

1 **Supplementary data**

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3 **Supplementary Figure S1. LC-low resolution-MS analyses of compound (I).**

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5 (A) Liquid chromatography-MS-TOF findings in total positive ion mode (upper) and UV absorbance
6 at 254 nm (lower) of purified compound I. (B) Average mass spectrum from 12.939 to 13.489 min in
7 chromatogram shown in (A). (C) LC-MS-TOF findings in total negative ion mode (upper) and UV
8 absorbance at 254 nm (lower) of purified compound I. (D) Average mass spectrum from 13.222 to
9 13.603 in chromatogram shown in (C). These results were obtained before those shown in Figure 4.
10 These findings confirmed that peaks in compound I can be detected in positive and negative modes
11 and that the range of mass references for precise mass determination is 20–1,000.

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13 **Supplementary Figure S2. Replotted data of *Per2* and *Bmal1* oscillation in A9 cells.**

14 Data shown in Figure 6 plotted against time show oscillation profiles of *Per2* and *Bmal1* genes in A9
15 cells incubated without (control, ethanol; A) and with (B) hydroxy- β -sanshool (9 $\mu\text{g}/\text{mL}$).

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17 **Supplementary Figure S3. Comparison of effects of hydroxy- α -sanshool and hydroxy- β -
18 sanshool on circadian rhythmicity.**

19 A9 cells harbouring *Bmal1*-SLR and *Per2*-Eluc promoter-reporters were incubated with various
20 concentrations of authentic hydroxy- α -sanshool and hydroxy- β -sanshool, then period lengths of
21 both genes were determined at each concentration. (A) and (B) respectively summarize the period
22 lengths of *Per2* and *Bmal1*. Period was shortened by hydroxy- β -sanshool, but not hydroxy- α -
23 sanshool. C, control (ethanol); A2, and A10, hydroxy- α -sanshool 2 and 10 $\mu\text{g}/\text{mL}$, respectively;
24 B2 and B10, hydroxy- β -sanshool 2 and 10 $\mu\text{g}/\text{mL}$, respectively.