

Table S1: Mathematical equations with the importance of Geo-environmental and ecological indices.

Geo-environmental indices	Indices	Mathematical equations	Classifications	Contamination degree	References
Geo-environmental indices	Geo-accumulation index (I_{geo})	$I_{geo} = \log_2 \left(\frac{C_n}{1.5 \times B_n} \right)$ Where, C_n is the measured elemental concentration in sediment and B_n is the background heavy metal concentrations	$I_{geo} < 0$	Practically uncontaminated	Müller (1979); Kumar et al. (2022); Kumar et al. (2021)
			$0 \leq I_{geo} < 1$	Uncontaminated to moderately contaminated	
			$1 \leq I_{geo} < 2$	Moderately contaminated	
			$2 \leq I_{geo} < 3$	Moderately to heavily contaminated	
			$3 \leq I_{geo} < 4$	Heavily contaminated	
			$4 \leq I_{geo} < 5$	Heavily to extremely contaminated	
			$I_{geo} \geq 5$	Extremely contaminated	
Contamination factor (CF)		$CF_{metals} = \frac{C_n}{B_n}$ Where, C_n and B_n are the measured and background elemental concentrations in sediment respectively	$CF < 1$ $1 \leq CF < 3$ $3 \leq CF < 6$ $CF \geq 6$	Low contamination Moderate contamination Considerable contamination Very high contamination	Hakanson (1980); Kumar et al. (2022); Kumar et al. (2021)
Degree of contamination (C_d)		$C_d = \sum_{i=1}^n CF_i$ where, CF is the contamination factor	$C_d < 8$ $8 \leq C_d < 16$ $16 \leq C_d < 32$ $C_d \geq 32$	Low contamination Moderate contamination Considerable contamination Very high contamination	Kumar et al. (2022); Hakanson (1980)
Modified degree of contamination (mC_d)		$mC_d = \frac{1}{n} \sum_{i=1}^n CF_i$ where, CF is the contamination factor	$mC_d < 1.5$ $1.5 \leq mC_d < 2$ $2 \leq mC_d < 4$ $4 \leq mC_d < 8$ $8 \leq mC_d < 16$ $16 \leq mC_d < 32$ $mC_d > 32$	Nil to very low contamination Low contamination Moderate contamination High contamination Very high contamination Extremely high contamination Ultra high contamination	Abraham and Parker (2008); Kumar et al. (2021); Kumar et al. (2022)
Enrichment factor (EF)		$EF = \frac{(C_n/Al)_{sample}}{(C_n/Al)_{background}}$ Where, C_n is the measured elemental concentration in sediment and B_n is the background heavy metal concentrations	$EF = 1$ $1 \leq EF < 1.5$ $1.5 \leq EF < 3$ $3 \leq EF < 5$ $5 \leq EF < 10$ $EF > 10$	Baseline data Possible anthropogenic origin Minor enrichment Moderate enrichment Severe modification Very severe modification	Tamim et al. (2016); Kumar et al. (2022); Islam et al. (2017)
Pollution load index (PLI)		$PLI = \sqrt[n]{CF_1 \times CF_2 \times \dots \times CF_n}$ where, CF is the contamination factor	$PLI = 0$ $PLI < 1$ $PLI > 1$	Perfection Baseline level Contaminated	Kumar et al. (2022); Kumar et al. (2021)

