4</sub> (**Ru1**).<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Ru1-C1	2.047	C1-Ru1-C1C 114.9 (C1-C6)-(C8-C13) 70.24
Ru1-C1C	2.047	C1-Ru1-C8 106.3 (C1-C6)-(C1C-C6C) 75.28
Ru1-C8	1.943	C1-Ru1-C8C 107.8 (C1-C6)-(C8C-C13C) 64.83
Ru1-C8C	1.943	C8-Ru1-C1C 107.8 (C8-C13)-(C1C-C6C) 64.83
		C8-Ru1-C8C 113.9 (C8-C13)-(C8C-C13C) 77.36
		C8C-Ru1-C1C 106.3 (C1C-C6C)-(C8C-C13C) 70.24

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S25.** Selected structural parameters for Ru(4-MeO-2-tolyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Ru1-C1	1.986	C1-Ru1-C1 111.2 (C1-C6)-(C6-C1) 61.39
Ru1-C1	1.986	C1-Ru1-C1 111.2 (C1-C6)-(C6-C1) 87.58
Ru1-C1	1.986	C1-Ru1-C1 106.0 (C1-C6)-(C6-C1) 61.39
Ru1-C1	1.986	C1-Ru1-C1 106.0 (C1-C6)-(C6-C1) 61.39
		C1-Ru1-C1 111.2 (C1-C6)-(C6-C1) 61.39
		C1-Ru1-C1 111.2 (C1-C6)-(C6-C1) 87.58

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S26.** Selected structural parameters for Ru(4-Br-2,5-xylyl)<sub>4</sub>.<sup>a</sup>

M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Ru1-C1	1.984	C1-Ru1-C1 111.0 (C1-C6)-(C6-C1) 61.83
Ru1-C1	1.984	C1-Ru1-C1 111.0 (C1-C6)-(C6-C1) 86.80
Ru1-C1	1.984	C1-Ru1-C1 106.4 (C1-C6)-(C6-C1) 61.83
Ru1-C1	1.984	C1-Ru1-C1 111.0 (C1-C6)-(C6-C1) 86.80
		C1-Ru1-C1 106.4 (C1-C6)-(C6-C1) 61.83
		C1-Ru1-C1 111.0 (C1-C6)-(C6-C1) 61.83

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.

**Table S27.** Selected structural parameters for Ru(2,4,5-trimethylphenyl)4.<sup>a</sup>

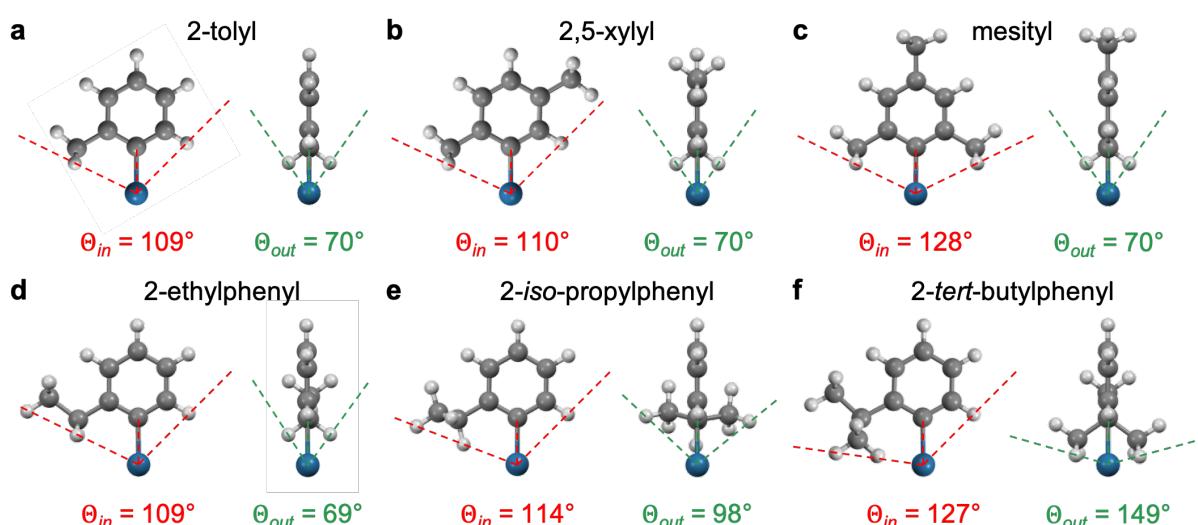
M-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
Ru1-C11	2.03(1)	C11-Ru1-C21 109.4(5) (C11-C16)-(C21-C26) 81.20
Ru1-C21	2.00(1)	C11-Ru1-C31 108.7(5) (C11-C16)-(C31-C36) 70.92
Ru1-C31	1.92(1)	C11-Ru1-C41 110.5(4) (C11-C16)-(C41-C46) 67.64
Ru1-C41	1.99(1)	C21-Ru1-C31 110.7(5) (C21-C26)-(C31-C36) 60.21
		C21-Ru1-C41 109.2(5) (C21-C26)-(C41-C46) 67.33
		C31-Ru1-C41 108.4(4) (C31-C36)-(C41-C46) 75.72

<sup>a</sup> Atom labels refer to deposited crystal structure labels. Selected parameters are provided with e.s.d. in parentheses. For structure identifier and reference see **Table 1**.

**Table S28.** Selected structural parameters for tetraphenylmethane, C(phenyl)4.<sup>a</sup>

C-C bond length (Å)	C-M-C angle (°)	aryl plane angle (°)
C7-C1	1.5509	C1-C7-C1 110.86 (C1-C6)-(C6-C1) 68.51
C7-C1	1.5509	C1-C7-C1 106.72 (C1-C6)-(C6-C1) 68.51
C7-C1	1.5509	C1-C7-C1 110.86 (C1-C6)-(C6-C1) 74.49
C7-C1	1.5509	C1-C7-C1 106.72 (C1-C6)-(C6-C1) 68.51
		C1-C7-C1 110.86 (C1-C6)-(C6-C1) 68.51
		C1-C7-C1 110.86 (C1-C6)-(C6-C1) 74.49

<sup>a</sup> Atom labels refer to deposited crystal structure labels. For structure identifier and reference see **Table 1**.



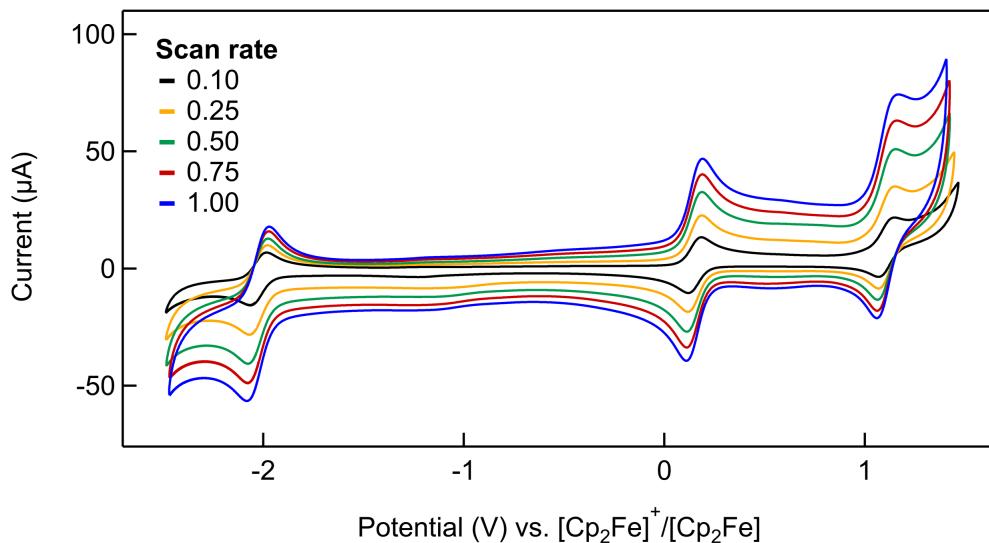
**Figure S4.** Ball and stick models illustrating the *in-plane* ( $\Theta_{in}$ ) and *out-of-plane* ( $\Theta_{out}$ ) cone angles for different Os-aryl ligand geometries (Os = teal, C = grey, H = white). Parameters for each  $\sigma$ -aryl ligand are given in **Table 2**.

