

## Electronic Supplementary Information

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Methods for theoretical calculation:

The first-principles [1,2] was employed to perform all Spin-polarization density functional theory (DFT) calculations within the generalized gradient approximation (GGA) using the Perdew-Burke-Ernzerhof (PBE) formulation. The projected augmented wave (PAW) potentials was chosen to describe the ionic cores and take valence electrons into account using a plane wave basis set with a kinetic energy cutoff of 450 eV. Partial occupancies of the Kohn–Sham orbitals were allowed using the Gaussian smearing method and a width of 0.05 eV. The electronic energy was considered self-consistent when the energy change was smaller than  $10^{-5}$  eV. A geometry optimization was considered convergent when the energy change was smaller than 0.05 eV  $\text{\AA}^{-1}$ . The vacuum spacing in a direction perpendicular to the plane of the structure is 15  $\text{\AA}$ . The Brillouin zone integration is performed using  $3 \times 3 \times 1$  Monkhorst-Pack k-point sampling for a structure. Finally, the adsorption energies( $E_{ads}$ ) were calculated as  $E_{ads} = E_{ad/sub} - E_{ad} - E_{sub}$ , where  $E_{ad/sub}$ ,  $E_{ad}$ , and  $E_{sub}$  are the total energies of the optimized adsorbate/substrate system, the adsorbate in the structure, and the clean substrate, respectively. The free energy was calculated using the equation:

$$G = E + ZPE - TS$$

where G, E, ZPE and TS are the free energy, total energy from DFT calculations, zero point energy and entropic contributions, respectively. In our calculation, the U correction had been set as 3.39 eV for Rh atoms in our systems.

Table S1 The conversion of BHMF on different catalysts.

Entry	Catalyst	Cat. (mg)	Conv. (%)	Distribution of products (%)				C.B. (%)
				HD	MDPO	HHD	Others	
1	Ru/C	10	100	1	1	52	46	54
2	Rh/C	10	85	2	13	69	16	86
3	Pd/C	5	99	6	68	19	7	93
4	Pt/C	5	88	2	2	23	73	36

Reaction conditions: BHMF (128.0 mg, 1 mmol), H<sub>3</sub>PO<sub>4</sub> (4 mL, 0.5 mol L<sup>-1</sup>), H<sub>2</sub> 1 atm, 333 K. C.B. carbon balance.

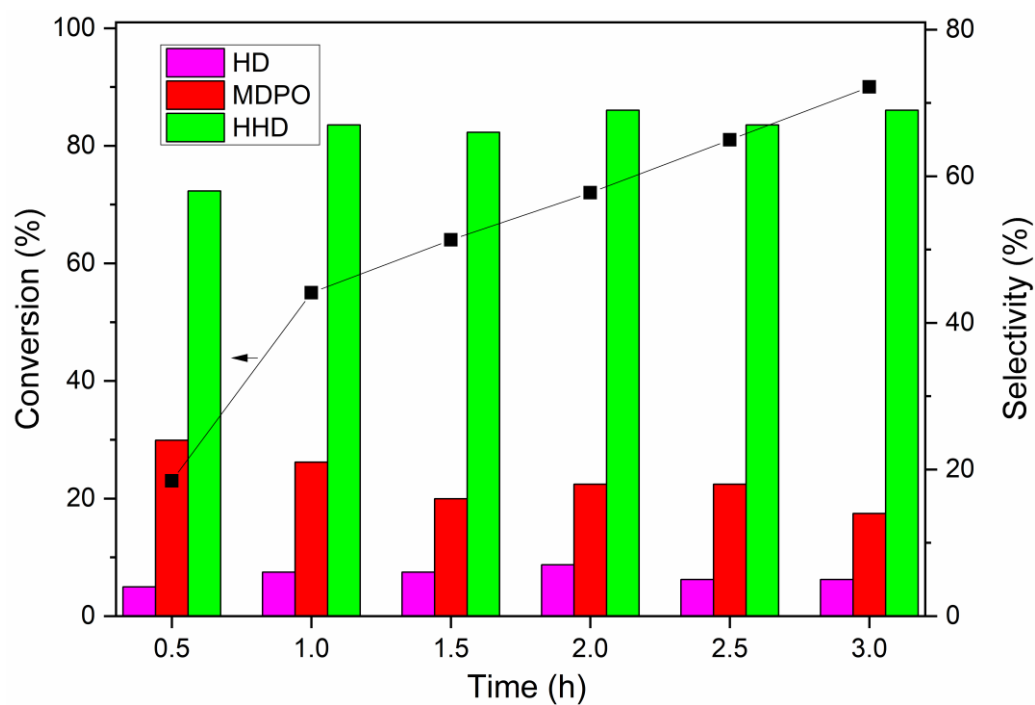
Table S2 Effect of acids on the hydrogenation of BHMF on Pd/C and Rh/C<sup>a</sup>.

Entry	Cat.	Acid	pH <sup>b</sup>	Conv. (%)	Selectivity (%)				C.B. (%)
					HD	MDPO	HHD	Others	
1		H <sub>3</sub> PO <sub>4</sub>	1.83	99	6	68	19	7	93
2	Pd/C	HCl	1.81	87	12	47	18	23	80
3		H <sub>2</sub> SO <sub>4</sub>	1.86	93	10	52	16	22	80
5		H <sub>3</sub> PO <sub>4</sub>	1.83	100	2	10	72	16	84
6	Rh/C	HCl	1.81	98	7	13	55	25	76
8		H <sub>2</sub> SO <sub>4</sub>	1.86	100	10	17	58	15	85