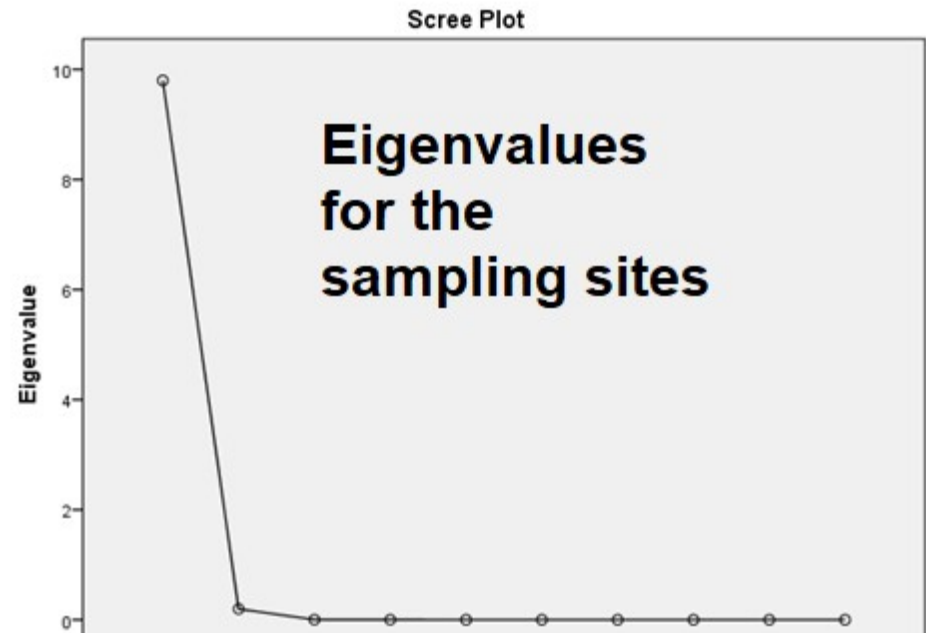
Sediment quality guideline based indices	Mean ERM Quotient ($M-ERM-Q$)	$M-ERM-Q = \frac{\sum_{i=1}^n \frac{C_i}{ERM_i}}{n}$ <p>where, C_i is the concentration of element i, ERM_i is the ERM values for the element i and n is the number of element</p>	<p>$M-ERM-Q < 0.1$ $0.11 \leq M-ERM-Q < 0.5$ $0.51 \leq M-ERM-Q < 1.5$ $M-ERM-Q > 1.5$</p>	<p>9% probability of toxicity 21% probability of toxicity 49% probability of toxicity 76% probability of toxicity</p>	<p>Long et al. (2000); Islam et al. (2017)</p>
	Toxic Unit analysis (TU)	$TU = \frac{C_M}{PEL}$ <p>where, C_M is the concentration of heavy metal and PEL is the probable effect level.</p> $\sum TU_s = TU_{metal1} + TU_{metal2} + TU_{metal3} \dots \dots \dots + TU_{metaln}$ <p>where, $\sum TU_s$ is the sum of toxic units for metals in sediments</p>	<p>$\sum TU_s < 4$ $4 \leq \sum TU_s \leq 6$ $\sum TU_s > 6$</p>	<p>Low toxicity level Moderate toxicity level Heavy toxicity level</p>	<p>Islam et al. (2020); Kumar et al. (2021)</p>
Ecological indices	Environmental Toxicity Quotient (ETQ)	$ETQ = \frac{\sum_{i=1}^n TS_i \times C_i / TS_{As}}{n}$ <p>where, C_i is the concentration of element i, and n is the number of analyzed elements. TS_i is the total score of each element and TS_{As} is the total score of arsenic published by Agency for Toxic Substances and Disease Registry (ASTDR). The ASTDR provided scores for each element are As = 1674, Pb = 1531, Cd = 1320, Co = 1013, Ni = 996, Zn = 915, Cr = 895, Cu = 807</p>	<p>$ETQ < 10$ $10 \leq ETQ \leq 50$ $50 \leq ETQ \leq 100$ $100 \leq ETQ \leq 300$ $ETQ > 300$</p>	<p>Low toxicity level Moderate toxicity level High toxicity level Very High toxicity level Extremely High toxicity level</p>	<p>Maftei et al. (2019); Ali et al. (2018); ASTDR (2017)</p>
	Potential ecological risk factor (Er^i)	$Er^i = Tr^i \times CF^i$ <p>where, Tr^i is the biological toxic metal response factor (Cr=2, Mn=1, Zn=1, As=10, and Sb=10; Islam et al. 2017) and CF is the contamination factor</p>	<p>$Er^i < 40$ $40 \leq Er^i < 80$ $80 \leq Er^i < 160$ $160 \leq Er^i < 320$ $Er^i > 320$</p>	<p>Low risk Moderate risk Considerable risk High risk Very high risk</p>	<p>Islam et al. (2017); Khan et al. (2020); Hakanson (1980)</p>
Potential ecological risk index (RI)	$RI = \sum_{i=1}^n Er^i$ <p>where, Er^i is the potential ecological risk factor</p>	<p>$RI < 150$ $150 \leq RI < 300$ $300 \leq RI < 600$ $RI \geq 600$</p>	<p>Low risk Moderate risk Considerable risk High risk</p>	<p>Islam et al. (2020); Khan et al. (2020)</p>	