### 3. Electrochemistry

**Table S29.** Electrochemical data for Os(aryl)<sub>4</sub> complexes.<sup>a</sup>

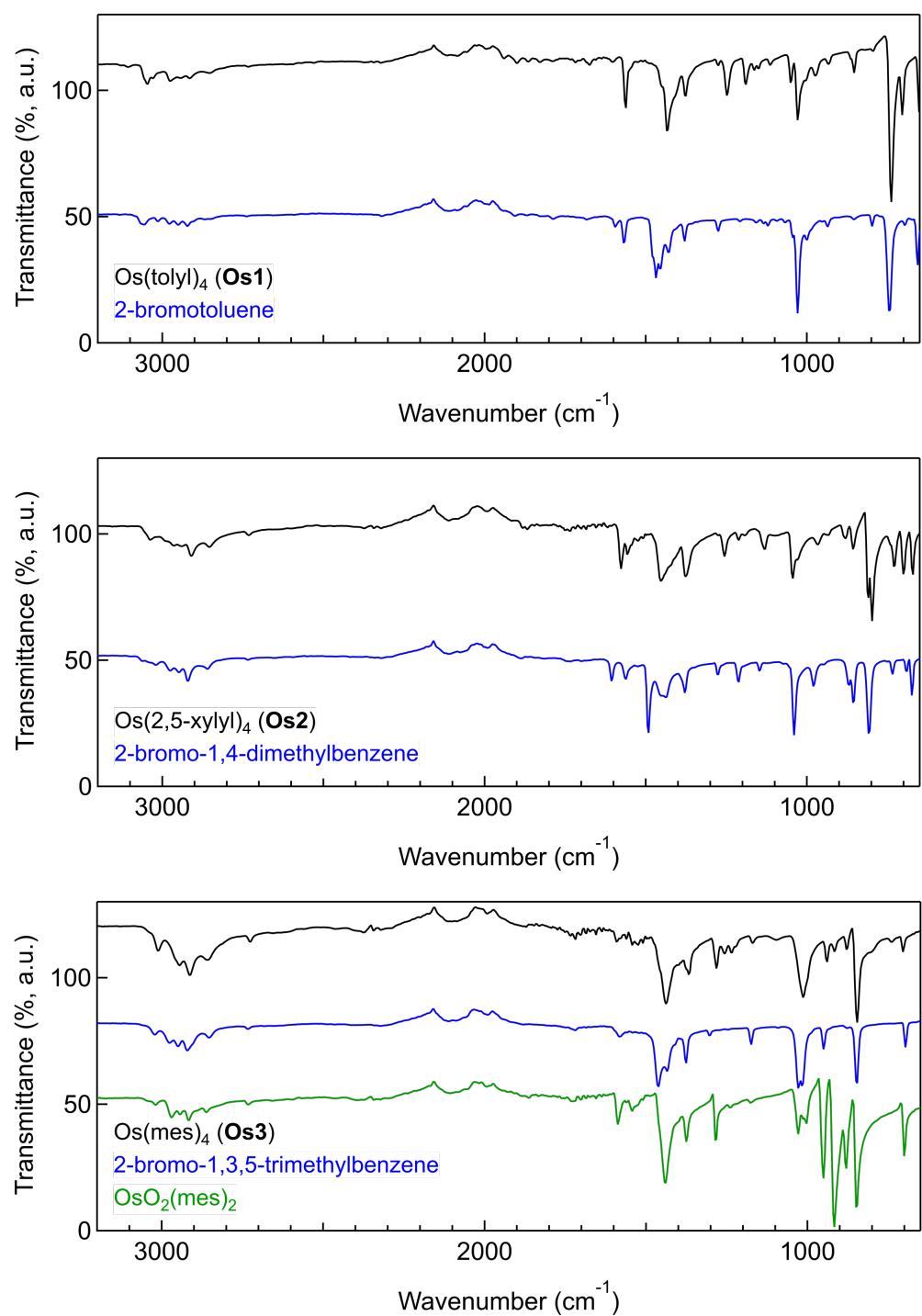
	redox transition	$E_{pa}$ (V)	$E_{pc}$ (V)	$\Delta E$	$i_{pa}/i_{pc}$
Os(2-tolyl) <sub>4</sub> ( <b>Os1</b> )	1-/0	-1.918	-2.004	0.086	0.97
	0/1+	0.366	0.287	0.079	0.98
Os(2,5-xylyl) <sub>4</sub> ( <b>Os2</b> )	1-/0	-1.969	-2.047	0.078	0.98
	0/1+	0.281	0.208	0.073	1.00
Os(mesityl) <sub>4</sub> ( <b>Os3</b> )	1-/0	-1.992	-2.064	0.072	0.98
	0/1+	0.187	0.120	0.067	1.00
	1+/2+	1.155	1.079	0.093	1.14 <sup>b</sup>
Os(2-ethylphenyl) <sub>4</sub> ( <b>Os1-Et</b> )	1-/0	-1.991	-2.061	0.070	1.00
	0/1+	0.390	0.308	0.082	1.02
Os(2-iPr-phenyl) <sub>4</sub> ( <b>Os1-iPr</b> )	1-/0	-2.038	-2.112	0.074	1.02
	0/1+	0.374	0.298	0.076	0.99

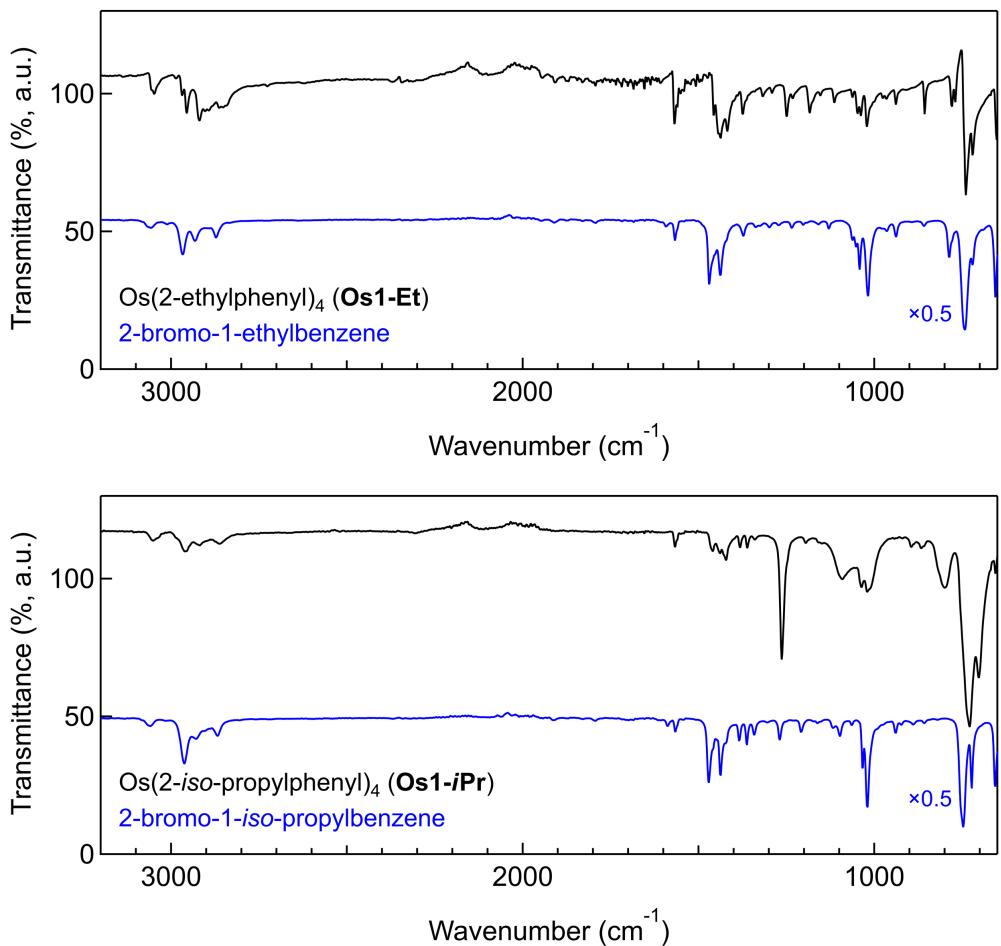
<sup>a</sup> Scan rate = 0.1 V s<sup>-1</sup>; NBu<sub>4</sub>PF<sub>6</sub> supporting electrolyte; working electrode: glassy carbon; reference electrode, counter electrode: Pt. All potentials corrected for  $iR_u$  and reported relative to [Cp<sub>2</sub>Fe]<sup>+</sup>/Cp<sub>2</sub>Fe. <sup>b</sup> Redox feature overlap with onset of solvent oxidation makes it difficult to define peak baselines and accurately determine  $i_{pa}/i_{pc}$ . Overlaid cyclic voltammograms for **Os3** recorded at different scan rates are presented in **Figure S5**.



**Figure S5.** Overlaid voltammograms showing the dependence of current on scan rate for Os(mesityl)<sub>4</sub> (**Os3**). Potentials are reported relative to [Cp<sub>2</sub>Fe]<sup>+</sup>/Cp<sub>2</sub>Fe], corrected for  $iR_u$ . For conditions see main text.

