## Spruce Bark Stilbenes as a Nature-inspired Sun Blocker for Sunscreens

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**Fig. S1.** Photographs of the original non-modified finished sunscreen lotion (base-L, left 1), SPF 15-L (left 2), SPF 30-L (left 3), and SPF 15-B (left 4).

	composition	%
	AQUA (WATER)	
	GLYCERIN	
water phase (B)	BETULA ALBA (BIRCH) JUICE	
	HUMECTANTS	
	PRESERVATIVES, CHELATING AGENTS	
	XANTHAN GUM	
	CETEARYL ALCOHOL	
	CETYL PALMITATE	
	SODIUM STEAROYL GLUTAMATE	
oil phase (C)	HYDROXYETHYL ACRYLATE/SODIUM ACRYLOYLDIMETHYL TAURATE COPOLYMER	
	PHENOXYETHYL CAPRYLATE	
	DIMETHICONE	
	OTHER OIL SOLUBLE INGREDIENTS	
water phase (A)	SPRUCE BARK EXTRACT	
	HEAT SENSITIVE CARING INGREDIENTS + OTHER ADDITIVES	ca. 19 %
nH adjustment	NaOH	pH 6.8-
		1.2

 Table S1. The product ingredients of sunscreen E-II-1% and E-II-2%.



**Fig. S2.** 1) The HPLC chromatogram (30 - 70 min) from spruce bark extract and standard compounds (black = spruce bark extract, red = astringin, blue = polydatin and green = isorhapontin) at wavelength of 320 nm; 2) The HPLC chromatogram from spruce bark extract at wavelength of 210 nm with collected fractions for further chemical profile study using the **column set I (Table S2)**.

**Table S2**. Summarized retention time of the semi-preparative scale purification and HPLC-DAD-MS analysis. The analysts elute out in a relative manner although the column size is different. \* refers to approximated values.

	semi-preparative		HPLC-DAD-MS analytical	
Fraction	Retention time (min)	Column set I	Retention time (min)*	Column set II
1	6.00 - 11.00	semi-preparative	1.5-2.50	analytical
2	30.00 - 40.00	Luna <sup>®</sup> Omega 5	4.00-7.50	Phenomenex
3	40.01 - 42.50	μm PS C18 100 Å	20.50-21.50	Luna <sup>®</sup> Omega 5 µm
4	44.90 - 50. 00	(250 x 10 mm)	-	PS C18 100 Å (150x
5	53.50 - 55.50	column and	25.00-25.50	2.1 mm) column
6	58.20 - 61.80	Kinetex <sup>®</sup> 5 μm	26.50-27.50	and Kinetex <sup>®</sup> 5 µm
7	65.00 - 72.50	Biphenyl 100 Å	28.50-32.00	Biphenyl 100 Å
8	77.50 - 87.50	(250 x 10 mm)	38.50-40.00	(150 x 2.1 mm)
9	113.50- 117.50	column	105.00-110.50	coiumn



**Fig. S3**. a) The UV-vis spectra of polydatin solutions of various concentrations: 4, 6.2, 7.6, 10 and 11.6  $\mu$ g/mL; b) Calibration curve for quantification of polydatin based on its absorption intensity at 320 nm; c) UV absorption spectra, measured with a Shimadzu UV-2550 spectrophotometer (Kyoto, Japan), of authentic piceatannol, polydatin together with Spruce bark Ethanol 60 v-% extract.



**Fig. S4**. The effect of the solvent (Ethanol 60 v-% and water) and temperature (45, 60 and 75 °C) on the overall yield of UAE extraction (E) and stilbene-like compounds (S). The extraction time was constant (i.e. 20 min). One independent experiment was performed.



**Fig. S5.** The stability test of extracts (T 45 °C) that were prepared both freshly (0-week, one independent experiment) and 6 weeks (two independent experiments). UV-vis spectroscopy (at wavelength number of 320 nm) was applied here for the quantitation of the stilbene-like compounds.

