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## **Supplementary materials**

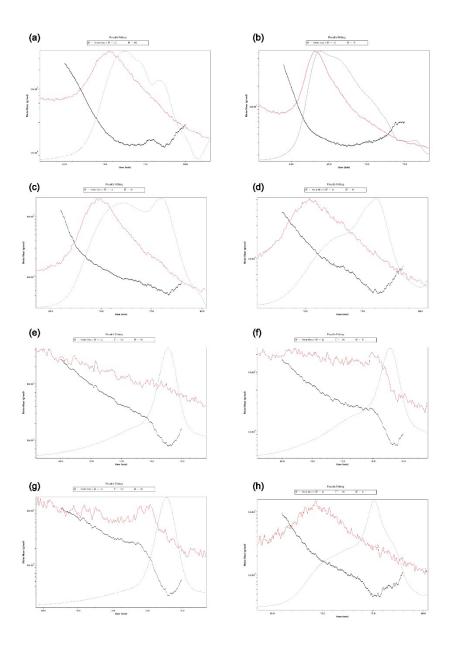


Figure S1. Changes of high-performance size exclusion chromatograms of SGPs (a. SGP, b. SGP-S, c. SGP-G, d. SGP-I, e. SGPI-6 h, f. SGPI-12 h, g. SGPI-24 h, h. SGPI-48 h)

SGP-S, saliva digestion; SGP-G, saliva-gastric digestion; SGP-I, saliva-gastrointestinal digestion, respectively. SGPI-6 h, SGPI-12 h, SGPI-24 h, and SGPI-48 h, SGP-I after *in*vitro fermentation by human fecal microbiota for 6, 12, 24, and 48 h, respectively.

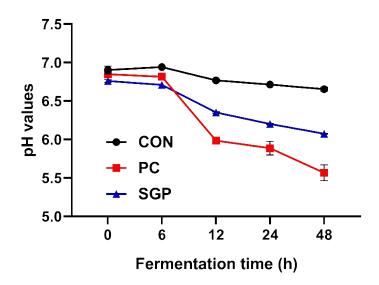


Figure S2. pH value at different time points in vitro fermentation