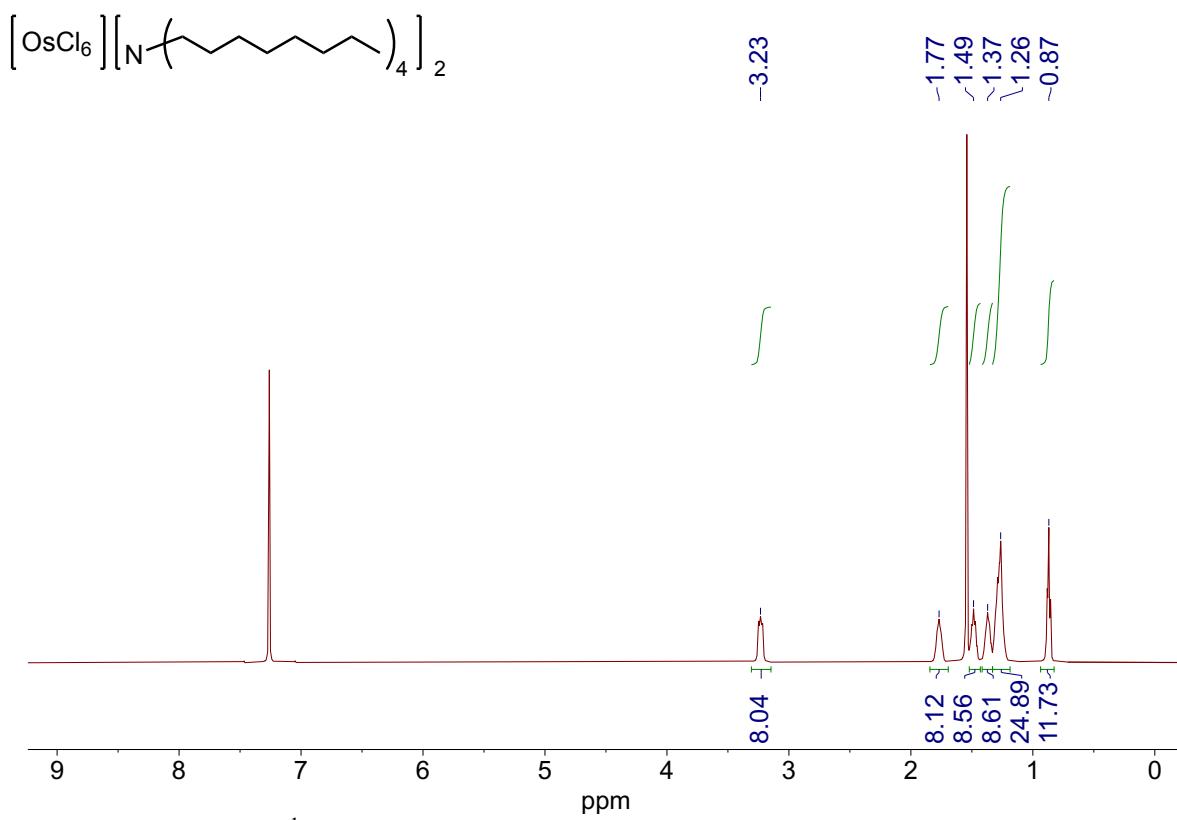
#### 4. IR Spectra



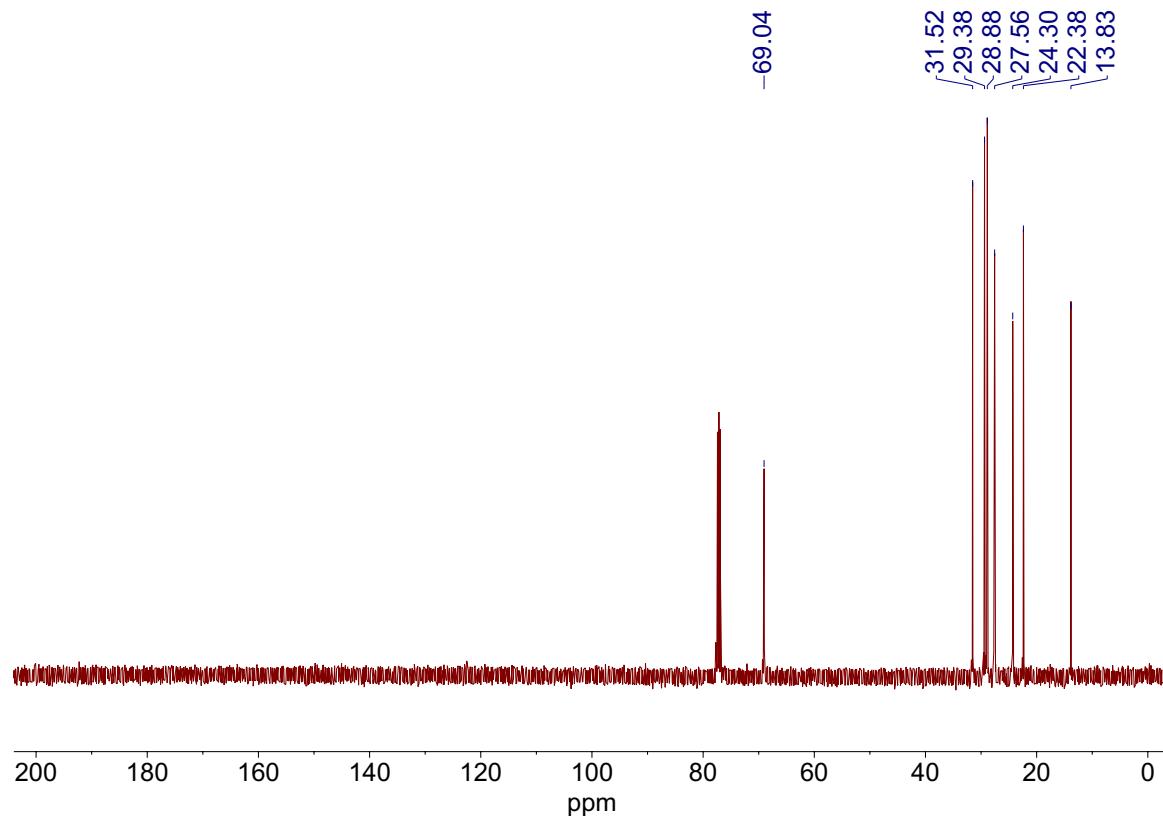


**Figure S6.** Infrared spectra (ATR) of **Os1-3**, **Os1-Et**, and **Os1-iPr** (black), their aryl bromide ligand precursors (blue), and selected dioxo complexes (green); displaced along the y-axis for clarity. Spectra of  $\text{Os}(\text{aryl})_4$  are broadly comparable to those of their bromoaryl precursors. Features attributable to  $\text{Os}=\text{O}$  in  $\text{OsO}_2(\text{mes})_2$  appear between  $920\text{-}880\text{ cm}^{-1}$  and are absent in the tetraaryl analogues.<sup>10</sup>