H-2'         7.06 (s)         7.22 (d, 1.51)         7.42 (d, 8.29)           H-8         7.11 (d, 16.3)         7.11 (d, 16.3)         7.11 (d, 16.28)           H-6'         equivalent to H-2'         6.99 (m)         equivalent to H-2'           H-7         6.93 (d, 24.0)         6.93 (d, 24.0)         6.93 (d, 16.41)           H-5'         6.85 (d, 9.31)         6.85 (d, 9.31)         6.85 (d, 8.21)           H-3'         equivalent to H-5'         —         equivalent to H-5'           H-2         6.83 (s)         6.83 (s)         6.82 (s)           H-6         6.69 (s)         6.69 (s)         6.69 (s)           H-4         6.50 (t)         6.50 (t)         4.97 (d, 7.26)           CH <sub>3</sub> O         —         3.81         —           OH-2"         5.58         5.58         5.59           OH-4"         5.3         5.3         5.29           OH-4"         5.3         5.3         5.29           OH-6"         4.88         4.89         4.89           H-6"a         3.82         3.82         3.86 (m)           H-6"b         3.54         3.45         3.46 (m)           H-2"         3.36 (m)         3.36 (m)         3.36 (m) <th></th> <th>Actringin 1</th> <th>Icorbanantin 2</th> <th>Doludatin 2</th>		Actringin 1	Icorbanantin 2	Doludatin 2
H-2       7.06 (s)       7.22 (0, 1.51)       7.42 (0, 8.23)         H-8       7.11 (d, 16.3)       7.11 (d, 16.28)       7.11 (d, 16.28)         H-6'       equivalent to H-2'       6.99 (m)       equivalent to H-2'         H-7       6.93 (d, 24.0)       6.93 (d, 24.0)       6.93 (d, 16.41)         H-5'       6.85 (d, 9.31)       6.85 (d, 9.31)       6.85 (d, 8.21)         H-3'       equivalent to H-5'       -       equivalent to H-5'         H-2       6.83 (s)       6.69 (s)       6.69 (s)         H-4       6.50 (t)       6.50 (t)       6.50 (s)         H-4       9.60 (t)       6.50 (t)       6.50 (s)         H-1"       4.96 (7.46)       4.96 (7.46)       4.97 (d, 7.26)         CH <sub>3</sub> O       -       3.81       -       -         OH-2"       5.58       5.58       5.59       0.59         OH-4"       5.3       5.3       5.29       -         OH-4"       5.3       5.3       5.29       -         OH-4"       5.3       5.3       3.29       3.31 (m)         H-6"a       3.82       3.82       3.86 (m)       -         H-6"b       3.54       3.36 (m)       3.36 (m)       - </td <td>11.2/</td> <td></td> <td></td> <td></td>	11.2/			
H-8       7.11 (0, 16.3)       7.11 (0, 16.2)       7.11 (0, 16.2)         H-6'       equivalent to H-2'       6.99 (m)       equivalent to H-2'         H-7       6.93 (d, 24.0)       6.93 (d, 24.0)       6.93 (d, 16.41)         H-5'       6.85 (d, 9.31)       6.85 (d, 9.31)       6.85 (d, 9.31)         H-3'       equivalent to H-5'       —       equivalent to H-5'         H-2       6.83 (s)       6.69 (s)       6.69 (s)         H-4       6.50 (t)       6.50 (t)       6.50 (s)         H-4       6.50 (t)       6.50 (s)       6.69 (s)         H-4       6.50 (t)       6.50 (s)       4.97 (d, 7.26)         CH <sub>3</sub> O       —       3.81       —         OH-2"       5.58       5.58       5.59         OH-4"       5.3       5.3       5.29         OH-4"       5.3       5.3       5.29         OH-4"       5.3       5.4       3.63 (m)         H-6"a       3.82       3.82       3.86 (m)         H-6"b       3.54       3.54       3.63 (m)         H-4"       3.33 (m)       3.33 (m)       3.33 (m)         C-3       159.1       159.1       159.1         C-5	H-Z	7.06 (S)	7.22 (d, 1.51)	7.42 (0, 8.29)