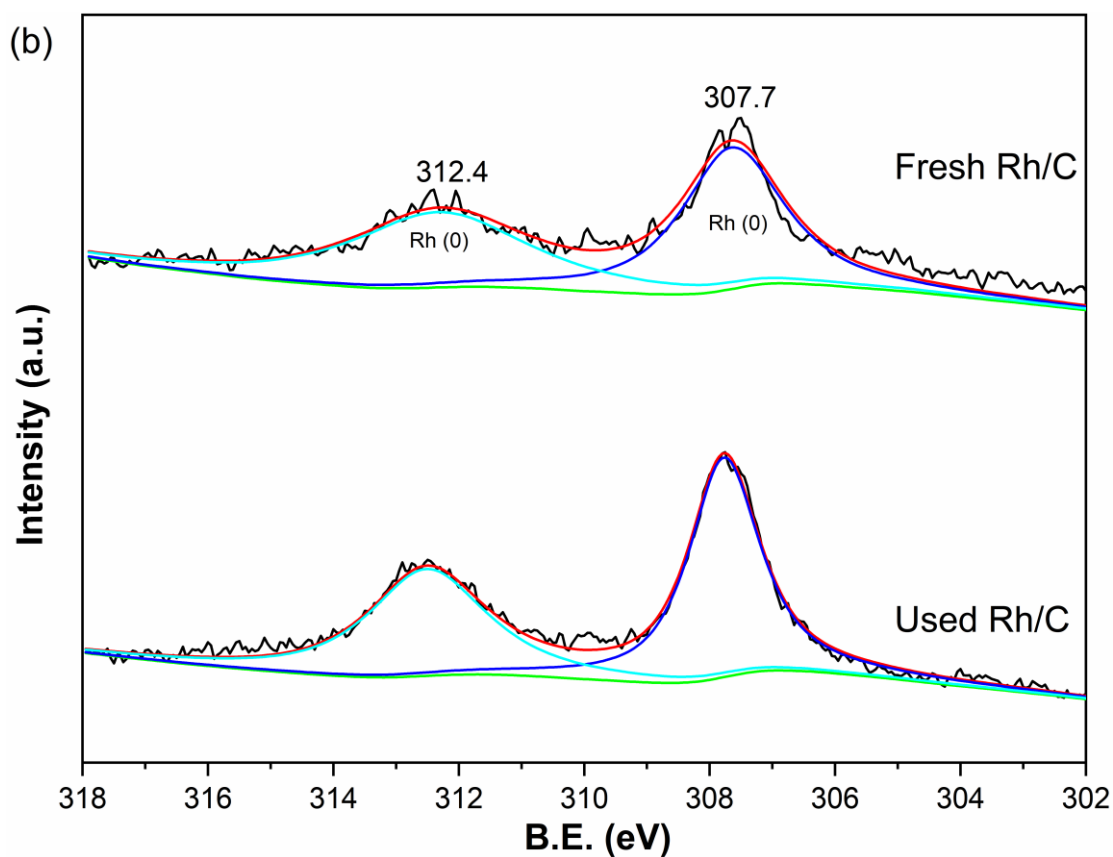
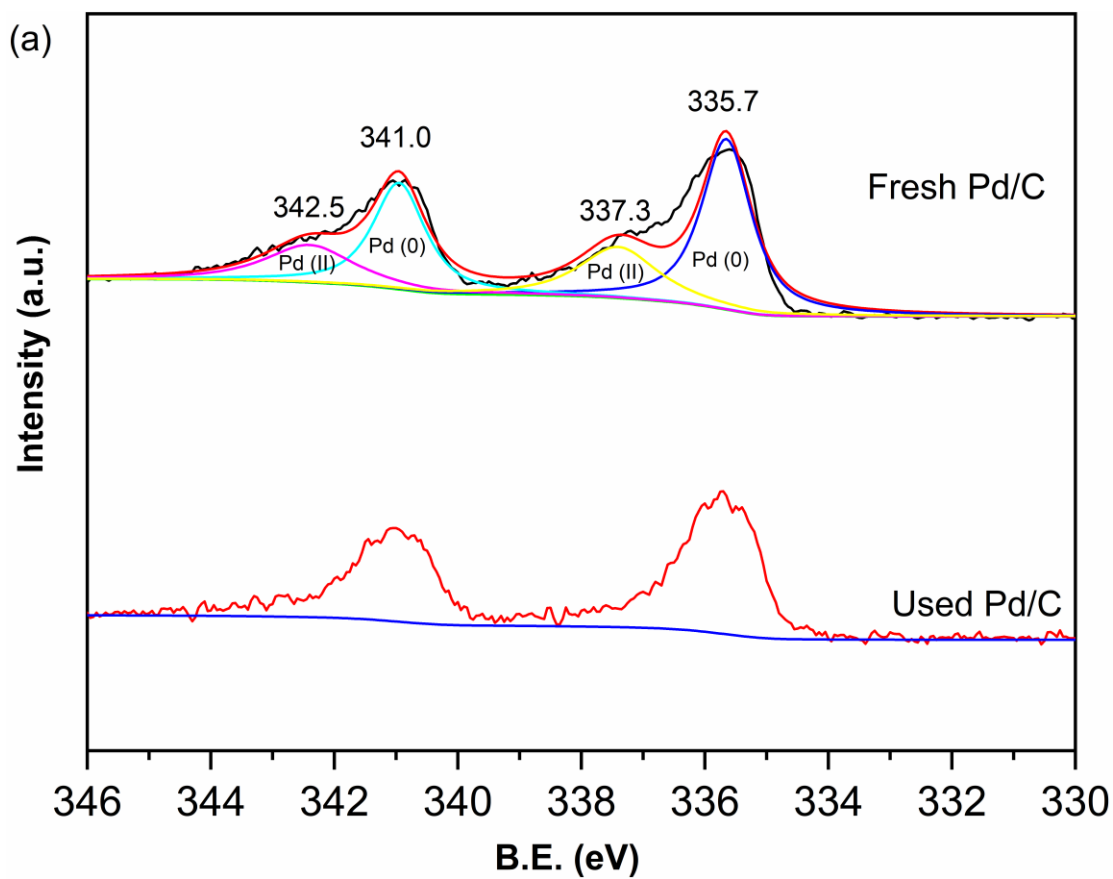
<sup>a</sup> reaction conditions: Pd/C (5 mg), BHMF (128.0 mg, 1 mmol), Acid (4 mL), H<sub>2</sub> 1 atm, 333 K; Rh/C (10 mg), BHMF (128.0 mg, 1 mmol), acid (4 mL), H<sub>2</sub> 1 atm, 363 K. <sup>b</sup> the pH was determined by a pH meter. C.B. carbon balance.

Table S3 The content of metal in the sample determined by ICP-OES .

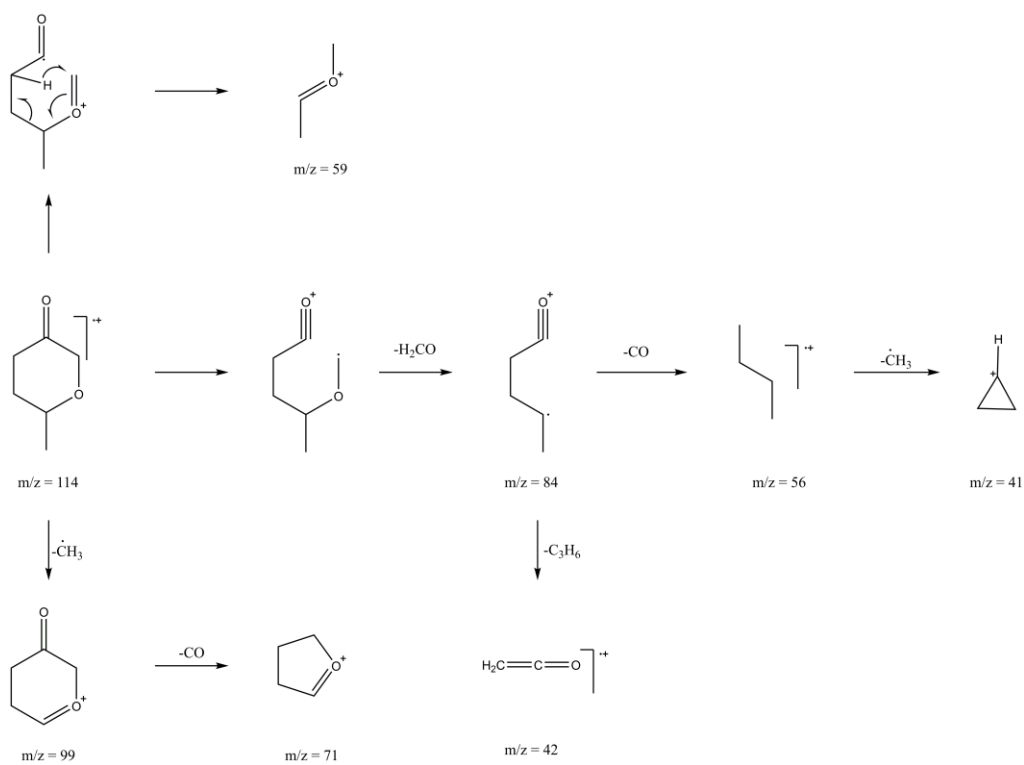
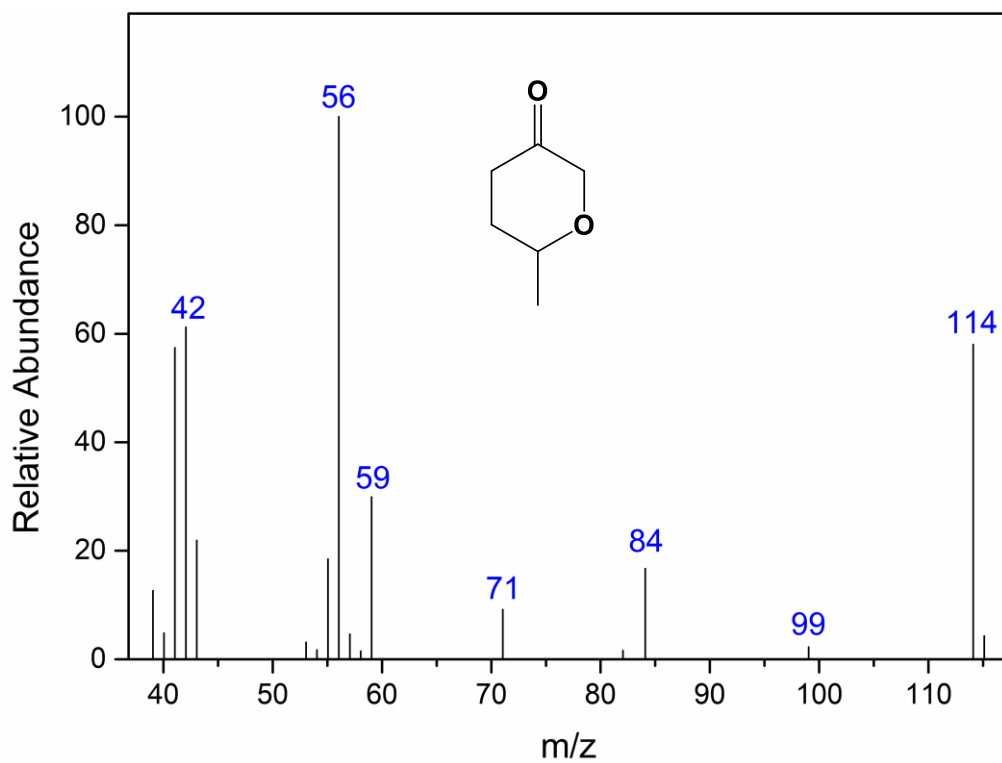
Entry	Catalyst	Metal content (wt.%)
1	Fresh Pd/C	5.04
2	Spent Pd/C	4.85
3	Fresh Rh/C	4.97
4	Spent Rh/C	4.86