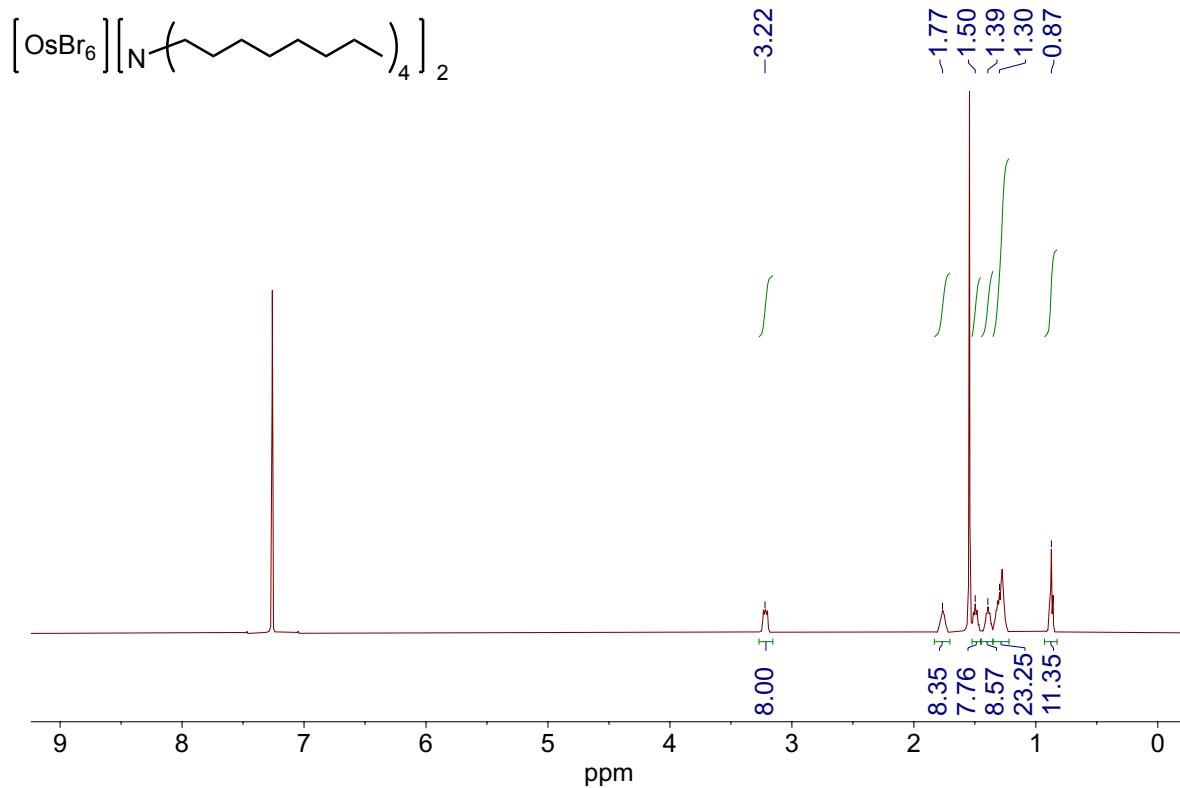
## 5. NMR Spectra



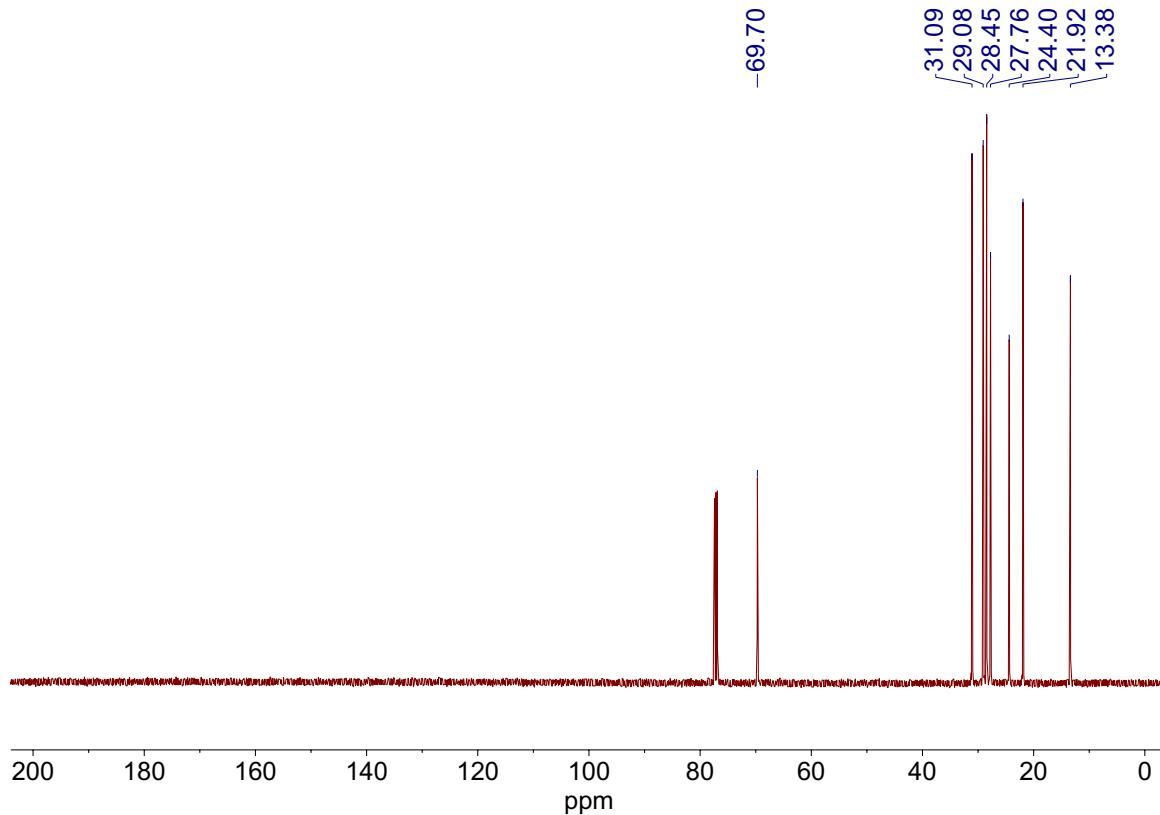
**Figure S7.**  $^1\text{H}$  NMR (500 MHz) spectrum of  $(\text{Oct}_4\text{N})_2[\text{OsCl}_6]$  in  $\text{CDCl}_3$ .



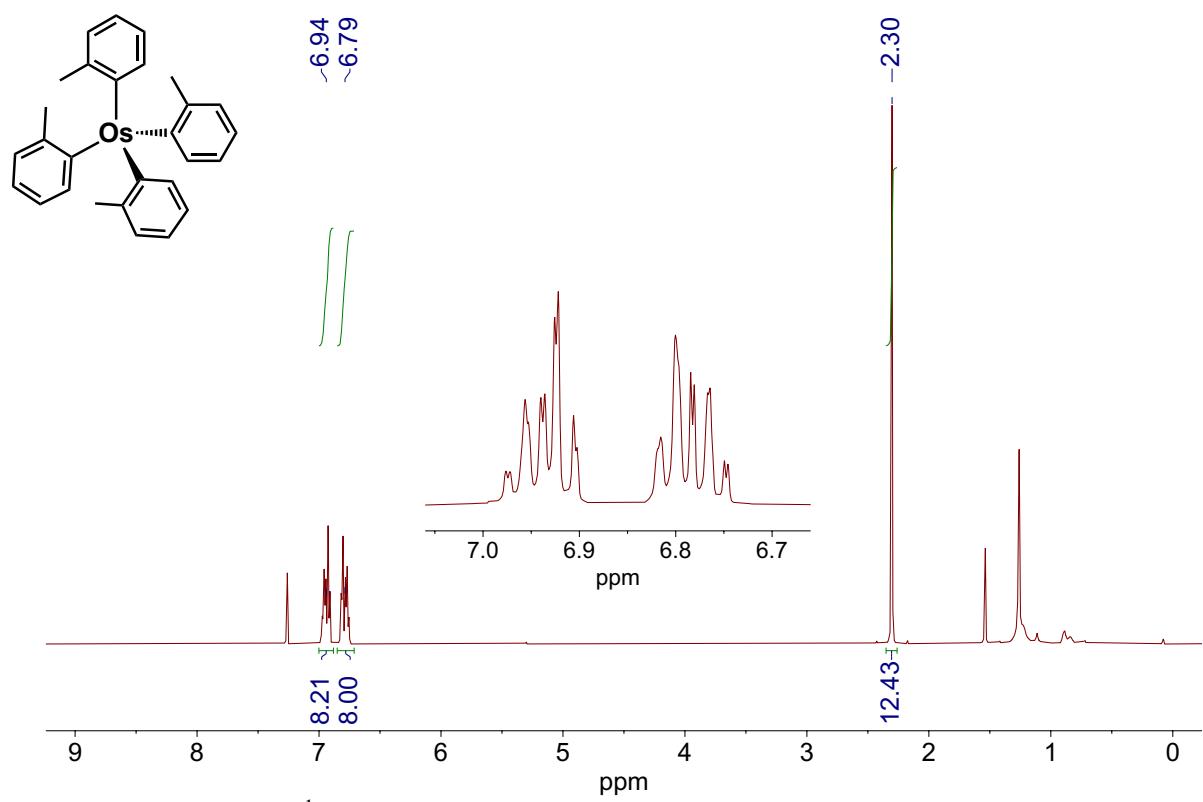
**Figure S8.**  $^{13}\text{C}\{^1\text{H}\}$  NMR (125 MHz) spectrum of  $(\text{Oct}_4\text{N})_2[\text{OsCl}_6]$  in  $\text{CDCl}_3$ .



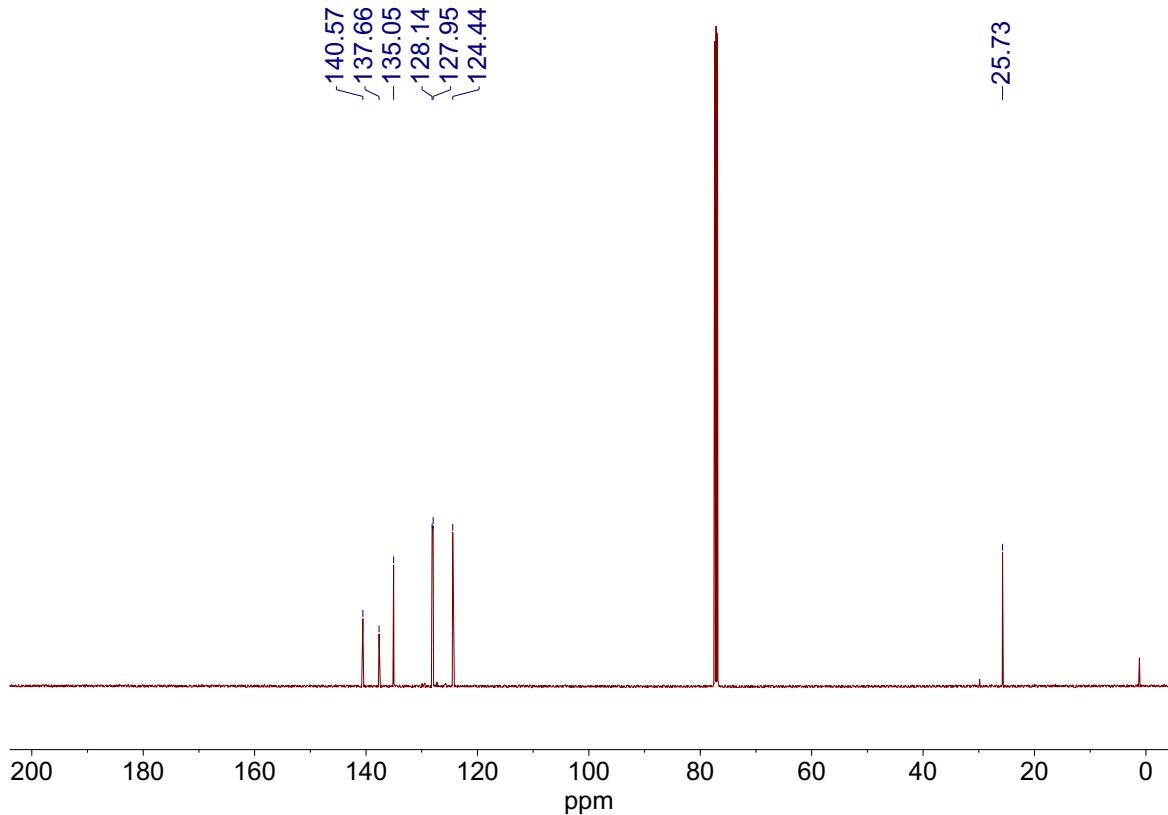
**Figure S9.**  $^1\text{H}$  NMR (500 MHz) spectrum of  $(\text{Oct}_4\text{N})_2[\text{OsBr}_6]$  in  $\text{CDCl}_3$ .