H-6equivalent to H-26.93 (d, 24.0)6.93 (d, 24.0)6.93 (d, 16.41)H-7 $6.85 (d, 9.31)$ $6.85 (d, 9.31)$ $6.85 (d, 8.21)$ H-3'equivalent to H-5'-equivalent to H-5'H-2 $6.83 (s)$ $6.83 (s)$ $6.82 (s)$ H-6 $6.69 (s)$ $6.69 (s)$ $6.69 (s)$ H-4 $6.50 (t)$ $6.50 (t)$ $6.50 (s)$ H-1'' $4.96 (7.46)$ $4.96 (7.46)$ $4.97 (d, 7.26)$ CH3O- $3.81$ -OH-2'' $5.58$ $5.58$ $5.59$ OH-3'' $5.39$ $5.37$ OH-4'' $5.3$ $5.3$ $5.29$ OH-6'' $4.88$ $4.88$ $4.89$ H-6''a $3.82$ $3.82$ $3.86 (m)$ H-6''a $3.45$ $3.45$ $3.46 (m)$ H-7'' $3.45$ $3.45$ $3.46 (m)$ H-8''' $3.342$ $3.42$ $3.41 (m)$ H-2'' $3.36 (m)$ $3.36 (m)$ $3.36 (m)$ H-4'' $3.33 (m)$ $3.33 (m)$ $3.33 (m)$ C-3 $159.1$ $159.1$ $159.1$ C-5 $158.6$ $158.6$ $158.6$ C-4' $145.9$ $146.9$ $157.5$ C-1' $139.5$ $139.5$ $139.5$ C-1 $128.6$ $128.6$ $128.6$ C-4' $145.9$ $120.4$ $127.9$ C-2' $113.5$ $110.1$ same as C6'C-3' $145.7$ $148.1$ $115.6$ C-5' $115.9$ $115.7$ same as C3'C	H-8	7.11 (0, 16.3)	7.11 (0, 16.3)	7.11 (0, 16.28)
H-76.93 (d, 24.0)6.93 (d, 24.0)6.93 (d, 16.41)H-5' $6.85 (d, 9.31)$ 6.85 (d, 9.31)6.85 (d, 8.21)H-3'equivalent to H-5' $-$ equivalent to H-5'H-26.83 (s)6.69 (s)6.69 (s)H-46.50 (t)6.50 (t)6.50 (s)H-46.50 (t)6.50 (t)6.50 (s)H-1"4.96 (7.46)4.96 (7.46)4.97 (d, 7.26)CH303.81OH-2"5.585.585.59OH-3"5.395.37OH-4"5.35.35.29OH-6"4.884.884.89H-6"a3.823.823.86 (m)H-5"3.453.453.46 (m)H-3"3.423.423.41 (m)H-5"3.453.453.46 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6C-8129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1100.9100.9C-3'77.3<	H-0	equivalent to H-2	6.99 (m)	equivalent to H-2
H-S $6.85 (d, 9.31)$ $6.85 (d, 9.31)$ $6.85 (d, 9.31)$ H-3'equivalent to H-5'-equivalent to H-5'H-2 $6.83 (s)$ $6.69 (s)$ $6.69 (s)$ H-6 $6.69 (s)$ $6.69 (s)$ $6.69 (s)$ H-4 $6.50 (t)$ $6.50 (t)$ $6.50 (s)$ H-1'' $4.96 (7.46)$ $4.97 (d, 7.26)$ CH_3O- $3.81$ -OH-2'' $5.58$ $5.58$ $5.59$ OH-3'' $5.39$ $5.37$ OH-4'' $5.3$ $5.3$ $5.29$ OH-6'' $4.88$ $4.88$ $4.89$ H-6''a $3.82$ $3.82$ $3.86 (m)$ H-5'' $3.45$ $3.45$ $3.46 (m)$ H-5'' $3.45$ $3.45$ $3.46 (m)$ H-6''a $3.82$ $3.23 (m)$ $3.33 (m)$ H-6''a $3.82$ $3.45$ $3.46 (m)$ H-5'' $3.45$ $3.46 (m)$ H-5'' $3.35 (m)$ $3.36 (m)$ H-6''a $3.32 m$ $3.33 (m)$ H-6''a $3.32 (m)$ $3.33 (m)$ H-6''a $3.45$ $3.45$ H-6''a $3.45$ $3.45$ H-6''a $3.32 (m)$ $3.36 (m)$ H-6''a $3.32 (m)$ $3.36 (m)$ H-6''a $3.45$ $3.45$ H-6''a $3.45$ $3.45$ H-6''a $3.32 (m)$ $3.33 (m)$ H-6''a $3.42$ $3.42$ H-6''a $3.32 (m)$ $3.33 (m)$ H-6''a $3.45$ $3.45$ H-6''a $1.57$ $1.57$ <	H-/	6.93 (d, 24.0)	6.93 (d, 24.0)	6.93 (d, 16.41)
H-3       equivalent to H-5        equivalent to H-5         H-2       6.83 (s)       6.83 (s)       6.82 (s)         H-6       6.69 (s)       6.69 (s)       6.69 (s)         H-4       6.50 (t)       6.50 (t)       6.50 (s)         H-1"       4.96 (7.46)       4.97 (d, 7.26)       7.26)         CH <sub>3</sub> O        3.81          OH-2"       5.58       5.59       5.37         OH-4"       5.3       5.3       5.29         OH-6"       4.88       4.88       4.89         H-6"a       3.82       3.82       3.86 (m)         H-5"       3.45       3.46 (m)         H-5"       3.45       3.46 (m)         H-4"       3.33 (m)       3.33 (m)       3.33 (m)         H-4"       3.36 (m)       3.36 (m)       3.36 (m)         H-4"       3.33 (m)       3.33 (m)       3.33 (m)         C-3       159.1       159.1       159.1         C-5       158.6       158.6       128.6         C-4'       145.9       146.9       157.5         C-1       128.6       128.6       128.6         C-8       129.1       128	H-5	6.85 (0, 9.31)	6.85 (d, 9.31)	6.85 (0, 8.21)
