Supporting Information

## Navigating fast and uniform zinc deposition via a versatile metal-

## organic complex interphase

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## **Experimental Section**

Synthesis of Zn-PA coated Zn anode (Zn-PA@Zn): Firstly, 30 µL of 70% phytic acid (PA) was injected to 30 ml of 2 to 1 mixed solution of deionized (DI) water and ethanol. After stirring for 5 min, the solution was transferred into a glass culture dish. Then, Zn plates with a diameter of 12 mm were putted into the solution and stand for several minutes. Zn-PA@Zn was obtained after being alternatively washed with DI water and ethanol. Ba-PA, Al-PA, and Sn-PA coordinated Zn anodes were prepared using the same procedure except for the adding of 30 mg of BaCl<sub>2</sub>, Al<sub>2</sub>(SO<sub>4</sub>)<sub>3</sub>, and SnCl<sub>4</sub>, respectively. Sn-Tannin (TA) coordinated Zn anode was prepared using the same procedure except for the change of PA to TA.

Synthesis of  $MnO_2$ : In a typical procedure, 2 mM of KMnO<sub>4</sub> was dissolved in 50 mL of DI water under magnetic stirring for 15 min. Subsequently, 5 mL of 2 M H<sub>2</sub>SO<sub>4</sub> was added into the above solution. After stirring for another 15 min, 3 mM of Zn powders were added into the mixture. The reaction lasted for 2 h under continuous magnetic stirring at room temperature. Finally, the resulting precipitate was collected and washed with DI water and ethanol alternatively for three times. MnO<sub>2</sub> powders were obtained after being dried in an oven at 80 °C for 12 h.

Assembly of Zn/Zn symmetric cells and Zn/MnO<sub>2</sub> cells: CR2025-type coin symmetric cells were assembled with identical electrodes of bare Zn or Zn-PA@Zn (diameter: 12 mm, thickness: 80  $\mu$ m), 2 M ZnSO<sub>4</sub> electrolyte and glass fiber separators. Zn||MnO<sub>2</sub> full cells were assembled by using pure Zn or Zn-PA@Zn as anodes, 2 M ZnSO<sub>4</sub> as electrolyte and glass fiber as separators. All batteries were assembled in open air

conditions and aged for 12 hours before electrochemical measurements.

*Materials characterization:* The physical morphology was characterized by scanning electron microscopy (SEM, NanoSEM 450, FEI). X-ray diffractometer (XRD, X'Pert PRO MPD, Philips) was carried out to confirm the crystallographic structure of the products using Cu-K $\alpha$  as the radiation source ( $\lambda$ = 1.5418 Å). The surface wettability of anodes was performed by OCA25 contact angle measuring system (Dataphysics, Germany). Fourier transform infrared (FTIR, ThermoNicolet iS50) and X-ray photoelectron spectroscopy (XPS, ESCALAB 250Xi, Thermo Scientific) were employed to analyze the element and surface chemistry of the samples.

*Electrochemical measurement:* The cycling and rate performance were measured on the Land Battery Testing System at room temperature. Solartron electrochemical workstation (1400 + 1470E, England) was employed to collect the cyclic voltammetry (CV), electrochemical impedance spectra (EIS), linear sweep voltammetry (LSV), and linear polarization curves. Specifically, CV curves were measured at a scan rate of 0.1 mV s<sup>-1</sup> and EIS plots were tested in the frequency ranging from 100 kHz to 10 mHz with a perturbation amplitude of 5 mV. LSV and linear polarization curves were collected at the voltage range of  $-1.1 \sim -1.85$  V and  $-1.1 \sim -0.95$  V, respectively, with scan rate of 5 mV s<sup>-1</sup>.