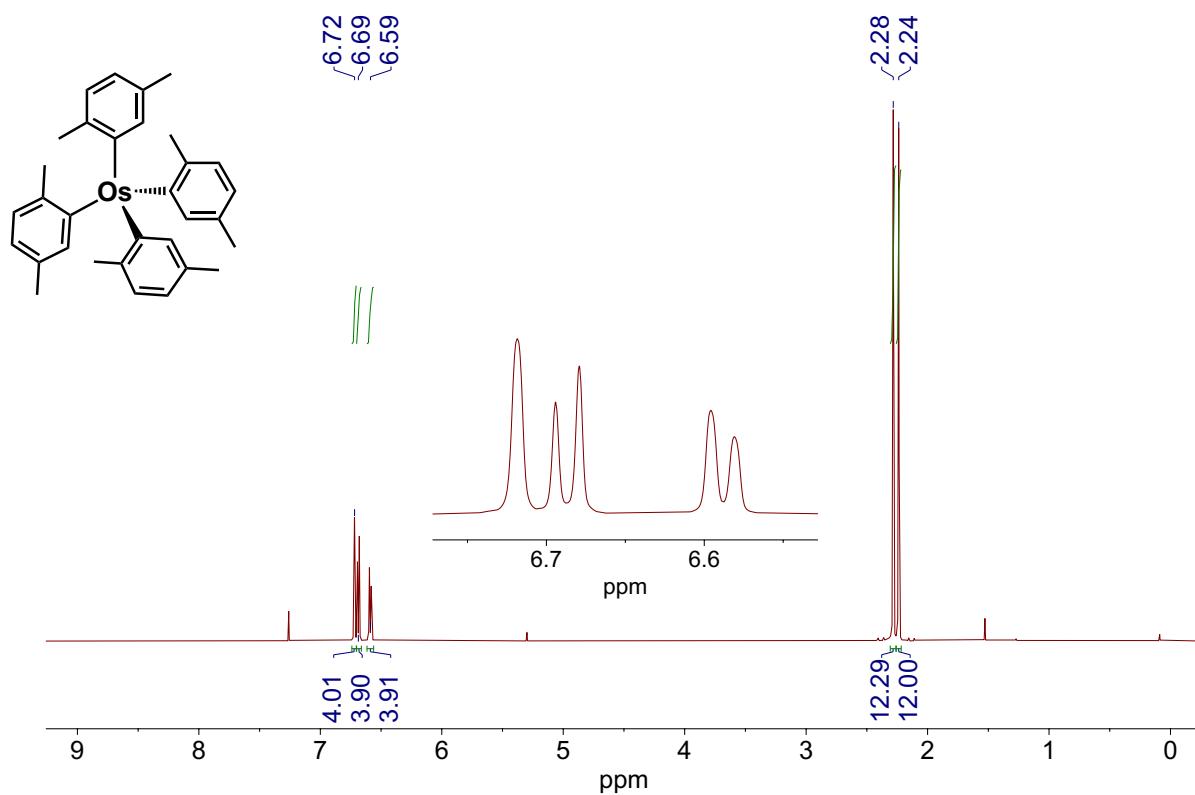
**Figure S10.**  $^{13}\text{C}\{\text{H}\}$  NMR (125 MHz) spectrum of  $(\text{Oct}_4\text{N})_2[\text{OsBr}_6]$  in  $\text{CDCl}_3$ .



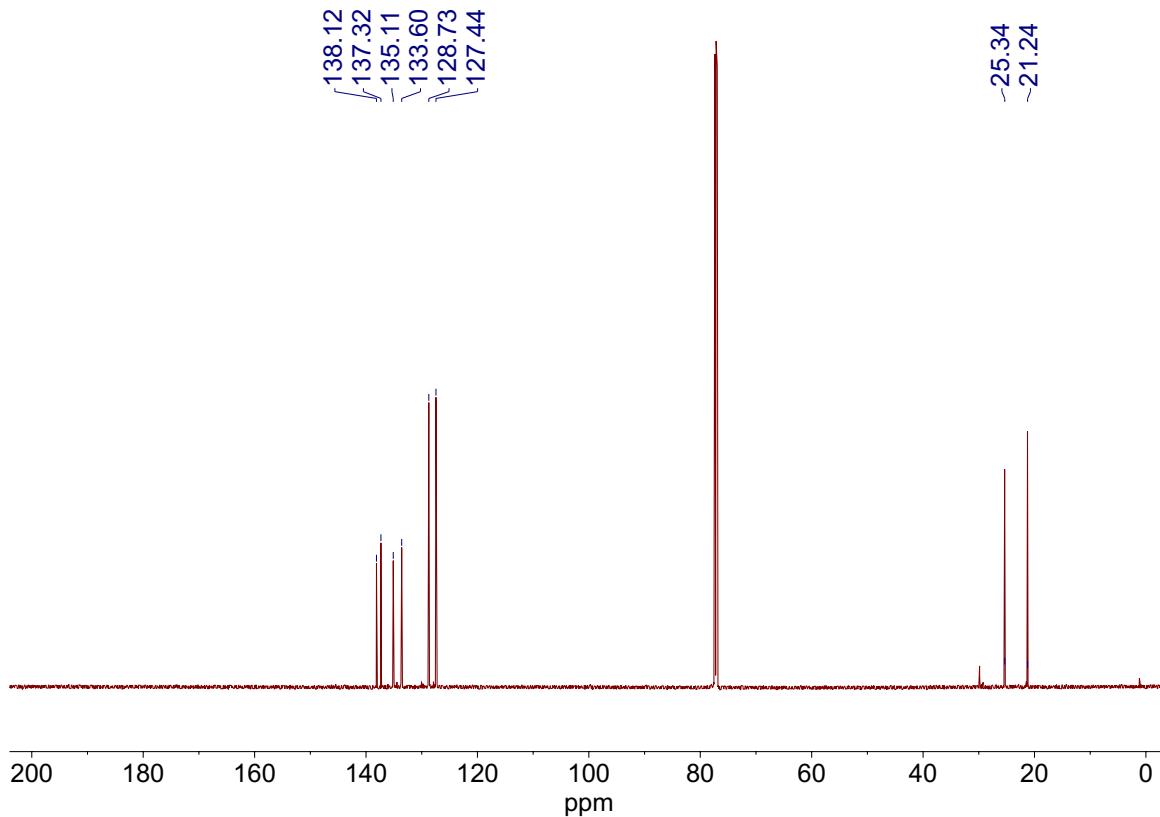
**Figure S11.**  $^1\text{H}$  NMR (400 MHz) spectrum of  $\text{Os}(2\text{-tolyl})_4$  (**Os1**) in  $\text{CDCl}_3$ .



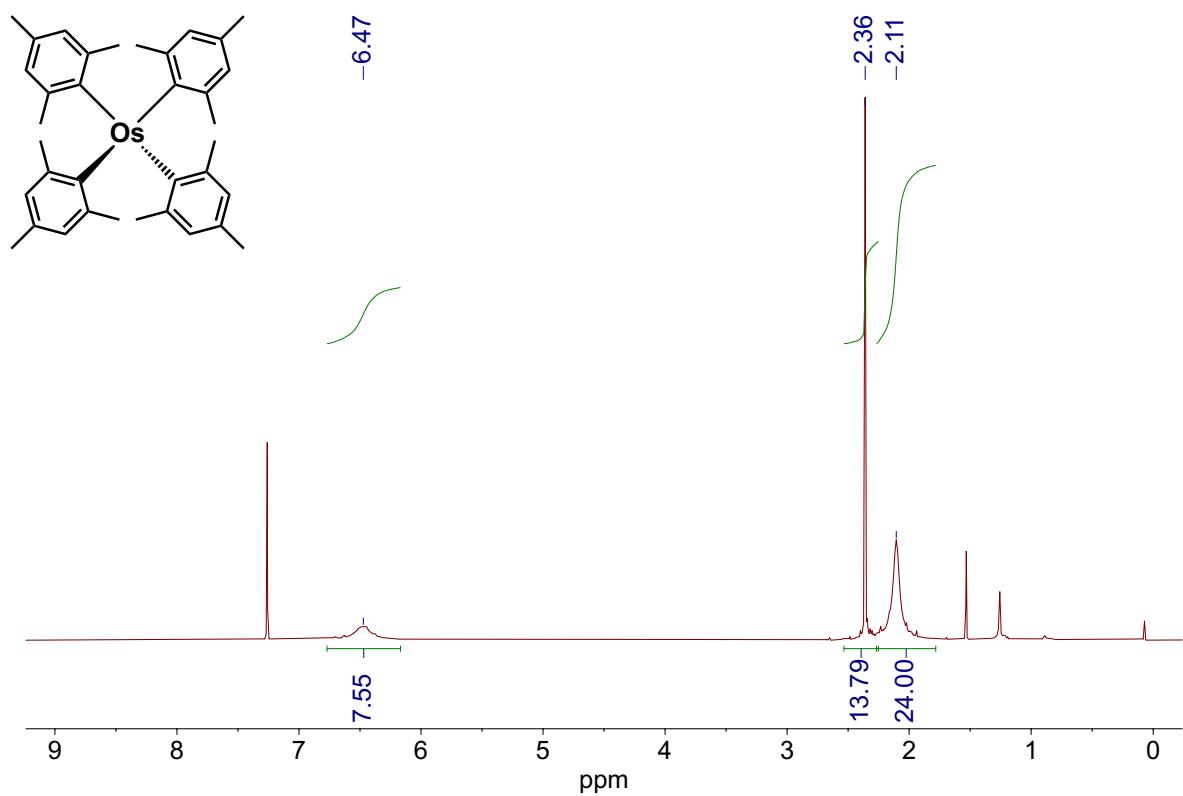
**Figure S12.**  $^{13}\text{C}\{\text{H}\}$  NMR (125 MHz) spectrum of  $\text{Os}(2\text{-tolyl})_4$  (**Os1**) in  $\text{CDCl}_3$ .