H-2       6.83 (s)       6.83 (s)       6.82 (s)         H-6       6.69 (s)       6.69 (s)       6.69 (s)         H-4       6.50 (t)       6.50 (t)       6.50 (s)         H-1"       4.96 (7.46)       4.96 (7.46)       4.97 (d, 7.26)         CH <sub>3</sub> O       -       3.81       -         OH-2"       5.58       5.58       5.59         OH-3"       5.39       5.37         OH-4"       5.3       5.3       5.29         OH-6"       4.88       4.88       4.89         H-6"a       3.82       3.82       3.86 (m)         H-6"b       3.54       3.54       3.63 (m)         H-6"b       3.45       3.45       3.46 (m)         H-3"       3.42       3.42       3.41 (m)         H-2"       3.36 (m)       3.36 (m)       3.33 (m)         H-4"       3.33 (m)       3.33 (m)       3.33 (m)         C-5       158.6       158.6       158.6         C-4'       145.9       146.9       157.5         C-1       128.6       128.6       128.6         C-8       129.1       128.1       127.9         C-7       125.3       125.6 </td <td>H-3</td> <td>equivalent to H-5</td> <td>— ( 02 (-)</td> <td>equivalent to H-5</td>	H-3	equivalent to H-5	— ( 02 (-)	equivalent to H-5
H-66.69 (s)6.69 (s)6.69 (s)H-46.50 (t)6.50 (t)6.50 (s)H-1"4.96 (7.46)4.96 (7.46)4.97 (d, 7.26) $CH_3^0$ -3.81- $OH-2"$ 5.585.585.59 $OH-3"$ 5.395.395.37 $OH-4"$ 5.35.35.29 $OH-6"$ 4.884.884.89 $H-6"a$ 3.823.823.86 (m) $H-6"b$ 3.543.543.63 (m) $H-6"b$ 3.543.453.46 (m) $H-3"$ 3.423.423.41 (m) $H-2"$ 3.36 (m)3.36 (m)3.36 (m) $H-4"$ 3.33 (m)3.33 (m)3.33 (m) $C-3$ 159.1159.1159.1 $C-5$ 158.6158.6158.6 $C-4'$ 145.9146.9157.5 $C-1'$ 139.5139.5139.5 $C-1$ 128.6128.6 $C-8$ 129.1128.1 $C-7$ 125.3125.6 $C-6$ 118.9120.4127.9 $C-2'$ 113.5110.1same as C6' $C-3'$ 145.7148.1115.6 $C-5'$ 115.9115.7same as C3' $C-6$ 107.3107.5107.3 $C-2'$ 105.1105.1104.8 $C-4'$ 102.9103.1102.9 $C-1'''$ 100.9100.9100.9 $C-5''''''''''''''''''''''''''''''''''''$	H-2	6.83 (s)	6.83 (S)	6.82 (S)
H-46.50 (t)6.50 (t)6.50 (s)H-1"4.96 (7.46)4.96 (7.46)4.97 (d, 7.26) $CH_3O$ -3.81- $OH-2"$ 5.585.585.59 $OH-3"$ 5.395.37 $OH-4"$ 5.35.35.29 $OH-6"$ 4.884.884.89 $H-6"a$ 3.823.823.86 (m) $H-6"b$ 3.543.543.63 (m) $H-6"b$ 3.543.453.46 (m) $H-7"$ 3.453.453.46 (m) $H-3"$ 3.423.423.41 (m) $H-2"$ 3.36 (m)3.36 (m)3.36 (m) $H-4"$ 3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6C-8129.1128.1C-7125.3125.6C-8129.1128.1C-7125.3110.1same as C6'C-3'C-4'145.7148.1115.6107.3C-5'115.9115.7Same as C3'C-6C-7'105.1104.8C-4102.9103.1102.9103.1102.9C-1"100.9100.9C-2"73.473.573.573.5C-4"69.97069.970 <td>H-6</td> <td>6.69 (s)</td> <td>6.69 (s)</td> <td>6.69 (s)</td>	H-6	6.69 (s)	6.69 (s)	6.69 (s)
$H-1^{"}$ 4.96 (7.46)4.96 (7.46)4.97 (d, 7.26) $CH_3^{0}$ - $3.81$ - $OH-2^{"}$ $5.58$ $5.58$ $5.59$ $OH-3^{"}$ $5.39$ $5.39$ $5.37$ $OH-4^{"}$ $5.3$ $5.3$ $5.29$ $OH-6^{"}$ $4.88$ $4.88$ $4.89$ $H-6^{"a}$ $3.82$ $3.82$ $3.86$ (m) $H-6"b$ $3.54$ $3.54$ $3.63$ (m) $H-6"b$ $3.54$ $3.45$ $3.46$ (m) $H-3"$ $3.42$ $3.42$ $3.41$ (m) $H-2"$ $3.36$ (m) $3.36$ (m) $3.36$ (m) $H-4"$ $3.33$ (m) $3.33$ (m) $3.33$ (m) $C-3$ $159.1$ $159.1$ $159.1$ $C-5$ $158.6$ $158.6$ $158.6$ $C-4'$ $145.9$ $146.9$ $157.5$ $C-1$ $128.6$ $128.6$ $128.6$ $C-8$ $129.1$ $129.1$ $128.1$ $C-7$ $125.3$ $125.6$ $125.3$ $C-6'$ $118.9$ $120.4$ $127.9$ $C-2'$ $113.5$ $110.1$ same as C6' $C-3'$ $145.7$ $148.1$ $115.6$ $C-5'$ $115.9$ $115.7$ same as C3' $C-6$ $107.3$ $107.5$ $107.3$ $C-2$ $105.1$ $100.9$ $100.9$ $C-1"$ $100.9$ $100.9$ $100.9$ $C-5"$ $77.3$ $77.3$ $77.3$ $C-4"$ $102.9$ $70.5$ $73.5$ $C-4"$ $69.9$ $70$ $69.9$ <	H-4	6.50 (t)	6.50 (t)	6.50 (s)