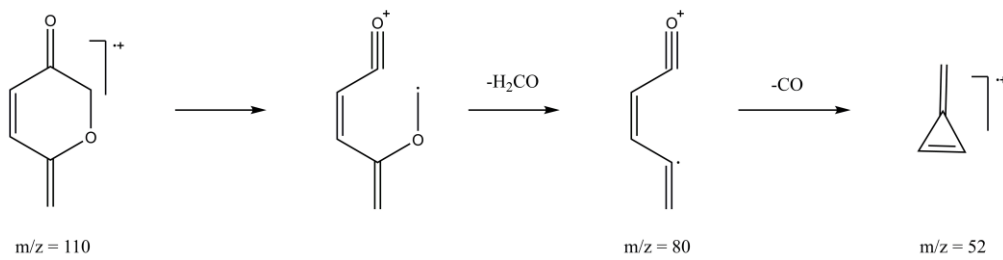
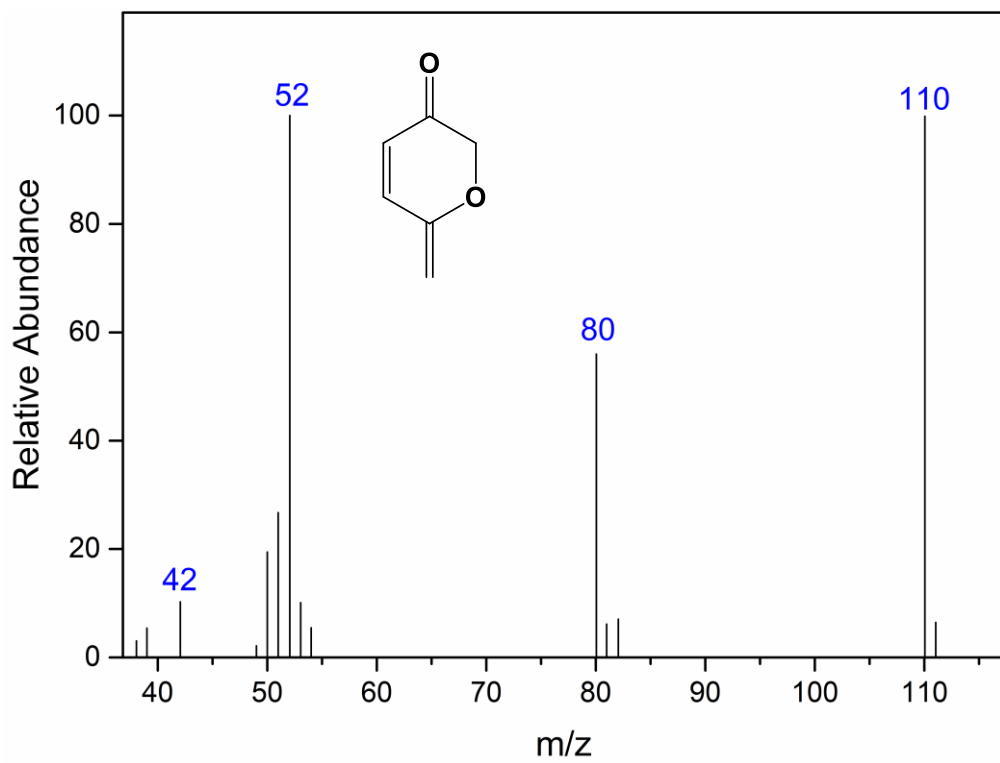
**Figure S1** Effect of reaction time on the hydrogenation of BHMf on Rh/C.



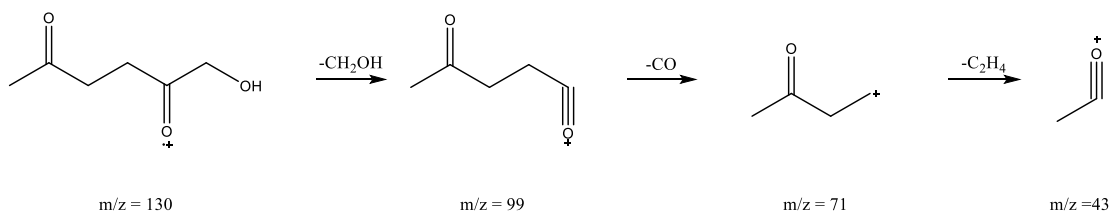
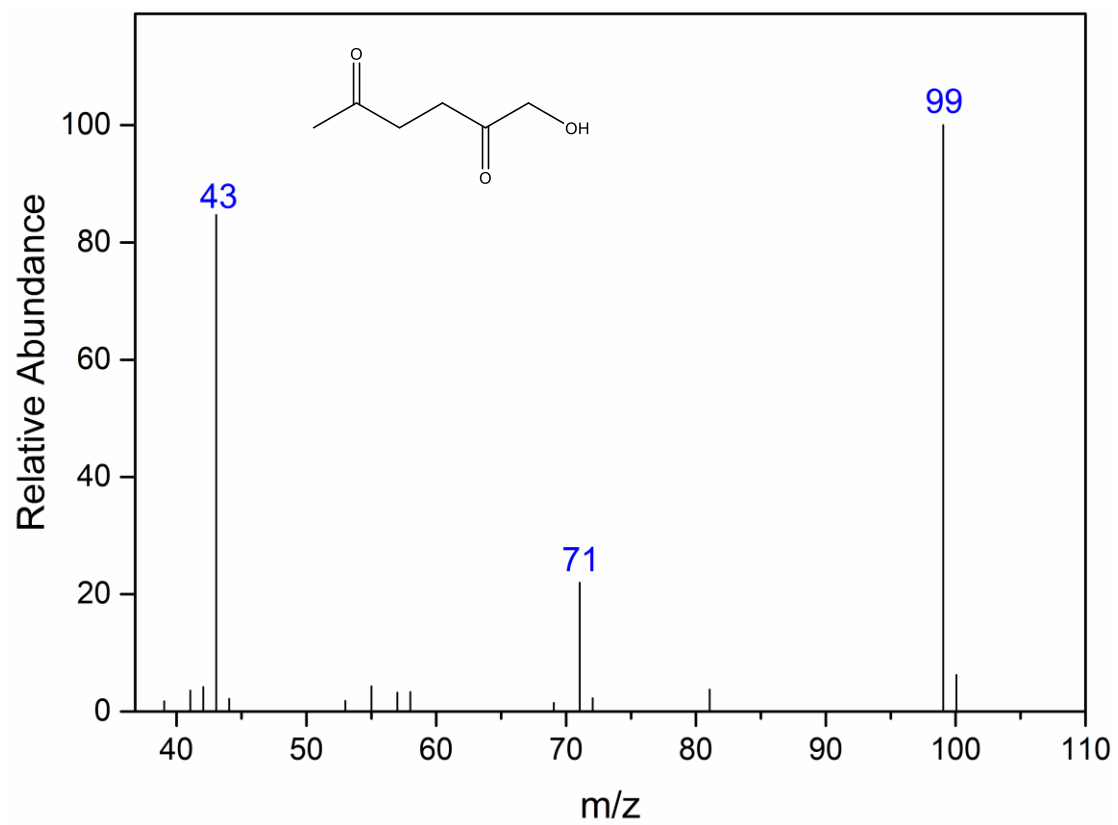
**Figure S2** The XPS spectra for Rh and Pd on fresh and used Pd/C (a) and Rh/C (b)



