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Supplementary Information

Isoquercitrin from *Apocynum venetum* L produces anti-obesity effect for obese mice by targeting C-1tetrahydrofolate synthase, carbonyl reductase, and glutathione S-transferase P and modification of AMPK/SREBP-1c/FAS/CD36 signaling pathway in mice *in vivo*

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Supplementary Tables

Table S1. Effect of Isoquercitrin on blood biochemical parameters of obese mice					
Groups	ALT (U/L)	AST (U/L)	TG (mmol/L)	TC (mmol/L)	Glu (mmol/L)
ND	44.92 ± 2.56	104.10 ± 6.56	1.49 ± 0.11	4.73 ± 0.20	3.40 ± 0.22
HFD	52.27 ± 1.83 [#]	$124.24 \pm 4.51^{\#}$	$2.22 \pm 0.11^{\#\#}$	$8.70 \pm 0.46^{\#\#\#}$	$7.45\pm0.89^{\#}$
HFD + 140 mg/kg Metformin	$43.05 \pm 1.96^{**}$	$99.65 \pm 7.22^{*}$	1.98 ± 0.18	$\boldsymbol{6.98 \pm 0.63^*}$	$4.06\pm0.69^{\ast}$
HFD + 0.1 mg/kg Isoquercitrin	58.74 ± 3.83	118.56 ± 6.87	$1.71\pm0.11^{\ast}$	8.66 ± 0.41	7.06 ± 0.33
HFD + 5 mg/kg Isoquercitrin	$40.69 \pm 1.75^{***}$	$102.17 \pm 7.07^{*}$	1.62± 0.03**	$\boldsymbol{6.42 \pm 0.70^{*}}$	$4.45\pm0.37^{\ast}$

ND: normal diet; HFD: high-fat diet; ALT: alanine aminotransferase; AST: aspartate aminotransferase; TG: triglyceride; TC: total cholesterol; GLU: glucose. Numbers of mice in each group are eight. #, ## and ### represent the difference between ND group and HFD group. *, **, and *** represent the difference between HFD group and treatment groups.

Groups	Liver	Spleen	Kidney	Heart	Epididymal Fat
ND	1.45 ± 0.04	0.09 ± 0.01	0.58 ± 0.02	0.21 ± 0.02	1.02 ± 0.15
HFD	$2.4 \pm 0.12^{\#\#\#}$	0.11 ± 0.01	$0.68\pm0.04^{\#}$	0.22 ± 0.02	$2.36 \pm 0.16^{\text{\#\#\#}}$
HFD + 140 mg/kg Metformin	$1.88 \pm 0.10^{**}$	0.11 ± 0.03	$0.57\pm0.03^{\ast}$	0.18 ± 0.01	$1.07 \pm 0.25^{***}$
HFD + 5 mg/kg AV	$1.81 \pm 0.11^{**}$	0.10 ± 0.01	$0.57\pm0.02^{\ast}$	0.19 ± 0.01	$1.62 \pm 0.25^{*}$
HFD + 0.1 mg/kg Isoquercitrin	2.06 ± 0.12	0.11 ± 0.01	0.66 ± 0.03	0.22 ± 0.01	1.90 ± 0.25
HFD + 0.5 mg/kg Isoquercitrin	$1.60 \pm 0.07^{***}$	0.09 ± 0.00	0.60 ± 0.02	$0.17\pm0.01^{\ast}$	$1.46 \pm 0.19^{**}$
HFD + 5 mg/kg Isoquercitrin	$1.56 \pm 0.02^{***}$	$0.08 \pm 0.00^{**}$	$0.60\pm0.01^{\ast}$	$0.17\pm0.01^{\ast}$	$1.47 \pm 0.18^{\ast\ast}$

 Table S2 ·
 Effect of Isoquercitrin on the weight of individual organs of obese mice

ND: normal diet; HFD: high-fat diet; AV: *A. venetum* L. Numbers of mice in each group are eight. # and ### represent the difference between ND group and HFD group. *,** and *** represent the difference between HFD group and treatment groups.