Simulation of the Electric Field Contribution: A simplified 2D electrodeposition model based on COMSOL was established to compare the proportional schematics of electric field distribution during cycling. The length of the entire model was set to 8 µm. The protuberance of Zn surface was represented by three semicircles with a

diameter of 1 µm and a height of 1 µm. In addition, there was a Zn-PA layer with a thickness of 1 µm for Zn-PA@Zn electrodes on the basis of primary model. It was reported that the ionic conductivity of 2 M ZnSO<sub>4</sub> electrolyte was  $\approx$ 5 S m<sup>-1</sup>.<sup>1</sup> The overpotential of 500 mV was employed as voltage excitation between the anode side and the electrolyte side.



Fig. S1 Top-view SEM images of (a, b) Zn-PA@Zn and (c) bare Zn anode.



Fig. S2 Cross-section SEM images of Zn-PA@Zn.



Fig. S3 Optical images of Zn-PA@Zn anode under bending, folding, twisting, and even taping

states.



Fig. S4 Optical image of the scale-up Zn-PA@Zn electrode.



Fig. S5 Fourier transform infrared (FTIR) curve of Zn-PA@Zn electrode.



Fig. S6 (a) Survey XPS profiles and (b) high-resolution O 1s XPS patterns of bare Zn and Zn-

PA@Zn electrodes.



Fig. S7 Current variation with time during polarization and the associated EIS curves of (a, b) bare Zn and (c, d) Zn-PA@Zn symmetrical cells with applied potential difference of 15 mV. The Zn<sup>2+</sup> transference number ( $t_{Zn2+}$ ) was calculated according to the Bruce-

Vincent method:

$$t_{Zn^{2+}} = \frac{I_s(V - I_0 R_0)}{I_0 \left( V - I_s R_s \right)}$$
(1)

Where V is the applied potential (15 mV);  $I_0$  and  $R_0$  are the initial current and interface resistance, respectively;  $I_s$  and  $R_s$  represent the steady-state current and interface resistance, respectively. Therefore, the  $t_{Zn^{2+}}$  value in Zn-PA@Zn system can be calculated to 0.82, whereas the value in bare Zn system is only 0.43.



Fig. S8 Optical images of bare Zn (a) before and (b) after immersing in 2 M ZnSO<sub>4</sub> for 10 days. (c)

Magnified SEM image of bare Zn after immersing in 2 M ZnSO<sub>4</sub> for 10 days.



Fig. S9 Optical images of Zn-PA@Zn (a) before and (b) after immersing in 2 M ZnSO<sub>4</sub> for 10

days. (c) Magnified SEM image of Zn-PA@Zn after immersing in 2 M ZnSO<sub>4</sub> for 10 days.



Fig. S10 Cycling performance of bare Zn and Zn-PA@Zn symmetric cells at 1 mA cm<sup>-2</sup>.



Fig. S11 Nucleation overpotential of bare Zn and Zn-PA@Zn symmetric cells at (a) 0.5 mA cm<sup>-2</sup>

and (b)  $5 \text{ mA cm}^{-2}$ .



Fig. S12 EIS curves of the Zn-PA@Zn and bare Zn symmetric cells.



Fig. S13 Self-made symmetric cell model for in-situ optical microscope.



Fig. S14 Chronoamperometry curves of bare Zn and Zn-PA@Zn at an overpotential of -150 mV.



Fig. S15 (a) Detached Zn-PA@Zn cell after 50 cycles at 1 mA cm<sup>-2</sup> and 0.5 mAh cm<sup>-2</sup>. (b) Top-

view, and (c) cross-section SEM images of Zn-PA@Zn.



Fig. S16 (a) Detached bare Zn cell after 50 cycles at 1 mA cm<sup>-2</sup> and 0.5 mAh cm<sup>-2</sup>. (b) SEM

image of bare Zn electrode after cycling.



Fig. S17 (a, b) Top-view, and (c) cross-section SEM images of Zn-PA@Zn after plating for 10

mAh cm<sup>-2</sup> at 10 mA cm<sup>-2</sup>.