**Figure S3** The mass spectra and ion fragments for MDPO.

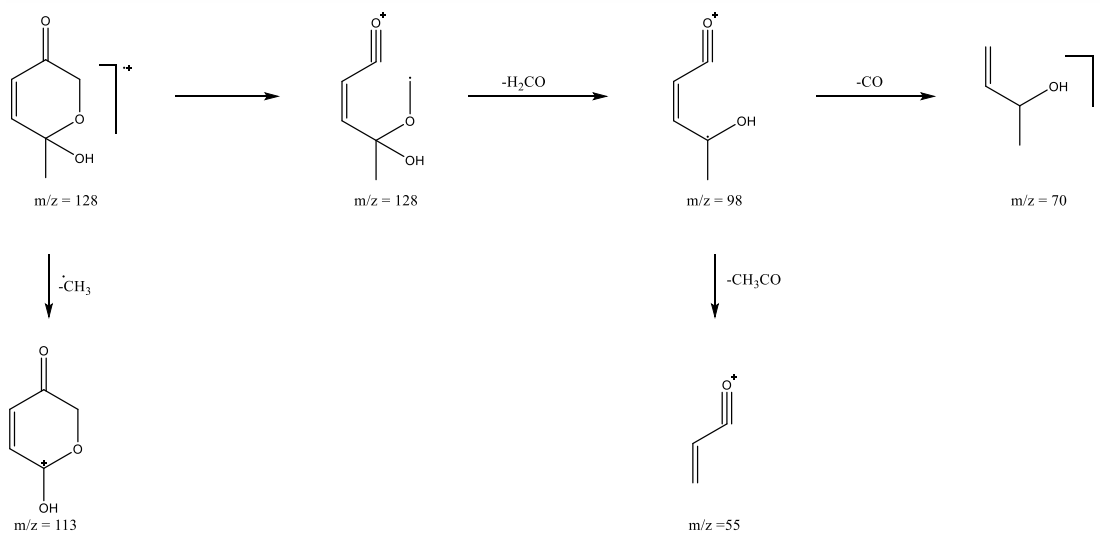
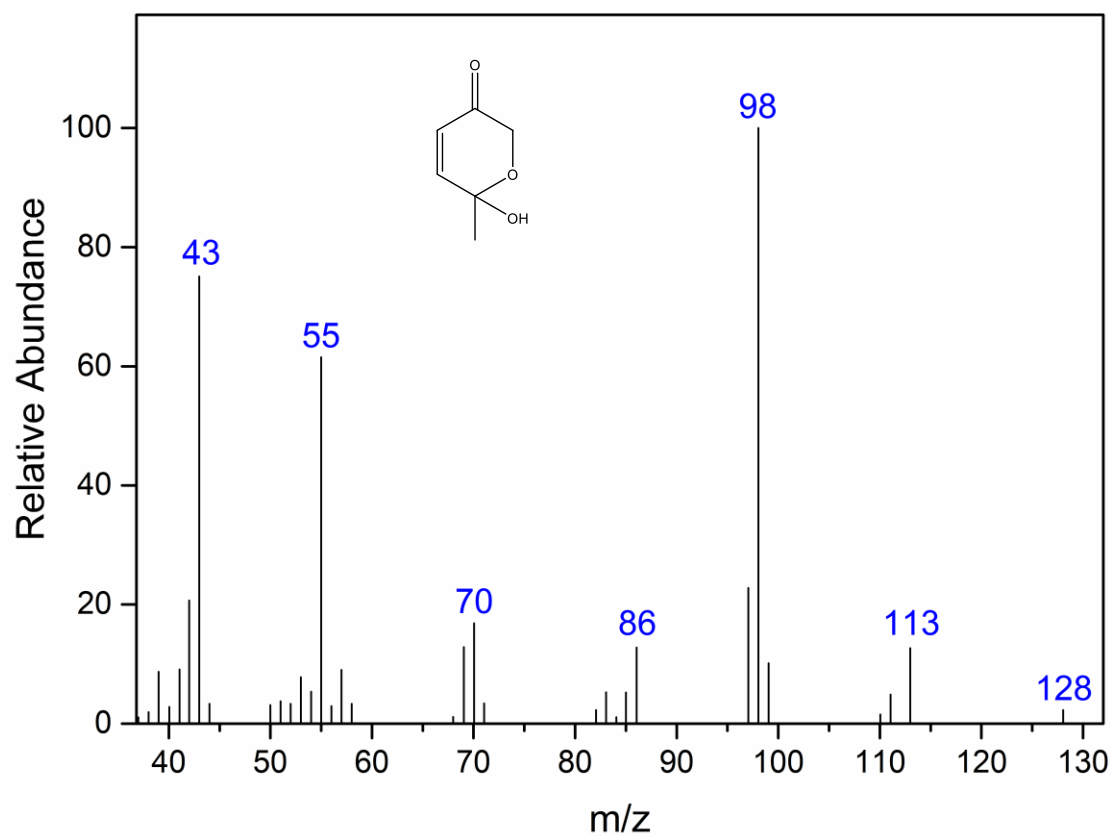


**Figure S4** The mass spectra and ion fragments for MEPO.

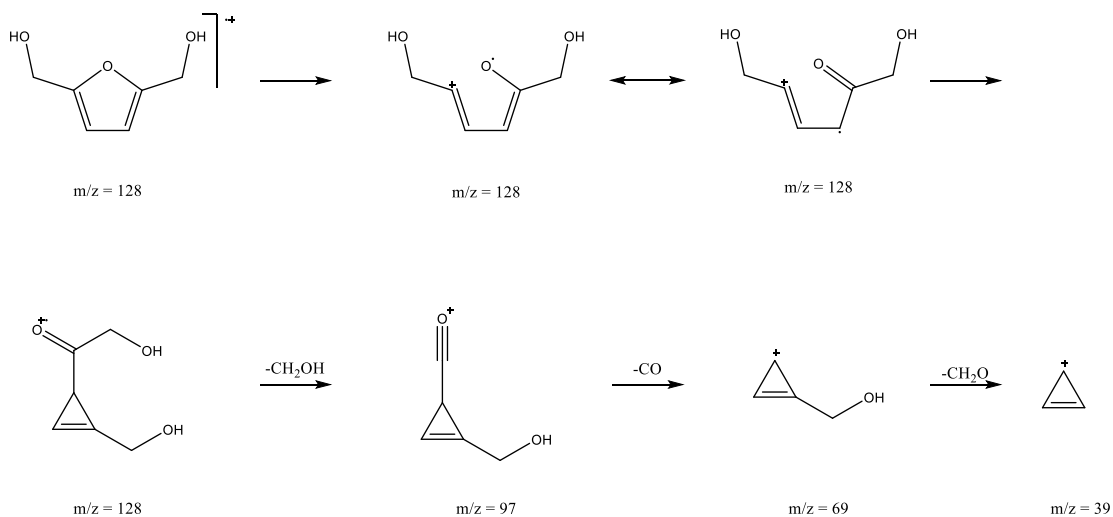
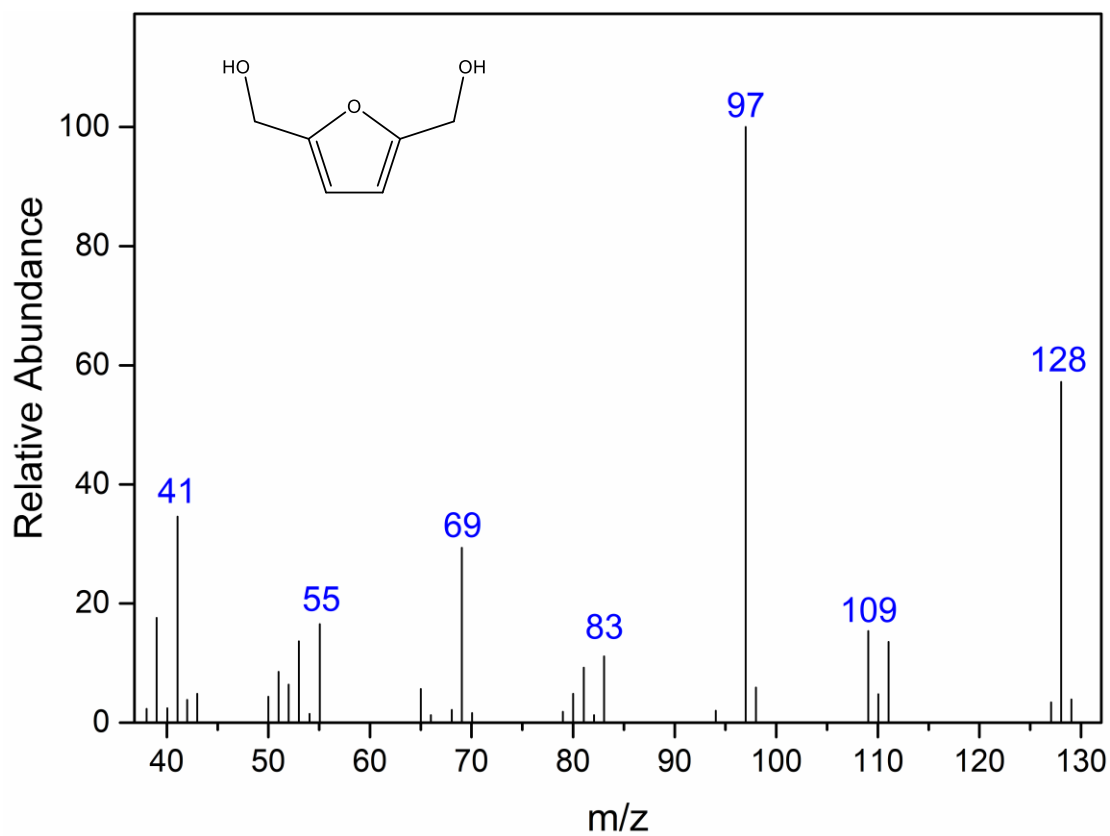