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Groups	Liver	Spleen	Kidney	Heart	Epididymal Fat
ND	1.35 ± 0.04	0.09 ± 0.01	0.46 ± 0.03	0.18 ± 0.01	0.41 ± 0.07
HFD	$1.49\pm0.04^{\#}$	$0.12\pm0.01^{\#}$	$0.66 \pm 0.02^{\#\#}$	0.20 ± 0.01	$0.70 \pm 0.06^{\#\!\!\!/}$
HFD + 5 mg/kg Isoquercitrin	$1.36\pm0.04^{\ast}$	$0.09\pm0.00^{\ast}$	$0.45\pm0.03^{\ast}$	0.16 ± 0.01	$0.47\pm0.07^{\ast}$
HFD + 5 mg/kg Isoquercitrin + PF429242	1.47 ± 0.4	0.13 ± 0.01	0.59 ± 0.03	0.22 ± 0.01	0.74 ± 0.06
ND	1.25 ± 0.03	0.17 ± 0.01	0.50 ± 0.03	0.21 ± 0.00	0.48 ± 0.09
HFD	$2.27 \pm 0.18^{\# \# \#}$	0.16 ± 0.01	$0.69\pm0.06^{\#}$	0.21 ± 0.01	$1.49 \pm .05^{\# \# \#}$
HFD + 5 mg/kg Isoquercitrin	$1.12 \pm 0.09^{***}$	$0.08 \pm 0.00^{***}$	$0.46 \pm 0.02^{**}$	$0.17 \pm 0.00^{**}$	$0.62 \pm .08^{***}$
HFD + 5 mg/kg Isoquercitrin + Compound C	2.12 ± 0.09	0.12 ± 0.01	0.55 ± 0.03	0.18 ± 0.01	1.34 ± 0.16

Table S3 · Effect of SREBP-1c and AMPK inhibitors on the weight of individual organs of obese mice

ND: normal diet; HFD: high-fat diet. Numbers of mice in each group are six. # and ## represent the difference between ND group and HFD group. * represents the difference between HFD group and treatment groups.

Gene	Species	Sequences
SREBP-1C	mouse	sense: 5'-GCG CTA CCG GTC TTC TAT CA- 3'
	mouse	anti-sense: 5'-TGC TGC CAA AAG ACA AGG G-3'
FAS	mouse	sense: 5'-GAT CCT GGA ACG AGA ACA C- 3'
	mouse	anti-sense: 5'-AGA CTG TGG AAC ACG GTG GT-3'
SCD1	mouse	sense: 5'-CGA GGG TTG GTT GTT GAT CTG T- 3'
	mouse	anti-sense: 5'-ATA GCA CTG TTG GCC CTG GA-3'
CD36	mouse	sense: 5'-TCC TCT GAC ATT TGC AGG TCT ATC- 3'
	mouse	anti-sense: 5'-GTG AAT CCA GTT ATG GGT TCC AC-3'
GLUT1	mouse	sense: 5'-GTT TCA CAG CCC GCA CAG CTT GA-3'
	mouse	anti-sense: 5'-GCC CCT CCC ACG GCC AAC ATA-3'
GLUT2	mouse	sense: 5'-CAT CCA TCT TCC TCT TTG TCT G-3'
	mouse	anti-sense: 5'-GAT TTT CCT TTG GTT TCT GG-3'
GLUT4	mouse	sense: 5'-CCT GCC CGA AAG AGT CTA AAG C-3'
	mouse	anti-sense: 5'-ACT AAG AGC ACC GAG ACC AAC G-3'
188 RNA	mouse	sense: 5'-TAA CCC GTT GAA CCC CAT T-3'
	mouse	anti-sense: 5'-CCA TCC AAT CGG TAG TAG CG-3'

Table S4. Primers sequence in RT-PCR analysis of this study

Supplementary Figures



Supplementary Figure 1. Original western blot analysis of Figure 3C. Original western blot of AMPK, phospholation-AMPK and GAPDH.



Supplementary Figure 2. Original western blot analysis of Figure 9. Original western blot results of MTHFD1 (a), CBDR1 (b), GSTP1 (c) and β -actin (d) in Hela cells for Figure 9A, 9B and 9C, respectively. Original western blot results of MTHFD1 (a), CBDR1 (b) GSTP1 (c) and β -actin (d) in mice livers for Figure 9D, 9E and 9C, respectively



Supplementary Figure 3. The ¹H NMR spectrum of isoquercitrin from Apocynum venetum L