Fig. S18 Cycling performance of the as-prepared (a) Ba-PA@Zn, (b) Al-PA@Zn, (c) Sn-PA@Zn,

and Sn-TA@Zn symmetric cells at 1 mA cm<sup>-2</sup>.



Fig. S19 SEM images of the  $MnO_2$  sample.



Fig. S20 XRD pattern of the as-prepared MnO<sub>2</sub>.



Fig. S21 CV curves of (a) bare  $Zn \|MnO_2$  and (b)  $Zn-PA@Zn\|MnO_2$  cells at a scan rate of 0.1 mV

s<sup>-1</sup>.



**Fig. S22** Z' $\sim \omega^{-1/2}$  fitting curves of the full cells based on EIS results.

The Zn<sup>2+</sup> diffusion coefficient (D) was calculated according to  $D=0.5R^2T^2n^{-4}F^{-4}A^{-2}C^{-2}\sigma^{-2}$ . Here, *R* is the gas constant, *T* is the room temperature, *n* is the transfer number of the electrons during the Zn<sup>2+</sup> reaction, *F* is the Faraday constant, A is the surface area of the electrode, C is the concentration of Li<sup>+</sup>,  $\sigma$  is the slope obtained from the Z'~ $\omega^{-1/2}$  line. Thus the D value of Zn-PA@Zn||MnO<sub>2</sub> cell was calculated to be 6.99×10<sup>-10</sup> cm<sup>2</sup> s<sup>-1</sup>, whereas the value for bare Zn||MnO<sub>2</sub> cell was 2.41×10<sup>-11</sup> cm<sup>2</sup> s<sup>-1</sup>.



Fig. S23 Charge-discharge profiles of (a) Zn-PA@Zn $MnO_2$  and (b) bare Zn $MnO_2$  cells at

different current densities.



Fig. S24 Digital photos of the elastic PAM gel electrolyte, showing the splendid elasticity.



Fig. S25 Digital photos of a ZIB cell powering an electronic watchband under (a) flat, (b) bending

90° and (c) bending 180° conditions.



Fig. S26 LED display screen before connection with the ZIB cells.

Electrode or	Current density	Average CE	CPC	Reference
electrolyte	$(mA cm^{-2})$	(%)	(mAh cm <sup>-2</sup> )	
Zn-PA@Zn	2	99.9	800	This work
ZnO-3D@Zn	2	99.5	150	2
ZnS@Zn	2	99.2	200	3
$Zn(ClO_4)_2 \cdot 6H_2$	0.5	98.4	45	4
O electrolyte				
Zn(TFSI) <sub>2</sub> -	0.5	99.9	175	5
TFEP@MOF@				
Zn				
Antisolvents	1	99.7	450	6
Glucose	1	97.2	100	7
Additive				
CNG@Zn	0.5	99.4	150	8

 Table S1 The comparison of CPC and average CE with other reported literatures.

Electrode or	Current density	Areal capacity	CPC	Reference
electrolyte	$(mA cm^{-2})$	per cycle	$(Ah \text{ cm}^{-2})$	
		$(mAh cm^{-2})$		
Zn-PA@Zn	5	1.25	1.25	This work
ZnO-3D@Zn	5	1.25	1.25	2
TiO <sub>2</sub> @Zn	2	2	0.28	9
Kaolin@Zn	4.4	1.1	1.76	10
Polyamide@Zn	0.5	0.25	2	11
ZnS@Zn	2	2	1.1	3
CNG@Zn	1	0.5	1.5	8
Zn(OTF) <sub>2</sub> -	0.5	0.5	0.3	12
$Zn(NO_3)_2$				
electrolyte				
Polyimide@Zn	4	2	1.7	13
Zn <sub>3</sub> (PO <sub>4</sub> ) <sub>2</sub> @Zn	0.5	99.4	150	14

**Table S2** The CPC comparison of Zn-PA@Zn symmetric cell with other reported literature.

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