**FigureS5** The mass spectra and ion fragments for HHD.

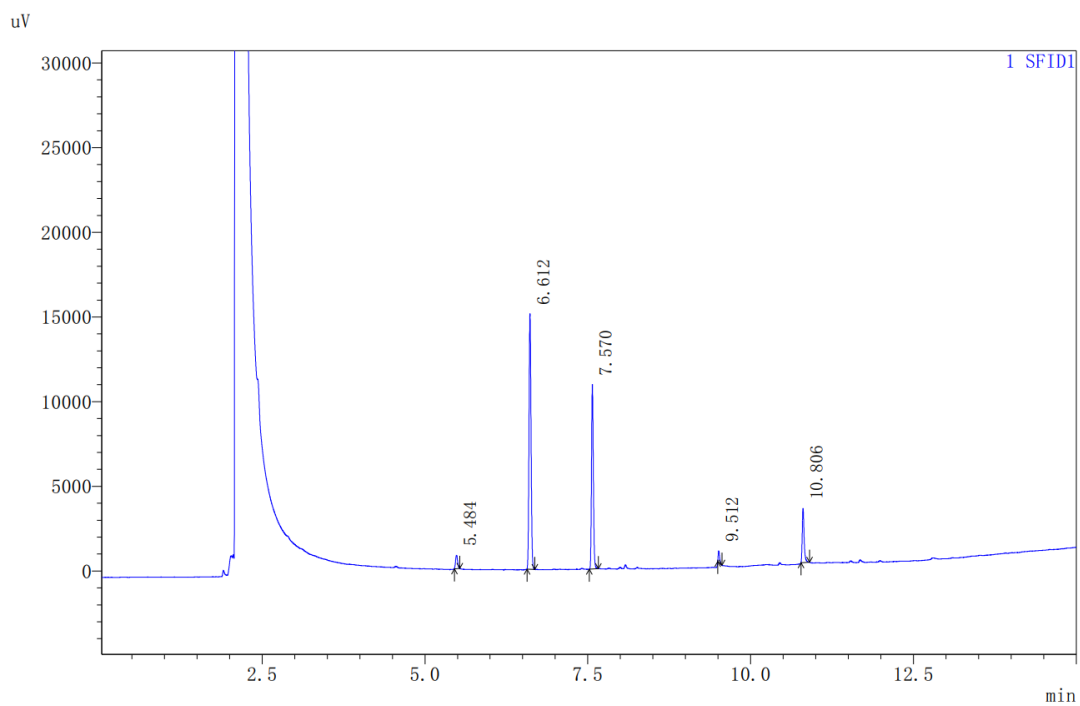




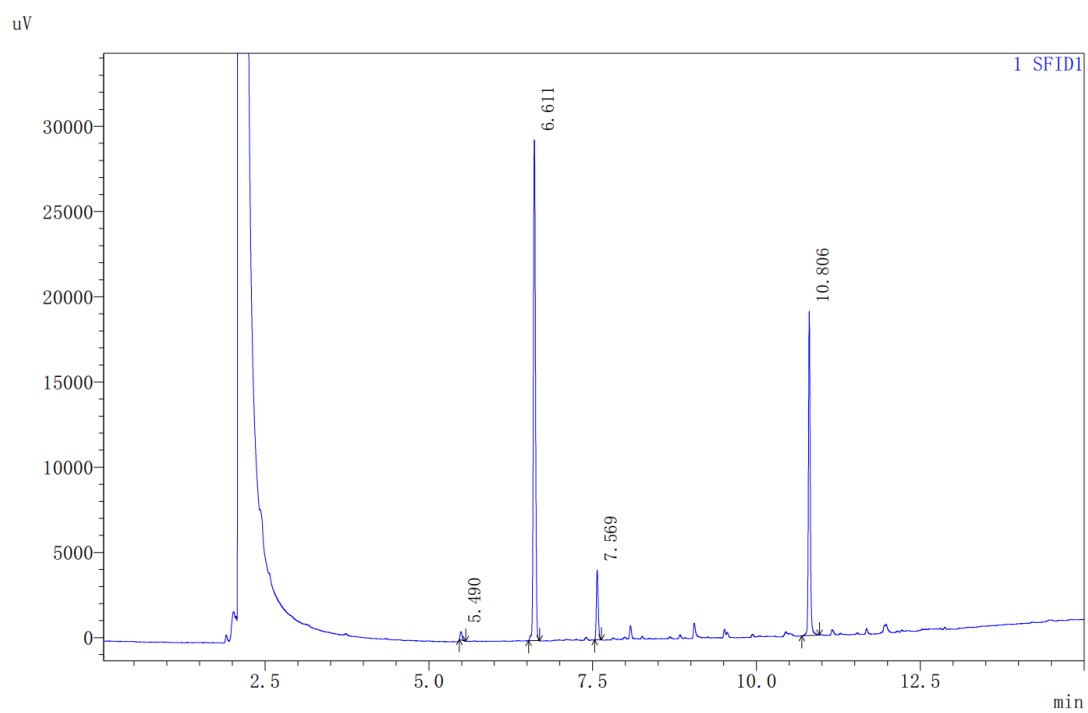
**FigureS6** The mass spectra and ion fragments for HMPO.



**FigureS7** The mass spectra and ion fragments for BHMF



**FigureS8** The GC trace for hydrogenation of BHMf on Pd/C (t = 6.61 min, internal standard; t = 7.57 min, MDPO; t=10.81 HHD).



**FigureS9** The GC trace for hydrogenation of BHMf on Rh/C (t = 6.61 min, internal standard; t = 7.57 min, MDPO; t=10.81 HHD).