CH <sub>3</sub> O          3.81            OH-2"         5.58         5.58         5.59           OH-3"         5.39         5.37           OH-4"         5.3         5.3         5.29           OH-6"         4.88         4.88         4.89           H-6"a         3.82         3.82         3.86 (m)           H-6"b         3.54         3.54         3.63 (m)           H-5"         3.45         3.46 (m)         1.43           H-4"         3.36 (m)         3.36 (m)         3.36 (m)           H-2"         3.36 (m)         3.36 (m)         3.33 (m)           H-4"         3.33 (m)         3.33 (m)         3.33 (m)           C-3         159.1         159.1         159.1           C-5         158.6         158.6         158.6           C-4'         145.9         146.9         157.5           C-1         128.6         128.6         128.6           C-8         129.1         128.1         125.3           C-6'         118.9         120.4         127.9           C-2'         113.5         110.1         same as C6'           C-3'         145.7         1	H-1''	4.96 (7.46)	4.96 (7.46)	4.97 (d, 7.26)
OH-2"         5.58         5.58         5.59           OH-3"         5.39         5.37           OH-4"         5.3         5.3           OH-6"         4.88         4.88         4.89           H-6"a         3.82         3.82         3.86 (m)           H-6"b         3.54         3.54         3.63 (m)           H-5"         3.45         3.46 (m)           H-3"         3.42         3.42         3.41 (m)           H-2"         3.36 (m)         3.36 (m)         3.36 (m)           H-4"         3.33 (m)         3.33 (m)         3.33 (m)           C-3         159.1         159.1         159.1           C-5         158.6         158.6         158.6           C-4'         145.9         146.9         157.5           C-1         128.6         128.6         128.6           C-8         129.1         129.1         128.1           C-7         125.3         125.6         125.3           C-6'         118.9         120.4         127.9           C-2'         113.5         110.1         same as C6'           C-3'         145.7         148.1         115.6      <	CH3O	—	3.81	_
OH-3"5.395.395.37OH-4"5.35.35.29OH-6"4.884.884.89H-6"a3.823.823.86 (m)H-6"b3.543.543.63 (m)H-5"3.453.453.46 (m)H-3"3.423.423.41 (m)H-2"3.36 (m)3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1120.4127.9C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1"100.9100.9100.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	OH-2"	5.58	5.58	5.59
OH-4"5.35.35.29OH-6"4.884.884.89H-6"a3.823.823.86 (m)H-6"b3.543.543.63 (m)H-5"3.453.453.46 (m)H-3"3.423.423.41 (m)H-2"3.36 (m)3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1"100.9100.9100.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	OH-3"	5.39	5.39	5.37
OH-6"4.884.884.89H-6"a3.823.823.86 (m)H-6"b3.543.543.63 (m)H-5"3.453.453.46 (m)H-3"3.423.423.41 (m)H-2"3.36 (m)3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	OH-4"	5.3	5.3	5.29