Table S2: Health risk assessment factors including reference values.

	Unit	Value	Metal(oid)s	R _f D _{dermal} (mg.kg ⁻¹ .day ⁻¹)	SF _{dermal} (mg.kg ⁻¹ .day ⁻¹)	References
Exposure frequency (EF)	d/yr	350	Cr	3.00E-03	5.00E-01	Maftai et al. (2019)
Exposure duration (ED)	yr	30	Mn	1.84E-03		Kusin et al. (2018)
Body average weight (BW)	kg	70	Co	2.00E-02		Ferreira-Baptista & De Miguel, (2005)
Average day (AT)	days	10950	Zn	3.00E-01		Kusin et al. (2018)
Skin surface area (SA)	cm ²	5700	As	3.00E-04	1.50E+00	Kusin et al. (2018)
Adherence factor (AF)	mg/cm ²	0.07	Sb	8.00E-06		Kusin et al. (2018)
Dermal absorption factor (ABS)	n/a	0.001	Ba	4.90E-03		Ferreira-Baptista & De Miguel, (2005)
Conversion factor (CF)	kg/mg	1.00E-06	U	5.10E-04		Ferreira-Baptista & De Miguel, (2005)

Table S3: Varimax rotated principal component analysis of elemental variables in Teesta River, Bangladesh. Significant values are in bold face.

Elements	Principal Components			Sampling site	PC1
	PC1	PC2	PC3		
Na	.155	.088	.926	T1	.975
Al	.677	-.006	-.046	T2	.982
K	.941	-.044	.271	T3	.999
Ti	.617	.378	-.322	T4	.999
Cr	.901	.350	.103	T5	.998
Mn	-.185	.728	-.220	T6	.997
Co	.964	.131	.154	T7	.959
Zn	.884	.210	.037	T8	.993
As	.881	.069	-.081	T9	.998
Rb	.961	.026	.222	T10	.999
Sb	.723	-.167	-.314		
Cs	.961	.018	.180		
Ba	.948	.077	.223		
Th	.064	.930	.223		
U	.404	.828	.182		



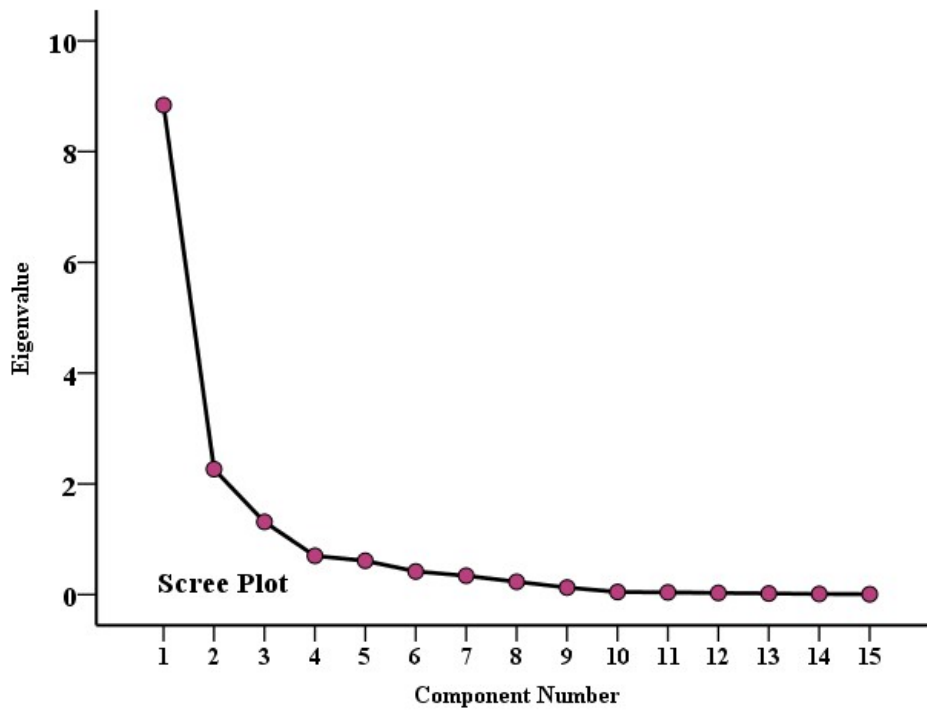
Eigenvalues	8.52	2.456	1.44	9.80
% of Variance	56.801	16.372	9.597	98.01
Cumulative %	56.801	73.173	82.770	98.01