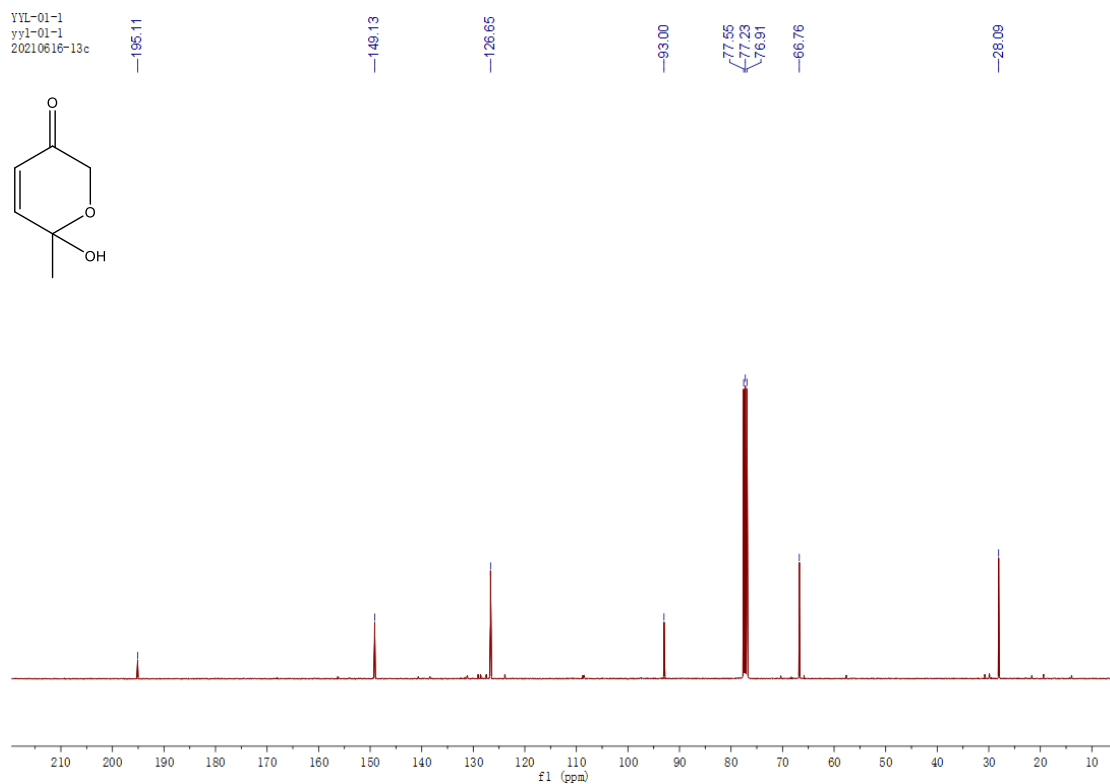
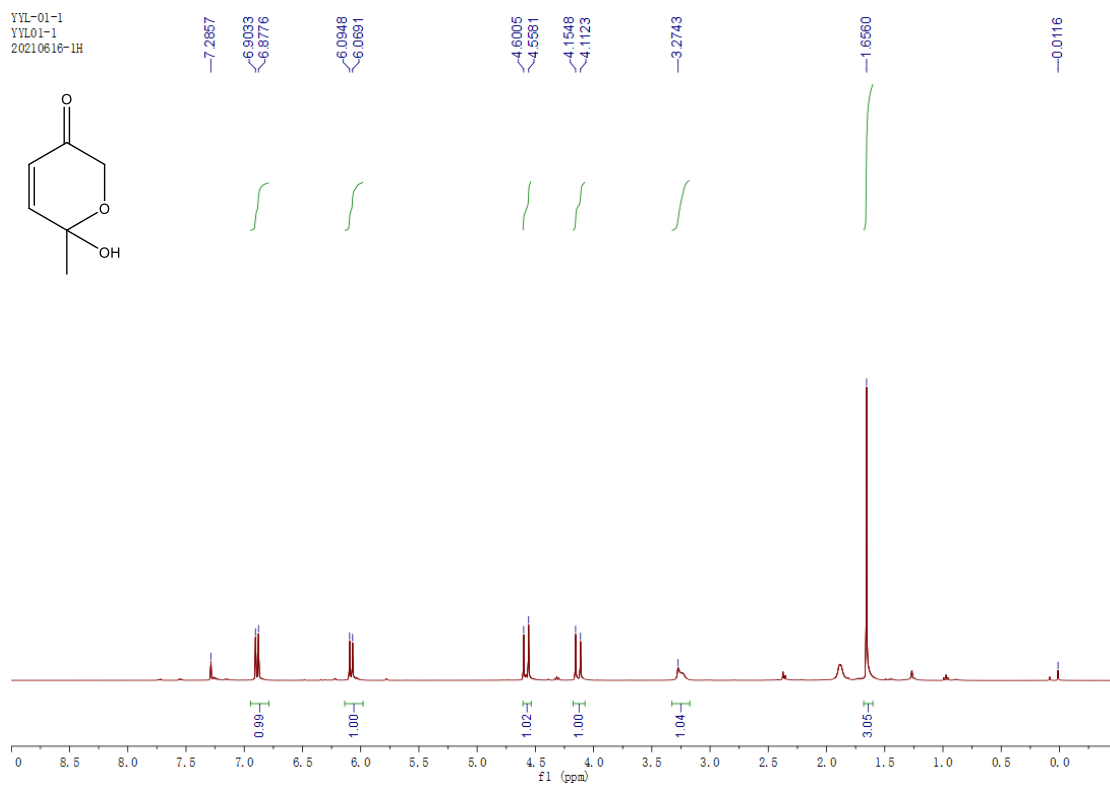
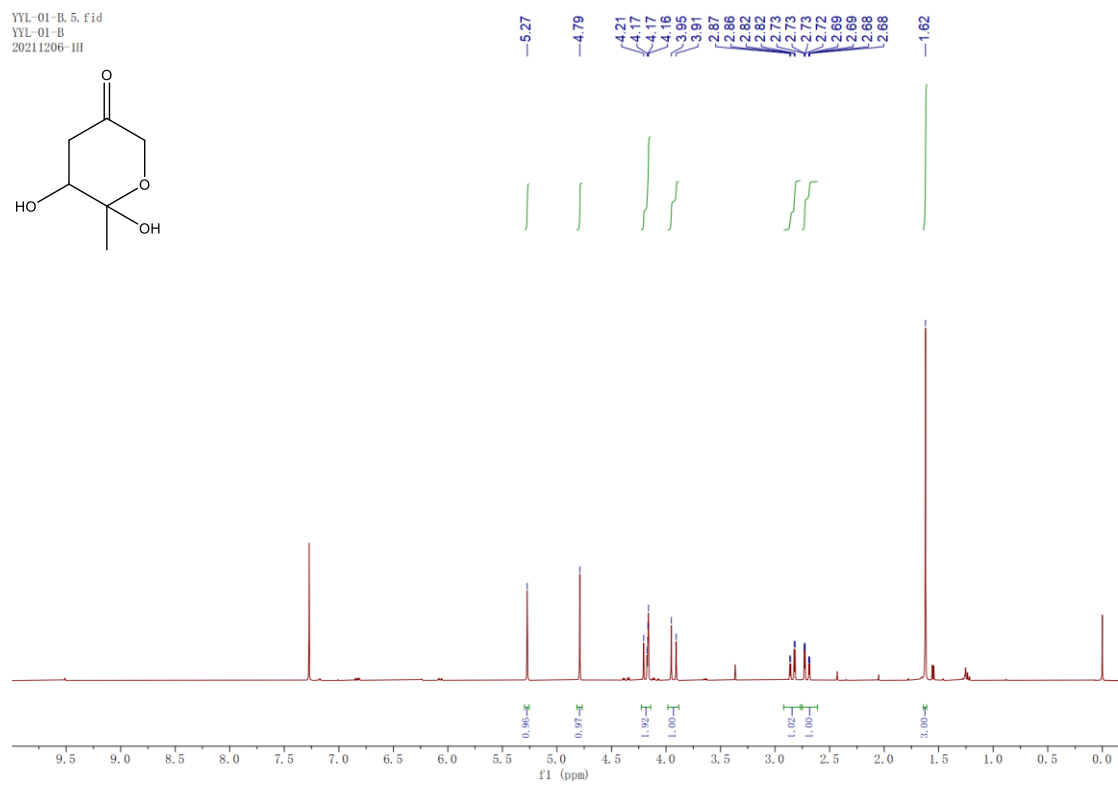
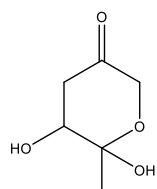


Figure S10 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectra for HMPO.

YYL-01-B. 5. fid  
YYL-01-B  
20211206-1H



YYL-01-B. 2. fid  
yy1-01-B  
20211206-13c

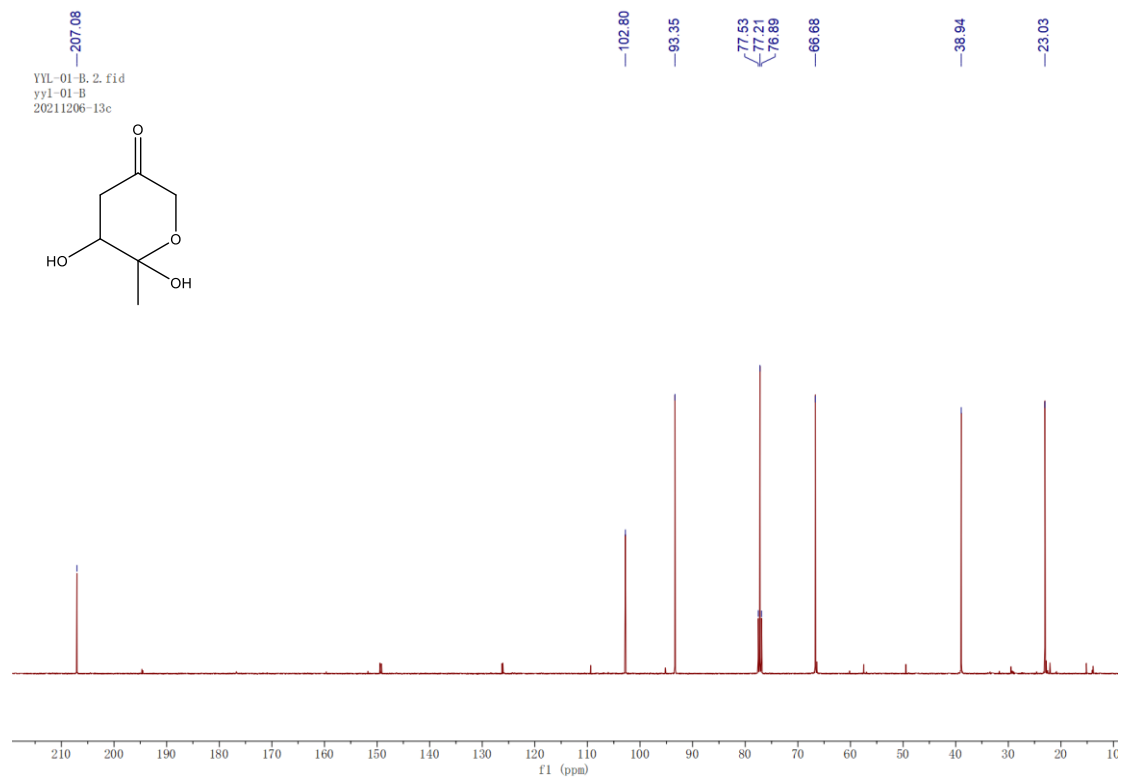
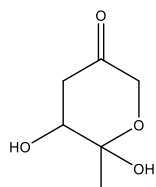
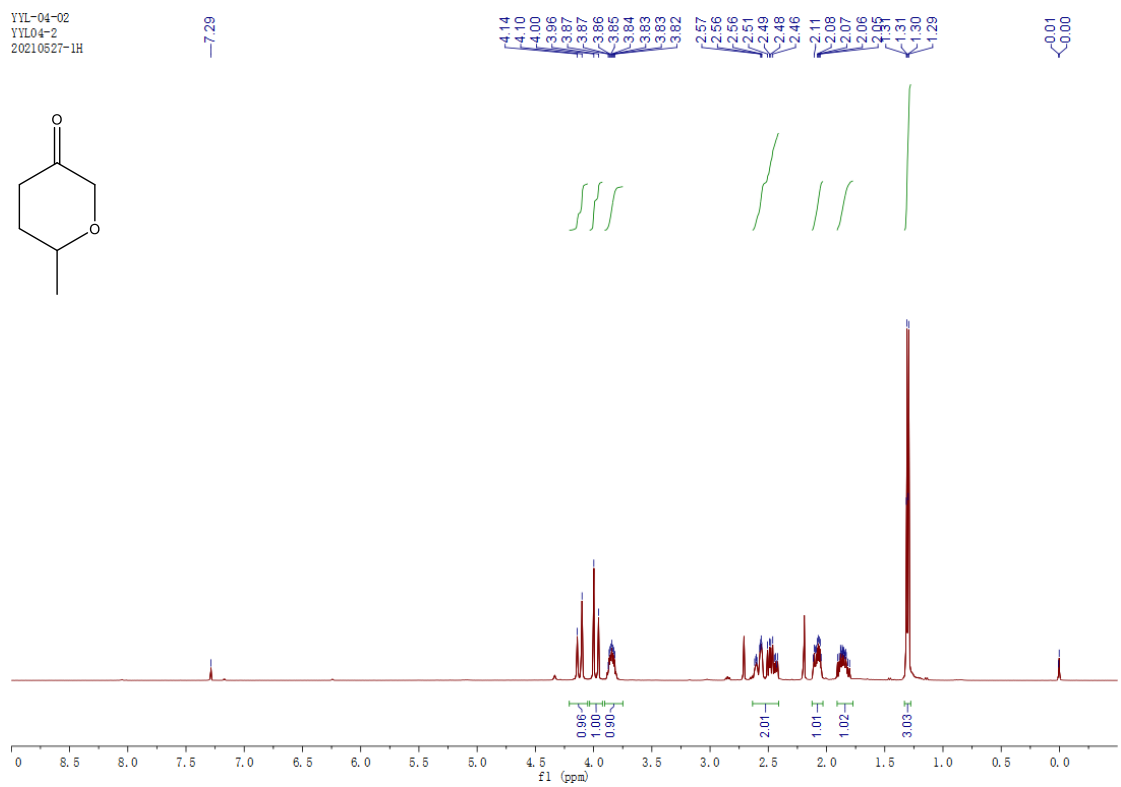
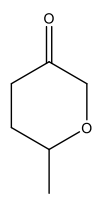