H-6''a3.823.823.86 (m)H-6''b3.543.543.63 (m)H-5''3.453.453.46 (m)H-3''3.423.423.41 (m)H-2''3.36 (m)3.36 (m)3.36 (m)H-4''3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	OH-6"	4.88	4.88	4.89
H-6"b3.543.543.63 (m)H-5"3.453.46 (m)H-3"3.423.423.41 (m)H-2"3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)C-3159.1159.1C-5158.6158.6C-4'145.9146.9C-1'139.5139.5C-1128.6128.6C-8129.1128.1C-7125.3125.6C-6'118.9120.4C-2'113.5110.1Same as C6'157.5C-5'115.9157.5C-6'107.3107.5C-7125.3120.4C-8129.1128.1C-7125.3120.4C-7125.3120.4C-7125.3107.5C-1'105.1104.8C-5'115.9115.7Same as C6'107.3C-2105.1105.1C-4102.9103.1C-4102.9C-1"100.9C-5"77.377.377.3C-3"76.9C-2"73.473.573.5C-4"69.97069.9	H-6''a	3.82	3.82	3.86 (m)
H-5"3.453.453.46 (m)H-3"3.423.41 (m)H-2"3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)C-3159.1159.1C-5158.6158.6C-4'145.9146.9157.5139.5C-1'139.5139.5139.5C-1128.6C-8129.1125.3125.6C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9157.5107.3C-6107.3107.5107.3C-2105.1100.9100.9C-1''100.9100.9100.9C-1''100.9100.9100.9C-2''73.473.573.5C-4''69.97069.9	H-6''b	3.54	3.54	3.63 (m)
H-3"3.423.423.41 (m)H-2"3.36 (m)3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	H-5''	3.45	3.45	3.46 (m)
H-2"3.36 (m)3.36 (m)3.36 (m)H-4"3.33 (m)3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	H-3''	3.42	3.42	3.41 (m)
H-4"3.33 (m)3.33 (m)C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	H-2''	3.36 (m)	3.36 (m)	3.36 (m)
C-3159.1159.1159.1C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	H-4''	3.33 (m)	3.33 (m)	3.33 (m)
C-5158.6158.6158.6C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-3	159.1	159.1	159.1
C-4'145.9146.9157.5C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-5	158.6	158.6	158.6
C-1'139.5139.5139.5C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-4'	145.9	146.9	157.5
C-1128.6128.6128.6C-8129.1129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-1'	139.5	139.5	139.5
C-8129.1128.1C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-1	128.6	128.6	128.6
C-7125.3125.6125.3C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-8	129.1	129.1	128.1
C-6'118.9120.4127.9C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9C-5''77.377.3C-3''76.976.9C-2''73.473.5C-4''69.970	C-7	125.3	125.6	125.3
C-2'113.5110.1same as C6'C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-6'	118.9	120.4	127.9
C-3'145.7148.1115.6C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-2'	113.5	110.1	same as C6'
C-5'115.9115.7same as C3'C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1''100.9100.9100.9C-5''77.377.377.3C-3''76.976.976.9C-2''73.473.573.5C-4''69.97069.9	C-3'	145.7	148.1	115.6
C-6107.3107.5107.3C-2105.1105.1104.8C-4102.9103.1102.9C-1"100.9100.9100.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	C-5'	115.9	115.7	same as C3'
C-2105.1105.1104.8C-4102.9103.1102.9C-1"100.9100.9100.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	C-6	107.3	107.5	107.3
C-4102.9103.1102.9C-1"100.9100.9100.9C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	C-2	105.1	105.1	104.8
C-1"100.9100.9C-5"77.377.3C-3"76.976.9C-2"73.473.5C-4"69.970	C-4	102.9	103.1	102.9
C-5"77.377.377.3C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	C-1''	100.9	100.9	100.9
C-3"76.976.976.9C-2"73.473.573.5C-4"69.97069.9	C-5''	77.3	77.3	77.3
C-2"73.473.573.5C-4"69.97069.9	C-3''	76.9	76.9	76.9
C-4" 69.9 70 69.9	C-2''	73.4	73.5	73.5
-	C-4''	69.9	70	69.9
C-6" 60.9 60.9 60.9	C-6''	60.9	60.9	60.9