Table S4: Correlations among the analyzed parameters for Teesta River sediment, Bangladesh.

	Na	Al	K	Ti	Cr	Mn	Co	Zn	As	Rb	Sb	Cs	Ba	Th	U
Na	1														
Al	.109	1													
K	.395*	.630**	1												
Ti	-.063	.501**	.451*	1											
Cr	.230	.580**	.862**	.621**	1										
Mn	-.113	-.099	-.180	.076	.072	1									
Co	.290	.615**	.946**	.551**	.936**	-.093	1								
Zn	.166	.469**	.804**	.565**	.902**	-.004	.906**	1							
As	.068	.522**	.810**	.550**	.793**	-.042	.847**	.773**	1						
Rb	.356	.641**	.984**	.534**	.895**	-.173	.959**	.831**	.833**	1					
Sb	-.128	.391*	.589**	.405*	.511**	-.202	.635**	.566**	.581**	.608**	1				
Cs	.282	.568**	.964**	.496**	.901**	-.186	.961**	.868**	.837**	.976**	.629**	1			
Ba	.321	.597**	.950**	.508**	.915**	-.169	.960**	.891**	.801**	.961**	.579**	.961**	1		
Th	.270	.010	.048	.330	.397*	.477**	.218	.245	.075	.122	-.118	.114	.185	1	
U	.267	.264	.370*	.472**	.654**	.354	.515**	.499**	.384*	.439*	.176	.439*	.484**	.886**	1

**Correlation is significant at the 0.01 level (2-tailed).

*Correlation is significant at the 0.05 level (2-tailed)



Component Plot in Rotated Space

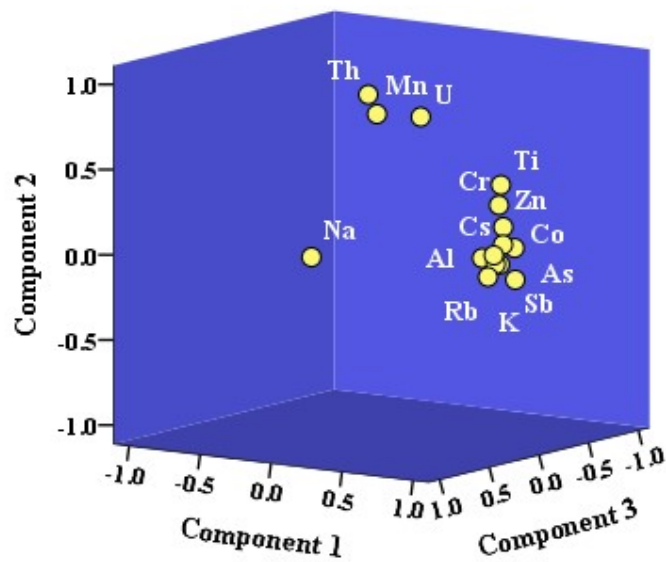


Fig. S1: Principal component analysis of the analyzed trace metal(oid)s by scree plot of the characteristic roots (eigenvalues) and component plot in rotated space.

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