



**Supplementary Figure 1.** Flow chart of participants in the Tongji Maternal and Child Health cohort and in the present study.

**Supplementary Table 1.** Maternal yogurt consumption and the risk of infantile eczema between 0~3 and 3~6 months of age among whose mother with neither history of allergy nor smoking habits.

	Eczema 0~3 months			Eczema 3~6 months		
	N	Adjusted <sup>a</sup> RR (95% CI)	P value	N	Adjusted <sup>a</sup> RR (95% CI)	P value
<b>Yogurt</b>						
No intake	561(40)	(Reference)		506(28)	(Reference)	
Any intake	1557(117)	1.05(0.73, 1.51)	0.802	1387(47)	0.54(0.34, 0.87)	0.011
<b>Intake frequencies</b>						
Per 1 times/week increment	2118(157)	1.01(0.99, 1.02)	0.442	1893(75)	0.97(0.95, 0.99)	0.017
None	561(40)	(Reference)		506(28)	(Reference)	

~3 times/week	764(54)	0.99(0.66, 1.50)	0.961	674(25)	0.62(0.36, 1.06)	0.082
>3 times/week	793(63)	1.10(0.74, 1.65)	0.628	713(22)	0.47(0.27, 0.83)	0.009
<i>P</i> for trend			0.547			0.020
Intake volume						
Per 10 g/day	2118(157)	1.01(0.99, 1.03)	0.312	1893(75)	0.96(0.93, 1.00)	0.035
increment						
None	561(40)	(Reference)		506(28)	(Reference)	
~50 g/day	478(35)	1.02(0.65, 1.61)	0.933	426(16)	0.65(0.35, 1.22)	0.180
>50 g/day	1079(82)	1.06(0.72, 1.55)	0.765	961(31)	0.50(0.30, 0.83)	0.008
<i>P</i> for trend			0.753			0.013

Abbreviations: CI, confidence interval; RR, rate ratios.

Note: The RR (95% CI) and *P* values generated from Poisson regression models.

<sup>a</sup>Adjusted for maternal age, pre-pregnancy BMI, average personal income, education attainment, birth mode, infant's sex, birth weight, birth seasons, full breastfeeding duration and probiotics supplementation.

**Supplementary Table 2.** Maternal yogurt consumption and the risk of infantile any eczema, recurrent eczema in first 6

months of age among whose mother with neither history of allergy nor smoking habits.

□	Any eczema			□	Recurrent eczema		
	N	Adjusted <sup>a</sup> RR (95% CI)	P value		N	Adjusted <sup>a</sup> RR (95% CI)	P value
<b>Yogurt</b>							
No intake	506(52)	(Reference)			506(11)	(Reference)	
Any intake	1387(143)	0.99(0.72, 1.37)	0.956	1387(14)	0.41(0.18, 0.91)	0.029	
<b>Intake frequencies</b>							
Per 1 times/week	1893(195)	1.00(0.99, 1.01)	0.983	1893(25)	0.96(0.93, 1.00)	0.057	
<b>increment</b>							
None	506(52)	(Reference)		506(11)	(Reference)		
~3 times/week	674(70)	1.01(0.70, 1.45)	0.963	674(7)	0.44(0.17, 1.17)	0.100	
>3 times/week	713(73)	0.97(0.68, 1.40)	0.887	713(7)	0.38(0.14, 0.99)	0.047	
<i>P</i> for trend			0.851				0.087
<b>Intake volume</b>							
Per 10 g/day	1893(195)	1.01(0.99, 1.02)	0.540	1893(25)	0.93(0.86, 1.00)	0.040	
<b>increment</b>							
None	506(52)	(Reference)		506(11)	(Reference)		
~50 g/day	426(43)	0.97(0.66, 1.49)	0.956	426(6)	0.65(0.23, 1.81)	0.410	
>50 g/day	961(100)	0.99(0.71, 1.39)	0.963	961(8)	0.32(0.13, 0.80)	0.015	
<i>P</i> for trend			0.975				0.017

Abbreviations: CI, confidence interval; RR, rate ratios.

Note: The RR (95% CI) and *P* values generated from Poisson regression models.

<sup>a</sup>Adjusted for maternal age, pre-pregnancy BMI, average personal income, education attainment, birth mode, infant's sex, birth weight, birth seasons, full breastfeeding duration and probiotics supplementation.