**Table S3.** <sup>1</sup>H and <sup>13</sup>C NMR chemical shifts of the identified Astringin 1, Isorhapontin 2, and Polydatin3 (see Fig. 1) from spruce UAE extracts at Fig. 5.



**Fig. S6**. a)<sup>1</sup>H; b) <sup>13</sup>C of Fraction 1 (see **Fig. S2**); c) 2D <sup>1</sup>H–<sup>13</sup>C HSQC NMR spectrum of Fraction 1 (see **Fig. S2**) and glucose in DMSO-*d*6/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the Fraction 1 (see **Fig. S2**) using the **column set I**.



**Fig. S7**. a)<sup>1</sup>H of Fraction 2; b) <sup>13</sup>C of **Fraction 2** (see **Fig. S2**) and Epicatechin; c) 2D <sup>1</sup>H–<sup>13</sup>C HSQC NMR spectrum of **Fraction 2** (see **Fig. S2**) and Epicatechin in DMSO-*d6*/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the **Fraction 2** (see **Fig. S2**) using the **column set I**.



**Fig. S8**. a)<sup>1</sup>H; b) <sup>13</sup>C NMR spectrum of **Fraction 3** (see **Fig. S2**) and authentic astringin in DMSO*d6*/pyridine-*d*5; and c) HRMS spectrum (- ESI scan) of the **Fraction 3** (see **Fig. S2**) using the **column set I**.



