Supporting information for

A stretchable and healable elastomer with shape memory capability based on multiple hydrogen bonds

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Sample	HMD I (g)	PTM EG (g)	IPDA (g)	DBT DL (g)	Hard segment (%)	M _n (g mol ⁻¹)	M _w (g mol ⁻¹)	PDI
HM-PU1	1.09	2	0.8	0.02	48.6	1.8×10 ⁴	5.1×10 ⁴	2.8
HM-PU2	0.81	2	0.51	0.02	39.8	2.4×10 ⁴	6.3×10 ⁴	2.6
HM-PU3	0.65	2	0.34	0.02	33.1	2.6×10 ⁴	4.8×10 ⁴	1.8

Table S1 The information of molar ratios and GPC results of HM-PUs

Table S2 The assignment of FTIR subpeaks in the C=O bands

Wavenumber (cm ⁻¹)	Assignment		
1718	Free υ(C=O) urethane amide		
1799	Ordered H-bonds υ(C=O) urethane amide		
1654	Disordered H-bonds v(C=O) urethane amide		
1628	Ordered H-bonds υ(C=O) urea amide		

Sample	Tensile strength (MPa)	Elongation (%)	Toughness (MJ m ⁻³)	Young's modulus (MPa)
HM-PU1	37.6±2.4	663.3±21.7	98.5±12	57.5±11
HM-PU2	26.2±1.59	807.75±53.4	81.05±5.5	12.6±1.6
HM-PU3	21.3±0.4	1050.5±19.1	76.5±3.5	7.1±0.6

Table S3 The mechanical properties of HM-PUs

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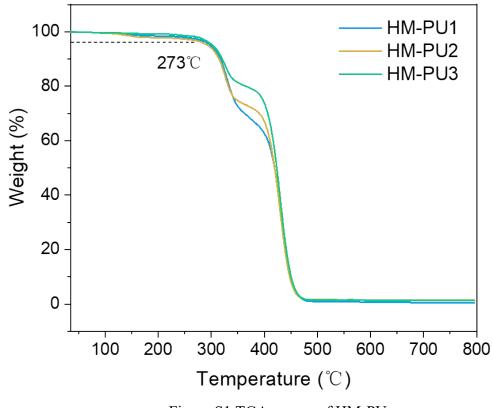


Figure S1 TGA curves of HM-PUs

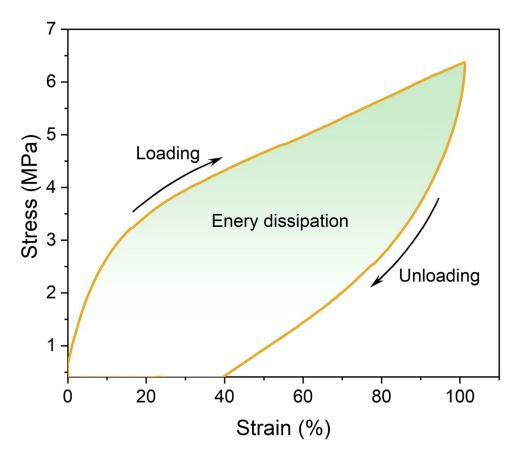


Figure S2 Typical cyclic curves of HM-PU1. The green area between the curves is the energy dissipation.

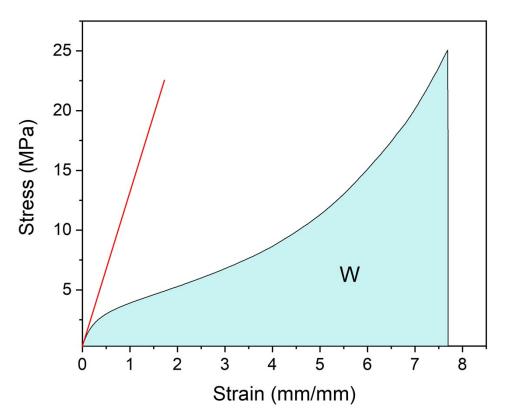


Figure S3 Calculations of Young's modulus and toughness from initial slope of the curves and the area under the curves respectively for HM-PU2

Toughness can be calculated via the following formula [1]:

$$W = \int_{\varepsilon_0}^{\varepsilon_i} \sigma d\varepsilon$$

 ε_0 is the initial elongation, ε_i is the elongation at break, σ is the imposed force.

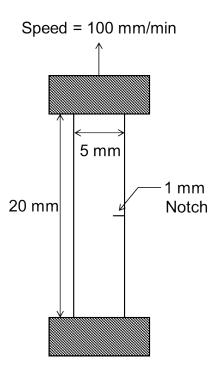


Figure S4 Schematic diagram of the notched sample under strain

The fracture energy can be calculated by the following formula [2]:

$$G_c = \frac{6Wc}{\sqrt{\lambda_c}}$$

W is the energy of unnotched sample at the elongation of λ_c , *c* is the notch length, λ_c is the elongation at break.

After calculation, the fracture energy of HM-PU1, HM-PU2 and HM-PU3 are 59.6 kJ m⁻², 60.34 kJ m⁻² and 45 kJ m⁻² respectively.

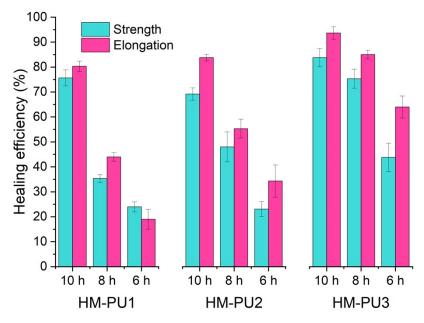


Figure S5 The self-healing efficiencies of HM-PUs

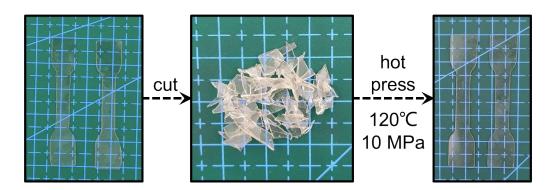


Figure S6 The recyclable process of HM-PU1 pieces under press (10 MPa) at 120°C.

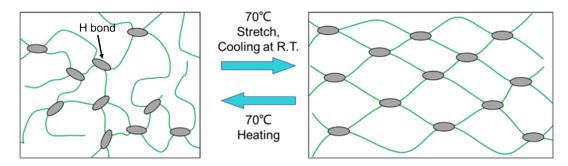


Figure S7 Schematic diagram of dynamic network transformation under heating.

References

- 1 H. W. Greensmith, J. Appl. Polym. Sci. 1963, 7 (3), 993-1002.
- 2 M. A. Meyers, J. Mckittrick, P. Y. Chen, Science 2013, 339 (6121),

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