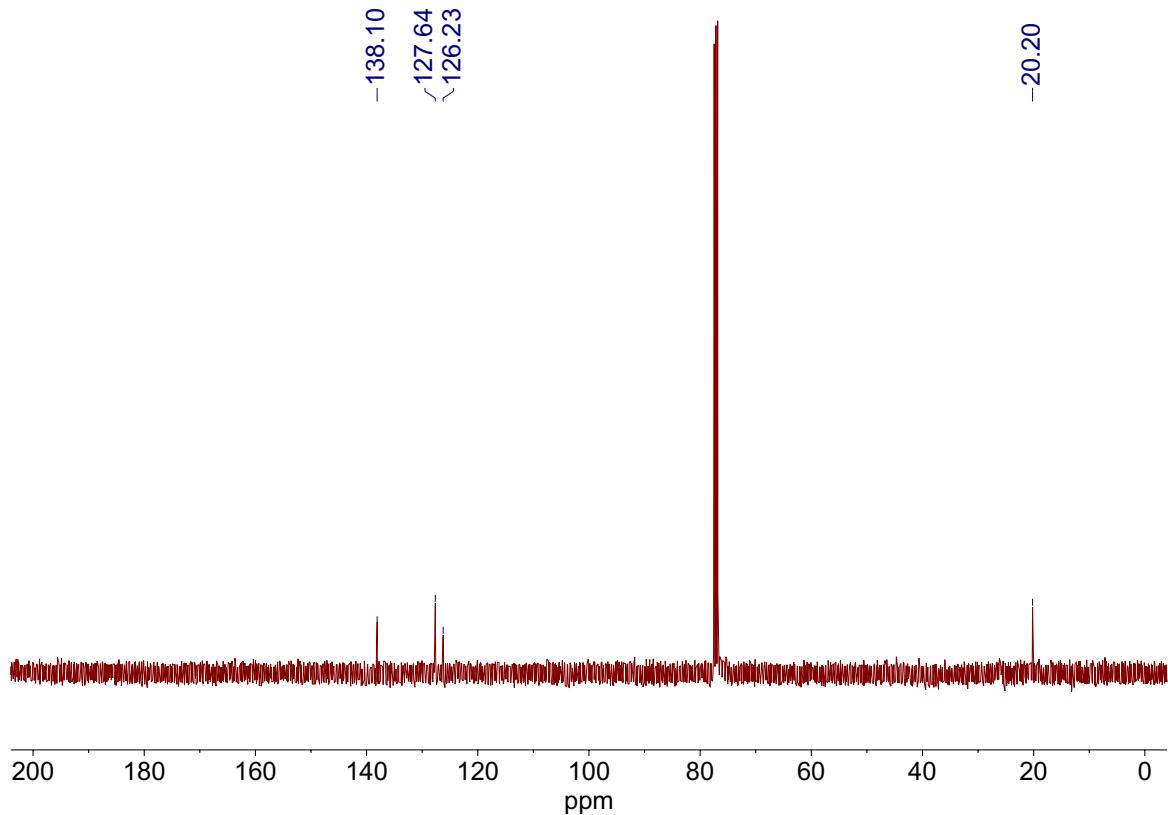
**Figure S13.**  $^1\text{H}$  NMR (500 MHz) spectrum of  $\text{Os}(2,5\text{-xylyl})_4$  (**Os2**) in  $\text{CDCl}_3$ .



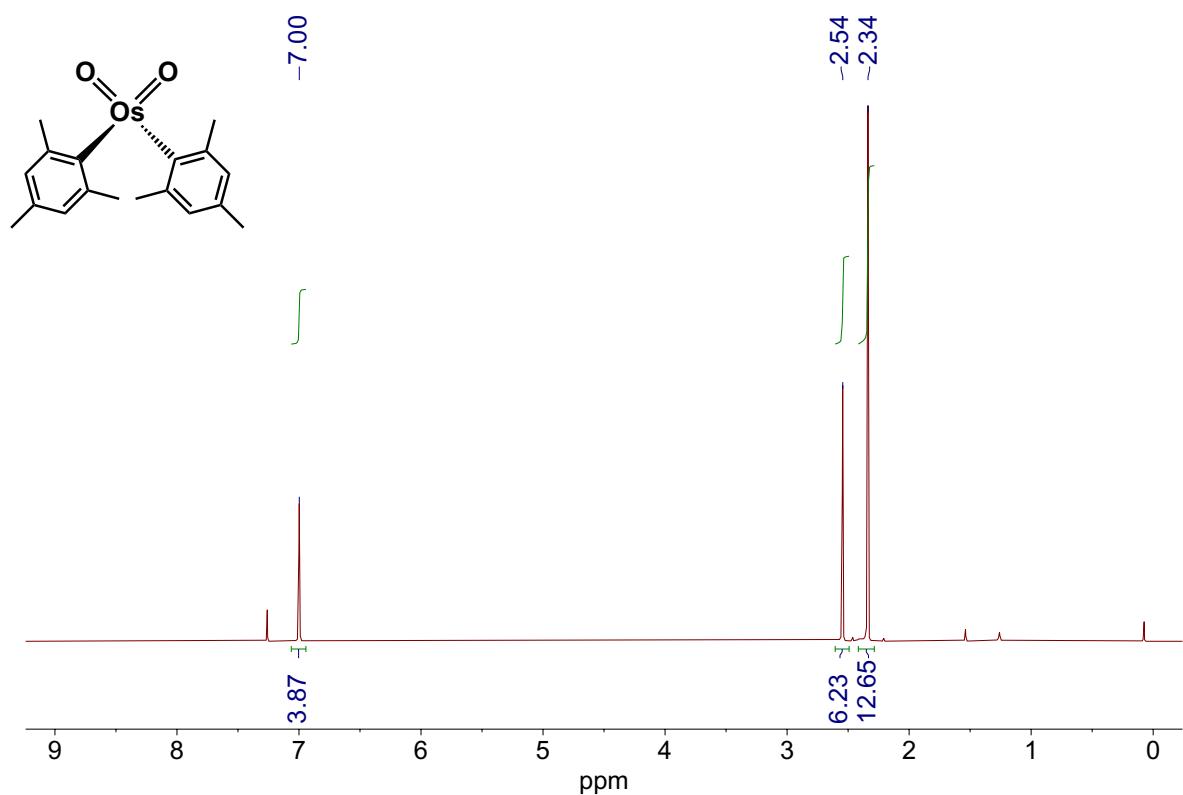
**Figure S14.**  $^{13}\text{C}\{\text{H}\}$  NMR (150 MHz) spectrum of  $\text{Os}(2,5\text{-xylyl})_4$  (**Os2**) in  $\text{CDCl}_3$ .



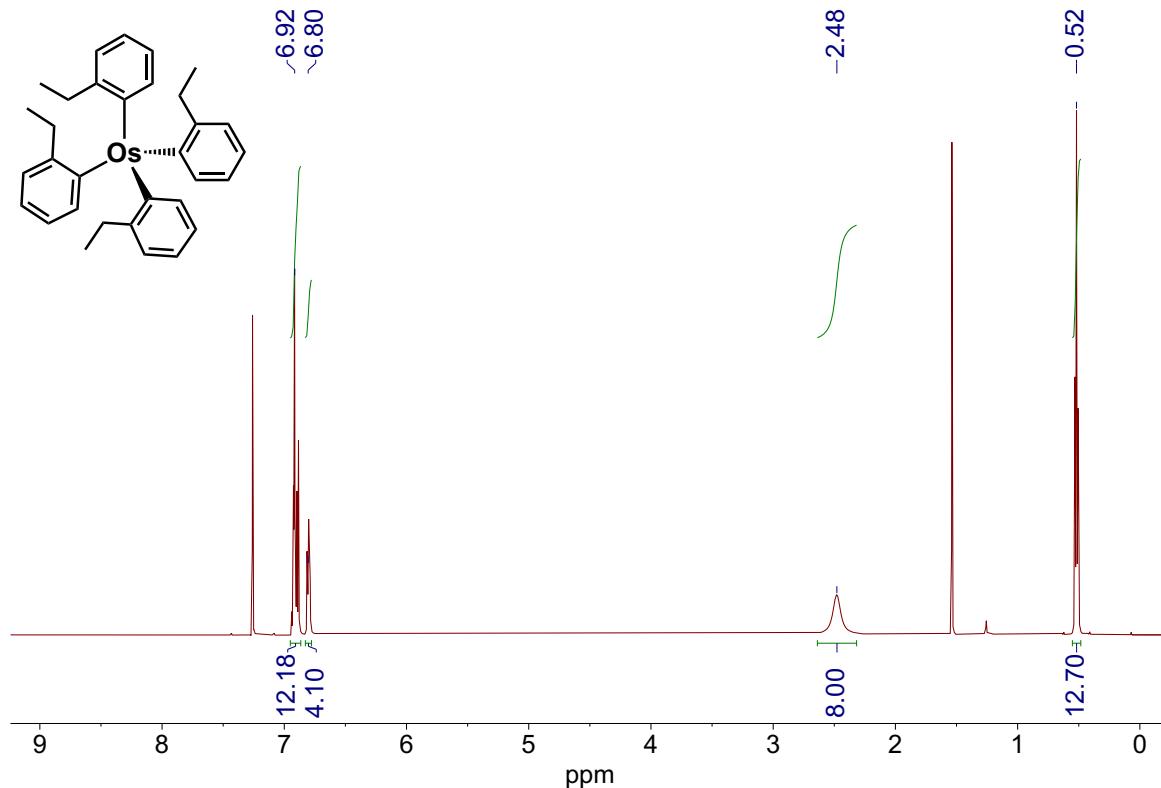
**Figure S15.** <sup>1</sup>H NMR (500 MHz) spectrum of Os(mesityl)<sub>4</sub> (**Os3**) in CDCl<sub>3</sub>.