**Fig. S9**. a)<sup>1</sup>H; b) <sup>13</sup>C; c) HSQC NMR spectrum of **Fraction 4** (see **Fig. S2**) in DMSO-*d*6/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the **Fraction 4** (see **Fig. S2**) using the **column set I**.



**Fig. S10**. a)<sup>1</sup>H; b) <sup>13</sup>C NMR spectrum of **Fraction 5** (see **Fig. S2**) and authentic polydatin in DMSO*d6*/pyridine-*d*5; and c) HRMS spectrum (- ESI scan) of the **Fraction 5** (see **Fig. S2**) using the **column set I**.



**Fig. S11**. a)<sup>1</sup>H NMR spectrum of **Fraction 6** (see **Fig. S2**) and authentic **Isorhapontin**; b) <sup>13</sup>C NMR spectrum of **Fraction 6** (see **Fig. S2**) in DMSO-*d*6/pyridine-*d*5; and c) HRMS spectrum (- ESI scan) of the **Fraction 6** (see **Fig. S2**) using the **column set I**.



**Fig. S12**. a)<sup>1</sup>H; b) <sup>13</sup>C; c) HSQC NMR spectrum of **Fraction 7** (see **Fig. S2**) in DMSO-*d*6/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the **Fraction 7** (see **Fig. S2**) using the **column set I**.



**Fig. S13**. a)<sup>1</sup>H; b) <sup>13</sup>C; c) HSQC NMR spectrum of **Fraction 8** (see **Fig. S2**) in DMSO-*d*6/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the **Fraction 8** (see **Fig. S2**) using the **column set I**.



**Fig. S14**. a)<sup>1</sup>H; b) <sup>13</sup>C; c) HSQC NMR spectrum of the **Fraction 9** (see **Fig. S2**) in DMSO-*d*6/pyridine-*d*5; and d) HRMS spectrum (- ESI scan) of the **Fraction 9** (see **Fig. S2**) using the **column set I**.





**Fig. S15**. a)<sup>1</sup>H; b) <sup>13</sup>C; and c) 2D <sup>1</sup>H–<sup>13</sup>C HSQC NMR spectrum of authentic Astringin 1 (see **Fig. 1)** in DMSO-*d*6/pyridine-*d*5.



**Fig. S16**. <sup>1</sup>H (top) and 2D <sup>1</sup>H–<sup>13</sup>C HSQC (bottom) NMR spectrum of authentic Isorhapontin 2 (see **Fig. 1)** in DMSO-*d*6/pyridine-*d*5.





**Fig. S17**. a)<sup>1</sup>H; b) <sup>13</sup>C; c) 2D <sup>1</sup>H–<sup>13</sup>C HSQC NMR spectrum of authentic polydatin 3 (see **Fig. 1**) in DMSO-*d*6/pyridine-*d*5.



**Fig. S18.** Comparison between <sup>13</sup>C NMR spectra of spruce inner bark extract (**Fig. 1**) in DMSO*d6*/pyridine-*d*5 and condensed tannin from leaves of *Leucaena leucocephala* hybrid Rendang in  $D_2O/acetone-d6$  (1:1) (down, inverted).<sup>1</sup> The labels assign the signals from stilbene glucosides astringin (A, black), isorhapontin (I, green) and polydatin (P, red) (top).









**Fig. S19**. The HRMS spectrum of spruce bark extract using the **column set II** (see **Table S2**) at the retention time of 1.951->3.046min (a->e, fraction 1); 4.273->6.378 min (f->g, fraction 2); 8.053 min (h, fraction 3); 15.896->21.118 min (i->j, fraction 4); 25.396 min (k, fraction 5); 26.938 min (l, fraction 6); 28.895-> 31.116 min (m->n, fraction 7); 39.324 min (o1-> o2, fraction 8); 106.690-> 110.205 min (t->w, fraction 9) and others (p->s, 73.148-> 105.911 min, refers to some uncollected fractions or baseline or impurities from the system).





**Fig. S20.** UVA–UVB absorbance (290–400 nm) of sunscreens from a) emulsification II (E-II-1% and E-II-2%, respectively) in comparison to the commercial creams (15-L; SPF 15-B; and SPF 30-L); b) emulsification II (E-II-1% and E-II-2%, respectively) in comparison to emulsification I (E-I-1% and E-I-2%, respectively); and c) emulsification I (E-I-1%, E-I-2%, E-I-5%, E-I-10%, and base cream, respectively) before the solar irradiation in comparison to their emulsions after the solar irradiation. Their standard deviations are included. base-L is applied here as the reference.



**Fig. S21.** Photographs of sunscreens from emulsification I (E-I-1%, E-I-2%, E-I-5%, and E-I-10%, respectively) in comparison to the emulsification II (i.e.E-II-1%): a) visual differences; b) pH differences as indicated by the pH meter indicator.

## References

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