Figure S11 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectra for DHDOP.

YYL-04-02  
YYL04-2  
20210527-1H



YYL-04-02  
yy1-04-07-C  
20210527-13c

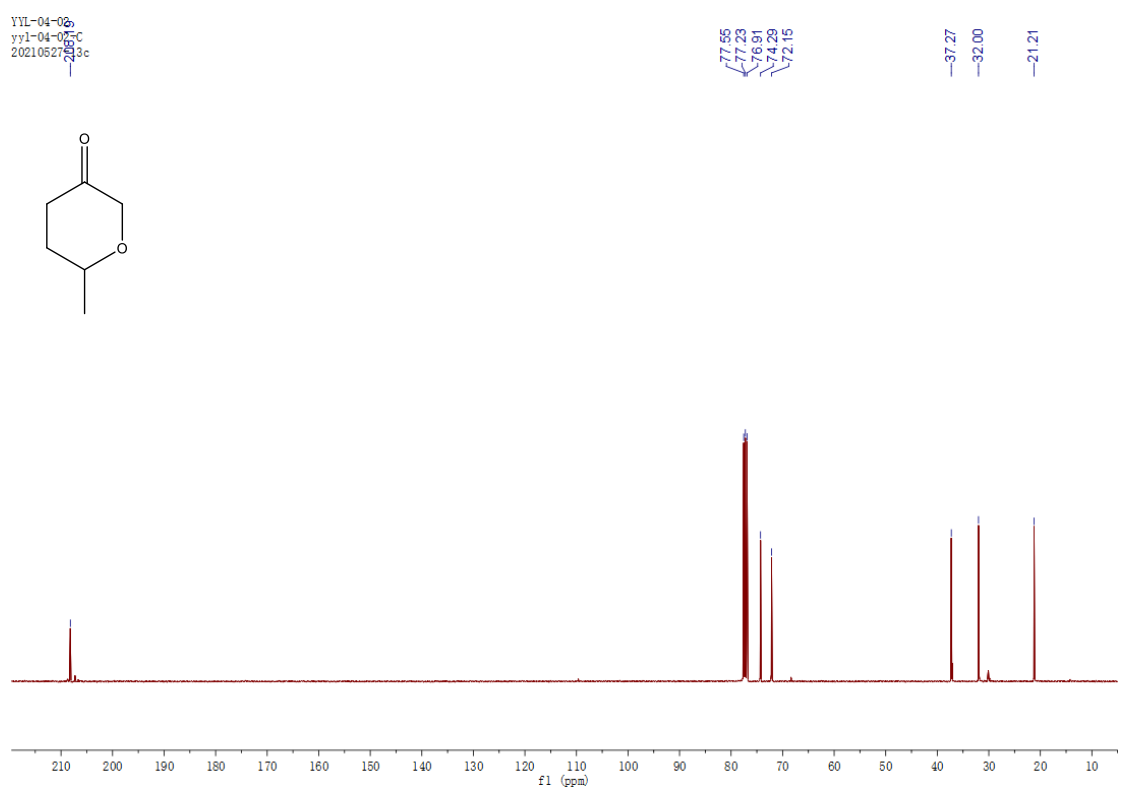
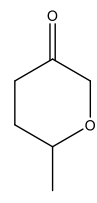


Figure S12 The <sup>1</sup>H and <sup>13</sup>C NMR spectra for MDPO.

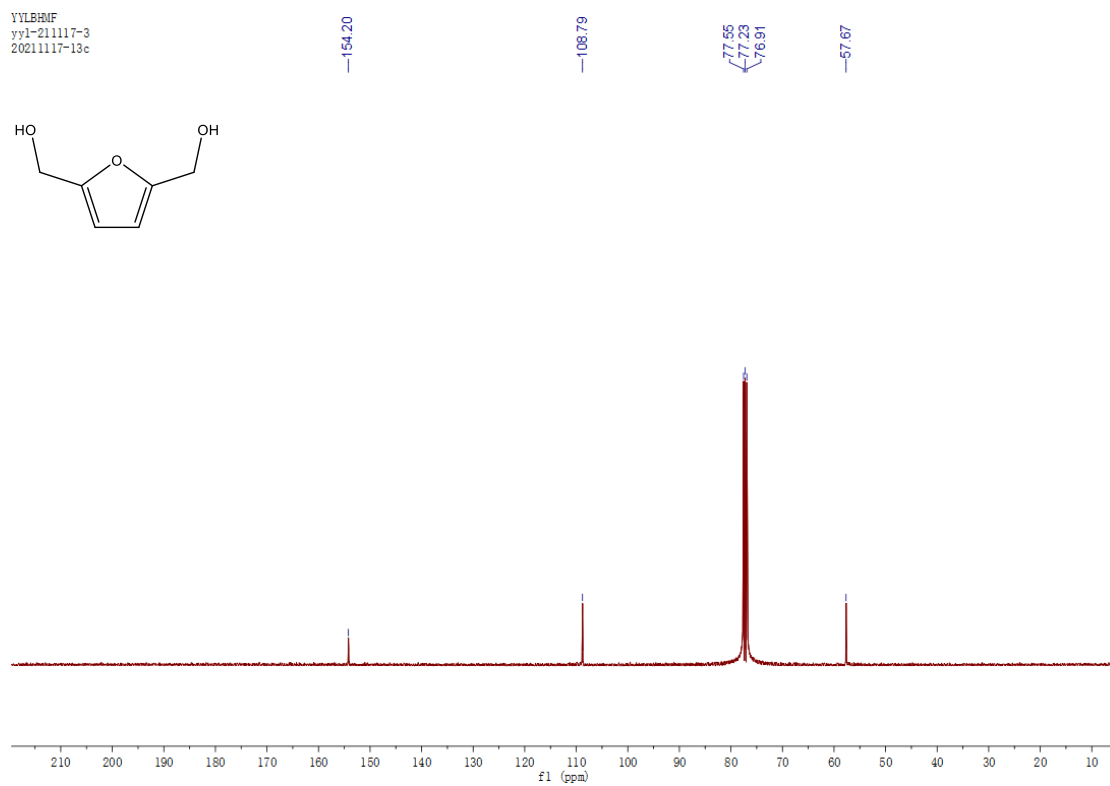
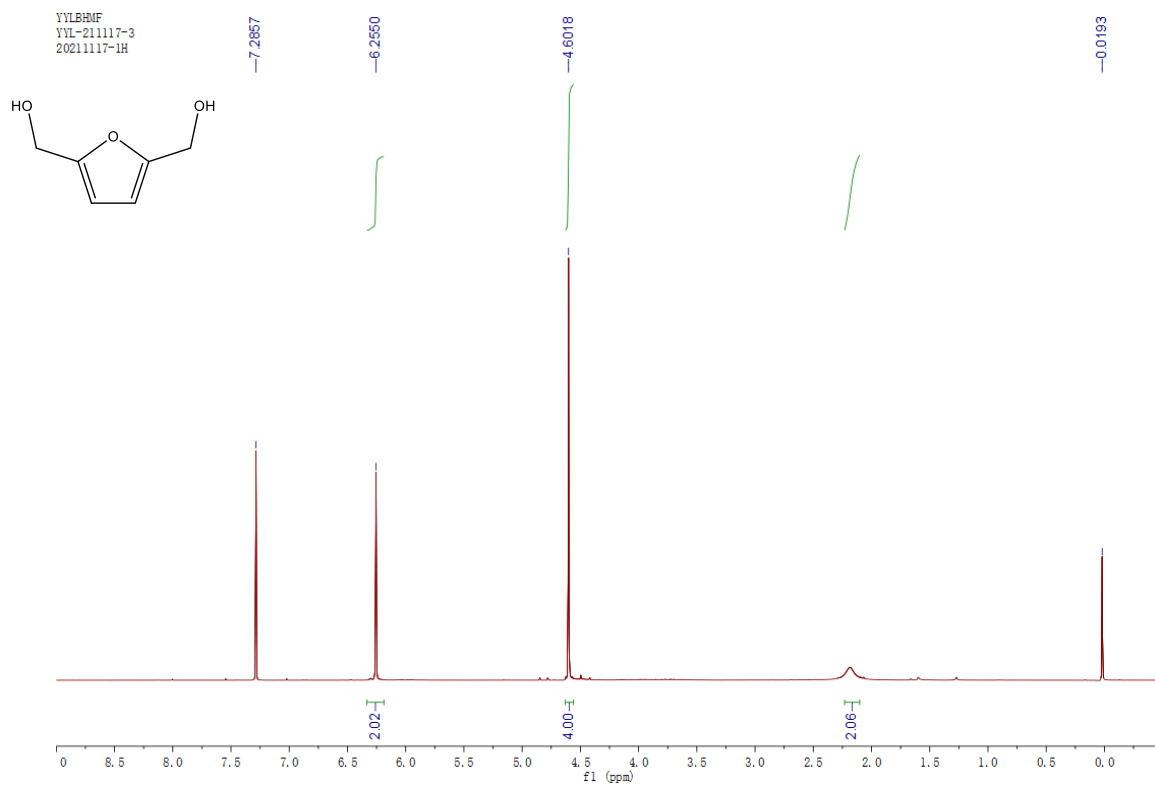