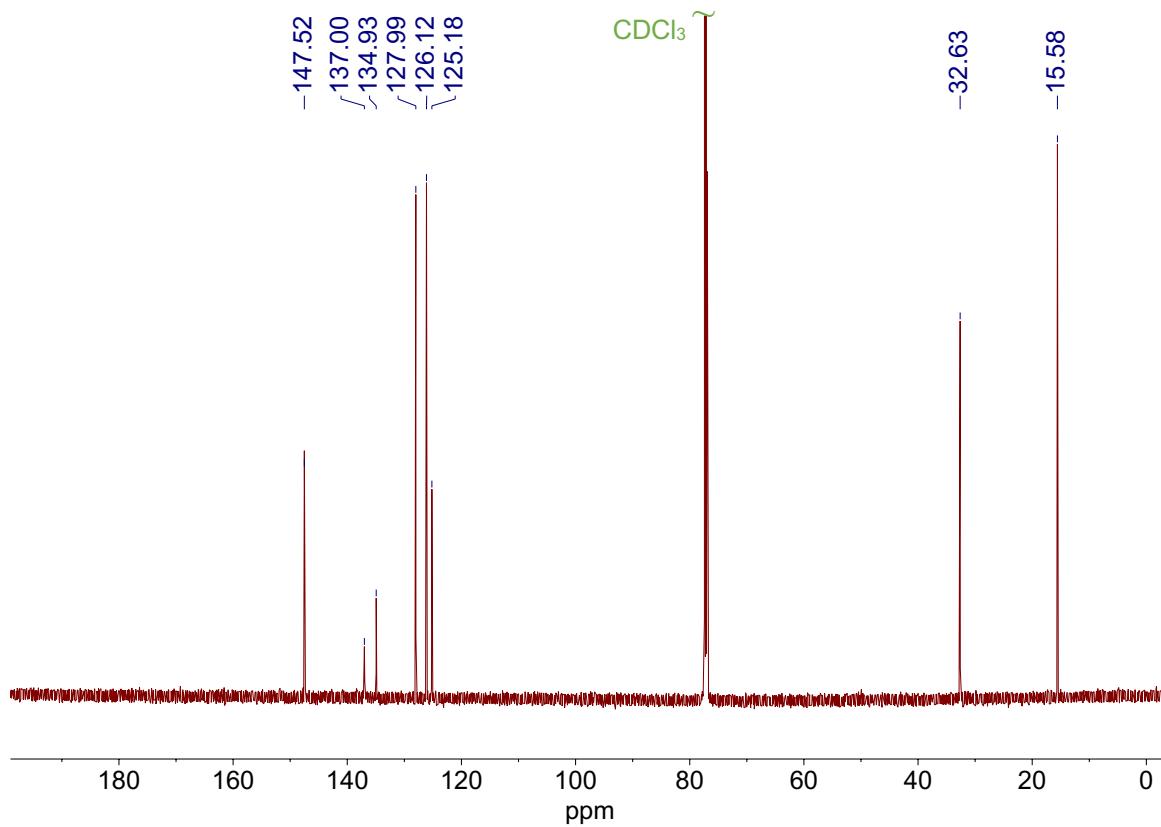
**Figure S16.** <sup>13</sup>C{<sup>1</sup>H} NMR (100 MHz) spectrum of Os(mesityl)<sub>4</sub> (**Os3**) in CDCl<sub>3</sub>.



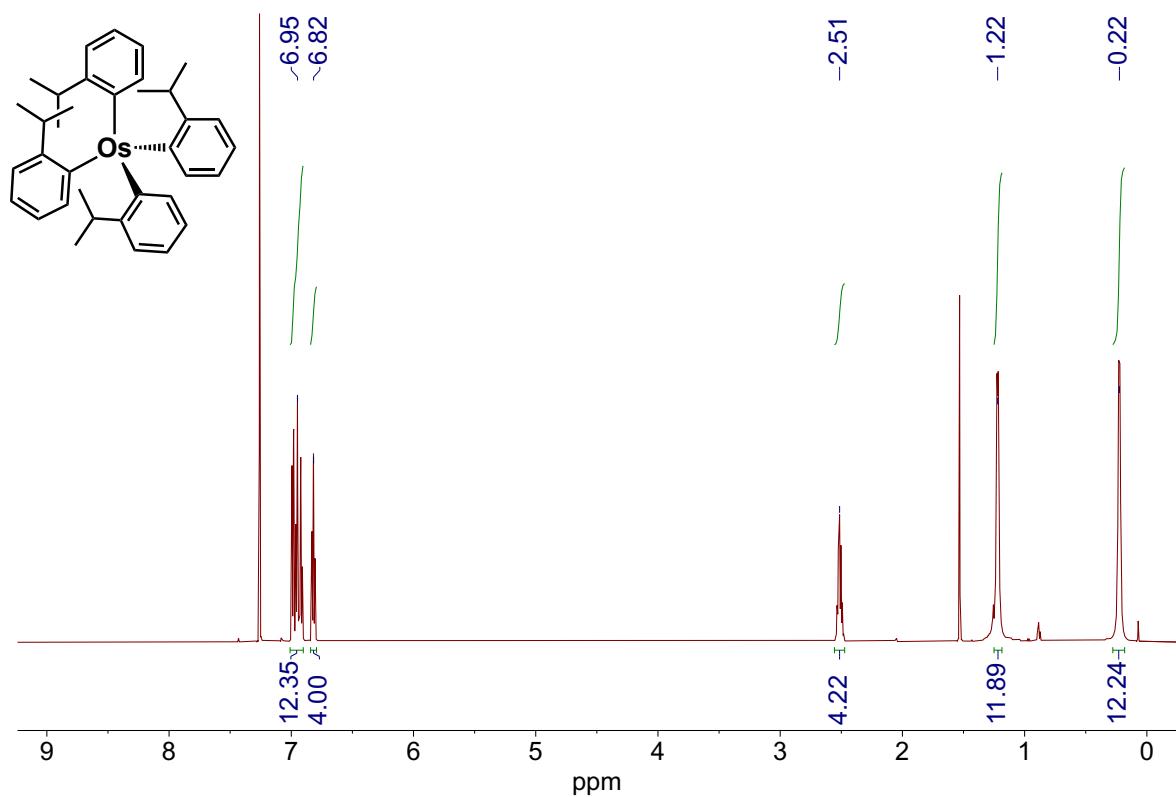
**Figure S17.**  $^1\text{H}$  NMR (500 MHz) spectrum of  $\text{OsO}_2(\text{mesityl})_2$  in  $\text{CDCl}_3$ .



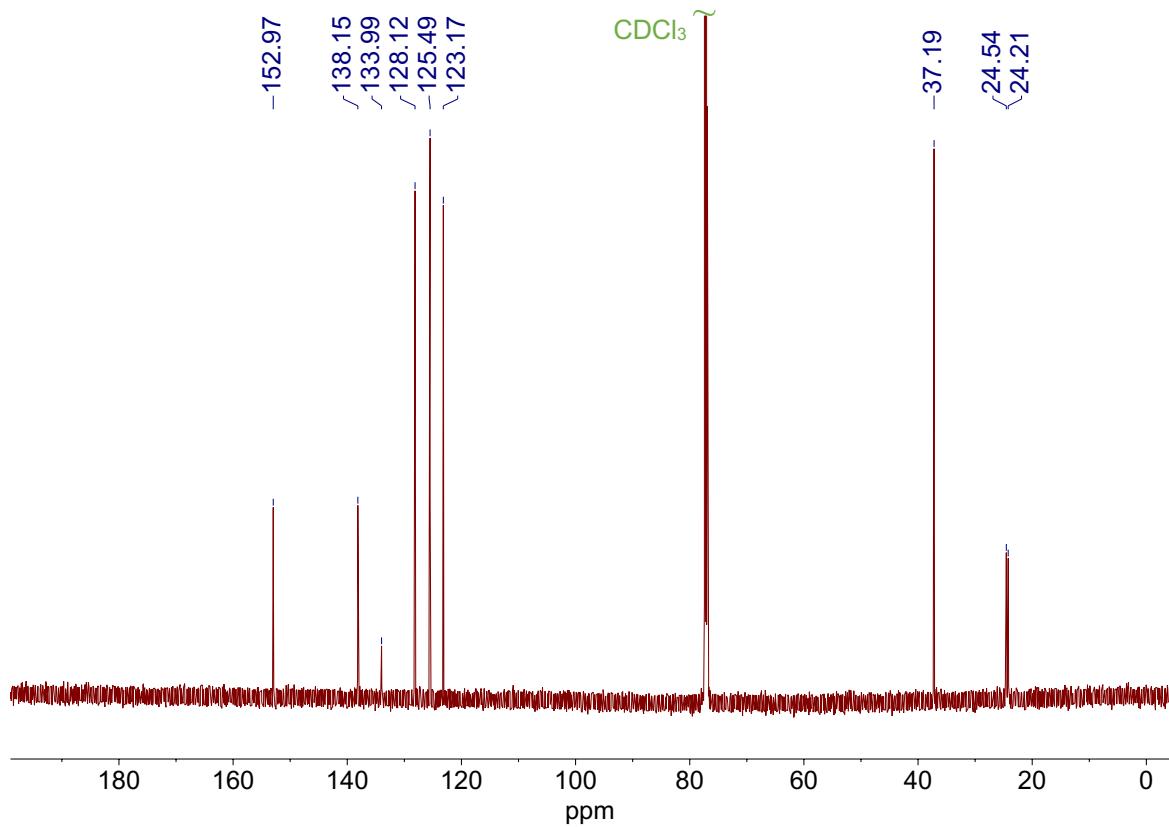
**Figure S18.**  $^1\text{H}$  NMR (600 MHz) spectrum of  $\text{Os}(2\text{-ethylphenyl})_4$  (**Os1-Et**) in  $\text{CDCl}_3$ .



