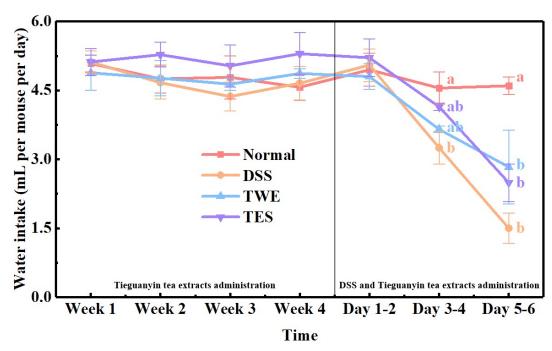
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Supplementary material:

Figure S1: Daily water intake of each group from week1-4 and every two days of week 5.