Figure S13 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectra for BHMF.

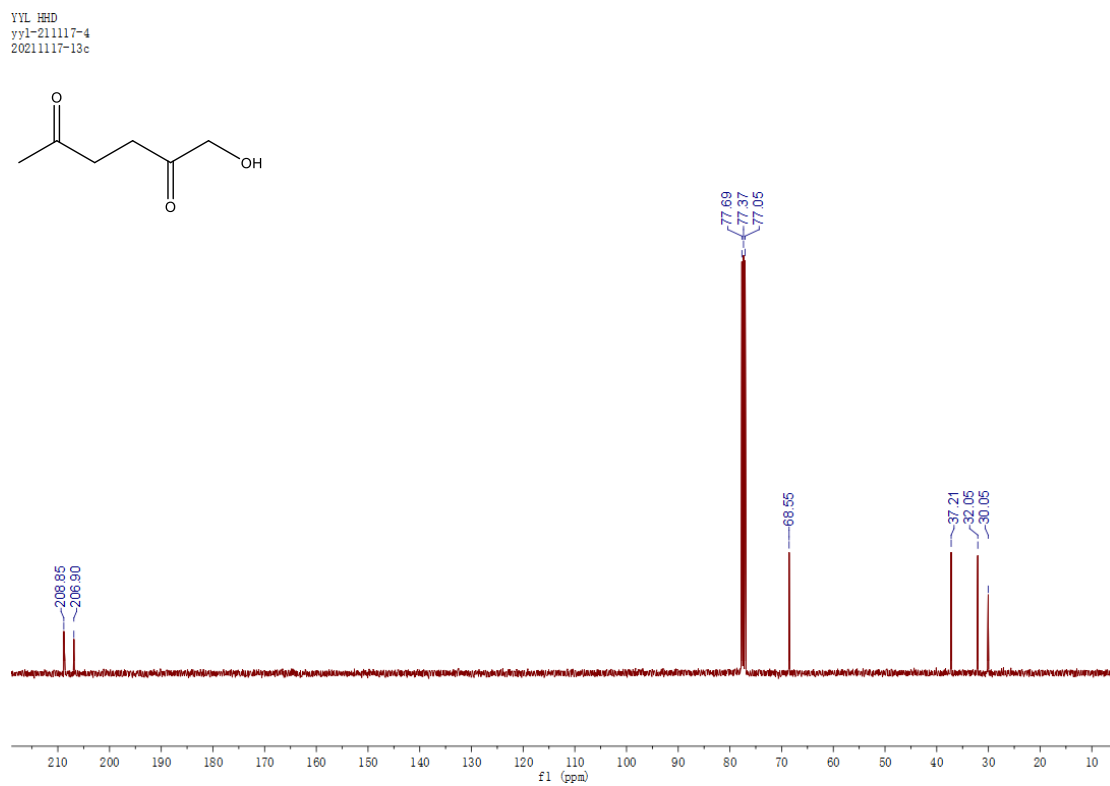
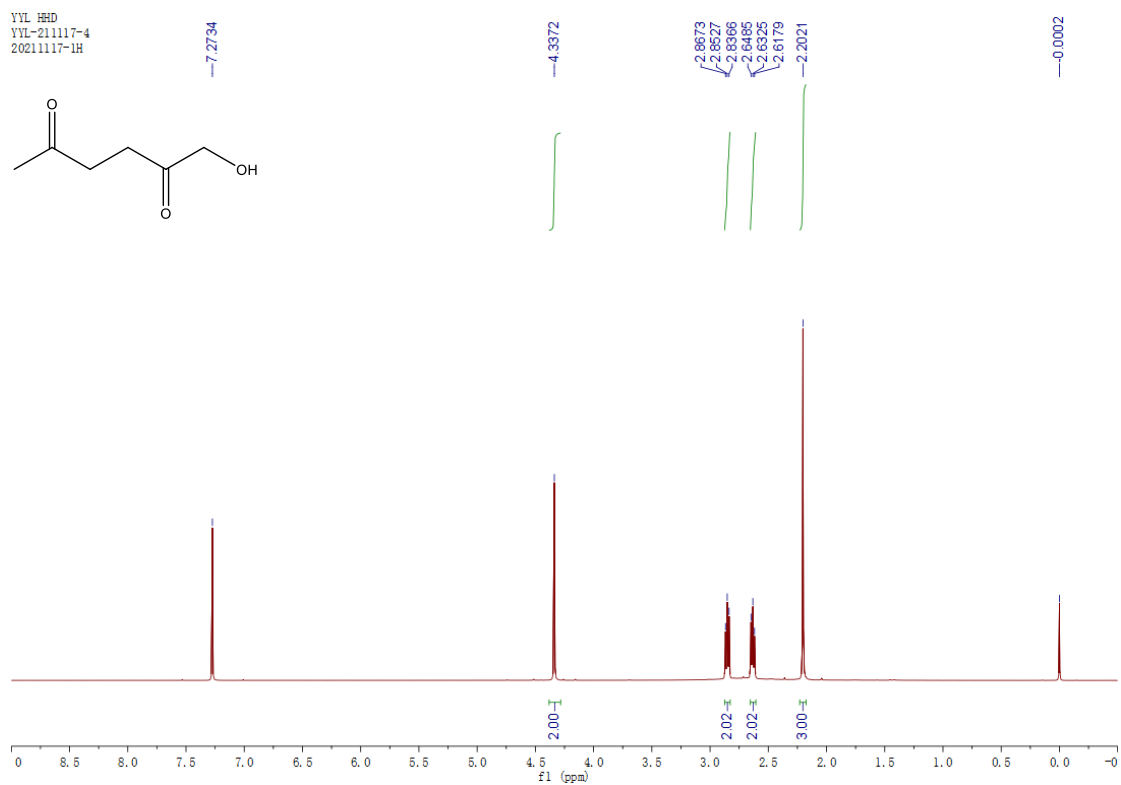


Figure S14 The  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectra for HHD.