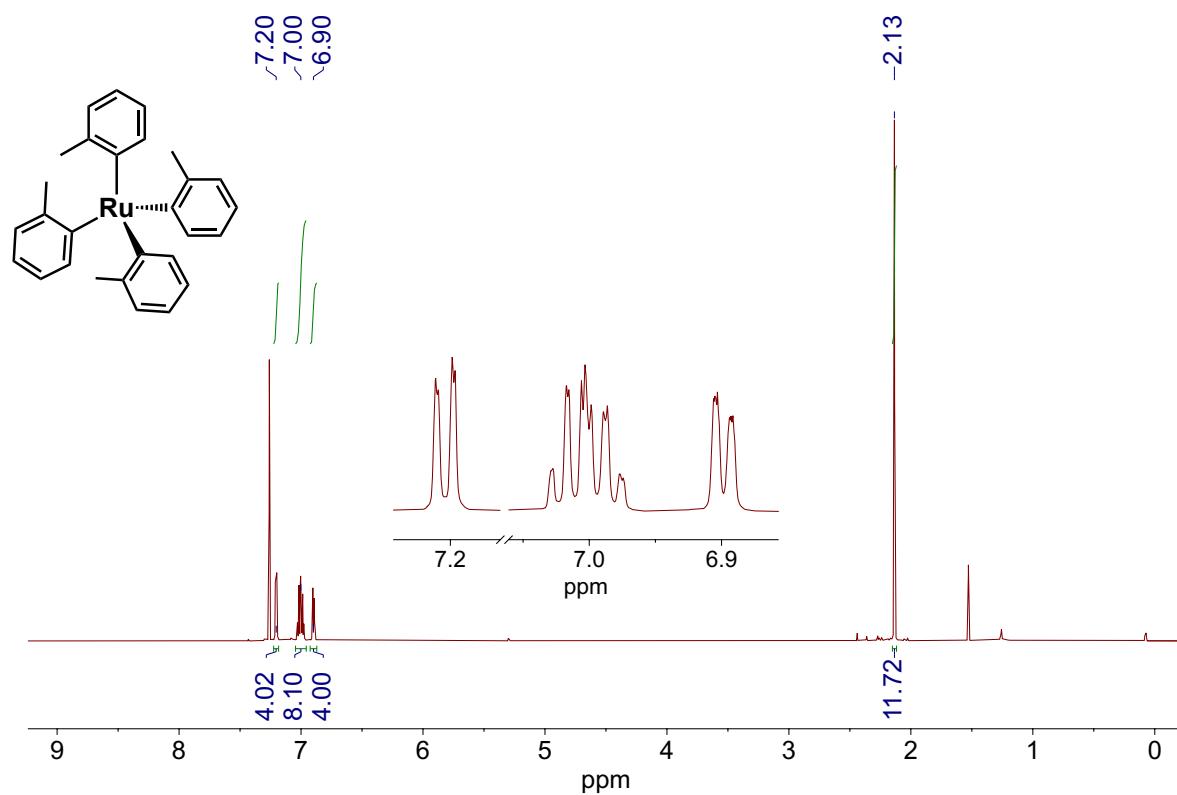
**Figure S19.**  $^{13}\text{C}\{^1\text{H}\}$  NMR (150 MHz) spectrum of  $\text{Os}(2\text{-ethylphenyl})_4$  (**Os1-Et**) in  $\text{CDCl}_3$ .



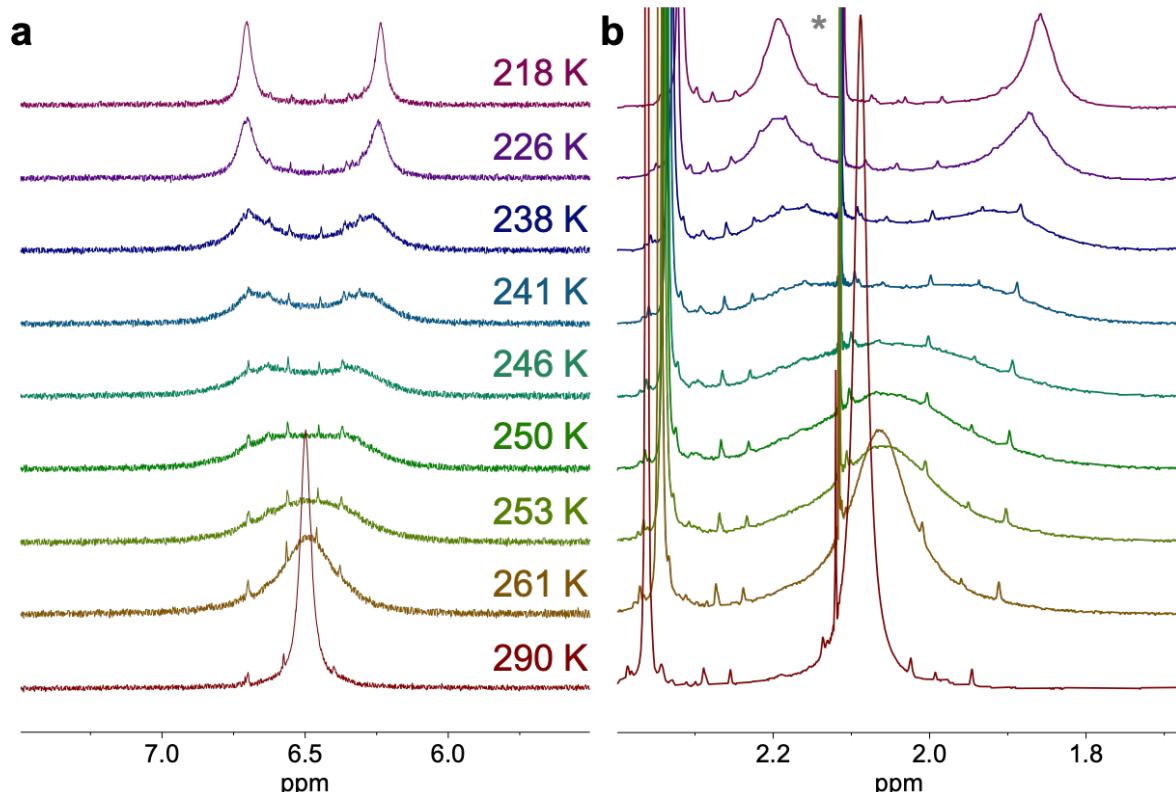
**Figure S20.**  $^1\text{H}$  NMR (600 MHz) spectrum of  $\text{Os}(2\text{-}i\text{so}\text{-propylphenyl})_4$  (**Os1-iPr**) in  $\text{CDCl}_3$ .



**Figure S21.**  $^{13}\text{C}\{^1\text{H}\}$  NMR (150 MHz) spectrum of  $\text{Os}(2\text{-}i\text{so}\text{-propylphenyl})_4$  (**Os1-iPr**) in  $\text{CDCl}_3$ .



**Figure S22.**  $^1\text{H}$  NMR (600 MHz) spectrum of  $\text{Ru}(2\text{-tolyl})_4$  (**Ru1**) in  $\text{CDCl}_3$ .



**Figure S23.** Variable-temperature NMR (600 MHz) spectra of **Os3** in  $\text{CD}_2\text{Cl}_2$ , showing the evolution of aryl- $H$  (a), and *ortho*-methyl C- $H$  (b) resonances with temperature (\* = acetone).

**Table S30.** Activation parameters for the rotation of mesityl ligands about the M-C bond in CD<sub>2</sub>Cl<sub>2</sub> solutions of M(mes)<sub>4</sub>.<sup>a</sup>

compound	Ru(mes) <sub>4</sub>	Os(mes) <sub>4</sub>
$\Delta\nu$ , 2-CH <sub>3</sub> (Hz)	108.5	203.9
$T_c$ , 2-CH <sub>3</sub> (K)	253	244
$\Delta\nu$ , 3,5-H (Hz)	108.5	281.9
$T_c$ , 3,5-H (K)	253	250
$\Delta G^\ddagger$ , 2-CH <sub>3</sub> (kJ mol <sup>-1</sup> )	50.1	46.9
$\Delta G^\ddagger$ , 3,5-H (kJ mol <sup>-1</sup> )	50.1	47.5
M–C <sub>av</sub> (Å)	2.01(1)	2.037(3)
reference	6	this work

<sup>a</sup> Adapted from Hay-Motherwell *et al.*<sup>6</sup> Using  $\Delta G^\ddagger = -RT_c \ln \pi \Delta \nu h 2^{-1/2} (kT_c)^{-1}$  following Hay-Motherwell *et al.*<sup>17</sup> Here,  $\Delta \nu$  = separation between resonances in Hz;  $T_c$  = coalescence temperature in K;  $R$ ,  $h$ , and  $k$  = gas, Planck, and Boltzmann constants, respectively.

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